

## Lecture 1 (14th October 1952)

### **GOD, MAN AND THE UNIVERSE ARE ONE\***

*Now, the first of the new series and there are a few new students amongst us. I want to tell them that this teaching is entirely new to most people. But it requires a certain amount of patience before the mind becomes free to understand it.*

*You see, the method I use is to try and take all ideas, images and beliefs away from the mind. Beliefs in reality, ideas of reality, sensations of reality because these things are in the mind, they are not Reality. They are not the Real thing and you are living in an illusion by doing so.*

*Now if I take away all these things and ideas and images from your mind. And then I try to give you another idea which is better than that one, no matter how great that idea may be, you are still caught-up in the same prison. Its still an idea and you still do not know the truth. But the Truth IS, it does not have to be. You do not have to create an idea of it or an image of it because it IS. It is the Livingness of your self. Therefore it is necessary to cleanse the mind of all the things that are hindering the expression of that which IS.*

*Therefore Divine reasoning is the means through which we reach the point where we must go beyond Divine reasoning into that which is greater. Into that which in Itself is Eternal and Ever-present. Even Divine reasoning is of the mind.*

*Divine reasoning, the greatest thing that man can do as far as his mind is concerned, yet this goes beyond Divine reason because it goes beyond mind.*

*What we reason in the mind is in the mind. We create images and ideas according to an idea. The idea in the mind is a nucleus from which our thoughts move outwards and we build up from that idea. But that is not Truth. Let me tell you this it is not Truth.*

*Now when I am teaching you, what I do then is try and eliminate all the limitations, all the things that are hindering Truth; ideas images and beliefs. To show you what they are so that you can discern them for yourselves and know them for what they are, then they will fall away and you will know they are*

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*not Truth. And immediately you know that they are not Truth then Truth reveals Itself to you because it is Ever-present, you do not have to create it, it IS. But you create ideas about it therefore it is relative, it is limited, it has no power of its own.*

*Therefore think now clearly of what I am teaching you, is a way that the Masters teach. At least the great Masters teach. So that it enables the student to eliminate from his mind all things that are hindering the expression of that which Really IS.*

*And Jesus said, "I of myself am nothing, it is the Spirit of the Father within me that doeth these things."*

*But if you just read those words and make an idea of those words in your mind or imagine Jesus saying them, it is of no value to you, they must Live in you. They must be alive in you just as they were alive in Jesus. And that is the Truth, there can be no other truth. To take his words and make a mantram of them or say them without understanding is useless.*

*Therefore if you have an idea or you pray to your God while you are still caught-up in your ideas and your images, you are conditioned with them, you are only bringing your prayer into your conditioned state. Therefore your prayers are idolatry, they are illusionary.*

*True prayer is an understanding that God, man and the Universe are One and there is no separation. And you enter in, as Jesus said, into the closet. That is into your very inner being and therein there the Almighty is and with Him you commune.*

*But you do not commune with Him as something apart from yourselves, but knowing that He and you are One. And whatever you open yourselves to, eliminating all these conditions and all the conditioning that you have created by yourself. If you then discern this conditioning totally, it will fall away from you, and then you will know that, that which is Eternal and Ever-present and is your Livingness. My Livingness and your Livingness. I am alive and Living. That is God, there can be nothing else, God being Infinite in nature.*

*Therefore enter into Divine reason. And by our Divine reasoning we are able then to get to that particular point, as it were, the sound barrier where we penetrate that barrier which is nothing at all practically, I often liken it to a piece of tissue paper, where you push your fingers through. But everybody comes to that piece of tissue paper and they still remain on this side, because why? Because they are living in their ideas, in their beliefs, in their sensations, and we are not allowing Reality, that which in Itself to express Itself.*

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*I want to show you clearly, that if you have an idea of Reality it is not Reality. I am talking to you in relative terms. I am speaking to you in words. But I do not want you to repeat my words or make an idea or image of my words. My words are for a means, to eliminate these conditions or the conditioning you have created in yourselves through your images and your beliefs. By doing so then, the mind is clarified and becomes clear. And the most beautiful, the most perfect thing in the world takes place—the Love of God, the Perfectness of God manifests Itself, because it is Eternal and Ever-present.*

*But how can you reach that particular Love, how can you grasp it, feel it? You can see it in your neighbour. In your relationship to your neighbour will be a self-revealing process to you. As you see and noticed what you are doing to your neighbour, how you are treating your neighbour and so forth. It is a revelation to yourself of what you are. But if you are not wide awake you cannot see it. It requires then an awareness of your action, thought-feeling reaction, so that thought-feeling reaction you can discern it and understand it. Then as you understand it, you are not caught-up in it, it passes away, dissolves into nothingness and every day of your life you become aware and you notice how you are acting, how you are feeling and how you are reacting. Consequently under these conditions then you know yourself and as you know yourself all fear passes away because everything is within yourself. Even your stupidity because that is your own creation, as well as that which is within yourself, that which is Eternal and Ever-present. Which are you going to live with?*

*Well you will say, "I'll live with the good and I will discard the evil." But if you live with the good you will still have evil because good and evil are relative terms. But if you get rid of the good you will get rid of the evil too. For the whole Truth is, that good and evil are relative terms that belong to the tree that grows in man's mind.*

*You cannot say that God is good because He is evil. There is no duality in God. Therefore you must get rid of this duality, these opposites of good and evil, of fear and faith, ill-health and health, and all these things that have opposites because if you have one you have the other. If you have good you have evil. If you have health you have ill-health. If you have success you have failure. But there is no such thing in God. There is no such thing that belongs to man's mind. There are ideals, beliefs in man's mind.*

*I am showing you now what is necessary to get rid of. I want you to get rid of all the opposites, all the duality, so that which is Ever-present in Itself, Eternal and Ever-lasting will manifest Itself in you.*

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*It is difficult for a student to begin with, to accomplish this, because you are looking for the good and trying to runaway from the evil. But I tell you this, Jesus said "resist not," knowing perfectly well that it has no power of its own. It is the eye that when single manifests the beauty and the glory of the Christ within. Therefore the peace that comes with that is beyond understanding.*

This is the first lesson of this series and I want it to remain the basis of what I will say afterwards even if it may be somewhat in the relative plane.

The great latent hidden desire in every soul is to give expression to that Infinite Creative Power from within. This desire is often clouded with ignorance because few know how to give expression to this mighty Power that is latent within all, not knowing that God, man and the Universe are one.

*God, man and the Universe are one. They cannot be separated in any way whatsoever. There is no separation in the Infinite Mind. There is no outside it. But this must not be an idea for an idea is of the mind and is not Truth. Therefore although it is Divine reasoning we have to get beyond that Divine reasoning and know the Truth.*

*There is this, so called, barrier that is the mind of the individual. Now because you are always thinking in your mind, if you are caught-up in your thinking, how can you know the Thinker? If you are caught-up in your creation, how can you know the Creator? If you are caught-up in the relative, how can you understand that which is Real? If you are caught-up in your mind, how can you understand that which is beyond your mind? How can you know that which is beyond your mind? Not that you will ever understand what it is or know what it is but you will know that IT IS.*

*And it is this great mighty Completeness that comes to the "Being," when you know that you are, you do not have to be. You do not have to be something, **you are now**. You do not become something, **you are now**. Why? Because **GOD IS. God IS NOW**. If you are not NOW, you will never be. Tomorrow never comes. Becoming is always going away from Reality. **BEING is REALITY**.*

Now the failure with most people to accomplish this all-important and essential thing is because they look to some power that is separate from themselves, not realizing that the Creative Power is the Life Force within, which has the power to direct the Intelligence, which is behind all things in heaven and on earth.

Life alone having consciousness is the consciousness in man. Life, having Intelligence or knowing how, is released only when the Consciousness

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in man becomes aware of the Truth that God, man and the Universe are one and not separate.

*Not a belief. A belief that that is true is just an idea in your mind. Therefore I say to you this thing and you take it away and you believe it is true. But if I tell you this I do not want you to accept what I say to you. I want you to get to think about it until such time it becomes your own Truth. I want you to think about it, not accept what I say, otherwise I am not teaching you at all. In fact I cannot teach you the Truth but all I can do is to teach you what is not Truth, so that you will find the Truth yourself. And you will find it if you follow these instructions, because they are the instructions of the Masters who have taught me, the great Master Jesus himself, the methods as he taught his own disciples.*

*Therefore it is the only way which you can find the Truth. And you must find it yourselves, I cannot find it for you. Because if I find it for you it will be just another idea in your mind of what truth is. Therefore it would be useless to you.*

The Law of Life is that full recognition must be given to It and It alone as the creativeness in man; the self which is the hindrance to Life's full expression must be dealt with through understanding of the self and how the self prevents the expression of Life by not living in the present.

*The self always brings in the past and the future which clouds the present. That is the mind, the self. That is the self and the mind are one. The self that is separate because the self feels the self in separation. It lives in separation, so does the mind live in separation.*

*When you have an ideal you isolate yourself from your brother, do you not? If you have a belief you isolate yourself also from your brother because your belief is according to what is in your mind and according to your own conditioning; how you are brought up, what you thought when you were a child, how you were trained so forth, what nationality you belong to, what group you belong to, what religion you belong to, and so forth, you are conditioned thereby.*

*Is it not so then, that the past and the future are just the same, they are conditioning you. The past is conditioning you. The future is conditioning you. Why then live in the past and the future when you can live in the Ever-present, now? But you cannot live in the Ever-present now while you are conditioned. But if you recognise how you are conditioned it will fall away from you and*

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*Truth will reveal Itself. It is not so difficult. But you have always been given ideas. You have been given an idea and a belief to accept, therefore you have become imitators. You cannot be free can you if you are imitating another? And how you are imitating another, you are just imitating what somebody else says. Therefore you become imitators and you cannot be free.*

*If I could only take away everything that is preventing that which is true manifesting in your life. It would be the greatest thing in my life, the greatest thing that ever could possibly be. But I cannot do it. You must do it for yourselves. I can't eat your dinner for you, you must do that yourself.*

Therefore by being conscious in the consciousness of Life Itself continually in the present we can express Life with effect and accuracy in any direction, provided we know this one Supreme Law of Life, that God, man and the Universe are one **now**, not in some future time as some think, for if you are not now you will never be.

Jesus said, "It is the Father who ever remaineth within me He does the work." *Now! Not tomorrow! Now! He was doing it then and now too always expressing himself. So Jesus was free from conditioning. He was not conditioned that is why his whole thoughts were pure. But your thought is not pure, why? Because you are conditioned and your thought is according to your conditioning. But if you discern how you are conditioned and this conditioning dissolves away from you, then your thoughts shall be pure. And it shall be great and it shall be powerful.* Now there is more to this than is seen on the surface. If we look at the feats of the Master we see the conscious direction of a power that is miraculous, yet it is not miraculous when we understand the Laws pertaining to the *expression* of the Life Jesus called the Father, for he lived in that Life always in the present.

The Life Jesus called the Father was the Life that he was himself and could not be an idea or a memory. *Because if the Life which was in himself was just an idea in his mind or a memory of an idea or a belief, he could not perform the feats that he did. But he was Ever-present in that Life and that Life was Ever-present in him. Therefore it was true enough and easy enough for the Master who was completely unconditioned in anyway whatsoever to allow the Life of God to manifest in anyway he pleased because he was the Father. "When you have seen me you have seen the Father." "Know ye not I am in the Father and the Father is in me." "What do you mean by saying, 'show me the Father,' don't you know that I am in the Father and the Father*

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*is in me, when you have seen me you have seen the Father.” “These words that I speak are not of my own accord, it is the Father who ever remains within me, it is He who is performing His own deeds.”* Jesus said, “I am the Life, the Father and I are one,” this could not be a product of mind but an actual consciousness of Life itself. *It was Life. Now, do not make an idea of it or make an idea of his sayings in your mind. Because listening or hearing Jesus or hearing me saying those things, means nothing to you at all. They must become alive and Living in yourselves.* Therefore God, man and the Universe are one and the same. It was this that Jesus understood perfectly.

*When he saw the imperfection in man he knew that man himself was the cause. Because there could be no imperfection in God. Man was living in duality. Even when man saw the good it was associated with evil. Because he only could see good if he saw evil and he could only see evil if he saw good, therefore he was caught-up in duality.*

There existed in the East great sages thousands of years ago who founded a great school of wisdom, it was known as the wisdom of the Ancients. The great sages of Persia, the Magi, were a branch of this great school. At the same time there was a branch in ancient Egypt known as the great therapists of Ancient Egypt.

These schools were founded by *the* great sages and their work was secret and sacred. They had contact with great sages who had passed from the earth and these sages revealed, the truth; that God, man and the Universe were one, and this included the practical application of God’s Creative-power in man and *all the* legends tell us of *the* wondrous works, done with this understanding.

*The Pyramids of Egypt. The separating of the water on the Red Sea. Jesus calming the storm. The loaves and the fishes. The walking on the water and so forth were all the expression of the Realisation of the Truth that came through this wonderful teaching.*

These schools existed for many years before and after Jesus came, they became extinct as dogmatic religion came into force and history tells us how many of the books and records of these schools were burnt by order of King Constantine. Nevertheless the Truth still intact was kept alive in the Himalayas. *Away from the ignorant minds that would try to destroy it.*

*Because they thought that organised religion which was really antagonistic to one another was the truth, it was all in the mind. But you see, these great*

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*sages knew differently, they knew it was not of the mind. The mind was a vehicle through which the Truth would manifest. But one had to reach the stage where the mind could be searched with freedom, without condemnation, without identification. And there true Realisation of the Truth became an established fact to the Masters. And by that immediate expression of that Truth it became an actuality, a Living Expression as it was in Jesus.*

*Jesus, of course, went to the Himalayas. He went to Persia to the Magi. He went to Ancient Egypt and to the Schools there that showed him the great Truth. But even then he became a greater Master than all the rest put together. Because he saw beyond, even that which was limited in itself. And with him there was no limitation and as he said, "all power is granted unto me in heaven and on earth." It was not a saying to him but a complete Realisation of the Truth of his own Livingness. The power that God and he and the Universe were one.*

*Therefore he became the greatest living Master since time began and still remains the greatest living Master, alive and Living still.*

To know that this Truth is the greatest treasure in the world; every soul is trying to find it one way or another, either consciously or unconsciously, each one is trying to express the Creative Power but with little success because the Law is not understood. *God, man and the Universe are one.*

What is keeping people ignorant of this wisdom today is that God is presented to most children and adults as some person outside themselves which they have to worship in ignorance. In many books for children God is represented as a bald-headed old man with a long white beard and flowing robes to hide his body. All these stupid versions should have *long* been relegated to the wastepaper basket.

Is it any wonder that we have sceptics, scoffers of spiritual truths in our midst when we are asked to accept such rubbish or be damned to a place called hell, *which does not exist outside mans own mind.*

*And here is a letter I received from a person who wants to know something: what is true. He says, "I am a Protestant by religion. I was educated in a Catholic School. I was puzzled to hear the Catholic stating, that their religion is the only first and true church in the whole Universe. And other religions which are separate from their church are on the wrong side. On the other hand, the Protestants contrary insist on saying, that their religion is also the true one. Will you please assist my hearts pain by settling this question?"*

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*Here is a person in confusion. The reply is: God is Infinite in nature, that means He is Omnipresent, Omnipotent and Omniscience. He is therefore present everywhere. There is nowhere where He is not. He is All-Power and All-Wisdom. God is Life and Life is God. There can be nothing outside Him, otherwise He would not be Infinite. Therefore you cannot be outside Him and He cannot be outside you. Within God we Live and move and have our being and He expresses Himself through us. How then can there be a wrong or right side? If God is everywhere then He must be on the wrong side too. There is only one God, so how can He be divided against Himself?*

*We get dozens and dozens of letters like this, asking us to clarify these conditions that exist in the world today caused through people who are ignorant of the Truth. Oh how true it is what Jesus said, "the blind lead the blind and they all fall into the ditch."*

When we begin to know the Truth *that God and man and the Universe are one*, we realise that they are not separated but are one whole. Therefore hell is an imaginary place in man's own mind.

But as there can be no place where God is not present always we see that these stupid statements are made by ignorant minds who have not the ability to think, so *they* perpetuate a lot of nonsense which the unthinking accept as true, the blind lead the blind and they all fall into the ditch, *as Jesus already told us.*

Heaven is a state of consciousness acquired through the understanding of the oneness of all things. God, man and the Universe being one, the Universe gives rise to the individual and the individual, that understands, gives expression to the Universal. Heaven is a state of consciousness that is aware of wholeness, oneness, where separation does not exist, the unity of God and man as one and the same. *For it cannot be otherwise, God being Infinite in nature.*

It was this wisdom that the ancients knew and practiced, it was the same wisdom that Jesus gave expression to. This wisdom can also be yours and there is not anything that can compare with it. It is more precious than all the rubies and fine gold, the prophet tells us, and when we *have* it, we know that it is so.

*And when this wisdom is yours because you shall find it. As James says, "whoever seeks wisdom, if he prays then he shall receive it." But he must pray a certain way. Because the double-minded creature need not think he get anything from the Lord. And the double-minded creature is the individual who is living in opposites and in duality.*

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*Extraordinary but true, how simple is the Truth. It is terribly simple. Jesus said, "thy faith hath made thee whole." Wholeness was already established. Wholeness is, it does not have to be, it is now. Your wholeness is now, he said, "your faith has made thee whole."*

*At moment when she touched the garment of Jesus, there was nothing in her mind, it had been cleansed and clarified. There was nothing but the faith that she touched his garment she would be whole. There was nothing else in her mind. Nothing to counter it. No belief or doubt in her mind. There was just that complete faith. And she made her way through the crowd. She pushed herself through the many people that were surrounding him until she reached the very garment, because she knew that she touched that garment, she would be healed. And instantly the healing took place. The wholeness that is established now is complete in Itself. It does not have to be. You do not have to create it. It is now established, now at this very moment, it is so. Jesus said, "thy faith hath made thee whole." That was the simplicity of the teachings of Jesus. It is the simplicity of the Truth in your life that was spoken to. You are whole, now at this moment.*

*Therefore if you pray in your conditioning, you pray amiss. But if you pray in faith, knowing that wholeness is, then your faith shall make you whole. But if you pray with your tongue in your cheek believing in your trouble, you are living in duality, you are thinking of health and ill-health. You are thinking as the ordinary people do in faith and fear. Fear on one side and faith on the other. You fear your trouble, and you have still an inkling, a small particle of faith that God will heal you. Therefore you will fall by the wayside. It is like the seed that falls in the rocks and does not produce anything or the seed that falls on the ground and the birds take it up and pick it away. But the seed that falls in ground that is prepared through understanding, it shall grow and produce ten, twenty, sixty and a hundredfold.*

*Unless the seed fall into the ground it shall die. Unless the seed falls into the ground and becomes part of the Creative Principle of Life, it shall die in itself. But if it falls into the ground and it then takes root it shall grow and produce its kind, sixty a hundredfold. So it is with you at this very moment. Wholeness is the Completeness. Wholeness is everything. It is your NOW, Wholeness Completeness. You do not have to be, you are now, at this very moment.*

*That is the teachings of Jesus; "thy faith has made thee whole." If Wholeness was not there now, she could never be whole. If Wholeness did*

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*not exist now, you could never be, neither could the woman have been whole either. But because Wholeness was Complete in Itself, Wholeness was established there through faith, alone. Without fear, without doubt, the mind being entirely and completely clear of these things of duality.*

What is wrong with most people is that they are ruled by what has been told to them by others who do not know themselves. Few people use their Divine gift of reason inherent in all, their minds being full of concepts they are thus giving expression only to memories and ideas instead of a Living God now, knowing that God living in them now<sup>1</sup> makes them alive.

*The Father hath Life in Himself and He grants the son to have Life in himself. It is the same Life. There is no separation between the Life and your life and the totality of all Life in the Universe because there can be no separation in Life.*

Most people say that they believe in God but do not know where He is. How can they be sure of such a God? When I ask these people where God is they look up into the sky and say [up] there somewhere. *As if He has a special locality in someplace. But God has no special locality, He is Omnipresent. He is Present everywhere there is nowhere where He is not. There is no such thing as locality in completeness. There is only locality in the mind of the individual who lives in separation.* Fortunately the present generation is not so gullible as their parents were, they want to think things out for themselves and this is the beginning of the revolution of man.

*That is why the churches are running after all the young people to try to get them to come in. To be caught-up in this particular form of religion which is separatism. Catholics, the Protestants, the Hindus, the Mohammedans and all that are like it. They are all alike it everywhere, trying to claim everyone for themselves, so they can separate man from man.*

*Oh what a tragedy. I wish Jesus could come back again in his Completeness and Wholeness, and yet denounce all this thing as he did before.*

Most people are slaves to tradition in thought and religion with the result that the world is still perpetuating its ignorance. Young people, if they are at all alive, are full of revolutionary ideas. They must be, otherwise they are already old. The old are those who want to settle back, they want security in their souls, in their work. They want certainty in ideas, in relationship and in things.

If you are young there is a spirit of enquiry which makes you want to know the truth of anything, of any political action, left or right, of any

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religion whether east or west. If you are bound by tradition or what others say you will never be generators of the world, or creators of a new civilization expressing the Truth.

*Because you will be caught-up in condition by the conditions of the past. You will be conditioned by your traditions, your thoughts. Conditioned by the ideas of your group, whether it may be religious or politics. Whether it be any particular form of religion or group of any kind there is a condition by it. Then it becomes an idea in your mind and then you will fight the other person who has a different idea in his mind, therefore you will slay each other because of your ideals. You will kill one another because of your ideas. And what are they? An image of your mind and it is an illusion created by yourself. It is not a truth. Truth is a Living God.*

*Truth is, I am the Truth, I am the Life. That is the Truth of the Living God, who is Omnipresent, Omnipotent, Omniscience. I am that Truth. I am alive and Living. That is my Truth. You are alive and Living also. You are my brothers and sisters. You are my neighbour. Love your neighbour as yourself, is the ruling that Jesus gave to man. Your neighbour is yourself. Your Life is what Jesus taught and it is the same today.*

*Therefore unless you recognise or discern your relationship to one another, you will not be free. But if you can discern your relationship and how you act towards one another, it would be a self-revealing process. Reveal yourself to yourself and when you see how hideous it is, it will dissolve away. And as the mind is cleared of all that which is illusionary and false, that which is perfect in Itself will express Itself.*

*As Paul says, "the imperfect shall be superseded by the perfect." Love never passes away. Love is Eternal. Love is the thing that never passes. Knowledge will pass. Prophecy will pass. All these things of the mind will pass but Love shall never pass away because it is its own Eternity. It is God. And that Love lives in the very centre of your being.*

*And when you clarify the mind and clear away these things that are hindering the expression of It, It blooms forth like a beautiful flower in expression to Itself.*

What is essential for old and young is to live fully and completely. To live fully and completely there must be freedom which is not the acceptance of any authority. There can be freedom only when there is virtue. But virtue is not imitation, virtue is not ethics. Virtue is creativeness. Creative living comes

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only through freedom, which itself is virtue. Virtue cannot be cultivated and that which is cultivated is not virtue nor does it come through practice. Virtue comes through freedom and freedom comes through understanding.

Maturity does not come with age, maturity comes with understanding, there can be no understanding when we seek an ideal. There can only be understanding when we enquire ardently.

When you lose the desire to enquire then you are old even if you are young in years.

Merely passing examinations is not education, any fool can pass examinations, it only requires a certain type of mind. But to earnestly enquire, to search out Life, to understand the whole basis of existence requires a keen alert mind, a mind that is pliable.

*Not a mind that is caught-up and condensed with concepts and beliefs but a mind that is pliable. And it is a most difficult thing to get a mind that is pliable.*

The mind that is forced to conform becomes impliable and thus the whole of our society is based upon compulsion; through compulsion there can be no understanding, however subtle that compulsion may be.

Wisdom creates confidence and extraordinary pliability of mind and this is not for the exclusive few. All can acquire it through *understanding* conformity, *understanding* tradition, through deep enquiry.<sup>2</sup> This will lead to love and affection.

*So when we understand all these things; conformity, what it is, how it comes about, understanding tradition and what it is and how it comes about, then through deep enquiry will lead to that which is Eternal and Ever-present, Love and affection.*

*You do not create Love. You do not create affection, it is an established foundation of the whole Universe. It is the opening of the soul to God through enquiry, deep enquiry.*

*Not opening your soul to God with your tongue in your cheek, seeing evil all the time. Because if you see evil in others you must see it in yourself. You cannot see it outside yourself. Because ever you see and feel and think must be in yourself and not outside yourself. You cannot think out there or think out there, you cannot see evil there, what you see is vibrations. What you think and hear are vibrations, enter into your mind. Your mind then creates the image of what it is through your own experiences and then you create*

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*in your own mind the evil you see, so therefore you are evil. You cannot be otherwise can you? He who sees evil is evil.*

When you love someone there is neither high nor low, there is no difference, there is just love and affection. This extraordinary\* [flame is free from opinion, free from tradition, free from conformity,] for Love does not conform, It Itself is the extraordinary flame and which in itself is its own eternity Ever-present,\*\* [Love is not a memory or an idea, it is not a concept, but a living expression of Itself.] *that is ever releasing, ever releasing, ever giving, ever harmonious. Never possessive, never angry, never affected, never conditioned. What a beautiful Love. Have you ever loved anybody like that? Think, you can only love like that when you have arrived there yourself, not before.*

<sup>3</sup>A lot of old people will say, "I have had experience" but the trouble is they cannot keep their eyes off it, so they turn around and walk back through Life instead of going forward.

Is the world not suffering today from chills, fevers, panics, and booms, wars and rumours of wars, the world has a temperature, it is up and down like the waves of the sea. What is wrong with the world is that which is wrong with man himself for he is the world.

*You* must go to the mountain-top and view things from above. By our insight, our Divine reason we will see our own mistakes, we will see that we ourselves are the cause of world chills, panics, booms, wars etc. Is it not so that our conferences all end in nought because we have not discovered the cause is within ourselves. We must stop groaning about the miserable state of the world and act individually and collectively in our relationship to one another as sons of God. When we operate upon this Law our troubles and worries will change into opportunities for true creativeness and creative living.

The road ahead will no longer be clouded in mist for the Creative Power will manifest its own Divine Nature when man realizes that God, man and the Universe are one. When this is understood we can say in our hearts with confidence, "lead Kindly Light amidst the encircling gloom, lead Thou me on. I do not want to see, each step enough for me, lead Thou me on." Then the Consciousness of the individual mind will be one with the Creative Consciousness of the Universe. Here alone lies the Spirit of Power, the Creative Power in man, "he who has ears to hear let him hear. . . ."

*(a large break in the recording occurs here)*

\*/\*\* Two short wire-breaks occur here.

3. See Notes on page 173

## GOD, MAN AND THE UNIVERSE ARE ONE

*(the following remaining text and Benediction is missing from the recording):*

[“Is not wisdom calling, knowledge raising her voice? On the high, ground and by the roadside, in the streets she takes her stand, by the gateways opening to the city, at the entries, she is crying out: ‘O men, I am calling to you, my appeal is to all men! O heedless souls, learn insight, O foolish folk, learn sense. Listen, I have a mighty message, my lips open with right words. I utter what is true, false lips I loathe, all I say is honest, and nothing is false and wrong. It is all plain to a man of sense and true for those who are intelligent. Choose instruction rather than silver and knowledge rather than rare gold, for wisdom is better than riches, no treasure is equal to her.’”

### BENEDICTION

O Divine Mother, Thou lovest all Thy children and each is my brother and sister.

Teach me to love and serve as Thou dost love and serve all.

Then I will find my happiness in the joy that Thou hast in Thy Love, Divine Mother of Mine.]

*(recording resumes here)*

*...Let us enter into the Sanctuary of the Silent Healing Power....*

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 14th October 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. In the Lecture Notes, the sentence reads: [*Few people use their Divine gift of reason inherent in all, their minds being full of concepts they are thus giving expression only to memories and ideas instead of living in God now, and knowing that it is God who is living in them now.*]
2. In the Lecture Notes, the sentence reads: [*All can acquire it through resistance to conformity, through resistance to tradition, through deep enquiry.*]
3. The previous paragraph in the Lecture Notes is missing from the sound recording. It reads: [*Most people at the age of fifty and over get set in their ideas. It is only those although old in years yet young in mind that wish to know Reality.*]

Lecture 2 (21st October 1952)

**THE WORLD IS SICK BECAUSE YOU  
ARE SICK WITH CONFUSION**

“. . . .You seek me, not because you saw the miracles, but because you ate bread and were filled. Do not work for the food which perishes, but for the food which endures unto life everlasting, which the Son of man will give you; for this one God the Father has sealed.” John 6: 26-27.

What I want to say in this lecture is of a very popular and personal nature. It is one of healing, not in the sense that we generally look upon healing of our own minds and bodies, but of the nature of healing of the world which is ourselves.

When we can see that the cause of the confusion of the world, is ourselves we must heal ourselves first. When we do not see the cause of confusion is ourselves then this confusion will continue to express itself upon our minds and bodies and likewise in the world.

Sickness is but the outward expression of our inner confusion. When we begin to see that the individual human mind is an expression of the Universal Divine Mind and that the individual human mind is the specialized reproduction of the Universal Divine Mind, we see that the individual mind can give expression to the Universal, for this is exactly what takes place when the individual understands that he and she are in the Whole and the Whole is in him and her, and Its expression is Divine Wisdom, Love and Power, and this combined action produces what we call “creation” in which there is no confusion.

The Bible attributes the creation of the world to the Divine Word and it therefore rightly says, “in the beginning was the Word and the Word was with God and the Word was God and without the word was not anything made that was made.” This brings us to the crowning result in the manifestation of the “word of man.” Man, first ignorant of his Divine nature, but

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nevertheless containing all the potentialities of the nature of God, “the Father having Life in Himself granted the Son to have the same Life in himself.”

When man then looked outside himself for guidance he accepted this guidance and became confused by the many ideas which confronted him. But when he finds that this confusion is of the mind of man, he realizes that this confusion which existed within himself was transferred outwards into the world. the world became sick as well as himself.

Through the discovery of his true relationship to the Divine Mind he arises and “returns to the Father,” thereby being a child of the Almighty he can speak “the word of power” through the Divine potentialities inherent within himself.

He may have been the prodigal son who is ignorant of this Truth or he may be the respectable brother who thought that only limited supplies were doled out to him. But as soon as the truth dawned upon him he realized the meaning of the words, “Son thou art ever with me and all that I have is thine.”

Here we become fellow-workers with the Father of all, invited to work in harmony with one another in His vineyard, to carry on the work of the Universal “the Whole” vested in man himself. The key is found in the Master’s words, “the Father worketh **hitherto**, and I work.”

All that I can do in this lecture is to point this out to you, but you must make your own personal application out of it. For the law remains forever the same that through **action** in Divine Truth is produced the corresponding enfoldment of Truth. The Supreme Truth is reached in that final recognition of the Divine Name. “God is Love” therefore our action must be Love to express the Divine Mind in man.

Now comes the question, how can we solve the present chaos in our minds and bodies and in the world? We may solve the problem of our bodies from an external point of view temporarily, but to heal permanently we must solve the problem of our minds and our reaction in our relationship with others. If war is waging within ourselves it will eventually externalize itself in our minds, bodies and in the world, for we are the world.

War in the world is the spectacular and bloody projection of our every-day life. War is merely an outward expression of our inward state, an enlargement of our daily action. It is perhaps more bloody, more destructive, but it is the collective result of our individual thought and actions.

## THE WORLD IS SICK BECAUSE YOU ARE SICK

Obviously we have not discovered the cause because we have not discerned the cause within ourselves.

We are therefore responsible for war, internally and externally. If we can see what creates wars and if we are interested in stopping wars then we can begin to transform ourselves, who are the cause of the war, internally and externally.

What is it that causes this war? Craving for things, belief in either nationalism, in ideologies or in particular dogmas which create in ourselves antagonisms, ill-will and all the things that set into operation the cause of strife, internally and externally.

If we had no belief but goodwill, love, wisdom, which would develop brotherly consideration between us then there would be no wars inside or out.

What most cannot or will not discern is that we are fed with propaganda, we are fed with antagonistic ideas towards each other, fed on dogmas and national divisions and hatreds which breed confusion within our minds and bodies and breed discontent in families, groups and nations.

We can either pursue a path of constant conflict and continuous war within and without as the result of our everyday action, or we can discern the cause of war and “arise and return, to the Father,” thereby becoming a child of the Almighty and speaking the word of power through the potentialities of Love and Wisdom inherent within us, thus we have peace in and out.

Is not our action in ignorance of our Divine nature the cause of war? We desire the outward show of power, position, prestige. Are we not diseased with what we call nationalities, we all worship a flag, we are diseased with organised religion, so we worship a dogma. We are diseased with greed, diseased with envy, therefore we are producing our own society which leads to our destruction of minds, bodies and circumstances through war within and without, created by ourselves.

Therefore it does not depend upon our leaders it depends upon ourselves, but we do not seem to realize that.

If we really felt the responsibility of our own actions we could bring about an end to all this war within and without and all the appalling misery we create for ourselves and others.

But if we are indifferent because we have three meals a day, a job, a banking account etc., we do not want to be disturbed, so we add more coals to the fire because of our action towards others. We want to maintain things as

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they are but there is nothing to maintain. Everything is disintegrating about us. We do not want to face the fact that we are responsible for war within and without.

We may talk about health schemes, we may talk about peace, sit around a table and discuss, yet inwardly maintain our greed, selfishness, our antagonisms, our ideas, our nationalities, our intrigues, our actions in our relationship to others. If we are bound by our beliefs our dogmas, for which we are willing to die and destroy each other, do you think we can have peace inwardly and outwardly?

To have peace, inwardly and outwardly, we must be peaceful. To live peacefully means not to have hatreds, antagonisms, cravings. Peace is not an ideal, it is away of Life, living, in Love and Wisdom which is Eternal and Ever-present and within ourselves, by knowing that we are all working in His Vineyard and in harmony with one another.

An ideal is merely an escape, an avoidance of what **Is**, a contradiction of what **Is**, an idea prevents the direct action of what is. What we must do is to **Love** and not merely have ideals but to see things as they are and act upon them by discerning the cause of all misery, thereby transforming ourselves. But what are we are doing? We are seeking a psychological security which does not exist, we seek it through power, position, titles, rank, all of which destroy our physical security. This is plain enough to see if you look at it through clear thinking unattached.

Economic revolution without inward revolution is useless and meaningless. Hunger and misery are the result of our internal action, of our mental state, our greed, envy, and possessiveness.

To put an end to these things which cause misery both internally and externally we must transform ourselves not merely discuss peace plans, create new leagues of nations and legislation, inaugurate new health schemes and so on and so on. We will never win peace and eliminate confusion until we cease to live our stupid lives as we are doing today. As sickness increases in the individual so will it increase in the world, for the world is made up of individuals.

Others cannot bring peace, leaders cannot bring peace, what will bring peace is inward transformation and not isolation. Inward transformation is not isolation, is not withdrawal from outward action. On the contrary it is right action and right thinking and there can be no right thinking without self-knowledge. Without knowing yourself there can be no peace, inwardly or outwardly.

## THE WORLD IS SICK BECAUSE YOU ARE SICK

So when we end war and confusion within we will end war outwardly. This can only be done by putting an end to this confusion and war within. This will end only when you realise your own responsibility, **when you realize the danger you are to yourself.**

This requires immediate action, for peace comes only within and without when we are peaceful, when we are at peace with ourselves and with others, by “Loving your neighbour as yourself.”

Loving your neighbour is being in communion with your neighbour. Are you in communion with your neighbour? Do you live behind a wall and occasionally look over the top? Do you call that true relationship? True relationship comes when you discern what you are doing and realizing that your neighbour is yourself for it cannot be otherwise in the Light of our oneness with the Father of all.

Love and service is the key to internal and external happiness and this comes from within and not from without. But if you live in isolation, can there be any true relationship, can there be peace inwardly or outwardly?

“They that are whole do not need a physician, but they that are sick. Go ye and learn what that means.” Matt. 9: 12, 13.

## BENEDICTION

O Great Eternal One, Thou art whole and complete. Thou art Love, Wisdom and Power. Thou art **our** Father Who art in heaven.

Man has through his ignorance, created confusion within and without, thus he creates his own hell.

As Moses lifted up the serpent in the wilderness so must the son of man be lifted up, to arise and return to Thee, O Divine One.

Then we are made whole, for Thou alone art my Physician Who dwells within me.

I am no longer sick, O Eternal One, neither will my world be for Thou art within me, my Beloved.

## **A PRACTICAL APPROACH TO DIVINE HEALING\***

“Now is the son of man glorified and God is glorified in him.” [John 13: 31.]

*How true it is that God is glorified in the son. Not that God has to be glorified in the son, but God glorifies Himself in the son and through the son. Because the son and the Father are one, both existing together, never apart, because there could be no separation at anytime between the Father and the son, God being Infinite in nature He must be everywhere. Therefore the son and the Father must be always together. And Jesus knew this clearly and distinctly when he said, “it is the Father who ever remains within me, performing His own deeds.”*

Since man’s advent upon the earth there have been men and women who had the wisdom and power to heal. Some of these healings have been so amazing that the mind of man could not comprehend them. Therefore sceptics have arisen who have made every effort to deny these amazing transformations on the ground of their apparent impossibility according to man’s understanding.

*It is very, very limited indeed for the reason that his mind is conditioned from the time he was born and therefore his understanding is according to his conditioning, so he has not got very much understanding, has he?*

*Therefore he tries to make ideas about the Infinite in his mind. He tries to create ideas about God, he has a belief in his mind, he makes up all these things in his mind about God. So he has these ideas and images and his own creations, and he says, “this is God.” God created according to his own conditioning what he thinks a God should be. Therefore you see, he has made his God up in his mind, so what is made up in his mind is truly not God.*

*Therefore what you make up in your mind about the truth too, is not the Truth. Because what you make up in your mind is not true. What you make up in your mind is something, an image or a belief that is your own creations. But you cannot create God, that is a certainty about that because God is Infinite in nature. Therefore what you create, is but an idea and an image.*

\* See page 194

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*And I will repeat again to you these words: what you make up in your mind is not true, is not God. And if you remember that, you will see how you can dispense with those stupid ideas, those limited ideas you create in yourselves, by yourselves, through your conditioning, which you create and you say, "this is truth."*

*If you can comprehend my meaning, the meaning I am telling you now, then you will see you can discard these images and beliefs about God and you will see you have no truth at all, have you? Not in your mind. But if you progress further without further ideas or images or beliefs, you will arrive at that which is Truth Itself.*

*And I am the Truth, you are the Truth. You are the Living Truth. I am the Living Life. You do not have to create an idea of the fact that I am alive and you are alive, you see me alive, and you know that you are alive yourself. You know that you are living; it is not an idea or an image or a belief; it is an actual knowing which is beyond belief, it is something that is beyond belief, it is something that is beyond your mind, it is something that is beyond your own creations because it IS. But nevertheless that which Is, you create with. You create with that very Truth that is within yourself. But you create an idea of that, don't you see how stupid it is? You are only creating a limited idea of a limited creation of the very thing that is creative within yourself, that It is Creative. You are making It relative. You are making your own Creativeness relative, a thing external to yourselves, something apart, an idea or image.*

*So this Divine Power of Wisdom and Love, which is the foundation of all Divine creations, was the foundation of Divine Healing. The healing which Jesus performed, which was not a creation of his own kind, was there all the time. He actually removed that which prevented It from manifesting.*

Divine Healing has achieved wonders where all other methods have failed. The mind cannot penetrate into the realm of that which is beyond it, the mind can only reason on what it knows, but that which it does not know, that which is beyond reason, cannot be defined. It is in this realm that Divine healing takes place.

*And you cannot define, Divine Healing. You cannot tell me what Divine Healing is. You can speculate about it, just as you can speculate about the truth. But you cannot think about the Truth, you can only speculate about the truth. You can only think about something you know, you speculate about it. You can only think about the things that are not true. And if you can see these things that are not truth, then you will arrive at that which is Truth.*

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*So therefore, when you are beginning to think of healing. And Divine Healing is something that is beyond your mind, that you cannot reason with It because It is not in your mind, It is something beyond your mind, something that already exists. It does not have to be created by you. You do not create Divine Healing.*

Now the question that comes into the individual mind is, how is this Divine Healing accomplished? How can that which is unseen accomplish such a complete and instantaneous change?

*Well that which is unseen is that which is Uncreated. Only in the Uncreated, only in the Formless, is there Creativeness. In the created, the created is not creative, it is only the Uncreated that is Creative. Paul tells you clearly, "that things are not made up of things that are seen, but out of that which is unseen."*

*And when you see clearly then, that the Invisible, that Invisible Power that is beyond the mind of man, is a Power which in Itself is Divine in nature. It carries with It three things, the trinity of Itself; Love, Wisdom, and Power. Power is the expression of the two, manifesting in Perfection.*

*The Perfection then of the Divine cannot be compared with any perfection that we think about. And It cannot be compared in our minds because It is beyond our comparisons. We compare things because of the things that we know and see and feel. We compare one thing with another. But our comparisons are brought about through the understanding of what we are comparing. But you do not know what Divine Healing is, you do not know what Divine Perfection is, therefore It is beyond your comparisons. It is beyond the perfection of the mind of man, therefore you cannot say It is perfect according to your ideas and standards of perfection. But It is flawless and Complete, and having no flaw whatsoever because It is Whole and there is no division in It.*

Phenomena of any kind are produced through a law that is intelligent, otherwise you could have no phenomena at all. If I have a fear of anything or if I have faith in anything there is an intelligent law that operates equally alike in both what I think in fear and what I think in faith. *Therefore, both fear and faith originates from the same source, originates from within myself. Therefore what I think in faith and think in fear; I create do I not, because they exist within myself. Just as you say that you have harmonious vibrations and disharmonious vibrations, inharmonious vibrations and harmonious vibrations. And you say that your harmonious vibrations create harmony and*

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*so forth in your body and your inharmonious vibrations create the opposite effect. But they both arise within yourself, don't they? They both arise from the same source. Therefore you are living in duality. Do you not see that you are living in duality? But if you understand that they arrive from the same source, you will know that according to your thoughts so it is unto you; whether you think harmony or in-harmony, whether you think things are evil or think things are good. Therefore you are both tied together in duality.*

*But that which in Itself has no duality, does not exist in opposites, cannot be discerned in opposites. And if you are caught up in opposites how can you discern that which is beyond opposites? But if you discerned what opposites are, and you see clearly and distinctly that they both arise within yourselves. Both your good and your bad and your fear and your faith, your health and your ill health, and all these things arise within yourselves. Then you have reached that which is not dual, which is not in opposites. Because you understand opposites, these will fall away from you and you become aware of something that is Divine, and where there is no thinking in terms of opposites.*

*But if you sit in a corner and keep repeating mantrums from morning to night, you are hypnotizing yourselves, are you not? You are hypnotizing your mind. You are creating two things; the same time you are trying to create a positive effect, you are stimulating the negative effect. So therefore you are caught up in both.*

*To see distinctly then, this one fact, and if you can see this clearly that these things arise in yourselves and not outside yourselves, both your fear and your faith. Beyond that is Divine Healing, but you cannot tell what It is, you can only know that it IS. So the intelligent law operates equally alike in both, what I think in fear and I think in faith, That is the law of thought or otherwise electro-magnetic vibrations.*

Truth is an exact science which has not yet been investigated by our scientists and physicists.

The evidence of chaos around us is just this: that we have failed to understand the underlying principles of Life. This tragic blunder prevents our best brains from investigating the subtle Laws inherent in man, and this includes Divine Healing. Denying the existence of such laws does not eliminate the fact, that there is something in man himself that heals and sometimes instantaneously.

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*If I plant a seed in the ground, that seed will take root. The Life in the seed and the Intelligence that is acting through the ground will cooperate. And in that cooperation the seed dies and out of the seed grows ten, twenty, sixty and a hundred or more. It is the Life that counts, not the seed. The seed is just the shell. But within the seed the Life continues to express Itself according to the pattern, and that is the Truth according to the pattern of man.*

*Therefore the seed of man is the Christ. The Christ of God, the son of God, been never separated from the Father, because if the son was separated from the Father, the Father could not be Infinite in nature. Neither could the Father or the son exist if there was any separation between them.*

*Therefore the seed of man and woman is the Christ of God, that Divine Perfect Creation that exists Eternally. It was the Word that was in the beginning and that Word was God and the Word was made flesh. In this seed is the true healing that is Divine. And in the Christ in you is the Divine Power in each and everyone. Therefore the power to heal is within one's self. No matter how It may be brought about; it may be brought about by the stimulation, by the knowledge, by the wisdom of someone else. But if that Life was not in you, if the Christ was not in you, you could not be healed, that is an utter impossibility.*

At times it seems that an outside agency is required to set in motion this Divine Power, but this agency is not a necessity for the simple reason that Divine Power is inherent in man himself.

The greatest healer known to man, through records handed down through the centuries, was Jesus of Nazareth and he never claimed that any power of his own was the source of his healings. His words were clear, it was the Father who ever remained within him performed these deeds.

*But how did he arrive at this state of consciousness? How did he arrive at the fact that it was the Father alone that was doing these things? If it was the self it would be limited in nature because the self is an illusion, the self is a limitation.*

*Every one of you who live in the self, you are limited by your conditioning, because it is the self that is conditioned. The Christ is never conditioned. But if you discern how you are conditioned and you can read that conditioning perfectly. Read it and re-read it until you understand it completely, then it will fall away from you, you will know what it is. But if you are caught up in the conditioning, then are you not limited? And this self says, "I am a healer;*

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*I shall heal, I shall do this and I shall do that.” That is the worst and most stupid thing that any individual can say, for the simple reason that that is why they fail in everything they do. It is vanity of the worst kind because it is so subtle in nature. They think in themselves that the self is the power that does all these things.*

*But supposing you get rid of the self altogether. And there stands the whole of the self gone completely; all conditioning gone, all ambitions, all these things that make up the self, gone. Then that which is Real in Itself manifests Itself completely. That was Jesus, the Christ. Was the complete elimination of the self. And when he said these words, “I of myself am nothing, it is the Spirit of the Father within me that doeth these things.” There were never greater words ever spoken from the mouth of man than these words of Jesus. And if you can comprehend them then you will see what Divine Healing means.*

In speaking to his disciples he also said that some had the power of speaking in various tongues, some had the power of prophesying, some had the power of seeing and hearing, and some had the power of healing, but it was the same Spirit that was behind all, showing that no matter what gift\*\* .... [man has, it is the one Spirit Itself that is performing these deeds.]

[Once we take upon ourselves the cloak of service and say to ourselves and others, I am a seer or a healer or I am a prophet,] .....we immediately limit ourselves to the personal. We separate ourselves from the Divine Source of all things, that is why so many people fail in this work. The self hides the Divine so the great task is to get the self out of the way.

*So when we get the self out of the way and if you look into your own minds you will see what the self is. And immediately you begin to see what the self is, that is self-knowledge. And self-knowledge is the beginning of wisdom. Self-knowledge is the beginning of freedom. Self-knowledge enables you to dispense with all these things that are hindering the expression of that which is Real in Itself, that which is not made up in your minds. Because that which is made up in your mind is not Reality. Therefore the knowledge of the self and the dispensing of the self alleges to that which is not made up in your mind.*

Every human being is endowed with the power of the Spirit, for it is the Spirit that gives birth to the individual, the Spirit, is birthless and deathless [and] it is this Spirit which is the Life in man. It is the Source of ultimate knowledge, wisdom and Love.

\*\* Very bad break in the wire recording occurs here.

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*“Call no man your father on earth for one who is your Father who is in heaven.” “You are not born of the flesh of man or the blood of man or by the will of man, born of the Spirit of God.”*

*I wonder if you are now seeing something of the mind of Jesus, after I have been showing you what your own mind is like. And unless you see what your own mind is like, how can you see that which is beyond your mind?*

*I know that Jesus went out into the desert. I know what he did when he went to the desert. Because the fact that I had to do the same myself. I was sent away on my own for days, for weeks, until such time that my mind was clarified and everything that was known in my mind could be known to me; all my ideas, my hates, my jealousies, my envies, what they were, my ambitions and so forth and everything that was made up in my mind. So I had to discern everything that was made up in my mind. The first week I came back and I thought I had fathomed the whole thing, and the Master said, “my son you have not yet begun.”*

*And it is the same. And I can see how Jesus in the desert knew everything that was made up in his own mind. He discerned everything that was made up by himself; his thoughts, his images, ideas. He recognized the self in this way, and that self was the devil, that was always going in front and saying to Jesus, “now have the power; you can do this and you can do that.” But Jesus recognizing the self for what it was he said, “get thee behind me Satan,” because he was talking then from the Christ, the son of God.*

*But you must recognize that before you find the root. That root which is not of the mind. A root that is beyond the mind. The root that is in the mind is the tree of the knowledge of good and evil. But the root that is beyond the mind is the Tree of Life. And not until such time as you have searched the mind completely and have stood at that tree so that you will not eat the fruit thereof. Then you shall find the Tree of Life and you shall cling to It and it shall be a Spring of Living water rising up to Eternal Life.*

*Jesus testified that it was from this Divine Realm, this Omniscient and Omnipotent state, that “He” not the separate “self” but “He,” one with the Father was performing these deeds. When the soldiers came into the Garden of Gethsemane and they were looking for Jesus. When he stepped forward and said, “I am he.” They fell on their knees, they fell on their faces. So was the power so great. He did not say, “I am Jesus,” he said, “I am he,” because he was aware of his Oneness with God. There is no separation and the power that he*

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*wielded was so strong. Yet, he gave way, for the simple reason, that he knew that through the sacrifice that he made, that the Life which was within himself would shine forth again and again. That same Life that was within himself, would shine forth again in Its glory. And as it is said in the beginning, "now is the son of man glorified, and God is glorified in him."*

*And without that great Truth, the words he spoke, you would not be listening to me this very evening.*

*But if you carry away in your mind just a belief, an idea of what he said, it will still remain as an image and a belief and an idea in your minds. But if what I say can enable you to discern within yourselves that which was within Jesus the Christ, then you shall find that which is beyond your mind, that which is Eternal and Ever-present. That which you create has a beginning and an ending. All your images and your ideas and your beliefs have a beginning and have an ending, they belong to the self. But that which is beyond the mind has no beginning and no ending, It is Eternal. And I am that. I am the Life. Now Jesus seemed to be the outside agency to those who looked upon him as separate from God, yet he said that he was nothing by himself and this was his great power. He knew that he was not separate from this Life which was within others but one and the same therefore he worked through the Cosmic and not through the individual.*

*If he worked through the individual he could do nothing because he would be limited according to the individual. But he worked through the Cosmic, there was no distance that he could not find the Source of Power, and manifest that Power at any distance from where he stood. Because it was the One Consciousness manifesting everywhere.*

It is difficult for the mind caught-up in conformity and separation to realize *this* Truth, but those who have contacted this Divine realm have definite proof of Its Reality and can testify that it is true.

Now I am speaking in relative terms of this great wonderful Omnipresent Source of "Being," and it would seem that I am speaking *from* something apart and separate from myself but it is not so. I am speaking to you in relative terms only for the purpose of enabling you to find this Divine Source within yourselves.

*The fact that I am talking about this Divine Source makes It relative to you. And if I did not know it would make It relative to myself. But the fact that I know that I am talking in relative terms in regard to it, I know that what I am*

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*making up in my mind in regard to It is not the truth Itself, neither is this Divine Power, Love, Wisdom, because I do not create It.*

*But in my relative words and the relative terms that I express in regard to It, will lead you to understand also. When you think and speak of this, you will know that you are speaking in relative terms in regard to It and you will not make It something separate to yourselves. In this understanding then you will not be caught up in what you make up in your mind in regard to It, but you will know what is in your mind—is not the truth.*

Immediately we begin to speak about *the* Divine Source we make It relative, something apart and distinct from ourselves, nevertheless when the mind has quietened down there is an awareness that is not of the mind but of that which is beyond the mind, the Source of everything in heaven and on earth.

*“All power has been given unto me in heaven and on earth.” It is proof of the fact that Jesus who spoke those words, found that Source within himself otherwise he could not say, “All power is given unto me in heaven and on earth.”*

*Immediately we begin to speak about this Divine Source we make It relative. So you see how stupid most people are when they do not know this Truth. And they keep on making up in their minds this truth and they will tell you that they know what truth is. No one knows what Truth is. They know what they have made up in their mind about truth, but that is not Truth.*

*And I am very careful indeed not to give you an idea of truth. What I am doing continuously is trying to break down your ideas of truth. These ideas you have created in your own mind about truth. And I am continually trying to show you they are not truth so that they can be broken down but I am very careful not to give you another idea of truth, that you can build up in your own mind and say it is truth. Because it would just be another prison. Maybe a more comfortable prison, a nicer prison with a few armchairs and so forth and you can sit down and talk about the truth. And if you seem lovely and quiet and peaceful while you are talking about the truth and so forth and you think it is the truth.*

*If I had to talk about the truth I would shut up, I would not say a word. But if I could tell you what was not the truth I would keep on talking forever, do you see what I mean?*

*So we do not talk or say what truth is, we can only say what truth is not. I hope you are beginning to reason now because this is the essence of reason. But that which is Truth is beyond even this reason, because reason*

## THE SECRETS OF THE SCIENCE OF LIFE

*is of the mind and Truth is beyond the mind. But reason and Divine reason will lead you to the sound barrier, as it were, and there across that sound barrier is the Truth, beyond reason.*

I wish I could make it plainer to you. It is not an idea or an image of something that you have made up in your mind, for it cannot be made up in the mind. If it were so then it could be explained, but that which **is** cannot be explained, yet It is that which **Is** living, *and* which is creating, creating in you and through you. *Creating through in me. It is the Father who ever remaineth within me performing His own deeds.* Hence the Master's words, "know ye not I am in the Father and the Father is in me," *What do you mean by saying, "show us the Father? Do you not know that I am in the Father and the Father is within me? It is the Father who ever remaineth within me performing His own deeds. Know ye not I am in the Father and the Father is in me,"* united in consciousness and creativeness, "what I see the Father do I do likewise." *You understand that.*

Now we realize that sickness is the result of certain causes or neglect of natural Laws. This comes about through ignorance and fear, lack of Love, lack of understanding.

Sickness is just a symptom revealing that the body has lost its *natural* balance and natural rhythm and is struggling to regain its equilibrium, its natural harmony. So the attention of the mind has become focussed upon the condition, in other words the body is talking back to the mind so the mind is caught up in what the body is feeling. Now the mind is struggling, making a great effort to save the latter. It is precisely this struggle that is causing all the disturbances and displacement of the atoms resulting in pain and discomfort.

*Have I not told you so often give up your struggle. Immediately you cease struggling you do not create the disturbance, but as your mind is struggling to overcome the condition, you begin to struggle. That which Is, is Eternal and Ever-present; your struggling is performed in your mind. Your ideas of sickness are in your mind, your belief, your sensations from the body and become ideas and beliefs in your mind, and so you are caught up continually in your own conditioning.*

*But if I know what is made up in my mind, what my conditioning is, how it has come about, why should I struggle with my own creation? If I know it is my own creation it falls away, does it not? I begin to understand it.*

## A PRACTICAL APPROACH TO DIVINE HEALING

*I struggle no longer when that which is Eternal and Ever-present is giving expression to Itself, it is no longer hindered.*

*Perhaps you think I am a boy. Yes, I am still a boy remember, and will continue to be a boy as long as I live upon this earth. And if it is the only thing, if you become boys and girls again, without a care in the world, like a little child born into this world without being conditioned at all, then that which Is, is giving expression to Itself.*

*But you can be boys and girls again, and you can acquire the habit now, by living in the present. Living in the present, not in the past or the future because that is in your mind. The past is memories, experiences. Some are pleasant, some are unpleasant, but they are both within you and you are trying to separate one from the other. You try to separate the pleasant from the unpleasant and you say this is so and so, but how can you do that when they are all within yourselves?*

*How can you separate a harmonious vibration from an inharmonious vibration? How can you separate good and evil when they both grow out within yourselves? How can you separate opposites except by knowing what they are?...*

*(A short break in the wire recording occurs here)*

*...in the mirror of the present it will dissolve away. As you look at it and it is mirrored in the present, this very present this moment, and know it, it will pass away, dissolve away altogether. And in the mirror of the present as you see it clearly now, not in the past or in the future, but understanding it now; reading it, knowing it, no longer bothers you, no longer struggle with it, you are free. Only in the present can you live. You cannot live in the past or the future, these are made up in your mind. I am the Living Presence. I am the Life that is Eternal and Ever-present. When I know that I live in the present, not in the past or the future. Because the present is the only Creativeness that exists. I cannot create in the future or in the past, now is the time.*

The mind is conscious of feeling and this feeling is registered in the mind as a disease. This disease is given a name so the mind *can now* hold on to it. If this name conveys to the mind that it is an incurable disease the mind accepts it. Thus man creates the burden for himself, and when he sees that he himself is the cause through ignorance of the Truth of his oneness with Spirit the burden falls away, then the Spirit-Life transforms the mind and body by its own perfect nature.

## THE SECRETS OF THE SCIENCE OF LIFE

In other words, you are conscious of health or disease because of the normal or abnormal function of the physical organs. *All these feelings are within yourself. They are created within yourself, both of them.* When there is a disruption among the cells of the body a sad report is carried to the brain centres, so the conscious part of your mind identifies itself with ill-health, there is something wrong! Fear and apprehension enter in, because you do not realize that the Spirit is all power, that the Christ in you is above all things and is not subject to the conditions of the body, yet the Christ can transform and renew the body. When you do not realize this Truth suggestions are sent to all the parts of the body in support of the reports received in the brain centres, so the mind ignorant of the Truth is not capable of using its first defence, "Divine reason," and accepts the report as final.

*So if the mind is incapable of its first defence, that is Divine reason, it accepts those reports that come from various parts of the body to the brain and interpreted in your mind. And your mind creates a picture of what you think they are, consequently you create these troubles. You intensify them because the body is only mind materialized and the mind interpenetrates the body, one interpenetrating the other: The consciousness is the ruling factor, and whatever the consciousness is aware of, so does the mind out-picture, so does the body accept.*

*As Paul says, it was Eve that was deceived, Adam was not deceived, it was Eve that was deceived. Quite clearly it was. Because Eve was represented as the Mother of Life, as it were. Eve was the soul and Adam was the body. And when the soul was deceived and fell, the body fell with it. So it is quite true, it was Eve that was deceived, Adam was not deceived but Adam fell with Eve when she was deceived. So the soul is, as it were, the negative or what we call the female, because it interpenetrates and supports and surrounds the body. The soul is extended many times greater than the body. The body in fact exists in the soul, the soul does not exist in the body, the body exists in the soul, entirely different to what people think. Just as a pimple exists in your face. Just as water exists in ether, ether supports it and surrounds it. Just as my body exists in ether, supports it and surrounds it. So ether was the mother. Adam was the male. Eve was the female. So it was Eve that was deceived and Adam fell with Eve. The serpent crawling on the ground, on its belly, was the deceiver. But when the head of the snake, the serpent was crushed, it rose up no more but it bruised the heel as it was being crushed. And it always is so that the birth of Truth is always difficult. Is it not difficult with you?*

## A PRACTICAL APPROACH TO DIVINE HEALING

It is not until you have made contact with the Divine within by yourself or by the aid of another who is able to show you the way can true healing take place. Sometimes the Spirit is so moved within that a complete and instantaneous transformation takes place, this is Divine Healing.

What really happens in sickness is that the patient's consciousness of health has disappeared and a consciousness of ill-health has taken its place. He or she begins to lose cheerfulness, their energy lags, their vigour disappears. What fate has befallen the mighty Will that supported the body? These qualities have temporarily disappeared because the mind has fallen under a spell of—“the illusion of the reality of sickness.” The mind has surrendered its sovereignty to the forces of disorder and confusion.

Some resort to drugs etc., as the final agency for their recovery and because this recovery is not forthcoming a further acceptance of the condition is taken. But if by some means a chemical action takes place there is a change for the better, then some believe in medicine as the means of recovery. But this causes further confusion which leads to further trouble, when the patient finds in the end that drugs are no longer any help, then there is a further depression and apprehension.

*And when they find that what do they seek? They seek someone else beyond drugs, and the knife, to a source of someone who has a little more wisdom.*

The body is not an exclusive combination of chemical reactions, it is endowed with an intelligence—a knowing-how—an amazing organisation for the maintenance of body function. It is the animating power of Life that is fundamental in producing motion and transformation.

Natural medicines such as herbs, biochemics etc., have in many cases an action upon the cell-structure that produces a chemical reaction, this produces a powerful suggestion [on] which the mind is induced to act. Such action in the mind will begin to reproduce a consciousness of health and restoration of the balance and harmony within the body.

But if the mind is left in this state alone without understanding the laws inherent within, the secondary state may be worse than the first.

*That is why Jesus said, when he cleansed them, that if they were not careful the second state will be worse than the first. But he cleaned out one devil but seven devils might take its place, because lack of understanding, lack of awareness.*

Next week we will see the radio-activity of Life Forces in electro-magnetic waves retransforming the brain and body.

## THE SECRETS OF THE SCIENCE OF LIFE

Jesus turned round and when he saw the woman he said, “Daughter, be of good comfort, thy faith hath made thee whole” and the woman was made whole from that hour.

*Wholeness is not created by man. Wholeness is Ever-present. And if wholeness did not exist then the woman could not be made whole. But through the understanding that Jesus the Christ, in his oneness with the Father, having discerned everything that was made up in the mind, knowing it to be what it was, knew it was not real. And knowing that that vision is not Real, he dispensed with the power of his Love and Wisdom which was the only Creative Principle underlying all Creation. In these is the Secret of Divine Healing.*

*Lest then you understand that Love and Wisdom are the two pillars of the Divine Creation in yourselves, and the Christ is that which stands between them. You enter the door through those pillars, into the Father, into all Knowledge and Wisdom and Power. When you pass through the portals of the pillars of Love and Wisdom, you can say as you enter therein, “all power has been given unto me in heaven and on earth,”—that is my message to you.*

## BENEDICTION

O Conscious Divine Life, Thou dost directly support my brain and body.

Foods that Thou hast prepared for me are spiritualized within me into energy by Thy Cosmic Life within.

Now that I know Thy Presence is ever with me, I shall live more and more by Thy direct Cosmic Energy and less and less by food.

I am recharged with Thy Cosmic Life, O Mighty One, and now the storm of sensory disturbances has ceased to rage in my mind.

The magic wand of Thy Presence is my healing O Blessed Divine Father of Mine.

*Let us enter into the Sanctuary of the Silent healing Power....*

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 28th October 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

**“THE DEAD BURY THEIR DEAD, LET US  
PREACH THE KINGDOM OF THE LIVING”\***

“Master, master,” they cried, “we are drowning!” So he woke up and checked the wind and the surf, they ceased and there was a calm. Then he said to them, “where is your faith?” They marvelled in awe, saying to one another, “whatever can he be? He gives orders to the very winds and *the* waters, and they obey him!”  
Luke 8: 24-25.

*Now you see, the most wonderful thing about the Master was that he lived in the Universal. He lived in the Impersonal. To be Impersonal was freedom, to be Universal was Whole and Complete.*

*But everyone is created in the Universal, everyone is created in the Impersonal. And the Impersonal and the Universal exists in every individual. That is the great wonderful Truth that the Jesus himself saw, therefore he became Universal. And when he became Universal All-power was given unto him because he was Universal.*

*Is it not so that the Universal Mind created everything and everything exists in the Universal Mind? And the Consciousness and the Universal Mind must be the Controller and Director of every phase of activity that exists in the Universe?*

*It is so therefore Jesus in his consciousness was aware that he was also created one with the Father, Living in the Universal. Therefore the Universal and all in the Universal must respond, that is the great Truth.*

*When you become personal, you lose yourself in the personal, the personal is separation. But the Impersonal is not, is unity. The personal is separation between man and man, is it not? The Impersonal is the unity between God and man, is it not?*

*Therefore when we see clearly, the mind of the Master, we see also that he must have discerned everything that was made up in his mind. The things that were made up in the mind were not Real, they were a belief, an idea,*

\* See page 209

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*a memory, knowledge. But Wisdom and Love was not made up in the mind and these were the pillars upon which he stood.*

*What is made up in your mind is made up in your mind. But people will say to you, of what happened to you long ago is made up in your mind too, it is a memory. It is just a memory and nothing more, a memory made up in your mind. But these memories that are relegated to the past, things that happened long ago, they come up to be destroyed.*

*It is the most wonderful thing when some person comes to you and tells you something that reminds you of some incident of the past, enables that incident to rise to the surface you will know has come up for destruction. And as you discern it and understand it in the present, it no longer worries you. But when you try to forget it and force it back into the old place where it was it will still have the power it had before. But immediately you understand it, it passes away, it no longer is anything at all, it is made up in your mind. It was made up in your mind in the first place, therefore you were the only one that gave it power, therefore it has no power of its own.*

*Everything must be discerned in the present. And as you are aware in the present all the time; of your thoughts, your ideas, your motives, your conditions and your conditioning, if you are aware of them now, what is happening at this very moment, these will dissolve away because you will understand them. And all that is then in the unconscious portion of your mind will begin to rise to the surface to be destroyed too. It must take its place.*

*You will see that what I am telling you now, again I must make you aware, surely to God you understand these words of mine. Truth is not made up in your mind. What is made up in your mind is not truth. What is made up in your mind is made up by yourselves. Your reactions to things external to yourself, what people say to you and so forth. You will know it is your own images you know are the ideas and a memory cannot hurt you. But immediately you understand it. Immediately you look at it, you understand it completely, it passes away and dissolves into nothingness, no longer to affect you anymore. Therefore all these things come up from the unconscious to the consciousness, to be destroyed and never again to interfere with your present.*

*I have always said to you, if the past interferes with the present, discern it clearly in the present and therefore it will dissolve away. The past is in the mind. Memory, knowledge, experience is in the mind, it is not truth. Knowledge is not truth. Experience is not truth. Memories are not truth, they are made up in the mind.*

## “THE DEAD BURY THEIR DEAD”

*But Truth is not made up in the mind, it is beyond mind. I am the Truth. I am not made up in my mind, I am the Truth. I can only make an idea in my mind about the truth, which is not the Truth. But I am the Truth. I am the Living Truth. Therefore the self that has to be discerned.*

It is the self that is caught up in pain, in suffering and disease. It is the personal that knows disease, the Impersonal does not know what disease is. It is the personal that is selfish, ingathering, acquisitive, hateful, antagonistic, unforgiving, violent. *It is this that cause sickness.*

The Impersonal knows none of these things, hence the Impersonal alone is Healing. The more impersonal you become the more loving and kind you become, because the Impersonal Itself is Love.

*And when we have dissolved everything and understood all our experiences. Understood them, not repressed them or fear them but understand them, then the scar of these experiences dissolved away no longer trouble you.*

*It is the personal that suffers. The Impersonal does not suffer. And why does the personal suffer? Because it is always caught-up in its own making, its own ideas, its own beliefs, what is made up in its own mind. It fears what is made up in the mind therefore it is caught-up in that.*

We see that the personal self is always taken up with the external, with struggle, with war inside and out.

When the inner or Higher Self which is the Impersonal is aroused then the radio-activity of Life's forces is let loose. These electro-magnetic waves of Nature's forces begin to retransform the mind, brain and body.

*Do not you know that these forces of Nature are Intelligence in action that built this body, that built your body. That built your brain and your nerves and everything about you. This Intelligence is always expressing Itself. But it is hindered by the personal; by the personal experiences, by the persons beliefs, ideas, memories. But when the Higher Self comes into operation, these radio-activities, that Intelligence which created the body, that is co-partner with the Consciousness that is Universal Itself, it causes then Natures forces begin to retransform the mind and body.*

This inner atomic action creates strong suggestions to the sub-conscious mechanism which starts instantaneous action. There are strong undercurrents of energy moving in the right direction, which hurl their enormous sweeping waves to the surface, which shatter and quell the existing confusion. The personal self feels the relief and this again starts the mind in action. There is a giving up of the idea of disease and, as the confusion and chaos die down, the

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personal self, though ignorant. of what is going on, feels the relief. *The relief, even in the ignorant self, sends suggestions to the mind which in time sends them on to the brain and body. When peace is established in the body and the body ceases to talk back, then harmony is established.*

*Is your body talking back to you or you talking to your body? Is the self caught-up then in the things that the body feels?*

*If the self is caught-up in what the body feels, it must understand it. And when you begin to understand these things because they are effects of certain causes, the cause will immediately cease and the effect will pass away. It passes into nothingness where it belongs.*

Once harmony is established the mind and body are transformed regardless of the nature of the disease or the gravity of the affection or the length of time of the chronic condition.

*Therefore it does not matter how long that condition exists at all; whether it exists from the time you were born or whether it existed from your early life, it makes no difference. I tell you this that it will pass away and dissolve into nothingness where it belongs.*

*There is peace now. Now just feel that peace within yourself. Peace that passes all understanding. Let your consciousness be aware of It. Nothing can disturb It. Not even the body can disturb It. Not even what any person may say to you, will remind you of anything of the past, neither can it disturb you. That Peace is Eternal and Ever-Present. But these things, memories, experiences have a beginning, they have an ending, they are not Realities. That which is Reality is Eternal and Ever-present.*

*Even the self is not Eternal, the self is only temporary. The self is that which is caught-up in the body and the external things. But the Real Self is that which is Impersonal. Born in the Impersonal, born in the Infinite, born in the Universal. And being born in the Universal by the Universal that exists in you as the essence of your own being.*

*But to gain that tremendous Power of Peace, you have to discern all the things that is made up in your mind; your experiences, your memories, the things that happened to you long ago. And be very joyful of the fact, that they rise to the surface so that you can deal with them and destroy them and understand them, and they never trouble you anymore!*

*And when you know that they are only made up in the mind, oh what a wonderful relief it is. And that which is not made up in the mind; is Reality, is Truth, is Being. Being NOW.*

## “THE DEAD BURY THEIR DEAD”

*Is it not so, that your memories, your experiences, the past, is always clouding the present? How can the Ever-present be realised when your memories and your experiences are crowding the present? But you must see that they must be discerned in the present and in the present they can be dissolved away. And in the presence of that Presence they are dissolved away because they are made up in your mind. Therefore do not allow in anyway whatsoever the past, the future, your experiences or even your knowledge which is binding, to hide the Ever-present. Because the Ever-present is the Eternal, the Eternal mind you.*

*The Eternal is NOW. Please see this now. I am giving you this as a message tonight so you will understand yourself. Understand Reality. Understand how to dissolve these things that rise to the consciousness, these things that trouble you.*

*With true guidance the self begins to realize that the suffering is a mere illusion, artificial and temporary. Anything that is temporary is transitory and has no foundation of its own. For it is a product of the self which is also illusionary. The only reality is that which is not the personal self but the Impersonal self which is one and Whole, Complete.*

*I was born in the Impersonal. I was born in the Universal. I cannot be otherwise but Universal. I was born in the Impersonal, I cannot be otherwise.*

*What does the personal self do? Does not the personal self separate man from man? But the Impersonal is the very opposite, the Impersonal is the unity between God and man, therefore It is Peace.*

*Nearly all religions are made up in the mind. If you can discern that all these ideas, creeds and dogmas and so forth, are made up in the mind you will know that it is not true. You know it is not Truth. But the blind lead the blind and they all fall into the stupid ditch. The ditch of the illusion. Whenever you discern these things that are made up in the mind, you will know it is not the Truth. Because no one knows what the Truth is. But the Truth IS. And I am the Truth, you are the Truth. I am the Living Truth. But Jesus said these words so often. But immediately you get the understanding of Jesus, his own mind and his teachings and understand them, you will see clearly what he meant.*

*The Christ is the only begotten Son of God. He is the only Son, there is no other son. But this Son-Christ is one Whole, there is no division in It. The Life of God is not divided. It is not divisible. How can It be divisible? It is not divisible. Therefore the Life in the Son is not divisible either. The Life in the Son is representative of you and me. The Life that is represented in you and me,*

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*that is the Son of God. That is what Jesus revealed. "I am in you and you in me and we are in Him." "And we are all in One, all in the Father." "Call no one your father on earth but one is your Father who is heaven."*

If disease were real it could not be healed since Reality is not subject to change. The self is born into fear by the aid of suggestion from those who fear. *From the very time you are born, your mothers afraid of what could happened to you. She is always surrounding you with fear. Your parents surround you with fear from the time you are a baby. You are born into fear and you fear. It is necessary then to understand what fear is and how it comes about. If you understand it was made up in the mind and you understand perfectly that it is mere suggestions that you accepted when you were young, and you are still continually doing it now.*

*Jesus said, "fear not." He always told his disciples, "fear not, I am with you even unto the end of the world." Meaning, I am with you no matter if the end of the world came, I am with you now. There is nothing to fear. The Master said, "fear not, for I am with you unto the end of the world." In other words, fear not, even if the end of the world comes, I will be with you for there is no death.*

Fear of death is the cause of much suffering in the human race. I have said before there is no dead particle in the Living Universe. How could there be a dead *particle* of Life? There is no difference between so-called death and Life, they are one and the same. It is change from one phase to another in Life Eternal.

*That is all it is, change, continual change taking place. In fact, a so-called dead body is more alive than a living body because its particles are more active. They are separating themselves and moving into their own vibrations of substance. Being attracted to their own vibrations both into the various elements and also into the air and the water and the various things that exists. So they are dissolving back again into the original elements of which they arose. They are atoms in themselves. And these atoms having vibrations of certain vibratory or rotary motion are attracted to the substance which is rotating at the same rate of vibration. So there is a disintegration, a dissolving away of the material or the flesh, whatever the case maybe. The tree or the plant, moving back into its original form out of which it rose. Therefore there is no death, there is change. And an apparent dying thing is more alive than a living thing because of the fact, that it is changing, disintegrating. The particles are separating from one another, forming new groups, ready to form further groups, therefore there is no death.*

## “THE DEAD BURY THEIR DEAD”

*But if you are always caught-up in your body, caught-up in the values of the body in the flesh, then you will not understand the greater values, those values that are beyond the flesh.*

Paul says, “we die nightly,” meaning death is but the leaving of the personal self and living in the Impersonal self. It is the portal through which we become aware of that which is beyond. In sleep we break the consciousness of the self, in death we do the same.

In sleep we have dreams, fanciful and *not real*, in death we have an awakened Reality. Death and sleep are brothers, one is real while the other is not real, because Life and death are one and the same. Life continues in its more perfected abode in which the consciousness becomes more aware. Therefore the fear of death must be eliminated from the mind of man and the consciousness of Eternal Life must be established.

*But you could only see then, that death is made up in your mind. These things that are made up in your mind are not true. Death is made up in your mind through the assumption, through the suggestion of what you see and hear and feel is dying. But now you create these things in your own mind, the ideas of what it is but it is untrue, because you do not know the fundamental principles of the Science of the Universe neither do you understand the principles of the Impersonal.*

*If you then know perfectly clearly then what I am telling you, you would come to the realisation that what you have made up in your mind is not true, it is but a suggestion, an idea, a belief, knowledge. Paul says, knowledge will be superseded, prophecies will disappear, the tongues will cease but Love will always remain.*

*So Love and Wisdom are the expressions of the Impersonal. Knowledge is binding. But Wisdom guiding knowledge, it is releasing, because it is ready to receive new knowledge to release the old. But you have no Wisdom, you do not do that. You hold onto your stupid old ideas, your beliefs in death and so forth, therefore your knowledge you have gained already is rubbish, it is nonsense!*

*Not until such time you have gained a Realisation of the Truth, do you find that Reality. That Reality that makes Real things. Therefore know clearly and distinctly in your mind the things that are made up in your mind are not true. And if you do not realise that you will still carry on making your mistakes, thinking that knowledge is real. Knowledge is binding, with Wisdom it is releasing. Only with Wisdom is knowledge releasing. Knowledge without Wisdom is binding. What do we see today, knowledge without Wisdom is destruction.*

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*We create things through knowledge. We find out what it really is, we do not create that which IS, we only find out that which IS. Then we use the knowledge we have for destroying instead of from building up. And today we find the world in chaos, with using our knowledge at the present time in building up munitions, to blow the whole world to pieces and blow humanity with it.*

*But with Wisdom we would guide this knowledge into true channels. Knowledge will be creative and not destructive. It would be building up for the human family and not for destroying the human family. Therefore is it not so then that knowledge is binding in its own.*

*Always remember that Wisdom must come first. Wisdom and Love must be the fundamentals of your Living, otherwise you will lose yourself in that which is destructive.*

This is one of the greatest aids to the healing of the body because a consciousness of fear is destructive to the functions of the body, while a consciousness of Life removes the fear and revives the functions of the soul and body.

“Our Father who art in heaven,” “Call no man your father on earth for one is your Father Who is in heaven.” You are not born of the flesh and blood but of the Spirit that is Eternal. These words are the Master’s words put in a different setting but they mean the same thing.

Perfect healing of the mind and body can only be done when fear of disease and death has disappeared.

The problem then is how to reach the patient’s mind *and* remove fear with all its appendages and to effect that splendid and instantaneous recovery of mind and body.

Firstly, we must know ourselves before we can help-another, *isn’t that true*, thereby giving understanding. One who understands has a firm commanding voice which rings with conviction. Even the dullest person will receive enlightenment from a mind that is enlightened itself. You light his lamp with your own light.

*Therefore you understand. The mind becomes freed from the things that bind it; knowledge, experience, memory, these things are binding. Do not think I am decrying knowledge by any means whatsoever but knowledge by itself is binding.*

*Look at any particular “ology” you like. A person will follow a particular line of thought and they get into a cul-de-sac. They cannot get out of it, they reach that particular area where they have got to turn back and find the*

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*centre again, so they can obtain that which is Real in Itself. But their knowledge becomes binding. They cannot express themselves except through a particular form of thought. And if you have any particular idea that is different to theirs, they will fight to the death to maintain their old stupid ideas. Just as they did not very long ago to try and maintain the idea that the earth was flat and not round, when they put poor old Galileo in prison because he said, that the earth was round.*

*But who was it that put Galileo in prison? It was the fathers of the Church, was it not? Those people who believed that the earth was flat, therefore their knowledge was binding and destructive. What was the Inquisition? Was it not the people who were burnt at the stake because of the fact, that they had gifts that were beyond the human intelligence. And it was a fact, that they believed that these gifts were evil, so the Church and the people that supported the Church, destroyed them and burnt them at the stake because they were supposed to be witches.*

*What did they do to Jesus himself? They strung him up and nailed him to a tree did they not?*

*That is all made up in the mind. So is the idea that the earth was flat was made up in the mind, was it not? It was not a Truth was it? But it was supposed to be knowledge was it not? But that knowledge was binding was it not? And some people will tell you that this is the only living planet, that there is no other people in any other planet in the Universe except on the earth.*

*And where do you get those stupid ideas, those binding ideas? They come from creeds, dogmas, and so forth. Knowledge binding, Wisdom is releasing. So Wisdom sees clearly new knowledge, releases the old knowledge and as that new knowledge then becomes old so it is released again, Wisdom does that. But without Wisdom you have no Real knowledge because you are caught-up in your own beliefs, your ideas. An idea of Truth is not Truth, belief in Truth is not Truth. The word God is not God.*

*Firstly then we must know ourselves then help another:*

*In many cases mantrams are not much help because of the weakened state of the mind. Also it often intensifies the idea that is dominant in the mind. But by skilful intelligent words through understanding, when the patient is receptive and willing, a change begins to take place and sometimes instantaneously.*

*The power of your thought, through understanding, sets in motion electro-magnetic waves which reach the mind of the patient and breaks up the vibration of his own thought-forces that are binding him. By this means the mind of*

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the patient can be reached either from a short or long distance. Besides, by this method forces are set in motion internally, unknown to the patient, and there is no resistance offered as there is in many cases when the belief in disease and death is strongly held in the patient's mind.

*That is why in many cases that absent treatment is ever more efficacious in some cases than direct action. For the simple reason, that the person is so completely bound up in their disease and their troubles, but the more you talk about the trouble to them the more it is embedded in their minds. They are not releasing their troubles but binding themselves with their troubles.*

*And in those cases I have found that absent treatment was the effect of entering into consciousness, knowing of course that your consciousness is Universal. You cannot treat a person if you think that your consciousness is personal and that person is away from you, and some distance away from you and there is some separation between you and the person, and the personal self cannot treat at all, for the simple reason, that the personal self is the separation between man and man. But you being in the Universal because you are born in the Universal, there cannot be two Consciousness, God's Consciousness and your consciousness, it is impossible.*

*But knowing that your consciousness is Universal, therefore it reaches the consciousness of every individual in the Universe, provided you understand. Therefore you set in motion terrific forces of Life, not that you know what Life is but being Life yourself and Conscious. You set in operation these forces. You do not have to create.*

*If I want to let forces fly through me what do I do, I only allow Life to manifest. I do not create anything. I am not forcing my teeth and my will to create something, am I? But you feel do not you, Life's forces?*

*The Universal is expressing Itself through the consciousness that is aware of It. The Universal created the individual consciousness for Its own Self-Expression. When the individual consciousness becomes aware of this it gives expression to the Universal, does it not? But is the Universal always expressing Itself? Seeking channels how It can express Itself and where It can express Itself. You are here for that purpose are you not? You have come here for the highest thing that is possible, is it not? If it is not so, you are not worthy to be here at all. You are here to give expression to that which is greatest—the Universal. And you do not have to create the Universe.*

The attributes that must be cultivated, if you desire to help mankind is firstly, a deep understanding of the cause of confusion in mind and body.

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With this a self-confidence is established, for if your own mind is confused this will be transferred to the patient.

*And if your own mind is confused, how can you understand the confusion of another person? But if you understand the confusion in your own mind, you will understand the confusion in any other mind.*

*As a matter of fact, every time I heal a person or every time I attempt to heal a person, I heal myself by doing so. I clarify my mind in regard to the cause of the trouble and what it is. I see in my own mind that it is made up in the mind. I see in my own mind that it is cause within the self. I see clearly that it has no existence of its own at all. I see clearly and distinctly that it has no power of its own. I see that it is temporary and transient, therefore has no power whatsoever except the power the individual gives it. I see that it is not true because Truth is Real, it is not made up in the mind. All your troubles are made up in your mind, everyone of them. Think out what I am saying now and you will see how true it is.*

With this self-confidence the will to help is *changed*<sup>1</sup> with the Divine Faith of understanding.

With this established your magnetic aura is purified and your thoughts are dynamic.

The realization of the fact that everything is harmless in Nature and you are also harmless to all and all is harmless to you, *this is most essential.*

An understanding of the self is most important and what the self stands for when you can see that the self alone is the cause and not anything outside the self, then the freeing of the self begins.

When the self is freed the Spirit does the work, in other words, take off the brakes and God does the work. The Master said, “I of myself am nothing it is the Spirit of the Father that doeth the work.”

*Therefore when you see, the self, knowing that it is nothing, but it is the Spirit of the Father within you that doeth the work, the self is dissolved away with all its stupid things; with all its cravings, its possessiveness, its antagonisms, its various so-called causes and effects because it is the self that is that.*

By this state of mind a radiance of mind and body will develop naturally and this is most necessary in your personal contact with others.

On the extent of your Spiritual knowledge will depend your proper diagnosis of the case, thereby you will be able to supply the proper treatment.

All this gives you a power like a high speed drill that bores through the hardest steel to bore into the consciousness of the patient, enabling Divine Healing to take place.

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*The consciousness of the patient must be broken up of all these things that are held in the consciousness of the patient because the patient becomes aware of certain things only because he is conscious of it. And you can be aware of nothing except you're conscious of them. But the consciousness is caught-up in the apparent reality of these things and gives these things apparent reality that does not exist. Therefore the consciousness must become aware of what they are and they drop away. The consciousness becomes free, as it were you take yourself out of prison, you unlock the doors yourselves.*

You must acquire faith through understanding, a faith that removes mountains, a true attitude towards Life through understanding the self. This will give you a sensitivity towards Spiritual energies to enable them to flow through you.

Develop the willingness to listen to what the patient says, with sympathy and understanding. *Do not just turn away but listen with sympathy because of the fact, that the patient is getting rid of all these things that are burdening them. But once you get rid of it all then they continue to think and understand everything as it rises to the surface. You will see what is in the patients mind and how it was made up. Then as you understand the whole process of the mind. You do not stop the patient telling you those things, that would be the worst thing you could do. Because the patient is emptying himself out of all these things and he feels better or she feels better after she has emptied herself out. But after the emptying process has taken place there must be a proper understanding given to the individual, otherwise as Jesus said, "as one devil leaves you, seven devils maybe enter in unless you understand." So therefore you show how all these things have been made up in the mind. How they were brought about and how they are not real and so forth, and show what Reality is.*

*You have enough knowledge now to understand that God is Infinite in nature. God alone exists. Life is not destroyed, Life is not divided, Life is not affected by anything and you are Life. You have been given consciousness and free will to do, to act. And you have made you a mind to think through, a mind to create in, but what have you done? You have created falsehoods in your mind. You have made things up in your mind that are not true; by your reactions to things external to yourself, what you see and what you feel are all vibrations passing into your mind; through your eyes, through your touch. These vibrations are interpreted in your brain and you picture what you see. You make up in your mind what you see, what you feel and what you touch. That is why every person has got a*

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*different idea of what they see and feel. You make it up in your mind and what is made up in your mind is not true, not a Truth. I want you to know what Truth IS. To know that IT is NOW, Ever-present. The Ever-present is Eternal. And it is the renewal of the Ever-present that gives you renewal of the Eternal always.*

*Therefore discern everything in the present. Dissolve it in the present and know that the Eternal will always be present with you. Become impersonal in the light of the oneness of all, through losing all sophistication, be humble as the Spirit Itself in its lowest manifestation.*

With this understanding you will be free from negative suggestions.

There are many things that must be taken into consideration; the type of the individual asking for help, discerning his psychological background, his interests, *his* aspirations, desires and hopes, occupation, general activities, what conflicts and suppressions are present, worries, home life etc., diet and general living conditions, what literature is mostly read, *what* social life engaged in, previous ailments and nervous reactions to people and things, childhood and other memories that may be holding him in bondage.

*And when you see these things that is holding him in bondage, you show him that they are holding him in bondage, therefore he is releasing. You are entirely releasing the individual, that is the whole problem. Entirely releasing.*

*Jesus said, “loosen and let him go.” So it is the same thing you must do too.*

Any disturbing influence, mild or intense, has a tendency to hold the patient in bondage, the patient should be shown how to get rid of these inhibiting processes which are preventing harmony being established in his system. All that is disturbing the normal function of [his] life should be discerned and removed through understanding. By this method your own mind as well as the patient’s becomes an open book.

A true healer heals himself every time he heals a patient. He heals himself of all that is disturbing his own mind. By this method the Divine *Healer*<sup>2</sup> acts without hindrance. Mental annoyances, whether conscious or unconscious, must be neutralized by the transforming power of Love and Wisdom.

Every disturbing influence is like a guerrilla hiding in the corner of the mind waiting for his comrades to arrive and, when they gather in sufficient numbers, they land an attack on the poor unsuspecting individual to lay him low.

*And these guerrilla’s are the things that you have made up in your own mind, they are not a Reality. But they do gather together. And as they gather and form into one, then all of a sudden, they make the attack upon you.*

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*Rising to your consciousness and your consciousness is not completely aware, ready to receive them, therefore you are laid low.*

*But if you had knowledge and understanding, do not you see; no matter what memory it is, no matter what happened in their past, no matter what it is, you discern it without condemnation, without identification, without comparisons. You discern it freely, without identifying yourself with it; see that it is made up in your mind, see it is not a Reality. Are you identifying yourself with everything that is in your mind? If you do, then you will never get rid of it. Are you comparing it? Are you condemning? Are you judging? If you do, you are identify yourself with it. I am Spirit, Life.*

*I know what is made up in my mind and I know what it is. I am not attached with it nor am I affected by it nor am I controlled by it. I am Spirit. I am Life. I know what is made up in my mind. I know that it is not real, I know that it is made up. Do I identify myself with it? Of course not! If I did, I would not be here today. I would not be talking to you at this moment, the way I am, I would be dead long ago. I would be out of the body anyhow long ago because I would have destroyed myself. But knowing that I have not identified myself with what is made up in my mind, what reactions take place external or what happens with other people too, I do not identify myself with these things, I see them for what they are. All I have is Truth and Love—it is the Supreme factor, Wisdom—the use of Knowledge, the Director of Knowledge.*

These elements thrive in ignorance and the cure is understanding, spiritualizing the patient's consciousness with your own powerful spiritual light of understanding, so that when his light is lit it shall shine into the darkest corner, thereby lighting up the mind and body with the light that never dims.

What I said in my last lecture should be re-read again with care, the world is sick because the individual is sick. Confusion and ignorance are the cause, remove these two impostors and the Divine Man will appear in all his glory.

*For he is now, he does not have to be. He does not have to become, he is—now.*

*Becoming is going away from NOW. Being is Reality. God is NOW, He does not have to Be nor do you create Him. But you have created a God in your own mind according to your own ideas, and your God is a false one, and you worship him therefore you do not know what you worship. But those who know, do know what they worship. While those who worship the idol in their own minds, do not know. Therefore you have built up a God according to your*

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*own ideas, your own feelings, your own beliefs, and you pray to this God and you think that you shall have a return. Let me tell you, all your prayers are idolatry: Jesus said, “close the door and there in the very Being you will commune with the Almighty.” And no word need be spoken, not a syllable can be expressed but just that unity. That which IS, I am. I am that which IS.*

Some will say this is a big task but the task does not look *so* mountainous when we begin with ourselves first. Our radio waves will encompass the earth, so do not delay for tomorrow never comes.

‘No one lights a lamp and hides it under a vessel or puts it below the bed; he puts it on a stand, so that those who come in can see the light.’ *Jesus words in Luke 8: 16.*

## BENEDICTION

O Divine One, Thou didst sow the seed of Truth, yet many trod it underfoot not recognizing its salvation.

Some did take it in, yet it failed to take root because of their lack of understanding.

O Divine One, help us to till the soil of our souls so that the roots of the seed will grow to bring forth more fruit in abundance.

For salvation begins with us. May the Light shine forth to help others to see the way, O Blessed Brother of Mine.

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 4th November 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. In the Lecture Notes, the word is ‘*charged*,’ therefore the sentence would read: [With this self-confidence the will to help is charged with the Divine Faith of understanding.]
2. In the Lecture Notes, the word is ‘Power,’ therefore the sentence would read:[By this method the Divine Power acts without hindrance. Mental annoyances, whether conscious or unconscious, must be neutralized by the transforming power of Love and Wisdom.]

## **GOD KNOWS NEITHER SICKNESS NOR DEATH**

\*“Those things which are impossible to men are possible to God.” Luke 18: 27.

In this lesson we will continue our investigation into the great art of Divine Healing.

We see clearly that there are many causes of confusion which affect the mind and body. Confusion brings pain, suffering and weakness which are the result of our ignorance of Spiritual, mental and natural laws. Our reactions to conditions and circumstances are, to a great extent, responsible for much of our own confusion which is the underlying cause of sickness.

*Can you see, always confusion that causes the trouble. Why is the mind confused, that is the question?*

*When the mind is confused it is because one has lost confidence. And when one has lost confidence therefore there is reaction to this and to that. One does not know what they are doing when they have lost confidence, an confusion is the result of much of our troubles.*

We may not realize it but we have unconsciously prepared these conditions for which we suffer. Yet could we be aware of what we are doing we would avoid much of what is undermining our own health and happiness, as well as undermining the health of the world in which we live.

The first requirement is a way of life through true understanding the self. Self-knowledge must come first, when we gain this understanding we will arrive at the truth that the only power we have lies in the inner self, *which is in every other self*, that is our Reality.

*But how are we to understand the self?*

*If the self is not understood then it will always trouble you. There is always trouble in the mind when the self is not understood because of the fact; that you create thoughts and conditions, emotional reactions and so forth that begin to affect the mind. And when you have these emotional reactions you find that you do not understand yourself because there is certain things that you have not read. You have not yet made yourself acquainted with them.*

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*Now you will note always, that it is your reactions to things and conditions that cause a mental strain. You are reacting to those conditions, those things, you are creating in your mind, ideas, images and beliefs. At least you will try and put the blame on someone else. It is wonderful when we can put the blame on someone else, you think that you have freed yourself from the confusion, but you have not, the fact; that you react to those conditions and things, you react to the external world in which you live therefore you create within yourselves through your reactions. But if you know why the self is reacting to those conditions, you will see why, therefore you understand yourself by discerning your thoughts, your motives, your desires. And once you thoroughly recognise these, you will find that it passes away.*

*It is like reading a letter, as I said the other day you have a draw full of letters who have not read, so therefore they are troubling you. Because you have not read them you do not know what is in them therefore you begin to read them. When you begin to read one or two or more then you begin to discard some. Then you read those you have kept and begin re-reading them and discarding them as you go along until such time as you have read them all or discarded them all. Therefore you understand all the letters, what is in the letters, you understand them completely so it is with your mind. You understand yourself in a similar way, your cravings.*

*Craving is probably one of the greatest causes of confusion. But what is craving then? Craving is going away from Reality is it not? It is going away from the Real.*

*In Reality is everything and you are in Reality, and Reality is in you. Everything. If then you are craving, you are wanting. You are living in opposites, having and not having.*

*If I am aware that I am one with you and you are one with me and there can be no division between us, there can be no craving can there? But if you look at me from a separate point of view and think I am separate and there is division between us in reality, then you create that division.*

*It is in a personal sense that these divisions arise in the mind of man. But once you discern what the personal sense is you find that it really does not exist at all, it is something you have made up in your mind. Something you have believed to be true when there is no Truth in it whatsoever.*

*Therefore there can be no sorrow when you know that you are one. But there is sorrow and confusion when you think there is separation. There*

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*cannot be any division anywhere throughout the whole Universe because the Infinite is one Whole and is not divided. How can the Infinite be divided? There cannot be anything that can divide the Infinite because there is nothing greater than the Infinite.*

*Science has proved to us that even matter cannot be divided. That there is no division in matter. We are told by science which is a truth, that what we see in matter, is energy. And there is no division in energy because it is in the atmosphere, it is in ether. There is no division in ether anywhere because ether is the foundation of all matter. And all form and matter must exist in ether, the ether of space. It is connected with it, it is like a pimple on your face, you cannot say that the pimple is separated from your face, the pimple is on your face, therefore just the same as you and me are in ether, there is no division. But ether being a form of substance, which is not a reality in itself but a substance out of which everything is created. But Consciousness which is Life Itself animating and working through this substance creating form. Life Itself cannot be divided. Life Itself cannot be destroyed. You cannot divide the electricity in the air can you, in the atmosphere? Ether is electricity you cannot divide it anywhere. You cannot divide Life either because Life Itself is behind all Creation and is one Whole. Therefore we live and move and have our being in Him.*

*When Jesus said these words, "I am in the Father and the Father is in me," he understood completely that there was no division. And then he said these words to his Disciples, "I am in you and you are in me and we are in the Father," showing that there was no division. When he healed the centurion's servant, he knew there was no division, that there was no separation between his consciousness and the consciousness that existed in that servant. But his consciousness was aware immediately of Completeness, Wholeness. Therefore this whole servant was Whole at that very moment.*

*So it is with everyone of us if we can realise the great Truth that is behind Wholeness, Completeness. Therefore get to know what is in your mind. Get to understand what is in your mind, these beliefs, the ideas of separation. Look at them, understand them and see them that they have no existence on their own at all, except in your mind. They do not exist as a Reality. They only exist in your mind as a belief.*

*If you then examine your thoughts clearly and discern every one of them and be continually discerning them, you will find that they will fall away from you and you will be free. Freedom comes from immediate discernment, not*

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*from analysis of things of the past but from the immediate discernment of your own thoughts at the moment. And these conditions and these layers of consciousness, are hidden layers of consciousness which are memories of the past, will rise to the surface as you go along everyday. Why? Because everyday you have similar conditions, arising, that existed long ago. There is the connection all the time between the memories in your mind and your existing moments everyday. If you discern then your existing moments now, what is happening, all these things of the past will rise to the surface and you will understand them, just as you understand this very moment.*

*Therefore discernment of the moment is the secret, not the analysis of the past. When the analysis of the past rise to your consciousness, as they do, you often become afraid of them, why? Because you are not discerning at this moment. If you discern continuously at this moment, as from moment to moment, you will find you will free yourself from the relative, free yourself from those conditions and beliefs that you believe to be true.*

*We are all living in the relative. You cannot get out of the relative. But if you try to get out of the relative, you are trying to get away from something and you cannot escape from the relative. But if you understand the relative and you understand yourself in the relative, then you will find that you understand everything and you are not affected. But when you try to escape from the relative and the actions of the relative, there is your trouble. You try to runaway, you begin to struggle.*

*But if you look at things and discern them clearly you will find that they have no power of their own. The power they have is the power you give them. And then as you begin to clear the way and your mind becomes clearer and clearer of all the things that you have made up in your mind, there is moments of perfect stillness, moments of perfect beauty, for the self has been completely obliterated. These moments are the moments of Reality. They do not last very long because the self soon returns. But what do you do? You try to memorize and remember those moments. And instead of getting Reality again you are only going away from it because the memory prevents you then from having these particular moments of beauty, moments of inestimable silence and understanding.*

*When there is perfect peace and silence there is the Eternal Reality—it is your Self. But if then, I say you try to remember that moment, it is only a memory and you are preventing then these greater moments coming into you. But if you are wise and you are deeply aware, self-knowledge will bring*

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*that tranquillity again. Self-knowledge will bring that tranquillity where there is perfect peace and silence, and there again you will experience these moments of ecstasy of Eternal Beauty.*

*So we see, what we are all desiring for, is this, to find that inner Self that is in every other self. But if our minds are made up of beliefs, ideas of that Self, how can you find it? You cannot find it through a belief or an idea.*

Now this is not a self that you can look at. *The Real Self is that Self which is in every other self. But if you can see and understand that this Real Self is in every other self, then there can be no division.* The self you can look at is the outer self, this self is the result of your reactions, your fears, your emotions etc. It is the ways of this self that you must begin to understand through deep discernment. We will never know the intricate operation of Divine Healing because of its invisible nature, it comes into operation immediately we remove the obstruction created by the self. *The Father does the work.*

*The greatest exponent of Divine Healing was the Master Jesus. And he saw Wholeness, he also always said, "wilt thou be made Whole." But Wholeness must have existed before they could be made Whole. And Wholeness exists now.*

*We know perfectly well, that we will all leave the body. We know that. But if you continually build our structure upon the values which are physical, then we will be troubled by the physical. But if we can find those values that are beyond the physical, then we will find that the physical will not trouble us very much although we know that the physical must dissolve away. But the Spirit which is the Eternal and the Immortal thing, that Lives Eternally—is yourself. Therefore it is the higher values that the mind must perceive and not the values that are relative, changeable.*

It is also a subjective operation and the outer is but a manifestation of it. *When the outer self is dissolved away.*

The Bible is always telling us to look to the Eternal and to realise the Eternal is our God. Thus by knowing the Eternal to be the Living Essence of our being, which is unlimited in nature, we transcend all conditions.

*For conditions have no reality in themselves.*

Because we are always looking out through the objective self we find we are subject to all kinds of limitations, so these become suggestions which are accepted and naturally become our beliefs which are reflected outwardly. *Thus conditions are created.*

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*If then the objective self, which is living in separation and living in limitation and if we are continually looking out through this self, we are bound to feel those limitations. But if we see those higher values. Those values that are Eternal and Ever-present because that which is Eternal must be Ever-present and that which is Ever-present must be Eternal. Therefore you are the Life, your consciousness must be, because there can be no other consciousness except the Infinite Consciousness. There can be no other Life except the one Life that is Eternal.*

*And the Master saw this clearly and distinctly when he said, "I am the Life." Therefore it is true to you and to me as well, that when we understand this great and mighty Truth, that we are Life, Eternal and Ever-present. It is the Ever-present Life then that is Limitless.*

*But you cannot see that which is Ever-present until you have realised what your thoughts, your emotions, your cravings are. If you are living in opposites, having and not having, fear and faith, therefore you will never know that which is beyond. But immediately you understand opposites, you will understand them, you are no longer caught-up in them. Then you will find that which is not of opposites but Eternal. That is why Life is always the Spring of Living Water that rises up to Eternal Life.*

If all our experiences are derived from the source; *our outer self and conditions*, limitations, you can see how completely negative we can become in a world made up by ourselves, for the world we know is none other than the projection of our own thought and action.<sup>1</sup>

Therefore it should not be difficult to trace the cause of our illness or our lack of harmony. Without the understanding of the *self as the* underlying cause of our troubles we will never free ourselves.<sup>2</sup>

*Therefore we have got to face these things clearly and without identifying ourselves with them, neither condemning or judging them. But if you identify yourself with your condition then you have identified and your condition and yourself become one. How can you eliminate the condition if you identify yourself with it?*

*Do not you see, that the Infinite must be Perfect in Himself and there can be nothing else. There can be no reality except the Infinite Reality. Therefore that Reality is a Living Thing. It is a Living Stillness, a Living Silence in which Reality is always Expressing Itself outwardly.*

*It is in the Uncreated that you have Creativeness, not in the created. And when you see clearly that you are the Living Essence of that which is Creative,*

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*then the Creativeness must be within you. And Creativeness is Eternal because it belongs to the Uncreated. That which is created is not Eternal, it is changeable. It is moving in and out and it is a relative world.*

*If you can see clearly then this relative world and know it for what it is, then you free yourself from it. But if you identify yourself with it, if you judge it, if you condemn it, then it becomes part of yourself.*

Whatever we are conscious of predetermines the predominating tone of our thought and action. By this law we externalize what we feel. When I speak of this state of consciousness I do not mean a state of consciousness of the positive self, which is the outcome of ignorance with its cravings, for as long as craving exists there will be self-contradiction and frustration.

*It is said in, what we call psychology, that you must become positive, you must become aggressive so that you can get somewhere. Well that is the very contradiction of the Truth that I am trying to show you. But immediately you do that you separate yourself from the totality of all things. Then you become separate, you become personal and you will lose that tremendous power of an Intelligence that is behind all Creation. An Intelligence that is working **now** for you. That Intelligence is not aggressive. It is not dominating, neither does it dominate anyone else. An Intelligence that is active is full of Wisdom. And Wisdom knows this, that there can be no reaction to Wisdom because it is a Perfect Expression. But there can be a reaction to knowledge. There can be reaction to the positive self and very much reaction too because that brings misery.*

*Therefore I say to you, it is not the positive self, with its ignorance of, with its cravings because as long as there are cravings, there will be self contradiction and frustration.*

Do we not mostly approach Life in this so-called positive state, born of ignorance which gives rise to the many miseries, brutalities and conflicts which we know so well. We must approach Life with an understanding of the fundamental virtue of Life Itself. Not a virtue that is cultivated out of the recognition of evil, for this is not virtue but ignorance.

True virtue is not the result of positive or negative action but is a state of non-duality where the mind-heart is still, then only is there virtue.

*How can you give expression to the Infinite Life that is Perfect in Itself, that is Intelligence? Unless the mind-heart is still.*

*Jesus was the man that went about doing the Fathers work. He said, "I of myself am nothing, it is the Spirit of the Father within me that doeth*

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*these things.” He was a complete vehicle for the Expression of the Father, the Completeness of the Father. And the Father revealed Himself through the Son and the Son revealed the Father to those he chose to reveal Him to. So here was a man that moved around revealing the Father in all His Glory. And then he said at his highest moment, “now the son of man shall be glorified and God shall be glorified through the Son.” And it is God that is glorified through the Son because God created the Son for His own glorification.*

*If you realise then that there is an Intelligence everywhere. An Intelligence that built the body. You did not build the body, could you? Could you build the body through your mind? All you could have as a body is an idea of the body. But that is not the body. An Intelligence built this body. An Intelligence knows how. An Intelligence that keeps it running. An Intelligence that will repair it. An Intelligence that keeps; the heart beating, the blood circulating, absorption of food, the eliminating of waste, controlling of all the organs of the body. Here is an Intelligence in action, that Intelligence will act for you in your affairs just as it acts for your body.*

*And Jesus proved it because he said these words, “not my will but Thine be done.” And then he became the greatest of all because he not only returned to earth to show the Completeness of himself in every way but he showed clearly that this Intelligence existed beyond the physical body, that existed as an Eternal Expression of the Father. And that was I know to be true too. And you can understand it and know it to be true as well. Therefore you can free yourselves from much of your misery by understanding your own thoughts and your emotions that is preventing the Expression of this mighty Intelligence that is Wisdom.*

Is it not so that if you are evil and I fight you with evil means I also become evil, however righteous I may feel?

If I am brutal and you use brutal means too overcome me then you become brutal with me. This we have done for thousands of years, yet we call ourselves virtuous.

Even within oneself, if we use violent means to overcome hate or anger or violence we are using wrong means for a right end, thereby the right end ceases to be. If there is no understanding there *can be* no transcending anger, hate, violence etc. *Therefore if you do not understand anger, hate and violence, how can you transcend it? How can you get rid of it?* These things must be studied to be understood. These things arise from many causes, yet without comprehending them, there is no escape from them.

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*You try to turn your back on them. You try to put a positive in their place. And you say, "yes, I hate my brother but I must love him." What a stupid thing. What a stupid saying it is. You must know why you hate your brother, then you will find that hate will dissolve away. But what is the use of saying, "Oh, I hate him but I must love him." It is right that I should love him and not hate him. Does that understand hate? But that is what you are told to do, you are trying to put a positive in the place of a negative. But how can you put a positive in the place of a negative, when the negative is always there?*

We are responsible for creating our own conditions so it is more important to be concerned with our own thought and action than with the quelling of our hates etc., for right thinking puts an end to division, then Love transcends friend and enemy alike.

Divine Healing goes beyond time, space or conditions where these barriers do not exist. The one who understands Divine Healing can automatically use this power and influence through space without leaving the place where he stands.

*Why? Because he sees no division. Because he sees no separation because his consciousness must be one with the Consciousness of the Infinite that is in every other living being. Therefore if his consciousness is one with God's Consciousness in every living being, what he is conscious of must be manifest. And therefore he says, "it is Thy will, Thy will be done," then he leaves it to the Infinite Expression, the totality of All Power and thinking and it is according to the Will of God. That Will of God is the Expression of Himself, manifesting Himself in you and me.*

*There are many peculiar things happen. I could illustrate so many of them and two or three special cases that happened this week. A little child, of course children are so easy to heal because there is nothing to prevent them from being healed, this woman asked for help for her child. Now the Doctors said it was impossible for the child to live. Impossible. But this woman asked for help for this child, that she was put into the sanctuary. When the Doctor came round again to see the child, the child was sitting up in bed and wanting to go home. The most extraordinary thing that the Doctor had ever seen in his life, he could not understand it and neither could the mother.*

*A woman who was seriously ill, she had to have an operation on her heart. The Doctor told her husband, she did not think it was possible that she would live but yet the operation had to be done, to try and save her life. Do*

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*you know that in two days that woman was out. The operation was successful and she was out.*

*Hundreds and more of these cases happen all the time. I could detail dozens of them too. Now that is nothing more than the Realisation of the Consciousness of God being in each and every person. And in the child is special, where there is no hindrance to the Expression of Gods Love and Intelligence. And if I am conscious or you are conscious of this Eternal, Complete Intelligence, Love and Wisdom, out-picturing Itself through the mechanism it created for Its own Self-Expression, then there is nothing that can prevent that from taking place.*

*But if you see a condition and you hold on to the condition, and you will say, "please God take away this thing, this trouble of mine." Or you will say, "my father is very ill indeed, God, you know he is terribly ill. He's got thrombosis and he has got this and he's got that but please help to take these things away from him." That is not the prayer of the Divine.*

*The prayer of the Divine nature is this: knowing that there is Wholeness, "arise and walk, thy faith has made thee Whole." It is already established*

To grasp this fully we must develop a highly delicate technique of awareness, by cultivating a true understanding of the fundamentals of Life. Thereby a touch of the healing hand is enough to set in motion a powerful electro-magnetic current to restore the mind and body to its natural state through contact with the Divine Source behind all creation.

I would again remind you that you may repeat a thousand times that you are made in the image and likeness of God, yet this will not help you because the Law is, that your thought will be in accordance with the attitude you hold towards Life itself.

This must not be just an intellectual acceptance of the Truth but a state of mind where division, duality and opposites do not exist. In other words, when the mind-heart is still then only is there Reality.

Immediately we accept *the* grand Truth of our "Being" our sins are forgiven and we are free. Here we see that this not only applies to our inner Life but to our outer life *too* in the body as well, and it is this that the Master saw when he said, "thy sins are forgiven thee, arise and walk."

*He took away the completeness to the idea and the belief of this thing that held the person bound.*

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*People ask me often the same question, "karma?" A lot of people believe in karma and they say, "it is my karma." "You know it is my karma." And they accept this karma as their karma, their belief in karma.*

*So one woman said to me, "do you believe in karma?"*

*I said, "that is a religious belief, that belongs to the Hindu religion."*

*But I am "Being" now, God and I are One. It is He who is manifesting Himself at this moment. He and I are One, there can be no other than I and He.*

*There is no sin in God. Sin belongs to the mind of man. If he believes in sin then he is sin. But Jesus said, "thy sins are forgiven thee, now." And Jesus said to the man on the cross, "on this very hour thou shall be in paradise with me." He had given himself up, he had lost all the feelings of that particular troubled state of the consciousness that belonged to the physical, in fear and troubles.*

*And it is the Truth that the Masters revealed to me too. Immediately you get "Being" **now**. Jesus said, "you shall be as white as the driven snow at this very moment." But it is becoming that is the cause of all your trouble. When you try to become something. God knows what you want to become, I am sure. But you are always trying to become something, something else. Can you understand then as you are always trying to becoming, then you will have all this karma and all these things that belong to karma.*

*But if you find "Being" now, Eternal Being **now**. This is the Tree of Life, take hold of it, it shall be a Spring of Living Water rising up to Eternal Life.*

The common error is the belief that you must think health, but as fast as you think health you think of disease. How can there ever be an escape from this conflict of opposites? There can be no escape except through understanding the cause and not ignorantly being caught up in opposites.

*If the self is caught-up in opposites, how can the self free itself from duality that is binding?*

*Man is God materialized! And it is true, is it not? If God created me, all His attributes must be within me. He cannot create me outside Himself. He cannot create me out of any other substance except His own Substance. He cannot give me any other Life except His own Life. And if He gives me His own Life, as Jesus said, "as the Father has Life in Himself so does His Son have the same Life in himself. How God give me any other Life except His? If I am conscious of this fact then is it not so that I have reached that particular Eternal State because I am conscious of It. But how can I become conscious of*

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*it if my mind is filled with ideas and beliefs of it, in opposites and conflicts? How can I understand Life that is Oneness and Wholeness where there is no flaw or distinction or division in It, if I live in divisions and in distinctions? Must not I discern these things in my mind and know them for what they are. So that they can be dissolved away and when they have dissolved away that which really Is, will manifest Itself. It is, it does not have to be....*

*(The recording ends here as the remainder of the original wire is damaged beyond repair due to severe audio interference)*

Man is God materialized! This is a tremendous statement but nevertheless the truth, and when this is fully realized we are filled with the Truth of our "Being" not "becoming" but "Being" **now**.

The Son of God is the invisible man that remains eternally within the Father. The perfect manifestation is the Holy Ghost or the Divine Creation of man, therefore man is the expression of the Conscious Spirit of God which is Intelligence etherealized and materialized in all planes, thus giving man-woman individuality in the "One Whole." The Father has Life in Himself and He grants the son to have the same Life in himself.

It is through this realization that the locked-up faculties and power existing in every human being will manifest. The involved God-powers now existing in everyone of us will spring forth into being, for in the heart of every living soul there is the Cosmic Spirit.

It will take many generations for the awareness of this consciousness to awaken in the masses. To them the conception of the abstract which is the only Reality remains an impossibility. They cannot rise above the concrete, with the result that they continually react to the concrete and their consciousness can only give to them what they are aware of.

Unless we discern and understand the process of our thinking we will never arrive at the source of our thinking. For there we will find more powers than the entire voltage generated by the Niagara Falls and by our consciousness can magnetise any object and infuse into it subtle vibrations of any desired properties and influences.

The history of the prophets and seers of all time reveal a magic that was awe-inspiring to the masses, yet this so-called magic was but the releasing of this tremendous invisible energy through an awakened Consciousness

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that knows no separation or division between God and man. The feeling of this awareness was the secret of the manifestation. The manifestation was effected either by touch, by sound or by the fixed gaze.

This stream of this conscious energy is electro-magnetic in nature carried in the ether into the atoms of matter, dissolving all that is not according to the Divine design.

This Intelligent Force builds up the body from a single cell and is inherent in every part of the body. Every cell and combination of cells is supplied with this Intelligent Force. The body is mind materialized and every cell is the result of mind in action.

We can now see how the mental state of the individual must be reflected upon the body. Therefore “mind over matter” is not a mere saying to us who know, it is a living Law in operation.

To understand what is beyond mind we must first cleanse the mind of all that is preventing this understanding. For Reality is not of time and space and you must know it directly by yourself and not through another. It is in the present and the present is Eternal and Ever-present, and although timeless It is ever-renewing Itself in Time **that is now**. “I am that I am.”

“And Jesus said to him, ‘regain your sight, your faith has made you well.’”

## BENEDICTION

O Divine One, Thou art I, I am Thou, knowing knower known as one, one unbroken thrill of Eternal Living.

By Thy Eternal Presence beyond time I am forever renewed. Thy Eternal Peace calms all storms that arise in me. This is my fully conscious state beyond the limits of my mortal state, O Blessed Boundless Eternity.

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 11th November 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. The sentence in the Lecture Notes reads: [*If all our experiences are derived from the source of our limitations you can see how completely negative we can become in a world made up by ourselves, for the world we know is none other than the projection of our own thought and action.*]
2. The paragraph in the Lecture Notes reads: [*Therefore it should not be difficult to trace the cause of our illness or our lack of harmony. Without the fundamental understanding of the underlying cause of our troubles we will never understand ourselves.*]

## THE BOUNDLESS RESERVOIR OF SUPPLY\*

“Teach me, Eternal, how thine orders run, and I will follow them step by step;...” Psalm 119: 33 (Moffatt)

*The boundless reservoir of supply. This is the thing that everyone has tried to reach and everyone is going away from it. We will try tonight to see how we can reach this boundless reservoir of supply.*

It is said that prosperity is a state of mind. It is also said that poverty is a state of mind.

We hear it said that prosperity is a dream come true and that poverty is also a dream come true.

But all this is of the mind, it is not real, it is an illusion of the mind itself, caught-up in opposites. Prosperity and want, success and failure etc., *are made up in the mind*, are based on the values of the senses, for no one is satisfied with what they have, they always want more. This is not freedom, it is desire and when we are caught up in desire there can be no freedom.

*Now you will see what I am driving at to begin with. That there is something more than mind, something greater than your ideas, your beliefs. Because in your beliefs and your ideas, you separate yourself from that which is Real in Itself. Reality alone is the boundless reservoir of supply. It is the Creativeness and the Creator of everything that exists in the whole Universe.*

*You will note now that your brain is but an instrument of the mind. Therefore the brain is within the mind's orbit. The mind itself is but a vehicle of expression, and Life is the power that controls every activity in the mind and body because It is Creative. The mind is not creative at all, the mind is a vehicle of expression.*

*But Life is God and God is Life. Therefore we have to understand the mind and how things are made up in the mind, which we think they are real but they are not. They are the illusion of the individual who does not understand himself and who is caught up in the outer. But if you begin to understand*

\* See page 239

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*yourself you will find that you are not the product of mind whatsoever; you are really Creativeness. You are really one with that which is Eternal and Ever-present. And that which is Eternal and Ever-present is everywhere and there is nowhere where It is not. There is no space where It does not exist, there is nothing outside It. It is Complete and Whole in Itself. It is the boundless reservoir of supply, because it is Creative.*

*Life alone is Creative. And Life in you and Life in me is the Creative Power in man. But if you separate yourself from one another, if you separate yourself from your neighbour, then you have created separation from that which really Is. Because all that Is, no matter whether it is your neighbour or anything else, is God, because there is nothing else and there can be nowhere where He is not.*

*Therefore you see, that the mind is caught up in the illusion of desire, and in that desire you are going away from the reservoir of supply. As we will see shortly that BEING is the reservoir of supply, and not becoming. You are trying to become something. What are you trying to become? The fact is that you are going away from Reality.*

There can only be freedom when desire has perished through *the* understanding the self, with all its desires, hopes of becoming. Freedom alone exists in “Being” and not in becoming, when the state of “Being” is reached we have found the inner Treasure which is imperishable. You may call it what you like but it is not a mental thing *nor* a thought, it is a state of “Being” where you enter into *the* boundless reservoir of supply, and things do not matter anymore because all is yours—“what is Mine is thine.”

*This is a mere saying to those who do not understand, but to those who do understand, it is the Light on the Path.*

*Let us see then the difference of Being and becoming. You try to become something, what are you trying to become? If you are trying to become good, you are running away from evil, therefore you do not understand the evil. If you are trying to become rich, you are running away from poverty because you do not understand what poverty is. If you are trying to be successful, you are running away from failure because you do not know what failure is.*

*Do not you see that you are living in opposites? You are living in the mind where there is duality and opposites. There is always conflict where there is opposites. But if you understand the opposites, you will recognize then clearly what they are, and they will fall away from you. And when you have reached*

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*that state of understanding completely, the opposites, one to the other, you will know that they are the conflict of the mind but you will reach that in which there is no conflict, which is in Itself Complete—It is Being, BEING.*

*Becoming, there is always conflict. You are running away from something to become something else. You are always endeavouring to put a positive in the place of a negative, but it cannot be done. The negative will always exist no matter how much you try to place a positive in its place. You can only dissolve the negative by understanding it, and how it arises. And you will also dissolve its opposite too, because you will no longer need it. It will no longer bother you. If then you have one, you must have the other. You are trying to become something, you must be running away from something else you do not understand. If you do not understand that, it will trouble you forever. It will always crop up in your mind to bring you to the state of the very thing you are trying to run away from.*

*So I say clearly and distinctly, unless you understand opposites you can never free yourselves from opposites. It is an utter impossibility. Therefore trying to become is living in opposites. How can you ever free yourself if you are living in opposites?*

*Being is not living in opposites. Being is **now**, renewing Itself Eternally in the present. When the past rises in the mind it is discerned in the present and dissolves away. Memories of the past will rise up in the present because you are discerning your thought-feelings in the present, you are understanding yourselves. Therefore because your thoughts and feelings of the present moment are similar to those of the past, it is always associated with the past. Your memories will rise right to the surface, at the moment, and you will understand them.*

*There is no need for you to try and search into your mind for memories of the past, that is looking for effects. You must understand the cause of effects before they will be removed. And discerning your actions and thought-feelings at this moment, you are discerning the cause of your troubles!*

*As long as we are seeking the values of the senses whether it be touch, taste, smell or possessions, having and not-having etc., the outer becomes more important than the inner.*

*Now what is more important to you at this very moment? Search in your minds and see if the outer is more important to you than the inner. It is here where you go wrong because the outer is always dictating to you when the*

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*outer is more important than the inner. And when the outer dictates to you, you create in the inner according to the dictates of the outer. And what you create in the inner will eventually be established on the outer. So you are caught-up in the vicious circle. Why? Because you are becoming. You want to become something, God knows what, I do not know.*

Now the mere denial of the outer is not the way to the inner. You may deny the outer and withdraw from the world into a jungle or a cave and there think of God or the inner or whatever name you like to call it, but your thinking of God is still of the senses because your thought is bound up with the senses,—what you would like to feel, what you would like to be, what you would like to have,—thus you are caught up in your becoming, therefore there can be no “Being” and only in “Being” is there freedom and completion.

When you are merely speculating, caught up in desire, which is not “Being” you are caught up in confusion because you do not “know.”

*It is not very long ago since we had the ideal of God, as some angry old man up there with a stick, waiting to pounce on you immediately you made a mistake or so called mistake. And this God of yours contained all the frailties of the human mind. Naturally it has not been a loss to discard this kind of god. But you will note, that that god was always outside oneself.*

*Then the new idea, which has been propounded recently that God is a god of love. And it is more appropriate of course, and helps people along to a great extent because they have changed from one god, that is angry to another god, that is love.*

*Well they have changed the idea of God, from one to the other, but it is still an idea. Their god of love is still an idea to them, because he is still separate and distinct. He is something outside themselves and therefore the idea of one or the other is not much different except that one was angry and the other was loving.*

*But what have we got to do? We have got to get rid of both of the ideas. The ideas of God must be got rid of because it is an idea.*

*What are we quarrelling about? What does religion quarrel about all over the world today, I ask you? They quarrel over their ideas of the deity, don't they? That is what they are quarrelling about. That is why one will cut your throat, because their idea is different to yours. There has been more misery and bloodshed caused through religious belief than anything else in the world. How then can you console the Truth of the Reality that exists in every human soul, that is*

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*Complete in himself. And if he wanted to destroy a part of himself, he would be destroying himself. But this is what people are wanting to do. They are wanting to destroy a part of themselves, so they begin to destroy one another because of their ideals. These things are made up in the mind, they are not a truth, they are a mental illusion. And if you can see clearly now you will discard these illusions because they are made up in your mind. And also, if you discard the illusions about your body and your mind too, you can discard them all and you shall be free.*

Millions of people have tried to solve this puzzling problem of supply and have advanced many ideas, but all lead to destruction and misery through having and not-having and wanting and the not-wanting, the me and the not-me, the mine and the not-mine.

Some have claimed that wealth is the result of hard work and planning etc. Some have offered the solution that it is fate or destiny and others have said it is pure luck. Others say that some are born *into* inherit wealth. Some have said that Life is a gamble and thus all are gamblers. Some say the poor are not aggressive *while* the rich are. Some say that the rich grasp opportunities while the poor do not.

We *also* know that there are *those* who want to be materially poor and Spiritually rich, so they seclude themselves as a means of loosening the bonds of attachment and desire from the temporary things of the world. They look upon things as a hindrance to Spiritual growth, yet their desire for Spiritual growth is just as much a hindrance as the desire for the material growth. They try to “become” through the idea that the material is a hindrance. “Becoming” and the means of “becoming” **is also an illusion.**

*I hope you are beginning to see the Truth of this. You cannot separate the Spiritual from the material, one is the expression of the other.*

*The material does not jump up and bite you, it does not hurt you. What is it that hurts you? It is your reactions to these conditions. It is your reactions to the material, the desire for the material, for the created. Not knowing that Creativeness alone is creative. And in the Uncreated alone is Creativeness and not in the created.*

*So we see then, it is your reactions, your desire for the created that hurts, that causes your trouble. If you could only know that **Being now—is Creative.** It is not something of the past or the future. It is not something that you want to become in the future. It is not something what you were in the past.*

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*The past is a memory, the future is a hope, they belong to the mind, they are battling with one another. But the present is Eternal, and the Eternal is Creativeness **now**. The consciousness of man is creative. Therefore where is your consciousness now? Is it caught-up in the created or is it creativeness in itself? Are you living then in opposites? Are you trying to become something?*

*“Being” is a “state” now! Not in some future time, because the state of “being” is not of time but of the Timeless.*

*Therefore there is no time. Time is the illusion of man. You measure the day, the week, the months, and the years, by the movement of the sun and the moon in relation to the earth. You divide the day into 24 hours, and your hours into minutes, and the minutes into seconds. That is the calculation of mans mind.*

*But in the Timeless there is no measurement of time. It is a completion. It is the movement of the planets, not only of the earth and the moon that we are now interested in, but the whole canopy of the heavens. The whole Universe is moving as one complete Wholeness, in which there is no time. It is in the Timeless that you live, it is in the Timeless that I live but we do not know it. And because we live in time, we can never know the Timeless. And if you are always becoming, you will never know Being. You cannot say that the Infinite knows time. What man thinks of is time.*

Millions of people are trying to combat “want” because want appears to them as a Reality, so they struggle hard to elevate themselves to a station of Life which they call a standard of living, and with the standard of living they face fierce competition and many insurmountable difficulties always questioning the justice of their unfortunate plight.

*Is it not the struggle you have, that causes all your difficulties? You want to become, so you struggle to become. But if you are Being now and you understand what Being is, your becoming ceases. There is no longer any struggle. You are **now** at this very moment and it is the Intelligence in the Universe that is working through you then.*

*The will of man does not exist, he has no will at all. It is a relative thing that does not exist in reality. Because no matter what man will do, the Divine decree shall immediately and will be fulfilled no matter how wayward man will be. His waywardness causes to himself, the breaking of the Law, which rebounds upon himself alone.*

*And what is the Law of Divine? The Law of Divine is this: that the Divine is in the individual and the individual is in the Divine. If the individual then is*

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*antagonistic to his brother; he violates the Divine, because the Divine exists in his brother too. And the Divine being Whole and Universal, the individual cannot violate the Universal. Neither can the Universal act according to the individual who desires to be antagonistic to the Universal that is in the individual. So therefore the individual suffers according to the Law.*

*If you then understand Being; there is no struggle, there is no antagonisms, there is no trying to become something because you are. You are the greatest and the most wonderful, beyond the Perfection of mans mind, because perfection of mans mind is a comparison with something else. But in the Perfection of that which exists in Reality is beyond mans life but you are that. Therefore you do not have to become something. You become inferior when you try to become something. But if you are Being, you become so beautiful without struggle, free from all these things. If you could only know what the cessation of struggle means. You are struggling with this, you are struggling with that. By struggling with it, what do you do? You intensify it, you give it a power it does not possess. It is relative anyhow and all the relative world has no power of its own.*

So their lives are a see-saw of gain and loss which leads to confusion and ultimate misery; they struggle for a result but the result does not come, they want security so they seek an end.

In Reality there is no end therefore their lives are a torture and many say it is not worth while.

Man's external plight is a concrete expression or reflection of his internal state of mind.

We see then that wealth of itself is not a permanent possession of any individual because it is constantly shifting and changing hands. *It is moving about from one to the other.*

Those, who understand, realize that wealth is not a sensate thing but a state of "Being" in the boundless reservoir of supply and have the right to the temporary possession of wealth.

*Wealth then is through understanding. Not a sensate thing, something that belongs to the senses, what you see and feel and touch, but a state of Being, a state of Creativeness.*

*If you would only discard all your various trying to become, your struggle. What would happen? That which in Itself is Real would express Itself without effort. It is the effortless Expression of the Intelligence that is manifesting through the mind and brain of man—it created for Its own Self expression. To be at*

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*peace then is a state of Being. As Jesus said, “the peace I give you is not as the world gives its peace.”*

There is no end to the boundless reservoir of supply, because there is no end to “Being.” Therefore they do not seek an end nor do they seek [a] continuity for this is also an illusion that arises when we want to “become.”

*You want a continuity of life. If you want the continuity of life there is an end to it! That is why you want a continuity of it, is it not? Why do you want a continuity of life? Because you think you will die, that is why! And by a hope and by preaching and by some person telling you that there is such continuity of life, you will be satisfied. But there is always a doubt, is there not? You try to become, that is your becoming. Being is of a different state. Being is Eternal. It is when you can see what you are doing in your mind, what is made up in your mind, that you will reach that which is beyond your mind. But as long as you are caught up; in your own images, in your own beliefs, in your desires and your hopes and your memories, you are caught up in your minds! You are torn here and there and everywhere because you do not understand. But if you understand yourself and your mind, and how it is made up, then you can free yourself. That is self-knowledge. And then you will find virtue, the Real virtue that is Eternal and Ever-present. Virtue is not made up. Virtue is not becoming something. **Virtue is in Being—now.***

Those who understand enjoy ownership during the span of a lifetime on earth which is of a brief duration. *They come in, they are heir to all that is Thine. They enjoy what is given to them. They do not discard it nor they despise it. Neither are they afraid of it. Neither do they possess it. And by doing so there is no misery, there is no struggle—there is peace.* They know that at the fateful moment of their earthly exit their material riches become the possessions of others while the boundless reservoir remains, unchanged and Eternal.

*I am here for a short space of time. I lived in the Timeless, but in this short space upon then this relative world, I am not afraid of it. Neither do I try to run away from it, neither am I afraid of the good or the evil. Neither am I afraid of opposites such as success and failure. Because I know them all to be made up in my own mind. And when I have seen all that is made in my mind, I reach that which is beyond mind, then I know that I AM the Eternal. I AM the Timeless, yet for a brief space in time.*

*Therefore I use everything. The pleasure and the unpleasant things, are my own reactions and I understand them both. The things that give me*

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*pleasure and the things that give me pain are both the same—they are created within myself. I cannot create them outside myself. Neither can they affect me in anyway except I allow them to affect me in that way. But I know, all the time, that what I feel, the pleasure and the pain, are both the same.*

Therefore if you would be rich with contentment, seek the boundless reservoir of supply that is within the Consciousness of God and which is also within the consciousness of man himself. *For this source we attract wisdom and love, and is the greatest wealth man can have and with it comes all material things as well.*<sup>1</sup>

In the Bible we read where Solomon asked only for wisdom [and] because he did not ask for wealth for himself he was granted all this as well. This is the unfailing colossal power of our magnetic attraction and not in wanting and not-wanting, having and not-having, which cause conflict and confusion in the mind.

*If your thought then is caught up in wanting and not wanting, you are creating a disturbance in your own atmosphere. You are pushing away and trying to get at the same time. Is that a person who goes to the wall and he says, “I want to get away from the wall.” So if I went here to the wall, and I press now, I want to get away from the wall, and I push myself, try to push myself away from the wall, and the more I push the more I push with the wall, will I not. If I struggle no longer and I walk away, therefore I have no struggle, have I? There is nothing. That is the world of opposites that you are living in, exactly the same.*

The human mind is the manifestation of the Divine Mind and is the bridge to the boundless reservoir of supply, God and man being “one.” But this can only be realized in the state of “Being” and not in a state of “becoming.” *How can you understand then? How can you realize that God and man are one, if you are trying to become something? Are you not living in contradiction?*

*I have often said, what’s the hell the use in talking to you anyhow, if you do not understand what I am saying. Therefore I say to you think clearly and by knowing these things, you are leaving yourself out of those conditions and bringing peace and happiness and contentment, and health and happiness into your lives.*

*This can only be realized in a state of Being and not in a state of becoming.* Through this link issue the tremendous electro-magnetic waves in the form of intelligent thought. *It is Intelligence Itself.*

1. See notes page 239

## THE SECRETS OF THE SCIENCE OF LIFE

*Intelligence Itself then begins to express Itself through the individual who has cleared the mind for It. Is it not said in the Bible, “clear the way for the Lord.” What does it mean by clearing the way for the Lord? It means clearing the mind of all the conflicts, ideas and images. Making that mind clear so the Lord can speak.*

*I tell you struggle no more with the opposites. Then you will find that this Intelligence which Itself—is peace.*

*God has not and never made a mistake. But you are always thinking He has. Because you are always asking Him to change His mind. You pray for something else. You pray for peace. Why do you pray for peace? Do you think that God has created war and destruction? You are living in the world of opposites. But you are Living Being. You know perfectly well, that man is the creator of all these miseries, through his own ignorance. In a state of Being and not in a state of becoming. That a state of Being is the link which issue the tremendous electro-magnetic waves in the form of intelligent thought. It is a powerful magnet that attracts from the boundless reservoir of supply all the good things that God has prepared for those who love Him. We love God through our neighbour, by loving our neighbour as ourselves.*

Therefore he who would acquire all these good things does not “desire” for himself alone for this would place him in bondage and place upon him a heavy burden which would not allow him to enjoy the wealth that is within his grasp. The greatest joy in Life is found in the joy of others. Thus the greatest treasure storehouse of the Father is made available to those who make others happy.

*What is the best thing you could do to make other people happy? Take away from them the tortures of the mind. And they must be willing that you shall take the tortures of the mind away from them. But they must begin to understand, themselves, because you cannot do their understanding for them. You can only show the way. But if you can show the way to true understanding, then you have given the greatest gift that God has given to man: take away the tortures of the mind through understanding.*

*But how do you get understanding? Not by placing another idea in the stupid idea you hold, to create more struggle and more difficulties.*

*The more priests you have the more difficulties you have. You may go from one priest to another and you only increase your difficulties. The greatest priest is within you and that is the Christ Himself. And there in that Wholeness*

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*and Completeness of the Christ, as a little child yet with the Wisdom of God and the Power and Love of God, will manifest because It manifests immediately. It is not a matter of time or becoming, It is immediate in Its completion because It is Complete Itself.*

*I wish I could give you the understanding, but I cannot. Each must do it for himself. I wish I could give you the mind-heart. How often did Jesus think the same thing. Oh, if I could take you, as a chicken would under its wings—its brood, so would I do the same thing. But it is impossible. That is found within yourselves and you alone must find it.*

*But it is not difficult! It is not something that is insurmountable. It is easy when you become as a little child, then you shall enter into the kingdom of heaven, and that is the Truth. Now seek in your own mind, until such time as you become a little child, dissolving all your thought-feelings, thoroughly understanding them, then they will dissolve of their own free will. They have no power except the power you give them. You created them, you can destroy them. They have no Eternal existence, they do not exist in Reality. They are not real at all, they are illusionary, they are self-created, they are made up in your mind!*

*The understanding then, shall become as a little child, thy shall enter into the kingdom of heaven, free from all these things—then you are free, with the Wisdom. The great and mighty Wisdom, the Creativeness of God and the Love of God, which holds no animosity or holds nothing against your brother because God holds nothing against you. And the power that comes through Love is tremendous because It is the Creative Power behind all the Universe and upon which the Universe stands. Without It the Universe would fall to pieces and destroy itself. But under the circumstances, that the Eternal must be Perfect in Itself, beyond Its own destruction. And we know that Love is indestructible, that no one can destroy It. That is the Peace. That is Being, and not becoming. You are that **now**, when you shed your illusions, which are self-created.*

The story of the Prodigal Son has many meanings. We see the Son who returned to the great storehouse of God, made merry with others, enjoying the feast of the great storehouse, open to all who come with Love and companionship with others. The elder brother works hard but is not happy and cannot go in because he had no companionship with others.

*Here he separated himself because he thought he was good and the other was evil. He lived in opposites. Therefore he could not enter into the kingdom which was Wholeness.*

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*The Prodigal Son was just as much to the Father as the other Son was. Both were as important. Both remained Sons of God. One realized his mistake, he discerned the ways of the self. He came back with the understanding and entered into the house of God to make merry and dance and be happy. While the other brother heard this happiness and music going on. He thought it was evil. The 'bad' brother that was, he came back and now he is dancing in the heavens. The brother thought it was hell, and he would not go in.*

*But the Father knowing what the son was thinking, he said to him, "what ails you Son?"*

*And then he bluffed it out, "your Son has come home. The rascal that he was, spent all his inheritance and comes back into the fold, and you enter him into the house, and he makes merry with his all good friends." And then he said to Father, "but you kill the fatted calf and all make merry and eating and rejoicing," and he said, "but I can't even get a kid, to make merry with my friends."*

*But the Father said to him, "Son, all that is Mine, is thine." He did not know the great reservoir of supply. The Absolute, the eternal reservoir of supply. He lived in the relative. He lived in opposites, the good and the evil.*

*But I told you before, they grow out of the same tree, they have the same root. But the root of Life has a different root, it has its roots in God. For the tree of good and evil has its roots in mans mind and where it is made up. So is all the other opposites, just the same.*

*How often have I told you in so many ways this Truth. I will go on telling you and telling you in different ways the same Truth. It is the same Truth there is no other Truth. If I go on till doomsday telling you, in a thousand and million different ways, it will be the same Truth, because there is no other.*

The great secret of wealth is the state of "being" now. It is a consciousness of abundance in the great storehouse—that eternal reservoir of supply from which we can all enjoy the good things that God has prepared for us.

The old habits of thinking in terms of [the] self must be replaced by that state of "Being," this can only be reached when the self has dissolved away. The negative approach to Life through the positive attitude of the Self must be eliminated, then a firm cheerful confident outlook through understanding will magnetize the mind so that the magnetic *attraction*<sup>2</sup> will be amplified one-hundredfold.

*It is this positive approach to life by the personal self, which you are all told to do in the ordinary way, and where has it got you? Some people*

2. See notes on page 239

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*have been always telling you that you must become positive, you must demand from God. There is nothing else but demand from God. Why? Goodness, gracious me, you are making you separated from God, are you not when you are demanding from someone? What are you thinking about? The teaching has got no foundation whatsoever.*

*Not until you have found the Truth yourselves, can you ever find the Truth. And you will know what comes out of the mouths of man, whether it is true or not.*

In this way we are protected from disturbing suggestions, both internally and externally, in order to safeguard the mind from disorder, which demagnetizes the mind. For the main essentials are peace and harmony, otherwise the great electro-magnetic waves of the “Eternal” will not be received. The Eternal is our most powerful, faithful and valuable Servant, “the Servant of all.”

With this understanding you will not disturb, mistreat or pervert the mind, for those are the deadly enemies of man, created by himself through ignorance of his state of “Being.” We cannot fill our minds with poison and expect to produce beautiful flowers, for the mind will produce what we know, what we *feel*.<sup>3</sup> *That is Truth.*

Nourish your mind with the state of Being. In this state there is harmony, abundance, health, happiness, wisdom and Love. We will look upon the fields of corn and [we] can say the harvest is already gathered.

*Just when Jesus said to his disciples, little did they know, when they looked upon, they said, “the harvest is ready for gathering.” And he said, he looked upon it, “the harvest was already gathered, it is complete.” Little do you know how wonderful that Truth is. That is what he meant, completion finished. Being, not becoming.*

With this understanding we will ask and we will receive, we will seek and we shall find, we will knock and it will open unto us—the great storehouse of God, who has already prepared all the good things for those who Love their neighbour as themselves, and there is no limit put to what you can take.

*If you become covetous then it is difficult, what do they say, “you shall not covet your neighbours goods.” There is a storehouse of supply, if you know how to reach it. Within understanding we will ask and receive.*

Impatience must be guarded against, impatience shows a lack of faith and understanding. Patience and understanding are the basic factors of victory.

Transmute the energy of desire into that state of “Being” then there will be an end to the many desires which overpower the mind with duality.

3. See notes on page 239

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The wrestling with duality, having and not-having etc., will produce failure and the opposite result.

Do not dissipate your energies with sensate values, but seek that state of “Being” which alone brings true *happiness* and permanent results.

When you have found the secret of opening up to the boundless *storehouse* of supply, all the good things that God has prepared for you will pour forth in abundance. Love, Wisdom are the *greatest* fortunes that man can inherit and with this will come all else, for they are the keys to all things above and below. *They are the key that opens the door to that reservoir of Abundance, Love and Wisdom.* Your problems are solved and the enemies of ignorance are entirely vanquished.

Thought, through its [own] conditioned state, can never find that which is “complete.” If your thought is conditioned with opposites, how can you find that which has no opposites? When you see the false, the false drops away. *When* the mind is in a state of high receptivity there is a great peace in which there is no fear.

When there is no fear there is love, when you love you are not calculating, your whole heart your whole being is open. [But] when you merely think about Love or about a person whom you love your heart is empty. When there is Love there is no fear of want, no fear of death; fear of death, fear of want is in “becoming” not in “Being.” *Loving is Being, Being is Loving.* In *this* state of “Being” Love has no claim, has no wants, and that is the beauty of Love. Love does not claim, does not demand, and *where* there is love there is no want, no death because there is no fear.

*Think of that state of Being. You can have it now at this very moment. It is not something that you want to become, it is as you are made in the image and likeness of God; His Life, His Substance, His Consciousness, His Everything is NOW.*

*That is the teachings of Jesus, “at this very moment you shall be with me in paradise.”*

Love is “Being” moment to moment. Therefore Love is its own eternity, this is why the prophet said, the mind has not conceived the many good things that God has prepared for those that Love. Thus the great storehouse, the boundless reservoir of supply, is open to those who Love. Then “Love thy neighbour as thyself” and God who loves all will fill your cup overflowing for all He has is thine also, “I and the Father are one.”

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*Now you will know what a state of Being is, “I and the Father are one.” I do not have to become one with Him. It is not something that I may become sometime later, by doing this or doing that, going to the cave, or denying the material.*

“Return unto thy rest, O my soul; for the Lord hath dealt bountifully with thee. For thou hast delivered my soul from death, mine eyes from tears, and my feet from falling. I will walk before the Lord in the land of the living.” (Old Version).

## BENEDICTION

O Eternal Beloved, Thy storeroom is ever open to me and now I care not what my possessions may be for all belong to Thee.

Thou hast granted me the use of all that is Thine for Thou hast told me that all was also mine.

My state of “Being” is one with Thee and now the veil of ignorance has vanished that separated Thee from me, O Eternal Beloved.

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women’s Club, 4th floor of the Sanlam Building on Tuesday night of 18th November 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. In the Lecture Notes the sentence reads: [*From this source we attract wisdom and love, which is the greatest wealth man can have and with it comes all material things as well.*]
2. The word in the Lecture Notes is *attitude*. The sentence would then read: [*The negative approach to Life through the positive attitude of the Self must be eliminated, then a firm cheerful confident outlook through understanding will magnetize the mind so that the magnetic attitude will be amplified one-hundredfold.*]
3. In the Lecture Notes it reads *feed it with*. Therefore the sentence would read: [*We cannot fill our minds with poison and expect to produce beautiful flowers, for the mind will produce what we know, what we feed it with.*]

## SLAYING THE GOLIATH OF THE SELF\*

“He who receives you receives me, and he who receives me receives Him Who sent me.” Matthew 10: 40 (Moffatt)

*Civilization is a creation of the mind of man. Civilization is duality and in civilization we find duality everywhere. Not until we understand this form of duality which is the mind in action. Mind in action is peculiar because mind is a relative thing and not real, a Reality. Mind is an effect it is not a Reality. And civilization is the result of mind. Civilization is the formulation in mans mind according to what he thinks civilization should be. Mans mind being entirely ignorant of the Truth then he has formulated a civilization according to his own belief, his own ideas. And because he has formulated this civilization we are then caught-up in it and all over the world we see this strife of duality. The strife of opposites, striving against one another. And not until we begin to realize what civilization is can we extricate ourselves from the difficulties we create in our own minds. We build civilization. Man builds civilization. It is a formulation of mans own mind according to his own beliefs and his standards. So you will always have strife in civilization until we begin to understand what civilization is.*

Now civilization that had given the promise to man of a healthy, happy, satisfying, and full life has led him into the desert of fear and insecurity.

*On the one hand you are promised one thing and the other you fall into the pit.*

The present machine and power age has given to small minorities the tremendous privilege of domination of the individual which, combined with a monopolistic financial autocracy, has put in the hands of a few the power of economic life and death over *the* whole nation. The reaction of the individual is *to organise* strong protective groups. Which has given birth to labour and other councils *leading towards* communistic ideals.<sup>1</sup>

*On the one hand you see you have the formation of groups on one side and you have the formation of groups on the other side. If you begin to understand then the formulation of mans mind that you will see how hideous these things are. But when you are caught-up in them you can't get out of them because the whole world is caught-up in the formulation of mans own mind and it is not the truth.*

\*/1. See Notes on page 254

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*Jesus came to show the Truth and in fact what did they do? Because they lived in duality, because they lived in strife, because they were opposing forces, he tried to show them how to unite those two opposing forces and then they would disappear. But because they saw that if the opposition was destroyed they would be destroyed permanently with the opposition because they were the opposition.*

*Just the same as you have in a political organization today, no matter what it is, maybe one side or the other red or black or whatever the case you may see. If you try then to combine these particular political societies, whoever they are, you will immediately destroy you, because you want to destroy the division. But they will destroy you because they think that you are trying to destroy one particular opposite group to another. So therefore one or the other will destroy you. So it is the same because of mans mind, he is living in duality. It is all through the relative world. And not until we begin to see the Truth of this will we be able to bring about a better state of affairs in the world and in true civilization.*

*Do you think that we are civilized? I do not think so. When we are killing people, murdering people by the thousands and so forth, you think you are civilized? I think we are much more uncivilized than we were many years ago.*

*The fact that we did not kill as many people in the Stone Age as we do now. But we create more instruments of destruction for the purpose of killing. Therefore do you think now that we are civilized any more civilized than the individual were in the Stone Age? Our minds are progressed along scientific lines, no doubt, but we are not more civilized.*

Civilization, that has given this age advanced medical scientific knowledge, is now striving to cope with an overwhelming breakdown of [the] health of the peoples of the world. *Why is that?*

*We have got more scientific medical knowledge now than we have ever had. But we have more hospitals and more institutions than we ever had. And there are more sick people than we ever had. Of course, if you did not have the sick people you could not have the scientific knowledge. It is true is it not? Well the whole thing is a farce is it not, when we look at it properly?*

The storehouse of the mind of man had promised a wealth of beauty in word, thought and deed but man has been deceived and misled and finally deserted in the wilderness of confusion. *Civilization.*

The failure to maintain mental balance in the face of stress and strain of modern conditions is evidenced by the fact that *there is an average of one*

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out of every five people *that need mental treatment* and the breakdowns in health are double that number.<sup>2</sup>

The Spiritual aspect of human life has been broken up and confused in the clash of personalities and is perplexed with the many dogmas and creeds, *ideals and beliefs* fighting each other in the pursuit of domination, like a raft of logs on a placid river being overwhelmed and scattered by a blast of an invisible hurricane and now caught-up in a bank of mud of hate and superstition.

*So the whole Spiritual world we have in our own is a clash of personalities. We find then we have hatreds between one particular section and another. And we have superstition. One is throwing mud at the other because of their belief of their different dogmas. Oh what a state of civilization. The formulations of mans mind, that is all it is.*

*If mans mind cannot go further than this then where are we to land. If we cannot see and discern these things except be caught-up in them all the time, how can we ever escape from them?*

*We do not want an escape from them because that would be foolish. But we want to discern them and see them for what they are. And know that they are formulations of mans own mind and they are not of Reality that is waiting to express Itself now, that is, not a formulation of the mind but a Living Expressing Intelligence of Wisdom and Love*

Civilization indeed stands accused at the bar of human suffering. Why is this, and what of the future of mankind?

The solution is not to be found through conferences, blueprints or through the substitution of new leaders for old and so on. The solution obviously lies in the creators of the problems, in the creators of the mischief of the hate and the enormous misunderstanding that exists between human beings. *Of course we know that this hate and this misunderstanding is fired and increased and encouraged by people who have various motives for their own self-expression, for their own ends, while the poor innocent ignorant fool is caught-up in it. But if that individual begins to see and understand the cause of the problem, the cause of the mischief, and he sees if he is antagonistic to another, there is something wrong somewhere. And if you begin to see where your antagonisms arise then there is an opportunity of rectifying the condition, of dissolving these things, and allowing that which is Real in Itself from manifesting Itself. A time will come of course, when only men of Wisdom will be at the heads of great organizations. Because the meek individuals will demand it. But the*

2. See Notes on page 254

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*individual is now in the civilization we have, is the so-called formulation in mans mind; of mans own creation, of his own problems, of his own desires, of his own beliefs, which are more often antagonistic to the other. Therefore the creator of this mischief, of these problems is the individual you and I and not the world as we think of it, for we are civilization, we are the world.*

The world is your relationship with each other for the world is not separate from you and me. The world society is the relationship that we establish or seek to establish between one another. The world is the projection of ourselves and to understand the world we must first understand ourselves, no matter how we might try to excuse ourselves by putting the blame somewhere else the problem remains the same—the understanding of the self.

*The self is a bundle of memories, a bundle of experiences. The self is the product of the past, the hopes of the future, is that not so? That is what the self is; desires, hopes, accumulations of memories, antagonisms, experiences and all these things, that is the self.*

*Therefore the self is the result of the past is it not? Well the past is dead, let the dead bury the dead. And seeing that the self is all these things that have a beginning and an ending. They have no lasting qualities whatsoever; the self then becomes the illusion. And if the self with all these things; antagonisms, memories (because memories do bring in antagonisms and beliefs) a belief upon this and that (because you have one belief and another person have another belief), you have a particular nationality and another person another nationality, therefore you have conflict because one believes that one is separate from the other. Therefore the self lives in separation. But you will notice that the only Living thing that exists at all is the Presence is it not, that is Eternal and Ever-present? It has got nothing at all to do with memories, it has got nothing at all to do with experiences, it has got nothing to do at all with these things whatsoever. The Presence is the Living Presence. The God that is alive and Living NOW and is Eternal, that has no beginning and no ending.*

*Anything that has a beginning and an ending you will notice that the end is in the beginning. It is finished already. It is gone. It is a memory. Why does a memory affect you? It is done, it is finished, is it not? But most people are so stupid that they carry it along with them. Naturally we need memory; how to speak and commune with one another. But that is not the memory I want to show you. The memory is the accumulations you have in your mind of antagonisms, of greed, of the self, your hopes and your struggles.*

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*And memory can be removed as soon as you realize the Presence and discern what your memories mean to you. But if you are caught-up in your memories you are caught-up in them. Anything that floats before your mind you should look upon it without identifying yourself with it. But look upon it as something that is a formulation of your mind, which it is. As you look upon it as that, you look upon it as something that was really relative to yourself. But if you identify yourself with it you are caught-up in it, are you not? Your memory of last night becomes so strong that it is with you today, why? Because you do not live in the Presence. Because you have not discerned that it is a memory, a formulation of your own mind.*

*I know it is difficult sometimes because you have got the habit of being caught-up in your thoughts and your images, your ideas, and your formulations. Therefore a memory is a formulation, an experience. If that is going to affect you in the present then you have to deal with it, haven't you? Because the NOW always exists!*

*It is obvious that the tempo of life is directed mostly on the material, emotional and scientific planes this has increased during the last decade.<sup>3</sup> The pendulum has swung too far without the compensating balance of a developed mental and Spiritual consciousness.*

Thus the destructive mental outlook of the individual has become a crystallized basis for human reactions. The emotions of fear, envy, greed, selfishness and vanity, have created a confused mental condition which prohibits constructive and creative reactions. The result is the slow but sure out-picturing on the physical plane we see in the world today.

*What we see is the effects not causes. The effects we see today is the causes of yesterday. And no matter how we try to cure the effects we will never do so until we remove the cause. What are we trying to do today? Cure the effects. It can never be done. NEVER. And those people who are caught-up in these effects are the intellectuals, without wisdom.*

*You can read books and books as long as you live. But you think you can find the truth in a book? Jesus said, "you search the scriptures and you think you find Eternal Life, you make a mistake." It can only be found within yourselves. In fact, a few fishermen would do much more in UNO\* than all the conglomeration of the intelligentsia you see there today.*

Is it not so that the mass of individuals has created higher false values of temporal and temporary things while only a few seek the ecstasy and enthusiasm, the peace, love and harmony through Spiritual understanding?<sup>4</sup>

3-4. See Notes on page 254

\* UNO (United Nations Organization)

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But Spiritual understanding only comes through the process of understanding ourselves which is not an isolating process.

*Everyone today is trying to isolate themselves and separate themselves from the other. It is the beginning of the greatest struggle the world has ever seen. And those who recognise this see the writing on the wall. And why? Because of the ignorance of mankind. Because of the teachings that man has had in the past through ignorance. Not understanding the teachings of Jesus.*

*Jesus was a man of God. A tremendous powerful expression of the All-mighty. He walked about in sandals, cloak over his shoulders. He revealed the Christ of God. His religion was the true religion, the Power-hood of God and the brotherhood of man. But then some people came along and formulated an idea, a religion out of his sayings. And then they built great big buildings and gathered all the financiers they could possibly get and put them into a great big building of gold and silver and all beautiful things inside. And on the outside we find squalor, filth and poverty. The religion of Jesus is not the religion of today and never can be. And not until the religion of today dies can the teachings of the Christ be revised and revealed to man.*

To “Be” is to be related and there is no such thing as living in isolation. *But every person wants to live in isolation.* It is the lack of right relationship that brings about conflict, misery and strife. If we can create true relationship in however small our world may be, it will be like a wave extending outwards all the time.

*It begins to have its effect not only in the place that you are but externalizes Itself through the whole of the ether of space. But what do we happen to see today? We see the same thing taking place—isolationism, separation, and which is the destruction of mankind*

If we can bring about [a] transformation of our relationship with one another, not a superficial, but a radical transformation, then we will begin to actively transform the world which is ourselves. But real revolution is not in accordance with any particular pattern, either of the right or the left. *If you try to form then yourselves according to a pattern, you are only going to create more misery and trouble for yourselves. But some other pattern will be formed in opposition to yours. So therefore that is why you have the right and the left. Two patterns one on the right and the other on the left. They are opposing each other living in duality. Can you have then peace where the world is divided in such a way? Never. And who is responsible for this? The individual of course because he has not awoken up to realize the*

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*Truth. So then, the real revolution is not in accordance with any particular pattern, either of the right or the left, but a revolution of values, a revolution of values away from temporal and temporary things and the influences of environment, to values of that which is Eternal and Ever-present.<sup>5</sup>*

To find these true values that will bring about a radical transformation and regeneration it is essential to understand ourselves. Self-knowledge is the beginning of wisdom therefore the beginning of transformation and regeneration.

This understanding is spreading to all parts of the world, but it is not as deep as it should be to become an uplifting force. Because although most of us are discontented, our discontent is merely a channel to bring about a certain result instead of setting us aflame causing us to question Life and the whole process of existence.

*We try to get a result. Don't you see, if you only try to get a result how can you understand yourselves, is it possible?*

*It is like your meditation. You try to meditate upon a Saint or a Master and you think by doing so you will acquire virtue. You are very foolish. You can only acquire virtue by understanding yourselves. And meditation is not a process of self-hypnosis but a process of revealing yourself to yourself. And as that goes, each one will find the true source of his "Being."*

*So some of you try to concentrate. And you will sit and you will say, "I want to concentrate, now. It is necessary for me to have concentration." Alright, you may concentrate, but what of it. If you do concentrate do you know yourselves any better through your concentration? You will acquire the faculty alright. But what use is that faculty if it is going to destroy you and others at the same time, by not knowing yourself? If your faculty is greater and you have no Wisdom, is it not what is happening in the world today?*

*True meditation is the understanding of the self. So that that which is Eternal and Ever-present, which is not a formulation, which is not something made up in the mind but gives expression of Itself through the mind, that is cleared and clarified through understanding. So that the formulations and your beliefs and your memories that are antagonistic and fixtures and the hindrance to the expression will be known to yourselves. Therefore those formulations which have their beginning and the ending in itself dissolve away for that which is greater will take its place. That is the expression of Jesus, the Master. And he did not ask you to worship an idol or worship him*

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*without understanding yourselves. "Seek and ye shall find, ask and ye shall receive, knock and it shall be opened unto you."*

Therefore it is more important to us to find these things out for ourselves because self-knowledge cannot be given to us by another, nor is it found in any book, nor *in* the mere casual wish to find out about oneself of much value, there must be deep discernment of our thoughts, motives and actions.

When the fever of hate abates we will feel the strength of that which of Itself is Love, the only influence that will bring in a new world era. *Is that which is Love. You do not create Love.*

*But when you dissolve all these things away that are in opposition to Love, Love shall remain because It is an Eternal thing. But anything that has a beginning; your hate, your envy, your jealousy, your inquisitiveness, your antagonisms, the end is in the beginning! It is dead already, it is a formulation of your own mind! And as soon as you see it and understand yourself, it will fall away. But you must not identify yourself with it. Your Real Self is in every other self. You cannot divide yourself. You cannot separate yourself. There is no such thing as isolation of the Real Self, it is an utter impossibility.*

*Therefore the self that lives in isolation is dead already! The end is in the beginning and the beginning is in the end. As soon as you see, it no longer remains with you, it falls away.*

*I wish I give you that which is Real. It is so tremendous. It is such a wonderful thing. It is beyond the comprehension of man. But when you have no antagonisms, when you have no hates, you have no jealousies, you have no envies, you have none of these formulations that you create in your mind that causes differences in your relationship with others. When these then dissolve away, the Ever-present which is not a formulation of the mind which never had a beginning and never has an ending, is Eternal and Ever-present.*

Even if it only be a little pebble out of the brook of Love at first, it will slay the Goliath of world selfishness and hate. Things that appeal to the five senses-mind are not Realities, they are misleading and illusory, they are temporary and temporal and are only of value to the individual while they are the object of material and emotional desire which leads to conflict and antagonism.

The Mind of man is confused with crystallised concepts, conflicts, ideas, dogmas, creeds, and nationalities that only add further distorted reactions to our experiences. *Therefore because of our confused concepts our experiences become more diabolical everyday. How very true what the prophet said, "they worship*

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*God with their mouths but their hearts are not there.” The mind of man is then is where these ideas and images and beliefs are formulated. And if you continue to misunderstand yourselves and not make any effort to understand yourself, you will increase those distorted reactions as actions and your experiences become more diabolical everyday. From this basis springs up [the] race mind and breeds the seed of war.<sup>6</sup>*

To follow truth you cannot be tethered, therefore to know yourself there must be *an* awareness, the alertness of mind in which there is freedom from all beliefs and ideals, because beliefs and ideals only give you a colour preventing true perception.

*The alertness of mind is necessary. That alertness of mind is not a positive state but it is a passive state of alertness. Where the mind is alert all the time. Yet in that passive state to allow the revealing of everything that is in the mind itself. Nothing can be left in the mind.*

*Everybody is wanting are they not to understand their dreams, is it not? All want to understand what your dreams are and what they mean. It is not your dream that is necessary to be understood but yourselves. And when you understand yourselves your dreaming will cease.*

*So it is always the self that must be understood. Just the thing in your mediation. It is not the object of your mediation that must be understood but yourself who is the mediator. And when mediation then is complete in itself, the mediator will disappear and dissolve into nothingness. And it will be these words again that will come into your mind and you will know they are true. “I am of myself am nothing, it is the Spirit of the Father within me that doeth these things.”*

Escape.<sup>7</sup> It prevents you from discovering what yourself is. If you want to know what you are, you cannot have a belief in what you are not. If I am greedy, envious, violent, merely to have an ideal of non-violence is of little value. *If I am antagonistic, if I hate my brother is there any use in praying to God? I don't think so. My prayers would be idolatry would they not? Yet that is the prayers of the world and the people who live in the world is it not? But to know that one is greedy and violent, to know and understand it, requires deep perception, it demands honesty and clarity of thought, in this alone there is freedom.*

*And I don't blame it on someone else and say to you, “I told you so, you hear what the Doctor said, I told you so. Understand yourself, then you wont say such stupid things.*

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So the understanding of what you are, whatever it may be, ugly or beautiful, kind or unkind, the understanding of what you are without distortion is the beginning of virtue. *You do not have to excuse yourself. If you excuse yourself, how can you understand yourself? If you try to escape, how can you understand yourself? If you try to pray or concentrate or mediate, you are trying to escape from what you are, are you not? You are trying to obtain virtue by some form of mediation upon a Saint or a Master. Are you any better off? You are only hypnotizing yourselves that is all. Most people are hypnotized now. What they want is de-hypnotization not hypnotization. And immediately we begin to realize that wonderful Truth and we know ourselves, the knowing of the Self, is the de-hypnotization of the individual. So the understanding of what you are whether it be, ugly or beautiful, kind or unkind, the understanding of what you are without distortion is the beginning of virtue. Virtue that merely brings out respectability is not understanding and freedom.*

Being virtuous and becoming virtuous are two different things. Being virtuous comes through understanding what you are, becoming virtuous is [the] covering up of what you are. To merely have an ideal of what you are not, is not virtue, but coming face to face with what you are is virtue. Virtue is an understanding of what you are, therefore brings freedom, while so-called virtue is illusion and bondage. If you do not know what you are, what are your hindrances to the expression of Reality, striving to become virtuous will not make you virtuous *nor will it enable you to express Reality*. Reality can only be found in understanding what you are, and to understand what you are brings freedom. *And in freedom is Reality. Reality cannot be found in anything else but freedom, now. Therefore there is no use seeking Reality until such time as you have found the Reality, found that freedom and the freedom comes through understanding the self and all the formulations of the mind that are preventing you from that freedom.* Freedom from fear of what you are or what is.

Virtue is not a matter of time. Virtue is freedom, immediate release—is this a matter of time? *It is an immediate release from those formulations and conditions which you create. An immediate release from them, I tell you! And that which is freedom is Ever-present. Freedom is not from something you formulate in your mind. Freedom is the elimination of that which is hindering its expression. And in freedom there is Reality. Virtue is freedom, immediate release—is this a matter of time? Are you kind, generous, affectionate through the process of time? Will you be kind the day after tomorrow? Can*

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kindness be thought of in terms of time? Affection, mercy, generosity are the true expressions of Life, they are the only solution for all our problems, but our so-called virtue cannot solve any problems, therefore there is no virtue in “becoming” only in “Being.”

*So there is no need to try and solve our problems by the methods that we are trying to do today. When you have different nationalities you have antagonisms and isolationism. You have greed, you have envy and all these things that create war and destruction. How can you solve your problems when these things are present? When only affection, mercy, generosity are the true expressions of Life, and they are the only solution for all our problems.*

*Our problems are not only world problems but our own problems. The problems that exist in our own homes, in our own lives everywhere.*

These lessons are given for the purpose of creating pure thinking and only in pure thinking can there be freedom.

*The chela must first free his own mind before the Realization of the Truth comes. It is the first step. And to go to a Master; a true Master; the first thing he does is to clear the mind. I often thought that I knew something. I had been five times to India. Had lived with the yogi's. I had practiced yoga and I had practised all these things for years. I could do many wondrous things long before, I knew that. But when I reached that particular state and I found a Master that could really teach and advise me and show me the way. When I thought I knew everything and he told me in plain words, “my son, it does not matter very much whether it is true or not, does it?” And it all fell away from me like that at once. It was the most cleansing process I have ever had and I will never forget it. And that is what I want you to do too. It does not matter very much whether it is true or not. Any of the formulations you make up in your mind because they are made up in your mind they are not the Truth. The Truth is not made up. Therefore that which is made up, it does not matter whether it is true or not, it has no significance.*

Can you say that you have goodwill towards all? But goodwill is essential, otherwise we can never solve our problems. Have your politicians, your leaders, in religion and commerce goodwill towards all? If they have not goodwill how can their followers have goodwill towards all? Then what is the use of conferences and the like, without goodwill which is real affection and without it we can never solve our problems.

*Yes, I feel I could swear at them, sure I could. Yes I know I could too, if I had anything to do with it I would. Perhaps someday I will, who knows?*

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So most of us, like politicians and the vast majority of humans are unkind. They have not got the goodwill that is the only solution to all problems. Since they have not got goodwill it cannot be a mere question of time whether there will be goodwill tomorrow or ten years hence.

Now if kindness and mercy are not a matter of time, why is it that we are not kind now? If we can understand why we are not kind, this understanding being immediate, now we shall be kind immediately, now. Then we will forget what nationality we are, to what religion we belong, what our differences are, we will immediately be generous and kind.

My intention to be kind is futile if I do not know the cause of my unkindness. *What is it that makes me unkind.* Therefore I must know the whole process of my thinking and upon what my thoughts are built. *Are your thoughts not built upon your memory, your antagonisms, your beliefs, your nationalities, your formulations, you understand them and how they come about.* When I see the falseness of the structure, it will immediately fall away, so the study of oneself becomes more important than becoming virtuous.

This study must be continuous if we would have goodwill now and always. We must not merely study to achieve a result because if we seek a result we put an end to enquiry, to discovery *and* to freedom. The more we know of ourselves our passions, our greed's, our emotions, our hates *and all the formulations we have in our minds* and the cause of them—the more deeply we know ourselves—through this knowing comes freedom, a liberation from the entanglements of fear which brings about beliefs, dogmas, nationalism, ideologies, and the hideous inventions of the mind that keeps itself isolated and in fear.

*Why do you want protection? Is not your protection becomes aggression. Why do you want protection? Because you want that's why. You want to acquire because of your desires. You want protection to protect that which you have. And that which you have you have not got. That is civilization is it not, living in duality?*

When there is freedom there is the discovery of that which is Eternal. Without this freedom merely asking what is Eternal or reading books about the Eternal has no value at all. The Eternal, God, or whatever name you like to call it, which is not a name or a word or an idea, can only be discovered by yourself. It comes into being when the mind is free, unfettered by beliefs, by prejudice, not caught up in the net of ill will, nationalities and the like. A mind so caught up is not prepared to receive *Reality*.

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The discovery of Truth brings true and lasting happiness, and to discover there must be an understanding of oneself, Therefore the whole search is not for an answer to the problem but [the] understanding of the self which is the problem. *That is the saving of humanity.*

*No matter how you try to solve your problem if you do not understand yourselves there will be no solving of your problem because you are the problem!*

Therefore to merely change the pattern of the outer without understanding *our inner thought-feelings* has very little value in our own world today. When the inner transformation takes place then the outer *will* be transformed with intelligence, with compassion, with care, goodwill and understanding.<sup>8</sup>

*Because if you have no understanding within yourselves, your outer world will not have it either. If there is not goodwill within you there shall be no goodwill external to you. Therefore it is that which you must understand what is preventing goodwill.*

The world which is *ourselves* can only be raised in consciousness, in the first instance by the action of the individual.<sup>9</sup> Then the seeker who seeks out his or her own hindrances, is helping humanity and will attain the Christ Consciousness now in performing a significant part in bringing ever nearer the Kingdom of God on Earth.

“He who loves father or mother more than me is not worthy of me; he who loves son or daughter more than me is not worthy of me:,” Matthew 10: 37.

*We see then, that the outer is the relative. Jesus was speaking of the Christ within all. He was speaking of the Christ that exists in every soul, in the mother, the daughter, the son, the wife and her husband.*

*Is it not necessary then that we should dispense with all these trappings that hinder the expression of the Christ, the only begotten Son of the Father. To rest in the Fathers bosom forever and expresses Himself in every human being. This is the Life of God. And as we suckle from His breast, we take from Him His own qualities as a child takes it milk from its mother, so do we take the Life of God that His, to become ours. In that Life then there is Peace, there is mercy, there Love and there is Wisdom. That is the only lasting thing, all else is formulations in mans mind just like his own civilization.*

*Peace comes when man begins to understand himself. And in that understanding there is virtue. And virtue is in Being, NOW. Not in sometime trying to become something but living that Presence, that is Eternal, present*

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*NOW. Therefore search your minds for your own formulations, for your memories, for these things that are hindering the expression of that which is Eternal and Ever-present. In that search alone is inspiration. In that search alone is Wisdom. In that search alone is Love. In that search alone is Reality.*

### BENEDICTION

O Eternal Beloved, Thy nature is born in every soul, yet covered up with the ignorant self.

When I *discerned* the nature of the self that covered up Thy beauty I was freed, then I found that this freedom alone was virtue.

What I thought was virtue was but an illusion in which I was bound, for there *was* no virtue in the self. But now, O Eternal One, I am free through understanding myself. Without condemnation, without fear I found freedom and Love. Then I found Thee, my Eternal Beloved.

This is my virtue, O Eternal and Ever-present One.

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 25th November 1952, at 7.45 pm. A recording exists of the Johannesburg lecture exists (see page 277).

1. In the Lecture Notes the sentence reads: [*The reaction of the individual is towards the organisation of strong protective groups. Thus labour and other councils have been born, heading towards communistic ideals.*]
2. In the Lecture Notes the paragraph reads: [*The failure to maintain mental balance in the face of stress and strain of modern conditions is evidenced by the fact that one out of every five people enters a mental hospital as a case and the breakdowns in health are double that number.*]
3. In the Lecture Notes the sentence reads: [*We see clearly that the tempo of life we create mostly on the material, emotional and scientific planes has increased during the last decade.*]
4. In the Lecture Notes the sentence reads: [*Is it not so that the mass of individuals has created higher false values of temporal and temporary things while only a few seek with ecstasy and enthusiasm the peace, love and harmony in Spiritual understanding?*]
5. In the Lecture Notes the sentence reads: [*But real revolution is not in accordance with any particular pattern, either of the right or the left, but a revolution of values, a revolution of values away from temporal and temporary things and the influences of environment, to values of that which is Eternal and Ever-present Reality.*]
6. In the Lecture Notes the paragraph reads: [*The Mind of man is confused with crystallised concepts, conflicts, ideas, dogmas, creeds, and nationalities that only add further distorted reactions to our experiences. From this basis springs up the race mind which breeds the seed of war.*]
7. Part of the first sentence in the Lecture Notes is missing from the recording. There is no evidence of a wire-break in the recording. Therefore it would read: [*To only pursue an ideal leads you away from what you are and this is but an escape.*]
8. In the Lecture Notes the paragraph reads: [*Therefore to merely change the pattern of the outer without understanding the inner has very little value in our own world today. When the inner transformation takes place then the outer can be transformed with intelligence, with compassion, with care, goodwill and understanding.*]
9. In the Lecture Notes the sentence reads: [*The world which is the self can only be raised in consciousness, in the first instance by the action of the individual.*]

## Lecture 8 (2nd December 1952)

### WHAT IS AWARENESS?

“Set your heart on the higher talents. And yet I will go on to show you a still higher path.” 1 Cor. 12: 31.

The majority of people talk so ignorantly of that which is within. Do we not talk of that which is within as something that separate from ourselves? So we create an image of that which is within. But that which is within is not an image, it is not an idea nor a belief.

Now, an image, an idea, a belief is self-created, so we create an image, an idea, or a belief in a God according to our own standards, each having a God of his own, separate and distinct from the other and certainly separate and distinct from ourselves.

Look into your minds and you will see that this is so. Then this thing within is worthless to you, it has no more power than an image, an idea, a belief which has no power of its own only the power you give to it, therefore your God is a relative God and what is relative has no power at all, therefore your God is a false God.

The prophet, seeing the truth, says, “thou shalt not have an image before me.” Therefore an image in the mind is just as false as an image of stone or wood or any other kind of image which the majority worship at a shrine, a shrine that is outside themselves.

What I want to do in this lesson is to show you the falseness of “an image, a belief or an idea” of Reality. Without this understanding there can be no love no freedom, no relationship with one another, only an isolation which we build up through our ignorance of the truth of our “Being.”

Those who are always talking about the truth and have no awareness of “Being” are in the same position as those who know nothing at all about “truth.”

It is only when we begin to know the process of thought, images and ideas do we find that which is “beyond,” then you will know yourself to

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“Be” now. This “Being” is a continuous conscious renewal of Life Itself. When you know yourself to “Be” which is not an image of that which is within, there is “awareness.”

This “awareness” is not a thought, nor an image, nor an idea, it is not something apart from yourself. I cannot put it into words, to put it into words would make it relative, that is why I cannot tell you what it is, even when I am talking, you are trying to make an image of it. But if you can stop your thought-process you will find that which is beyond your thought-process, you will begin to “understand.”

Your thinking or thought-process arises from memory and experience, you can only think about what you know, your experiences, your hopes, your ideas, your memories etc., but you cannot think about that which you do not know, therefore when you stop thinking and speculating about that which is, beyond, “awareness” comes in the silence of the mind.

This then is the real you, that is Eternal and Ever-present, but immediately you begin to think about it, don’t you see you make it relative again? It becomes an image, an idea in the mind.

Life is serious, life is very earnest. It is only the empty-headed and the dull at heart who are trivial and if you are bored with the serious things of Life it indicates your immaturity.

Life and death is a question with which everyone is concerned, no matter who they are, from Kings and Queens down to the most humble in the land.

One may be a high official of the church or of the nation or of the world with titles, wealth, position and red carpet etc., but there is the inevitable end on it all—physical death. So most people are desirous of a continuity, not of Life Itself but of the relative world—but physical death puts, an end to it. Do you understand what I mean now by the “relative”?

Unless we can have true values we are lost in the relative, all our thought-processes will not discover the Real. So the problem is how to have continuity in spite of death.

Now you want an assurance from me! If I do not assure you, you go to someone else or to your books or to the various other forms of distraction for an escape.

This is the eternal problem that eludes the mind and because the minds of the majority are clogged with images and ideas and beliefs the awareness of Reality is submerged, so the task is to free Reality from images, ideas and beliefs that clog the mind.

## WHAT IS AWARENESS

These images are the prison walls that we create for ourselves. The only escape is to discern them, and all that is in the mind before we can understand what it is, but few have the capacity to do so. Yet it must be done by yourself and yourself alone before freedom comes, and when you are free from all that hinders the expression of Reality, there is “awareness,” the Real Self is **revealed through awareness**. Your Real Self is also within every other Self for there is no separation in Reality. “I am in you, you are in me and we are in the Father,” “the Father and I are one.”

This wisdom can only come when the outer self has dissolved away with all its appendages of hate, envy, greed and superstition. This self is the foundation of separation which is false, having no existence in Reality.

Now, when you try to free some people they only create more images, images of themselves as this and that. It is that which creates the image that is Real. Consciousness is creative, Consciousness is cause! And Consciousness alone has awareness, but you cannot discern or analyze consciousness, it always recedes and what you are analyzing or discerning is relative.

An image has no awareness, has it? Images change, do they not? And the point is lost again! It is not by thought-process that Reality is reached but through deep discernment of that which is not Reality. Then the realization of your awareness, your Real Self, takes place. Now, do not try and make an image of it, because it is not an image. It is “Yourself,” the Real you. “I am the Life,” “the Father and I are one.” This is not an image in my mind but a complete realization of my oneness with the Father.

When we analyze anything we create images about it, but what we analyze or create images about is relative and not Reality. Images are of the mind, but Reality is beyond mind. What is in the mind has a beginning and an ending, but Reality is Eternal and Ever-present.

Yet images do not bind you if you are ready to change them at any moment, when new knowledge comes along. But images have no power of their own but will bind you when you believe in them. Images, ideas and beliefs will die and fade away, but that which creates remains Eternally and Ever-present. You can go on analyzing till doomsday but that will not lead to the Real, because you will be caught up in your analysis. In discerning the false we must not be caught up in that discernment but be able to stand aside and watch the process taking place.

## THE SECRETS OF THE SCIENCE OF LIFE

I felt at this stage of the course a complete lesson on awareness was necessary, so that you can become really creative, and only through that which is creative can true creativeness be established.

Therefore to be aware is not to have an image of yourself but a realization of our true self and not a separate self. This comes only when you have eliminated all images, ideas and beliefs in a God outside yourselves.

Creativeness, which is myself, is never separated from the mighty Intelligence which is behind all creation. It is my active partner with a knowing how, out-picturing what I am aware of—this is creation. Creator and creation are not separate, the cause and effect are one.

When we see the effect we know the cause and when we are aware of the cause we know what the effect is going to be.

This is the self-revealing process of Reality, it fulfils the direction of the consciousness, and the consciousness of man can be none other than the Consciousness of God, God being Omnipresent and Omnipotent and Omniscient. Therefore the Universe is ready to fulfil what you are aware of, “whatsoever I ask of the Father He will do so unto me.”

No one knows what electricity is, but we know that it is, for we see the manifestation of electricity in the form of power, also in the form of lights, millions of them in the city, but only one electricity behind them all. This electricity responds to our direction when we follow out its law of operation.

Here we see an Intelligence in action which is automatic in nature when we act on the law upon which it operates. This is the Universal Intelligence in which we exist, and we consciously or unconsciously direct this mighty power into operation, for and against us according to our understanding.

Is it not necessary then to know that which is false so that our consciousness will not be caught up in reaction to effects external to ourselves? We know that we cannot destroy matter, we also know that we cannot destroy energy, but we can direct it so that it can transform matter.

We learn that the mighty Intelligence is automatic and responds to the direction of the consciousness.

When you are consciously creative the Intelligence automatically out-pictures the creation. Yet the form can be transformed through a change in consciousness in regard to it.

Now, do not make an image of yourself in your mind, you will lose yourself again.

## WHAT IS AWARENESS

My Creative Consciousness remains the same always, yet I can transform the form or the image I create. Can you grasp that now? Disintegration is but the transformation from one form to another. Consciousness is cause.

Do not try to image it now. The mind must be still, then you become aware of your awareness. You will not know that it is but you will know that it is, that is why you cannot make an image of it, any image is an illusion and is not It. You can only see the outer self with all its thoughts, emotions and reactions, but you cannot see your Real self. But by understanding your outer self, which is the illusion, you will come to know the Real, not that you will know what It is, but you will know that It is, that it is “you.”

The simplicity of this great truth escapes those who have developed the intellect at the expense of the Real, so they worship the mentality as a God, a God of good and evil. This is the tree from which you must not eat the fruit, lest you die in your sin, that is without knowing the Tree of Life, which is Eternal, which is your salvation, the Ever-present Reality.

In Life alone lies the power to heal, the power to save man from himself. Divine Faith is Life expressing Itself. I am the Life, the same Life in the Father is in me, the same Consciousness in me.

Consciousness is in Its creation, but is not limited by its Creation. If you are limited by your body or your mind then you are not aware of your Real Self. “I am” not bound or limited by my belief or image I create. I direct and control my mind and brain and use them as a means of creation. “I am” my real self not separate from you or from God, my Father and your Father, “call no one your father on earth for one is your Father who is in heaven.”

If you do not yet grasp or understand you must not worry about the Truth for that is worse than creating images about the Truth. Just see the “not-I” things, the things that are not you, then you will begin to understand. You cannot discern the Real, only the “not-I” things.

When awareness of the Self is realized, things no longer matter very much. Conflicts which were once a reality to you no longer exist now. For the Real Self expresses itself in Love, Wisdom and Power and is capable of solving all problems.

“Love never disappears. As for prophesying, it will be superseded; as for ‘tongues’ they will cease; as for knowledge, it will be superseded. For we only know bit by bit, and we only prophesy bit by bit; but when the perfect comes, the imperfect will be superseded.” 1 Cor. 13: 8-10.

## BENEDICTION

The door opened before me because of Thy coming in the likeness of our Father. Everything shone with Life as I understood Thee, O Blessed One.

The ground on which I stood thrilled me because of Thee, and everywhere dumb Nature revealed Thy Presence. Thy touch everywhere revealed Thy Nature and I sank into Thy Perfume of Bliss, O Blessed One.

I beheld Thy Sanctuary hidden within the Silence of my Soul, and upon Thy Alter of Sacredness plays Thy Fountain of Joy, O Blessed One.

With my heart full of Love, I catch and drink Thy Living Water, then I know I need thirst no more, O Blessed One.

**THE LAW OF DETERIORATION  
IS ACTIVE IN THE WORLD AND  
MAN ALONE IS THE CAUSE**

“He said to him, ‘If they will not listen to Moses and the prophets, they will not be convinced, not even if one rose from the dead.’” Luke 16: 31 (Moffatt)

*\*Now, tonight the lecture is one I am sure you will appreciate because it deals with most of the things we are doing in the world that is preventing the happiness of the worlds people.*

*“The Law of Deterioration is Active in the World and Man Alone is the Cause.”*

*“He said to him, ‘If they will not listen to Moses and the prophets, they will not be convinced, not even if one rose from the dead.’” Luke 16: 31.*

*How true that is. I had a person come to me, today, a lady who wanted to know the Truth.*

*So she told me, “that she was taking lessons in Truth.”*

*I said, “yes, you are taking lessons in Truth. And what are they telling you about Truth?”*

*“Well,” she said, “I have got to repeat a lot of mantrams and things like that.”*

*I said, “have you not found that the mantrams you repeat the very opposite you get instead of the mantrams?”*

*She said, “I have found that out to be true.”*

*I said, “of course it is true.” I said, “why do you say mantrams? It is because in your mind, the very opposite is more deeply rooted in the mind, that is why you say mantrams and you only increase that intensity of the opposite.” And I said, “Anyway now, what do you expect to find then, you making them your authority? Wherever you have authority you have confusion, you have doubt. And besides, all that you have of the truth, now, you have made up*

\* See page 274

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*in your mind haven't you? You do not know one bit about the truth do you? You have made it all up in your mind, just ideas and images, beliefs and mantrams."*

*And she said, "yes. Good gracious me." She said, "yes that is true, it is all made up in my own mind."*

*I said, "by now, you realise it is not Truth, do you?"*

*She said, "I have never seen that before."*

*I said, "well now, you just think about it for a little while. And you will not bother about those lessons in 'truth'."*

Our greatest asset, our real wealth, is the Creative Power within and not things created. This is the Secret of power in a world torn with conflict and confusion.

*Confusion exists only in our reaction to things and people.*

*The Uncreated and the created are one. Because the created is the action of the Uncreated. And all must exist in Uncreated because there is no other place it could exist. In fact, all forms exist in the ether that is formless. It is the formless substance that interpenetrates every particle of substance in the whole Universe. Yet in Itself is transformed into form yet It remains in Itself formless. So ether is in It while there is nowhere where It is not, interpenetrates right through the walls everywhere (because even you can close those windows, those doors and you can have radio-waves coming through the ether into enclosed space), therefore you see form made out of ether; ether remains formless. So does the Uncreated. The whole Universe exists in the Uncreated. And the created and the Uncreated are one.*

*Now man was created in the image and likeness of God having Gods Consciousness, the same Life in Him. And when he was born as a little child, he was free. Jesus said, "that is what heaven is made up of, these little children." Free.*

*But immediately you go to school, you go out into the world, so many things hamper you. First of all, tradition. Your mother attended a certain school, a certain class, a certain church and because you do not attend that church, your mother is going to cry. And because your mother cries about you not going to that church, you then say, well I think I will go to church because my mother cries about it. Immediately you are conditioned. And this conditioning goes on completely until such time you are no longer as the little child that is in heaven. You have conditioned yourselves of those things. But you can become that little child again by discerning all the things that have conditioned you and*

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*you become as that little child was Complete, except you begin to know. And according to your knowing and the greater the knowing of what is not Truth, then neither will you come to that which is Truth in Itself. Because Truth is not created. You do not create Truth, no one creates Truth, no one creates Life. You cannot create Life, you cannot create Truth because it is Eternal and Ever-present.*

*You cannot create yourself. You cannot create your own consciousness. Try and see if you can create your consciousness and you will find it is an utter impossibility. Because you are always trying, you are creating something external to the Consciousness. The consciousness has always been paramount, always creating something.*

*Therefore you were created in the image and likeness of God. But according to your conditioning, not so, that was created by yourself. We created the conditioning surrounding ourselves and we can only discern our own conditioning. I cannot discern it for you. Therefore it is not my work to show you the Truth because I cannot tell you the Truth but I can tell you what is not Truth. So that you can find your way to that which is Truth.*

Things created are for our use, but to burden ourselves with more than we can ever use is but a craving for things to cover up our inward poverty and brings distorted reactions *and* affects the mind and body and draws us away from that creativeness which alone gives us peace of mind and a continuous supply of wealth, health and happiness.

*So when we are conditioned we have an inward poverty that we try to overcome. And this inward poverty makes us go out and create more conditioning worse than ever.*

Unless we separate ourselves from *the* things created and stand apart, we will never be able to control *those* things, but will find ourselves controlled by them. We must remember that we are the embodiment of the one Creative Power in the Universe, and therefore the embodiment of all the Laws of Creation.

The subjective Self or whatever we like to call it, is that which is in every other self. The outer self is that self that reacts to the senses, this causes a sense of separation. I do not mean the subconscious mind. *The mind itself is one mind, conscious or subconscious, it makes no difference, it is images created in it. And the mind is not Truth. Mind is not a creator. So always remember, that mind is only the effect of the creation. And it is the mould through which the creation*

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*forms. Your reactions to things external to yourselves are your own creations; through your senses, through your sight, through your ear; through your feeling, through your desires, through your impulses, these are all created within yourselves.*

*No matter whether light strikes the eye and reflects a certain image you must interpret that image within yourselves. And after you have consciously interpreted the image it becomes subconscious. It becomes a memory. And that memory very often is conditioned by fear, by emotion, which you have during the time of your reaction. That memory then becomes a force that will control you unless you understand it and know what it is. Therefore you identify yourself with the memory and then you become that memory.*

*Self-identification with your memories is the cause of much of your misery and trouble. Because you do not know that a memory was created by yourself. And unless you know that you and your thought are one then you will always be troubled with your thought because you believe that your thought and your memory are separate to yourselves, and it has an influence over you when it does not, in any time whatsoever.*

*Therefore it is discerning and understanding the mind. Understanding your own reactions, your emotions and conditions as affect you in the present. Not something that exists in the part of the memory as a thing of the past that maybe affecting you now in the present. But if you are aware in the present all the time then you will know that these things cannot affect you because you are aware of them. You are aware of the conditions of your mind and the way that you are conditioning yourself.*

*So it means the subconscious mind which is the reflection of the outer self, which is always reflecting what we think and feel, giving us back exactly what we feel and think, memory etc. And if this memory that is causing much of our misery, what do we do? Our wars, our influences, our antagonisms of the past are still memory and these memories are affecting us in the present, the very Living Presence that is Love and Wisdom. If these memories are always blinding us to the very Presence that is Love and Wisdom how on all the earth are we going to get out of the conditions that we are in.*

*Tradition, antagonisms, wars, influences and all these things of the past are still influencing us in the present are they not? These memories are always there with us, unless we know them for what they are and what they mean to us we will continue to be affected by them and also they will create antagonisms*

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*in the future. How can you have Love and Wisdom if you are antagonistic now at this very moment, when Love and Wisdom exist only at this moment and exist Eternally? Do not you see, you must understand memory and what it is before you can dissolve it away. And it can be dissolved away through understanding.*

*If you know yourself to be antagonistic, to be stupid, to be greedy and so forth and all these things, you will drop them. If you don't, you think the other fellow is and you are not of course. Therefore if our reaction to things external is one of fear then fear will prevail because we do not know that the Creative Principle alone is our wealth, and not the things created.*

Jesus called the Creative Principle the Father, the Christ he realized as himself which was not separate from the Father or the self in others. This is the true subjective self who is conscious of the Father—The Creative Principle,—and also conscious of the things to be created, knowing that the Father would produce what was asked. *The Father doeth the work.*

*And it is always the Father that doeth the work. Because Life alone is Creative. It is Life that moves my hands. Is it not Life that gives me the knowledge and understanding and that mechanism? Is it not Life that creates the very forming of the words; the brain, the nervous system, the movement of the tongue, the lips and everything all to form a certain word? Is it not Life that has feeling in me to give you the expression of the feeling that I have so that my words will be of something to you and not a mere gramophone?*

This is the Living Self and not the outer self that dies a natural death for the Real Self does not die at all. It is the illusion of death that man sees through the outer self that bothers him, so man sees an end to things but not so the Christ, the Living Self, *that is in every other self.*

*So Jesus, the Christ said, "I and the Father are one," which is natural Truth. But it was not an idea. If it is still an idea to you in your mind then it is of no value to you. But if you can find also within yourselves that you and the Father are one, then that is of value to you. Not that Jesus Christ was one with the Father but that you are one with the Father.*

Words cannot explain this realization, there is nothing to compare with it. We can compare or explain the relative, but that which is beyond the relative cannot be explained in relative terms.

In the world about us we can explain what is relative, our actions etc., we can see what we are doing and what we have done if we are wide-awake and wise enough.

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*So we look into the world of things. We see a world created for man with plants and trees and forests and everything. The land ready to be cultivated. Everything there ready for man to make use of. But is man wise? No he is not. So we take stock of what man does.*

Take for instance the misuse of Mother Earth, our wasteful careless short-sighted methods create desolate deserts out of precious farmlands and valuable pastures, which must supply future generations with food etc.

What do we do? We take out of the earth, as much as possible in a short time, thus not allowing the earth to nourish itself through its own regenerating process, and the food we eat thereof is minus *those* valuable elements that the body requires to keep it healthy.

*Why is it today that the bodies of the people are deteriorating because the elements are not there. The material that you eat is very often minus those elements because the land has been over-cultivated and has not regenerated its own elements again but has been forced by artificial means to produce food without the elements, and consequently the body suffers.*

What do we see? We see lack of wisdom which is gradually turning large expanses of land into a barren waste where there is no undergrowth, therefore there is no binding to hold the top-soil which the wind blows into dust, then *the* rains come and erosion sets in, the valuable soil is washed away. Arid lands and deserts in many parts of the world are the consequence of this ruthless exploitation of the land.

*And yet it all could be stopped by intelligence and wisdom.*

Take the unscrupulous practice of ridding the land of trees. Those beautiful forests which are the priceless asset of Nature, are turned into a tangled mass of debris where once these trees were the protection of the soil, which is now loosened; vast stretches of soil are now carried away by the rains which should be soaking into the ground to give fresh life and fertility to this, the most valuable asset we have, the land.

The massacre of the precious trees further reduces the rainfall, for forests attract rain and render the atmosphere wholesome and fresh, but what do we see? The cutting down of forests without any effort to replace them.

*The cutting down of trees all over the world is a catastrophe. Without any effort of replacing those trees and we see barren deserts now where trees and fertile land was surrounding it, with nothing else but arid desert everywhere.*

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*So if this thing goes on, mans foolishness will destroy himself. Is it not so that God has given man Wisdom. He has, but man has not used it. Why has he not used it? Because he wants to get as much out of the soil as he can at the moment.*

In Industry we see where waste, carelessness and inefficiency, bad habits and reckless disregard for the human element are causing disintegration throughout the whole productive capacity of the nations. The stress and strain of the industrial life is causing a breakdown in the health of the operators, resulting in a waste of our precious productive capacity through sickness, accidents, unemployment, dissatisfaction and strikes. The ceaseless continual confusion and fluctuation of values are the cause of lack of economic security.

*So we see a tremendous amount of work needs to be done through Wisdom, through understanding.*

In commerce we see wasteful and unscrupulous methods which give rise to economic crises, the vast profits and losses made out of the fluctuation of the markets is direct evidence of lack of economic stability caused by violation of sound common sense, in the commercial and industrial world, a lack of wisdom by those who crave for things for themselves at the expense of others, and what they get out of it is just another headache.

*And what do we see in all these particular stock exchanges, one time the fluctuations goes high and the other time there is a black Friday. So they buy and they sell, parasites on the market.*

In our social life the plight is even worse, the insincerity among individuals based upon superficial courtesy and hollow pretension is sapping the *blood-life* of the nations. *Go to any conference you like and you will only find probably one or two men who are sincere. But that sincerity is worth a mint of gold.* In high life and low life we see that intrigue and falseness are the order of the day. No one seems to be honest with the other. How can we ever regenerate ourselves unless we begin to know ourselves, what we are, and what we are doing.

*And if we knew what we are and what we are doing, then these things would fall away from us. They would dissolve away because we would realize what we are.*

Not until we see what we are and what we are doing will we realize that the earth is not for ruthless exploitation but to nourish the peoples of the world, that the forests are not there for unscrupulous butchery but as protection for the

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soil that produces food and nourishment. When trees are cut for necessities there must be further planting in their place without delay, and this must be thoroughly planned beforehand.

The factories are for the production of the necessities and comforts for the people and not for the exploitation of human beings for the benefit of the few. They are there for the comforts of the individual and not to become instruments to destroy the happiness and health of the operators.

If we fail to see ourselves, and what misery we create for ourselves and others and the cause of *their* misery, we will never escape from the effects of our actions. *And everyone is contributing to this thing. Because you do not search within yourselves and find what you are doing.* We will thus continue to suffer the devastating results of our folly, carelessness and exploitation.

If we fail to perceive that waste, carelessness and selfishness will never pay, that the interests, welfare and happiness of every individual is closely knit with all individuals who form the society of the peoples of the world, we will never escape from the conditions we create. *We have to see that there is one family, one society. Cut out all nations and groups and things that are the separation between man and man. And once we see this one great society of human beings, then the world will change overnight because we will see, that the happiness of the whole means the happiness of the individual. Because it is Wholeness, Completeness that is essential. And it is the great vision, the large vision, the vision of Wholeness that you must have. That is what we want, that is real statesmanship, not parasitical statesmanship as we see today, which means nothing else but separatism.* We must see clearly that the welfare of the whole is essential, then the welfare of the individual will be secure, for this is accomplished only by the individual self through understanding the self.

*So it is not the other person you have got to depend upon to create these conditions but yourselves, the self. If you are waiting for the other person to do it, it shall never be done. But if you can see clearly then the influence you have will be penetrating, it will be ever-widening and penetrating through the minds of thousands of people. Because there is no separation, there is no isolation.*

*Isolation is an illusion and those who isolate themselves destroy themselves. There is no such thing as isolation in Reality, therefore there can be no isolation in humanity. With this isolation destruction comes. Separation comes, then conflict, antagonisms and destruction. Man know thyself is the greatest of all things.*

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*And everyone is trying to know a God, external to themselves, which they will never know and never find. If they would only seek and understand themselves then they would find that God beyond yourselves. The same God exists in me and you and every human soul, no matter where or what he is.*

*Immediately then man comes to this Realization of the Truth, all misery will pass away. And the Christ that Lives in every soul will manifest. The lion will lie down with the lamb. And God will say in your own heart, 'this is my people and I shall be their God for evermore.' And that God within you is Love and Wisdom, that is Eternal and Ever-present. It is the only Reality that ever existed. Is never away from you. It is not made up in your mind. You cannot create It. It exists Eternally, waiting to give Expression to Itself immediately you make room for It. And the room you make is when you discern what you are yourself.*

The habits of the individual have been established as a mental habit which produces deterioration of values. How then can the mind of man estimate any value when it has no sense of higher values? A sense of higher values comes through the transformation of the self through self-knowledge.

When the agents of deterioration eat into the structure of the national existence like silent termites, it is high time that the individual has a mental house-cleaning by discerning the path being taken.

*The law of deterioration is the yardstick we must apply to the history of nations and empires that have vanished. We can measure their decline and fall by the state of the mind of the individual. Therefore is it not essential that we should also now discern the state of our own minds, the mind of the individual. This [law] cannot be ignored by any individual or government, for the price of such neglect is too exorbitant.*

*We can see clearly that the history of the past empires and nations that have vanished, we can measure their decline and fall by the state of the mind of the individual.*

This should sound a note of grave warning to those who waste words and pervert truth in modern propaganda, leading the minds of millions and millions of human beings into the far-reaching, deteriorating and demoralizing effects and unprecedented colossal waste of life and human suffering. *What do you hear over the radio, over the wire and the press, propaganda that is influencing the minds of millions and millions of people who do not understand. If this*

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*goes on continuously, what will happen? One half the world is creating propaganda and antagonisms against the other half of the world. Over one half of the world is preparing and creating bombs, guns, rifles and ammunition for the destruction of the other half of the world. And you say, that you can escape from it. No you cannot because you are part of it. So the result will be without precedent and beyond measure. Yet the individual has it in his or her hands to discern the way he or she is travelling.*

*Therefore you think that you have love. You speak about brotherly love, oh yes, you talk about it and in the next moment you condone mass murder. With one breath you say brotherly love in the world and the next moment you are agreeing to this mass murder. Your brotherly love is nothing! You have not yet discerned your mind first. If you can discern what the opposites are in your mind; hate and love together, you have no love at all. They do not exist side by side. You either have one or the other. And you are moving from one to the other continuously living in opposites. But if you discern these things you will understand yourselves. And self-knowledge is the beginning of wisdom.*

Then what the result will be for the individual, so it will be for the world. Only the individual alone has the power to destroy the world and himself, he also has *it* in his hands his own salvation by taking hold of the Tree of Life that is in everyone, this *the* Life of God.<sup>1</sup> *The Tree of Life in himself which is the Life of God.*

*So the Father has Life in Himself, so He granted the Son to have the same Life in himself.*

Are we not searching for good through organised beliefs, reciting prayers and worshipping in ignorance? What I decry is not religion, *nor* the search for Reality and a way of Life but organised beliefs, with their dogmas, *their* separate forces, *their* influences. We are caught up in the net of beliefs, ideas and ideals, repetitive rituals and the like, which is all nonsense. They are drugs that distract the mind from seeking; they are only escapes which make the mind dull and ineffective.

*What is prayer? You pray to a God outside yourselves. Jesus said in very good words, he said, “you pray to something you do not know.” But we pray to something we do know. And that was the difference. I and the Father are one was his prayer. And his prayer was a Realization of the Truth, which he discerned clearly himself. And he knew to be himself—the Truth. He did not know what the Truth was but he knew It was he himself. I do not*

1. See Notes page 274

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*know what I am, the Real AM I do not know, but I know that I Am. I know that I am alive but I do not know what Life is. But I know that I am alive and Living. I know I Am Life.*

*And when I discern everything else external to myself and what I create in my mind about Life is not Life but an image, an idea of It. So what I created in my mind, what I made up in my mind, my own formulations. I discern them for what they are because I see they are my own creations, I and they are one. Therefore I no longer are caught-up in my images and beliefs because a belief is not Life. An idea is not Life but I Am Life. I AM LIFE. I AM TRUTH.*

*Consciousness does not know what it is itself. It only knows. It only is aware. Your consciousness cannot create Consciousness. It can only create something external to itself. Your consciousness cannot analyze itself. It can only analyze something external to itself. But I know what is external to my consciousness is not my Consciousness. And I know what is external to me is not Life and what is made in my mind is not Life. But I know that I Am Life. And I know that God Is Life. Therefore I know that the same Life in the Father must be in me because I and the Father are one. There is no idea about it. An idea about it passes away through my mind. But I Am a Living Expression of Life. I AM. I do not have to think about it. I do not have to create an idea about it to make it a Reality myself, I know I AM myself. And that is what Jesus saw clearly when he said, "I of myself am nothing It is the Spirit of the Father within me. The Father and I are one." We are One.*

We must not accept what anyone says, and you must not accept what I say, we must enquire directly, we must look directly and experience directly and see what we are caught up in and why we are caught up.

Because my grandfather did some ritual, or my mother will cry if I don't do it, therefore I must do it. Surely you can see if such a person is psychologically dependent on others he or she is incapable of finding out what Truth is.

*And if you, in fact, imitate another just because your father or your mother did it and you imitate it too without thinking. Are you capable of finding out the Truth, unless you inquire deeply?*

*You know those people who do not know and profess to know. When you ask them a question, they said, "now you must not inquire into that, it is not for you to know that." How stupid those people are, do you think I would be such a dunce to accept that sort of rubbish. Are you fool enough to accept that sort of rubbish? Of course not, if you are then you are not capable of finding out what is Truth and what is not the Truth.*

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We may repeat the name of God a million times but it gets us nowhere. Reality will shun us because we are encased in our own prejudices and fears, and [are we] not alone responsible, for organised religion has already separated man from man.

*When I was in India and the East, I saw some ghastly things done in the name of Allah, in the name of Buddha, in the name of Mohammad, in the name of Christ, in the name of God. I saw children slaughtered in the street. I saw men, people disembowelled with a knife. I saw their heads knocked off. I saw people, some of them out into the sands with their hands and feet laying out crosswise, with the sun beating on them until they were burnt to death. In the name of Allah, in the name of religion. And can we say we are any better? It is not a few years ago before we were ourselves killing people and burning them at the stake, in the name of religion. Organized religion, that is. It is more subtle today, yet it is just the same. You examine it and you will see. Not until we discern what it is and see it for what it is can we get rid of it.*

So we create an authority and having created the authority we become its slaves. Because you want to escape from the confusion you are caught up in your beliefs, [so] you follow them so that you may escape, but escape does not come. *So whenever you have an authority you doubt, you create your own authority do you not? You create from authority and when that authority comes you doubt that authority. You change and you go to another authority and after you think that you have got that authority you will doubt that authority, and you will condemn that authority and go to another. But you do not discern your own craving for authority, which is the cause of all your misery and your own ignorance!* The authority is the result of your confusion, then how can you ever get rid of that confusion?

If you were not confused, if your mind was clear of all confusion you would not follow anyone, you would be directly experiencing.

You may study the Bible, the Upanishads, the Gita or any other book. Do you think you are capable of reading the truth of it when you yourself are confused? You will translate what you read according to your confusion, your like's and dislikes, your prejudices, your conditioning, so your approach is not a Reality.<sup>2</sup>

*Jesus said very plainly to them, "you search the scriptures and you think you find the Eternal Life, you make a mistake." How true those words*

2. See Notes page 274

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*were and yet how few understood. And they were searching the scriptures to find Eternal Life. All they had was ideas created about the Eternal Life. And everything they had they had created according to their own conditioning, their own images and their own beliefs.*

*So if you are a Mohammedan you search the scriptures according to your belief. If you are a Hindu you do the same. If you are a Christian you do the same. And you are all the same religion you do the same thing and you think you find Eternal Life, you make a mistake.*

*Not until you have found that all these things are made up in your mind and are illusions, and so you will find Eternal Life is Real. When all these things are seen and understood, dissolved away, that which is Real Itself remains. I AM that REALITY.*

To find Truth you must understand yourselves, the Truth comes to you, you do not have to go to Truth, you do not have to create Truth, that which you go after is not Truth but a projection of yourself, therefore not Truth.<sup>3</sup>

*So when you are searching in the scriptures or in the Upanishads or in the Gita, you are searching the projection of yourself. You are trying to interpret according your own conditioning and your beliefs.*

*Oh my goodness, if I could only make it plain to you, that it is so horribly and completely simple. All that is made up in your mind is not the Truth. All that you formulate about Truth in your mind is not the Truth. Therefore whatever you read about Truth is not Truth, it is only a formation that you formulate in your own mind about it. No matter whether you read the Bible or you read the Gita or you read the Upanishads or any of those books, it makes no difference. But immediately discern that which is not Truth, the Truth IS. I AM the TRUTH. How wonderful. So simple, just, I AM. It is difficult to find in a mind that is confused. I know. But the first thing you have got to do is get rid of your confusion.*

To find Truth you must first see very clearly your own prejudices, opinions, ideas, beliefs, conclusions, your greed, your envies etc., this brings freedom and through freedom comes Truth. True virtue is seeing Truth everywhere, then you will not belong to any sectional group. *No society or group or organization can hinder you.* Thus Truth comes only when the mind is capable of receiving It.

*And a mind that is capable of receiving It is a mind that is clear of confusion, antagonisms, greed, beliefs, images, ideas of the Truth*

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“The Kingdom of God cometh not with observation: Neither shall they say, Lo here! or, lo there! for, behold, the kingdom of God is within you.” *These words of Jesus you will read in Luke 17: 20-21.*

### BENEDICTION

Beloved Eternal One, Thou hast created the world so that man would find himself through service.

But the Satan of the Self has led him into the deserts of waste and destructive separation.

Be it possible, O Mighty One, that Thy Presence within will cause man to look into his heart, and repent, and thereby free himself from the Satan of the Self.

Then the glory of Thy Presence will overwhelm him, thus freeing him from *all* his own conditioning, O Eternal One.

*Let us enter into the Sanctuary of the Silent Healing Power....*

*(one minutes silence)*

*...so the Word that was in the beginning is the birth of the Christ in every soul of man. Forever my Peace remain with you. Made as a Blessing in your own hearts and into the neighbour, he is yourself. My Peace remains with you.*

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 9th December 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

1. In the Lectures Notes the paragraph reads: [*Then what the result will be for the individual, so it will be for the world. Only the individual alone has the power to destroy the world and himself, he also has in his own hands his own salvation by taking hold of the Tree of Life that is in everyone, this Life is God's Life.*]
2. This sentence in the Lecture Notes reads: [*You will translate what you read according to your confusion, your like's and dislikes, your prejudices, your conditioning, so your approach is not to the Reality.*]
3. The next sentence in the Lecture Notes is missing from the recording. The paragraph would then read as follows: [*To find Truth you must understand yourselves, the Truth comes to you, you do not have to go to Truth, you do not have to create Truth, that which you go after is not Truth but a projection of yourself, therefore not Truth.* This becomes a process of self-hypnosis which is organised religion.]

*ADDITIONAL MATERIAL*  
*(Johannesburg Series)*

Lecture 7 (11th September 1952)  
(Johannesburg: 2nd recorded version of Lecture)

**SLAYING THE GOLIATH OF THE SELF\***  
*(What is Virtue and What is not Virtue)*

“He who receives you receives me, and he who receives me receives Him Who sent me.” Matthew 10: 40 (Moffatt)

Civilization that had given the promise to man of a healthy, happy, satisfying, and full life has led him into the desert of fear and insecurity.

*There is no such thing as security. Your only security is in the Realization of the Self, that Inner Self, that is in every other self. There is no security in the outer self or anything that belongs to the outer self because it all passes away.*

*We see clearly then, that our relationship to one another is the most important thing in our lives. Because our relationship to our neighbour is our relationship to God. If you are unkind to your neighbour, you are unkind. If you are violent, you are violent. But if you know that you are unkind, if you know that you are violent, then you can put a stop to it. And you can also understand why you are violent because you will realize the foundation of your thinking and the structure upon which your thinking is built.*

The present machine and power age has given to small minorities the tremendous privilege of domination of the individual which, combined with a monopolistic financial autocracy, has put in the hands of a few the power of economic life and death over whole nations. The reaction of the individual is towards the organisation of strong protective groups. Thus labour and other councils have been born, *leading* towards communistic ideals.

*We see then, that there is no relationship between one another. And because there is no true relationship there can never be any solving of our problems. Our problems can only be solved when there is true relationship between one another.*

Civilization, that has given this age advanced medical scientific knowledge, is now striving to cope with an overwhelming breakdown of the health of the peoples of the world.

\* See page 290

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*We see it everywhere. Show me a truly healthy individual, one in a thousand. There is something wrong with nearly everyone and why is that? Because we have no true relationship between one another. We try to be virtuous. Trying to be respectable that is our virtue but it is an illusion and a bondage.*

The storehouse of the mind of man had promised a wealth of beauty in word, thought and deed but man has been deceived and misled and finally deserted in the wilderness of confusion.

The failure to maintain mental balance in the face of stress and strain of modern conditions is evidenced by the fact that *on a average of one out of every five people enter a mental hospital as a case and the breakdowns in health are double that number.*

*How are we to solve our problems under those conditions? We are going to see clearly and distinctly that confusion in the mind causes all our troubles. Causes our troubles in our bodies, in our circumstances and in the world.*

*If your mind is confused then your body will suffer. If you are antagonistic you are sure to suffer in one way or another. Your organs cannot stand the strain; your mind becomes confused, your brain cells, both the cerebrum and the cerebellum become affected. Then when the cerebellum is affected your glands, your heartbeat and all these other automatic activities of your body is affected, then your body talks back. And when your body talks back you become afraid and the vicious circle is set in. Why? Because you are ignorant of the cause.*

*If you understood the cause then you could remove the cause. But because you are ignorant of the cause you are still caught-up in the vicious circle that is destroying yourselves and the whole of humanity.*

The Spiritual aspect of human life has been broken up and confused in the clash of personalities and is perplexed with the many dogmas and creeds, *ideals and beliefs* fighting each other in the pursuit of domination, like a raft of logs on a placid river being overwhelmed and scattered by a blast of an invisible hurricane and now caught-up in a bank of mud of hate and superstition.

*So is the world not caught-up with in the bank of mud of hate and superstition? Every nationality in the world at the present time is antagonistic to another. Every country has antagonisms between their own political groups. We see the various churches who are preaching God and the Christ teachings are antagonistic to one another. We see the narrow-minded individuals who want to be virtuous and yet their virtue is evil because they are always seeing evil.*

## SLAYING OF THE GOLIATH OF THE SELF (J/BURG VERSION)

*They are living in and they are eating the fruit of the tree of good and evil. It is said clearly, that this tree of good and evil you shall not eat the fruit of. This is the tree that grows out of mans own mind, what he thinks of things. Therefore he is living in duality, living in opposites. How are you to get out of these opposites if you are caught-up in these opposites, which are causing confusion in your mind?*

*Paul says very clearly, "as soon as I think of good, evil is there." Showing clearly and distinctly, that if you live in the world of opposites, you will be confused. Unless your eye be single you cannot be free.*

Civilization indeed stands accused at the bar of human suffering why is this, and what of the future of mankind?

The solution is not to be found through conferences, blueprints *and* through the substitution of new leaders for old and so on. The solution obviously lies in the creators of the problems, in the creators of the mischief of the hate and the enormous misunderstanding that exists between human beings. The creator of this mischief, of these problems, is the individual you and I and not the world as we think of it, for we are civilization, we are the world.

The world is your relationship with each other for the world is not separate from you and me. The world society is the relationship that we establish or seek to establish between one another. The world is the projection of ourselves and to understand the world we must understand ourselves, no matter how we might try to excuse ourselves by putting the blame somewhere else the problem remains the same—the understanding of the self.

We see clearly that the tempo of life we create mostly on the material, emotional and scientific planes has increased during the last decade. The pendulum has swung too far without the compensating balance of a developed mental and Spiritual consciousness.

*We see clearly, that the material age which is Spiritual in nature because there is no difference between the Spiritual and the material. One is the manifestation of the other. But without the understanding of the cause, without understanding underlying principles, man is caught-up in the effects that he sees. And he is using these effects, as it were, two ways; he is using them for the destruction of mankind more so than he is using for the development of mankind and for the protection of mankind. He has lost his Spiritual understanding to use the powers placed in his hands, for the benefit of mankind. Instead of that we find these antagonisms, these divisions in nationalities, in groups,*

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*in ideals, in beliefs and ideologies. Which are creating a division in man everywhere. And what we see is this, without Spiritual understanding, without a mental and Spiritual consciousness, man is doomed.*

*What is the answer? Are you going to wait for the next man to have the answer? Then the answer will never come. It is you and me, we have always to realize the great Truth ourselves, that we are the ones that must set in motion the transformation of ourselves. So that that transformation, that power that is within ourselves will continue to wave outwardly, in that radio-waves of the human and Spiritual consciousness into a world to help others to reach and understand what we have grasped at this very moment. And if you can grasp this now, Being, not becoming. You become, you will never become. Truth is NOW. It is not tomorrow or the next day, Truth is now. And you are NOW. You are TRUTH. You are BEING. You cannot be Being tomorrow or the next day if you are not Being now. Therefore becoming is an illusion.*

Thus the destructive mental outlook of the individual has become a crystallized basis for human reaction. The emotions of fear, envy, greed, selfishness and vanity, *has* created a confused mental condition which prohibits constructive and creative reaction. The result is the slow but sure out-picturing on the physical plane we see in the world today.

Is it not so that the mass of individuals has created higher false values of temporal and temporary things while only a few seek *the* ecstasy and enthusiasm of peace, love and harmony in Spiritual understanding? But Spiritual understanding only comes through the process of understanding ourselves which is not an isolating process.

*You have not to isolate yourself to understand yourself. In your relationship with your neighbour you will understand yourself because that relationship is a self-revealing process, if you are wide-awake. You will understand your own thoughts, your feelings what they are. Therefore when you see yourself what you are, that is virtue. Not by trying to believe that you are something that you are not and try to cover up what you are. That is not virtue but that is considered to be virtue but you see it is a lie.*

*To “Be” is to be related to one another. Therefore there is no such thing as living in isolation. Because there is but one Life, one God, one Being, one Truth. There is no separation in God, there is no division in God because He is Infinite in nature. If there was any division and separation in the Father then He could not be Infinite in nature because there was somewhere where he*

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*was not. If you or I did not exist in Him and every other human being or every other thing exist in Him, He could not be Infinite because there would be something or somewhere where He was not. Therefore He must be within you and me and every other thing as well. He must be Omnipresent. Present everywhere and there can be nowhere where He is not present. If it was not so He could not be Infinite in nature.*

*We know then that there is but One. And in this One there is no division. That exists in man mind brought about by his own ideas, his beliefs. But a belief is not a Reality. A belief is something in your mind, just as an idea is self-created. But I am alive and Living. You are alive and Living too. You are Life and I am Life, that is the common ground upon which we exist and not in a belief or an idea or an ideal or a theory. But you will quarrel over these things because they are illusions, they are false. But you cannot quarrel over the Truth, that you and I are alive, and it is the same Life, the same God.*

*Science has proved that there is no division in matter. There can be no division between that flower and me. There can be no division between you and me. Science has proved that there is a basic substance that permeates the whole of the Universe and they call it the ether of space. They say ether then is the basis of all matter. It interpenetrates and supports every atom. Ether in its nature is quiescent until it is brought into operation by the Consciousness. And a Consciousness set in motion these electro-magnetic vibrations which whip into operation, what we call the etherons to form into groups. And these groups then become atoms and the combination of atoms become matter. But the same ether interpenetrates them all. And by your own thought-force, by your own electro-magnetic vibrations we interpenetrate the very walls of the atom of our bodies, and externalize them through our circumstances and into the world beyond.*

*See a radio station can magnetize the whole of the ether at one moment. Because in all directions these electro-magnetic waves are flowing outwardly up the stratosphere down into the bowels of the earth and right across both horizontal and perpendicular, at one and the same time. And you can hear a broadcast all over the world at one and the same time. With the same power that you have within you, you also do the same thing. And what is happening to the world today is that no one understands the power of man himself. That he is broadcasting from himself; ill-will, hate, antagonism, that are not only breaking down the structure of his own body but are breaking down the structure of the human family.*

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So to “Be” is to be related and there is no such thing as living in isolation. It is the lack of right relationship that brings about conflict, misery and strife. If we can create true relationship in however small our world may be, it will be like a wave extending outwards all the time.

If we can bring about a transformation of our relationship with one another, not a superficial, but a radical transformation, then we will begin to actively transform the world which is ourselves. But real revolution is not in accordance with any particular pattern, either of the right or the left, but a revolution of values, a revolution of values away from temporal and temporary things and the influences of environment, to values of that which is Eternal and Ever-present.<sup>1</sup>

*What we see then surrounding us everywhere, is relative things which we can see through our senses. We see and hear and feel through our senses. We take for granted that this is a reality when it is nothing of the kind, it is a relative thing. Reality is that which is behind all Creation. And without an understanding that this Reality is your own consciousness, your Real Consciousness because the Consciousness of God can not be any other but the consciousness of man. And the consciousness of man can be none other but the Consciousness of God. Because of the fact, there can be no other consciousness but God's Consciousness, He being Infinite in nature. Therefore we see clearly, that unless man discerns all himself and what he is, he can never be free. He will be caught-up in the relative; in his hates, in his anger, his jealousies, his divisions, his nationalities and all the rest of it. And he is destroying himself and destroying his human family at the same time.*

To find these true values that will bring about a radical transformation and regeneration it is essential to understand ourselves. Self-knowledge is the beginning of wisdom therefore the beginning of transformation and regeneration.

This understanding is spreading to all parts of the world, but it is not as deep as it should be to become an uplifting force. Because although most of us are discontented, our discontent is merely a channel to bring about a certain result instead of setting us aflame causing us to question Life and the whole process of existence.

Therefore it is more important to us to find these things out for ourselves because self-knowledge cannot be given to us by another, nor is it found in any book, nor is the mere casual wish to find out about oneself of much value, there must be deep discernment of our thoughts, motives and actions.

1. See Notes page 290

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When the fever of hate abates we will feel the strength of that which of Itself is Love, the only influence that will bring in a new world era.

*I do not want to waste too much time tonight because it is a long lecture on each paragraph. But what I want you to think, now, is to read 1st Corinthians 13th Chapter.\* And there you will find, what the Apostle Paul said to the Corinthians. But you must read it with understanding. You must apply it to yourselves and at the same time searching your own minds to see if these things apply to you. Which they do because they apply to every human soul. And it is not to read it as it were, skimming over it but take each verse at a time, and think about it deeply. By searching then your own mind so that you will be able to understand yourselves.*

*Therefore Love is the only influence that will bring about a new world era.*

Even if it only be a little pebble out of the brook of Love at first, it will slay the Goliath of world selfishness and hate. *It will grow. It becomes like a little seed that is planted in the ground, a seed that is planted in the soul. That seed becomes one of the greatest trees that are. The smallest seed in the world becomes but the largest tree. Therefore so it is with man himself, it grows and it grows through understanding.*

*You will not capture all the Love that you should capture at this very moment but you will find it coming in to your life because Love is an Eternal thing. It is not something you have to create. It is something that you capture in yourselves. It comes into your soul as you begin to discern and understand yourselves. Understand what you are and what you are not. Things that appeal to the five senses-mind are not Realities, they are misleading and illusory, they are temporary and temporal, they are only of value to the individual while they are the object of material and emotional desire which leads to conflict and antagonism.*

The Mind of man is confused with crystallised concepts, conflicts, ideas, dogmas and creeds, and nationalities that only add further distorted reactions to our experiences.<sup>2</sup> *Our experiences, what are they? You will search into your mind and you will find what your experiences are. Your experiences are your reactions, your memories, your conditioning. Your environment and how you are reacting to those conditions, that is your experience. And your experiences then become further disgusted, distorted and destructive reactions because you do not understand yourselves.*

\* See page 291

2. See Notes page 290

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To follow truth you cannot be tethered, therefore to know yourself there must be *an* awareness, *an* alertness of mind in which there is freedom from all beliefs and ideals, because beliefs and ideals only give you a colour preventing true perception.

*The Mind of man is confused with crystallised concepts, conflicts. From this basis springs up the race mind which breeds the seed of war. From our experiences, our further reactions. To further and more destructive experiences. And here we see the race mind and we see the seed of war. The seed of war is within ourselves.*

To only pursue an ideal leads you away from what you are *and* this is but an escape. (*You are trying to escape the issue; to look at yourself, to see really what you are, therefore you create an ideal of what you should be. Do you think you could find out what you are under those circumstances? It is impossible, you are only covering up for yourselves in trying to escape from what you really are. But if you know what you really are you can free yourselves, that freedom is virtue.*) It prevents you from discovering what your self is. If you want to know what you are you cannot have a belief in what you are not. If I am greedy, envious, violent, merely to have an ideal of non-violence is of little value. But to know that one is greedy and violent, to know and understand it, requires deep perception, it demands honesty and clarity of thought, in this alone there is freedom.

*Then if I do not know what I am myself and I cannot look at myself, and trying to escape from that which I am, therefore I can never free myself.*

*That is what every person is trying to do today and that is what the churches are trying to do, the priests and the parsons are doing it all the time.*

So the understanding of what you are, *whether* it may be, ugly or beautiful, kind or unkind, the understanding of what you are without distortion is the beginning of virtue. *Without distortion. Without trying to excuse yourself. Without passing it over. Without judgement. Without fear. By looking at it clearly and distinctly then you will know what it is. You will know what the cause is because the cause is the foundation of your thinking. The foundation of your thinking is based upon your nationality, your beliefs, your ideals, your selfishness and all that is separation between man and man. Immediately you look clearly and distinctly and understand what it is, then it will drop away from you and you will be free. You will see the cause of the basis of your thinking. The cause of what you are; your education, your traditions, your so-called society, and your so-called respectability.*

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*What is respectability? Covering up that which you are not. You are covering up these things which are preventing the expression of Reality. But if you discern what they are they will fall away from you, then Reality will express Itself because It is Itself Eternal and Ever-present. It is freedom.*

*So the understanding of what we are, whether it may be, ugly or beautiful, kind or unkind, the understanding of what you are without distortion is the beginning of virtue. Virtue that merely brings out respectability is not understanding and freedom.*

Being virtuous and becoming virtuous are two different things. Being virtuous comes through understanding what you are, becoming virtuous is the covering up of what you are. To merely have an ideal of what you are not, is not virtue, but coming face to face with what you are is virtue. Virtue is an understanding of what you are, therefore brings freedom, while so-called virtue is illusion and bondage. *Therefore see if you are covering up what you are. Search into your own minds and see and you will realize the cause of these things, and look upon them as you look upon a screen. Seeing these things pass before you, without condemnation, without distortion, without fear, without judgement. Then you will know what was in your mind. But immediately you are caught-up in judgement or fear or distortion, you are caught-up in the image.*

*When you see these things you will know that they are not Reality. They do not belong to the Real Self that is God. They belong to the outer self that is an illusion, caught-up in the five senses. In the world of effects, in greed, antagonisms and separation, nationalities and the like. There you will understand yourselves then. Then you will see that these things will fall from you. Then the Real Self that is created will come forward because It is Eternal and Ever-present. It is Love, Peace and Harmony. It is the Christ of God that Lives in every human soul, waiting to get that expression through man. So that man will live in a world of peace and harmony brought about and built for that purpose—the Kingdom of God on earth.*

*Therefore virtue is an understanding of what you are, therefore brings freedom, while so-called virtue is illusion and bondage. If you do not know what you are, what are your hindrances to the expression of Reality, striving to become virtuous will not make you virtuous. Reality can only be found in understanding what you, are, and to understand what you are brings freedom, freedom from fear of what you are or what is.*

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*Therefore there is no fear of what you are or what is, you have found Reality, these things pass away.*

*To make mantrams and continue making mantrams from morning to night is only covering up what you are. What do you get? Nothing. You believe in your mantrams. You make a God of your mantrams you are then led into illusion. Do not you see that there is only one Living thing in existence. The mantrams you make, the more opposition you make.*

*For every time you say a certain thing, a positive thing about yourself, the negative thing is there is also. And the more positive you are about it the more negative is the power of it as well because you are living in opposites. How can you escape then these opposites? By knowing them. By understanding them. By understanding yourself, your fears. If you have no fear, you have no opposites. If you have no fear, you have no cravings. If you have no fear, you have no division. And when you have no fear, you have Love and Wisdom.*

Virtue is not a matter of time. Virtue is freedom, immediate release—is this a matter of time? Are you kind, generous, affectionate through the process of time? Will you be kind the day after tomorrow? Can kindness be thought of in terms of time? Affection, mercy, generosity are the true expression of Life, they are the only solution for all our problems, but our so-called virtue cannot solve any problems, therefore there is no virtue in “becoming “ only in “Being.” NOW.

*And you must understand what “Being” is. Tomorrow never comes.*

*There is a period sometimes when the mind is silent. There is a flash of a second, of “Being,” for a split-second it exists in your mind. Your consciousness has become aware. When that split-second is past it is memory, it is experience. But the renewal of that split-second continuously is Reality is “Being,” now. It is the renewal of the Eternal, now, in man. That is BEING. God is NOW, He does not have to become God. Are you trying to become? Therefore you are going the wrong way.*

*If I know I Am “Being.” When I know myself and know all the characteristics of what I am. I know what I am in my own heart and I search my heart and I see what I am. What do I do when I see what I am? Am I afraid of that which the self, that other self, I’m afraid of these things to look at them? Of course not. Take them out and look at them. Clear the mind of them. Because Reality is Eternal and Ever-present. Then in that state of Being, you will know your brother, and your relationship will be a self-revealing process continuously afterwards.*

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These lessons are given for the purpose of creating pure thinking and only in pure thinking can there be freedom.

*A chela or a student must first free his or her own mind before Realization of the Truth comes. This is the first step.*

Can you say *then* that you have goodwill towards all? But goodwill is essential, otherwise we can never solve our problems. Have your politicians, your leaders in religion and commerce, goodwill towards all? If they have not goodwill how can their followers have goodwill towards all? Then what is the use of conferences and the like, without goodwill which is real affection and without it we can never solve our problems.

*And you are trying to solve your problem and you think that your problems can be solved by one party or another. Where you get one party out and another party in, you are going to solve your problem? That your leaders are going to solve your problems. Your leaders are yourselves. And if you do not understand yourself, you can never solve your problem. Your leaders are but the projection of your own thoughts and feelings.*

So most of us, like politicians and the vast majority of humans are unkind. They have not got the goodwill that is the only solution to all problems. *And* since they have not got goodwill it cannot be a mere question of time whether there will be goodwill tomorrow or ten years hence.

*So there is not waiting for goodwill or becoming that is going to solve our problems but the immediate present we can solve our problems. By knowing what we are; violent, greedy, nationalistic, selfish, you see what the self is.*

Now if kindness and mercy are not a matter of time, why is it that we are not kind now? If we can understand why we are not kind, this understanding being immediate, we shall be kind immediately. *If you will understand now, why you are not kind, you will be kind immediately. You will understand yourselves. The problems are yourselves not the leaders.* Then we will forget what nationality we are, to what religion we belong, what our differences are, we will immediately be generous and kind.

My intention to be kind is futile if I do not know the cause of my unkindness. *Of what it is that makes me unkind. And if I am unkind to one and kind to another, I am not a kind person. If you are kind to one individual and unkind to another individual, can you say that you are a kind person? You must understand why you are unkind to one and kind to another. There*

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*must be deep perception of your own thoughts and actions. But this only relieves you of all your troubles within your body and your soul and your mind. But relieves your environment and helps your neighbour. And the freedom that you have will enable the Reality Itself to express Itself through the instrument that It created for that purpose. And you become one, as it were, with the Christ at this moment, bringing about a better understanding between man and man. You are bringing nearer the Kingdom of God on earth. That Kingdom is established now at this very moment. But it is the selfishness of man and the ignorance of man is preventing its immediate establishment. Therefore I must know the whole process of my thinking and upon what my thoughts are built. When I see the falseness of the structure, it will immediately fall away, so the study of oneself becomes more important than becoming virtuous.*

This study must be continuous if we would have goodwill now and always. We must not study merely to achieve a result because if we seek a result we put an end to enquiry, to discovery, to freedom. *Therefore it must be a continuous progress, a continuous inquiry, a continuous awareness, a continuous alertness, all the time discovering yourself and discerning your thoughts and your actions, then they will fall away in you—that is the Christ of God.* The more we know of ourselves our passions, our greed's, our emotions, our hates *etc.*, and the cause of them—the more deeply we know ourselves—through this knowing comes freedom, a liberation from the entanglements of fear which brings about beliefs, dogmas, nationalism, ideologies, and the hideous inventions of the mind that keeps itself isolated and in fear.

*These words of Jesus where he said, "fear not, fear not." All the thing was to get the fear out of the mind of his Disciples, so that Love could be established. Therefore you need not fear to look into your own hearts and see what is there. Yes there has been in your hearts murder many a time. There has been killings in your heart many a time but you shudder to look at it. It could not be you. It could not be the self that you are that could think those things but it has been. Unless you can look at them, freely and distinctly without fear or without shuddering, without judgement, you can never be free. The self, the outer self is but an illusion, is the result and the reactions of the five senses. It is your memories and your experiences that make up the outer self; the greed, the antagonisms. And when they are all understood they pass away, dissolve into nothingness. And that which is Real is there to take Its place always because It is Ever-present.*

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When there is freedom there is the discovery of that which is Eternal. Without this freedom merely asking what is Eternal or reading books about the Eternal has no value at all. The Eternal, God, or whatever name you like to call it, which is not a name or a word or an idea, can only be discovered by yourself. It comes into being when the mind is free, unfettered by beliefs, by prejudice, not caught up in the net of ill will, nationalities and the like. A mind so caught up is not prepared to receive.

*There can be no harmony. There can be no virtue. So our so-called virtue is covering up these things.*

The discovery of Truth brings true and lasting happiness, and to discover there must be an understanding of oneself, Therefore the whole search is not for an answer to the problem but the understanding of the self which is the problem.

Therefore to merely change the pattern of the outer without understanding *our* inner *thought-feelings* has very little value in our own world today. When the inner transformation takes place then the outer can be transformed with intelligence, with compassion, with care, goodwill and understanding.

*And the outer then will be a Real outer transformed with intelligence, with compassion, with care, goodwill and understanding. First of all the inner must be transformed first. And the inner can only be transformed by knowing what you are and that is virtue.*

The world which is *ourselves* can only be raised in consciousness, in the first instance by the action of the individual. Then the seeker who seeks out his or her own hindrances, is helping humanity and will attain the Christ Consciousness now in performing a significant part in bringing ever nearer the Kingdom of God on Earth.

“He who loves father or mother more than me is not worthy of me; he who loves son or daughter more than me is not worthy of me:..”  
Matthew 10: 37.

*And the true meaning is this, mother and father sons and daughters they are relative but the Christ is not relative. The Christ is a Reality that exists in every human soul, both in father; mother; son and child and daughter. Therefore it is to look further than the outside and there see the beauty of that which exists within. But that beauty cannot be seen clearly if the Self is covered up by a so-called virtue by trying to make yourselves respectable,*

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*while in your heart there is evil. Unless you discern clearly and distinctly what is in your heart, then I say, these things will fall away because you will fear them no more. And there the Christ is. And “he who loves father or mother more than me is not worthy of me.” And “he who loves son or daughter more than me is not worthy of me.”*

### BENEDICTION

O Eternal Beloved *Mother*, Thy nature is born in every soul, yet covered up with the ignorant self.

When I discern the nature of the self that covered up Thy beauty I was freed, then I found that this freedom alone was virtue.

What I thought was virtue was but an illusion in which I was bound, for there *was* no virtue in the self. But now, O Eternal One, I am free through understanding myself. Without condemnation, without fear I found freedom and Love. Then I found Thee, my Eternal Beloved.

This is my virtue, O Eternal, Ever-present One.

\* The recording starts here at this point. The *italic* verbatim text is from the actual sound recording of the Johannesburg Lecture given in the Auditorium at Escom House on Thursday night 11th September 1952, at 7.45 pm.

1. In the Lecture Notes the sentence reads: [*But real revolution is not in accordance with any particular pattern, either of the right or the left, but a revolution of values, a revolution of values away from temporal and temporary things and the influences of environment, to values of that which is Eternal and Ever-present Reality.*]
2. In the Lecture Notes, the last sentence is missing from the recording, it reads: [*From this basis springs up the race mind which breeds the seed of war.*]

**THE FIRST EPISTLE OF  
PAUL THE APOSTLE TO THE  
CORINTHIANS**

**CHAPTER 13**

**(King James Version  
and  
Moffatt Translation)**

## **1 CORINTHIANS Chapter 13** (KING JAMES VERSION)

Love is part of God's Eternal Truth that we can understand.

**13:1** Though I speak with the tongues of men and of angels, and have not charity, I am become as sounding brass, or a tinkling cymbal.

**13:2** And though I have the gift of prophecy, and understand all mysteries, and all knowledge; and though I have all faith, so that I could remove mountains, and have not charity, I am nothing.

**13:3** And though I bestow all my goods to feed the poor, and though I give my body to be burned, and have not charity, it profiteth me nothing.

**13:4** Charity suffereth long, and is kind; charity envieth not; charity vaunteth not itself, is not puffed up,

**13:5** Doth not behave itself unseemly, seeketh not her own, is not easily provoked, thinketh no evil;

**13:6** Rejoiceth not in iniquity, but rejoiceth in the truth;

**13:7** Beareth all things, believeth all things, hopeth all things, endureth all things.

**13:8** Charity never faileth: but whether there be prophecies, they shall fail; whether there be tongues, they shall cease; whether there be knowledge, it shall vanish away.

**13:9** For we know in part, and we prophesy in part.

**13:10** But when that which is perfect is come, then that which is in part shall be done away.

**13:11** When I was a child, I spake as a child, I understood as a child, I thought as a child: but when I became a man, I put away childish things.

**13:12** For now we see through a glass, darkly; but then face to face: now I know in part; but then shall I know even as also I am known.

**13:13** And now abideth faith, hope, charity, these three; but the greatest of these is charity.

## 1 CORINTHIANS Chapter 13 (MOFFATT TRANSLATION)

**13:1** I may speak with the tongues of men and of angels, but if I have no love, I am a noisy gong or a clanging cymbal;

**13:2** I may prophesy, fathom all mysteries and secret lore, I may have such absolute faith that I can move hills from their place, but if I have no love, I count for nothing;

**13:3** I may distribute all I possess in charity, I may give up my body to be burnt, but if I have no love, I make nothing of it.

**13:4** Love is very patient, very kind. Love knows no jealousy; love makes no parade, gives itself no airs,

**13:5** Is never rude, never selfish, never irritated, *never resentful*,

**13:6** Love is never glad when others go wrong, love is gladdened by goodness,

**13:7** Always slow to expose, always eager to believe the best, always hopeful, always patient.

**13:8** Love never disappears. As for prophesying, it will be superseded; as for 'tongues,' they will cease; as for knowledge, it will be superseded.

**13:9** For we only know bit by bit, and we only prophesy bit by bit;

**13:10** But when the perfect comes, the imperfect will be superseded.

**13:11** When I was a child, I talked like a child, I thought like a child, I argued like a child; now that I am a man, I am done with childish ways.

**13:12** At present we only see the baffling reflections in a mirror, but then it will be face to face; at present I am learning bit by bit, but then I shall understand, as all along I have myself been understood.

**13:13** Thus 'faith and hope and love last on, these three,' but the greatest of all is love.

**James Moffatt** (1870-1944) was born and educated in Glasgow, Scotland. A theologian and graduate of Glasgow University. His stated goal was to provide the Bible in plain English. His translation is highly colloquial, and allows the reader to quickly follow the progress of thought in many passages (especially in the Epistles) where a more literal rendering makes for difficult going. The New Testament came first (1913), and its reception was so favourable (in more liberal churches) that he undertook the Old Testament (1924). The Complete Moffatt Bible, revised edition, (1935).