(LECTURE NOTES 1952 Part 1)

As Given in Series By DR. MURDO MACDONALD-BAYNE



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# Originally given out as lecture notes in advance to students in South Africa in series in 1952

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#### PUBLISHERS PREFACE

A great portion of these lectures have not been made public in printed form since they were originally given out in South Africa by Dr. Murdo MacDonald-Bayne between late 1945 to mid 1954.

Murdo was very specific about how his material was to be released. His lectures, given in serial form, followed the ancient method of teaching or transmission of knowledge from master to disciple, a method used by both Western and Eastern Mystical traditions. The format was one of a spiral system, always returning to a subject or point, but each time revealing a bit more and advancing to another level in awareness. Murdo stressed repetition of re-reading his books or lectures to his students. He stated, "the style adopted in these Lectures is intentional and the repetitions are deliberate. The double object is to convey the Truth to the mind. It is through this unique form of wording and of repetition that the student is able to grasp the reality that is invisible and which is the basis of the visible. When we understand the invisible we are more able to understand the visible.... I trust that you will progress through these Lectures diligently, quietly and slowly. Repeat the process as often as you can. The more often one reads, the more one begins to understand."

It is therefore to be noted that these Lecture Notes only formed the basis for Dr. Murdo MacDonald-Bayne's talks from which he gave further explanation on the actual night. The Lectures Notes even on their own are still very inspirational and full of wisdom. With the advent of the sound recordings it is then possible that we are able to present the full lectures as given by this great teacher.

## MURDO'S BIBLICAL REFERENCES

Besides the standard King James Version, Murdo often quoted from two other sources, Moffatt and Eastern Texts:

- (1) "A New Translation of the Bible containing the Old and New Testaments." James Moffat (translator), revised, 1935. Harper & Brothers, New York, 1935.
- (2) "Holy Bible: From the Ancient Eastern Text." George M. Lamsa's Translations from the Aramaic of the Peshitta. A.J. Holman Company, Philadelphia, 1933.

#### PUBLISHERS NOTES ON

# "THE WORD OF CREATION" (LECTURE NOTES 1952 PART 1)

The following lectures were given in Pretoria, South Africa, between 5th February and 24th June 1952. (The same also being given earlier in Johannesburg between 4th October 1951 and 3rd April 1952). The Lecture Notes could be purchased in blocks of ten prior to the series being given. A full account of these lectures combining the Lecture Notes and a transcription into text of the 19 known sound recordings have never been made public until now. This edition is now the definitive version of the full inner course as given by Murdo to his South Africa students.

In this series of Lectures, Murdo goes much deeper than before, the most thought provoking to date, revealing more of the Inner Teachings of the Ancient Ones as given to him by the Masters in Tibet.

#### Notes on the Recorded Lectures

Included in this book are verbatim transcriptions into text taken from the known 19 original 'wire' sound recordings from the Pretoria lecture series. The recordings are of good quality. Each recording has been edited to remove the residual noise to a level that does not interfere with the vocal. Extraneous noise such as coughing, hall, traffic noise and Murdo's long pauses have been removed (with the exception of a thunderstorm in one of the lectures and a guy whistling in the background of another.) Wire breaks and undecipherable speech, announcements and talk errors have also been removed to avoid confusion.

These definitive recordings retain the core inner teaching as given in his closed sessions and therefore are not made for purists but for the sincere students of Murdo's teachings today and into the future (MMB 6061-79).

# **CONTENTS**

Lecture		Page
	(1952 Part 1)	
1	I Say to You do not Worry for Your Life	11
2	Behold God giveth to a Man that is Good in His Sight	
	Wisdom and Knowledge	27
3	If the Individual is Sick Why Treat the Body Alone	43
4	I Have no other Authority except Him Who made Me	59
5	What Our Neighbour means to Us	75
6	Is Our Thought-Feeling and Action in Conflict with Our	
	Belief in God?*	89
7	Cause and Effect are One	95
8	Within My Self is the Glory	111
9	Self-Knowledge is the Beginning of Right Thinking	125
10	"Faith" is a Power little Understood by Mankind	139
1	The Absolute and Relative Power of Thought	155
2	Our Consciousness is Like a Radio Broadcasting Station	175
3	The Subtle Power of Our Thought goes Beyond Our	175
3	Environment	195
4	The Spirit that Rules the Ocean Calms the Storm in Man and	1)5
7	gives Him Dominion Over All Things Above and Below	213
5	My Word is Life, See to it that Yours is Life Also	229
6	Love and Wisdom are the Foundation of Our Security	245
7	The Spirit Alone Has Voice	261
8	The Word of Creation	277
9	Though-Word-Sound	293
10	Believing and Disbelieving is a Process of Ignorance	307
10	Deficiting and Disorneving is a Frocess of Ignorance	507

<sup>\*</sup> No original wire recording currently exist of this Lecture.

# ADDITIONAL MATERIAL

1	The Practical Application of—The Healing Power of							
	Light, Sound and Colour on Min	d and	Body	••	••	321		
2	Atomic Weights of the Elements	••	••	••	••	335		
	·							
	ILLUSTRATION	IS						
1	Infinite Mind—Infinite Consciou	ısness	••	••	••	159		
2	Shushumna & Chakra Centres	••	••	••	••	165		
3	The Atom	••		••		169		
4	"Aum" Hindu & Tibetan Script	••			••	173		
5	Supraconscient & Subconscient	••	••	••	••	185		
6	Above and Below		••	••	••	187		
7	7 Planes of Activity in the Infinit	e Con	sciou	sness	••	203		
8	Pineal & Pituitary Glands	••	••	••	••	207		
9	771 1 1 0 d N	••	••	••	••	251		
10	The Sounding Box			••	••	269		
11	Visible Spectrum	••	••	••	••	317		

Part 1 (Feb-April)

## Lecture 1 (5th February 1952)

## I SAY TO YOU DO NOT WORRY FOR YOUR LIFE\*

"I say to you do not worry for your life, what you will eat, and what you will drink, nor for your body, what you will wear. Behold, is not life much more important than food and the body than clothing?" Matthew 6: 25 (Aramaic version<sup>1</sup>.)

There is nothing more ignorant than a rigid mind with fixed ideas, a mind that says it is rubbish because it cannot understand. Most minds are filled with the ideas of others and are incapable of thinking for themselves, an understanding mind is one that is pliable, for without pliability of mind there can be no understanding.

If then the mind has a fixed idea and says this is truth, well it is not truth because Truth is not an idea. But when the mind is pliable it is able to open and receive according to the state of consciousness of the individual.

As the consciousness unfolds or expands, so is the consciousness able to receive more and more of the Truth. But while the consciousness is closed to the Truth, that is to say, has fixed ideas in the mind which are immoveable, then there can be no truth whatsoever because Truth is continually unfolding the mind of the individual. The individual is continually discerning more and more of the relative Universe, that which is external to himself. Yet that which is within him, that Unknowable, Eternal thing, remains the same always and that will always be discerning, always will be knowing the external Universe, even knowing the planets and the stars and the movements of the heavens and the angelic world and the great Artificers of the Universe, that Unknowable thing will be discerning all these things and will know them all as things external to himself or herself. Yet it will be that Unknowable that will always remain—Unknowable. Even the great archangels in heaven are the same

because they are experiencing the same thing that you are doing, according to the consciousness, the unfoldment then of the mind. So before unfoldment of the individual consciousness of man, so can the consciousness of man discern all that the Universe is made up from. And how it is made up? The "how" is easily understood, but the "why" remains eternal in that Unknowable.

And you will know then that that Unknowable is yourself, your Real Self, there can be none other because it is you that is continually discerning things external to the self, but that which is discerning, will always remain Unknowable. That is the Real Self, that is me, that is you. Therefore you do not know what It is, but you know this it Is.

Truth-freedom is always unfolding the consciousness that is aware of itself as the creator of thought, also the creator of conditions, and the moving power in human nature. But as man unfolds, his consciousness reveals a Divine nature that is eternal and perfect and knows nothing of death, sickness or health, success or failure.

It knows nothing of these because these belong to the mind which is double.

Consciousness is an awareness of "Being." When you look with your physical eyes you see an outside world, you are aware of your own physical body. When you close your eyes you do not see the physical world around you, but you can hear all the sounds of life. Still you are aware of "Being."

This is the great thing that is so essential in your lives.

You can become aware of everything that is external to yourself, but you must also become aware of something that is Unknowable, that which always recedes when you want to discern it or analyze it. And to prove it is true what I am telling you, you can try analyzing this self of yours, what we call, the Real self, analyzing that which is thinking and analyzing that which is discerning. And you will see that what you are discerning is always external to that which is analyzing. And that which is analyzing defies analysis because it always is analyzing and yet it cannot be analyzed. It is an awareness of this Eternal and wonderful expansion of Life that fills the whole Universe.

In fact, we know perfectly well, that ether which is a primordial substance of all matter, in which all matter is built and all forms are

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

built. The very ether, which we call the ether of space, fills all space. Ether is a conductor of all force, thought, electromagnetic impulses, radio, everything. This ether is a conductor of all energy, and physical life too. It is a conductor of your own thoughts. It fills all space between the atoms. It is a conductor of the very force that joins the electron to the atom. It is the conductor of the "etherons." (I coined that name just because I know that there is an ether which we will eventually find out.) We know from the Master's point of view and the study in the Himalayas, that there is what we call etherons.

Etheron is a finer form of atomic structure which is in ether. It becomes the blueprint of the image or form to be created on the physical. Therefore, these etherons become, what we call, condensed and then they bring into (being) the atoms. The atoms we know of that is the basis of all matter in your physical bodies. Then, through the atoms, there is what we call a materialisation of these atoms, being reduced in vibration, which becomes a form visible to the physical eye. And thought is the cause of it all. The thought that is emanating from the mind of the Infinite, the Consciousness of God, always forming, creating in that Consciousness. And that Consciousness out-picturing through the rays of light and sound, a form visible to the physical eye.

You have within you that very power and that is the Power of the Christ. I can see his power is so wonderful. I can understand his great wonderful feats, because he knew the power that set thought in motion. He knew perfectly well that he and the Father was one and this Unknowable Power that created the whole Universe, was responsible for his own thinking and projection of his own thoughts to any part of the world he wanted to at the very moment this shall be, and it is so.

If we could only understand a little bit more how wonderful it would be, yet we will come to that sooner or later, for there is so much to discuss in this lecture that to go into these various things just now, would be taking us off the lecture for tonight.

With continual concentration on the inner senses you can become completely unconscious of the outer world and become conscious of another world inside, but you are still aware of "Being." Consciousness naturally permeates all states but goes beyond into *this* state when consciousness becomes aware of Itself and nothing else. *That is a* 

state where everything is discerned in the mind, all images, all ideas in the mind have been discerned, and there is a quietness and peace comes. All thoughts, all emotions, all effects, all reactions have been discerned. You have seen them as things external to yourself, then there is a quietness that comes into the mind, the Masters call "sumhali," where the Consciousness becomes aware of Itself, not what It is, but aware that it Is. Then there is a resting period, a period of rest, but soon the consciousness becomes active—there is stirring then of the Consciousness within the consciousness. And in that stirring of the Consciousness within this consciousness there is an eagerness that comes, that cannot be stopped, then the real work begins—your work in the world.

Remember that this band of people here, can by this knowledge that we have to send waves of impulses of thought into the ether. And these impulses into the ether are similar to what you radio out in the radio station. And you can hear a broadcast in any part of the world at the same time, not only upon earth but up in the stratosphere as well, showing that these impulses are moving throughout all of the ether and the ether is being magnetized by them. And anyone who tunes into the wavelength can receive. So it is with thought.

Our thought is similar. We have the instrument not only of receiving, but of projecting. When you begin to receive, you want to listen, what do you do? You bend your head slowly, quietly. What does that do? It sets your pineal gland in operation, as a receiver, vibrations which then come into the mind, and are interpreted in the mind. Then you begin to know and feel the vibrations, the thought comes into your consciousness and you become aware of it. But when you want to project a thought, what do you do? You stand forward and from this point you direct your power. You direct your thought, it flows from the pituitary, which you have both for receiving and projecting set within ourselves.

These lessons have not been yet known to physical science of what the real value is. They also contend that there are certain forms of growth and so forth that come from these glands, which is true.

The pituitary gland when it is in anyway compressed and sometimes stilted in its form, we find the growth of the individual is stilted, it is a form of projection. But in the ordinary way man has a receiving and projecting set and as we think and as we send our thoughts into the

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

atmosphere, so they go out in ever-widening circles, magnetizing the ether, and awaiting for a resting place. The resting place is mankind. Therefore what kind of thoughts are you sending out into the world; thoughts of hate, envy, jealousy, antagonisms? Or the great thought of Love, that magnetizes the physical body, makes the world environment sort of attractive. Sends that very power away into the ether, and then returns, back to the sender.

Imagine then, what Jesus knew, just think what he knew. From these few words I have told you now, you will realize the importance of what I am going to tell you.

There are subtle states of mind that one is not physically aware of. You digest your food without knowing it, inhale and exhale the Life-giving forces that keep your body alive, pump your blood to the remotest parts of the body, eliminate the impurities from your body and maintain an even temperature winter and summer by a form of internal adjustment. Who is it that maintains your bodily health so that you can express yourself in the body?

You will say that you do not do all this consciously but there is no one outside the body doing *it*. All these amazing things *are done* for you. And you must admit that there is no one outside the body doing it, there must be someone inside the, body doing it. And if you then realize the great importance of what I have said to you, that this Unknowable—unknown quantity, which is the Creative Power in everything, in there is the Power. There is no machine created that can match this wonderful mechanism that underlies the human organism. Since all machines, even the most intricate, are the creation of the human mind we must realize that the created can never match its creator.

As we begin to understand we will realise that the subconscious is the same consciousness that is underneath. *That the sub-consciousness and the consciousness is the same, one is external and the other is internal, one is in the outer and the other is in the inner.* Thus we are in constant touch with a source of inspiration, genius, intuition, and a limitless source of Love, Wisdom and Power.

But if you are caught up in ideas, images, beliefs, tradition, the consciousness is bound up in them and there is no longer any freedom, because you act and think in accordance with what you believe.

Therefore anything that is fixed in the mind is binding, a prison in which we live. We may change our ideas, our beliefs but this is only substituting one prison for another.

To free our consciousness, there must be a true discernment and understanding of what is in the mind. We must know that ideas are just ideas, we must know what our images are and how they came about. (Now listen, because this is most important. If you do not do this, your mind cannot be free or have that freedom to expand, to take in the expansion of the Universe. The person who says it does not exist because he cannot understand, is an ass. Because he will not take the trouble to think, because his mind is fixed with fixed ideas.) Therefore we must know that ideas are just ideas. We must know what our images are and how they come about. We must know and discern our beliefs and why we believe as we do.

Ask yourself these questions. Because unless you do that, you just believe, but you do not know why you believe. You do not know what your images are and how they came about, therefore you live in a world of confusion. Your thoughts then, must be confusion, and you are sending out continuous, wave after wave, of thought impulses, into the ether, that is causing confusion in the world. Are you adding then to the confusion of the world? Or are you adding thoughts of harmony, peace and love into this great ether ocean in which everything exists?

We must understand what rituals are. Why do you repeat those things you say from a ritual point of view? Why do you make affirmations? You must also understand what rituals are, what tradition is. Do you just follow tradition or have you examined the fact what tradition is? I am not going to tell you that because unless you find it out for yourself, I am not going to answer for you, you find you add the sum for yourselves and you put the answer to it. If I add up your sum and put the answer to it, you will know nothing, but if you do as I say, you will know what tradition is, you will know what your images are, you will know what your ideas are, you will also know what your beliefs are and why you believe as you do. Then we will see that these things have nothing to do with Truth-Freedom but only limit the person that is caught up in them. Even the idea of Reality is not Reality. If we are not aware of our own conditioning we will never free ourselves from it.

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

Most people are unaware of "Being" the proof is in the multitudes that float in the sea of ignorance, tossed by every whim, idea or emotion and are drowned in their effects. They rush here and there to find health and happiness. The one cry is, "how can I change my environment, how can I demonstrate health, wealth, success, how can I obtain the key that opens the door, to all these things?" So they rush here and there to those who claim that they can teach them. All they do is to put them on a rudderless boat still subject to the storms and waves on the sea of ignorance.

That is exactly what they do. They give you no key whatsoever, because they do not know the key themselves.

Is it not so that all these people speak of God as separate and distinct, they make their God relative, something apart from themselves? And they do the same to you too, and by doing so they separate you from the very Creative Power that is within you.

Now, matter cannot say, "I suffer, I die, I am sick, I am well, I am a failure, I am a success." It is the "individual consciousness" that is caught up in these things, **this is the error**, being unaware of "Being." So to the individual consciousness sin, suffering, death are real. But to the true sense (call it immortal or Divine, the name does not matter) there is no sense of error, and no error of sense, therefore It has no destructive element in It.

Therefore sin or death does not really exist except in the physical consciousness, it cannot exist in that "Unknowable," it cannot exist in that Infinite Mind, it cannot exist in Reality, it exists only in the individual mind.

But, what do we find? Naturally, when we examine the mind, we find that the mind is double that there are always images in the mind and there are always twin images. There is always good and evil together, health and ill-health, all these things, success and failure, are tied together. When one is up, the other is down, so forth. Faith and fear, one is up, the other is down and when the other comes up, the other is down. They are both on the same yardstick, they both go through one another, therefore you cannot get rid of the negative by trying to put the positive in its place because it will not go.

How are you going to get rid of all these things then from the mind? You go to any assembly anywhere and the first thing you hear

is about sin and death and the devil and hell and all the rest of these wonderful places that people go into. And you come away wondering what it is all about.

You never hear anything of the Christ, the Real Living Christ, that is Living within you, that is the only begotten son of the Father, that is Love Itself. Love giving expression to Itself, with goodwill to all men.

The Christ is the only begotten Son of the Father, that existed in the beginning, because he was with God. He was the word that was with God and God was that word, and that word was made manifest. That same Christ in the beginning, is in you and me, that is the Eternalness of our Creativeness.

If you are shown these things (children should be shown these things from the time they were born), then there shall be no fear in the world. Fear is being built into the child's mind from the very time he is born into his life. The "fear" of sin, the "fear" of death, and everything is "fear." There is always a conditioning. If you do this—this will happen, if you do not do that—that will happen, so that all the time they are conditioned in their lives, looking for these conditions. They are hypnotized from the time they are born to the time they die. Therefore it is true what the Master said, "you die in your ignorance."

If truth and error commingle they produce health and sickness, good and evil, life and death, then who can say whether truth or error is the greater?

Can you, when they are both side by side? Can you tell me which is the greater? Sickness or health, success or failure, good or evil? You cannot tell me which is greater than the other.

The power to see and hear does not originate in matter, they originate in mind, otherwise there *could* be no understanding *of what you hear and see*. It is the soul that perceives, the body is but an instrument that the soul uses for its own self-expression. If the soul is unaware of Being then it is caught up in the error that the body that is subject to all manner of conditions and that the mind has no say in the matter.

We call the body material but science has proved that the body is mind in formation and the directing power behind this formation is the consciousness.

I would like to go into a discourse of showing you how the body is built. I am closing my eyes and seeing these various conditions

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

of ether coming into form and the body being created. And that same body always returns to the substance from which it came. You cannot take anything outside the Universe nor can you add one iota to it, it is complete in itself.

The human mind makes all things start from the lowest instead from the highest. Suppose now we reverse the process and see the formation from the source of all things, that perfect Divine Consciousness that knows no duality. So in tracing them we constantly ascend in "Infinite Being" where there can be no separation, no error, no duality. The physical consciousness, ("the illusive one") the cause of error, then dissolves away and the consciousness of Reality takes its place. The time is coming yet in this world when this physical consciousness, this consciousness of error, will pass away when the Christ completely fills the individual mind. (He who seeks to save his life in the body will lose it, but he who gives up his life will retain it.)

Everybody's trying to save their life in the body. They are always worrying about when they are going to die or so forth or what they have got is going to kill them. They are continually wondering when they are going to die and how they are going to die, whether they will die in Africa, or India or anywhere else, and they do not want to die in this place, they want to die somewhere else. So they go on continually in this state of upheaval all the time. And what is happening to their body? The very thoughts created disintegrate the very atoms of the body and cause all, but if you tell them these things they just look at you in wonderment. It is so wonderful they cannot really grasp it. So everybody's killing themselves one way or another.

But if you do not care that you want to save your life in the body, it does not matter, you retain it and the less you care about it, the better it is. Sure it is.

Now, you know very well that in June this year, I will be entering in my 75th year,\* but I'm as good as any person at 35.... Just come up and try me and see!....No, the less you worry about your life which is so true, but you do not realize the Master's word, you take them, you read them and you say, "well I don't understand it," and you pass it by. You make no effort to fathom the words, the meaning of the words.

<sup>\*</sup> Actually his 65th year.

When the physical consciousness gives up the delusion that there is more than one mind, more than one God, then man in God's likeness will appear. The eternal man *must* include all the attributes of that likeness, having dominion over all things as natural and not supernatural as we are asked to believe.

There is no such thing as supernatural, everything is natural. Supernatural is supposed to be something that somebody else has and nobody else has got. You see?

Jesus never claimed any supernatural powers, all his powers were natural and these are natural in us also. "These things I do even greater things shall you do if you will but believe (if you will even understand "Me").

The physical consciousness must free itself from the bondage of a material existence; then the Spiritual (the Eternal Existence) or Divine principle dawns upon our consciousness, thus we will have our Immortal Birth that nothing can shake. That Immortal Birth comes to you now, and that is what Jesus meant when he said, clearly and distinctly, "unless you are born again, this time of Spirit and water, you shall never enter the Kingdom of God."

What did he mean by that? He meant clearly this, that in form there is separation and distinction but water was the name they gave to that primordial substance that permeated the whole Universe, that pliable substance out of which everything came and everything existed in. Therefore it was Spirit and ether, nothing more than that, the Consciousness of God and the body of God, the one in all and all in one.

We will say with understanding, "I and the Father are one." Can you realize the meaning of this saying fully? Think deeply upon it. When this is understood the earth will be transformed and the darkness of the error of separation shall pass away.

Man will then understand that not a blade of grass not a flower or tree or a bud blooms by its own volition, man will see that there is nothing on earth that has not its source in the Infinite "One."

We should no longer ask the question, is it our lungs, is it our heart, is it our liver etc.? We will understand that we are immortal Spirit, we are no longer mute before ignorance, neither will we mingle with error but will cast it out by the truth of our immortality. But you must find that Immortal Birth first. Then these things come naturally to you.

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

Jesus was seeing clearly and distinctly, how this great Birth, (this new Birth) of Spirit and water; doing away with all the organs and the physical separation of organs in the body, doing away with the form itself as something separate and distinct, but seeing the Spirit and the Perfect Substance out of which everything is created. These were the two things he saw what must be established in the Consciousness of man, then all these other things will pass away.

I can understand his mind so well, I can see clearly his meanings, and when I think of him sending his thought at that moment, such and such is the case, such and such is the case, so it is. "I and the Father are one." There is so much in that saying. As your consciousness unfolds, so you see greater and greater vistas of it.

You can only take according to your capacity to receive. As your consciousness unfolds, so your capacity to receive more is given to you. Do not allow then your consciousness to be strung up in small little things that hold your consciousness continually in the relative all the time. If you do, it will be useless for you in the future to try and ever reach that state, where Jesus said, that Immortal State, "when you are born again, this time of Spirit and water."

We will then understand our psychological cravings, our demands, our conflicts, we will transcend our inner passions, our inner fears, our envies. We will no longer determine to possess much or possess little, we will eliminate intelligently these demands, *to find that we have everything*.

There is no difference between trying to possess much and possess little. One will go to a mountain top and sit for years, and give away everything, he wants little, takes little. Another wants to possess. Both are in the same boat. One is in the one yardstick and the other, the other. Both are foolish. They have not yet reached that state of true understanding.

We will no longer seek power nor will we be self-assertive, for there will be a peace that passes all understanding, we will have found the source of *our* Creative Reality, "Being" not becoming, but Being. Try to understand this fully.

When we live in the Ever-present Being, we are no longer in want. There is no seeking for little, no seeking for much. As I said before, you take no heed of your life in the body because it is Eternal. He who seeks to

save his life in the body, will lose it, but he who gives up his life will retain it. He who worries about his life will lose it much quicker than the person who does not worry about it at all.

We will no longer be seeking security, for in the mind that is always seeking security there is fear. Is that not so? And if you seek security on one hand and you are fearful on the other, what happens to you, is that not a mind in confusion? What you send out comes back. The very basis of our security is not in seeking but in knowing. The highest form of our thinking-feeling is knowing, not in positive aggression but in Divine comprehension, in this is the basis of our security. A wonderful Truth!

When we grapple with the problems of mass murder, hunger and destruction on their own level, we only create further misery and catastrophe for we will then only be concerned with reorganisation of greed, ill-will, and ignorance and there will be no end to confusion and antagonism. Neither does it help *us* to rebel against these conditions. Neither can freedom come through trying to escape from them, for there is no escape except through understanding.

The error is in the belief that material means will eliminate material suffering. And it cannot be done, but it is the error that is existing in the human mind today, and we have got to see that it is clear, otherwise we will still continue doing the same thing, all the time. Remember our "will to do is not wisdom." If physical consciousness is not aware of its own creation it can never alleviate its own suffering. Evil is not a power, it is an illusion of the senses and soon betrays its own weakness. It has no existence in the source of man, and when this is realized it will fall away because it is the mockery of man.

And it mocks him at every turn. It says believe that I exist, believe that I am power, and that is the very thing that it wants you to believe in, to accept that it has power.

Jesus said, "resist not evil; return good for evil." Does it not say in parables, "he who returns evil for good, evil shall not depart from his house." Therefore I say to you this, clearly and distinctly, get behind the mind, see it and understand it.

I have said in other words if we seek an escape from our selfconditioning by believing that we are one with God this will just be an

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

idea we bring into our conditioning. For we are still caught up in our conditioning, there can be no freedom through the mere idea that you are one with God. Freedom comes only when we discern all that is conditioning us. *All that is preventing the expression of this Power, this Unknowable thing that is Creative throughout the whole Universe and creative in man.* Then we will understand the meaning of freedom.

Can you understand freedom if you are conditioned? If you do not know what is conditioning you, how can you eliminate your conditioning?

So we see clearly that if the reformer or the contributor to the solution of the world's problems which are his own has not radically transformed himself, if he has not the inner realization of true values then what he contributes will only add to further conflict and misery. And that is what is happening throughout the world today and you see it with your own eyes.

I am giving you facts that I want you to read carefully, I want you to study them, I want you to see how true they are, I want you to see the depths of them.

He or she who is eager to transform the world must first understand him or herself, for are we not the world? Have we not made the world what it is? The present misery and degradation of man is brought about by man himself. If he merely plans to reform, the pattern of conflict without understanding himself he will only increase ignorance and sorrow.

And we have all those reformers, or so-called reformers today. We have them in the backblocks, we have missionaries here and there, and all the rest of it. And we have sometimes caused more trouble by changing the religion of one person into another religion and then by not following the footsteps of the creator of that religion, they lose the respect of those who they try to change their religion.

The ignorant person who is taught the life of Christ, who is taught kindness, and love and so forth, but when they see antagonism, strife and cruelty and greed from those who teach this so-called religion, they lose faith. No wonder then, the heathen's better off without a religion if he is not shown the proper way by those who must go the way themselves in love, kindness, compassion. These are the things that are essential in our lives.

And as sure as you are alive at this moment, I tell you a Truth, that whenever one section of the people is dominated, those who create that domination are creating the means for their own destruction.

Look throughout the whole world and history will tell you that, it is a law, an infallible law, but man has not yet seen it. Mark my words! It may come in your time and it may not, but as sure as you are alive, all these races who have been dominated are beginning to rise to the surface. And when they find their freedom and they come together throughout the whole of the world, and the world is teeming with them, billions and billions of them, there will be very little hope for their previous masters.

I remember when I was in the East long ago, many years ago, I knew the Arabs, I knew the Indians, and I was in the Secret Service at that time. And I know perfectly well how the Arabs used to respect us, then gradually this respect turned into disrespect and so it was in India, the same thing, because they were once cowed and dominated, and immediately they found they threw off their domination.

I assure you that we are creating an instrument for our own destruction and that, I say, is the great Armageddon which I think is not, as people think today. It is not today. What is today is a battle of ideology, a battle of ideas. It is not the battle of the Armageddon.

Then that is the "fusing," the great fusing power. Those who were the hewers of waters and the cutters of wood, will eventually dominate the world. And those who were the masters, who enslaved, must pay the penalty, for 'everything you send out shall return to you.' Everything, even if it reaches the other end of the universe, it comes back to the sender. That is why Jesus said very curtly, "condemn not, lest ye be condemned."

If we would desire Eternal values there must be an end to conflict within so that peace will come into our souls, thus into the world. If man will not understand the causes that perpetuate antagonism and strife, war, confusion and misery, they will never cease in his own life or in the world. The power of the physical consciousness over the body is little understood, just as power of material consciousness in the world is little understood.

If by suffering we are awakened out of our mortal dream and that which perpetuates the dream, then the less we think about

#### I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

Mature of man, the sooner we will have that peace that passes all understanding. (I heard today, which was a very good thing, it said, "if you don't break a law every day you're not worth living." You are not up to much if you do not break a law every day. It seems peculiar to say that but when you see this, so crazy, it is true, how many laws are made for you? Man-made laws are continually holding you, gripping you and holding you in bondage. The Divine Law is not—it gives you expansion and peace. Man will only find this, so will the world, when man regenerates and adjusts his mind through understanding and awareness of his own Being now, not in some "future" date which is but an illusion.

"I am the Lord thy God" now and forever more.

What a wonderful thought the prophet had and he knew perfectly clearly, "I am the Lord thy God."

#### **BENEDICTION**

[I shall no longer]\* whine with complaint, nor shall I say that Thou hast yoked me to the demands of the flesh.

Neither do I crave anymore for earthly comforts for they are the figments of my mortal sense, neither shall I blame any man for being busy with material things, for everyone must find his own way.

All I know is that Thou watered the yielding crops that grew without man's aid. All man did was to plant the seed and Thou, the Master Potter, moulded the earth and sprinkled it with sun and rain.

*Now* I am content that all is mine because we are one, for Thy seed is mine and mine is Thine, O Infinite One.

#### **NOTES**

- \* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 5th February 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.
- 1. The Aramaic version Murdo uses is taken from, "The Four Gospels According to the Eastern Version" Translated by George M. Lamsa (1933) or his later work "The New Testament According to the Eastern Text: Translated from Original Aramaic Sources" (1940). Dr. George M. Lamsa (1892-1975) was an Assyrian scholar and author. He was born in Eastern Turkey. A native Aramaic speaker, he translated the Aramaic Pershitta (literally "straight, simple, sincere or true") into English versions of the Old and New Testaments. His "The Holy Bible from Ancient Eastern Manuscripts: Containing the Old and New Testaments" first published in 1957 is now commonly called the Lamsa Bible.
- 2. The next sentence contained in the Lecture Notes is missing from the sound recording. [this is the state that the Masters call "sumhali" yet it is but the beginning of our true existence where all else is seen as relative.] The word that Murdo calls "sumhali" should be read as samadhi (a sanskrit word meaning; the higher or transcendent state of consciousness attainable by suitable spiritual disciplines.)
- 3. Part of the sentence contained in the Lecture Notes is missing from the sound recording. [you do them subconsciously.] The actual Lecture Notes reads: "You will say that you do not do all this consciously but there is no one outside the body doing all these amazing things for you, then you must admit that you do them subconsciously.
- 4. Part of the sentence contained in the Lecture Notes is missing from the sound recording. [It can never be joyous, it can never know Creative Being.] The full sentence reads: "We will no longer be seeking security, for in the mind that is seeking security there is fear, it can never be joyous, it can never know Creative Being."

# BEHOLD GOD GIVETH TO A MAN THAT IS GOOD IN HIS SIGHT WISDOM AND KNOWLEDGE\*

"Behold God giveth to a man that is good in His sight wisdom and knowledge." (Ecclesiastes 2: 26)

They both go hand in hand, wisdom and knowledge. Knowledge is the knowing how and wisdom is understanding.

With deep understanding we are able cope with any situation. With knowledge we are able to apply our minds, apply our thought, in such a way that we can use it constructively.

I have always thought that it was essential to understand all these things. And it is. And it is only the deep student who begins to realise how essential it is. Because when we begin to recognise the meaning of thought, we begin to realise that there is something behind it and without this that is behind thought there could be no thought.

So as we go back and understand the processes of the Universe, we see that the whole Universe is created by Thought. The manifested Universe is a manifestation of Thought and Intelligence in action.

Now we know perfectly well from a scientific point of view, that there is a basic substance in which and through which everything is created. Science calls this basic substance ether. The ether of space that permeates all atoms, enters into the very walls of the atoms. In fact, it carries the atoms, and carries the electrons, and carries all magnetic electro-impulses created from any source whatsoever. It carries; sound, light, and these impulses.

Being ether itself, and it is the finest substance and penetrates every other substance, it carries these vibrations on its back into the very pores in the atoms of your body. It carries it through into the very pores of these walls everywhere. Because you will realise that ether

penetrates everything. Therefore when we begin to realise the great Truth that behind man there is the great Almighty. And that Almighty is a form of Consciousness that is always aware. Awareness is carried with everything. It is a knowing how, an Intelligence, that expresses Itself in the form of Thought, the Infinite Thought. You are Infinite Thought. And then in the Thought carries the Life Itself. Therefore within the Thought is the Principle and the means of expression of that Thought and it comes out through the ether, ether being the basis of matter and the framework in which matter is built.

Therefore you see, that your thought being created must be electromagnetic because you and everything else in the world is atomic, which is electro-magnetic.

Therefore all impulses from man's mind must go forth into the ether, and by doing so has its effect upon the ether and has its effect upon every living organism there according to the state of consciousness and the mind of the individual who is expressing that thought. But if part of your mind is in such a way that it is, as it were, a conglomeration of contradictions, as most minds are. Examine your own minds and you will see that your minds are a conglomeration of contradictions. You believe one thing and you believe another then you do not know which is true. You think one thing and you think another and you do not know which is true, one contradicts the other. And if you look into your mind you will see that your mind is preventing you from thinking purely, from thinking from that Source of Power that created the Universe, because there can be no other source at all. Therefore your thought has the greatest potential Power in the Universe, yet you do not know it.

Thank goodness in fact, and it is quite true and it is a very happy thing to know, that most minds are in a state of conglomeration of contradictions therefore their thoughts make nothing. One thought contradicts the other and there is no real effect at all. But when you come to an individual who understands then it most dangerous for that individual to use his thought in such away except to express the highest understanding of Love and Wisdom. These two pillars upon which the whole of the Universe is built.

Therefore I say to you tonight in this lecture I am going to speak to you about, you will see why I show you those things. Based upon this,

#### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

that your thoughts go through into the atmosphere; first through your bodies, then your environment, and then out into the atmosphere to carry the message.

When we realise the great Truth—what thought is possible. I see the method of Jesus. Jesus understood the Power of Thought. He could change one element to another, therefore he could easily change water into wine. He could easily control the winds and the seas in the storm. Because all were amenable to his thought. This Thought moving out in electric waves through the atmosphere controlling and changing the very atoms. Therefore it is possible for a man like Jesus the Christ to do those things. It is possible for everyone of us to do those things. First of all we must cleanse our minds; the mind must be cleansed through understanding, the mind must be cleansed through discerning all these things that are hindering the expression of this Pure Thought. Therefore heed those words I have said to you because they are most important.

The state of consciousness means the state of the concentrated thought that is sent out in electro-magnetic waves into the ether, being carried through the very walls of the atoms of matter, changing and transforming that matter in new combinations according to the vibration of thought that is sent out. That is how Jesus healed because he knew the Power within himself that he and the Father was One and his Thought was dynamic.

The appalling conditions which we are aware of in the world today have their roots in man himself. This unrest is caused by man's desire for conquest either in the political, economic, *and* religious or personal field.

Certain groups and systems of thought claim that their particular panacea will solve *their* problems, but any limited restricted incomplete or sectional remedy as a solution to the complexity of Life, however rational or logical, must inevitably fail, and bring in its wake other complications.

So you see the state of mind of these people or others or yourselves when you are trying to bring about certain conditions for the benefit of humanity. If it is sectional, if it is political, if it is divisional, whatever the case may be it will bring in its train other complications which will add to the complications you have at the present time.

To solve any problem of struggle, suffering and misery in ourselves and in the world we must understand it, *not through an outside agency, and* not through the limitation of any particular group but with a free mind capable of facing the problems as an undivided whole. *Taking into consideration the whole. What is then the whole?* 

I have showed you the basis of the structure of matter of every human soul is ether that permeates the whole Universe. Ether itself is not the Absolute. Ether is a means through which the Absolute manifests. It is a means through which the Absolute expresses Himself and through this Intelligent Vibration carries with it the pattern of the form to be created. And that is how form comes forth. The manifested Universe is none other but the Thoughts of the Creator, carry with it the Intelligence knowing how produced in the ether as a bases of the form, and that form will eventually return to ether the substance of which it was created from. But the Idea will always remain Absolute because the Idea remains in the Consciousness it always created.

Therefore there are two things we must see in ourselves, we must see then clearly there is an Absolute state of the idea and we see that there is a relative state of the idea.

The relative state of the idea is the expression of that idea through your mind. But your mind is the one or what we will say, the focal point through which it must flow. If your mind is then caught up in limitation and conglomeration of other things then your mind prevents the Absolute state of that idea from manifesting on the outer. Your mind is the means through which it will flow.

Therefore that is why that your mind must be clear. Clear as crystal. Clear of all inhibitions. Free of all fears, free of all contradictions, free of all limitations. I wish I could make you see this but you must see it for yourself, I cannot give it to you. It is impossible.

First we must realize that there must be a cause for this confusion and misery, not only in ourselves but also in our relationship with others. If we can understand the fundamental cause then the problem can be solved forever. Let us see how we can approach this all-engaging nightmare of existence in which we live.

When we try to solve our problem of relationship with others from the outside we soon realize that there must be a complete change

#### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

in our social and economic structure. We see that there must be a complete elimination of barriers—racial, natural and economic—we must also be free from religious barriers with their separate dogmas and beliefs.

All these things are creating limitations in your minds, they are not freeing you they are hindering you.

Wherever there are different groups formed, religious or otherwise, they become antagonistic to each other. (*I am telling you facts, which probably you have missed in the past but nevertheless you have got to discern them now. You are students of the highest possible grade, a University course in the Science of Living.*) We realize that all these organizations have not united man, they have separated man from man. These things happen in ourselves first then they become world domination, thus we are caught up in the result of our own causes.

People will ask you this question, "what religion do you go by?" Everything you write down on a piece of paper when you want to ask anything or if you belong to any particular thing, they will say, "your name, your address, how old are you?" "What nationality are you, what religion do you belong to?" And before you know where you are you have separated yourself into bits from every other individual. The real thing that is natural within each and everyone is disregarded. And the only thing that is of any value is disregarded.

If we approach the problem from without, the emphasis must be laid upon legislation and the importance of the State with its resulting dangers. We have experienced, that through the action of the State, man is sacrificed for an ideology bringing with it brutality, corruption and suppression. We must look into our minds to see how much we contribute to this state of affairs.

This is what I call, 'dynamic examination of the self,' and without you can never cleanse your mind. You will never be able to think like Jesus—free. You will never be able to think like I showed you in the beginning of this lecture.

His great thought was, 'I and the Father are One.' Therefore he thought from that point of view. His thought moved out in waves permeating the ether, carried on the ether, to the utmost parts of the Universe. That is what I say, when we understand Real prayer, not

the prayer that most people have in their minds, with their doubleminded, their lacking one thing and they want another. In your mind all the time it is lack but you are crying for something like a baby, for something else you think you lack that thing, therefore you cry in despair. Prayer is not crying in despair.

Prayer is creative, sending forth that Divine Force carrying with it the Intelligence, the Perfect Idea, the Divine Pattern that existed in the beginning, exists **now**.

Strange as it may seem the majority think that through losing themselves in an ideology, in service to the State or some religious order that their sorrow, anxiety, responsibilities and conflicts will cease. Yet this can never be, for no sacrifice of the self alone to the outer can solve the problems *or your problems or any other ones problems*. We only become slaves to be exploited by those who advocate *your* sacrifice.

Think well over what I am telling you and you will see how true it is.

When we look within we are conscious of the "T" with its personal limitations, its ambitions, its hopes, its fears, its passions, its greed. All contradictions of one another; health—ill-health, success—failure, good—evil. All the opposites are fighting one another and you have conflict in the mind. You do not know wither you are going or coming. As long as the ways of the "T", the self, is not discerned and understood, the state only becomes a means for its cunning, its self-expansion, its glory which again and again brings about new chaos and misery, as a man thinketh in his heart so is he, so is civilization, for he is civilization.

Therefore all the conditions brought about in this world today is lack of what the whole God giveth to a man that is good in His sight—wisdom and knowledge.

When we look around in the world today do we see any leader worthy of being called a leader? Are they not all sectional or religious fanatics or politically arrogant because they represent a section of the people and must bow to their ignorance or lose their leadership in the conflict? *Thus* living in separation we create strife and ill-will and antagonisms *which* lead to misery for all.

The desire for conquest, for approbation, for power, for gain will be sought as long as the self exists in separation. The cause of this outward manifestation of conflict is the result of inner conflict of craving for

#### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

ambition, for approbation. The worship of conquest and success is always within the mind that is ignorant of the wholeness of "Being"; craving is going away from Reality *and* not approaching Reality.

One of the greatest sayings, I think, that Jesus said to man was to his disciples, "believe ye have received and you shall have." That is the basis of the most scientific law in the Universe. The most scientific Law of Thought, of Creative Thought. How can you create if your mind is in contradiction, when Creation is the expression of the Idea that is held Perfectly and Absolute in Itself in the Consciousness? If your mind is in contradiction how can you express the Idea? How can you create? How can you create a pattern through a mind that is always in contradiction to itself?

Now some think and advocate a form of mental gymnastics to overcome the many causes of conflict in our relationship with others and we substitute one cause for another cause, so thought becomes entangled in its own vicious net. So they try to remove the cause by logical conclusions. They worship God or an idea in order to forget themselves and their troubles. But this does not end the trouble, the trouble only ends when the cause is understood.

They develop the idea that they are a Spiritual essence and by this idea they try to escape their daily conflict in relation to others. It is a flight away from Reality, not Reality Itself. Reality is understanding, wisdom, love. If your mind is ignorant and you still do not understand, you still have no knowledge and you say again in your mind that you are a Spiritual essence, that just becomes an idea it is not a Reality, and you think that you can hide behind it—foolish people! Through their sacrifice and love they hope to solve the problem, so their belief becomes more important than their understanding of Life. There is ever the competition between religious groups or between those who think they love more or sacrifice more, so their leaders thinking in terms of conversion become their exploiters. It is thus impossible for them to unite because of their traditions, their nationalities, their religions; they try to escape but escape is impossible for the "I", the self is ever caught up in its own craving for its own immortality, for its own expansion.

Then we see, can't we clearly, how can you have unity with separate and distinct organisations created by man going in opposite directions;

having definite beliefs, having definite traditions, having definite ideas, ideologies of all kinds which are combating one another, and you think that you are going to have harmony and peace in the world.

I tell you, you cannot have it with these things it is an utter impossibility. You have got to come down to basic facts of life and understand these basic facts of life. And you are the ones that have got to understand it! Because you are the students of the highest possible course on Living and understanding.

How can you possibly then give to any individual the Truth if you yourself is caught up in separation or limitation.

There is always the desire to forget ourselves in beliefs, dogmas, systems while behind this there is the intense desire for unity, wholeness. Is this then not conflict again?

You still hold on to your beliefs but yet you want wholeness. You still hold on to your sectional ideas but you still want wholeness. You still live in divisions yet you want completeness. How can it come about except through understanding and discerning what is in your own mind.

We must understand our relationship to others, we must understand and know what our beliefs are *and why we have them*. We must understand our desires, our cravings and without compulsion from within or without, intelligently understanding ourselves, in this only lies the solution of our troubles.

Without compulsion from within or without. You have not to be forced in anyway to recognise this thing it must come through intelligently understanding ourselves.

Most people are reluctant to concentrate on the fundamental alteration within themselves. Institutions, legislation and the like force us to adjust ourselves in the outer in the hope of achieving social harmony, but this does not eliminate the cause of conflict and suffering. Compulsion does not create harmony whether it is from *within* or *without*.

It is not by mere control and introspection our understanding comes but through becoming aware of our daily thoughts and actions; becoming aware of our possessive love, our nationalistic ideas, our religious intolerances and the desire for personal advancement and continuity in separation. *Is that not what you are doing everyday. Have* 

#### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

you ever discerned your thoughts? Have you ever discerned where you are moving? Have you ever discerned the fact that you are continuing everyday in your separations? There is no use of trying to hide behind anything at all because it will not give you harmony, it is only humbug. When we begin to understand these things there comes into being a comprehensive understanding, without superiority or inferiority. I am the Life.

But we must not say, 'I am the Life' without understanding, it just becomes an idea. But if I know that I am Life, every thought I express must have Living Life with it. It carries the Power of that Life into the ether, changing the atoms, transforming, combining the atoms according to the thought I express.

I can see Jesus healing. He knew the power of his own thought, 'whilt though be made whole.' Wholeness was his completeness, he says, "be thou whole." And with the power of his own thought of wholeness and completeness, so every atom changed accordingly. His thought was so powerful it carried through the ether into the very walls of the atoms that built the body. Combining and transforming them into the wholeness of what he knew to be true. Will thou be made whole?

Most of us are controlled, by our environment, our external burdens, our external values, our opinions. So we are kept in bondage. If the inner is the result of outer influences we will ever bring about discord and conflict in ourselves and others and in the world, for we are the world. No matter how orderly the outer is planned and how ever carefully our social and economic conditions are arranged, if the inward conflict is maintained these will be constantly disintegrated, for the inner is ever overcoming the outer and not until we understand ourselves and the ways of the self can even a well-arranged social order be maintained. When we seek a solution we will find that the self is the cause and the self alone can solve the problems.

That is wisdom, that is knowledge, that is understanding.

Through constant awareness of our thought and action we will free ourselves from all that hinders the true expression of the Self that underlies every other self. Then we will love completely without fear, without the thought of the self. (We shall love without fear. How many of you love without fear? Have you ever examined your minds to see, if you love without fear? Why do you say you have faith because

you want to run away from fear that's why. And you try to invent faith so that you can runaway from fear but fear always catches you up. You only say you have faith when you want to escape from fear, don't you? So you are in conflict already are you not, with faith and fear. Can you runaway from fear through faith? That was not the faith that Jesus knew. His was the faith that said, this is the faith that changes the atomic structure. It would say, this mountain get thee hence and be buried in the sea and it shall be done so. This is the faith when he said, "thy storm shall cease, be peace." That was the faith, his faith, was one-pointed through understanding and wisdom. Not through ignorance or fear and faith opposing each other in every persons mind. And what you think in faith and think in fear you equally produce. I am trying to lift you out of this double-minded state in which you are in.) We must not identify ourselves with family or race or creed, for as long as we are caught up in these there can be no true understanding of the Real, therefore we must become aware, discerning the ways of the self, so that we can free our thought from bondage of the unreal.

"Unless you forsake your father and your mother, your sister, your brother, your husband, your wife, and your children, and even your own life you cannot be a disciple of mine." What a true and deep statement of the Master. Unless you can part with all separation you will never know the Power of the Christ.

Christ alone is Power but the mind must be free from all separation, all divisions—relations is divisions. You do not give up this relationship but you see beyond it. You begin to understand it, place it in its state, but there is something beyond and that is the Christ that dwells in every Living soul, the only begotten Son of the Father. He is the Creator of the world and existed before the world began. Through Him everything was made that was made. By His hand everything came into being. This is the Creative Power in man. Yet man's mind prevents him from using it because he does not yet understand, he has not yet obtained that wisdom.

Again the most beautiful thing that I read, "behold God giveth to man that is good in His sight, wisdom and knowledge."

We will see that all cause and effect are in the mind, this lifts the mystery of *the* soul and body and sets free the imprisoned thought.

The Universe including man is Spiritual, harmonious and Eternal. In this is "Being" therefore the likeness between God and

#### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

man is the likeness of the Creative Power inherent in God not as separate and distinct from man, but as one and the same. When we realize this we will work in accordance with the Divine Law of Love your neighbour as yourself.

It is an extraordinary thing that the majority of people have never realised the fact that their thoughts going out into the atmosphere, into the ether, reaches the farthest confines because of the strength of itself. And when it reaches the farthest of its own carrying power it begins to return back to the sender and there it begins to lodge again, like a missile returning to the platform from which it has been sent.

It's thank God, the majority of peoples minds are so confused that their thoughts are a conglomeration of lots of nonsense. Therefore their thoughts do not convey very much but let me tell you that if I think deeply you shall feel my thought. Because I shall move the ether. I send waves and I know what I am doing. Send electro-magnetic waves through the ether, which interfere and make up your body, which bring about new combinations and health and strength in your body.

Everything in the world has a certain vibration. Every herb that exist in the world today has a certain vibration. That vibration is given to the herb through the sun and the moon. (I am not going to tell you all how it comes about but I am just giving you the facts which I say.) If you know the herb then the certain vibration is taken into the mouth into the body. It is carried through the bloodstream because the bloodstream carries vibrations just the same as the ether does, except on a lower level (it is more modified in its nature.) And the bloodstream carries that herb through the blood until it reaches the organ that it vibrates with and there it takes its roots and begins to act on the organ according to the Divine Nature which created it.

And while those who know herbs and the combinations of herbs as I do. I know the vibration, I know that for every organ and I know the herb that will apply to that organ. And as it passes through the blood stream I know that immediately it get there the organ pulls it in, takes it up, and becomes active in the organ and brings about a new and perfect condition because the vibration is there. Nature has produced it. God has produced that in all the wonderful ways of the Universe. How wonderful this Universe is created but all on the basis of

vibrations, all is electro-magnetic. The basis of matter, the atomic structure, the body, the atomic structure of the whole world is based upon electro-magnetic system. Your thought must be the same.

Just like a radio station sending out waves into the atmosphere. And we know perfectly well that sound does not travel very fast, it only travels at a rate of about 700 miles per hour. But when it is raised up into electro-magnetic waves it is sent out into the ether and travels at a rate of 186,000 miles per second, reaches both the perpendicular and horizontal in ever circling waves to be heard in any part of the world at the same time.

Therefore these electro-magnetic waves carry the sound on its back, so does ether carry the sound of my voice. But I can create another sound which you do not hear and that is the sound of thought and it is carried on the waves of ether, electro-magnetic waves. Immediately I think now I can send waves to you immediately.

Why don't you know that the Spiritual Powers in the Universe are based in man. That man is the receiver and projector. At the present time I am talking to you just quite natural but I know that there is nothing I cannot answer. Why? Because I have a receiving set here and I have a projecting set here. I can listen in, I can receive from the Universe and pick up all that is there I could give it to you by word of mouth. It is very simple there is nothing difficult about it.

When Jesus told the Scribes and Pharisees to look within themselves and see that their thoughts and actions were not in accordance with the Truth of the "One" they immediately proclaimed him against the Law. But he knew what was in the inner was manifesting in the outer, so the blind lead the blind. "The last shall be first and the first last," shows us the all-inclusiveness of our Divine Nature when the illusion of separation disappears.

God is Spirit and all that He creates must be Spirit, this is the Truth that sets us free. God is "One" and not a series of One. It is man who creates this illusion in his own mind. Human theories are totally inadequate to interpret the Divine Principle involved in the work and words of Jesus. He says with no uncertain words, "I and the Father are one." This is the leaven of Truth ever at work and must eventually destroy the entire mass of error in the world and so be eternally glorified in man's Spiritual freedom.

### BEHOLD GOD GIVETH TO A MAN THAT IS GOOD

Yes, this is the leaven of the Spirit that changes man's thought through discerning that which is opposed to it. It is said that the flesh is opposed to *the* Spirit, this is not so for is not the body the Temple of the Living God. It follows as night the day that freedom from all conflict is man's heritage.

As God is Omnipresent Love and is natural in man then evil is unnatural and is opposed to the nature of God. Thus evil arises in man's mind and he gives to it a reality *that* it does not possess.

So he concentrates upon it and as he concentrates upon it he sees it. And what he does, he electro-magnetic charges the ether, and every other soul on the same level becomes part of it and adds to the thought. Adds to this illusion that is controlling and mocking man throughout the Universe. But if men did not send these thoughts and waves into the atmosphere but send the Realisation of the Love of the Christ, crowned and alive not dead.

The miracles of Jesus did not belong to a special era now ended, but illustrated the Divine Principle in man which indicated the eternal continuity of *his* Being.

In discerning our thoughts we see they are continually changing from sorrow to joy *from* joy to sorrow, from health to disease, from disease to health, from success to failure from failure to success, from fear to hope and from faith to fear *etc.*, *etc.*, *etc.*, *is that not so.* (Your thoughts are always changing backwards and forwards from one to the other. Can you not discern these things or are you too stupid to discern them! It is easy for the mind surely to be able to see itself and what it is doing. How can you go on doing these things after I have been telling you these fundamental truths and the principles of which your thought travels! First of all, encircling right through the whole of your own organisms then out into your environment, then right into the atmosphere to carry its mission of death or life.) As man is governed by his reactions to the physical senses. But man's "Being" being Divine Spirit, it must be so, he cannot be controlled by sin and death except through his own volition, his own belief in them.

The vesture a man puts on does not change, the man, thus when man sees and understands the unreal he will see it is but his own belief, and *a* belief is but an idea in *the* mind. (*But you see then when you* 

see your beliefs you see your mind and all these things in it then that is a garment you have clothed yourselves with. But when you change the garment the same man existed in the beginning is still the same. Cleanse then, shed these garments of illusion that are held in the mind and let the man that was born free, go free.) But God, Truth, is none of these. Only when we know the false can we set ourselves free by knowing that there is but One and in this One there can be no division, no distinction, no separation.

Your personality is the sum total of your thoughts, actions and reactions. It is in fact a record of your thoughts and actions. If you become aware of this you can change your personality no matter what circumstances you are in. But this is not the Truth I wanted to *show you*. The Truth I want you to see is yourself free from conditioning; understanding what your ideas, your beliefs, your opinions, your actions and reactions are and how they come about. Then you will find the Eternal and Ever-present Life.

What is it that is hiding you? Is it not a belief of some kind? What is it that is hiding your Life is not your mind?

This is the Divine Truth for everyone no matter how great or small, remember the first shall be last and the last *shall be* first. We use our intellect as a means of getting by in this world of ours. But with Spiritual understanding we will have more than just getting by, we will reach the highest degree of our possibilities, and our capabilities will be shown in the outer manifestation of our lives. We will look deep into things instead of accepting the outward sense of things, we will see that we *do not* gather grapes from a thorn-bush nor brambles from a thistle. We will come to the true and *through the* understanding of ourselves and the true value of Reality, then our purpose will be constructive and in harmony with the whole. We will become invincible and our results will be abundant and permanent.

Millions of words have been written but all lead to confusion of thought, one writer contradicts another; there can be no understanding in this way only confusion. The only way is the discerning of the self and the ways of the self, then the Light of *the* Truth shall reveal Itself in all its glory and omnipotence.

"I will give you a mouth and wisdom, which all your adversaries shall not be able to gainsay *or* resist." Luke 21: 15.

# **BENEDICTION**

I lost the "Father of all" in the wastelands of beliefs and I could not find my home.

Although I prayed and kept the door of my soul open expecting Thee to enter from without yet I did not find Thee.

My groping mind was filled with fear in a world created by man. At last in the throes of despair I heard Thy Voice from within.

Then I rose out of my darkness to find the Light that shone from the beginning of time. It enveloped me in Thee who art my home for ever more and I am now no longer afraid, Beloved One.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 13th February 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> The next sentence in the Lecture Notes is missing from the recording. [Yet without understanding our craving, to change our belief is utterly useless.]

# IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE\*

"I come that they might have Life and that they might have it more abundantly" John 10: 10.

There are no conditions in the Divine Creation of man. Conditions are brought about by the human mind that has nothing to do with the Creation of man. A very profound statement. Behind the mind of man is Creation of man. It is beyond man's mind to comprehend, nevertheless he can become aware of that same Creative Power within himself, in which he creates for himself and with his ignorance naturally he creates the error which affects his mind and body, his circumstances. And it is a law that one is required to understand, whereby man understands his own mind, discerns his own thoughts, watches his reactions to things external to himself and is not caught up in his reactions. And when this is understood there is sense of freedom because man is not caught up in the relative which itself is but effects. Any conditions that exists in the body is an effect. An effect through some means whatsoever, whither it is the effect of a reaction to a stimulus external to himself or emotions that rise up within him, all these things have an effect upon his mind and body. When we create conditions we begin to struggle with them, this is where we fail to see our own creation, thereby intensifying the error.

Unless we understand and see our own creation then we struggle with the effect and naturally we intensify the error.

You do not struggle when you are free, you only struggle when you are imprisoned. The way to freedom is to discern the cause.

You struggle with thoughts that enter the mind when you wish to be quiet. These thoughts you think are foreign to your nature so you try to banish them, but instead of getting rid of them, they worry you further because you struggle with them.

It is the struggling with a particular trouble is the cause of its intensity. You give it a power that it does not really possess.

I told you before, the other night, that when you think and you create a thought you set in motion certain conditions.

As you know that you are all electrical. Every individual and everything you see is atomic. And the bases of the atomic structure of the Universe is electro-magnetic. It has its movement in ether. Ether is the basis of the substance of all forms that you see and all forms exist in the ether. It is the conductor of all energy, the conductor of all forces which are here and there transforming the atomic structure; creating it, disintegrating it, and inoculating it.

These forces are no more than thought, itself being electro-magnetic has its power of affecting the ether, charging these small particles of ether which is beyond the atom, but I call them 'etherons.' So the etherons are created and whipped into action, and they are carried through by the ether which interpenetrates the atomic structure of the body. And enters into the very walls of the atomic structure of your body causing disturbance there.

Now if you realise that you will see what you are doing. But if you do not realise that and you struggle with your trouble you will further intensify it by your own ignorance.

It is necessary to become aware of the movements of the mind without struggle, then they will dissolve away. If you are aggressive, quarrelsome, nagging all day long, if you are jealous, envious, selfish, egotistical etc., etc., you will see that these are the false movements in which you are caught up, thus you mar your own body and soul.

You are caught up in these things because they are not according to the Divine Creation. If you knew completely that it was wholeness that created you and that wholeness is within yourself. It cannot be otherwise because wholeness cannot be divided into parts, it is indivisible. And it is this indivisible whole that is behind you and is the Creativeness within you.

If you realise that then you will no longer be jealous, envious, selfish, egotistical, or any of these things that mar your mind and body, there is a quiet confidence. A supreme understanding that nothing can change or move. There is a faith that is beyond that ordinary faith

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

that you hear about, a faith—knowing. Not a faith, as it were where there is fear attached to it. Because I have told you so often, that fear and faith is the same thing. What you think in fear and you think in faith you equally produce. So if you fear a thing you create the idea of what you fear therefore you intensify the trouble, is that not so. For the simple reason you create in the ether interpenetrating the body, not only that, but also in your environment and beyond, you create these disturbances because of your fear.

Real faith is a different thing altogether. But in the ordinary faith there is always the combination of the two, fear and faith. And here is what you do; you have a thought in fear, you superimpose it by faith, then you superimpose the thought of faith by fear, and then you superimpose it again with faith, again with fear, again with faith. And you are continually superimposing these electro-magnetic charges, which you express in your body, and you have what we call a conflict.

That conflict is always in your mind and you do not know what faith is because you are always fearing it. If you understand the Law properly then you will see clearly and distinctly that faith is a knowing of the Law of Creation, and abiding by that Law knowing exactly what you are doing.

But when you discern the cause of the wrong movements in your mind you can dissolve them.

We must have knowledge about the self before we can transform it. The self is the intellectual and emotional side of our Being. Therefore any form of limitation is a hindrance to wholeness. We must have that intelligence to discover what is of primary importance and have the capacity to pursue it.

Then if you are ignorant of the mechanism of thought we vacillate from one to the other, keeping both the positive and negative active. It is always double; you live in your mind, you live in your thoughts, you live in your reaction to things external to the self.

Have you ever discerned in your mind then what composes your make-up, what composes the material in your mind. Have you discerned the fact, whither you are acting to things external to yourselves or are you aware that you can think purely, that you can create.

If you are caught up in everything that is external to yourselves then your creations are according to what you think, therefore you

are limited. But that limitation is a falsehood, it has no existence in Reality whatsoever. For Reality is complete in Itself, it is wholeness, complete there is nothing opposing it. Nothing can oppose it because it is wholeness and completeness. If you see this clearly then; you will understand, you will overcome these limitations, these conditions which affect the mind and body.

No one else can do this work but yourself. Therefore you are not just born to suffer and decay, you are here for a purpose. The difficulty with most is that they accept the suggestions of the senses as real and lose the purpose of Life which is to give expression to wholeness, the Christ Life.

Now, tonight, I made a remark which I think is very significant. That is to say, Infinite Life in Itself is complete, it is impersonal in nature. It just performs the function of Itself, carrying in with itself the Intelligence to perform its own activity.

But as we see, that Life Itself becomes individualised and personal in the individual, you and me.

What is it then that gives it this individualisation? It is not separation because there cannot be any separation in wholeness. Well within the wholeness there is the Creation of, we will call, the Christ Principle. Why I mean to say this, is that the Christ Principle is said in first book of Genesis and in John; "in the beginning was the Word, and the Word was with God, yet the Word God, and that Word was made flesh." In the wholeness was the Word and wholeness was in the Word, but the Word Itself was the Creative Principle, and that was the Christ.

Behind the Creative Principle is the totality of all Life. And you will know clearly and distinctly, that the life in the body is in no way separated from the totality of all Life in the Universe. In this state there is a Knowing, an Awareness of Life. Not what Life is but an Awareness that IT IS.

I often get into that State of Awareness and I can know that State very well. I also can get into the state in the mind and I also get into where the mind is double. I can see the movements of the mind, I can see exactly how the mind is moving, all my thoughts and everything only because I am accustomed to discerning them. It is the greatest privilege in the world to be able to discern your own thoughts, your

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

own movements of the mind, so that you can understand them. Without this there can be no clarity of mind! Because there can only be a conglomeration of ideas which are completely superimposing one upon the other. Consequently there is no cohesive thinking and no direct creativeness, but a conglomeration of activity in the ether that is causing chaos and trouble all over.

And then with a mind that is alert, a consciousness that is aware, he can hold an eternal peace within himself and by doing so can quieten thousands of people without saying a word. Why? Because he is a powerful radio station and his thought is moving through the ether, it is bombarding the minds of all the people. They cannot resist it, it is impossible for them to resist it, they are incapable of resisting it because it is in the ether, at a terrific speed.

Sight and thought have equal vibrations. And sight is a vibration of light. Light vibrations travel at the rate of 186,000 miles per second yet that thought can move through the ether causing millions of minds to become affected by it.

There is a time coming. I'm going to tell you something, a great secret that I know. The last war is a mental war, a war of minds, not a war of weapons. But a war of minds that become aware of this great and mighty secret I am telling you, (which should not be told outside this class) that is the power of the electro-magnetic activity created by a strong concentrated consciousness. And according to the power of the thought so is the state of consciousness or according to the state of consciousness so is the power of the thought. Therefore it is the most powerful thing because it can interpenetrate and disintegrate matter.

Do you know, that a thin wire almost invisible to your physical eye charged with electricity, vibrating at a terrific rate, can cut through the largest tree in the world, can mow it down. It has been proved, that in electrical laboratories experiments prove, that an ordinary feather or a piece of straw charged with tremendous electrical power can twist a steel shaft as if it was a piece of string.

The mind of man and the consciousness of man is still greater than that. And when the knowledge comes they will discard all these things; of bullets, of guns, of atomic weapons, because behind that, the mind of man is more powerful. I am telling you a truth now, you will not see it in your lifetime, but it will come.

If there are difficulties, it is no use trying to escape from them but to face them with confidence for this is an opportunity to assert the Christ Life, yet every sensation must be dealt with carefully and not ignorantly denied, otherwise it will rise again in the nature.

Patience and understanding is the basis upon which we must act so that the Christ can speak the word of power from within. When this is done with understanding there will be an unfolding of the Real Self.

Yes, when Jesus smote the fig tree because it was not bearing fruit. It was the same Law that I have told you about, the Law behind the Power of Thought. But you could not do it because I tell you, your minds are not sufficiently clarified yet.

But the time is coming if you persevere along the lines I have shown you, your minds will become clarified to an extent that you will be able to perform feats that will astonish you.

But there is so much doubt in your mind. Do not you see that if you understand the law of magnetizing the ether that doubt, fear and faith are the same.

The body is for the purpose of your experiencing Life in the flesh but the flesh has no say in the matter. When the true awakening comes through understanding that which is false, the Real Self frees Itself from conditions that surround It in the flesh.

The outer is ever renewed from the inner realm, by the Life that is Eternal. Therefore the continuity of Life is not broken when you cease to breathe in the physical. *And it is not the physical body that breathes at all, it is the soul that breathes.* 

The soul breathes through the body. The soul interpenetrates the body. Ether interpenetrates the soul. And the vibrations of light and vibrations of thought interpenetrates the ether that supports the soul and body.

If you can understand that, then you will see that all Power has been given unto you in heaven and on earth. And Jesus knew this Truth. So did the Masters know this Truth. As I have been trained to be these things. Naturally I am telling you something which I have kept from you for some considerable time because I knew that you were not yet ready for it. But the time comes as you grow in understanding, The time comes for you to understand these things and as you go on you will understand more and more.

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

The wonderful thing is this, how true it is. You get a large body of people and then you find you draw from these a certain number. From that you draw another number until such time as you get the real essence. And I say to you, you did not choose me, I chose you. Think about that.

We make our limitations by clinging to the form. Spirit is Life and Life is formless and is the only Creative Power, being complete, whole. It is Christ that possesses the body of flesh, when this is understood there is a renewal of the Christ Life in the body.

The body has no power of it own. But it says, "in the beginning (plainly) the Word was with God and the Word was God, and the Word was made flesh and the Word remains immortal. Immortal, mind you!

This is faith through knowing, not a faith in someone or something apart from yourself, for when this is so, faith and fear exist side by side and this is the faith that most people have. When this faith dies fear takes its place or vice versa, this is the see-saw of human existence, devoid of understanding.

Without knowing-understanding we react to things external to ourselves so our creative power is turned in the wrong direction, so the things you do not want but which you fear you get. *That is quite plain is it not, because of the simple law of the magnetizing of the ether, that is all.* 

There is only one Rule and one Law, and that Law is not divided. What you think you create wither in fear or faith. The range can be controlled and directed by a mind who understands.

The growth of the flower in the plant can be stimulated by a mind that understands. The storms can be abated by a mind that understands. The water becomes as a rock to a mind that understands. All the feats of the Masters. All the feats of Jesus, the greatest Master of all time, (because in the Himalayas he is considered as the greatest of all the Masters of all time) and all his feats are complete and perfectly known to those who understand.

But there are a lot of people in this world today through their own ignorance, discredit them, and say it could not happen. Why? Because they do not know the law of magnetizing the ether. They do not know the law of the atomic energy which is controlled and directed by an inner

force known as etherons, which are controlled and directed by the mind of man and the Consciousness being the Power behind it.

So according to the conscious awareness, that State of Consciousness is brought about through discernment and awareness, brings into understanding the process of these things. And we see clearly and distinctly how the Master performed his feats. But the ignorant, the incredulous will say it could not be, for them it can never be.

So do not you see how the ignorance of man prevents him from using that Power at his disposal, and thank God it is so!

Because if the ignorant man could use this power he would destroy himself and many with him. But it is decreed through Nature herself that only as man's consciousness unfolds and as he discerns all that is relative, he begins to see that he can control all that is external to himself, all that is relative. And that which is Creative becomes more and more Conscious in his own consciousness. And he feels and knows behind him is that great and mighty reservoir of Creative Power known as wholeness-Infinity. "All is possible unto him in heaven and on earth."

I am telling you facts. But I am taking you beyond your own experiences. But unless I take you beyond your own experiences, your own experiences will never be anything at least for you. Because if you depend on your own experiences, your limited experiences, and you say through this experience, 'this is so and nothing more can be done," therefore you are limited entirely by your experiences. You must go beyond your experiences into that particular Plane, that in Itself has no experience and yet has not created any experiences, but in Itself is wholeness and completeness.

Man creates the experience that limits him. But in this Awareness, this true Awareness that I understand, I am part of this and I know how true it is.

Without knowing-understanding we react to things external to ourselves so our creative power turned in the wrong direction, so the things you do not want but which you fear you get. Through lack of knowing and understanding we unconsciously use our creative power, this is probably the biggest factor for much of our unhappiness and ill-health.

The reason for this ignorant reaction is because most people believe and act in separation. Now if you believe and act in separation

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

you are living in separation. Therefore you are entirely and completely limited by that separation. Good God, cannot you see that wholeness is everywhere and wholeness behind—is all that is created. Wholeness alone is Creative. Separation is not creative, it is disintegrating. The reason for this ignorant reaction is that most people believe and act in separation. Man divorces himself from his Divine inheritance because of his belief in separation. In this way he has become impotent while the outer rules him.

Can you discern in your own mind and ask yourself the question honestly and completely, "does the outer rule you?" I am asking you a question which is for you to answer to yourself. But it is so important, this question, that when you have answered it to yourself, you will be able to discern your own thinking and how you are reacting and what is taking place in yourselves.

Life is a Spiritual force and our birth is a Spiritual fact, invisible to the mortal eyes for Christ is manifesting in the flesh.

Therefore we must abstain from worshipping idols and symbols and know that within is the power to do all things. Unfortunately the majority think that by repeating a formula they have found the secret, but this is an illusion.

It is the ignorant people that repeat a formula. But when the ignorant repeats a formula there is always the opposite waiting to takes its place immediately you stop repeating the formula. So if you want to continue you have to keep, ad infinitum, repeating the formula and repeating it entirely and completely ad in infinitum. But whenever you stop repeating your formula the very opposite rises up in your mind to check it, because you are ignorant of the fact. You are ignorant of the Truth of this law that I am trying to show you.

In the turmoil of the daily life it is difficult for some, but *it is* not impossible to become conscious thinkers. *For* without conscious thinking successful results cannot be obtained.

Your subconscious activity is the result of your reactions, your thoughts, your emotions, that are waiting to give expression to themselves which hang in your mind, which surround you in the ether waiting to take its place into your mind immediately you are vibrating at that particular rate of vibration. And flows back into you and becomes

in your own consciousness and you think then that it comes from some other source, when all the time it is something that you reacted to long ago.

These subconscious reactions into your mind must also be understood. Because conscious thinking must be totally conscious and not affected by any subconscious reaction or any condition of the past nor belief in the future, but always of the present. This present moment, Life, and that is the only moment that is present—is this **Life**, and there is no other time, past or future do not exist or they only exist in your mind, they do not exist in Reality.

Wholeness knows no time, nor past, nor future, nor does it know space because it fills all space. There is nowhere where it is not.

If one is caught up in the stream of unconscious reactions in fear and anxiety this leads you away from the Christ within *who* is all powerful.

"Let it be quite plain that God has always been manifest in the world." "And the Christ is the Love of God manifest in the flesh." When we have no longer the belief in separation we will know that God is all in all, then our false *ideas* and *beliefs* will disappear and the Consciousness of the Christ within will manifest, making all things anew.

Now you see the meaning of my words, don't you? They are not just mere words. Because behind them there is a law that is definite, immutable, indestructible.

It is the state of consciousness that brings about the outward manifestation in all planes, both in the inner and the outer. When we know this we can avoid much unnecessary suffering.

Those who acquaint themselves with this understanding can specify with authority knowing that they are exercising powers bestowed upon them by the Almighty.

And we will see, that Power being bestowed upon you by the Almighty, must be the Almighty Himself, because there can be no place where He is not; being Omnipotent, being Omnipresent, being Omniscience, being all Wisdom, all Knowledge, being Everywhere having all-Power, there can be none other.

But He has bestowed upon you and me, created within His own bosom, that Son which He called the Christ, the Eternal Son of God

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

which is the Creative Principle, through which the Great and Mighty Power of the Infinite begins to flow, and through the Christ all things are created.

Oh, I wish I could take you inside and show you the mechanism of what is taking place. I could show you what is taking place in the heavens, above you and around you, then you would know and understand what I am telling you.

Recognition of the Almighty is not the recognition of something that is outside ourselves for the Almighty is not a relative thing. Even to talk about the Almighty puts Him in a relative position and this is wrong. (When talk about God we make Him relative. I am talking about God now but in our words we make Him relative, that is the only way I convey any thought to you through word of mouth is to speak in relative terms. But my speaking to you in the relative terms is this: is to convey to you so that you will be able to use your own consciousness to become aware. To discern all that is relative and become aware of your own Reality. And when you become aware of your own Reality there will be silence within you. A silence so deep that you cannot speak because immediately you speak you will create a relative-ness. But in silence and completeness and wholeness there is silence which is Eternal, not a relative thing. Oh that I could make you know this, to see it and understand. Still the time is coming when you will know it, you will find it. The answer comes to the one who seeks.) But with understanding we can speak the word of power from within knowing that the word will not return void but will accomplish that which it is sent forth to do. If we are dependent upon an outside source we are not using the Almighty Creative Power from within.

Therefore I say, do not depend on any outside source whatsoever.

With action comes knowledge which is not imitative and so it is liberating the Creative Power into action. *It is not sitting down and thinking but becoming active.* And in that action you liberate this Creative Power. The pursuit of "what can I do?" creates self-reliance. We are constantly clothing ourselves with thoughts and the state of *our* consciousness determines the kind of thoughts we have.

Around you are many people in sickness, misery and want who are followers of the *present*<sup>1</sup> Jesus, but they have not made the great discovery of the indwelling Christ.

There is no special state of learning required for one to renew the body and soul. For the laws of Nature, mental, spiritual and physical will serve us in exact proportion that we understand and observe them.

As you progress in your own consciousness, you will find coming into your consciousness; an awareness of this relative world, an awareness of the mechanism behind the activity of this world, an awareness of that which is Creative within you. Naturally then, how does that come into your consciousness? Because it IS in your consciousness!

God must be Conscious of everything in the Universe. His Consciousness must envelop everything. And that Consciousness being wholeness must be in everything. Therefore that Consciousness which is wholeness must be in me and you. Naturally then, the Consciousness will reveal its own contents as it unfolds.

How do I get this information? Do you think I write it from books or get it anywhere? My dear students, I very seldom read books. People present me with books, one after another, but I put them aside. But when I read them, I see that they are all relative. They are delving in the relative world, things external to themselves, not something that will make you think, so that you can reach that which is Unfathomable, Unknowable.

It is only when you have reached that which is Unknowable, then you will be meek and mild. The meek shall covet the earth. The meek shall have power. Because only through this humility, which is not a negative humility, but a humility that comes when you become aware of the Unknown.

Do not believe the one who says he knows because you will be sure he does not know. There is a knowing and that knowing is all that is required. A knowing of the Unknowable.

For as your consciousness unfolds so that consciousness of yours will still be Unknowable. But it will be expanding and revealing what is within Itself; all the relative world, all the relative truth, even the Archangels in heaven. They reveal that greater expression of the Life but still they cannot pierce that Unknown. Yet they are giving expression to that Unknowable but they do no know what the Unknowable is. We only know that IT IS.

Love is the secret, "do unto others as you would have them do unto you," is not a mere command but the law of Divine protection.

### IF THE INDIVIDUAL IS SICK WHY TREAT THE BODY ALONE

When the prophet said, "an eye for an eye and a tooth for a tooth" he did not mean that we must apply the Law ourselves, but meant that the Law of balance would extract in exact proportion as we dealt out to others. Nature forces us into a corner where we are forced to use her laws with intelligence and understanding.

And you will find, that you and everyone else is forced into a corner until such time as you use with intelligence and understanding the Laws of Nature.

The Universe is proved to be made up of a substance exact in nature to that which makes up ourselves. Therefore the created and the Creator are One and where no separation is possible. With this understanding we can dominate any circumstance instead of becoming its victim, *and this can be done only* by intelligently co-operating with the Creative Power which is always aiming at our betterment.

Most people do not realize the importance of this fact, otherwise they would accomplish things consciously which would never be attained through mere human effort. We must have confidence in the all-Creative Power in which we live and which lives in us. "Know ye not I am in the Father and the Father is in me."

We must make ourselves independent of other people's efforts on our behalf. Dependence on others has been the cause of much unhappiness and disappointment, and has brought distrust and failure into many lives. We must work from the centre outwards, not from out in, "whatever I see the Father do I do likewise." (Can you understand the meaning now of these words? How important they are. Don't you see, as your consciousness expands, these words become more Real to you. At one time they were just a platitude. When you came here first and joined these classes, these words were platitudes. They did not mean very much to you but now they do mean something which is much more. And as your consciousness unfolds they will mean more and more still into Infinity. There is no ceasing of this, no never.) This means we no longer wait for others to act for us but become creative, co-operating with the all-Creative Life.

If you are dominated by example or follow a pattern or recognise the only authority as being that of something that happened previously or be limited by existing facts you will never be really creative. You

must transcend the experiences of the past and enter into the ever-present, *the* realm where others fear to tread. Then you are automatically endowed with unlimited resources. Remember we cannot use the Law unless we apply it.

The true sower is one who knows himself, then his faith increases. For there is no difference in the Law that operates in the ear of corn and the Law that operates in man's consciousness, aware of the one Creative Law, yet most people have failed to see this Truth.

Plant a seed in the ground and provided it is not interfered with in anyway it is sure to grow. The same as you do plant a seed in the mind, the Infinite Mind. (You cannot plant it outside the Infinite Mind because there is no outside the Infinite Mind. You can only plant a thought, a seed, in the Infinite Mind—you cannot plant it outside it.) Therefore it must be feed and nourished by the Infinity, it cannot feed by any other thing, it is impossible.

A well-ordered individual is one who intelligently directs his thoughts and efforts in accordance with these Laws, therefore a well ordered society rises out of individuals who understand.

With no knowledge of these Laws we unconsciously allow ourselves to be destroyed because we allow ourselves to be controlled by leaders with little knowledge of the compensations of the Creative Law,<sup>2</sup> (that everything returns from whence it came. Material and forms grow up, their growth complete, then the disintegration of the form takes place. But the Life within is the same, it goes on to even greater and greater expansion of itself, in the inner planes and inner worlds. So the substance that you see—this table, this body, your bodies, will pass back into the ether Substance from which it arose. Created through the Law of Electro-magnetic Principle of which your bodies have been brought into existence. And shall also after its completed, there will be a re-coiling or uncoiling into the nucleus of the atom itself and then it lies dormant. One day then, some other force will come into that nucleus, and will grow again with greater expansion gathering to itself other atoms surrounding itself from the ether, and building up greater form with greater experience. Because all experience that existed so tiny as an atom. Yet the real atom of your body has contained within itself all your experiences and will remain dormant. But it will remain in the ether waiting for some other time to

enter into a body, carrying with it its great experiences through being born again through the body. And then expanding itself with greater experience. Again that same experience will be uncoiled again in that atom which remain in its own nucleus, waiting again to come into operation. So is Nature, so is the Universe, and all the atoms within their own nucleus will grow in intensity until such time as all experiences of the Universe in Itself remains wholeness, completeness in the atom itself that is not separated from God in anyway but is God Himself.<sup>3</sup>

When man's mind is focussed less upon the created and more upon the Creator he will not be dominated by circumstances and things. For is it not the craving for things that all the trouble is about in the world today? Man has enslaved himself by allowing effects to determine his state of mind and thus he is controlled by the effects of his own cause.

Only when man feels the thrill that comes from the self-confidence arising out *from* his realization of his true relationship to the Creator of all things will he free himself from himself. Man can never be really useful to his brother until he has gained this freedom. *Freedom must come*.

Do not think that by giving up the little things in Life that you will succeed, little things do not matter very much. We must see the great Vision. So many people are blinded by the small petty things that people do. If you understand yourself you will understand why they act in that way. Only little people are taken up with little things, do not waste your time and life in trying to combat them, when the big Vision comes these things fall away and disappear into nothingness where they belong.

Therefore the great Vision absorbs all the little things, like a one great emotion sweeps into one all the small little whirlpools of emotion in your organism in your body into one complete emotion, they are passed away, to be transmuted through the realisation of that which I have told you.

But your mind must be cleansed first through discerning. Discern it. Oh, could I make you understand.

That the discernment of your mind and the conditions of your thought and the creations of your own selves that is so essential before you can understand what I am talking about!

Therefore the sooner you start the better.

We must not separate heaven from earth but bring the Kingdom of Heaven to earth. So cast out your false beliefs, your beliefs in sickness, beliefs in the cause of fear, belief in the power of sin, belief in the false prophets who preach sin, the devil and hell. Instead lift your eyes to the sky and as the sun rises you will see all the stars disappear, they give way and go into the background. So with us when we realize the Truth of our being. All these things dissolve away with the personal self, with all its prejudices and possessiveness. Then we shall be like Him who made us in His own likeness.

## **BENEDICTION**

O Mighty One, Thou art not separate but one with me eternally. In Thee there is no evil for the devil cannot exist in Thy omnipresence.

It was the king of illusion who sat on the throne of ignorance was the cause of ill-health, unhappiness and my soul-blindness.

It was in my deepest moment of despair that I heard Thy Voice calling, "be not afraid, for I am with thee always." Then the Light that shone from the beginning of time blotted out all the darkness in my mind.

Now I see with clear sight, all that hinders Thy expression. I thank Thee, O Mighty One, that Thy light becomes mine forever more.

- \* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 19th February 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.
- 1. On the recording of the Lecture, Murdo replaces the word <u>personal</u> in the Lecture Notes with <u>present</u>. The full sentence of the lecture Notes would then read: *Around you are many people in sickness, misery and want who are followers of the personal Jesus, but they have not made the great discovery of the indwelling Christ*.
- 2. The next sentence in the Lecture Notes is missing from the recording. [So the blind lead the blind and all fall into the ditch.]
- 3. The next paragraph in the Lecture Notes is missing from the recording. [When we look into the past we see that civilization flourished from small beginnings but later became smothered by the things it created. Is the same not already upon us? We look upon the created as a means of power instead of the creativeness within. We crave for things and in this craving we destroy ourselves.]

# I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME\*

"Since this people draw near to me with their mouth," says the Eternal, "honouring me with their lips, while their [hearts are far remote;] since their religion is a mockery, a mere tradition learned by rote;...." Isaiah 29: 13

It is essential that you read this carefully and see the true meaning of it. He was showing, that it was not a mere tradition, it was not something that one could learn by rote but an understanding deeper than that, very much deeper than that.

Are we not trying to rearrange the world, to rearrange its values while maintaining our own separation in nationalism, religious dogma, superstition, hatred and acquisitiveness? Is it not necessary that we eliminate first the causes within ourselves that produce conflict and misery?

We are all trying to rearrange the world. And those who are trying to rearrange the world and create new values have not realised the cause of the trouble is within themselves. They have not yet understood the wholeness of things; the wholeness of the Universe, the wholeness in which the Infinite works through man because it is the wholeness that works through you. And there is only wholeness, wholeness is Reality.

So we are all trying to rearrange the values while maintaining our own separation in nationalism, religious dogmas, superstition, hatred, acquisitiveness.

If we seek Truth we must first abandon those values that are based upon ill-will, possessiveness, greed, superstition. We must first of all decline to be guided by politicians, priests and economists with their endless plans for so-called peace which leads us into destruction.

These are strong words but it is necessary for you to think about them and see where you are being lead. If you are unable to think for yourselves then you are caught-up in these things and you are lead into destruction.

The whole world today is caught up in propaganda. This propaganda follows a line of action. And those who produce this propaganda understand that the mind of man is like a sponge, he absorbs these things, these ideas. And when the world gets those ideas completely planted in their minds, they begin to express them outwardly. And naturally as the expression of the idea outwardly creating, as it were, these activities in the ether which affects every other mind, and before you know where you are you are all caught-up in it.

But yet, you see, those minds are of little value. For the simple reason, that they are minds that are reacting to things external to themselves and have no concentrated thought.

It requires wisdom and understanding to come to the realisation that Spirit alone is the Power behind Thought, and when one realises this tremendous force that was behind Thought because Spirit is behind all Creation. And Spirit is behind Thought because Spirit (it means activity) Thought the Universe into operation, and it is Spirit in you that also thinks. And the Spirit is the Creative Principle within man. That Spirit is then the Source of your thinking.

But if you are caught-up in things external to yourselves, then you react to these things and your mind is a conglomeration of thoughts, having no force or activity whatsoever, it has got no driving power because you are caught-up in all the ideas and conditions in which you live. Therefore you are no longer able to get out of those conditions because you are caught-up in them. Because you are ignorant of the fact.

But when a concentrated mind knowing the Source of his being and the Source of his thinking, and he knows clearly that the totality of all Spirit is behind him because Spirit is not divided—it is whole. In that individual, the wholeness of the Spirit and the direction of his thought, can cause a complete calmness to take place.

But remember that one who has risen to this State of Realisation cannot go about reacting to this and reacting to that. Otherwise the power of his thought would destroy things.

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

That is why Jesus said, "condemn not least ye be condemned." He could do nothing else except forgive those who crucified him because of the power of his thoughts.

When he came across the fig tree and he saw that it was not bearing fruit, he smote it, and it died. He withdrew the life from it. Why? Because he saw clearly, the whole thing is this, unless this tree was bearing fruit, it was of no value.

But Jesus could not discriminately withdraw life here and withdraw life there. For the simple reason that he would do untold harm. The power of his thinking set up in the ether such a Power that it caused the very atoms of the tree to die, to change, to become over-whelmed. Life was withdrawn from it and it naturally died at once. Think then, of a mind concentrated in the realisation of the totality of All-Spirit. And in that consciousness a realisation of thought, of sending this power of thought into the ether, into the atmosphere.

That individual is not affected by propaganda. He is not caught-up in the things here and there. Jesus was not caught-up in the idea of force that he could control the world by force. He knew perfectly well, if he used force, that force would remain. And he knew perfectly well that the only way that a true existence could become the existence of man in peace and harmony and a successful Living was in Love and Wisdom. And he knew that because he knew his own Power. If he used force he could destroy what he wanted to because of his Power.

And it is the same with any individual who rises to that State of Consciousness, where he becomes aware of the wholeness of Spirit behind his own thinking and his thought. He sets in operation these tremendous forces of electro-magnetic activity, that charges the ether and causes this ether to penetrate the minds of the people, even penetrate the walls to make them disintegrate.

I am telling you a truth. I know that you will not be able to do it because; you have not the mind yet to do it with, you have not grasped the completeness, you have not grasped the wholeness of Spirit, you have not discerned your thoughts so that you can eliminate all those thoughts from your mind that are hindering the expression of that which is Real in Itself.

And it is a good thing too, that it is impossible for anyone to perform these feats until such time as the mind has been cleansed

and cleared of all the hindrances that prevent the activity of this tremendous Power vested in the Master.

The fact remains that we have made *these politicians*, *priests* and economists our leaders through ignorance of true values. Now we have to become deeply aware of the cause within ourselves, and the responsibility remains with us to remove the cause. This alone is the solution to all conflict. First of all we must understand the cause, then the Real that is behind all can be realized. This alone can bring peace and happiness.

In Reality alone is there enduring happiness. In Reality alone is there Creative Being. Without this inward treasure the outward can have little value to mankind. (*Unless you have this inward treasure the outward is of little value to you. Think now, is the outward of any value to you? What is the greatest treasure? The treasure of that which is within.*) The organisation of law and economic planning will ever defeat its own purpose. But when the awareness of the Real is established the outer and the inner will cease to be separated for we will understand that the outer is but the expression of the Inner. Our religion will no longer be lip service but the true expression of Reality, the one and only Creative Being,

And is it not so, that the sayings of Jesus have become platitudes. And those platitudes have been made the foundation of the greatest religion we have today, the Christian religion. But if his sayings were followed out from a scientific point of view, instead of being mere platitudes to the people, life today would have been entirely different.

Every word he said was scientific. Behind his words was a knowledge, a scientific knowledge of the Universe. Therefore his words were words of Law, not platitudes.

But what do we get today, a religion based upon his words, and those who talk them know nothing at all about them. Therefore we are caught-up in an orthodox condition. One Bishop gets up and denounces another Bishop. Another Bishop gets up and denounces another one. One religion denounces another religion and so forth.

But don't you see that it is all relative. It all belongs to the mind of opposites—a belief. Therefore there can be no solidarity in beliefs. There can only be solidarity in the realisation of the Truth and a scientific

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

Truth. And unless there is a scientific Truth as the basis of any religion or philosophy, it will fall to pieces and disappear into nothingness as it is doing today.

To sustain the Christian religion today from its exit, will require a sound scientific bases. And the scientists in the world today are the only ones that can do it. And unless religion and science move hand in hand, side by side, then religion is doomed.

There are many who say they practise brotherly love, yet condone organised murder. One has to understand the contradictions to understand ourselves. Without self-knowledge brotherly love is impossible. We must think out every thought-feeling then we will understand what is in the mind. You cannot practise brotherly love if you are caught up in envy, jealousy, hate, antagonism, differing creeds, mass murder and conflict. Brotherly love only comes when all these things are cleared away through understanding oneself.

You can talk about brotherly love till doomsday but you will never know what it is until such times as you have cleansed your minds.

There is no use of talking about the bush. There is no use of me telling you, you are wonderful people because you think brotherly love, at the same time you think brotherly love you think the very opposite.

How can you then eliminate those things? By discerning your thinking, by following out your thought-feeling to the very end, so you will understand it. Not merely seeing it on the surface and then letting it go but completely seizing that thought-feeling and searching it to the very depths of yourself, and there you will find the root cause.

Try to understand every thought-feeling, pursue it and it will yield its meaning. Only in this way can the mind be freed from conflict. Then we will create, in co-operation with the Divine Principle, a true democracy. When the individual becomes aware that this co-operation is possible, then the mind-heart becomes passively still to receive the creative Reality that is ever-present. This **is** renewal.

How then can you renew your mind as the Spirit says, "renew your mind daily by the Spirit?" But the mind must be cleansed first. And how are going to cleanse your mind? It is a very simple process—discern your thinking.

Now I do not think there is five or six out of you, that has began to discern your thinking yet. At least you may have discerned on the surface

a few ideas, a few thoughts, but have you followed them. Have you discerned your thinking and finished that particular discerning until you have seen and understood yourselves? Understood your contradictions, understood the two opposites that are always in the mind. You cannot have brotherly love and have mass murder at the same time.

Renewal does not come from birth or death, the past or the future. There is no renewal in the world of opposites, only freedom from *the* past and future, *freedom from opposites*, brings renewal, for there can be no understanding except in the present. But if the present is burdened with the *memories and* regrets *of the past, the* hatreds of yesterday *and the conflict of opposites*, there can be no renewal in the present.

How can you renew yourself if your mind is a jumble of hates, antagonisms? If you hate one person and love another—you cannot be a loving person, you are living in duality. If you dislike one person and like another person, if you have hate in your heart and then you say, "I have love" in your heart, you cannot be a loving person. Do not you see that is duality, that is opposites, that is contradiction.

I am here, for the specific purpose of showing you your minds, of endeavouring to have you to cleanse your mind. Only by this cleansing can you reach that Power where you can think clearly, and create. Even one person can have Silence. Silence of the Mind can silence all-minds....

(A short break of 31 seconds occurs as Murdo demonstrates the Power of Silence)

....that is the "Silence." And your mind was silenced. Think now, could you think of anything? Was it possible for you at that moment, to think of anything? Of course you could not, your mind was caught-up in the "Silence"

That is what I mean, of a powerful thought of a concentrated mind that can use it, for a specific purpose. And you are the ones that are being trained for that purpose.

Our past successes or failures are the experiences we have. This must not hinder the use of our creative ability now, or the way in which we use it. Just as the growth of corn reveals itself while man sleeps so are our thoughts revealed, and there is nothing strange about this. The great thing in man's life is to understand himself. Only when this is accomplished can pure thinking and pure action come into being.

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

The seeds we sow in Divine Mind, by our enlightened consciousness, grow apace and produce hundredfold for our benefit.

Yes, as a seed of corn is planted in the ground it reveals its growth while man sleeps. Yet so does mans mind. The thoughts he sows, what do they do? They become active, vibrations, electro-magnetic waves. First of all permeating his brain and nervous system, then through the whole of his body. The very atoms begin to transform. Then out it goes into the atmosphere and if it has any strength whatsoever it will move far into the atmosphere. And many people can be caught-up in it. But then it begins to return back again. (Just as if, you drop a stone in a pool, you will find the ripples move to the bank, and then begin to come back to the very centre, that is a Law.) Consequently mans thoughts come back to himself. And what he created he produces in himself. Therefore as a man thinks, and as a seed is sown in the ground and reveals itself while man sleeps, so does mans thoughts, the same, reveal themselves as man sleeps.

The only authority you should recognise and the only command you allow (is that) of the Creative Principle of the Present within, which nothing can change. Beliefs will change, people will change, but the Presence never. In this way you increase your joy through your Creative ability in the Presence that is ever-present. It is like the rock in the ocean, the waves beat upon it but it remains unmoved.

Most people are afraid of the evil they are always looking for and are blinded to great Divine Light of the Presence. Some become (wrapped) up in the evil which they make a Reality, thus so many become childishly ignorant, which leads to pettiness and narrowness. This does not give true experience, but rather a retreat from Life Itself.

How many thousands do you see of those people. They are afraid of the evil they are always looking for. The key to it is this, according to your thoughts, so you are practically yourself.

If you are always thinking evil, as sure as you are alive, you are going to bring it about and round you. Look at the person who is always looking for evil, they are sneaking around like a snooping dog somewhere looking for it, and look at their faces. Long haggard faces, eyes sunken, skin very deep and sullen. Faces that you look upon, you would see them probably in a 'mummy' show. And there you have the type. Then you have

the type that are always wrapped up in evil which they think is a reality. And because they think it's a reality they are afraid of it, they try to run away from it, all the time, but they are always caught-up in it.

You cannot runaway from your own thoughts. You cannot runaway from your own creations. You can discern them and understand them.

You must enter the arena of Life with confidence, understanding that the Creative Principle is within. You are the navigator that sails on the sea of Life and are not affected by the waves or the surface unrest. With this understanding you are no longer caught up in external values, but are able to navigate the ocean of Life with true creative ability, dissolving all that hinders your true expression.

Your experiences must only be channels that lead to the vast ocean of Life in which you become one. Then open your sails and let the Breath of God direct you. "Not my will but Thine be done."

That was the great wonderful Truth the Master said. He had come to the realisation—the Truth. But he had come to it, mind you, through understanding; through a process of elimination, through a process of discerning. And through discerning came elimination and through elimination came Realisation, and Realisation came the Power. He came to the Realisation of the One Truth, "I and the Father are One." That the wholeness of Spirit was within himself, because Spirit could not be divided.

Therefore the power of his thought was tremendous. The storm abated, the waves became as solid as a rock. He created by his own mind from the ether, loaves and fishes and food. You think these things are impossible? It is only the ignorant that discredit these things because they do not understand. But when you know the basis upon which the Universe is built and you see the Power of Thought that was behind it. And you see the man that was made in the image and likeness of His Creator, then you begin to look at things from a different point of view.

The person who does not know himself and tries to convince others of the Truth is a hypocrite, but the person who has the Truth in however small a degree, like the smallest of all seeds, will grow to become a great tree and all will shelter under Its branches.

The smallest seed of this Truth of Reality, even if its just peering into your minds, at the present time it will grow. I am sure it will grow.

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

It will grow to be as the greatest tree, with its branches in all directions, and who will come to shelter under it—all who are at need. And you are that tree.

This is the state of mind that is ready for creative ideas. It understands that the things that are seen are but the product of that which is unseen. Jesus said, "as the people who listen to the word and take it in bearing fruit at the rate of thirty sixty and a hundredfold." (Mark 4: 20). "Be not overcome with evil but overcome evil with good." This means directing our creative ability into constructive channels producing that which is acceptable to "Him," and that which is acceptable to Him must be of benefit to all for He is the All.

I often wish that I could just give you this thing. I only wish sometimes that I could give it to you completely and say, "here it is." I could see Jesus doing the same thing in his great State of Glory, his great exaltation, he wept because he saw the ignorance of the people around him. And so will you one day, as you become more and more aware of this Truth that I am revealing to you, you will weep one day to see the ignorance of people around you.

If we look to the mechanism of our bodies we will see that the brain, through the nervous system, is connected *to* every part of the body and controls all voluntary and involuntary activities. This mechanism responds to our thoughts and emotions therefore there is a consciousness that is traversing the whole system out-picturing what we think and feel.

Not only does it affect the nervous system, but as these nerves go right through into the cells of the body, the small dendrons<sup>2</sup> and capillaries. The very nucleus of the cell becomes changed. Have you ever seen a cell changing? No. But you can, through a very strong microscope.

When there is a condition in the body, that is out of harmony with the whole of the body, there is a change taking place in the cell structure. The very atoms are transformed. Then when you feel the change, now this change takes place unconsciously very often, because of why? Generally often your reactions to your emotions, your tensions, and so forth. And unconsciously this change is taking place and then you become aware of change. Eventually it is brought to the brain. And the brain then reveals it to the mind, the mind becomes aware of it. And not understanding the cause, you become alarmed. This alarming state in your mind is the most dangerous point because it intensifies the trouble. It sets in motion your

power of your thought, sending electro-magnetic waves through the whole body. And the whole body becomes active because of your electro-magnetic waves. But not only that, you send it out into the atmosphere and any person who is in a sick state will absorb them. Think then your responsibility towards mankind.

It is very simple, very great. You are the ones that are learning now the Power of the Master. If you use or misuse this Power then you cause trouble for yourself. What is the key to your own security? Love and wisdom. "Love your neighbour as yourself," Jesus said. That was the key to your security. "And as my Father has loved me, so do I love you, therefore continue in my love." That is your security.

So a person came to me today and he said that he was cursed. And this curse upon him was doing all this damage. He was caught-up in this curse. The more he thought about it the worse he got until such time his whole mind was in a whirl. And then he started to curse the person who cursed him.

And I said, "now, you are doing a very wrong thing. You do not understand the Law upon which the Power of Thought works. Jesus said to you, now his words are Law (they are scientific, they are Law), "bless them that curse you." That was your security! That is your freedom! Do good unto those that injure you. That is your freedom! Do not you see it. It is as plain as a pike staff. Anybody who does not see that is as blind as a bat.

We are told that we are the microcosm of the great Macrocosm, therefore what we think and feel must affect everyone some way, or another. If we can discern what we are doing we will not create conditions that adversely affect ourselves and others. The Intelligence that built the body, brain and nervous system, built it for its own self-expression. If we would remember this when we feel and think it will be a guide to our thoughts, words and actions.

All visible forms are the result of the great invisible Creative Energy revealing the Creative Principle in action. With a little understanding we can co-operate with *this* great Divine Creative Principle which created us in Its own likeness.

The use of "our," (this) creative ability, has only been dimly understood. The greatest possibilities, more wonderful than man has dared to imagine,

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

can be enjoyed through the conscious use of "our," this creative ability, with understanding.

Then let us be mindful of the fact that the seeds we sow in fertile soil will be produced by the Creative Principle in the exact form of the seed itself, sometimes thirty, sometimes sixty, and sometimes a hundredfold. "Even greater things than these shall ye do."

I am convinced as man becomes aware; of the scientific Laws behind his own thinking and the Laws of the ether, and more understanding of the electro-magnetic waves, and an awareness of his own consciousness. Man will become greater than ever and beyond our imagination. And Jesus was true when he said, "greater things than these shall you do."

Man has not developed yet. Mankind is living in ignorance. He is born in the ignorance of generations pasts. And is living in the ignorance of past generations and still eating the fruit of that ignorance. And still go on eating it because he does not know, because he is ignorant.

The walls of Jericho (Ignorance) are being broken down by the truth of the Creative Power within; and with the rhythm of all in united understanding, the walls of ignorance will crumble to pieces. "Let every soul be subject unto the highest powers, for there is no power but God." "Let the mind be in you which was also in Christ Jesus who being in the form of God thought it not robbery to be equal with God." Phil. 2: 5-6.

The meaning of these words show us that, if the individual consciousness through discovering all that which is relative (good and evil) will unite with the Universal Consciousness, that makes the individual a conscious creator, all is possible to that individual who understands this relationship. This is the faith Jesus had when he said, "know ye not I am in the Father and the Father is in me."

Can you say that and know the true meaning of it. You can say it at first as a word platitude, it has no effect upon your mind, but gradually as you grow in strength, as you grow in knowledge and wisdom, these words strike you from a different point of view. You are amazed that you did not see the true meaning of it before and you think that is the meaning of it. But as you go on unfolding more and more these words will strike you again and with greater amazement. You will say, "why I should have known that before?" "Why did I not realise that before?" This is the greatest thing that we have ever known, at that moment it would be, but as you

unfold more and more these words will still convey more and more of the wonder that is behind them.

I have experienced it, I know it. Each time that the consciousness unfolds and the words come to me, I see the greater vista of them. I feel the power that is behind them. I see the Masters mind and understand then what he knew. I get a glimpse of his great wisdom, his Love and his Power.

Faith built upon an outside agency will be full of fear and doubt, but a "faith" that is built upon this "rock of truth" will stand against all that assails It. Therefore true faith comes from beyond the mind, for what is in the mind is double, fear and faith are side by side, when one is up the other is down and vice versa. Therefore the thoughts created under these conditions are equally produced. Thus conflict arises in the mind that is double, the double-minded creature that he is, he need not think he will get anything from the Lord. *The Lord is that which is the Creative*.

How can a double-mind then create anything? Because it is through the mind that you do create. But if the mind is double, how can the Lord Create through that mind that is double? How can the Lord Create through a mind that is full of conflicts and oppositions? How can the Lord Create through a mind that is full of contradictions? The Lord is that which is within.

There is no validity if you merely accept my statement, for such acceptance will just become another illusion of the ego, you must know for yourself, directly. The Truth of yourself cannot be realized through another however great he may be, and there is no authority that can reveal it. Truth can only be uncovered through your own understanding, and understanding comes only through self-knowledge. We have all the same problem but each *of us* must find the answer himself-*herself*.

Perhaps you think I am hard when I say these things. But if I did not say these things I would not be true.

Therefore my words to you are only a means to direct you to the uncovery of the self and all its ways, only when this is seen and understood can there be freedom from illusion and conflict.

If you are intense in your search you will find the right answer. Surely each one *of you* can become aware of his own prejudices, greed, intolerance, superstitions, antagonism, beliefs, cravings etc., in which

### I HAVE NO OTHER AUTHORITY EXCEPT HIM WHO MADE ME

he is caught up. You can only understand another when you have understood yourself.

You have all the same conditions; your prejudices, your greed, your intolerances, your superstitions, your antagonisms, your beliefs, your cravings etc. You have all the same things—that is the self. Why, discern the self then and see what the self is, then you can dissolves these things and purify the mind.

Is it not so that according to your own pleasures and pains, your prejudices, your beliefs, your desires, your passing fancies, your antagonisms that your thought is shaped and controlled. You cannot build Truth upon such a weak and changing foundation. If you are prejudiced, limited, you will find according to your conditioning. How to approach this great problem is all important, and what is important is first to understand the self. With all these things which is attached to the self, which the self uses continuously.

When I hear people talking about other people, I shut up, I never say a word. I feel sorry and yet you keep quiet and say nothing but you do not want to hurt another's feelings. Yet to be truthful, you should get a kick in the pants.

Is it not so, that according to your own pleasures and pain then you have all these prejudices, your belief, your thought is built from that. Your thought is built from your reaction to things external to yourselves. Have you ever examined your mind to see what your thoughts were? And how you have been reacting to this and that and all the things external to yourself, and your mind is a conglomeration of nothingness.

How can a Light then pierce those things? The Light of the Consciousness piercing a mind that is filled with conglomeration. What will it have on the screen of Life but a conglomeration. Thank God, it is the Law that no mind can have Power until such time as it is—**cleansed**.

Is it not so that we blame and criticize an accepted authority when we see beyond that authority, but we do not examine our own craving for an authority that can direct our conduct. Immediately you depend upon an authority there is doubt, fear. The seeking for an authority rises out of your own uncertainty of your own capacity to know what is true.

Is it not so that we feel secure if another will chart the sea for us? We desire to find a safe refuge so we follow anyone who will direct us, our uncertainty makes us fear, therefore we worship an authority. But

through authority freedom cannot be found, freedom comes only through understanding, not through the acceptance of an authority nor through imitation. Is it not foolish then to accept the experience of another as a guide when it is you who has to seek and feel out the self, and that can only be done by the self alone.

The past and the future bring doubt, an authority demands conformity which must end in conflict. Living in the present, discerning all that hinders the expression of the Real, this is Creative Being in which there is no doubt or conflict.

Let the mind be in us that was in Jesus Christ. What a wonderful saying. But you are beginning to see the meaning of that, aren't you now.

My words may seem strange to those who have not heard them before. But if you will study deeply you will comprehend what I am saying. To accept only what I say will not give you understanding, but if my words have the effect of making you self-reliant through self-discernment and self-awareness then they have fulfilled their purpose. I acknowledge no authority except the Creative Principle which is within. No authority except God. But God is Christ and Christ is God, that is my authority, there is none other. That authority then is within myself because the Christ was born in me when I was born. And before I was born, it was the Word that was with God, the Word that was God, the Word that was made flesh. I am that Word, that is my authority, no one else. Therefore I, do not impose upon you any other authority external to yourselves. Not my authority and I am not your authority, nor do I impose upon you any authority, except that which created you—the Almighty God.

Whatever this Creative Principle may be called, "It" "Creator" "God" or any name you like. It never fails to bring from the unseen to the seen in exact correspondence to your own state of consciousness.

You will know what is your state of consciousness by your attitude towards others. If you live in Reality you will translate Reality into your daily living and you know best yourself how far you are (from) fulfilling your mission on earth.

"What I yield is better than the best of gold, what I bring in is better than rare silver. I deal right fairly, justly do I act, enriching those who love me, and filling their stores full." Prov. 8: 19-21 (Moffatt).

## **BENEDICTION**

O All-Prevailing One, from within my consciousness Thou hast removed the cloud of doubt from my mind-heart.

My mind is made free with Thy Ever-Presence and my soul purified with Thy wholeness.

Now I recognise Thee alone.

Thou art my teacher, my guide, my friend, my Creative Being.

O Blessed One, thank Thee for showing me the way to Thee within.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 26th February 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> A small break in the wire recording occurs here, resulting in the missing [hearts are far remote;]

<sup>2.</sup> Dendrons. Plural of the word "Dendrite" meaning: Branching process of nerve cell.

# Lecture 5 (4th March 1952)

## WHAT OUR NEIGHBOUR MEANS TO US\*

"Cast me not off in my old age forsake me not when my powers fail." Psalms 71: 9.

The great secret of Attainment is to find the Kingdom within—the Universal Creative Consciousness—and the right use of that Consciousness. This is the only source of power and we will experience this power when we begin to think with understanding.

Everyone is seeking the attainment of the Christ Consciousness, the Creative Consciousness within.

You will never know what Consciousness is, you will only know that it is. The cause behind all Creation is this Universal Consciousness which is also established in man. Known as the Christ Consciousness, and Jesus found it through complete elimination of all that was in his mind, contrary to the Consciousness Itself. He saw clearly that he was the creator of all conditions. He saw clearly that he was One with the Life that created everything in the first place. He saw that he could not be separate in anyway from any human being. He saw clearly and distinctly, that the whole Universe and he were One whole, and that there could be no separation between him and the Universe in anyway whatsoever or anything in It. He knew he was the stones, he knew he was the animal, he knew that he was the human being, he knew he was the angel, he knew he was God.

That takes a long time for the consciousness to become aware of. And when it does, then the Power begins to flow because the mind is cleared of everything that prevents the out-picturing of the Absolute Idea.

Therefore there is the Absolute Idea held in the Consciousness and there is the relative idea (or the relative aspect of the same idea) which is out-pictured in form. Those two aspects must be brought together before you can understand Creation.

The Absolute Idea then is held completely in the Infinite Consciousness because there can be no other consciousness but the Infinite Consciousness in man. Then that must be expressed through the mind and the mind is the medium through which the idea must be expressed in form.

If the mind is cluttered up with a lot of conflicts and conditions. And is conditioned by reactions, by conflict, then the expression of the idea is a very relative one and a very poor one indeed. So you see the clearer the mind, the freer the mind, the more Absolute is the idea. The Absolute is the expression.

The mind then is the vehicle through which the picture must be expressed. And the Divine Consciousness is that ray of light that permeates the picture so that it will become manifest upon the screen of Life.

Man's consciousness then is the only power there is. The Universal Creative Consciousness and the right use of that Consciousness, this is the only Source of Power, and we will experience this Power when we begin to think with understanding.

You have seen before that everything is electrical, everything is atomic. There is nothing in the world today existing in form but it is atomic. And the basis of the atom is electro-magnetic. And every form, no matter what it is, is ether modified. Ether interpenetrates it and carries into the very core of the atoms, vibrations created by consciousness or mind.

Jesus turned water into wine, a very simple process of transmutation, by changing one element into another by knowing—how. But he must know the underlying principles of the atoms before it could be done. And the Masters in the East knew, what we call, the ancient atomic philosophers who were scientists in their own way, by using the mind and consciousness as a means of transforming the atoms in form. Raising their vibrations or lowering their vibrations. And this is a Science that is known to the Masters. But it can only be done when the mind is cleansed and cleared of all conflicts and contradictions. Because if your mind is in a state of contradiction then you can never do anything. Because it is the means through which you are going to out-picture—the idea.

The individualization of the highest Universal Intelligence becomes our creative power to the corresponding degree that we recognise it and nothing else, upon this inner self we must rely and not upon another self however great. The Universal Creative Intelligence becomes individualized

## WHAT OUR NEIGHBOUR MEANS TO US

through the individual when it is fully realized by the individual as the only source of Life and action.

There can be no other source of Life and action but that Universal Consciousness, which is individualised in the individual but not separate or distinct from the whole of Consciousness but has individualised Itself in the individual as a means of Creativeness. And as the individual begins to realise then this individualisation is not a separation but is the totality of Consciousness expressing Itself behind all movements and all Creation in the Universe. That is why John said clearly, "and the Word was with God and the Word was God and the Word was made flesh, and nothing came into being except by the Word."

And when Jesus said, "I am before Abraham." He was not thinking about any personal individual that existed before Abraham, he was thinking entirely of his Oneness with Life!

The Master said, "it is the Father who ever remains in me who is performing His own deeds." The connecting link between the Universal and the individual is the conscious awareness of this great Truth that the Master revealed, and this Truth must be found by the individual through action, not merely through belief. (Because belief will not give you it at all. If it is a belief it is only in your mind, it is of no value. It must be through action that you must find this consciousness within yourself. Your minds can still be in conflict. Your minds can still be one thing contradicting another. Your minds will still exist in the double state, as it always will be, until such a time as you have reached beyond these two opposing ideas, which control the mind and are always in contradiction to one another in the mind. Therefore there is confusion. But when you bring them both together and you see clearly, good and evil, there is neither good and evil left, it disappears. When you bring success and failure together you find there is neither success or failure. When you bring health or ill-health together you will find there is no ill-health or health whatsoever. There is just the expression of that which is Divine Consciousness in Itself. So the mind is always in contradiction. You are always afraid because of this contradiction. You are always in confusion because of this contradiction.) Therefore the Truth must be found by the individual through action not merely through belief. The thoughts that flow from the consciousness that is *freely* aware produces results one hundredfold.

The whole Universe is made manifest in form from the formless through the direct action of thought. The basis of this *great* creation is founded on "Love." The law of permanent growth in us depends upon the Law of Love and how to express it. In other words, what profit has man if he gains the whole world and loses his own soul. Paul says, "I may distribute all I possess in charity but if I have no love I make nothing of it."

Sure then, the secret behind all Creation, and Perfect Creation, is Love. The secret behind all action, and True Action, is Love.

But if you have two opposing forces in your mind, and they are always uppermost in your mind, if one is not uppermost so is the other. If good is uppermost now, evil will be uppermost in a few minutes. And therefore good will be uppermost again and then evil again. Success and failure the same, health and ill-health the same. And how are going to get out of it? You bring them both together and they disappear into nothingness, and there you have the complete thing—Love Itself. Which stands alone as the Creative Principle behind everything existing in the Universe. And the Consciousness in Love and Love in Consciousness is the Secret of True Creation.

You may ask me for the rule of successful living and I will refer you to the Master's words, "thou shalt love the Lord thy God with all thy heart with all thy soul and with all thy mind." (And the big and most wonderful thing he comes to as he draws a breath and then he says definitely and clearly.) "Thou shalt love thy neighbour as thyself."

"Love thy neighbour as thyself." These words challenge us. Yet we push them aside saying it may be a virtue but it is not practical. If you knew my neighbour you would not love him either. So we go on this same old thing. We stand up on our feet and we say these stupid things. Naturally, when you recognise the true source of your neighbour and you see behind the falseness, the error, the expression of the self in all its hideousness, in its greed, in its pompous ways, and all the ways of the self when you recognise them and see them. But if you are seeing all these things in your neighbour you are only seeing them in yourselves. Because if you were innocent of these things you would not even see them. When you are innocent of anything you do not know anything about it. It is only when you are not innocent that you know these things. Therefore your neighbour is yourself.

## WHAT OUR NEIGHBOUR MEANS TO US

Now how are we going to get over this hurdle? We begin to see that we do not talk about our neighbour. As Jesus said again, the most important point I want to show you is this. Because behind it is our thought and our thinking, and we knowing perfectly well that when we think and create an idea that is negative and destructive, we begin to pull down the very atomic structure of our own bodies.

I have a habit and I always stay that habit. If anybody talks to me about somebody in a disparaging way, I shut up. I say nothing at all but in my mind I counteract that so quickly, that it soon slows down. No one will talk to me about anybody, I tell you that, before they are shut-up with a thought that charges their mind and almost reels them off their feet.

Therefore the thing is to see this. And the words of the Master, as I said, was the attitude we must take, "take the plank out of your own eye you hypocrite, then you will see better how to take the splinter out of your brothers eye."

So, "Love your neighbour as yourself." these words challenge us. We put them aside saying it may be a virtue but it is not practical. But without the observance of this law no successful living can be attained.

Why? Because you create with your own thoughts a condition in your own body and circumstances, and your thoughts permeating your body, enters into your circumstances and goes beyond, in waves electro-magnetic in nature which the ether carries. And you will realise this, when you begin to ask yourselves, "am I adding to the misery of the world or am I adding to the joy and happiness that could be in the world?"

Our neighbour is not only essential to us economically and socially, but is also the expression of the "One" Whole to which we all belong. If we are to accomplish successful living we must understand the joint relationship of ourselves, our neighbours and the Creative Principle that lies behind all. The consciousness of this relationship will create a new world for all to live in.

Unfortunately the motive to help to serve others is not always pure, for within the desire there is hidden pride and conceit, the clamour to help is more often born of vanity. And we see this very often in all those people, in those so called charitable organisations. Do they care a 'tuppenny' damn for the person who they are collecting for? Not on your life! They are only concerned with their own ego, so they can probably get their

picture in the paper. Mrs So and so or Mrs So and so is the head of this such charitable bazaar and so forth. But do you think that they care one 'tuppenny' damn for whither the person dies or lives, not on your life, they will have their supper the same night, they go to bed and they will sleep as sound as a top, thinking no more about it. They are not concerned in those things, why? Because they have not discerned themselves. I am not saying that these charitable organisations are not doing good but what an imitation for the Real. Everyone who takes part in these things should be utterly ashamed of themselves knowing the imitation and knowing what the Real should be. If we would help our neighbour we must first know ourselves, for we are the other fellow. Outwardly we may be different but inwardly we are very much alike, driven by craving, greed and ambition.

And it is no use of beating around the bush. Plain words means plain things. You are students now of the highest possible course on training the mind in Spiritual knowledge and understanding.

Without knowledge of the self we will not understand the other's needs. Without this understanding we are acting in ignorance, so creating more misery for ourselves and others. If we are inwardly diseased by ignorance, *ill-will*, desire for conquest, full of (passion)<sup>2</sup> and hatreds, we will spread darkness, misery and strife. If we begin to understand ourselves and become inwardly aware of true values we will spread light and peace.

How can you find out what true values are? By only finding out what the false values are! But if you are caught-up in false values can you ever know the true values? Never!

The self is a series of volumes and cannot be understood in a day. But once we begin to study we must study every word and know it from beginning to end, for the end is *in* the beginning and the beginning is *in* the end. If we can understand ourselves and the many paragraphs of which we are made up, then Divine Wisdom will be found.

So it is not a mere day or night or a few hours that is necessary in becoming aware of our actions and reactions, our thoughts. We must be continually aware. Therefore we see then, that the self is the cause of most our troubles.

Our dreams are made up of our inhibitions and cravings, our unfulfilled desires, our fears and all that beset us in our waking hours.

## WHAT OUR NEIGHBOUR MEANS TO US

Is it not necessary then that we become aware of our thoughts and emotions in our waking hours instead of being caught up in them? Our sleeping hours are but the intensification of our waking hours.

The proof is found in the problem that we are unable to solve in our waking hours, yet when we sleep over it the answer is awaiting us when we wake in the morning. We see new avenues which enable us to solve the problem which seemed insurmountable.

There has been a lot of nonsense talked and written about the mystery of this phenomenon, *and* the answer is quite plain to the one who understands the wholeness behind everything. So in this so-called sleep, (*I am telling you, because most people who are wakeful and waking are asleep, and we have a so-called sleep of the so-called waken people*), *this* thin layer of the outer consciousness is quiet and becomes more receptive. During so-called waking hours the outer consciousness has worried over the problem and has become weary and tense. When the tension is removed the promptings of the deeper consciousness are discernible and when you wake up the problem becomes easier to solve.

So the more we are aware of our thought-feelings during the day, so the mind becomes quieter. (If you fear something, a problem you cannot understand, if you are worried about it. Consequently, your inner conscious must also feel the impact of the outer consciousness, but these two are one there is no separation in Consciousness.) But this alertness must not only be for a few seconds or during set periods. Practice is required, for the outer consciousness is not used to such intensity of awareness. Yet through practice the mind becomes alertly passive to receive promptings from the deeper consciousness in the waking hours. The more aware you are in the outer, so the inner co-operates, with the result that there is a deeper and wider understanding of all things.

That Universal Consciousness begins to peep its way through the consciousness of the individual, because it is the same Consciousness. Yet the individual being individualised as you and I and everyone else, not realising the source of our own consciousness puts a blanket over it and covers it up. And we are no longer aware of that benign beautiful Creative Principle that is always waiting to give expression to Itself through the outer consciousness in man.

So if the outer consciousness is continually taken up with reactions to things external to itself through fear, through anxiety and troubles,

then you find that your dreams will be nothing more than those fears, those unfulfilled desires, those troubles, those conflicts.

So the answer is, the more you are aware during waking hours, the less dreams there are, for dreams are but the indication of thought-feelings, actions and desires not completed, not understood. They need fresh interpretation because of frustration. If you are frustrated, then you will find that you have got to interpret them afresh. Because they will arise up again and again in the same form, or nearly the same form. Some dreams are of no importance but those of importance will remain or may come up in another form yet identical in nature.

Through keen intelligence and awareness in the waking hours they will reveal their nature. But if you are too lazy to be aware and go to a dream specialist he will interpret according to his understanding, which will be entirely out of line with the cause within yourself, so you cause further frustration. He becomes a new priest to you and you have added another problem to the many you already have.

I have told you so often and so often I will tell you again, that it is necessary for you to become aware of your thoughts and actions in your waking state. You are the best dream interpreter, because of the conditions that brought about your dream. They will reveal themselves if you become aware! And you will release all these conflicts, suppressions, and conditions that are holding you back—these are inhibitions.

If you become aware, even for brief moments at first, they will certainly increase and this will bring a new feeling which is not the result of craving but a feeling which is free from all personal limitation. As this gathers momentum you become more deeply aware, and this awareness will continue even while you are engaged in other things.

There is an awareness that is part and parcel of the individual in himself or herself. This awareness is always active. And words that you begin to express you become aware of, your actions that you begin to react to you become aware of, conditions round you you become aware of, and there is no longer any fear but there is an expansion of the self and a clearing of the mind.

All your trouble is this because you are frustrated, caught-up in your conditions, caught-up in your reactions, and you have got conflict and oppositions and contradiction in your minds.

## WHAT OUR NEIGHBOUR MEANS TO US

You will notice one thing which is all-important, that is, while you are engaged in the necessary daily duties, even though your whole attention may be concentrated upon them there is an inward awareness that continues, revealing a greater Intelligence behind all things. It reveals that which is eternal and ever-present. In this state of consciousness all is possible, and with your action there is no reaction. This is the freedom I want you to have.

Think now, with your action is there any reaction? That's a question that you have got to answer.

Freedom comes when you know there is nothing but Love as a Creative Principle. That all other things are but ideas, conflicts and contradictions. You discern your thoughts, there is no longer any trouble, there is no longer any frustration. The relative world passes away. And then there is a revealing of that which is Real in its nature, that nothing can touch, that nothing can harm. It is immortal, eternal, is ever-present. Nothing can touch it, it is the greatest Power in the whole Universe. It is Universal Consciousness. It is the Creative Power behind all things. It is free, unconditioned.

Through this method our limited intelligence becomes unlimited, which enables us to overcome our mental and material conditions, it enables us to manifest in the world with perfect freedom in thought-feeling-reaction, "no man is wise by himself," "I of myself am nothing but with God all things are possible."

So all things are possible when you know. When you have arrived through awareness of all that is false, then there is awareness of that which is Real.

Although you will never know what Reality is, you will know that IT IS. I have reached that stage where all that false side of Nature, I have seen clearly. I have seen the product of my own mind. I have seen my own thoughts. And if I have sent one out sometimes that may not be in accordance with Love Itself, I send one often with love, and in everything I do I feel Love is a supporting thing for all my thoughts. Let the basis then of your thoughts be fundamentally based upon Love Itself, and nothing can go wrong with you.

It is the **conscious realization** of this magnificent fact that enables us to transcend the limited sense of our outer consciousness and enter

into the deeper consciousness to receive power, understanding and authority that is ours, waiting at all times to be used when we have found the source. But the source cannot be found until we have first become deeply aware of thought-feeling-reaction to all that is external, and understand it.

As this awareness deepens we become conscious of our relationship to the Creative Principle behind all things, thereby consciously employing this Creative Principle in the great scheme of Life for the benefit of the whole. The three are "One," become one, not separate. The self, the Christ, the Father become One. (The personal self disappears into nothingness. It dissolves away and the Christ rises to take its place. Then the Christ Realises the Completeness of himself born in the very beginning was with God, always with Him. "Where was thou when I laid the Foundation of the world?" "I was with Thee when Thou laid the Foundation of the world." Then he begins to see through a clear Consciousness, not through belief but through action. You can never reach anything through belief! What you know is of no value to you but what you do and can do is of a different value altogether. Some of you think that you are not yet capable of doing anything. Is the Word not given? "That the Word will be given to you at that moment." That you do not have to seek the Word. It will be given to you at that moment. Some of you are afraid because you think, well I am not capable of helping someone else. Try it and see. Do you know that it is easier to help other people than to help yourselves.) As this awareness deepens, the consciousness of our relation with the Creative Principle behind all things is that which produces everything in ourselves. When the self, the Christ, the Father become One, this is the Universal All, the son of man becomes the Son of God and enters into His eternal home partaking of all the attributes of the Universal All.

We have but to speak and He hears, the Spirit in man is not separate from the Spirit of God, therefore we all meet in the Christ that is within. Our breathing is but the expression of Him who created us and we will know that He is nearer than hands and feet. *The Spirit in man is not separate from the Spirit of God*.

We must cease to look upon ourselves as separate from our neighbour, thereby separating ourselves mentally from the great Creative Source. If you feel this separation you must get rid of this separation because

## WHAT OUR NEIGHBOUR MEANS TO US

it is frustration. So we must cease to look upon ourselves as separate from our neighbours and we must find out clearly why this separation has entered into our minds. When we discern these facts we will find that the separation disappears because it does not exist. When you find that these things do not exist through your own awareness, discernment, then the mind begins to clear. But can you ever clear the mind if you are caught-up in separation? When we have become aware of what we are doing we will cling to true values. By then we will banish savagery and barbarism from the world. War and crime against humanity will continue until man finds the Christ within himself, (and no matter what you do or how you try to banish war, crime, savagery, barbarism, and all these things will exist. No League of Nations, no United Nations, no other nations in the world or any party or political party, no religious party or any other scheme of any kind can ever bring about that which is the fundamental to eliminate war and strife and misery from the world. That which is fundamental is that man must find the Christ within himself. There is no other way. No matter what schemes you prepare. No matter what economic schemes you prepare. No matter what religious denomination that may come into operation. No matter what revival may come into operation it will die just as it rose. Why? What will kill it? Damn ignorance, that is what will kill it. And it will keep on killing it until such man comes to his senses to understand and find the Christ within himself, by discerning everything else that is not the Christ, that is not Love.) wherein only is God's revelations revealed, is the Christ within, enabling us to unite our highest mental and physical efforts for the benefit of all. In the security of the "All" lies our own security, for there is no security in separation. There is no power in a Christ separate from man himself, it is but an image in the mind, a mere belief.

So there is no power in a Christ that is separate from man himself. How can there be a power separate from man himself?

Christ is the Living expression of God in man. It is God Himself. And that is why Jesus knew, and truly knew, although he did not make it complete and say, "I am God." But he said, "I and the Father are One," which is just the same.

When mankind makes this the common ideal, it will grow into that which God has already established for mankind. Love and wisdom

are the pillars upon which this foundation stands and upon which all true action is determined. Not until we can embrace the Whole, with our natures transformed, will we be released from sorrow and conflict resulting from our actions, caused by the ignorance of the Law of our Being. But as long as we react to maintain the effects of our wrong thinking and actions we will continue to eat, the fruit thereof.

Are we not reacting to maintain the effects of our wrong thinking continuously? Is there any effort at all to show mans right thinking? Is it not that he is continuously following up the effects and eating the fruits thereof. And it will continue, make sure of that.

Paul says in Romans 8: 19, "for the earnest expectation of all mankind waits for the manifestation of the sons of God." How true are these words. Therefore our Spiritual evolution begins when we realize the Truth of our Being. "Know thyself," "To thine own self be true, thou canst not then be false to any man." To be true to ourselves we must be true to all other selves. Each one of us must please our neighbour by doing good unto him, by building up his faith in mankind.

And how are we to build up his faith in mankind? By showing him how to discern his own thoughts, his reactions and conditions. By seeing the whole of the things that are false. By seeing himself and knowing his cravings, his greed, his ambitions, and all these things that are relative in nature. Which are covering up and blinding the great Creative Power, that is hidden within man himself. Because through these reactions he is using this Creative Power in such a way that he is destroying himself. While if he knew the Source of Creative Principle, which is the basis of Love, then he would know everything that is false. Because when you know Real Love you know everything that is false.

Therefore search deep in your souls and find this "Key," which is true Love. Love no matter how it may be expressed it is only a matter of expressing Itself in one way or another but Love is the Source of it. But trace it to its Source and find It there, in all Its glory and Its beauty and Its perfection. Then you will know everything that is false, untrue.

Our love for our neighbour is the Divine protection we have against all that assails us. It places us in a constructive harmonious relationship with others and with Him who created us in His own likeness. It will produce in our minds a state of certainty in the world

## WHAT OUR NEIGHBOUR MEANS TO US

where our individual plans are sure to prosper with the greatest possible success. "Love worketh no ill to his neighbour therefore Love is the fulfilling of the Law."

## BENEDICTION

O Eternal and Ever-present Life, my Life is Thine and Thine is mine. I *did* not ask Thee for freedom from conflict and sorrow because in myself is the cause. I have now learned that ignorance has its roots in my stupid self.

I now know that with Thy ever-present Life in me I am already free because I was never bound except in my own mind.

When I see human suffering beyond human endurance I know that the realization of Thy Presence is the cure.

Therefore I do not pray to Thee in separation but in unity for we are *all* alive and living in Thee and Thee in us.

This is the peace we can have now, individually and collectively, O Beloved Eternal One.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 4th March 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> Tuppenny. Sum of 2 pence (two penny). Paltry, trifling.

<sup>2.</sup> Murdo occasionally, due to his one good eye (the other being glass), misreads text. In this particular case he says, 'possessions' instead of 'passion' which is in the Lecture Notes and makes more sense.

# IS OUR THOUGHT-FEELING AND ACTION IN CONFLICT WITH OUR BELIEF IN GOD?

"With wisdom did the Eternal found the earth" Proverbs. 3: 19

We cannot separate the inner from the outer or the material from the Spiritual. Is one not the product of the other? The inner becomes the outer, what is visible is but the invisible, what we create within comes to the outer. Whether we like it or not we are responsible for good or bad for they are both the expression of the inner. Only in the creation of Reality is there freedom from good or bad.

As we begin to understand the relationship between each other and the Creator of all, we find a sane and satisfactory solution to all our problems. But if we consider only one relationship and not the other we will continue to live in the good and evil of our own minds, where there is conflict and duality.

In my last lecture I said, "Love worketh no ill to his neighbour; therefore Love is the fulfilling of the Law." Many people are deprived of the fulfilment, the satisfaction and the happiness they anticipate from the fulfilment of their desires. This is due to the methods they ignorantly employ, methods which interfere with the growth, development and happiness of their neighbours. While the Law of Creation fulfilled their desires, yet in their ignorance they overlooked the most necessary element of success and happiness, so all their accomplishments were beset with difficulties. They did not realize that Love your neighbour as yourself was the fulfilment of the Law. In other words the first consideration, in the fulfilment of desire, is your neighbour, when you think this out you will see how necessary it is.

When we take this higher Law into our operation the things that beset us rearrange themselves in a wonderful way, they straighten out in the most unexpected fashion, we need not designate special ways and means. The Higher Intelligence is capable of leading us into avenues more wonderful and infinitely more satisfactory than we ourselves could have chosen. But first we must fulfil this one most important part of the bargain, "do unto others as you would have them do unto you."

Some are dominated by the ideas of others. Some are dominated by their environment, some are dominated by their work and play, so they rebel and struggle, they are never satisfied, so they set up a state of mind that is antagonistic to others. The human being, being considered of no account, yet the human element is of the greatest value. Wrong thinking and wrong action produce their kind, and so we eat the fruit thereof.

When man's thought is purified through understanding of the Law of Love—to love his neighbour as himself—he will love God in a practical way, and to love God is to be lifted to the throne of wisdom and power. Yet nearly everyone is restricted by their limited understanding arising out of their reactions to conditions in Life, so they further perpetuate these conditions against which they rebel. Wrong reaction to things external limits our creative ability. "Trust your affairs to the Eternal and your plans will prosper." In the proportion that we know ourselves so shall we know God. This is not sanctimonious attitude of mind or a mind caught up in ethics nor in virtues or opposites, for if we are caught up in these we shall never understand ourselves or Reality.

So many people become virtuous to obtain a place in heaven, so then virtue is founded on craving which becomes a vice, the "more Spiritual than thou" attitude. The Master said, "the last shall be first and the first shall be last," showing that there is no separation. The first and the last are the same, it is the one Life manifesting through all.

When we create distinction we have separation and separation leads to antagonisms. Jesus is said to have associated himself with robbers and sinners. He understood them and their difficulties because he understood himself. They were more ready to receive the Truth than those in high places saturated with envy, mistrust, separation and superstition.

Scan your mental field and see how much of your thinking is influenced by your existing conditions. If you love the created more

## IS OUR THOUGHT-FEELING AND ACTION IN CONFLICT

than the Creator then no matter what you possess your mind will be negative. But if you love the Creator more than the created, no matter what condition you are in, your positive attitude will lift you out of the darkness into the Light.

To enter into the Kingdom and to partake freely there must be no narrow conformity that leads to separation. It is the sense of unity that matters most, but this cannot come while you are caught up in separation, only when you discern that you are so caught up in separation will you understand unity.

If you live in the material in opposition to the spiritual or you live in the Spiritual in opposition to the material, there will be no understanding, and your thought-feeling and actions will be in conflict. But if you intelligently comprehend the material you will come to the Spiritual, and thereby the division between the outer and the inner ceases. There is no conflict between the inner and the outer. All this conflict arises in man's own mind through his lack of understanding, so his thought-feelings become disturbing.

If you oppose the material and cling to the Spiritual and vice versa, or deny one or the other, you will create opposites in which there is no understanding. If you would understand the material world you must begin with yourself, for your thought-feelings and actions are the result of the material and Spiritual.

If you condemn one and praise the other you no longer understand. But if you realize and discern that you are the centre of all objective and subjective existence and comprehend your reactions, your feelings, your beliefs, your cravings, your fears, then you will begin to understand your self. Only when this is accomplished will there be perfect balance, creative understanding and inward peace.

If you deny the material world or if you try to escape from it, if you distort it, shaping it to your fancies then your spiritual world will be an illusion also, thus hindering the true expression of Reality. To Be (Being) is to be related to both, and understanding this relationship. But if you distort this relationship by becoming more and more self-centred more isolated, then mental conflict will result.

When we understand our desires, our cravings, our beliefs, our superstitions or fancies, our thought-feelings and reactions we will

begin to understand ourselves and that which is behind both the Spiritual and the material. We will see that these things do not affect the Reality in us, except we are caught up in these things.

If you are uninfluenced by these things then you will discover the Immeasurable. For it will come into being by Itself when the mind frees itself from the past, from conditioning influences which create false values. To discern, to observe you must be detached, uninfluenced, must cease to be a slave to public opinion, tradition, propaganda, however subtle it may be. The influence of environment shapes also thought-feeling and this too must be understood. Only through freedom from all that hinders the Real can the Real be expressed.

When you are discerning your thought-feelings continuously you will realize how easily you have been persuaded to accept, to believe, to act. Is it not so that the daily newspapers, radio, cinemas, books, periodicals shape our thought-feeling? Can you say that you are capable of freeing yourself from their limiting influence?

What about the differing cults and religious thought-feelings? One person will accept this while another will accept that and by doing so create antagonisms and conflict. Can you discern clearly how this imitative acceptance is influencing and fashioning thought-feeling? In this imitative confusion there is little hope of finding the Real.

To understand this conflict and confusion thought-feeling must extricate itself from it, so becoming clear, unbiased and simple. How easily we are persuaded, drugged by imitation, propaganda, and public opinion. When you cease to create through reaction and belief, true understanding comes, then there is true creativeness.

It is said that a belief in God will change the world. But we have had a belief in God for centuries, yet we have created a terrible world of strife and misery for three-quarters of its population. Has our belief in God altered our intentions in the racial field of action? Have we not taken from the heathen races a belief to give them another belief. Yet because we do not practice what we preach the poor unfortunates who look to us for wisdom and love are sadly disillusioned.

Both the savage and the highly civilized believe in a God. But this belief has not done away with killing, oppression and exploitation. On the contrary it has added more subtle methods of destruction and persecution in the name of peace, in the name of God.

## IS OUR THOUGHT-FEELING AND ACTION IN CONFLICT

If we can put away these contending beliefs and ideologies we will be better able to bring about a deep change in our daily living, thereby bringing about the means for a better world. Human beings are more important than beliefs, differing creeds, political ideas and ideologies.

Is it not our everyday thought-feelings-actions caught up in false values that have caused all wars, strife and misery? Is it not so that we have changed little in our thoughtlessness, our exclusive nationalism, our racial and dogmatic creeds, lack of goodwill and compassion? Unless we discern this with a clear mind we will create further chaos and sorrow for ourselves and others.

Is not the Divine Truth, "love your neighbour as yourself" our only protection? But how can we love our neighbour unless we first understand ourselves?

Is it not so that we are still the result of the past, and the past is still influencing our actions? Without understanding this we only invite further disaster. Thought-feeling-action based upon the past becomes a hindrance to the expression of the Real. When our thought-feeling is anchored to the past made dependent upon the created, the past or future, understanding of the Ever-present is not possible. What is the use of having a belief in God unless we first understand ourselves?

Only through spontaneous flow of the ever-present Life in the mind that has silenced the past and future, can the glory of the Uncreated be known. In this alone is there true creativeness which brings goodwill, peace and brotherly love.

This spontaneous flow of the ever-present Life must be free from the memory of the past. What I mean is this, when you see a beautiful sunset, in that moment of beauty there is a spontaneous creative inward joy, when you wish to repeat the experience through memory, there is no such spontaneous creative joy. You try to imagine through memory, you try to get that same spontaneous inward joy but it is not there.

In that moment of spontaneous inward creative joy the mind was not expecting or wanting, therefore was capable of receiving. But having received, it desires more, therefore it craves through memory. It is this that hinders the expression of Reality. Each sunset is entirely different so is each spontaneous flow of the ever-present Life in the stillness of the mind.

Therefore we will not build upon such a flimsy foundation as a memory, but upon the eternal Ever-present Life. Instead then of trying to strengthen our belief, our ideologies, let us become more aware of our thought-feelings for what our thought-feelings are so is our world. Our belief in God is of little value to us, if by our thought-feelings and actions we make the world more terrible and ruthless. Harmony is the foundation of our Being and true discernment of our thought-feelings and actions will enable us to cooperate with that Divine Nature that was revealed through Jesus, our Divine Brother.

"He loveth the stranger in giving him food and raiment." Psalm 146: 9. "If thou be wise thou shalt be wise for thyself." Prov. 9: 12.

## **BENEDICTION**

O Ever-present Life, wisdom is waiting to give joyful revelation of Thy Presence.

Man's mind has been clogged with beliefs and illusions of the past and has not heard Thy Eternal Voice.

Yet Thy Love will wash away all race, colour and class, prejudices, and in Thy everlasting and ever-present Wisdom we will experience that spontaneous creative joy, when our minds are freed from the burden of memory.

The paths we have trod will melt like the snow before the blazing sun of Truth, O Ever-present Life.

# Lecture 7 (18th March 1952)

## **CAUSE AND EFFECT ARE ONE**

"If anyone thirst, come to me and drink—out of his body streams of Living Water will flow." John 7: 37-38

We all generalise Life, by names such as Christ, Reality, Essence, Truth, God etc. When we do so we set up in our minds different ideas of what we think Life is, but you will readily see that Life is not an idea nor an image in the mind. Life is our living, expressing Creativeness within, which is not separate from the Livingness of the Eternal Christ.

\*...is beyond your mind. But it comes into your mind when you are at peace, when the mind is quiet. But how are you going to get your mind quiet when it is filled with so many oppositions and contradictions and so forth? And you try to get your mind quiet by some sort of meditation, and all the time your mind trying to get your meditation, one thought up another rises, and you give up in disgust and you say, "I can't meditate at all." Really, what are you meditating upon, what are you trying to do? You are, "trying to quiet your mind," you say. But how can you quieten your mind, if your mind is unruly? You have got to discern all these things in your mind until such time as you see all that is false.

When you see the falseness of everything in your mind then they will fall away from you. It requires no effort for it to fall away from you because you know it is not the Truth. It is not what you are seeking. Now if you are seeking something you must really know what you are seeking. But the Truth is beyond your mind. Therefore you have got to clear the mind of all these contradictions until such time there is quietness and peace in the mind. And then in that quietness and peace comes in the Livingness, that Livingness that is beyond mind, a Livingness that is Real.

I cannot explain it to you because my relative words can never explain that which is beyond the relative. But my relative words can explain the relative to you so that you can get the relative out of your mind, and therefore find that which is beyond the relative.

In this is the secret of all things. It is the Power. It was the Power of the Christ, the Eternal Christ.

Therefore remember that the word "Truth" is not Truth. That the image you have in your mind about Truth is not Truth. That the experiences that you have had is not Truth. Your memory is not Truth. The future is not Truth. The past is not Truth.

The Truth is a Living moment to moment thing that is alive and Living that is me, that is you—the Real you. But how are you going to reach it, through your mind? If your mind is all caught-up in so many contradictions; good and evil, life and death, health-ill-heath, success and failure, all these opposites troubling one another. All these have got to come together so that they disappear. And when they come together they completely disappear and what is left is Reality, the Oneness of everything, the Reality.

Good and evil, life and death, success and failure, health-ill-health, these things belong to the mind. These are the things that are troubling you. The mind is full of opposites, full of contradictions. Then you try to discern them and you try to analyse your mind. You analyse your thoughts. But immediately that you see that the analysis is a false process, it will fall away from you. Because it is a false process. You can never reach the Truth through analysis it is an utter impossibility.

You can only reach the Truth through discernment of every thought that passes in your mind—now, not in the past or the future because there is no such thing in Reality. And as you begin to discern your thoughts now, now, then you will find that these things that are false disappear. All disappear from you. Your mind becomes quiet and peaceful. The storm begins to abate and there is a peace comes that nothing can move. That peace comes as you begin to rid your mind of the false things. Peace comes because the mind itself gives up all that is false, and then peace comes naturally, easily without effort.

Please see what I am driving at, and you will see how clearly the whole thing comes together.

## CAUSE AND EFFECT ARE ONE

Names give a relative characterization to Life and few have become aware of this fact, therefore we will never find this Creativeness until we have discerned this clearly. Names and ideas and our beliefs change from day to day, but never this eternal Living Creativeness which neither knows birth nor death.

When we become "aware" of ourselves as the Living Ever-present Creative Life which alone has consciousness, there is a continual unfoldment through which we continually make adjustments as we begin to understand ourselves. (*Therefore virtue is not a denial of a vice. Virtue is able to make continuous adjustments in your mind, as you live from day to day.*) We see how our thoughts and emotions arise, consequently we begin to understand our *thought-feeling reactions*.

Have you ever discerned your though-feeling reaction or have you just let it pass all the time, moving continuously, and reacting all the time towards things conditions and people? You have never discerned your thought-feeling reaction because you are caught-up in it, that is why you do not discern it. But if you are aware, awareness, aware is being aware. Being aware of those things, your thought-feeling reaction.

If I came along and I told you, that you were a damn fool and you are a silly ass or whatever the case may be, and you did not understand, and of course you have never discerned your thought-feeling reactions, you might give me a punch in the nose. But if you discerned your thought-feeling reactions, you would see that they would fall away from you and you would still remain calm, in a state of peacefulness, that you are not disturbed at all by what I say or anybody else says. If you then are caught-up in these things, what happens to you is this, you create through your thought-feeling reactions a movement in the ether, which causes a movement in the atomic structure of your body, causing transformation to take place here and there.

Have you ever discerned your thought-feeling when you were indignant? Have you ever felt the roots of your hair were standing up like this, and the whole of your blood was surging to your head, and you felt goose flesh all over yourself? And you felt immediately that if you had a revolver, you would shoot or you would do this and you would do that. Have you ever discerned your thought-feelings?

If you are aware, you can discern your thought-feelings every moment of your life. And by discerning that which is false you will find that

which is true there, always. Because it always was there. Which you will find it, you will discover it, but not if you are caught-up in your thought-feeling reactions. That is why Jesus was never affected by anything.

The mind of man cannot understand something that has no beginning and no ending. The mind can only discern that which has a relative beginning and ending for the mind of man is relative itself. But the individual that knows can say, "I am' the beginning and the end." "I am Alpha and Omega." When the individual sees this clearly he will see that he is also the beginning and ending of all his own creations.

And when you see that you are the beginning and ending of all your own creations, you no longer fear them. But so many people fear their thoughts. They have fears based upon these creations within their own minds. And it is so necessary to discern these creations of ours so that they have no longer any power over us.

I know that is sometimes difficult, even sometimes if we try to do so, but you must persevere. You will find that this awareness is the secret, it is discerning your thought-feeling-reactions all the time.

That which creates is that which is behind all creation including man and has no beginning and no ending. All manifested substance, forms, composition, all visible things are but the expression of this Interior Creativeness and is the invisible Essence within that substance, form, composition and all visible things. Just as electricity is the invisible power in the dynamo so is Life that invisible power within us—that creativeness that has no beginning *and* no ending.

The thing is then, can you get behind your mind? Can you get behind your mind without creating an idea of life or is your truth or life to you an idea or an image of it? If it is you have not got it.

I am trying to explain to you your relative mind, and what you think, what you have in your mind. But I have got something more than that, I have got a Living Reality that is myself, that is a Creativeness. Every thought then I can create I know I am aware of that creation. And I know perfectly well it is my own creation. Yet behind me, behind my mind, is this Reality that I know that IT IS. It is a Livingness, it is a Truth. Not an idea or an image because my mind is still. Then in that stillness does the Truth reveal Itself. I do not know what it is because I do not know what electricity is, but I know that IT IS.

## CAUSE AND EFFECT ARE ONE

And I am quite content because I know this, that the Whole relative Universe will unfold before me and all the conditions and structures and manifestations within the Whole ethereal world will unfold before me. Even the functions of the Great Archangels, even the stars and the planets and the inherent forces within them, will all unfold before me and I shall see them all and understand them all as a relative thing but yet this which is discerning shall always be there.

And the Whole Universe itself will be seen before this great thing that is discerning all the relative activity. That is what I have seen. I have seen behind the scenes. But I know that that which sees behind the scenes is still Unknowable and will still be Unknowable.

If I knew what it was, it would become relative, therefore it could not be Infinite in nature. But I know that it IS, is Infinite in nature and therefore it is timeless. When I come into the relative I know time and space. When I leave the relative I no longer know time nor space. That is Truth.

Yet to think about this, makes It relative—thereby we lose the awareness of It. When we discern our own creations-thoughts emotions-effects and become aware of our own creativeness, then does the consciousness begin to know Itself *to be*, not in the knowing of what It is, but of becoming "aware" as the Creativeness behind all things, great and small.

"Where was thou when I laid the Foundation of the world?" "I was with Thee when Thou laid the Foundation of the world."

There is "identification" not in the relative as an idea in mind but as an anterior and interior "identification" *realising* and *understanding* what is behind all Creation *which* is the Creativeness within the self. Yet only when the self has disappeared can the completeness of this "Invisible Creativeness" be realized.

That is why Jesus said clearly, "I of myself am nothing, it is the Spirit of the Father within me that doeth these things." Himself completely disappeared. And he has shown clearly 'it is the Spirit of Father within me that doeth these things.' Therefore the self had completely disappeared. There was no longer the self there, there was the Father only.

Is it not so that we are caught up in our own creations, and are not aware of the Creativeness, that "Invisible Force" that holds our creations in substance, composition and form? When we are caught up in the

created then we react to the created and our thought-feeling is built up from our mental reactions to the external, so we are no longer "aware." We become chaff that is blown about by every wind that blows.

Therefore search your own minds and see if you are caught-up in the created. Search your own minds and see if your mental make-up is entirely made up from your reactions to the external, to the created or is your mental make-up, at least a portion of it, made up from the Creativeness that is within? If there is a modicum within your mind made up from that Creativeness within, then you have the 'seed.' As Jesus talked about the seed of the mustard tree, the seed of faith that will grow and grow, until such time as it becomes a fully grown tree.

This is the most important thing in our daily existence but few have comprehended its great significance. We must realize that the Creativeness is ever-present and is the only Reality. The things we see, feel, touch, are but the effects of this invisible Cause which is the sustaining power in every created thing. When our minds and thoughts become confused we will know *this* is because we are not "aware." Awareness is something that each one must find out for him/herself.

So is your mind confused? When you are here with me you feel you know the Truth. Why? Because I am giving you from my own consciousness a feeling of the Truth.

And when you go outside and pass away, there is a memory of what I have said to you, and you try to recapture that and you try to make that the Truth. My song is not your song. You are just gramophones putting your records on according to your moods. You listen to somebody else yet you do not know your own song but that song is within you. Therefore you must learn to be musicians and not merely gramophones, repeating what another said. You must know your own song, hear it and become aware of it.

Science has revealed to us that there is an invisible Substance which *has been* named "ether of space," and that this invisible Substance is the basis of all things visible. This Substance of Itself is not the cause of things visible, but an "Invisible Intelligence" that is creative within it.

So therefore the ether of space is not a Reality. It is something that can understand, something that can use as a means of creation, you can call it the Mind of God if you like, a means of substance through which

## CAUSE AND EFFECT ARE ONE

you create because your consciousness alone is creative, that is behind ether, otherwise you could not affect the ether. How could you create a disturbance in the ether if your consciousness was not behind the ether? Ether itself is a means through which you create.

A thought is nothing more than an electro-magnetic force which is impregnated into the ether, causing magnetization of the ether, and as these etherons become active they form according to the thought.

And then as the sound comes into operation, the sound reduces these activities in the ether and becomes a physical thing, so you can hear, see and touch. Your thought waves travel at a 186,000 miles per second, in the super-sonic area. While sound travels at 700 miles per hour. But thought and sound can mingle together. The thought itself is the great magnetic flow that is invisible in the super-sonic area. And the sound of the voice brings it into operation. And God blessed the loaves and the fishes, and they became loaves and fishes, sufficient to feed the multitude.

These are not miracles. These are nothing more but the active Principle of a Divine Law that is inherent in every human being because he is born in image and likeness of his Creator. But because he is ignorant of these things. And because he makes an idea of Reality; an idea, an image, and a belief of Reality, he is no longer capable of doing those things.

But Jesus came to show us the way. And he proved that what was within himself was within every other individual. Because he said clearly and distinctly, "he who does the Will of my Father is my mother, my sister, my brother." In other words, he who can do the Will of my Father is my mother, my sister, my brother.

If you become aware that it is by this "Invisible Intelligence" that you create, then whatever the consciousness is aware of so does the invisible Substance become the composition—the form, be it a thought or any other creation, yet there is but one Source of Creativeness, whether your thoughts are the result of external reactions or of pure thinking, Through "Awareness" this "Invisible Intelligence" becomes the hidden force behind all our creations.

So therefore it makes no difference, your creations come either through pure thinking just as the Christ, when he realised that he was One with Father. And his words were, "it is the Spirit of the Father that doeth those things."

He was then eliminating everything that was relative and he became One with the Absolute. But if you live in the relative you always create also in the relative. And if your reactions are according to the things external to yourself which are your thought-feelings-reactions un-discerned, you still create the conditions in which you surround you. But you believe that somebody else has done it for you, and all the time you did it yourselves.

Therefore form comes through an anterior and interior cause which is responsible for appearances. Now appearances are what the senses respond to and are generally taken for realities. (Is a memory the Truth, I ask you now? Is an experience the Truth, I ask you now? Is the past a Truth, I ask you now? Can you reach the Truth through analysis, which is false? Can you reach the Truth through hope or something in the future? The Truth is now, it is not in the past nor the future. The Truth is not in the future. Unless you knew the Truth now, tomorrow you will not know it, because tomorrow is the now.) Only the consciousness that is "aware" can see behind appearances and there find the cause. Is it not necessary then for us to become aware of our thought-feeling-reactions to know the cause of our own misery or joy? This all-important Truth must be realized otherwise we will still perpetuate the misery.

The stars beckon us to seek that which is beyond appearances for herein lies the power of man, but few have grasped it and used it. "I was with Thee before the world was." Man today is impotent in a world of effects. He is torn with confusion and strife which overwhelms him and he sees no solution because he himself is the cause. What man is so is the world.

You try to rearrange the world without discerning your own thought-feeling-reactions. And then you think you can rearrange the world, when you are the cause of all the conditions in the world because you are the world.

Man is not limited to the five senses, for what they reveal are but effects. The Intelligence has created an instrument for Its own self-expression through which intuition and clear thinking is possible, therefore not depending on what others did, said or believed in the past. If the past prevents the expression of the Ever-present Life and Love, it must be absolutely discarded, only that which is helpful must remain, otherwise we will perpetuate the ignorance of the past to cause more misery for ourselves and others.

## CAUSE AND EFFECT ARE ONE

These words are simple to understand to the ones who are really seeking to understand. But if you have got fixed ideas and fixed beliefs in your mind, and you are not capable of making adjustments moment to moment, then you will never know what I am telling you.

If you have fixed ideas, fixed beliefs, which are concrete, then I say you will never know the Truth. Because you are trying to see the Truth through your belief and you can never do it because Truth is never seen through a belief. It is never seen through anything except by Truth Itself.

When we find that our troubles are created by ourselves we will soon find the solution within ourselves, certainly we will never find it external to ourselves. The cause is never separate from the effect. The effect can only be removed when the cause is revealed and the self is the cause. Unless we begin to understand ourselves, our motives, our thoughts, our reactions, we will never know the real cause, therefore we will continue to perpetuate the cause and the effect, for man thinks good and evil by the same power.

But if you see that you can think good and evil. If you come to me and you say, "so and so is evil." And I would say to you, "no he is not or no she's not." I be making that evil, would I not? I would be making, giving that evil even if I said, she's not evil, he's not evil, or whatever the case may be, I would be giving birth to the thought of evil, would I not? Because what would I be, I would be denying evil if I did so. Therefore to deny evil gives it a power it does not possess.

If you came and say, "such is good and so is good." Then if I say, "so and so is good and good," I would also be giving the relative a power which it does not possess. Therefore I would be living in the relative. But you come to me and what do I say? Quietly I listen but I know in my own mind there is no such thing as good and evil. It only belongs to mans mind, in Reality there is only One, and that is God, He only exists, there is no other existence but Him. If I gave good and evil, even good a substance, then I give evil a substance too. I give good and evil and so forth, you give them a substance because you deny them, then you think because you deny them you have disposed of them. You do nothing of the sort, they are still in your mind, you keep on denying them and denying them and denying them. Why? Because you do not know the Truth, you are living in the relative. In fact, it only takes you back, behind, and

you can see those things as relative, having no power of their own, bringing them together. And then as you bring them together they disappear into nothingness, and there you know the Truth. I am the Truth, the Life.

Does Life know good or evil? Does electricity know good or evil? Jesus said clearly and distinctly, "resist not evil." Do not give it a power it does not possess.

He said, the devil is the father of lies. The father of lies from the very beginning. Therefore the father of lies means; the father of the illusion, the father of nothingness because a lie is nothingness, has no existence in Reality, it is not a truth. And if the devil is, then God is not. And if God IS the devil cannot exist because God is Infinite in nature. And if you say that the devil does exist, then you must say that God is the devil.

For God is Infinite in nature. Don't you see what mans mind has done, he has created a relative, good and evil and a devil, and a hell and all the rest of it in his own mind. And even the prophets did that too, in the first, because they were men too. Only Jesus was a man who knew the Whole Truth and nothing but the Truth.

It is this deep understanding that will enable us to move onward and upward side by side with deep logical reasoning, which enables us to see further than those who attribute their knowledge to the limited sphere of the physical senses. When we become thoroughly "aware" we will have a guidance that cannot be obtained by mere groping in the mind. We will never find the secret of the Lotus-flower in the mud out of which it grows. For only by understanding the Spiritual cause that forever remains invisible to the senses, can this be comprehended through deep thoughtful contemplation.

Are we not told in St. John that we will never understand until we comprehend the mighty Truth about ourselves, that we are not the blood of man, nor the will of the flesh (because it has none), nor the will of man, but born of God? No man has ever seen God, but the Father is revealed in the Son. *Jesus said*, "as you have seen me you have seen the Father." It was this that Jesus revealed to us. The price he paid in revealing this great Truth can never be appraised by the human mind. Only those who understand can realize that the debt humanity owes him can never be paid, except through following in his footsteps and trying to understand him and his mind.

## CAUSE AND EFFECT ARE ONE

In plain words, the Master stated to us that he was the Father and the Father was in him<sup>1</sup> and he was in the Father. And therefore he was the Father and therefore he was God. Now that is a Truth because there can be nothing else but God. That shakes you does it not but it is an absolute Truth. And it was he who knew it too. It was the Father Who was performing His own deeds. For when you have seen me you have seen the Father. Your Father and my Father, "Our" Father who, art in heaven, and the Kingdom of Heaven is within you.

What wonderful words he was trying to show them. Yet his words were taken in the relative sense. But did they ever apply a science to his words? No, of course not, they made platitudes of them. And built a religion on the platitude of his words, without searching deep enough into the meaning of his words and his mind.

Heaven is the inmost Sanctuary where the Father ever remains, waiting our awareness of Him. He is not an image or an idea or a belief, but our Livingness. When we discern our own shortcomings, our thoughts, our emotions, our reactions, they are forgiven. No longer are they held against us to perpetuate our Misery. But you always want to memorise them. Your good and your evil. You try to remember both and you think that your memory is the Truth. And you think that ethics is the Truth, it is going to lead you to Reality when it only leads you away from it. When we discern our own shortcomings, our thoughts, our emotions, our reactions, they are forgiven. No longer are they held against us to perpetuate our Misery. They fall away to nothingness where they belong, and the ever-present Life—the Father—comes into our daily living expressing His Divine Nature (and that was Jesus the Christ. The only living man that we ever know or ever will know, that giveth us the great Truth of life and death. Brought them both together, showing here was the Truth, the Ever-lasting Life of God. And the Father has Life in Himself and He grants the Son to have the same Life in himself. I and the Father are One.) "If any of you lack wisdom let him ask of God that giveth to all men liberally and upbraideth not, and it shall be given him." James 1: 5, "the inner shall become the outer and the outer the inner."

Now this has nothing to do with ethics, which blinds the consciousness to the Truth of the ever-present Life that is ever creative. I said in my last lecture to you that if we live in the past or the future we will never know

the ever-present Creative Life that is all in all. Ethics is eternally caught up in the relative, therefore Truth can never be revealed through ethics. Those whose minds are caught up in ethics can never know the warmth and joy that can be attained through the awareness of the ever-present Life and Love. Ethics creates good and evil in your mind, you become double. You become living in the relative, giving power to evil and good equally, when neither has any power at all. Therefore in the mind you live. Do you understand then, pure Love, if you are caught-up in ethics? All people that are caught-up in ethics are always seeing the sinner, the evil person and all this sort of thing, despising him and kicking him, dogging him around, killing him and hanging him, and all the rest of the things. Even if you hang a man you are a murderer. Even if you think that you are murdering, hanging for the good that is for humanity, you are still a murderer for hanging him! You cannot escape that!

You know what society is, it is built up on the relative, not built up on Truth. And ethics belong to society and the relative.

If you want to know the warmth of Love, then I say you must know God. You must know His Love, His Perfect-ness. He is beyond good and evil. He is the Expression of that which in Itself is Complete. "I have other flocks and I shall go and bring them, and there shall be one flock, one shepherd." "If any of you lose one sheep out of your flock, will you not leave the ninety-nine and go in search of the one that is lost, and bring it back and there rejoice that you have found it so that fold will be complete, so it is in the Realm of Heaven," said Jesus.

Oh, I wish I could give you this that is beyond mind. But you must find it for yourselves. It is not my song, it is your own song you must hear. And you must sing that song yourself. Yes, that is to never know the warmth of joy that can be obtained through the awareness of the everpresent Life and Love, waiting to express Itself through the individual that is "aware."

The ever-present Love and Wisdom is ever-present, ever waiting to give expression through those who realize It. It is simple, unaffected, just and kind, always loving, always generous, always forgiving, never makes vain displays and does not boast. It is not easily provoked and thinks no evil. It never fails when put to the test, no matter in what situation, Its Power lies in the fact that it is ever-present and all-knowing. It knows

## CAUSE AND EFFECT ARE ONE

no opposition and *it* is never antagonistic in any individual towards others. There is a calmness that nothing can move because It is all in All, there is nothing outside It and all is within It and It is within all. *That is me, that is you*.

It goes beyond (the) reason of man but It is not subject to the reason of man. It is Reality Itself. It is perfect harmony and this harmony is within all. Yet It cannot express this harmony until man has subdued the noise in himself. It is the translation of this Ever-present Life in our daily living that reveals what is in our hearts.

And therefore you must approach this Reality with your mind still and your hearts full. Your hearts full of Love and your minds still of all oppositions and contradictions. And as you approach It in this way, then you will discover It, as I have discovered It so you will discover It. But there is a continuous unfolding after you have discovered It. There is an Infinite unfolding, a timeless unfolding. If you try to look for an end you are looking for an illusion, you enter into illusion. If you are looking for a finality, then you are also looking for an illusion, and you are living an illusion. But there is no finality and there is no ending. And once you discover It, you will know there is no time and no space, no beginning and no ending. No finality, no ending. Beyond mind alone can you find this and your consciousness becomes aware, the secret of the Truth is revealed to you. No matter what happens there is no longer any caring now, you live a careless life, in the realisation of the Truth, the Whole care is taken care of you. There is no longer need to take care of yourself because you are being taken care of. God alone Lives. It is He Who is Expressing Himself. It is the Father Who is Expressing Himself. It is the Father Who speaketh. It is the Voice of the Spirit. The Spirit alone has Voice. The mind has not Voice, the body has no Voice. The relative has no Voice. Only the Reality, the Absolute, has Voice. He is the Spirit that speaketh. It is the Father Who is beside me always. I am not alone, I am not by myself, there is the Father Who is ever with me. These are the words of Jesus but they are my words also too, and will be your words too. Not as an idea, not as a belief but as a Living Expression, a Knowing, which comes to you when your heart is full of Love and your mind is empty of oppositions, of contradictions.

The oppositions disappear, contradictions no longer exist. The heart is full of Love, then that which is Real expresses Itself around you

and everywhere you go. Children love you, people love you. All things will work out according to plan. Can there be any other power except the Power of the Eternal Christ, who is God manifesting in the flesh?

We may have an intelligent grasp of the Truth, but unless we translate the Truth into our daily living we will be as ignorant as those who never heard of It; we will be like the man who looked into a mirror and saw a reflection of himself and immediately went away and forgot what he was like.

The likeness to our Creator is covered up with our possessions, our cravings, our antagonisms. We battle, we struggle with effects unaware of the cause, yet through understanding our suffering caused by our own misunderstanding will come the wisdom that will guide us to freedom. *And in no other way*.

A belief in God has not made you a bit better, has it? A belief in God is not the truth I tell you. The world has had a belief in God for centuries but is it any better, by having a belief in God? It has become more subtle, more cruel, more devastating destructively upon man and his children.

A belief in God has been separation between man and man because it is a belief. And because one belief is not in accordance with the other belief, then man begins to fight, antagonistic fighting and then comes to blows and so forth.

Nationality and all these things have destroyed the unity of mankind. Fears have been set up everywhere by the ignorant people who do not understand.

We will come to know that the only authority is the Divine Presence that dwells in the Inner Sanctuary. We will become aware of false doctrines, of the differing beliefs, we will see them as mental images that cause strife and separation throughout the world, we will see their relative nature. We will see that we fail to realize that we are immortal because of our craving for immortality, being caught up in Life and Death.

This is the illusion in the mind that has not realized the everpresent Life within, and because of our ignorance we have been exploited through our belief in death.

"I will give unto him that is athirst (aware) of the Fountain of the Water of Life freely." Rev. 21: 6.

## **BENEDICTION**

O Eternal Life and Love, my inspiration is Thine.

The vast expanse of Thy Eternal Presence cannot be measured by mind, yet my prayers will be the expression of Thy Presence, and Thy Love and Wisdom my guide.

As I know myself so do I find I am one with Thee, O Eternal One.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 18th March 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> The next part of this sentence as written in the Lectures Notes is missing from the recording. Murdo had radically altered this statement and uttered something rather profound. The full Lecture Notes as written is ["In plain words, the Master stated to us that he was in the Father and the Father was in him, and the things he did was done by the Father Who ever remained in him. It was the Father Who was performing His own deeds. For when you have seen me you have seen the Father. Your Father and my Father, "Our" Father who art in heaven, and the Kingdom of Heaven is within you.]

## Lecture 8 (25th March 1952)

## WITHIN MYSELF IS THE GLORY\*

"And he had a name written on his vesture and on his thigh King of Kings and Lord of Lords." Rev. 19: 16. (Eastern Text)

I said in my last lecture that it was the invisible electricity that gave power to the dynamo. Without this invisible power there could be no movement, no power. It is the same with us, our bodies are like the dynamo, the invisible Life is the power that makes it move. Not only does Life make it move but created it for Its own self-expression. This is the Life that never dies. This is the Life that is Eternal and which alone has consciousness.

This is the great Secret that we must find. And when we find this Secret we have found the Power in this Secret. That this invisible Life had built the body for Its own Self-Expression because there is no other means how it could come about. There is only one Creative Principle in the whole Universe. We have come to that conclusion, science has come to that conclusion, philosophy has come to that conclusion. But yet we go one step further through our own reasoning, and beyond our reasoning also we find, that we must come to the Truth that there can be only one Living Life created. Otherwise, the Universe would fall to pieces, there would be antagonisms among the human family. That is why the human family is beginning to disintegrate because of the groups that are antagonistic to one another.

We see all this taking place amongst us. We see it taking place throughout the whole world. We see all different types of people have different ideas, different beliefs. Different organisations have different ideals. There is the person who is, what we call, the idealist. The person who also we will say is the person who believes in a utopia, and the person who has these various ideologies. And we have the ideology, utopia's, groups here and there,

all in opposition to one another. Now what are they all fighting about? They are fighting about their ideas, their images, their beliefs. And what are they? They are nothing at all but only creations in the mind. And these creations in their mind only come into being through man himself. Through his past experience, through his environment, his nationality, and all these things that build up in his mind a structure which he believes to be true, when all-together the foundation is false therefore the structure must be false also.

But if we come to the true realisation that Life, the same Life, and the only One Life existing in every individual, and that is the only thing we have in common with one another and it is the foundation of the human family, and is the only Reality. When we find that then we see the falseness of all these other things and we drop them. But until we do see the falseness of these things we will be still caught-up in separation and with separation there is destruction.

How foolish people are; there is a right and the left, there is the Chinese and the Russians, there is the Americans and the British, there is the Afrikaner and the other people and all the other types, and all with their various beliefs and ideas. Can all these beliefs and ideas be reconciled? Yes! Of course they can be all reconciled under one particular understanding of the underlining Principles of Creation, and that is Life Itself. All these other things move away into nothingness. It requires of course discernment, statesmanship, understanding. But while we are caught-up in these things we will never be free from them, and the world will be going on doing the same thing; having war after war, struggle after struggle, and man has missed the point after all.

It is Life that gives us self-consciousness. But when we are not aware of this Truth we seek the expansion of the self. Do we not seek to expand the self both Spiritually and materially for our own benefit only? So we exploit and become the exploited.

The paramount longing in the human heart is the desire for things, for Spiritual security, unaware of that which produces all things and which is resident within us, so we develop a sense of inward poverty. To cover up this inward poverty we surround ourselves with things, title, rank which we find never fills the vacuum. *No matter who they are; king, queen, judge or any person else, they are human beings and the underlying* 

## WITHIN MYSELF IS THE GLORY

Principle is Life. And when you notice that and you understand that, you will know that the same Life in you is the same Life in every other individual. And no matter how intellectual they may be, because intellectual and ignorance is just the same thing, there is no difference between one and the other. One is at one end of the stick and the other is at the other end. How are you going to get rid of that quality of mind? Quality of mind is neither ignorance or intelligence. It is a quality of mind that begins to understand the fundamental Principles of Life. And by doing so, then you become free from all those conditions. So we see that we develop a sense of insecurity, both spiritually and materially, so we try to buy a passport with as little as we can of our worldly goods, to some unknown destination from those who claim to know the way and have the sole right of admission. Thus, the exploiter becomes the exploited.

It only requires a little common sense to see these things, and that is an unfortunate thing that few people have common sense.

Is it not so that we try to make ourselves secure at the expense of our brothers and all we gain is sorrow and conflict? So we create the exploitation by which we are exploited from every side. It is only when the truth of the Ever-present Life which is the Creativeness within ourselves is realized that we begin to understand that the cause as well as the remedy is within ourselves also.

And you look to the outside to cure your troubles to solve your problems. You look to some economic means, to some political party, to some form of Government to solve all your problems.

Well I tell you, you will never find your problem solved in that way, they must be solved by yourselves. And when the problem is solved by the self, and that self becomes aware of the falseness of the things that he has in the past dwelt with and believed to be true, he will drop them. So will the whole of the human family arrive at that stage, where he becomes aware of the false conditions in which he is surrounded. And he does not then think that somebody else can solve his problems for him, he finds that he himself must do it and there is no other way.

The Ever-present Life is beyond all personal allegiances, yet it is the moving factor in *our* personal Life. When we come to see this clearly we will abandon the illusion of *the* self *which* is the past and future. We will see how magnificent we can become in the recognition of our oneness

with this ever-present Life which unites us as one great family, not only on this earth but with all inhabitants in the vast Cosmos.

When we begin to get beyond the self into a state where there is a greater expansion of the consciousness. And it is as the consciousness begins to expand, as the consciousness becomes enlarged through understanding the narrowness of the self, then we begin to solve our problems.

When the narrow self is in evidence there is always trouble and there will always be trouble. Is it not the self that seeks this and seeks that, and is going away from Reality. Reality is Itself Complete and Perfect at this very moment. And it is from living from moment to moment that is so essential.

Is the past not a memory? Is the past Creative? The future is a hope tinged with comprehension and apprehension. Is that Creative? Is the future Creative? Is an idea Creative? Is an image Creative? Is a belief Creative?

I ask you these questions so you can see the falseness of these things you think are Creative. What is Creative? Life only is Creative and Life alone has Consciousness. But Life does not live in the past nor live in the future, Life lives **now**, every moment, moment to moment renewing Itself continuously, that is **Truth**—that is **Living**.

You cannot live in the past. If your memories and your experiences are hindering your expression of that which is Real now, then you must discard it.

If you are living in the future, which is but a dream or fantasy because you think that this will take place and you think that this will take place or that, it is a dream of acts. The past is but a memory.

How am I going to live? Am I going to live torn between the past and the future? Am I going to become Creative with those things tearing me to pieces? Is it not your memories now, your experiences, that are upper-most in your consciousness? Is it not these memories and these experiences that are making you afraid? Is it not the doubtfulness about the future that gives apprehension?

Good God, to live now! I always see this very moment, moment to moment, Living now, that is the secret of it. Then the memories pass into nothingness and the hope disappears and all these, and the Creativeness is now.

# WITHIN MYSELF IS THE GLORY

And when you have arrived at that state, all is possible unto you in heaven and on earth. There is no longer any desires. Things flow to you, you cannot keep them away from you. You have to try and keep them away from you. Because they over-burden you and over-power you because the whole Universe is coming towards you, wanting to express Itself through the Consciousness that is aware moment to moment.

That is why Jesus knew perfectly well, the great Truth which he had, that the Father and he were One. And he found that the Father was flowing into him continuously. And in fact, he seemed to be over-burdened sometimes unless he was using, working continuously. He did not see that that harvest was in the future, he saw the harvest now. Here was the secret behind Creation, it was already there, already created.

Have you ever seen a seed that takes years to come to fruition in a tree or plant and flower? You plant it in the ground and you wait for years till it grows. Have you ever seen a seed taken by the hand of a Master and placed in such state, and used with his own thought and sound, by the vibration of thought and sound, what we call the electro-magnetic wave in the ether, and the sound vibration, in the same sound as the Creativeness within the plant, within the seed, you see the seed bursting forth and the tree and the flower coming into being in a very short time? It would take years to do it, is done within a few minutes.

When you have seen that and you understand then what is behind that Creation, then you will lose all the stupid belief in the past and the future. You will only know that that Creativeness is now. And as the Master chants, as his thought becomes one with the Creativeness and the chanting form of the sound waves begin to act upon the seed. And the very tone within the seed becomes active and the seed bursts forth and grows up to maturity.

That is understanding of the growth of moment to moment. The same as with you now at this very moment if you could only realise it. But how can you realise it? Can you realise it with your minds caught-up in the past and the future, when the present is not known? When the Creativeness is never used or understood.

Within the one mind of the Infinite all does exist at the same time. Therefore all must be moving at the same time and in the same direction. Therefore we are not separate from the furthest star but are all moving

according to the Cosmic plan of perfection, even if we think otherwise it makes no difference. (Do you know, when we see and understand the greater Consciousness, that expansion of the Consciousness, that becomes aware of the Cosmic Activity. And in that same Cosmic Activity that is moving all those planets, millions of them, that same Cosmic Activity is within you and me. Moving according to in the One direction. Makes you see the tremendous Power that is within man because the Consciousness that is behind that Creative Movement in the Cosmos must be the same consciousness in man.

Jesus Christ became a director in the Cosmos so can all other people become a director in the Cosmos by understanding this one Truth: that it is the Father Who ever remaineth within me it is He Who is performing His own deeds.

An animal has not got the conscious awareness. An animal is moved by the Cosmic flow, by the Cosmic Intelligence which belongs to the Animal Plane and he is moved according to the so and so. A dove will fly, the bird will leave here and reach its home, you may blindfold it and take it a hundred miles away, but it rises up into the air, it begins to circle and the Cosmic Activity begins to become active within its brain, and takes it to its destination. All animals move through the Cosmic unconsciously.

But you have gained that Consciousness, an awareness born in the image and likeness of the Creator, the Power to direct. Are you going to lose this direction, this Power that is within you, by merely living in your memories and living in the fantasy of the future? And not using this directing Power that can only be used now at this very moment and moment to moment because it is dissolved and renewed. But that moment is there it is passed, it is no longer a moment it is gone, it was renewed the next moment and afterwards it is always renewed, moment by moment is renewed, and never still it is always renewable. When that moment is passed it is gone, there the next moment is renewed. That is Reality. That is Truth.) Therefore to co-operate with the Divine Mind is the fulfilment of the Law. In fulfilling of the Law we naturally see that we must co-operate with each other in harmony with the whole, thus we inherit the qualities of the Divine.

When we take the broad and comprehensive view of the whole we lose the pettiness of the self and what it stands for. Unless we do this we are caught up in the narrowness of dogma, creed, selfishness, and

# WITHIN MYSELF IS THE GLORY

possessiveness etc., which causes misery for the individual and for the world in which we live, for are we not the world? We condition it and ourselves. We condition the world and ourselves, the world does not condition us remember.

The comprehensiveness of the Whole—the Cosmos—is beyond human comprehension nevertheless it is a fact that we cannot be separated from the Whole except in the illusion of the individual mind, *and that is an illusion*. All great people have become great by understanding that there can be no separation. It is only when we come to discern our own limited thinking and how it arises can we get the greater view beyond our immediate surroundings.

If you are caught-up in your surroundings, if you are caught-up in your narrowness, how can know that which is beyond? But immediately that you see that you are narrow, you begin to see and express something that is greater. But as long as you do not see your narrowness, as long as do not see the falseness of the self and all these other things that are false that are within you, you will never know what is true. Never!

When we realize that the worlds and planets within our visible sight are but a fraction of the manifested Whole, and that the manifested Universe is but a fragment of the Infinite Mind that fills boundless space, we find the glorious truth that we cannot be separated from the Infinite Whole, this makes us lose that narrow bigoted idea that the separate self is all-important.

Then let us lose ourselves in the Cosmos so that the Cosmos may manifest in us, this was the realization of Jesus when he said, "all power is given unto me in heaven and on earth." He knew that there could be no separation between himself and the Father. For he distinctly said, "the Father and I are One." Not two, One.

Let us consider these interesting facts about the Cosmos. We are told that there are something like two thousand million millions of worlds visible to us from the earth, and this is but a fraction of manifested Universe. Many of these suns and worlds are thousands of times larger than ours. Our world on which we live is but a grain of sand in the panorama of worlds. Yet we are one with the Whole. Moving in the same direction. This world is one of the satellites in the great Milky Way, which you can see stretches across the heavens. Many of these planets that you see in the heavens are some thousands of light years distance from us. That is to

say, light travelling at 186,000 miles per second. Multiply 186,000 by 60 and you will get how many miles per minute. Multiply that by 60 again you will get how much an hour. Multiply by 24 and you will get how much in a day. Multiply that by 365 and you will see that what is a year. Multiply that by 10,000 or a 100,0000 and you will get some distance near where that planet is from us. Yet we are in the same Cosmos and we are moving in the same direction in the One Mind of the Universe, out of the same Substance, the same Universal Substance—ether which has made the planet there and made earth here, and made the composition of your body. The same life that is active in your body is the same life there. Just as electricity expressing it through that light so that it can express through that machine there. So according to the conditions created by the Infinite Mind so is the light there creative in that condition permeate that condition created the Mind of the Universe. That is understanding. Is the petty self now remaining or have you got beyond that? Yet we are one with the Whole. This same fundamental substance, the same mind, the same creative Spirit is the creativeness within us. How can we then, after knowing this, become petty and selfish?

Spiritual *Scientists* also revealed to us that there are belts of invisible matter inhabited by Spiritual Beings who were once physical like ourselves. Although we are (most of us) incapable of seeing these inhabitants, they are not oblivious to our existence for many are helping and guiding us even while we are not aware of it. This was revealed when Jesus went up the mountain to pray and there Moses and Elijah appeared to him and his disciples.

Peter thought that it was the Gate to Heaven. Truly it was the Gate to Heaven. So, of course he said to Jesus, "will I go down and get one tent, one for Moses, one for Elijah and one for you"? And Jesus said, "No." Peter did not understand that Life Itself is Eternal. And it creates in the inner-most and from the inner-most into the outer.

Life created your body but it created it in the ether. And sound then brought that electro-magnetic wave of the Infinite Thought, in the ether, which came the form, Perfect in the ether because it was the Absolute Idea. It was Perfect and is still Perfect, held in that ether because ether is a Perfect Substance. And you cannot have a distortion in being or a substance or a form in the ether that is not Perfect in Itself. All other forms will pass away.

# WITHIN MYSELF IS THE GLORY

So the sound comes into operation and God said and He spoke the Word and He was pleased to see the Creation come into being. The sound vibration that brought the thing down to the physical and produced the vibration of the electro-magnetic wave to the wave of sound of 700 miles per hour, that is the wave that exists now in your physical organs, that is the wave now.

So we see then, you are creating in your own selves just the same thing, electro-magnetic waves in the ether, they are penetrating this astral body, they are penetrating the physical atoms. You are either building up or disintegrating your body according to your thoughts and emotions. Your voice does the same thing. How is it the one can keep strong, healthy and young? By knowing the sound of your creation. Everyone of you has a sound within yourself. And if you find the note that is within you that is your creative note.

The Masters know their creative note. I know my creative note, vowel sounds, when I sound it the whole of my body becomes magnetised, not only with thought, with electro-magnetic waves but also with sound waves.

Is it not so that you keep a violin on one string on the one note all the time the bridge will fall down. Caruso<sup>1</sup> would break a glass with sound of his voice. The marching of men across a bridge continuously will break the bridge asunder. The breaking down of the walls of Jericho is a natural scientific fact not a fallacy.

And when you know your own tone then you know it. It comes from the Creative Name, the Creative Sound which is the matrix of all sounds put together, and that is the sound of the "OM" Life.

(At this point Murdo chant's "OM" twice)

Breathes out. With the body comes fire, energy. Now the flow of energy flowing in because the creative energy flows in the body from outside. The vibration is there. You feel my limbs and my arms now, just touch them, and you will feel the power that is there.

You must find the Word within yourself, as I said, your song. My song is not your song. Your song is your own song and you must find it. By doing so you can continue to draw upon the whole Universe, the flow of energy flows into you from out there. Face becomes clear, filled up, still the body is tingling, the mind is alert, there is a feeling of strength, power, thought. The electro-magnetic wave and the sound wave together in harmony with the

Universe, that Creative Note within yourself. That is God. God manifesting Himself. What a wonderful Truth!

To get a true understanding of what is, we must get beyond narrow bigoted dogmas and creeds, ethics and *all* the limited thought of the human mind. Some will say where is your data to explain all this. There is ample proof given by those who have experienced at least a modicum of *this* truth, make it evident—that there is more in heaven and earth than man has ever dreamt of.

Scientists have told us that they are only groping in the dust, but as we progress the science of the Cosmos we will reveal things that man has at present only dreamt of. There are far-reaching powers inherent in the human mind that will reveal to us that the hopes and desires of the inhabitants of the inner worlds were mainly on our behalf. At present the law of gravity, which unites all the worlds in the Universe in one grand system, separates man from his kindred Spirit in the Planets. Man will one day overcome this so-called impossible barrier to make excursions to distant regions to find things out for himself.

But the saying, that the law of gravity has not been overcome, is nonsense. It has been overcome by those who understand the law of gravity and what it is. I am not going into that just now because it will lead us off this work which is not necessary at the present time.

There is a saying that, "man cannot think of anything that is impossible," and when we look back we find that we have thought of things, and at the time we thought them impossible, but this saying has proved to be true, they **have** become possible, and we are now experiencing them yet we no longer give them a thought, only accepting the impossible as an accomplished fact. We are a peculiar lot, are we not, when we think about it?

Yes, like the man, the people all went down to the river to see this iron boat going down to the bottom. So when this man understood a little bit more than the ignorant people, he floated his iron boat on the water but it stopped on the top of the water. The people gazed at it and said, "good gracious me, I would never had thought it." The first time they said it was impossible. Now we sail great big battleships on the ocean. Wireless and other things.

I could tell you many things that you do not know at all about. Occult things, which I have experienced and seen, which are real Truths

# WITHIN MYSELF IS THE GLORY

too, overcoming the force of gravity. But you will not believe them, you are just like the people who went down to the see the iron boat sink to the bottom of the river. No, you are just like those people, just the same. You are no different, everyone of you, you will just say it is impossible, and when it becomes possible you will accept it, without giving it a thought 'how' did it come about.

I am giving you a vista beyond that in which the human mind is generally caught up, then the mind will not remain stagnant in its own circumscribed orbit, but *will* rise above its present limited beliefs and inane thinking. Are our thoughts not mainly built up from the created blinding us to the Creativeness that is within *us* and which is behind all the created, and *it* is the means whereby that which is known within Itself will be made known to the individual, when the individual is capable of true understanding?

Do not think I am romancing, I am stating facts and these facts are evident to the mind that is capable of looking beyond the mud out of which the Lotus flower grows.

Man's understanding is still in its infancy yet through the realization of our Eternal existence our faculties will expand. A few have expanded these faculties, but these few have been regarded by the masses with awe and often put to death for fear that the pet theories and religious beliefs of the blind who lead the blind would be shattered. Yet those who acclaim Barabbas and put Jesus to death could not destroy that which they could not see, nor understand. Nor could they dim the Light that came into the world in the beginning and is now beginning to shine brighter in the darkness of the human mind.

In our darkest hour we will see that Light for we will no longer seek the darkness that has brought ruin to the human family through separation and distrust, through the misery of mass murder. We will realize that It is the same Life the same Consciousness that makes us aware, the same birthless and deathless Spirit unfolding the beauty of the human soul as well as the beauty of the Universe in which we live and in which we can never be separated from the Whole. My words are incapable of explaining this mighty Truth yet the Truth can be found within ourselves when the noise of the outer is quietened down.

There is a peace comes. And you will find this peace. You may get a fleeting moment of it, God comes forth, a moment, that moment of

Reality. It was a glimpse of it, that moment passed. What did you try to do? You try to recapture that moment through your memory, your experience to make it live again. How can you make the past live?

But if you had only known that moment and the next moment, was Reality also, and the next moment too and with that moment passed it was gone, Reality again renewing Itself. The continuity of renewal is Reality. Only when the mind then is quiet and peaceful

The Infinite has revealed Himself in us and with this understanding we can reveal the Infinite. Was it not this that Jesus showed when he said in other words, "when you have seen me you have seen the Father and the deeds you see me do are the deeds of the Father whoever remains within me." (*Eastern Text*). Could there be plainer words than *these* to reveal the Truth?

When we begin to think clearly we will see that the whole Universe must be within the consciousness of the Infinite Supreme Architect and it must be the same Consciousness that makes us living thinking beings made in His image and likeness.

Can you deny that?

Man has lost the power to think for himself, he accepts what the blind say and they never saw because they were blind from the beginning, being caught up in differing creeds and beliefs which separate man from man and man from God through ignorance. (Where is your God? Some God outside yourself in some place somewhere that you have got to go to. What ignorance, what idiocy, what stupid-ness! When you see clearly and distinctly the Truth of the Living God, moment to moment which you can never be separated from.

The livingness of yourself is your livingness in God and God Livingness in you. Your life is God's Life and God's Life is your life. There is no past, there is no ways, these are all illusions of the mind. The blind try to show you a path that they do not know themselves. I tell you clearly and distinctly now, if you will realise this Truth; that there can be no separation.

The words of Jesus have been made platitudes and have been mouthed, lip-serviced, throughout the whole of the world. Have ever the scientific source of these words been explained? No of course not. But if you will realise this, unless no religion of any kind can ever stand without

# WITHIN MYSELF IS THE GLORY

the scientific bases, and will all fall to pieces unless these words of the Master are understood from a scientific point of view. Where science begins to search in the very depths to find the Truth of his words, and there they will find the great Truth—of the Oneness of all things.) Although man cannot be separated from God yet in his ignorance man has assumed this separation and what man thinks so is he.

Oh, could I wing my way with the swiftness of a seraph (one of the highest of angels with love as a cherubim and with knowledge) from sun to sun and from world to world until I have surveyed all the systems visible to *mankind* and at the same time gather within myself the glorious landscapes and scenes of grandeur they exhibit, and could mingle with the pure and exalted Intelligences who people these resplendent abodes and behold the humble and ardent adoration of the Almighty,—their benign and understanding deportment towards one another, each esteeming the other better than himself and all united in the bonds of the purest affection without one haughty or discordant feeling. What indignation and astonishment would seize me on my return to this obscure corner of Creation. Yet within myself is this grandeur, the Consciousness of the Infinite Himself. To know this in our hearts is to live it. Can we comprehend the magnificence of this mighty Truth that the Consciousness of the Infinite Whole is within?

If it was not so, your consciousness could not take in the Whole. It could not expand. It could not become a Spiritual Being. You could not live in the spheres, you could not live in the ether, you could not live in the Spiritual.

"He who overcomes *all* shall inherit these things and I will be his God and he shall be my son." Rev. 21: 7. (Eastern Text)

How wonderfully true it is then, to get a greater understanding. But the consciousness becomes more expansive and the narrowness of the self disappears. Can you go out of this room now and say that you are not changed? Can you leave this room tonight and say that you are not changed that you are the same narrow self that you were before you came into it? If you do you have not listened to one word I have said. But why I am saying these things to you is this, unless I say them to you this way you will not understand it. Was is not that when Jesus taught, to make the thought impressive on the mind of his hearers, even if they were parables.

So it is to make this thought impress your mind, so that you will be able to discern the falseness the narrowness of the self. And as you can get a modicum of understanding of your Oneness with the Whole of the Cosmos. And know that the Cosmos is moving in one direction and you are moving with it. And of the furthest star the same movement is taking place is taking place within yourselves. You become a director by cooperation with the Cosmic plan, by knowing, understanding I am in myself nothing, so the self has disappeared, the narrow self begins to dissolve away. Could there be any greater joy than the realisation that the only Power there is that which is Wholeness. Moment to moment, moment after moment, do not try to recapture that moment it is but a memory. You are preventing another moment all the time because your mind it taken up with a moment that has passed, it cannot be now.

# **BENEDICTION**

O Beloved, within my consciousness I can scan my Eternal Home and Thou art my Eternal Joy.

I found that all my errors dissolved away when Thy Love and Wisdom become my staff.

I no longer need to probe my way in the darkness, for Thou art my Eternal Light. Yes, I was beaten by the winds of fate and drenched with the rain of misery while I wandered in the darkness of my mind.

But now the storms have abated, the rocks have disappeared from my path and I no longer stumble for I have Thy staff of Love and Wisdom.

I have seen Thee in my brother, O Beloved.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 25th March 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> Enrico Caruso (1873-1921). Italian operatic tenor born in Naples, who sang to great acclaim in Europe and America. A key pioneer in the field of recorded music, his recordings made him universally famous. His great record sales and extraordinary warm, appealing tenor voice of great emotive power made him arguably the greatest operatic male singer in history.

# Lecture 9 (1st April 1952)

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING\*

"If you love only those who love you, what credit is that to you?" Luke 6: 32.

Self-knowledge is the root of understanding. Without self-knowledge there is confusion and conflict and continual duality of the "mine" and "not-mine," of the "me" and the "not-me." Thus the conflict of opposites will continue to exist, if craving is not discerned and understood.

Now is it not so that you are continually engaged with the me and the not-me, and the mine and the not-mine. You must get beyond this duality into that which is Reality. There you will find that there is no duality whatsoever, but there is one complete Wholeness in which we all exist and to which we all belong. The One Life which is behind everything, which is behind all growth in the mineral, the vegetable, the animal, and the human and the angelic and beyond, is the One Life of the Infinite and nothing can exist outside It.

People are continually concerned with their own cravings. We find that when one craves we are going away from Reality. Because there is sense of lack through craving which produces its own kind.

The great tragedy in the human race is that continual sense of lack that exists in the human mind. By feeling this sense of lack there is always craving and that craving brings separation and brings sorrow and conflict. It is the me and the not-me, the mine and the not-mine.

Therefore if you search into your own minds and understand this, you will get a better understanding of yourselves because self-knowledge is the root of understanding. And without self-knowledge there is confusion and conflict and continual duality.

Take the craving for personal immortality, is this not the continual desire for the preservation of the self, not only in the hereafter but for the preservation of the self here also, with its cravings for position, desire for possessions, pride of family name, craving for authority, *and* mystery and miracle? In not understanding these, we yield to them, thus we create no end of sorrow.

If we knew that we are immortal we would no longer crave for immortality. But as long as we crave for immortality you will realise that there can be no sense of immortality. It is only when you have a true sense of immortality, through the discernment of everything that is relative, then you will find within yourself that which is Eternal and ever-present. And that which is Eternal and ever-present is always **now**, Living at this moment, moment to moment as I told you before, not in the past or the future. But you look for immortality in the future, by doing so, you lose that immortality that is now, the very essence of your being.

The only virtue is the understanding of the self, the so-called positive qualities of the self are binding so there is no freedom from conflict. Are you not always told about the positive qualities of the self so you can develop these positive qualities. Look into yourselves and you will see how binding these positive qualities are. Are they not going away from Reality?

What is the most powerful thing in existence today, in any time, past future or present? It has always been the expression of Life Itself, in all Its glory in every form, from the very lowest to the very highest. Therefore it is this freedom; that you obtain through self-knowledge, through self-discernment, through understanding all that is relative, knowing all that is relative is harmless to you and therefore you are harmless to all that is relative. Behind then this understanding is a Consciousness of Life, that is not binding but is Freedom. And this Consciousness of Life gives you an understanding of Wholeness, that the Life in everything is the same Life in you and me. Therefore there is no binding, there is no superman or super qualities that exist in mankind. There is the expression of Life alone and according to your power to receive and express that Life, so will It manifest through you in Its greatest form.

Now, what is the means then through which you can make yourself so receptive, that you can make yourself a medium through which this Life will flow? By discerning all that is relative and understanding that, and

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING

understanding the self, understanding craving, understanding duality, seeing that the individual is not caught-up in these things so that there is a Oneness, a freedom from these things, therefore that which is Real will manifest in your life and produce tremendous things. As Jesus said, "I of myself am nothing, it is the Spirit of the Father within me that doeth these things. It is the Father Who ever remaineth within me, He is performing His own deeds." Is not the desire to become virtuous also within the narrow self? The constant process of the positiveness of the self brings fear and hope, craving to be virtuous is a constant binding of the self. The essence of virtue is not building up the process of the self in anyway whatsoever, but is freeing the self from its own entanglements through understanding.

If then you can free yourself from the entanglements of your own mind; your beliefs in this, your fears in that, your hopes for this and so forth. If you can free yourself and recognise now, that this very moment you are free because now is the time you are free. There is no other time freedom. Freedom is **now** at this moment because it is Life and is Living. The past is not freedom, the future is not freedom because you are caught-up in these things.

Oh, I could give you this in Reality, could I give you what I know of my own, but I cannot, you have to find it out for yourselves. But if I can show you these things that are causing and preventing you from understanding and living for this moment, then I have not spoken to you in vain.

If we can discern our thought-feeling arising out of craving we will become aware of the ways of the self. The self can never become open and clear through craving to be virtuous, for the self is always confusing and contradicting. But if we can become aware of the thought-feeling behind craving, in this there is the beginning of sincerity, wisdom and Love.

When you are caught-up in craving, you are craving. But immediately you discern that you are craving and become aware of your thought-feeling, which is behind your craving, then you can free yourselves.

Don't you see, it is the discerning the relative and the conditions that are binding you that is so essential.

Everyone of you are trying to concentrate on God. You are thinking that by concentrating on God and saying, that God is within me you are

going to be saved. But all the time you keep on carrying on with the entanglements of the self. You keep binding yourselves continually with craving and contradictions and so forth. In your mind you think by saying, that God and you are one you are going to free yourself from all these entanglements. How can it be? You only bring the idea of God into your prison, in which you exist, and there is no longer a freedom.

Most people are ignorantly pretending to be virtuous while their minds are filled with confusion, *ill-will* and antagonism. Without self-knowledge mere sincerity is narrowness and gullibility. To become aware of escapes, distortions, hindrances, will lead to order and clarity.

To be candid with ourselves we will reveal our hidden dishonesty in contradiction. We are all dishonest with ourselves in our contradictions because we are continually living in contradiction, unless we discern that we are doing so. You are living the opposites are you not? You are living on the idea of health or ill-health. You are living in the idea of failure or success. You are living in the idea of death and life. You are living in the idea of faith and fear. You are continually contradicting yourselves, you are living in the world of contradictions because you do not discern these things that you are doing so.

How can you ever escape then from these things? If you find you are frustrated, what do you do? You try you escape. But you do not discern why you are frustrated. You only try to escape from your frustration but that does not relieve you. How can that relieve you from the frustration if you try to escape from it, that only creates another distortion does it not?

What you have got to see, is discern why you are frustrated. And when you discern why you are frustrated, it will fall away and you will find freedom. When the mind is searched without fear or unafraid to find the self out, then there is virtue. Without self-knowledge virtue is ignorant confusion and self-contradiction. Unless we can look at our own thoughts freely without fear, withholding judgment, there cannot be clear thinking.

If you can look at your thoughts and not be caught-up in fear, then there is freedom. But if you look at your thoughts and you are caught-up in fear, how can there be any freedom? You must discern then why you are afraid.

Good and evil is a duality in the mind. Fear and faith, health and ill-health, success and failure etc., these are conflicts of duality and not until

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING

they are discerned, and the thought-feeling that arises from their duality is comprehended, can there be real freedom. Life itself does not contain duality, this duality arises from the craving of the self and is born of ignorance.

If only the world thinkers and scholars would step out of their circumscribed and limited way of thinking, a new pathway would open up for mankind. Unfortunately our thinkers are still bound by tradition, imitation and by beliefs which hinder pure thinking. This is because their thinking is based upon the past and not upon the freedom of the everpresent Life. Yet I am sure that through the Science of Life and the Cosmos a much better world will be born where mankind will live in Love, Peace and Freedom.

If our leaders could only think clearly instead of being caught-up in the various beliefs and ideologies, we would be led out of our difficulties. But the fact is, that we ourselves are so caught-up in beliefs and ideologies, that we create those conditions and those people to lead us into difficulties instead of out of them. But if we could discern and the people could discern clearly through clear thinking, the cause of this confusion, it would disappear. Immediately the cause is discerned the effect passes away. For the simple reason that it no longer exists. If we can see the difference, for instance now we have, a Jew, a Gentile, Mohammedan, a Hindu, and all the different types of religion. These people are human beings, all Children of God. We talk to them about humanity and what humanity is, the're quite comfortable and quiet and peaceful. But touch on their beliefs, touch on their religion, and they will draw a sword to cut your throat, destroy you. Why? Because they have not discerned that what they believe is false, that they have no foundation in Truth whatsoever. Because the only foundation of Truth is the Ever-present Living Life, which is common to all, and binds us altogether as one Whole.

Why is it then that these people are caught-up in this way? Because of their leaders who are blind, and they lead the blind and we all fall into the ditch.

The habit of thinking in terms of effects has hindered man in his progress, and has stilled his growth, mentally and spiritually, thus man is kept in confusion and misery because he will not discern his thought-feelings and how they arise.

The habit of looking at things from the outside and not understanding their inner cause has blinded man to the Truth about himself. When man

becomes aware through self-knowledge, the secret of creativeness will be revealed to him, but this cannot come through beliefs or so-called virtue, but through deep understanding and contemplation.

How can you find Reality through a belief when you are going away from Reality? Is a belief not something in the mind? Something you believe of the past, that somebody said many years ago, and you look into your future for immortality. How can you understand the Truth with these contradictions, both in the past and the future? Is not the Ever-present Life, the only Living Reality? And the only fundamental and the foundation for all Truth. Can there be any then, belief, in the mind that is Real? A belief is a belief. But a belief causes separation because you believe different to others. What is in your mind is false. Immediately you discern the falseness of the things in your mind, then you will get nearer to the Truth. But if you hold onto those beliefs in contradiction to another belief or ideal in contradiction to another ideal, an ideology in contradiction to another ideology, then you will have strife; you will have war, you will have trouble, you will have bloodshed, you have killing, you have mass murder, you will have hatred, antagonisms which will sweep the world. And have you got any further on? No! You have gone further back!

Are we not limited by the concepts we hold and believe to be true? Have we ever honestly examined whether they are true or not; or does it matter very much **whether they are true or not**. Is Life not more important than all these things? *Jesus said*, "is not life more important than the body, the body more important than the raiment." We are held fast in our minds through tradition through imitative beliefs and superstitions.

What do we mean by imitative beliefs? Because we are imitating the belief of our forefathers, we accept it without thinking because they had done it. But unless we realise the importance of our own thinking and our own discernment, we can never free ourselves.

One thing is true, that science is coming to the fore, and it is breaking down a great many of these superstitions. Because people who begin to learn of the scientific investigations of matter, the atomic energy and all these things, are beginning to see behind the scenes that these beliefs are all false, and have no foundation upon truth whatsoever.

If, and which I said before, the words of Jesus had been examined and understood from a scientific basis, the basis upon which he expressed

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING

them, then the world would be different today. But what has happened? The ignorant theologians, and all these people who have beliefs, have taken those words and made platitudes of them and fed the public with these platitudes and they have believed it is true.

A platitude is only something in your mind. A belief is something in your mind. But that which is Real is beyond your mind. Therefore you have to get beyond your mind to know Reality. You have got to waive all things aside. You have got to discern your mind, the mass of material that is there, and wade yourself through it. And until such time as you have cleansed it and cleared it, and there you will find Reality is beyond mind. It is said that Love is the greatest thing in the world, but without becoming aware of the source of conflict and craving, love brings pain. There is no escape from Love, yet without understanding, there is torture. So the foolish blame Love without understanding the cause of pain. The cause of pain is not Love but craving and possessiveness.

Love is an Eternal thing. It is not something you make or something you can claim, it is something you can express. But if you try to possess it it brings pain and torture.

There is sorrow in Love when the mind is caught up in duality. The me and the not-me and the mine and the not-mine. We all know that when we love there is sorrow in the loss of that Love, sorrow in the loss of the object of our affection. If there is hate in Love, if there is fear in Love, if there is resentment in Love, then there is no escape from its torture. But this is craving and not Love which creates this dependence and all the sorrowful issues that arise from it.

I can only show you that great thing, which in Itself is free and is never bound, but if you try to bind It then you bring sorrow upon yourself because It refuses to be bound. You cannot bind Love.

If you love freedom then you have Love. If you love freely then you have Love. Then you have compassion, you have forgiveness, you have all these attributes of Love, then you have Love. But if you have fear, if you have possessiveness, if you have hate, then you have not Love—you have possessiveness, you have craving.

Jesus was the one who understood this. His words always ring in my ears and this is what it is, "If you love only those who love you what credit is that to you? Love your neighbour as your self because he is yourself."

What is it that gives rise to uncertainty, is it not desire for Love? But this is not Love, this uncertainty breeds possessiveness, jealousy, fear. In possessiveness there is an inward fear and suspicion. This is not Love but inward emptiness, need for dependence. But dependence breeds fear, and not Love.

The lesson tonight is one of great importance because it affects everyone of us.

The fact is that we have not discerned these things. We have not entered into our own minds to discern whether our love is possessiveness or craving. And when we find that it is possessiveness and craving, then we will find Love. But not until we find this possessiveness and root it out, by discerning it and understanding it, will we ever know Love.

Without understanding craving there is domination, oppression taking the form of Love. Therefore we have got to understand craving. When we understand craving then there is no domination, there is no oppression, taking the form of Love. Is it not so that most people dominate and their love is a form of oppression. How can there be Love, when Love is freedom and Truth, and Perfection, forgiveness, and all the qualities that are the highest in the human nature? Having the seed of uncertainty and contradiction within oneself, how can there be Love? Love is beyond and above all these. Love itself is Eternal and therefore not dependent. It is not a result of outer stimulation which nourishes a temporary feeling of well-being.

Love is something that is inherent in every being. And Love can only be found in Reality from moment to moment. And that moment must be free and not tarnished with the past or hopes for the future. Because if Love is tarnished with the past or hopes for the future you will never know the Eternal Love that is **now**. Never!

In Love there is generosity, forgiveness, compassion, with true Love humility and gentleness comes into being, without Love they have no existence.

To understand this you must begin to understand your thought-feelings and actions. Have you ever then discerned your thought-feelings and actions in regard to possessiveness as far as Love is concerned? Is there fear in your love, is there possessiveness in your love? Is there oppression in your love, is there domination in your love? Then there

cannot be forgiveness, there cannot be compassion, there cannot be humility and gentleness. If your actions are the result of your ideas, your beliefs, your fears, your desires, there is no Love. Love is not built out of these. Love is the Eternal Essence waiting to express Itself when all this conflict and contradiction has ceased to be. Then Love expresses Itself. Discern in your own minds freely then. Does these conditions exist? Is your love the result of your ideas, your beliefs, your fears, your desires, then you have no Love.

I am telling you Truth's now. I am getting behind this petty scenes of the individual mind that are trailing you to the dust, that are creating contradictions and destroying you. Instead of building up a healthy state of mind and body you are being destroyed by your own ignorance. Love is the Power in you that gives life and strength to the mind and body. But it must be free from those things. Only then do we become the image and likeness of Him who created us.

When we know that this Love is the Eternal Essence waiting to express Itself, when all the contradiction and conflict in the self has ceased to be, then we are like Him Who created us—free from conflict, free from contradiction, free from duality.

I hope that you are beginning to see the meaning behind my words.

Life and death is a contradiction in man's mind for there cannot be a dead particle in the whole Living Universe. What the ignorant person sees is a form of change, transformation. Yet he does not know that it is a form of transformation. Therefore the idea of death is an illusion, a belief. Therefore he has duality in his mind of life and death. But death and life are the same thing. In Life there is continuous change. And being ignorant of this change then you call the change—death. And you believe that death is the end. But if you ever seek an end or seek a result, you are also in an illusion because there is no end whatsoever. John Calvin¹ and John Knox² had a lot to do with formulating a religion of sorrow and conflict. Unfortunately for them they took themselves seriously and left this world old and decrepit at the young age of fifty-seven.

They were caught up in the net of their own belief and anyone who follows their example will sooner or later suffer from arteriosclerosis of the thinking cells. When we find that the cells become hard because of our hard thoughts and hard feelings, which they do, we have then what

1/2. See page 138

we call arteriosclerosis of the thinking cells, the hardening of the cell structure of the brain. And with that the whole body dies. So they died old and decrepit at the young age of fifty-seven. (I am nearly twenty years older than they are and I am still as young half their age.) So therefore you see, when you have this stupidity in the mind, when you are caught-up in these things.

What is a young mind? A young mind is one that is flexible. Without being flexible you can never remain young. Because immediately you make your ideas concrete then you make your brain cells concrete too. You must be ready to discard all your ideas as fresh ones come along. You must be ready to discard all your beliefs when something else supersedes them. Otherwise you will just die like old Knox and old Calvin. And in some parts of the world we still have this sort of stupidity going on. When we think clearly, free from past or future, free from imitation, free from fear, Life will unfold Itself in us, Its continuity.

When you understand you can live dangerously, fearlessly, knowing that it is Life that lives, yet those who do not know, live in fear. Millions of people attach fear to everything that is said or done. Yet nothing matters except living in Love and Wisdom. To refute untrue things said about you is an error of judgment. It is better to be lied about than to lie against another. The ever-present Life is the only Reality, all else is of no consequence.

When you know the living Life that is now, that I am Life, does it matter one-tuppenny<sup>3</sup> damn about what they say? It does not, for the simple reason, that you are living Life—**now**. And nothing can injure or harm you. But as we know perfectly well, unfortunately the ignorant do not, that these missiles which they bombard from the platform upon which they stand returns to the same platform and whizzes around about themselves. So you see, it all comes back. It is like a little stone that drops in the pool. The little ripples move right away to the outside of the pool and begin then naturally to move back into the centre of the pool, and when they have reached the centre of the pool once more, they have rested there.

"He who has to him more shall be given, to him who has not even that which he has shall be taken from him." When you understand you can live dangerously and fearlessly. The ever-present Life is the only Reality, all else is of no consequence.

The outer we see and feel is not as it seems to our senses. It is only when we think clearly that the Truth reveals Itself.

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING

What you see and feel, your senses you will say, it is so and so and so and so because you believe it to be so and so. But have you ever investigated what that is, what is behind that which you see and feel?

It is long since I realized that the inner and the outer are interchangeable, just as mind and matter are interchangeable, correlated and essentially identical, harmoniously welded by polarities of nature's forces. The outer is but the expression of the inner. I have no illusions regards what things are when I see them and feel them. I do not accept the fact that this is really a table or that is a glass of water or you are a physical body. I go behind more things than that that is an outer form which is visible to the physical eye. But the ignorant people see the same thing but the wise see things that are different. When we begin to realize the wonder of the Cosmos the consciousness of the little self disappears and the greater understanding of the whole takes its place.

Science has showed us that matter viewed separately from energy does not exist. Chemical action, electricity, magnetism, *heat*, light are but different modes of motion, different expressions of the one Force in transformation. All these are complementary to each other, and change *rapidly and* readily into each other without loss of the original force. All forces are but one force, convertible from the invisible to the visible and vice versa. The delusion we have in our minds is caused through the senses when we do not understand, when we are not aware, *when do not understand what we see and feel through the senses*.

But are you going to believe as the masses do? Are you not students of the highest Science of Life? Are you not students of a Universal College of Science that gives you a greater understanding of Life Forces? Are to be content then with what you see through your senses or are you going to investigate and find that which is behind them?

Is it not so that we create in our minds a mental concept in reaction to what the senses see and feel? Yet there is no evidence to substantiate what we see *and* feel to exist except the consciousness becomes aware of it, and thus we create a concept in our minds *in* regarding *to* it. I hope you see this point.

Scientifically speaking feeling is a resistance to motion and seeing is a reaction to light vibrations, from these we create images in our mind which we believe to be true.

We live and move in the Ocean of Life continually unfolding its creativeness through us when we begin to understand ourselves. We become conscious of the external and have interpreted what we see and feel according to our understanding. That is why childishly innocent and ignorant people can never mature, for they are always fearing the evil they are looking for, so the mind becomes poisoned and *their* body likewise.

A mind that is ready for creative ideas is one that has already united itself to things seen and unseen. The Creative Intelligence has created a mechanism through which It can function here. The outer is but the expression of the inner. Your outer form is but the expression of the inner. If you only see the outer then you are living in an illusion, you live in fear in ignorance. All visible forms were first invisible forms created in the "one" mind, and carried forward by the Creative Energy revealing the Creative Principle in action. This Creative Principle manifests in the invisible and the visible at one and the same time.

So, that Creative Principle in me is within the invisible and the visible what you see now, when you have seen me you have seen the Father.

We can with a little understanding find the method whereby we can consciously co-operate with this Creativeness for the fulfilment of our "being" in heaven and on earth, at the same time not in some future date. Heaven you think is some time far off, you do not know it is your mind, a belief. But my heaven is here now, I have got it. It is Eternal on my earth too, and the one is interchangeable with the other. If I know one I know the other but if I do not know one I feel the other. "All power is given unto me in heaven and on earth," this means that at the same time all power is given to the one who understands both in the inner and the outer, not in some future time. Because there is not such thing as time in Reality. Reality exists now, moment to moment, that is the time in heaven and on earth. Jesus was a man of science. He was not a preacher, he was a great scholar, the greatest the world had ever seen. And those who can see his mind can understand. But those who live in his platitudes can never understand. So our wealth lies in our Creative Power and not in the things created.

In the understanding of this great Truth is the beginning and ending of all things. For the Creative Principle is the embodiment of all laws of Creation with a knowing how. Therefore "ask and ye shall receive" is the natural outcome of the Creative Principle in operation provided that

# SELF-KNOWLEDGE IS THE BEGINNING OF RIGHT THINKING

craving is understood. If you crave how can you receive. Jesus said, "believe you have received and you shall have," there is no craving in that. There is knowing, understanding. But there is no understanding in craving. Craving is fear and doubt for the fulfilment.

We make our own limitation by clinging to the form. Creative Spirit is formless, and is the only power. Form has no power of its own. I have no power of my own, it is the Spirit of the Father within me has the whole Power. It is our sense of separation that has made us impotent while the outer form holds the mind in bondage. Your mind is held in bondage to the form, to the outer, is it not? Then free your minds from the outer and understand the inner. Then you will understand the outer and you will see that there is no separation and no division. Therefore we must not worship idols and symbols, but become aware of our Creativeness in unison with that which created all things.

When we have put away our beliefs in separation, our consciousness of the false will disappear, and a consciousness of Reality will manifest to make all things anew.

It is the state of consciousness that brings about the inner and the outer manifestation. What the inner is so shall the outer be. If we will learn this now we will avoid much unnecessary suffering. We are continually clothing ourselves with our thoughts and the state of *our* consciousness determines the kind of thoughts we have.

Is your state of consciousness caught-up in the relative? Is it caught-up in craving? Is it caught-up in beliefs, ideas, the past and the future? How can you create with a consciousness that is bound like that? The consciousness must be free to live moment to moment. This is the freedom of consciousness. Life, I am the Life now.

Jesus preached the Kingdom of God and if we listen to his teachings freed from all prejudices, all dogma, we will find that kingdom when we have discerned all thoughts of the self which lives in separation. Then we will make, the great discovery of the indwelling Christ.

It is the invisible soul that sustains the visible body, so-does the invisible world sustain the visible world. If we cut ourselves off from the invisible our inspiration ceases. When we awaken into *the* true awareness we will cast off *these* false beliefs, beliefs in sickness, beliefs that cause fear, belief in the power of sin, belief in *the* false doctrines

of false prophets. The Spirit Life is not touched by sickness, fear, sin or death, Spirit is all and all is Spirit. The soul is strengthened by the Eternal Love and to bless all no matter who they are is true religion. "I am he who lives and was dead and behold I am alive for evermore." Rev. 1: 18.

# **BENEDICTION**

O Omnipresent Omnipotent Omniscience, Thy Love and Wisdom *has* removed the cloud of ignorance from my mind and heart.

My consciousness is made clear through Thy Presence and my mind freed from conflict and illusion.

As I behold Thee and Thee only my joy lives forever. Now I think rightly, O Divine Love and Wisdom.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 1st April 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

<sup>1.</sup> John Calvin (1509-64), French theological writer and reformer; wrote "Institutes of the Christian Religion" (1535), in which he expounded his doctrine of original sin, of predestination and election; his dogma is held by the continental Reformed Churches and forms the basis of Scottish Presbyterianism.

<sup>2.</sup> John Knox (1505-72). Scottish Protestant reformer and historian. Founder of Scottish Presbyterianism. While exiled to Europe (1553-1559) during the reign of Mary Queen of Scots, in Geneva, Knox a Catholic came under the influence of John Calvin.

<sup>3.</sup> *Tuppenny*. Sum of 2 pence (two penny). Paltry, trifling.

# Lecture 10 (8th April 1952)

# "FAITH" IS A POWER LITTLE UNDERSTOOD BY MANKIND\*

"Thy faith hath made thee whole." Luke 17: 19.

To understand this wonderful power that is available to all mankind we must first understand the origin of our thoughts and emotions and how they arise. With this understanding your faith is increased proportionately.

We know very well everybody is talking about faith. And the statement, "thy faith hath made thee whole," is a statement that is in the point of the tongue of nearly every individual but they do not know it. And when they are affected by any condition someone will say to them, "well thy faith will make you whole." But that does not affect the individual who is suffering. It is necessary for the individual who is suffering to understand why he is suffering and also understand the origin of thought. That thought originates within the mind of the individual and not outside it.

Reactions to conditions in the body, reactions to conditions external to the self is very often the means of our mental activity. Our mental thoughts, our mental action is more often the result of our reactions to conditions within ourselves and conditions outside ourselves. Therefore is not so, that we are further conditioning ourselves by these reactions. But if we can discern the origin of our thoughts and see that our thoughts arise from these external conditions, we will find that we can eliminate these things and eliminate the thoughts that affect us, by discerning them. It is not the very easy process but it is the only process to relieve you of the conditions of conditioning.

When we are conditioned then we are no longer free, is not that so. If we condition ourselves by our reactions to things external to ourselves, if we further condition ourselves by the reaction to our own conditions within ourselves, do we not further condition ourselves? How are we to overcome this? Only by knowing what we are doing.

When we are aware of the origin of our thinking and the action of our thoughts we will know the result as well. Unfortunately most people are blind to this fact with the result that their thinking is merely imitative or reactionary, having no value as a creative force.

If the mind is clogged with weeds, if the mind is clogged with thoughts of fear, anxiety and doubt, how can there be any Creative Force in that mind? Don't you see this, that the mind is the vehicle through which you express yourselves. It is the screen as it were, and it separates you between yourself and the manifestation.

If the mind is clear and free then the manifestation will be clear and free also. But if the mind is clogged, how can the manifestation be free? Freedom comes only through a consciousness that is free. Free from understanding the source of thinking, so that the reactions to conditions external to yourselves and the reactions to conditions within yourselves, are understood.

When Jesus said, "believe you have received and you shall have," he was speaking from direct knowledge of a science he knew to be infallible. Thinking is prayer, thinking is creative, thinking is also destructive and constructive, according to the cause of our thinking.

So if your reactions to things external to yourselves is in the negative, are you not creating those conditions?

Thinking is manifesting because the consciousness alone has the power to think. Consciousness is in Life and Life is Creative. Therefore according to your consciousness, according to the awareness of your reactions to things external to yourselves, then you will be freer for the simple reason you will understand what you are doing.

If your thinking is based upon lack, your positive action will be filled with aggression and depression. If your thinking is based upon craving then much the same result will be obtained. If your thinking is based upon past experiences and future hopes, then there will be confusion. There are hundreds of ways I could mention upon which your thinking is based.

The experiences of the past is very often the foundation of your thinking. If your experiences are good, then happy and cheerful, you will very often express that particular feeling. If your experiences have not been happy, have been successful but have been fraught with difficulties, then you will begin to express according to your feelings.

# "FAITH" IS A POWER LITTLE UNDERSTOOD

If your future hopes are elevated then you will probably express according to your future hopes. But there will be confusion between the past and the future. Your feelings of the past and your hopes of the future will be confused, will they not? Therefore they will be nullified completely or neutralised because of your experiences of the past and your hopes of the future. But what have you done? Are you not living in a fantasy, while you have lost the opportunity of Real Creativeness in the present?

Life does not live in past experiences. Life does not live in future hopes. Life only lives **now** at this very moment. And unless you understand that, then you will react to those conditions of the past your hopes of the future, and you will lose this thing that is Real now.

Discern what you are doing, to be aware of the source of your thinking, to know if your thinking is the result of past experiences or your thoughts is the result of reactions to things external or conditions within the self. How are you then going to free your thought from these things? By discerning what you are doing. It is very simple. But it is necessary for you to begin to understand yourselves.

The saying, when you open your mouth you put your foot in it, is a saying with a great deal of truth in it. When we are ignorant of the law of thought or *the* action of the mind we place little value upon our thinking. Yet we are affected by the effect of our thought, and naturally we rebel. This ignorant reaction is proof that we do not understand "Faith."

So in one way, we are continually thinking and acting, and then we try to bring faith in to overcome this action, this negative condition, this thinking. Don't you see then that your faith is useless, that you have no faith at all because your mind is confused. It is like your experience of the past and your hopes of the future.

Faith is the power that sustains the thought. It is concentrated attention based upon understanding. If our thought is bound or influenced by any external condition then there cannot be pure thinking directed from an understanding consciousness.

If then you are bound, which nearly everyone is because you do not discern your thoughts, how your thinking is rising into the consciousness which is nothing more than the reaction to conditions external to yourselves. If you are not aware of your thoughts, your actions, your reactions, you can never free yourselves from those conditions, therefore faith is useless

to you. Don't you see what I mean; that faith is of no value to you because it is caught-up in the whirlpool of your own thoughts. That is why the majority of people never get better, even the word faith is not faith. The idea of faith is not faith.

Faith comes into operation when the individual understand himself or herself. Understands their thoughts, their actions and reactions; to past experiences, to future hopes, to conditions within the self, and conditions external to the self.

If you are aware of your thinking regards to these things then you can have faith. Thus faith comes into operation immediately you discern yourself and the ways of the self. When you see the way that your mind is moving, you will know that it is your own creation.

Behind your own creation is a Creation of Perfection, which remains always stable never changing. It is perfect harmony and peace. How are you to arrive at this perfect harmony and peace? Surely, not through a mind that is confused. Not through a mind that is continually reacting to conditions external to the self, conditions internal, and experiences of the past and hopes for the future.

If the mind is confused, how can you then reach this that is not confused?

Faith is the result of knowing, not the result of a faith or a word of faith or a belief. It is the result of knowing. And you can never reach this state of harmony, which is Eternal and Ever-present, until such time as you have discerned the in-harmony in your own minds, and how this in-harmony comes about. If you can discern how this in-harmony comes about then it will dissolve away because you will no longer be caught-up in it. You will see that you are the creator of it and therefore the self will emerge free.

The Real Self is that Self that is in every other self. But the illusionary self is the personal self, where there is separation.

In your own mind at the present time you feel that you are separated from me or from each other. If that separation then is still in your mind you can never know what is freedom because freedom cannot come through separation because you will always be reacting to conditions external to the self in your relation to the other.

# "FAITH" IS A POWER LITTLE UNDERSTOOD

But if you can view yourself, as you would view somebody else in relation to another, then you will be able to see what you are doing. Under those circumstances then you will find that there is a freedom comes because you will no longer begin to react to conditions external to the self nor conditions within the self but you will understand them. There is then a Reality that comes into operation, a feeling of Truth, a feeling of Oneness where there is no in-harmony of any kind. And the consciousness of this harmony which is complete and perfect in Itself manifests Itself through the mind and body of the individual.

Why? Because thought is electro-magnetic. It is a force that is moving out in the ether. It is like you become like a broadcasting station. Broadcasting electro-magnetic waves into the ether. These electro-magnetic waves carried through the ether interpenetrates the very walls of the atoms of your body. They not only do that but emerge outwards beyond you into the atmosphere and also through the ether into other peoples minds and bodies. You have a great responsibility. Now, when these electro-magnetic waves of energy, emitted from a consciousness, they have the effect of causing harmony or disharmony within the organism of the body.

How does harmony come into operation? For the simple reason, that the individual consciousness becomes the Universal Consciousness. And the Universal Consciousness is continually emitting harmony continuously throughout the whole of the Universe, breaking down all the in-harmony.

Therefore you become One with this complete Wholeness that is harmony, creating vibrations everywhere and you fall in line with it. All the in-harmonious conditions in your bonded body begin to dissolve away.

But if you do not discern continuously then your reactions to things external to yourselves you will be caught-up in these things again.

Jesus said, "watch and pray." It was a continual watching, a continual awareness, least you are caught-up in these things which is external to yourself; the in-harmonious within yourself or past experiences or hopes for the future. Is that not so, that your thoughts are all built up from that? Now think? Can you look into your mind and say that your thought-building is not built up from those things?

You must examine your minds to see. Then when you examine your minds you will see what you are doing, and you will refrain from doing it any longer. Discerning then is the secret.

Faith is evident when there is an understanding of the mechanism of thinking. I have so often repeated to you, unless you can discern clearly from what your thoughts arise you will be caught up in the things that influence your thinking.

So if you are caught-up in the things that influence your thinking, you are no longer free are you?

When faith is evident there is an awareness of power and direction of thought uninfluenced by any outside effects. *I will read that again because it is most important that you recognise this phrase, because within it is the secret.* And you then can think deeply and come to the realisation of what is behind, that is the great secret.

Meditation is a method that people have tried to find out that which was behind. But have you ever found out through your meditation that which was behind? No you could not for the simple reason that you do not know how to meditate. You meditate on some idea, you meditate on an image, and you create the image and you fasten your mind upon the image and you think that you are finding that which is beyond.

How can you find that thing which is beyond when your mind is concentrated upon an image or an idea? Don't you see that is self-hypnotisation. That you just hypnotise the mind into a form of I would say—dullness. You dull the mind because you hypnotise it. You concentrate your mind on an idea. But all the time when you are concentrating your mind on an idea there is hundreds of other ideas coming up in the mind in conflict to that idea which you are concentrating upon, is that not so? Then you will say or come to the conclusion that you cannot meditate at all. Neither you can from the very beginning, you started the wrong way therefore the end will be wrong because the beginning was wrong. You cannot meditate that way, that is not mediation. True mediation is to find that which is behind everything but you can never do it by concentrating on an idea, you are going away from it.

How are you to find that which is behind everything? By cleaning the mind and clearing the mind of all the relative things, all the conditions, un-conditioning of the mind by discerning the condition of the mind, that is meditation. Meditation is not concentrating your mind on an idea and holding your mind there to the exclusion of every other idea, because it cannot be.

# "FAITH" IS A POWER LITTLE UNDERSTOOD

True meditation is discerning your mind to free your mind so that wisdom and love will manifest. But can wisdom and love manifest in a mind that is caught-up in all these conditions which produce separation, antagonisms, doubt and all those feelings. If you discern then what you are doing you are then meditating.

When faith is in evidence there is an awareness of power and direction of thought uninfluenced by any outside effects. The conscious awareness holds the mind directed towards the object or subject in question. In this attitude of mind, time and space are lost sight of. When we are completely aware there is an attention in which there is neither time nor space.

But before that attention comes, that attention is held without a form of force of 'thou will' without desire. If you try to force your concentration through will to the exclusion of everything else, then you are not meditating. But if there comes into your mind through the expression of every thought in your mind, rising to the surface, understanding every idea and movement in the mind, then these ideas and movements will not rise again into the consciousness because you have dealt with them. But if you do not deal with every thought, with every idea that rises in the mind it will repeat itself again and again and disturb this silence of yours.

How are you to receive silence then? How are you to gain this attention in which there is neither time nor space? Because this attention holds Itself without will. It holds Itself because of the mind that is clear and cleansed, and where there is no conflict, no antagonisms, no duality, no oppositions.

Surely you can see what I am driving at now. This is the way the Masters get clearness of mind and they teach those who want to have clearness of mind too. So that when the mind is cleared of all those things, that which is attention in Itself, perfect in Itself is Reality, which is not brought about by a concentration through will or desire, but the expression of that which is behind all Creation.

There is but one perfect mode of action used in Creation whether it be the creation in Infinite Mind, or a creation in man's mind. The mode of right action must be the same, because man's mind is the reflection of the Infinite Mind. This cannot be otherwise for the simple reason that

man cannot think outside the Infinite Mind and the mechanism of the Consciousness cannot be other than the Consciousness of the Infinite manifesting in man's mind because there cannot be another Consciousness, the Infinite being infinite. Unless this is understood the thought will be a contradiction of itself.

How can you think outside the Infinite Mind when there is no outside the Infinite? Therefore you must think in the Infinite Mind.

You are made in the image and likeness of the Creator, that is a Truth, because you cannot be made any other way. If you were made in any other way you would have to be made outside the Infinite and that is an impossibility because there is no outside the Infinite. Therefore the Infinite must be expressing Himself. Therefore the Infinite which is the Creator of all things must use His own Substance, His own Consciousness, His own Life, and all that is His to create within Himself, therefore you are that Creation.

But the clarity of mind is so essential before you can reach that stage of understanding. If you are caught-up in a belief; is your thoughts, your emotions not tinged with the belief? The belief is the foundation of your thinking, is it not. And your thoughts built upon a belief? But you do not know whither your belief is true or not. As you progress you find that your belief is wrong. So therefore all your thinking falls to pieces and the foundation of your thinking is no longer existent. How are you then want to build another structure of thought from another belief, from a little belief a little bit higher up? Are you going to build on your structure of thinking on a belief a little bit further on, a little bit further on, while that is cast away and that is cast away and you no longer have any foundation for your structure?

Don't you see, that if you build your structure from the things external to the self, which are effects, the conditions within yourself which are very often self-created through illusion, from the past experiences which influence your thinking, which may be sorrowful or joyful or whatever the case may be or your hopes of the future. Is there any basis upon which you can think a structure that can remain permanently? Of course not!

Well, how can you build this structure that remains permanently? By understanding that which is experiences is influencing your thinking. By understanding that hopes of the future is influencing your thinking.

# "FAITH" IS A POWER LITTLE UNDERSTOOD

By understanding that your reactions to things external to yourself is influencing your thinking, and the conditions within yourself is influencing your thinking, you will see how false they are. And then you will come to the conclusion that the only structure of your thinking is the present, which is ever-present Life, which is neither past nor future, which is not conditioned in anyway whatsoever. Therefore your thoughts will not be conditioned but will be pure. But before your thoughts can be pure you must recognise the fact that your mind is conditioned by your reactions to things external to yourself by conditions within yourself by your past experiences by your hopes of the future. If your thought is then conditioned it is not free and you are not free because you are caught-up in your conditioned thought.

You can be one thing or another, you can be a creative genius through faith and understanding or you can be a destroyer through ignorance, or you can be an ordinary weed in the middle of the stream buffeted about from side to side. Only when you realize that you are the ever-present Life that gives rise to creative genius does your inspiration come, so your faith is increased accordingly.

There are a lot of giants of ignorance in the world. In the political field and in the business world we see plenty of them, but a real creative genius is rare. When you live in the ever-present Life giving expression to It, you will have a power and faith that nothing can shake.

So we see giants of ignorance everywhere. But as their foundation is based on an illusion the whole thing must fall to pieces and as it does. Nothing can exist as a structure, even mental or physical, political or religious can ever stand unless it is based upon the true foundation of the Oneness of all things.

If there is sectionalism, if there is creed and separation, if there is political separation, if there is dogmas and ideologies, and there is structures built upon these falsehoods, then as sure as the sun rises in the morning they will fall to pieces and be destroyed, and those who support them will be destroyed with them. There is nothing surer than that. That has been seen from time immemorial but man will not take heed, he is still blind; caught-up in his ideas, caught-up in his belief, caught-up in the external, and all the reactions to these conditions build the structure of his thought which is false. Unless you can see the false you will never see the Truth. Never!

When you live in the ever-present Life giving expression to It, you will have a power and faith that nothing can shake.

Everyone is born with desire for achievement because Life is always expressing Itself. Where there is Wisdom and Love, there the mighty power of the ever-present Life is revealed. Thus we are endowed with the ability to realize our unity with the Creator of all things. Therefore whatever we ask knowingly we shall receive, for this is the Law of Creation. Craving ignorantly is doubt and contradiction.

Is it not so that the greatest fallacy of the human race is that they are always concentrating on lack, a feeling of separation. But if you get behind the individual and there begin to realise that which is common to everyone of us—the Life that sustains you and me, being the only Creative Power there is and contains everything, then you have no lack, you have everything. For the very Life that gives form, that creates form that you are seeing now before yourselves.

I see before myself. Therefore if I look to the human, look to the individual, I see separation. But that is the senses.

The senses reveal certain things to me, to my mind, and as the senses reveal those things, I build up the image of what I see in front of me. But that is an illusion. Not to say that you do not exist but I am creating an image of you in my mind because it is only light vibrations I receive into my mind. I do not see you I see the light vibrations which I reflected from you therefore I build the image in my own mind.

Therefore the senses reveal a sense of separation. When you discern this fact and you get behind, there is an inner wisdom an inner understanding that becomes aware of a Life that is not separated but a Life that is Eternal and Ever-present, and is common to you and me and which is the only Reality there is.

But can I realise this while my mind is caught-up in everything that the senses reveals to it? If my mind is caught-up in reaction to things external to the self and all these other things that fill the mind, can I begin to realise that which is behind, of course I cannot!

What have you to do? The first place you have got to understand yourselves, understand your thinking processes, understand what is happening.

When we plant a seed in the ground we leave the rest to the Intelligence to reproduce its kind and you know that there will be

# "FAITH" IS A POWER LITTLE UNDERSTOOD

an abundance. The seed is reproduced in the exact image of itself in abundance. So it is with our thought when we understand the same Law is in operation both in the seed and in man's *mind*.

And I have the capacity to plant a seed in the Infinite Mind, if I know what I am doing. But as Jesus said, I go away and leave the seed, "when man sows his seed he goes away and leaves it." The rain comes and waters it, and while he sleeps it grows. So it does with the Infinite Mind.

But how are you to plant a seed in Infinite Mind that is going to grow?

If I have in my consciousness which is double, if I have in my consciousness a belief that will grow and a doubt that it will not grow, is it not so that I am contradicting myself? And it is like placing a seed in the oven, it is burnt up it does not grow, I plant it in the ground and nothing happens. Is that not so that I do with the same seed in my mind, when I burn it up with the contradiction, how can it grow? It cannot grow, it is impossible.

But with my true understanding. My conscious awareness of all that is relative, and I have now become a consciousness free from any antagonisms, free from any duality, free from any influence whatsoever, and the freer my consciousness is the more likely is that seed to grow. But when I plant the seed do I come and look at it again to see if it is growing? Do I tear it up to look to see if the roots are there? That is doubt, no I go away. And faith, knowing, comes into operation and waters it and it grows while I sleep. It comes to maturity, sooner or later, but I am no longer doubtful, I am no longer worried about the effect or the result. Because I know the seed will be in the exact proportion, condition, shape, size, and individuality according to that seed which I planted, so it produces its kind in abundance because there is no lack in Infinite Mind. The lack is in your mind.

So the seed is reproduced in the exact image of itself in abundance. So it is with our thought when we understand the same Law is in operation both in the seed and in man's mind.

Jesus said, "it is the Father who ever remains in me is performing His own deeds." When we understand this truth we will no longer put our dependence in the power of things created but upon the Power that

creates. God's gift to man is "Faith." Faith is the "substance" Paul says, and the things created is the evidence of "faith." But Faith is a Knowing which is the growth of the thing, which is the actual activity of the thing. The predetermined Knowing of the Infinite is the manifestation of you and me, is it not so? If there was a no Knowing, you and I could not come into operation.

The fact is that I Know, I know that it is an attribute of the Infinite Knowing it could not be otherwise. The fact that I have consciousness must be an attribute of the Infinite otherwise I could not be conscious. Where could my consciousness come from? Not outside the Infinite that would be an impossibility. Therefore my Knowing must be Infinite Knowing. But if I am caught-up in fear and faith at the same time, I am no longer any Knowing, I have a belief. But is a belief knowing? Of course it is not. A belief is not knowing. Believing and disbelieving is a process of ignorance, that all it is.

When we understand this truth we will no longer put our dependence in the power of things created but upon the Power that creates. Therefore God's gift to man is "Faith." Faith is the "substance" Paul says, and the things created is the evidence of "faith." We must learn to exercise this power wisely, intelligently co-operating with the predetermined scheme of creation knowing that our success lies in the good of all and not primarily for the self.

Would it be the Infinites desire to produce for the self only? No! That is the self's desire, produced for the self only. The self can produce for the self only. But the self doing so brings his own conditions and therefore he has got to accept the conditions, in which he brings into operation. But the Infinite which is Whole does not express for the one self only but expresses for the Whole. And if you can understand that you are the Whole you can express for the Whole and in doing so you have abundance.

The Faith I am speaking about is understanding Faith and not ignorant faith. The invisible is made visible through faith which is the evidence of things not yet seen. In the lives of most, experience is bought dearly because they will not take the trouble to enquire into the how of things. Although many have found this knowledge through experience, there are *also* many wise enough to search for this knowledge and have found it, much to their advantage and to the advantage of others, whom they are asked to help.

# "FAITH" IS A POWER LITTLE UNDERSTOOD

The Christ is the Wisdom of God born in each one of us. It is the Word of God that existed in the beginning and that same Word forever remains immortal in us, the flesh having no say in the matter, meaning that the flesh cannot bind the immortal Word, but this Word can and does rule all flesh when this Truth is understood.

Here is one of the most profound statements which I will try to make more clear to you.

The Word that was in the beginning must be the Word which is Eternal and that Word is Immortal. And it is said that the Word was an expression of God and God was that Word, and the Word became flesh. The Word is the Immortal thing. The Word created the flesh, as it was the Word that came into operation, the Word was behind all Creation. And without the Word nothing could come into manifestation because it was the Word that was Creative and the Word remained Creative. And the Word remained Immortal, the Word remained Eternal. But that which is created was a manifestation. As a manifestation out of a Substance of which existed before the manifestation came into operation.

That Substance Itself you do not create. That Substance Itself although relative to you and me is a Substance upon which God Himself manifests and creates. Therefore the Word that was in the beginning was God was with God and created the manifestation through which is known as the substance called ether, which is a basis of Substance (which is the basis of every form existing in the Universe and is also the carrier of all vibrations in the Universe both in light and sound, electro-magnetic or whatever you like to call it), it carries within Itself and through the very pores in the walls of the atoms of the manifestations which have been created within it, and behind that Substance is the Word!

Have you ever seen the Word? The Word was with God and the Word remains Immortal, that is the Christ. No one has ever seen God but God is manifested in the Son. "And when you have seen me you have seen the Father." Meaning to say, that you have never seen that Unknowable thing that Is behind all Creation. Yet you have seen the Creation of it and that Unknowable thing must be within the Creation. Therefore when you have seen me you have seen that which Creates. Although you have not seen the Creative Principle, you have seen the Creation in which the Creative Principle exists.

But that which is Creative remains Immortal. If you could see that which is Creative it would become relative and would also disintegrate just the same as your body would do so. It would not be Immortal it would not remain permanent, sustaining itself as itself for ever and ever. But it would become a form which would disintegrate, transform into other forms, it would be relative. Just like my body is relative.

But that which is within me which gives; voice, which talks, which speaks, which has the power to speak to use the mechanism which is created for the purpose; the brain, the nerves, the system, the mouth, the tongue, and all the implements that are necessary to perform a word and express and express word. And the mechanism is brought into operation to express that word is tremendously delicate and intricate, only possible to be created by Infinite Mind knowing all things, understanding all things, having all Wisdom, being Omnipotent, Omniscience and Omnipresent.

Thought exists in the inner realms and is manifest in the outer. There is only one substance in the Universe out of which all is created, this substance is acted upon by thought. The thought takes form in that substance. This substance is abstract in nature and is acted upon by thought. Faith is the power that sustains the thought till it is reproduced in the outer or in the concrete. The concrete is but the effect, and not the cause. If the cause is contradictory the effect *will* be likewise.

Man uses the same power in creating in his own life, as the Creator uses in creating man. Yet man by his ignorance of the mechanism of that power produces confusion instead of harmony. The Law is that the seed shall produce its kind. "My word shall not return unto me void but shall accomplish that which it is sent forth to do," (it brings forth exact which it has been sent forth to do. If you can understand the Master's words and you can get behind the word itself, and see the clearness of his statements and know the scientific understanding he had before he spoke those words, you will also be able to do the same things. Because he said these words, "greater things than these shall you do.") So therefore, "my word shall not return unto me void but shall accomplish that which it is sent forth to do," means that by faith in my word it will produce from the unseen to the seen in exact proportion as I think with understanding Faith.

Job said, "what I feared came upon me." This is the same law put in reverse. Therefore thinking in faith or fear amounts to the same

# "FAITH" IS A POWER LITTLE UNDERSTOOD

thing. When we understand fear then we will understand faith. Yet we talk so glibly about faith, and not understanding fear we are caught in the net of fear and our faith is wanting. "He that hath not even that which he hath shall be taken away from him. But he that hath more shall be given unto him." This is understanding faith.

So, here is the Law explained in a few Words. When the seed is sown the Father does the work. Our work is to be aware every moment, confidently realizing our creativeness in fulfilling the great scheme of the great Architect of the Universe with Love and Wisdom. Love and Wisdom have been promised to anyone who asks in faith with never a doubt.

So you have the key to the whole thing—Love and Wisdom. And is promised to anyone who asks in faith with never a doubt.

The mind that is sure in this knowledge is first of all active in the asking then becomes passive so that the work can be done. This is the link we have with the Eternal Ever-present Life expressing Itself always in the now. *Not in the past or the future*.

The asking must be accompanied with the dominant attitude of mind that refuses to give up, refuses to fear, refuses to worry for things to come, only seeing the Creative Principle acting freely exercising its own wisdom in the manifestation of things asked for. *It's own wisdom*.

Thinking in faith is the evidence of that which will be produced, then the seed sown is watered by faith and understanding. The majority of people expect the worst while hoping for the best. Is this not the height of contradiction? Yet how can this be avoided? Only by understanding faith and practice, practice makes perfect. *And* with all great artists understanding and practice is the foundation of this excellence. So it is with you and me. One who can practice the Truth perfectly is the greatest artist in the world. *Jesus was the greatest artist in the world, because he was the artist of Truth.* It underlies all other artistry no matter in what direction, for without Truth there is no real artistry *in any direction*. Therefore we must look into the perfect Law of Liberty knowing that whatever we ask shall be done unto us.

Successful experiences are not enough, for if our successes deprive us of the conscious use of faith and understanding then we are on shifting sand. If you have a successful experience and say I did this and did that and you depend upon your past experiences, you are on shifting sand.

You cannot depend upon these past experiences. You can only depend upon this faith that I am trying to show you. We must see beyond experiences into that sure and stable state, where the Father doeth the work, then only can we think constructively and create with faith and understanding.

"If any of you lack wisdom let him ask of God who gives to all men liberally and with grace and it shall be given him but let him ask with faith not doubting, for he who doubts is like the waves of the sea driven by the winds and tossed." James 1: 5-6. (Eastern text).

# **BENEDICTION**

O Understanding Faith, wherever I gaze I see what Thou hast done.

Keep my mind from wandering into the bog of doubt and fear.

Train my mind to hold on to Thy invisible power and my soul to speak the word that creates out of the void.

Oh, may I ever remember his words, "thy faith hath made thee whole."

Keep alive for ever that faith that never wavers, never dies and bless me with Thy Love and Wisdom, O Eternal One.

Love and Wisdom is only Creative there is no other creative thing at all. All other is illusion.

<sup>\*</sup> The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 8th April 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.