

Lecture 1 (10th August 1948)

PRINCIPLE OF HEALING

In this lecture I will deal with healing as it concerns so many of you in trying to understand the modus operandi. I am not saying that you can reach a stage of perfection in the manifesting of the healing power overnight. This requires a lot of diligent thought and observation as well as practice, nevertheless what I am going to say will be of great benefit to you all, spiritually, mentally and physically for this is our aim, to make you free to function in all planes perfectly.

Firstly, before any real results can be accomplished between healer and patient the two minds which appear as a barrier must be removed. This is the most practical and valuable application of the principle of healing. This is acquired by the complete understanding that pure Spirit is present in its entirety at any point simultaneously.

As soon as the healer realizes this, the barrier between the personalities is removed and then he can speak to the sub-conscious mind or inner mind of the patient as if it were his own. He does not have to think of his patient as separate but feels that in himself he is claiming that which is true. Being pure Spirit the thought of their identity makes them identical, and both are concentrated into a single entity at a single point upon which the conscious mind of the healer can be brought to bear.

The principle being that whatever the consciousness is aware of, there is in the inner a reproduction which must eventually manifest, this is a Universal Law, that can be demonstrated by anyone who tries faithfully to follow instructions. If we concentrate upon the diseased condition of the patient we are thinking of him as a separate personality and are not fixing our minds upon that

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conception of him as pure Spirit which enables us to enter into the very heart of his being.

It is most necessary that we must practice until we can withdraw our thought from the symptoms, even from his individual personality altogether and must see him as pure Spirit individualized and as such must necessarily be free from all conditions and consequently externalising the vitality and intelligence of pure Spirit. By thinking of him or her as such we make strong mental affirmations conscious of this fact. If the consciousness has not realized this state there is a mixture of thought that displays the doubtful attitude seen with most healers. Sometimes those who may appear to be confident on the surface feel this doubt internally. This state must be dispersed by the continual realization of the truth of your own "being." We have proved to ourselves that we are eternal in nature being Infinite for we cannot be otherwise and if we are eternal then that which is eternal must be perfect.

There is a strong telepathic connection between healer and patient and the healer and patient become aware of this truth, so that the patient's inner consciousness becomes imbued with its own Life-giving power according to the Law, that what the subjective mentality accepts so does it produce it into external manifestation. When this law is thoroughly understood then no time need be wasted in denials which often confuse the issue,

Now the great idea is to strengthen the individuality of the patient and not to dominate it. We must free our own minds before we can free the patient's mind.

Sometimes the trouble may be deep-rooted so much so that the patient cannot co-operate, this is often seen with those who have been under medical treatment for some time, where all sorts of treatments have been applied without result. A mind so affected must be taught to see the Truth gradually and this requires patience. Strong belief of incurable diseases is often the cause of failures. But we know that no matter what happens the truth helps in many ways. Once fear is eliminated it is easier to get deeper into the mind of the patient and place there the truth of being.

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Any antagonism that may appear in the patient should be removed first. There is nothing so effective in doing this as absent treatment. If you have grasped all that has been said about Spirit and matter you will see that time and space do not exist and you operate upon a plane where these conditions do not exist, and it is quite immaterial whether the patient is present or in a distant country. Under these conditions I have found that the most effective treatment can be done during sleep. In the first place the patient's whole system is in a relaxed state and prevents him offering any conscious resistance to the treatment, and furthermore the healer who has practised this method can more effectively treat during his own sleep after a certain amount of practice in going over details before sleeping, impressing the subjective mind. Actual contact can be made between healer and patient. This method I have carried out with amazing results, even while the patient treated knows nothing at all about it, the only thing that amazes them is that they get well so quickly or so miraculously. This method I have tried with young children with great success.

There are many healers who have been chosen by the Spiritual Forces for this work because of their peculiar make-up suitable for such work. These are the most successful. There are others who choose this work for themselves and although they do good and useful work they find at times a lack of energy and often work under great difficulties. Nevertheless the student who can grasp the fundamental laws of Spirit can do excellent work for himself and others.

In many cases I never see a patient personally although the advantage would be helpful, to give him or her oral instruction which is often of great benefit and the visible presence gives the suggestion that something is being done.

What we have to realize is this that the inner mind or sub-conscious does not have to work through the intellect or conscious mind to produce creative effects. It is part of the all-pervading creative force of nature called Intelligence and knows how, while the intellect is not creative and does not know how, it is the distributive factor in the human personality.

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The practice of this type of absent healing leads to the transcendent power of clairvoyance operating by virtue of the law inherent in us, what the consciousness is aware of the Intelligence will fulfil. Therefore we must guard against allowing our imagination to run contrary to the direction we desire. We must aim at consciously concentrating our minds instead of letting our thoughts cause us to hurry hither and thither in a purposeless manner. When the imagination is directed upon a particular object, this creates the Spiritual nucleus which in its turn acts as a centre round which the forces of attraction begin to work, directed by a knowing how or predetermined knowing of the Infinite and continues to operate until by the law of growth, the concrete result becomes visible to our external senses.

If we can grasp the true meaning of “repose” as a means of gathering strength this repose does not mean a state of purposelessness.

The inner mind or subjective mind never rests, it is universal in nature. It is the objective mind in its connection with the physical that needs rest, and there is no doubt that to get rest the general practice is to try and stop conscious thought altogether, but this often fails. The method to use is to quietly dwell upon what we are in reality, not that we need bother ourselves with philosophy or metaphysics in arriving at any conclusion, but if we will dwell upon our relation to the Universal Livingness of Life and thus gain a quiet centralization which though maintained through a conscious act of volition is the very essence of rest.

From this standpoint we see that all is Life and all is good, for that which is visible to that which is in the depths of the invisible are entirely devoted to our individual use, we have the key to all her treasures and we can now apply our knowledge of our law of “being” without entering into all the details, and when we do follow this path we find that all the details lead us to a consciousness of our oneness with the whole.

This is the great secret and when we have once fathomed it we can enjoy our possession of the whole or any part of it and can increasingly make it our own, realizing that we can draw

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from its vital energy which will make the very sensation of our living a joy. We will then radiate from us a sphere of vibration that will deflect all injurious suggestion on whatever plane.

If we would have Life enter into us we must enter into Life, enter into the Spirit of it just as we enter into the spirit of a game.

There can be no action at a centre alone, there must be a perpetual flowing out towards the circumference and back again to maintain a vital activity. We must realize this vital pulsating Life so that the outflowing consists in the mental habit of seeing good in others, we will thus develop avenues for the expression of this pulsating Life so that we can build up our own vitality and each day we will find ourselves more thoroughly alive than ever before. In our action and response alike we find that our strength lies in our recognition of the unity of the Spirit and of ourselves as individual concentrations of it.

“The eye is the lamp of the body so if your eye is generous the whole of your body will be illumined. But if your eye is selfish the whole of your body will be darkened, then what a darkness it is!”

“Seek God’s realm and His goodness and all will be yours over and above.”

Matt. 6: 22, 23 and 33. (Moffatt)

SO MOTE IT BE

WE HEAL OURSELVES THROUGH THE TRUTH

In this lecture of the series I will deal also with healing as it affects most of you. To apply the Healing Power effectively we must realise the fountain from which it pours forth. With this knowledge, confidence and faith will be built up. Knowledge is the key to most things for it fortifies the faith. Blind faith is often so weakened through lack of understanding that it becomes useless and doubt takes its place. We must remember that every thought, every reaction, every movement causes a change in the body through chemical action. Unless we can discern our thinking and our emotional reactions we are bound to suffer. The main thing in healing is to know the Truth. Let us summarise what we mean about the Truth.

1. We must know that the Divine Spirit in man is inexhaustible and infallible. It is Perfect Intelligence, knows all and is able to restore even organs that have passed all artificial or material aid.
2. The Divine Spirit is perfect in its expression and is expressing itself continuously. It does not have to be urged it only needs our understanding and co-operation. The more we are aware of this the more powerful will it show itself in our minds and bodies.
3. Suggestion has a tremendous effect upon our minds and bodies. The most wonderful and powerful forces are set in operation through this agency and also the same agency can do untold harm. The majority of

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people are malpractising on themselves and others. What I mean by malpractising is when they see someone suffering badly, they think of the disease as a permanent reality and have already condemned themselves and others to a life of misery or to even death. Thoughts are things and are absorbed by the sufferer. The tongue of the wise is health. When you see illness in others or if you are affected yourself you must at once see your Divine Nature and the same Divine Nature in others—by this means you not only help others but also heal yourself.

We heal ourselves through the Truth as we heal those who come to us. The Life Principle is the only reality and the disease has no power of its own. We must realise and recognise our oneness with the Infinite. There is no flaw in the Infinite, which is the foundation of our own existence. When we recognise this we will not malpractice on ourselves or others. To see the Divine Forces in action is to a great extent the fundamental principle underlying all healing no matter what method is used.

It has been proved thousands, yes, millions of times that disease that has resisted all other means to cure has responded to the Life Forces, directed by a faithful consciousness aware of the Truth of Being.

We must realise that the Life itself is the builder of the body and this Life Intelligence is within. There is but one Mind in which we all live and move and have our being. Each one of us is a cell in the Divine Mind imbued with the Divine Consciousness, which is the director of all things, and is also the source of our own thinking. So each one of us is manifesting the Divine Intelligence under the direction of the one Divine Consciousness which makes us all individuals having the power of free will to think, so we are to a great extent responsible for our own conditions.

The physical body is made up of cells controlled by an Intelligence which controls and organises them into organs all united in one whole, even the cells which float on the bloodstream

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belonging to the economy of a particular organ finds its way back to that organ through the Intelligence within itself. All these cells are under the control of the Divine cell which has within itself the complete blue print of the organism and through the nervous system messages are carried to all points of the body. That is why each thought or action affects the body through chemicalization.

Conditions dissolve away when harmony is established in the mind. So the Life in you is individualised in the cell of your body just as the Life of God is individualised in each and every one of us, the same Life Intelligence moving through all. So this Intelligence responds to our awareness of it. In fact we are the externalisation of the one Consciousness of God. Do you not see now that the body is the Temple of the Living God, not a dead God as some appear to think—It was this mighty Truth of the Eternal Living God that the Master knew and demonstrated. He never malpractised anyone. He said “Stretch forth thine hand.” “Take up your bed and walk.” “Thy faith hath made thee whole.”

Now let us contrast this with the way we mostly think and act in our daily life. Our various mental states and our emotions produce in time their effect upon the physical body. It is common knowledge today that the mind affects the body. I have seen people faint when serious news reaches them. In fact, I know many cases where serious illnesses have occurred in this way. I meet this every day in my work in healing the sick. For most cases the doctor prescribes medicine which has little or no effect yet how easily these people are healed by relieving their minds through the Truth of their Divine Nature.

The reason is because the chemical action set up through fear disappears when harmony is established through Divine healing and Divine understanding. Fear and worry have the effect of closing up the channels of the body so that the Life Forces flow in a slow and sluggish manner. Hope and understanding open up the channels of the body so that the Life Forces go bounding through and disease is cleared away.

Dis—ease, is ease upset. When ease is established the “dis” disappears because it has no power of its own. It has no substantial force to support it. People who have no forgiveness in

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their heart eventually create disease in themselves. I have known people who suffered from unknown diseases being speedily cured by loving all who had done them an injury, for the path of Love through the soul is a herald of good health and happiness.

It has been known that a mother suckling her child while in an angry mood has poisoned the babe which was immediately convulsed. Anger and fear change the chemical properties of the digestive juices eventually ruining the digestive process. Severe fright, anger or shock may produce jaundice or diabetes. I saw a person after a violent outburst of anger who developed palsy. He was cured of his complaint when he realized the Truth.

Various negative mental states, emotions and passions have their effect upon the mind and body and they produce their own peculiar form of disease which, if continued may become chronic. To counteract these conditions we must encourage the emotions and thoughts that have the opposite effect. Kindness, Love, Goodwill, Faith and Hope, Cheerfulness create a harmonious chemicalization of the body, excites the healthy flow of all the secretion and opens the channels so that the Life Forces surge through the organism.

A method that I have advocated with unbounded success to many people with so-called incurable troubles is to lie down in the open air and breathe repeating the words "Divine Life fills me"—saying it so often that it becomes an actual fact to themselves. What we say with conviction is outpictured in action. The reason is that the physical body is a mechanism specially adapted for the transmission of the inner or mental action into modes of external activity. The whole body is traversed by a network of nerves which serve as channels of communication between the indwelling Spiritual ego and the function of the external organism.

The nervous system is dual in nature, one system is known as the sympathetic and is the channel for all these activities which are not consciously directed by our volition or will. We will call them the involuntary process of the body, such as digestive processes, blood circulation, repair of body and the excretory

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system of the body where we get rid of all waste matter etc., etc. The Cerebro Spinal system is that system under the control of our volition. We receive impressions through our senses and exercise control over the movements of the body. This centre is in the brain while the sympathetic has its centre in a ganglionic mass at the back of the stomach known as the solar plexus or abdominal brain. The Cerebro Spinal is the organ of the conscious mind and the sympathetic is the organ of the subconscious mind.

The Conscious and Subconscious require an interaction so that the orders are carried out. A corresponding system between the two nerve centres is necessary and one of the most conspicuous connections by which this is provided is the vagus nerve. This nerve passes out of the cerebral region as a portion of the voluntary system and through it we control the vocal organs, then it passes onward to the thorax sending out branches to the heart and lungs and finally passing through the diaphragm. It loses the outer coating which distinguishes the nerves of the voluntary system and becomes identified with those of the sympathetic system so forming a link between the two making man physically a single entity.

The frontal portion of the brain controls the voluntary action, the back portion of the brain controls the involuntary action. The intuitional faculty has its correspondence in an area between the two and it is here that intuitive ideas find entrance. The brain is but an outer formation of an inner structure which supports it while the mind controls both.

The Intuitive Ideas are at first more or less unformed and generalized in character. As they are perceived by the conscious mind the effect of Nature is to bring these ideas into a more definite usable shape, so the conscious mind lays hold of them and induces a corresponding vibratory current in the voluntary nervous system and this in turn induces a similar current in the involuntary nervous system, thus handing the idea over to the Subjective Mind. Therefore every mental action implies a molecular action on the brain and in the two-fold nervous system which controls every cell in the body, thus we see cause and effect in operation.

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Therefore the Truth is that there is always a tendency for actions which were first voluntary to become automatic, that is to pass from the conscious region into the subconscious region and to acquire a permanent domicile there continually exerting its influence upon the whole structure of the body.

Now that we are convinced that we can reach our subjective mind we must tell it the Truth, that there is only one living being in existence and that Being is God—Divine Life, and “This Divine Life fills me.” The fact that we are alive is proof that Divine Life builds the body for its own self-expression for the body does not exist by itself and all the complicated operation is the work of the Divine Intelligence so that it can fulfil its mission which is complete expression.

The only thing that prevents this is because of our lack of understanding. We do not co-operate but through our understanding that we are the individualised entity of the Divine Nature, then we do co-operate and results are obtainable. The Divine design is always within and is out-pictured through the subjective mind. All tension must be taken off the mind and body by means of mental and physical relaxation. When this is done all strain is taken off the vital centres and Nature begins to work harmoniously. Remember the imagination is the subjective will and this is brought into operation through ideas that dominate the mind. It is the deepest thought that counts.

Do not become anxious about your condition nor try too hard to get well. Remember as a man thinketh so is he. It is not what you want you get but what you think deeply. Get your imagination filled with the idea that Divine Life fills you and it will. This is the way to apply the healing power most effectively. The soul is the ethereal vehicle of the deathless, immortal, productive Spirit. The Spirit is the immortal part of the human constitution it never tastes death or sickness. Associate yourself with it for it is your real self, it holds the only consciousness you can ever have and goes from glory to glory in an eternal progression until it reaches Home. “From Perfection I have come, to Perfection I shall return.”

Psalm 23. (Moffatt Translation)

The Eternal shepherds me, I lack for nothing;
He makes me lie in meadows green,
He leads me to refreshing streams
He revives life in me

He guides me by true paths as He Himself is True.
My road may run through a glen of gloom,
But I fear no harm, for thou art beside me;
Thy club, thy staff—they give me courage.

Thou art my host, spreading a feast for me,
While my foes have to look on!
Thou hast poured oil upon my head,
My cup is brimming over;
Yes, and all through my life
Goodness and kindness wait on me,
The Eternal's guest within his household evermore.

SO MOTE IT BE

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“Truly I tell you he who listens to my word and believes Him who sent me has eternal life: he has already passed from death across to Life.” “For the Father hath life in himself so He too granted the Son to have life in himself.”

Tonight I wish to speak to you upon this all-inspiring truth—God is Life and Life is God, there is no other Living Being. It is God who lives in us and He makes us alive, not only here upon earth but grants us eternal life in Himself.

Man believed that death was the end but that barrier was created by man himself through his ignorance of the Truth of Life.

Now the Master says “I tell you truly he who listens to my word and believes Him who sent me has eternal Life.” How significant these words are to us. The cloud of ignorance was broken by Jesus returning to show himself. He showed that there was no death—death was but man’s ignorance of the truth of eternal Life.

Ignorance dies hard and still millions of people have not yet grasped the great truth that Life can never die or fade away, Life is continually unfolding into greater expressions of itself and creates the forms for this purpose, and the greatest of these forms upon earth is the human body.

By now we have all grasped the fact that material substance is a modified form of an invisible substance that underlies and supports and interpenetrates it.

Life has individualized itself in the human form. The individual Spirit is eternal and this is what Jesus came to prove and did prove, and since then it has been proven millions of times by the passing of every human being from the earth plane.

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Jesus took upon himself the burden of our greatest sin—our unbelief. Yet there is some excuse for man's unbelief because he had been born into a world ignorant of the truth of the eternal Life. So man would not believe what he could not see. But what he did see was the effect of an inner cause. Yet man had not grown sufficiently to understand this so he lost himself in his ignorance which was his greatest sin and which brought him his greatest misery.

Jesus told us the great truth "For as the Father hath Life in Himself so too He granted the Son to have Life in himself."

Here we see that the Son is the child of God. Now a child of the Living God can never die for we are that Life coming from its source, that eternal Source. So this Life becomes the Spirit, the Spirit that is consciousness and grows out of the body, glorious and immortal.

The Spirit is birthless and deathless and I am that Spirit, we are all that Spirit for we can be nothing else. If we were not then God could not be Infinite.

"The Eternal formed me first of His creation, first of all His works. I was fashioned in the earliest ages from the very first, when earth began. I was born when there were no abysses, when there were no fountains full of water; ere He sunk the bases of the mountains, ere the hills existed I was born, when earth and fields were not created, nor the very first clods of the world. When He set the heavens up I was there, when He drew the Vault o'er the abyss, when He made the clouds firm overhead, when He fixed the fountains of the deep, when He set the boundaries of the sea, when he laid the foundations for the earth; I, was with Him then, His foster-child, I was His delight day after day, playing in His presence constantly, playing here and there over His world finding my delight in humankind." Proverbs 8: 22-31*

"I am the Eternal One, birthless, deathless and you are one with me." God is the one Consciousness permeating the whole of humanity. Our consciousness goes beyond all creation into the realms of immortality. When we become aware of this Divine truth we see beyond this world and behind all its effects.

* Moffatt Translation

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The Bible is a statement of Universal Law of that which is in the realm of the invisible as well as that which is in the realm of the visible. It deals with facts of the Spiritual nature as well as facts of the physical nature.

It shows how the Spirit is involved, and this involution precedes evolution—the perpetual urge onward of the Spirit through the forms it creates for this purpose. Therefore God has involved Himself through all His creation including man. The beginning is not separated from the end, the beginning is God, the end is God, for there is only one Spirit involved, and evolving out of the forms it created for its own self-expression.

The great truth that we must become aware of is that God Infinite, the Eternal One, timeless, birthless, deathless, limitless, ageless, the one and only Cause has individualized Himself and we are that individualization. The one Spirit passing into greater expression of Itself. Therefore we realize that it is the Infinite Life is expressing Itself now, and this now is the Eternal Now, not separate but individualizing Itself by Itself and through Itself. The form in which the expression takes place dissolves into the substance from which it came while the essence, the Spirit, remains for further expression in a higher level.

God formed man in His own image and likeness. In this passage in Genesis it is not the form or body that is spoken of but the Spirit, the First Creative Cause, that is behind all Creation, the animating Life that is within the outer or material form, this is the only conscious reality, the thinking entity with power to create.

The fact is that we are the individualization of the Father-Mother-God and Jesus again makes this plain to the woman at the well. “God is Spirit” and again makes it plain by saying “The Kingdom of Heaven is within you” meaning that the Kingdom of innermost or Spiritual is within; the earthly body is the outer. Therefore we see that the “Spirit” the innermost—which is the real self “God” who preceded the stupendous work of creation and will remain after the visible Creation dissolves away which includes the physical body.

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Life alone lives, and this is the all important truth for the conception of ourselves as being separate from the Divine Life is the root of all our misery, our unbelief.

Jesus again makes it plain when he says “He who believes in my words and in Him who sent me has already passed from death to Life, meaning that Death is but the illusion of the mortal sense and Life is the truth of the everlasting.

There is the Universal Psychic medium which makes up the soul and which is the nucleus of the form to become consolidated on the plane of the concrete or material. This psychic substance obeys the movements of Divine thought. This Soul substance is the realm of potential forms to be and is the connecting link between Spirit and matter; and is the vehicle through which the individualized Spirit expresses itself. This Cosmic element is referred to in the Bible as water. It is the distributive medium in which the individualized Life produces the human form in the outer or visible plane.

Emerson* says “The body the soul doth make.”

Therefore Life creates the form for its own self-expression, Life alone lives, thus proving our oneness with Life. When the individualised Life withdraws from the outer it still manifests in the inner or soul substance while the outer or physical form dissolves into the substance from which it came. Therefore as we think and act in the soul, we take with us our memories and experiences gained upon earth.

Again I will repeat some words of the Master to make this more plain to you: “God is Spirit” “I and the Father are one” “He who has seen me has seen the Father” “It is the Spirit within that doeth the work.” “The Kingdom of Heaven is within you.” “I am the Life.” All this goes to prove that the consciousness that is life in us and **is us**, is ever unfolding into more glorious expression of Itself. Consciousness expanding as it recedes into the inner, into the “greater world”.

“The Earth was without form and void.” In this state cause alone existed, then cause operated and the effects began to take form. The same operation pertains to mankind and man will always

* See page 266.

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have a form coinciding with the plane of substance in which he is manifesting, and as his senses are attuned to this substance and plane of manifestation so will his reactions be. Yet that which receives these impressions is eternal and ever-expanding into that which it really is, “Infinite Spirit” therefore the beginning and the end are one. The inner substance is called mind stuff out of which the soul and other forms are created, the one is but a complement of the other—Spirit, soul and body.

The Master, when instructing Nicodemus, pointed out that the new birth results from the interaction of Spirit and water symbolizing the psychic or soul substance—especially emphasising the fact that the flesh had no share in the operation. The flesh the outer had no say. The Master stressed the weakness of the flesh, the nothingness of it, and the essentialness of water, the Soul Substance, the inner world. Here are the Master’s words “what is born of the flesh is flesh and what is born of the Spirit is Spirit. Do not wonder at my telling you you must all be born from above. The wind blows where it will, you can hear the sound but you never know where it cometh or where it goeth, it is the same with everyone who is born of the Spirit.” “Recognise no one as your Father upon earth for one is your Father which is in Heaven.” “Our Father who art in Heaven.” Again showing how the recognition of the Spirit becomes the only reality, this was always uppermost in the Master’s mind for he knew this to be a fact. Born of the Spirit means eternal Life, and we are all born of the Spirit. But few can grasp this mighty truth because of blind orthodoxy has not yet fully realised the truth of the Master’s words—that man is immortal.

The inner light symbolises the Spirit and this was the “light of man” “I am the Light of the world”. This light of man can never be extinguished. It is the expression of Infinite Love, Wisdom and Power and comes forth in greater glory as it recedes into the inner, from where it first came. When mankind realizes this the whole world will change for the world will know there is no death in the Eternal Life.

The Source of our Being is God, and once we become aware we know that our Father is the eternal Infinite God. Thus the

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consciousness of man becomes aware that it is the Consciousness of God, “the Christ that has risen.”

The man Adam is the earth man, the body of flesh, that has no power. It does not limit the Spirit of man except when man believeth he is but flesh, and this is the illusion of the mortal senses.

Until we pierce behind the veil of outward appearances and see the living Christ, the Divine Creative Spirit, as our real selves we will always suffer sorrow in our ignorance. But when the great truth is realized then there is great joy, and our selfish sorrow is no more.

I can remember well when one I loved dearly was about to pass, she asked me to repeat the hymn “Lead, Kindly Light, amid the encircling gloom, Lead thou me on. I do not wish to see, one step enough for me, lead thou me on.” As I was repeating it a serene lovely smile covered her face, the agony of pain had gone and I knew she had left her earthly tenement for a lovelier abode, and since then I have seen her and spoken to her many times, her words are always these “It is glorious here, glorious!”

“Thou art the ocean I am the wave.
Thou art the fire I am the flame
Thou art the Father I am the child.

Thou art the Beloved I am the Lover
Thou art the Lover I am the beloved

Thou art the music I am the song
Thou art the Spirit and I am one with Thee
Now I know I will always be.

M.B.”

SO MOTE IT BE

* Ralph Waldo Emerson (1803-82). American Transcendentalist, philosophic writer and essayist.

THE CREATIVE PRINCIPLE

The Creative Principle is behind all creation including mankind. When we mention the Creative Principle it may seem to many something afar off, something that is nebulous. But when we begin to think about the Creative Principle and ask ourselves the pertinent question: what are the possibilities of this Creative Power, our minds encompass the Universe and all the mighty power behind it and all the Intelligence that is operating through it. And when we dwell upon the impression it makes on our minds and then let our minds accept the great possibilities that the Creative Principle means to us we establish something in the consciousness that was not there before.

We have already seen that the Creative Principle must be inherent in us for the simple reason that there cannot be anything else that can possibly create. When our minds have grasped this great significant fact, let us use this Creative Power in our own lives not haphazardly but with true understanding for it is this that makes all things possible.

When we dwell upon this great truth we begin to develop ourselves, what we gaze upon comes forth.

When we dwell upon the unlimited possibilities of the Creative Principle, the Wisdom, the Power and Affection expressed by it, we begin to weave these into our minds.

Now let us look at what is the habitual state of our minds. We weave into our minds the impressions that come from outside, our reactions in fear, in envy, in jealousy and all the emotions and fears that arise in our daily life in regard to our economic and social existence. This is the pattern of our minds, is it not? And it is this pattern that holds us in subjection to the material world and makes us slaves to our mortal senses.

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We all know by now that thought is creative, we create in the inner world of ours by the power of our thoughts and emotions, and the natural sequence of the Law must produce in the outer what we create in the inner. If then we weave into our minds the pattern of the possibilities of the Creative Principle this will produce for us according to the nature of our realization.

When we recognise the nature of our creative faculties, completely, with the vision of our real Spiritual state, with this understanding we can overcome the limitations of our mortal sense through the raising of our individual experiences, thus not only raising our own standards but the whole social structure of the world.

Most people are continually blaming their conditions upon someone else. We must learn that the abundant life is not gained through the results of man's physical efforts but by man's direction of thought and the power that creates all things. And we must learn how to use it effectively and efficiently.

By the rising tide of our conscious aspiration the level will be reached which will bring peace and prosperity to the whole world, as well as solving our own immediate problems.

Civilization has been built up more or less through the unconscious application of the Creative Laws. Is it not then reasonable to assume that the conscious application of the Law by each individual who is awakened to the latent creative power within, will lead to a higher order of living and the desired condition will be established in the individual life?

Jesus discovered that the ability to use the Creative Principle was to associate himself with the Creative Principle. When we read the biography of some of the great men and women of the world we come across the same quality, which enables us to identify ourselves with that Creative Principle that is behind all creation. People like Voltaire,¹ Disraeli,² Lincoln,³ Edison⁴ and others also found that in the power of thought lies hidden the source of Cause and Effect. By this means they lifted themselves above the common level of the masses and revealing in their own experiences to the world that the individual is capable of creating a

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life more abundant, they not only enriched their own lives but enriched all others as well.

Our Creative Power depends upon our realization of the power of the Spirit and we must clearly understand our relation to it. "All things were made by Him and without Him was not anything made that was made." Here we see the clear description of the fact that matter is mind materialized. The Master perceived this fundamental Truth and used it. We can also discover the methods by which our needs are supplied, by which wisdom is obtained, by which error is dissolved away and by which a healthy and successful life can be accomplished.

These possibilities are inherent within all individuals. Their use is determined by degree of understanding. In the beginning we do not see clearly how to put into operation the Creative Power but through practice and experience we gain a greater understanding of the Law. Want, limitation, failure and unhappiness are the evidence of the misuse of the Law of the Creative Principle. Yet the proper application of the Law is simple.

"Those that wait upon the Law shall inherit the earth."
Ps. 37: 5 "Commit thy works unto the Lord and thy thoughts shall be established." "Whosoever trusteth in the Lord, happy is he."
Prov. 16: 20

Wonderful possibilities are opened up to us through the understanding of the Master. Jesus said, "It is not I that doeth the work but the Father who liveth in me He does the work." We must take the exact same position. This is complying with the Law of the all-originating Mind which brings about results, for it is impossible for us to think outside the all-originating Mind. For when we create the ideas the intelligence of the Mind will flow to fulfil what we consciously hold before It.

We see that there is no need to struggle, struggle always results from our reaction to conditions. We struggle to overcome the pattern they weave in our minds. Struggle is frustration for we only create more and more of the conditions we struggle against.

Our personal effort must turn into pure action, pure thought, thought that is not subject to lack of faith or full of fear "the

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double-minded creature need not think that he will get anything from the Lord.”

Pure thought does not rise from reaction, pure thought is the result of the awareness of our oneness with the Creative Principle, knowing that this Creative Principle is active in us. “The Lord is with you, while ye be with Him.” 2 Chronicle 15: 2

Pure thought is like pure love, it does not demand an object for its expression. It is always there and when an object presents itself it goes out towards it.

Love is Life and Life is creative even when it is not necessarily expressing Itself in form, but to understand this you must understand what form is and the source of its being and first go through the personal effort to arrive at pure action and pure thought, coming from the Creative Principle, the Life within and not from the conditions that are without.

We must not be caught up in opinions of what Life is we must approach it with the knowledge **that** It is, not **what** It is. In this way the individual consciousness becomes wider, so will the Presence—The Life—express Itself through the consciousness that knows that there is no beginning and no ending but that Life is complete in Itself, for this is the source of pure thought

Life—the Presence—“is creation.” You cannot define it with words such as happiness, unhappiness, success or failure, lack or plenty, health or ill-health. In Life the Presence—the Creative Principle—is creation, is movement and in it there is manifestation and non-manifestation. The Creative Principle—the Presence—the Life—remains complete irrespective of manifestation or differentiation. The finite is the expression of the Infinite, the Infinite is formless yet the Infinite is within and behind all form and is the Creator of all form. This same Principle is the Creative Power in us and the Power we create with in all planes of existence.

“Life is Consciousness” and when individualized becomes the consciousness of the individual making the individual self-conscious. When the individual has become aware of the Presence in himself as the all-Creative Principle he has bridged the gap

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between himself and the Omnipresence. This is the purpose of Life.

Everything that is manifestation conceals the Creative Principle in Itself and when this Creative Principle has become concentrated in the individual consciousness the nature has fulfilled itself. This is not a theory but a living reality, neither is it an opinion or the product of the imagination. The proof of your living is the reality of It. I am speaking from a knowledge of life's operation beyond the material plane (these words are from the Spirit who is speaking to me.)

The whole destiny of the Presence, the Life, is to create individual expressions of Itself in the Self-conscious entity who becomes aware of himself or herself as the Life. Life itself becomes self-conscious in the developed awakened concentrated individual.

There can be no separation between you and the Life Itself, between you and the Infinite Life. If you were separate then the Infinite could not be Infinite. There could be no such thing as Infinity nor could there be any Absolute Being.

With this understanding you will readily see that you must see in others what you want to establish in yourselves. Jesus said "Do not condemn lest ye be condemned" What right have we then to criticise anyone, anyhow. "Take the plank out of your own eye and you will see better how to take the splinter out of your brother's eye."

"And thou say in thine heart, My power and the might of mine hand hath gotten me this wealth.

"But thou shalt remember the Lord thy God: for it is he that giveth thee power to get wealth, that he may establish his covenant which he swore unto thy fathers, as it is this day." Deut. 8: 17-18.

The next phase of the Law is that, if we desire the impersonal power we must become as humble as the impersonal power Itself, expressing Itself through its most humble creation. "Unless ye become as a little child ye shall not enter the Kingdom of Heaven." It is the Love of God in mankind that brings about every good thing and attracts to one the best in Life. The flow of the Divine

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Life to us never ceases for one moment, and as we become aware of this flow It becomes greater in our lives. But if our thoughts are not in harmony with It, they cling to us and finally manifest in our bodies and circumstances as fear, doubt, disease, frustration, unhappiness.

The physician may not diagnose the case correctly so he gives it a fancy name which has been manufactured for various ills, so the individual dwells upon it and increases the trouble. What is needed is wisdom and an understanding of the Law.

We build our bodies by subconscious thought and take the substance from our surroundings to do so. Our subconscious thought constructs both our etheric and our physical bodies and these are what we have subconsciously imagined. Without mind there would be no body, there would be no individual mind in our present state of consciousness. They are both complementary to each other. Just as our bodies grow by absorbing physical and etheric nourishment so our minds absorb mental nourishment of the mind substance of the Universe and this can never cease. Our mind is a developing substance and draws its power from the Universal Mind and this development will never end. We shall ultimately cease to be conscious of time and space, only of eternity, a state of consciousness apart from time and space. Our minds in this state shall encompass the Universe and we will have conquered all things. We will acquire this knowledge by the conscious use of the Creative Law, and which will reveal to us a deeper significance than the mere intrinsic value of material possessions, they will represent to us the extent of our Spiritual knowledge and our ability to collaborate with the Creator of all things. We will see that the whole world has come from the invisible and has been formed according to the Divine design in the mind of the Creator. "God Himself has made it plain for ever since the world was created, His invisible nature, His everlasting power and Divine Being, have been quite perceptible in what He has made." Romans 1: 20. (Moffatt)

Therefore our success depends upon the success we have in revealing the relationship between ourselves and our Creative

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Source of power and in explaining a method by which the Creative Laws inherent in this Source can be simply understood and used by all.

“I am Alpha and Omega, the Beginning and the End, I will give unto Him that is athirst of the Fountain of the water of Life freely.” Rev. 21: 6.

SO MOTE IT BE

1. Francois Marie Arouet Völtaire de (1694-1778). French deist philosopher, historian, dramatist, and writer of historical and satirical poems and tales. Known for his sharp wit.
2. Benjamin Disraeli, 1st Earl of Beaconsfield (1804-81). British Tory statesman, prime minister 1868 and 1874-80; novelist.
3. Abraham Lincoln (1809-65). American statesman; political leader of Northern States in American Civil War. 16th president of U.S., 1860-5; assassinated by John Wilkes Booth.
4. Thomas Alva Edison (1847-1931). American inventor of the phonograph and (with Sir J.W. Swan, 1828-1914) of the incandescent electric lamp. Entrepreneur, “The Wizard of Menlo Park” was holder of 1097 U.S. Patents.

Lecture 5 (7th September 1948)

INTELLIGENCE, THE ACTIVE PRINCIPLE OF LIFE

I have said before to you that there is a predetermined knowing of the Infinite that knows how.

This is a great and vast subject and requires much more than we can explain in one lesson. It is important to us in as much as it is always active around us and in us and is responsive to our conscious thought as well as our unconscious thought and this is the great truth we have to understand.

Everywhere we see this Intelligence in operation in our bodies, in our affairs, in the world and beyond it, everywhere this Intelligence is active fulfilling the Divine decrees and this is very important to us when we realise that we are also Divine. The Law is no respecter of persons, it is impartial and impersonal and we would not have it otherwise when we begin to think about it, and this Intelligence is the expression behind the Law, whatever the consciousness is aware of the Intelligence fulfils.

The Master Jesus was the greatest exponent of the Law although there were others before him and some after him who also demonstrated the Law. He was undoubtedly the greatest exponent of the operation of it and by his understanding of it he was able to show how it works

In his time there was no electricity, it was unknown to man then yet his demonstrations were sufficient to prove the Law of Life. I am going to use the simile of electricity to explain to you what Jesus knew in regard to the Law of Life. When you switch on the light you expect the light, the electricity is there all the time waiting to manifest in the form of light because you have directed it to manifest in that way. The Intelligence within the

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electricity performs the miracle according to the channel or form through which it flows. Electricity is impersonal as regards the form in which it manifests. Life is just the same, it is impersonal also and it will manifest in the form in which it is directed, the Intelligence within Life performs the miracle. If you can grasp this great truth you will have gained an understanding that will aid you throughout eternity.

Life does not only manifest in the physical plane, it manifests in all planes of action and no matter in which plane of action it is the Life that is expressing Itself.

Our surroundings are just as they appear to be to us mentally, through the body we are inhabiting for the time being, yet we know that Life must be manifesting in a greater sphere of action. To assume that Life is limited to the ponderable substance of which we are aware is to limit the Infinite in us Who is expressing Himself in omnipresence. To ignorantly deny that Life does exist in the invisible around us is not only stupid but limits the Infinite and this as we know is an impossibility for the Infinite to be infinite His Life—pure Spirit—must be everywhere simultaneously, thus disposing of Time and Space which is the measurement of the mortal sense in limitation.

The earth is your world in the physical body, but it ceases to be the world to you when you leave the physical body and function in the etheric body because you then sense your surroundings through the etheric substance.

Consciousness is continually unfolding and this is a never-ending process. We all progress from one stage of expression to another through the ages, yet it is Life that is the ever-present and eternal now. “I am the Life,” individualized Life Consciousness, unfolding through the different orders of substance.

The Infinite Mind is one whole and cannot be divided. We must move and live and progress in that Mind for there is no other possible place, and because we cannot be outside it we must be in it and of it. Under whatever name this overruling Presence is known—God—the Almighty—the Father—the Universal Mind—the Cosmic Mind, it always stirs our emotions, and when we

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approach the Presence let us assume that attitude of reverent worship. This is the secret of opening up to the Ineffable, the Inscrutable

We must be careful not to limit ourselves by trying to define what it is, we must approach this unbounded reservoir of Wisdom, Love and Power as the everlasting eternal and omnipresent Living Being, deathless, birthless, limitless and by identifying ourselves with It, we give expression to It, and in whatever form It is manifesting It will express Itself in all Its power and glory according to the capacity of that form to express It. A 1000-watt lamp will express much more light than a 100-watt lamp. Our wattage is our awareness of the source of our own Being and to which we can go direct, and draw from it according to our capacity to receive.

If your minds are bound by the paralysing suggestions that come from the crude thinking of the race, suggestions that are accepted without question, suggestions that become concrete concepts in your minds then you are bound and limited from the start.

If your minds are deeply affected by fear, worry, infirmity, inferiority etc. you will readily see that this will bring about much unhappiness.

What you must grasp is that Mind is a Universal substance that manifest's the Intelligence from within according to your awareness of It, thus creating the means by which the Intelligence will work for you.

Modern science has revealed that sound and light are simply different intensities of motion. Light can be turned into sound and sound can be turned into light. Behind all this is the Intelligence expressing Itself in whatever form we direct It, so are the thoughts of mankind just different intensities of motion. We can by thinking change the vibration so that we can express Love or hate, sorrow or happiness, success or failure.

Perhaps some of the new students may not yet have grasped the meaning of the term that all is mind materialized. Now we know that ponderable matter can be dissolved into invisibility,

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when it has gone into invisibility we know not where it has gone, in fact it has not gone anywhere it is right here. We have not destroyed one particle of the substance, it has only changed its form. But behind that change there is Intelligence, an Intelligence that knows how and this is the predetermined knowing of the Infinite in operation.

What you see externally is but the effect of this Intelligence expressing the cause from within. If you are continually reacting to the effects of what you see on the surface and blind to the cause within then you are living in the illusion of the mortal sense.

As Mind Substance is the basis of everything and out of this substance everything must come we readily see that we cannot be separate from it, and what affects one must affect all, although we are not at first aware of it, for we are all functioning in the same Mind.

In the ether of space there are vibrations of different wavelengths all vibrating at the same time and although they do not interfere with each other we can tune in to these according to the wavelength in our own consciousness, similar to the wireless which we are more or less conversant with. We see then that we are surrounded with various wavelengths of vibrations to which we can tune into, and the Intelligence will express them according to the state of our own consciousness. The Intelligence is impersonal, it is neither good nor bad and when we see this clearly we see that we do not have to push away the bad to get the good or try to get the good to keep out the bad, because neither exists in the Intelligence. Just as electricity cannot be said to be bad, when it kills someone and good when it gives us light and power. The fact remains that we consciously or unconsciously used the Law pertaining to it wisely or unwisely.

When we use the Law of the Intelligence wisely we realize the Presence of God in our affairs, this eliminates from our minds all fear, all craving, all limitation. When the cause of fear, limitation etc. is discerned it fades away and Reality takes its place, one is real and the other is not, for Reality alone exists. This has always been the power behind the Adepts, the Prophets and

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the Masters and the same power is now with us, if we will grasp the truth of this Law and use it.

No one can tell you what God is, we cannot describe the indescribable but we do know that He enters our lives when we identify ourselves with Him, this is the Truth that sets us free. If we burden ourselves with false beliefs, superstition and illusion we hinder His true expression in us. Then by discerning the cause of our limitations they fall away from us. By understanding what is not true we arrive at that which is true.

If I say to you that God is Love, God is Wisdom, God is Truth etc., you readily believe these things but if you do not discern that which is false you only bring these truths into a prison of your own making so you are still not free.

If you hold on to false beliefs you will still perpetuate them in your life or if you follow the dictates of another you will be caught up in his prison even if you may leave your own. It is only by thinking this out clearly to the end for yourself that you can be free. If you allow tradition, opinions, beliefs, antagonisms to affect your thinking then you cannot think clearly. If you believe what another has said or what you have read and you accept this without thinking it out for yourselves then you cannot know the source of your being. By thinking clearly to the end only can this be yours, and you must do it yourself.

You must be entirely free from antagonisms, beliefs, superstition, tradition, fashion and influences that come from without. When you are one-pointed in regard to Life and the Source of it, and by identifying yourself with It, you will readily see how to discern that which is false so that it will not obscure the beauty of the true in Its expression through you. Then the Intelligence which is the predetermined knowing of the Infinite will express Itself accordingly. There will be neither fear, envy, jealousy, hatreds, antagonisms etc., to hinder It.

Jesus identified himself with God, at the same time he discerned the error that kept man in bondage. He identified himself with the Ever-present that is the immediate Presence for there can be no other. The presence of the future is but an idea in man's

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mind. Is it the something in the future that keeps your heart beating now? Neither is it your beliefs, nor your family tree, or your nationality, or any special organisation. It is the ever-present Presence that is living in you that keeps your heart beating. Identify yourselves now with this “**Now.**” The Ever-present is always omnipresent, present everywhere.

Have due regard for your family and all that makes up your individual life and furnishes you with companionship but do not get your values confused. Steadfastly refuse to worship dignitaries or potentates. Do not become a slave to the dictates of others, neither to nationality, church or family tree. “Call no man your father on earth for one is thy Father which is in Heaven.” “The Kingdom of Heaven is within,” in those words the whole of the Invisible is opened up to us. Heaven is the unseen, that which is behind the seen. The one Almighty Mind, unseen, has brought into manifestation all that is seen. This is the Mind in us, and our relationship to it is our union with God, through our understanding that there can be no separation, that we are the true likeness of Him who created us in Heaven in His own Mind where we become His delight playing hither and thither in His presence. So we reverence Him with all our heart and mind, by doing so we express what we are aware of. He is the Giver of all power and glory and anything that we ask in His name shall be ours

“What man is there of you when if his son ask bread will give him a stone or if he ask a fish will give him a serpent? If ye then being ignorant know how to give good things unto your children how much more shall your Father which is in Heaven give good things to them that ask Him.”

SO MOTE IT BE

INSPIRATION AND HOW IT CAN BE ACQUIRED

It is very important that these lectures remain closed for this series. Quite a number of people have been seeking admission and we have been instrumental in their being refused because of the nature of these lectures. We have admitted on special occasions a few of your friends but even this should not be encouraged.

**It is necessary that you take note of what I am saying, and I will deal with this further on in the lecture. The reason why is very important to us at this time.*

The Spiritual Forces are building up a certain power-substance that can be transported to any part of the world through ether and they are taking this power-substance from the atmosphere around you, while these lectures are proceeding. There is great work being done in your midst of which you are mostly unaware of, although you are taking a very active part in it. We also ask that you make every effort to attend, even if you have other engagements, you should remember that this work comes first.

It is very important that we maintain the certain vibration that is necessary because we have built up here an ectoplasmic power. This power is sustained by your effort. Each and everyone of you have been selected, don't think that you come here just because you come here. There are Spiritual influences bearing upon you. We find that as you come here each evening, you build up certain vibrations. The ectoplasmic substance, that is, a substance that is magnetic in its nature. It is a substance between the ethereal world in which we exist and the physical world in which you exist. It is a substance in between the two that we can use for material existing conditions within your world, as well, as we use it to transport it across ether so they can heal others. Not only that but we have at the present time many Spiritual beings who are

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trying to get in contact with some of the greatest of our leaders in the world today. I tell you this, in your world and our world we are trying to bring together these leaders so that we can manifest almost in their midst. At least we can to a great extent use this ectoplasmic substance that is gathered from this room, so that we can make them hear us. The voice maybe inaudible at first, but by our practice we are able to enter into their minds and bring them to a form of sanity.

This is very important at this time in your world condition. It is very necessary, I say, that you make every effort to attend because it is necessary that we obtain the proper substance to carry out our work.

Do not think that you are just listening to a lecture. Remember that we are using you.

People now scorn at us who lived two thousand years ago, when we worshipped the sun. But let me tell you, we did not worship the sun, we worshipped the Life, and we knew that the Life was in the sun as well as in ourselves. We knew that this Life was mediated to us from the sun, where our parents existed, where our Spiritual parents existed, as your Spiritual parents also exist. So do not misjudge when you read something about the ancient Magi, when they used to worship the sun. The Sun-worshippers.

The Spiritual Forces have taken control of these meetings for this series, and as the conditions of the world at present warrant it. And each night one of the many Ascended Masters will address you in some cases through telepathic communication. Many bands of Spiritual workers are working in different parts of the world in conjunction with us here.

Everyone of you can become inspired and it is for this purpose that you have been drawn here not entirely by your own desire but by those who love you and are near to you in Spirit.

You should cultivate the gift of inspiration for it is of the utmost importance. It is the pathway of all true knowledge and the great people of the world have used it. Without it the scientist could not reach that which he could not see at the moment. The philosopher uses inspiration to reveal the truth to others and as

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a true guide to him or herself. The great mystics of the world were in touch with the higher Spiritual Forces through the channel of inspiration. The great Master Jesus whom we reverence, just as much as you do on earth, was the greatest exponent of the inspirational expression. It is the gateway to the unexplored regions of the Universe and it is the avenue through which all that is not yet known will come.

Inspiration means that you open yourself to the great Spiritual Forces. That you aspire and as you aspire you begin to assimilate, and when you begin to assimilate then you begin to express what you assimilate.

But inspiration comes through telepathic communication to a great extent from those around you. Inspiration can also be obtained through elevating your mind. Elevating your mind to Spiritual things. Prayer is a form of inspiration. You open yourselves to inspiration when you pray deeply. What I mean, pray deeply, is when you begin to know what you are praying to.

If you are unaware of the fact that you are the living expression of the Almighty, and He created you for the purpose through He Himself can manifest Himself. If you are unaware of that then your prayers do not bring you true inspiration.

True inspiration is brought to you through the recognition of your unity. Your oneness with this great and mighty Power of the Universe. To become aware of this enables you to manifest that power and to establish it in yourselves.

Inspiration comes through the understanding that the Infinite Life is in yourselves and as you open yourself to the whole of that Life it begins to reveal its secrets to you. At first many thoughts will come into your mind, some of these from the atmosphere around you, thoughts that are seeking an expression in action, but you should be selective in your acceptance until you gain experience in separating that which is true from that which is not true. Perhaps I have put this in too few words for you to understand fully at once, yet only by your own experience will you learn not by what I can tell you. A mite of experience is worth a great deal of teaching. At the same I will make this more clear to you.

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Separating the true from the false. How then can you know that which is true and that which is false? Anything that separates man from man is a falsehood. Anything that separates one human being from another is a lie.

There are many beliefs in the world and many types of people and many races. There is the one Life that is in them all and that one Life exists Eternally, and is expressing Itself through the Individualised Creation which Itself created for the purpose.

It is ignorance that causes all the misery in the world through beliefs. We were called the Sun-worshippers. You, many of you are called Christian. Some of you were born Jewish. Some of you maybe have attended the Catholic Church. Others the Protestant Church and other denominations. You all have your different beliefs that separate you from one another. But now, thank God, that you are separated no-longer. You are one complete family used by the Spiritual Forces to help the whole world. So that we can unite and bring together certain forces that can bring peace to the world. You, then in your understanding that all beliefs that separate man from man is a lie. If you can realise that then you will see what is false and you will know what is true.

There are certain forms of inspiration and we will discuss them briefly.

In the first place we can be inspired by others in our midst by their courage, action and words and when we think of them we can be inspired by their thoughts. This is more or less common to you in your plane of action and more so than you imagine.

You are to a great extent influenced by people around you. A man who makes a success in the world; you look to him, you admire him, sometimes you don't, sometimes you would like to have his characteristics, or you would like to have his money, or you would like to have his position. You aspire to these things. That is a form of inspiration that takes place in your own plane of existence because it deals with the material.

But if you will remember, that the material is but the expression of the Spiritual. The Spiritual is the foundation of all physical matter and physical exertion of any kind. This spirit who is inhabiting the

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body may be ignorant of the fact. But he may have a will and a power whereby he can with driving force, he can force himself above his fellow man. But then he has a great responsibility.

It is not success that is measured by what you can gain is true inspiration upon this plane or any other plane. True inspiration is by understanding that Spirit alone has power to create. And when that power becomes aware, the Spirit then becomes the Spirit of being. That power becomes magnificent. The driving force. The Magi used it two thousand years ago so they use it today. The same power does exist as it did two thousand years ago.

Opinions have a suggestive influence upon you, that is why you should be more selective in your acceptance of what others say. Reflective consideration should be negative, a sort of door-keeper to scrutinize words or sayings that are ready made and suitably coated to appeal to your desires and cravings. In this way groups, parties and nations that should be friends are turned into enemies. Because of a lack of truth. It is Spiritual knowledge that will save the world and this is our task to help you to help yourselves and to help others, and those others will help others.

Do you know that we are on the brink of a cataclysm. Do you know that the Spiritual Forces are using all their influence's to bring about a better understanding. We know perfectly well that we have studied in the past and St. Anthony the Great of Alexandria¹ told you last week, of the influence of this planet (the sun) affecting the earth. That is perfectly true.

The sun is the centre of this Universe of ours but we live in it just as well as you live in it. Perhaps you think you are the only living beings on it. Very often it looks like it, but I assure you, you are not.

The sun is the centre of this Universe of ours. From this sun then was created the planets which surround the sun. Each Planet having a certain vibration, created for a specific purpose, by the Great Artificers of the Universe knowing exactly what they were doing.

Each and every planet moves perfectly in rhythm. Every planet will be at its proper place, yes, two thousand years from

1. See page 295

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now. You could calculate where its position would be if you knew how to do it.

It was the Ancients that knew, the Magi, who were past masters in the art of delineation of the influence of the Planets. It was not a star that was in the heavens that was seen when Jesus was born, but it was a particular formation of the Planets when they appeared in the sign of Pisces, shortly after the sun had left Capricorn.

The influences of these Planets we knew perfectly well because we could measure round the 360 degrees of the Zodiac. We could measure what an influence would be. We could tell you; what town, what place, what country that influence would bear upon. So expert were we in the delineation. This wisdom and knowledge was not only acquired by diligent studies at that time, but it was acquired through communication with higher Spiritual Forces who gave us the information or gave us the key so we could work out these things for ourselves.

Every Planet has a certain vibration. Mars has a vibration of—expansion, destruction, fire. Saturn has a vibration of—cohesiveness, closing in, consolidation. When these two planets are opposing each other. There is in one an expansion and the one other is a consolidating influence. According to the position that these planets are in it creates a vibration of breaking up. One is closing in and the other is expanding. These are brought about for the perfect thing to influence the mind of man. Because only through these influences can your mind be affected, and when you feel those influences you know perfectly well that they are established for your own benefit, your own evolution. Then when you understand these influences, you know what they are, you will rise above them because the Spirit is all-powerful. But to understand Him and you know the reason why, can the world today yet rise above those influences that affect his mind or the mind of the people for a specific purpose. Can the consciousness of mankind be raised sufficiently to see beyond and yet grasp the wonderful truth of the great Creative Spirit that exists in each one of you. Think it out for yourselves.

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There is also a form of inspiration where we can open ourselves to that inward spirit and will reveal to us a Truth that I have told you this evening. That the one Life the one God that is expressing Itself and Himself in everyone.

A cause begun, continuously sets up secondary causes and effects that influence all over the world. It will come to pass in not too far distant future that anyone who does not understand Spiritual worth inspired with high ideals will not be allowed to hold any public or important position in the life of the community. For only by those who are so gifted can there be true inspiration for all.

There is also a form of inspiration where the mind of the individual is elevated that it can attract thoughts from the higher Spiritual planes and many of these thoughts have not yet been expressed in your physical plane. These thoughts are waiting to find a channel through which they can be expressed. When you are listening to these lectures your mind is in such a state to attract these wonderful thoughts. Many of you have experienced a thought that seemed too mighty and grand that it only stayed with you for a moment. This is because you did not sustain your vibrations on that level long enough to make this thought your own.

There are times when you are meditating. There are times now when you feel this tremendous force, that power, that is manifesting all the time. There is then a period when you are sitting here that you get a glimpse of the most glorious thing that you ever could imagine, yet, you can not sustain it longer.

There are times in your own home when you are quiet, you may be reading a book of truth, reading one of those lectures. Then for a moment the thought enters your mind. So mighty is the thought then it envelopes you completely, for a moment, you are spellbound. You have grasped Infinity only for a moment. It dies away. Nevertheless even if it has died away it has left something, that will support you throughout eternity.

There are also groups of holy ones—what I mean by holy ones is not a form of sanctimonious piety in adoration of one's own goodness. There are those who Paul said were asleep in Christ

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but have not yet awakened. It is those who have awakened in the Christ consciousness that are healing in our realm and will be in your realm also when you are truly inspired.

“Take the mote out of your own eye before you can see how to take the beam out of your brothers eye.”

These holy ones, are ones, who have left the earth like ourselves. I am talking to you now here and I am just as I was then except that I know more as you will know more also. I tell you there is no death.

These groups of souls once men and women in the physical plane meet together for the purpose of directing the spiritual Power, Wisdom and Love and knowledge mediated from a higher plane to them, this is then passed on to an individual on earth, sometimes through an intermediary that overshadows the individual so prepared for this work. It has taken a lifetime to prepare this instrument and although well up in years, he is kept young by the Spiritual Forces around him. He is inspired in everything he does, where he must go and what he must say. Of course, this does not continue 24-hours of the day but all the time he is healing and teaching he is under the power of the Spirit. This form of inspiration is called telepathic inspiration and sometimes it is transfiguration, that is a more impressive state, a state where the impressions are more defined. *Where the overshadowing Master or Ascended Master has taken to a great extent more control of the mind and can see through the mind of the individual.*

It is not a form of, what we call, deep trance control when the body is given over, that is not the case. Because of the individual. Because this instrument I am using. The brother who uses this body is able also to leave it at will. Takes his departure, yet we use the mind. We can sustain it and he is rent into it by a form of thread, an ectoplasmic thread if you like to call it, and he can if he wishes push us out at any moment. We have no control over the body or the brain. It is by his will, his cooperation and our cooperation that these lectures are being given to you.

Great and mighty Beings higher than we have detailed us to work through our beloved brother here and it is from these

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higher Beings this knowledge is being mediated. Yet these mighty Beings were once inhabitants on a physical plane but have now so advanced that they merge in with the Cosmic Ray and control and direct them in accordance with the decrees of even higher Beings of the Cosmos. If you can grasp what we are saying, not that you can fully understand all yet, this will be your progress in the Cosmos to open up to this inspiration so that this Power, Love and Wisdom will raise your consciousness to the higher levels.

Life flows forth from the Great Fountain, through Great Beings of the Cosmos, that are responsible for the organisation of suns and Planets. This Power is mediated to other Beings, till such time as it becomes sufficiently transformed in its nature, so that it can inhabit a body on the physical plane.

It is the same Life that left the source of its own power alone from the head. It is the same Life, the only difference, the degree of that Life that exists now in the physical. It is the same Life, the same Consciousness. That is why that this Power is mediated. This Power is transformed through the various stages of what we will say, ethereal layers, in which the Universe is built from.

To say that Life does not exist in our sun or in any other sun is to deny the omnipresence of the Infinite Life. It is the same Life in you and in us that exists in the Sun Angels, the only difference is the degree in the power of that Life. In your own world you have transformers that reduce the power through various transformers after it leaves the generating station so that when it reaches you you can use it, but it is the same power, the only difference is in the degree of that power.

In our intermediary planes, the ether is of different densities, in the various planes. These planes are the transformers of this Life Power, which is reduced in its intensity. If the Life at the stage it leaves the Sun, would then enter into your bodies they would fly apart. The atomic rate of your bodies would not be suitable or could not absorb the energy of that Life. Therefore it would raise your body so high that it would disappear into ether. The consolidated form of the body would no longer exist.

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The Infinite Life is mediated through the Beings on these planes until it reaches you, suitable for you as an individualised Spirit or Life to live where you are. When you leave your earthly body you have a greater expansion of that same Life, **you, you** have more power, more Love, more wisdom more of everything and you will help those you love, inspiring them in their work on earth just as you were inspired and helped but did not know it when you contemplated or raised your consciousness so that you could be helped.

As you open yourselves to the wholeness of Spirit by becoming aware that you are Spirit and cannot be different from the totality of all Spirit or Infinite Life, this may be a more explicit way of expressing what I mean, this Spirit then being yourself, your livingness, your consciousness, your reality. You desire communion between the inner and the outer. You desire that the inner shall express itself in the outer. Immediately you aspire to this you open the channel from the inner to the outer so that that which is within, the all-powerful intelligent Life will begin to express Itself through the instrument It created for that purpose. The Christ spoke through Jesus, you all believe this, yet you cannot reconcile the fact that that same power is manifesting now here in your midst. It seems too big too afar off to you. It could happen two thousand years ago but it is impossible for it to happen now, you think. But it is the same Christ that is living now, as it was then, it is the same Christ that is living in us all. He is the only begotten Son of God, the Christ that lives in every living soul. The Master said “He who does the will of my Father is my mother, my sister, my brother” and in other words he who will open himself to this same power that I express will do likewise and greater things shall he do. It is the one Life, “Infinite Life” mediated as the Christ Life in mankind, to understand this and realise it and aspire to it brings true inspiration.

Jesus, as I knew him, was not a man of sorrow. He is a man that was happy and joyful. He felt the power of the Spirit. As a boy he inherited from his mother a tremendous Spiritual power. As

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he and many other people were created for a specific purpose so was he created for a specific purpose.

You ask this beloved brother, after I have gone, what was told to him in the Himalayas and he will tell you. He was a man of joyful laughter. A powerful individual. He was scathing in his remarks. Denounced the stupidity of the ignorant who believed in death. He feared no one. He was above reproach. He could not be bribed. He was a man like yourselves, manifesting the Christ Spirit.

This is the power sought by all adepts and masters. Jesus manifested the same power "I and the Father are one."

The method of communication we are using now is to impress you more deeply in regard to what is said. Although our beloved brother here is being used by us he himself acquired the robe of adeptship when he sojourned in the Himalayas. Not that he could not advance through his ordinary experiences to make him worthy of being selected for this work, but the Spiritual Forces can much more easily make contact through those who live in that atmosphere of daily reverence to the Eternal, away from the turmoil of world affairs, and some of his experiences he has already related to you. We will in the near future inspire him to write a book on his experiences for world distribution so that all shall be able to read the truth of such things.

It is not difficult for us to appear, come here, and speak to you. But it would be utterly impossible for us to speak to you in the Town Hall filled there with a motley crowd of people; some ignorant of the truth completely, others have a little of the truth, and some perhaps know the truth. We could not speak to such a crowd for the simple reason that the vibrations would not allow it. Do you know that your vibrations have been risen? You raise your vibrations, they are risen when you come into this room. When you sat in this room this evening, before this lecture commenced, you felt the power moving through you. Some of you perhaps did not but most of you did. That was preparation. I wish that you could see what is around you.

When you desire inspiration desire the highest, the best, and no matter what channel it comes through there is always an eternal

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unity at the root. No matter what method used ask God the Father and you will find inspiration, the Source being eternal and Ever-present. This inspiration does not come through a negative form of meditation but through an active form of meditation that is ever active, yet it is perfect silence. The consciousness must be one-pointed and not wandering, the consciousness is the point through which all knowledge will come and the consciousness can grasp it when it is “poised.”

When it is “poised.” Did you know what “poised” consciousness means. Consciousness that is ready and poised. Moment. Action. There is nothing mysterious about it, you are all capable of doing it. The fact is, you have never really tried.

You must not put your dependence upon any individual, depend upon the Almighty alone, we can help you more when you do this, than if you put your dependence upon us, for we are but the channels through which the Infinite Life is mediated to you. We can influence you, and others on your behalf, we can apply the healing power which we do to all who come for treatment or ask for help. We are by no means idling our time away by singing hymns and playing harps.

The Universe is an Infinite organisation with a perfect scheme in operation and we are fulfilling our part just as you are fulfilling yours and through your experiences you learn. No matter in which capacity you are engaged, you are in your right place for the moment, when the time comes you will be taken out of it. You are just as important to God and perhaps more so than many others who are ignorant of this truth.

You must not rebel against your circumstances and conditions. If you do you will still maintain them. What happens to you? You create a certain vibration around you. When by rebelling then you do not rebel the vibrations but you increase the intensity of it.

If you can understand what I mean now you will be able to accept those conditions and raise your consciousness beyond them. Then you will bring into operation, you will be ready for the next step. As long as you rebel against your conditions, you will not be ready. Jesus said to you, “Resist not evil.”

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You think that your desire for action is all your own, but it is not so. The only thing that hinders you, is when you mistake the shadow for the substance. Work for work's sake not so much what you can get out of it from the material side. Work for the love of working. In this way your inspiration will increase even if your work is sometimes tiresome to you. There is a power when you are ready and it will put you in another place only to gain more experience. Earthly desires are your own, see that they do not over-shadow the real: "If ye believe ye have received so shall ye have."

Yes, many of you, a lot of you want things. It is not wrong to want things. We all did when we lived upon earth and everyone will do so. There is no getting away from the fact, that's a Truth. It is good that you should want things too because it gives you the incentive to gain more experience in this world.

But there are certain ways, that when you do want things, how to get them. It is not the continually wanting them, with a mind in that state of want. The mind must be in a state of plenty to attract plenty. "You must believe you have received and ye shall have." When you desire anything it is created in the Spiritual Plane. You think in God as God thinks in you. You think in Spirit. Remember that you create in Spirit. Do not destroy your creation by stupidity, lack of understanding of the law. But also remember, do not mistake the substance for the shadow or the shadow for the substance.

This reveals to you the fact that there is an active and passive phase of the Universal Mind, otherwise a non-self-Conscious Life which responds to the Self-Conscious Life and produces the visible Universe by acting upon the invisible, the Intelligence moulding the substance into form which leads us to the inevitable conclusion that the visible existing Universe in which you live and in which we live is the same Universe and substance, the only difference is the vibration of that substance. To us there is also a visible substance although invisible to you and is to us just as solid as your world is to you. The only difference is that the vibrations are higher and our movements are accordingly increased.

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Nevertheless we are the same beings that existed upon earth. This is all the direct result of the Infinite Conscious Life acting through His unbounded sea of manifested Mind.

Yes, we do not know everything but we know a great deal more that you do. We cannot answer every question but we can reason with you and show you the ultimate. We cannot tell you what God is. But we will make you understand that He lives in you and Is the only Living Being. We can channel your minds in the direction that you go. We can give you courage and strength. We can make you fearless, even of death itself.

When the secrets of matter are grasped by all, that matter is like a number of rooms with nothing in them, nevertheless in these rooms are moving particles of energy revolving round the rooms at a colossal speed. For example, watch a fly fly round the room then you can grasp what these particles of energy are like, except they are invisible to the eye and revolve at millions of times the speed of a fly. It is these particles of energy that support the room in which you move, the walls are the circumference of the eddy or whirlpool which the particle creates, that is why we can see you but you cannot see us unless under certain circumstances which are created with our co-operation. So remember you are living in the eternal Infinite Mind. Forms change and dissolve but the consciousness transcends all form and animates all form throughout boundless space.

To see this and realise your oneness with it will open up the channels to that inspiration that will lead you to understand what Paul said, “We are confident, I say and willing rather to be absent from the body and to be present with the Lord.” 2 Cor. 5: 8.

“He that overcometh shall inherit all things and I will be his God and he shall be my son.” Rev. 21: 7.

Now, we will tune into the Sanctuary of the Silent Healing Power.

(Short silence)

Great and Mighty Eternal Spirit. Thou art the only Living Being there is. We live because of Thy Life in us. We are expressing Thy Love, Wisdom and Healing, so that all may benefit thereby.

SO MOTE IT BE

(Recording ends)

* The Italic verbatim text is taken from the actual original wire sound recording of *“Inspiration and How it can be Acquired”* as it was first given in the Auditorium at Escom House in Johannesburg on Thursday 26th August 1948. What is of particular interest about this recording, is firstly, it is the oldest known surviving recording, and secondly, it was given two weeks before the start of the famous *“Divine Healing of Mind and Body”* series. Thirdly, and most importantly, it is an example of Murdo being overshadowed by an Ascended Master, in this case, one of the Egyptian Magi. Most notable is the change in Murdo’s voice and also, out of character for him, is the constant walking to and fro across the stage away from the microphone. (It is to be noted that no sound recording exists of the Pretoria Lecture 14th September 1948).

1. Saint Anthony the Great (251-356). Also known as: St. Anthony of Alexandria, of Egypt, of the Desert, The Anchorite, and the Father of All Monks (founder of monasticism). Born in Egypt to wealthy parents. At the age of 24, gave away his inheritance to the poor and needy and became one of the first Christian ascetics to attempt living a proper monastic life in the desert.

BE A THINKER AND NOT AN IMITATOR

In this communication I want you to see what is happening around you. If you are unable to discern or become aware of what is taking place in your own minds and the minds of others you will be caught up in the net of the vicious circle in which the world is living. Now this state of affairs is the effect of your own thinking with millions of others who are likewise caught up in the net, and while struggling to get out of it you only get further entangled in it because you never realise that the conditions are of your own making.

The great majority of people do not think for themselves for their thinking is caught up in imitation, security, power. The conception of progress is but a continual movement from one object to another.

First of all there is the craving to possess a material object, so there is striving until it is obtained. But the moment it is attained it has lost its attraction, lost its significance. So craving goes on to the more subtle things such as popularity, fame, power, and the struggle goes on. But again there is disillusionment, and then there is a craving for truth, and that craving takes a more subtle turn again. Book after book is read in an endeavour to find peace, freedom.

Throughout the whole world everyone is seeking happiness, the happiness that endures, but such happiness is not to be found in imitation. Conformity with imitation begins from childhood through education, society and external circumstances. Thoughts and feelings are moulded to correspond with public opinion, to religious ideas, to spiritual authority. If you consider any philosophy, religion or system you will find it is a method laid down for you to follow. All you do is to conform, to imitate and force

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your thinking into the particular mould of philosophy, religion or system so you merely become cogs in a social or a religious machine. The whole structure of modern civilisation is based entirely on conformity and adjustment to standards which have been laid down by authority, the authority of public opinion or of a spiritual leader. This conformity results in the suffocation of individual thinking. The desire is to solve one's problems and this is sought through a miracle.

Through the centuries a system of competition has been built up through selfishness. At the same time innumerable authorities and teachers, gods etc., have been set up for you to worship. You are taught to become lambs, but working for a living you become like as many wolves. The remedy does not lie in setting up another system or the worshipping of another god outside oneself but to go to the root of the whole problem.

The present civilization is based upon greed and individual competition. It cannot last forever because it has no intrinsic value.

The individual created the civilization which dominates him. The individual tries to express his ambition and attain his desired social position through the accumulation of wealth and power. The individual has set up social distinction which results in ruthless competition in every way of life. This ruthless selfishness must eventually break down. It is merely a matter of time. As long as you have this conception of individuality which is but selfishness, greed, no civilization, no structure built on it can last. The individual is the integral part of that civilisation which the individual creates.

Until now you have been spiritually a slave. You have followed, imitated, set up spiritual authorities and tradition has bound the mind. In thought and emotion the individual has merely conformed while in the world of action the individual has lived for himself selfishly pursuing his own security.

In order to supply the needs of existence the individuals must co-operate, work and plan together. That is, we must get rid of the idea of nationality, flags and frontiers. In this way we will naturally solve the economic problem because all will be working from a human point of view and not through separate national prejudices.

BE A THINKER AND NOT AN IMITATOR

When society is built on selfishness, on ruthless competition, when one fights another for his own security and in the structure of the present civilization the social order must eventually collapse. Man through his possessive cravings has built up what he calls civilization. To that world he clings, a structure based upon continual want, on the constant achievement of empty heights which must eventually crumble. What is the remedy?

There is no world panacea. But you can individually and therefore collectively see the basic cause and individually and therefore collectively step out of the system which is its inevitable product.

In the world of action man has become ruthless, aggressive in his desire for possessions, in his search for security. He has used his mind to gratify his selfish cravings.

The individual must be able to think for himself, free from all imitation and tradition or public opinion, in thought and feeling. In this alone can there be true co-operation in the world of action for the benefit of all. We must find that which is eternal within ourselves. Then and then only can we all work collectively based on human needs and not on human greed and exploitation.

When the individual breaks down the narrowness of patriotism, nationality, flag-waving and war and as an individual, ceases to exploit through selfish cleverness, there will come peace and understanding for which all are now groping in vain.

Those who have been caught up in the net of race thought, nationalities, creeds, politics, disease, ignorance and death have permitted beliefs to rule them, they have lost their Divine Power of the Presence that overcomes all things. Occasionally you see through all this struggle and catch a glimpse of something that gives you an ecstasy and you seek to make it permanent by avoiding the conflict. You perceive this ecstasy in the distance while you are still surrounded by all your struggles, your sorrows, pains and pleasures. It seems far away and you long to escape from all this turmoil to that ecstasy, yet it is through discerning the cause and understanding this conflict that there is ecstasy of freedom and not in escape. Through the true discernment of the cause of the conflict is revealed the ecstasy of the Presence.

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What applies to the individual applies to our civilization. You cannot separate one from the other for they are one and the same. What is needed is clear thinking by the individual from cause to effect, not vain attempts to solve problems without understanding the fundamentals of human existence. If you hold on to your old mental habits of imitation then there can be no real understanding. Your habits of thought must be studied, understood and corrected, not until thoughts become truly intelligent can you expect to see results that satisfy the human heart. You are all unconsciously and ignorantly pinning your faith to the power of things seen, remaining blind to the fact that these effects are but the result of your own action. Your minds have been built up and maintained under the influence of limited ideas derived from material things, but the only true foundation upon which to build the assurance of health and happiness is upon the Presence that is eternal and ever-present and not upon imitation and conformity which is perpetuating the misery of your civilization.

You do not free yourselves by acquiring comfort and consolation. You only live in an illusion if you only want satisfaction in your desires. You must strip yourselves mentally naked empty your minds of inherited theories of right and wrong, what is spiritual and what is not spiritual. If you rely on compulsion there can be no understanding. Through your fear you adhere to tradition and become an imitator instead of a thinker.

Likewise with regard to physical things the man who needs possessions for his happiness creates material exploitation. The exploiter does not come into being suddenly he is not a freak of nature he is the result of your demands, spiritual and economic. So you, the individual, are responsible.

The individual has lost himself in a maze of ignorance and you see the result in the chaotic conditions throughout the world. To find happiness you must direct your creative forces intelligently in such a way that you remain the sole controller of your own thoughts and feelings and not becoming a slave to tradition, public opinion and authority of the less informed than yourselves.

BE A THINKER AND NOT AN IMITATOR

Man's whole conception of Life is based on selfishness with all its subtle ramifications, its illusions, its fears and consolations. Because man's action, through fear is unconscious it leads to irresponsibility and therefore to chaos, wherever there is selfishness there is lack of clear understanding. Conscious action through understanding and adjustment leads to pure action, pure action being that in which there is no longer selfishness, personality, but an understanding of the Presence being never in opposition to Itself at any time or in any individual.

Good and evil are not entities, they are simply words which you use to indicate the result of your actions and these actions are predetermined by the character of your thinking. Therefore man is the root cause of good and evil. To guard against mental and physical chaos you must not accept any opinion without due examination. Care must be taken to construct your thinking through understanding and true discernment. What you accept from others is so often constructed without due regard to facts. Every idea should be subjected to a searching analysis, you must not accept anything except it is scientifically exact.

It is the Christ Mind that it always conscious of the unlimited power and ability of the Presence, at the same time understanding the limitation of the human mind. The highest possible gift man has is Love. If you are seeking Love the only way to get it is to love more. Love is not possessive because Love is the foundation of the Universe. Possessiveness is craving and this must be understood before it can be dissolved away.

The Presence is Love, Wisdom and Healing, it pours forth its mighty power to all. The only condition is our capacity to receive it. The whole world is looking for the Love that will set it free. Love is the expression of the Divine Nature that pours out through the entire Universe and everything must move around it and because it is the centre of the Universe it must also be the centre of man made in the image and likeness of God. In the Sanctuary of the Silent Healing Power you all express that Love because you are realising the Presence which is Love, Wisdom and Healing.

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The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

BENEDICTION

Divine Presence, unite our hearts with Thine to rest in Thee for ever and ever. Teach us to hold ourselves as perfect in the Mind of Thy Divinity.

Let the flame of our love for Thee soar triumphantly above the din of social problems and differing creeds. The Light of Thy Love has swallowed up everything in one Light. I see myself always one with Thee. I pray that I may behold my Love in others and in the Light of that great Love may I behold Thy unveiled face of Peace. I behold myself in others and I even perceive Thee enthroned in our inmost hearts.

O Divine Presence, unite our hearts as one Heart and on the Sacred Altar of united hearts we will find Thine Omnipresence enthroned for ever.

SO MOTE IT BE

DISCERN ALL THAT IS FALSE

In this communication. I want to give you some personal aid to your understanding based upon what I have already said.

I have pointed out to you several times so as to make it clear to you that unless you discern the false you will not understand the true. If you live in your limited state of mind brought about by conformity and imitation through education, religion, philosophy, public opinion and tradition, you will not escape by rebelling against the miseries you yourselves have created. You may seek an escape from the prison of your own making by accepting the idea that the Divine nature can and will release you from your prison, yet if you do not discern and discover the cause of your own miseries you can only bring the idea into your prisons and you are still bound by it.

If you have a belief which you feel binds you in a prison of fear and limitation and some one comes along with a similar belief which seems to you freedom you are only enticed into their prison so you are still bound, you are not thinking for yourself, you are only caught up in the net of a belief that is similar to your own that still separates you from your brothers and sisters. You are still imprisoned by your belief.

The only way to be in harmony with your spiritual self is to discern all that is false around you, not merely denying these things but understanding them. If they are not discerned and understood they will cling around you and finally bring doubt of that very Presence that could give you peace.

Most people cling to the name of a disease giving it an identity. By giving it an identity you are merely accepting another's opinion or belief and you will observe I hope that this is not thinking nor understanding. It is not a name of a disease you need but the wisdom to discern the cause. Then you can

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drink the cup of Life that is ever-present. In the understanding of this a new life begins for you now. The happiness of man is not increased by opinions founded upon ignorance and belief in theories of those who cannot heal the sick or relieve the troubled mind which is caught up in the net of emotion, imitation and craving. Jesus cured the sick by giving the bread of Life to the sick who had been deceived by others ignorant of the Law.

When man begins to think for himself the truth will be revealed to him, the scales will fall from his eyes and he will see how he has been deceived generation after generation. Jesus says, "Man is himself the field, his deeds are seeds and what he does to others grows apace. The harvest is sure and he must reap what he has sown." "The fruit of peace and love can never spring from noxious weeds. The fruit is like its seed." "Each one has problems to be solved and he must solve them for himself." "How can you see the splinter in your brother's eye while you have chunks within your own?" "And while your eyes are full of foreign things you cannot see the way, for you are blind." "And when the blind lead forth the blind both lose the way and fall into the slough." "If you would lead the way to God you must be clear in sight as well as pure in heart." I am repeating these words of Jesus to show you that He did not merely give you an idea or a theory upon which you could rest but made it exceedingly plain that you had to see that which was false and that you must be clear in sight to see the way, as well as pure in heart.

Another statement made by him was "There is no safety vaults on earth no place secure from moth and rust and thieves." "The treasures of earth are but illusive things and pass away." "Be not deceived; your treasures are the anchor of the soul and where your treasures are so your heart will be." "The things that men see **not** with eyes of flesh are of more worth than are the things that man can see."

This shows why craving causes misery and exploitation and as the individual craves so is he caught up in the net of craving and is not longer able to think. His understanding has vanished like a piece of driftwood, he floats with the sea of humanity on a world in chaos.

DISCERN ALL THAT IS FALSE

Again He says, “For as you judge you shall be judged.” “If you condemn you are condemned.” Here we see the wisdom of Jesus in these few words. You must cleanse your minds of comparisons, you are apt to compare yourselves with those you think spiritual and upright. You refuse to align yourselves with those whom you think are not your equal. This is the height of hypocrisy.

Some look at the evil deeds of others and condemn them, while in their own minds these deeds have already been performed. Jesus says, “But, lo, I say that he who in his heart desires to possess that which is not his own and would deprive the owner of the thing without his consent is in the sight of God a thief.”

This shows how necessary it is that you should discern your own thoughts first before condemning others for their deeds, for deeds are but thoughts expressed. Perhaps you have never looked at it from this point of view, but I am endeavouring to make you aware of your own thoughts so that you can dissolve the rubble that hides the Presence. Unless you can discern the false you will not know the true.

Most human beings are full of grave defects and it is necessary to discern them, not merely denying them, for this does not help matters. To shrug your shoulders or cringe at the sight of your thoughts is of no value. What is needed is to be quiet and more quiet to look at these influences as something not your Real Self for your Real Self is the presence of the Presence and to abide in a quiet confidence in the Divine Power.

If your soul asks for the Divine and your mind is sincere and calls for liberation from these influences, and by calling the Presence into your own heart and relying upon it more than on your own strength you will be able to end this “siege” and peace will take its place. You will break down the prison bars that hold you in the prison of your own making.

The material world is the revelation of the creative power manifested through the mind. Visible things are the representation of the invisible, both come from the same source. If you can comprehend this truth you will rise above the effects that you see

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in your everyday life. And when you understand the conditions around you, you will no longer be afraid of them but will meet them face to face knowing them for what they are—false creations of man’s mind through lack of wisdom. You will then know how to deal with them through the discerning of your own thoughts, cravings and emotions.

Man made in the image and likeness of God lives in a material world in which he has been given dominion, a world so constituted that if he will use it intelligently it will continually lift him to spiritual heights yet unknown.

The realization of truth lies in your self-conscious completeness sustained in the aloneness of your own integrity free from conformity, public opinion, tradition, nationality or creed. Through the flame of self-consciousness you arrive at full responsibility in the recognition of this completeness and this is true freedom. This is not an escape nor is it a flight from conditions around you, it is a gradual cessation of unconscious action through lack of discernment which leads to misery. In this understanding is the beginning of true action, which will expand your consciousness and practical knowledge with your oneness of the Creative Source of all things—“The Presence,”—and as you acquire this knowledge through practice you will, by the conscious use of the creative laws, have revealed to you a deeper significance than the mere intrinsic value of material possession. They will but represent to you the extent of your Spiritual understanding and ability to co-operate with the Creator of all things.

Material is but an idea in the mind, an idea of something of which you know little. But when you see that the material the “visible” and the “invisible” are one and the same thing you will appreciate that in the invisible is the cause and the material or visible is the effect.

When you can see with your clear sight freed from illusion that you are one with the Creator of the Universe, the Presence that is ever-present in you will bring forth into being “that which is acceptable to God.” But if you fail to understand these things you will create a series of causes and effects of which you will

DISCERN ALL THAT IS FALSE

become enmeshed in their net, and there can be no escape until the truth of what I have revealed to you fully dawns upon you. “God Himself has made it plain—for ever since the world was created, His invisible Nature, His ever-lasting power and Divine Being, have been quite perceptible in what He has made.”

(Romans 1: 20. Moffatt translation)

If you create error in yourselves through lack of wisdom you will externalize it. It has no power but the power you give it and when you can discern this you will begin to understand. Herein lies the secret of understanding, the Law of Cause and Effect. If you then set into operation the Law of Cause and Effect, let it be pure action derived from pure thought, then it will have a true foundation which is scientific and will lead to peace. But if set in operation by human emotion and limitation it will lead to misery and chaos. Jesus says, “If you do unto other men as they do unto you you are but slaves.” “But you as children of the Light must lead the way.” “Do unto others as you would have them do unto you.” “If you salute your friends and not your foes you are like other men.” “Be ye perfect as your Father in heaven is perfect.”

In other words, the Presence is never antagonistic or in opposition to Itself in any individual and when this is seen all are equally represented to the one who knows. When enmity is not created in oneself there is freedom. But if enmity and separation is created in the mind there can be no understanding therefore no pure thought that leads to pure action. Your friends and others may call you all sorts of names without any thought of your welfare, but as God has named you you remain permanently in His Eternal Mind just as He named you. Then act as such for Divine acting is the establishing of the Law which is Love, Wisdom and Healing of the Presence.

The Blessing of the Angel of Light is upon you and your work in the Sanctuary of the Silent Healing Power.

BENEDICTION

O Fountain of Love, make us feel that our hearts and our Love for others are flooded with Thy omnipresent Love, that the rivers of our desires and cravings pass through the lowlands of humbleness and self-sacrifice and consideration for others and at last reinforced from Thy Fountain of Love shall unite in the ocean of fulfilment in Thee. Increase our affection and Love for all so that we do not lose ourselves in that drought stricken selfishness which is barren and waste. But let the lonely separate streamlets of Love coming from Thee at last merge into the vastness of Thy Presence revealing Thy Omnipresence of Love, Wisdom and Healing for all to receive who will. My faith in Thee has made me “Whole”.

SO MOTE IT BE

OUR SPIRITUAL INHERITANCE

Throughout the ages Spirit or Life has revealed Itself, embodied in its own creation, as a guide to our understanding. This same Spirit or Life is calling to the inner Life of embodied humanity that It has reared for its own habitation.

The time or state is at hand when the embodied Spirit-Self shall know and recognise its own inherent power, that its own Life is the Infinite Life which manifests Itself in an infinitude of forms in all worlds and spheres of Being. This means that we are all irrefutably and eternally linked with the whole Living Universe.

Those who showed the existence of this Spiritual inheritance by their deeds and words have left a legacy to humanity. Although their works were seemingly beyond the capacity of the human understanding they made it plain that they were not separate from humanity nor did they make any claim beyond the inherited power within humanity. But as time has elapsed the ideals or truth they showed were common to all humanity has become changed into idolatry. They have become the object of worship whereby the truth of Reality has been submerged in forms and formalities yet these instruments have left their footprints on the sand of time and the truths that they revealed will spring forth again as mankind becomes more aware of this immanent Life.

The sayings of Krishna,¹ Buddha,² Brahma,³ Vishnu,⁴ Zoroaster⁵ and Jesus lived through the ages and are still the fundamentals upon which humanity can continue to progress. Yet all the great so-called systems in the world have been based upon the personality personified for the purpose of Religion which has separated

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the world into groups antagonistic to each other, making the acquisition of the knowledge of Truth a question of competition and conflict.

The time is fast approaching when this irreligious religion will disappear and the real will take its place. It will not seek to draw adherents to itself by any claim of special Divine authority neither will it be associated with caste or class that perpetuates personal vested interests. But will be brought about by the involution of the Life flow that is inherent in humanity as a whole as it is inherent in the Cosmos as one Whole. This process will begin in the few and will spread gradually to the whole of humanity uplifting them to higher levels of thought and action.

Inspiration is not confined to the few, it is an inherent quality of the Spirit in mankind. It is the eternal link uniting the inexhaustible source of Life to its offspring and through this link the transmission of thought process from the higher to the lower can be opened up by any who desire to be recipients.

We recognise that nearly 2,000 years ago this source of transcendent transmission was seen expressed through one who proclaimed the same Truth that we now know to be the only way to freedom. This is not only to be preached but to be translated into daily living. Although tremendous progress has been effected in the material, scientific and industrial fields, the religious systems are not meeting the requirements of modern thinkers. The world is calling for a new Spiritual lead, a new inspiration conveying more explanatory information with regard to the Spiritual Universe and our relation to it.

When mankind comes to realize that the Infinite Self is permanently mediating Its own Life process to us thereby demonstrating that we are held by It in permanent inseparable connection, mankind need dispense with the rote that is being expressed on every side causing fear and confusion in the minds of people, which cause separation and distrust in one another, such religion has become the ridicule of the enlightened mind.

If we are all part of God we are all one family. The history of man contains much slavery, brutality and injustice. Someone a little stronger, a little cleverer than the rest enslaves his fellows for

OUR SPIRITUAL INHERITANCE

his own selfish ends. Man in the past has been the sport of Kings and priests. Through fear and starvation he was forced to cringe at the foot of the tyrant and through fear of the unknown he has bowed to the authority of his religious belief to which he was forced to conform. However education is gradually making mankind realize that he is not here to be downtrodden. Understanding gives all the opportunity of becoming equal and those with finer minds will always take the lead.

It is quite evident to those who think and can see the writing on the wall. Since the beginning of history a small minority or an individual has kept a nation in ignorance and servitude or driven it on to war. The reason of course is that the unthinking individuals are like sheep, they only know enough to get a bare existence and through fear they conform to what others think and direct. Only when man combines his reason with his labour can he advance.

The ignorance among the masses is still pitiful but as man develops his mind through clear thinking so will he free himself from his past miseries and raise himself to self-respect and independence through understanding the cause of his miseries and the realization of what he is in Reality. Robert Burns⁶ in his immortal ballad “For a’ that and a’ that” wrote:

“Then let us pray that come it may
As come it will for a’ that
That sins and worth o’er a’ the earth
May bear the gree⁷ and a’ that
For a’ that and a’ that
That man to man the world o’er
Shall brother be for at that.”

We see also in the Scriptures the identical thing expressed by Peter at Caesarea “Of a truth I perceive that God is no respecter of persons,” and where Jesus says in St. John “and other sheep I have which are not of this fold. These also I must bring and there shall be one fold and one shepherd.”

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Let each one of us where possible rescue the ignorant and help the helpless. Let us distribute words of kindness, cheerfulness and encouragement. By doing all the good we can by binding up the wounds of our fellows we are bringing nearer and nearer the great day when the Brotherhood of man and the Fatherhood of God shall become a reality and not a platitude. To do all the good we can is to be religious in the real sense of the word and to do all the good we can is to be a saint irrespective of religious beliefs. To put the star of hope in the midnight of despair, to help those in need of help and to help those who suffer is true holiness. This is the religion of the future. That is what the Sanctuary of the Silent Healing Power stands for, that is what is meant by the Brotherhood of man.

Happiness originates in the heart and not from anything outside oneself. If I may quote Burns again on the vanity of possession—he says:

“It’s no’ in title nor in rank
It’s no’ in wealth like London Bank
—To purchase peace and rest.

It’s no’ in making muckle mair⁸
It’s no’ in books is no’ in lear⁹
—To make us truly blest

If happiness hae not her seat
and centre in the breast.
We may be wise or rich or great
but never can be blest

Nae treasures or pleasures could make us happy lang¹⁰
The heart aye’s the part that makes us right or wrang.”

We read also in the Scriptures in Ecclesiastics: (2:)

(4) “I made me great works; I builded me houses;
I planted me vineyards: (8) I gathered me also

OUR SPIRITUAL INHERITANCE

silver and gold, and the peculiar treasure of kings and of the provinces. . . . (10) And whatsoever mine eyes desired I kept not from them. . . . (11) Then I looked on all the works that my hands had wrought, and on the labour that I had laboured to do; and, behold, all was vanity and vexation of spirit, and there was no profit under the sun.”

Just as we come to realize that this world is the preparatory school for our Spiritual existence so shall we cease to grab all for ourselves and work instead for the common good. When we are prepared to give to all what we claim for ourselves, then shall we be truly civilized and the world will be a fit place to live in.

Today every nation and every individual thinks only of their own needs first with the result that poverty and misery is rampant all over the world. My dear friends, this must not be and cannot last long. The sands of time are running out. Enormous sums are spent on the science of destruction to wipe humanity off the face of the earth, all on the pretext of self-preservation thus promoting suspicion at home and abroad. The hour has come for the call to go out to civilization to disregard leaders bound in ignorance both in the church and in the nation and adhere to the one ever-present Presence that is never antagonistic or in opposition to Itself in any nation or individual. If everyone of you did your part to enlighten others and “so as ye do unto one of these so ye do unto me.”

Jesus said in the Sermon on the Mount, “Blessed are the peacemakers for they shall be called sons of God.” (Matt. 5: 9). Here is the call to the disciple to use his wisdom and power in the direction of remedying the strife that arises from the different conception of God and Truth prevailing in the world. Those who are able to point out the Truth underlying all religions and belief indeed become the beloved sons and daughters of God. To be able to show that under all forms and ceremonies under various titles and names behind various creeds and dogmas there is but one God

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Whom all worship, assuredly he or she is a peacemaker and a son and daughter of God.

We also read of the Buddha in the Sermon at Benares.¹¹ Neither abstinence from fish or flesh not going naked not shaving the head not wearing matted hair or dressing in rough garments nor covering oneself with dirt nor sacrificing to Agni¹² will cleanse a man who is not free from delusion.

Reading the Vedas¹³ making offerings to priests or sacrifices to the Gods. Self-mortification by heat or cold and much penance performed for the sake of immortality these do not cleanse the man from delusion.

In the Sermon on the Mount (Matt. 5: 17-18) “Think not that I come to destroy the law or the prophets; I am not come to destroy but to fulfil.

“For verily I say unto you, Till heaven and earth pass, one jot or one tittle¹⁴ shall in no wise pass from the law, till all be fulfilled.”

In this passage Jesus asserted positively the fact that he was carrying out the work of those who preceded him. While Moses was the first great prophet Jesus was he that would come after. While Moses revealed the Universal Spirit of God, Jesus revealed this Universal Spirit in mankind individualized and that this was the central point in man himself, and from this all must proceed outwardly and to know it was man’s salvation. He told them of the Law written in the hearts of man which had always existed and would so continue and not one jot or one tittle would in no wise pass away from the Law till all things were accomplished, that which God had ordained would be fulfilled and the way of this fulfilling was shown by him, in all his sayings and doings which I have so often told you about. He informed his own people, the Jews, that he did not come to destroy the Law of Moses but to fulfil the greater part of it, to unite the world in the one family of the fatherhood of God and the brotherhood of man. That this teaching was the inner teaching not the outer religious creeds and dogmas—He came therefore not to destroy but to fulfil and when one reads the old Testament there it

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distinctly states “the Lord God is one Lord” and He created man in His own image and likeness.

Matt. 7: 1 to 5. “Judge not that ye be not judged. For with what judgment ye judge, ye shall be judged: and with what measure ye mete, it shall be measured to you again. And why beholdest thou the mote that is in thy brother’s eye, but considerest not the beam that is in thine own eye? Or how wilt thou say to thy brother, Let me pull out the mote out of thine eye; and, behold, a beam is in thine own eye? Thou hypocrite, first cast out the beam out of thine own eye; and then shalt thou see clearly to cast out the mote out of thy brother’s eye.”

Here Jesus deals another blow to the self-righteous of all the sects, creeds and cults of all lands, time and religion. He means those that thank God “I am holier than thou” attitude that so many vain formalists affect in their dealings with others. To be spiritual is not indicated by whether a man wears a gown or tinsel braid or whether he be a priest, cardinal or bishop. Being Spiritual means wholeness, completeness, not separation. I am holier than thou, I am different. That was more than Jesus said of himself. So these immortal words of Jesus have sounded through the ages as a scathing rebuke to the hypocritical judges of other men, those people who wish to ‘reform’ others to conform to their standards. “Thou hypocrites, cast out first the beam out of thine own eye and then shalt thou see clearly to cast out the mote out of thy brother’s eye.” Out of the mouth of their Master are many so-called followers rebuked.

What at comforts most to those who understand is that the same Life in Jesus and the other prophets is in you and me. And to identify ourselves with this life is to be truly of service to all. To get this feeling of oneness is to believe no more but to see and feel instead. This is truly the science of living which brings the greatest rewards. In this way you increase your value in the Sanctuary of the Silent Healing Power.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

BENEDICTION

O, Lovely One, Thy balm is in Thy breath of Thy creation. The stricken have heard of Thy Healing Power and have come to Thy door and find it ajar. Printed in Thy lettering of Love they saw “Enter in.” Those whose hearts are breaking with despair and sadness Thy invisible hand has dried away their scalding tears. Those who are lost in illusion to whom shall they turn but to Thee? And with the advent of the dawn of Thy Presence their dark troubles will take wings. We rejoice in Thy quiet voice ever singing in our souls: “Tell me, Wilt thou be mine? Whatever is mine that also is thine.”

SO MOTE IT BE

1. Krishna. (Hindu Mythology). Great deity or deified hero, worshipped as incarnation of Vishnu.
2. Siddhartha Gautama (c.560-c.480 B.C.), Buddha (‘Enlightened one’), also known as *Sakyamuni* (‘Sage of the Sakyas’). The son of the rajah of the Sakya tribe, as a young man he left home in Nepal and renounced the world. Practised an extreme form of asceticism and became the founder of one of the great Asian religions.
3. Brahma. (Hinduism). Supreme God (the Divine Reality) of which the entire universe is only a manifestation.
4. Vishnu. (Hinduism) One of the Great deities, identified by his worshippers with the supreme deity (Brahma) and regarded as the saviour of the world.
5. Zoroaster. (c. 6th cent. B. C.) (also known as *Zarathustra*). Persian. Founder of dualistic religious system of the Magi and ancient Persia which still survives among the Parsees.
6. Robert Burns (1759-96). Scottish poet, many of his poems are written in Lowland Scots. His birthday (25th Jan) is celebrated by many Scots with feasting and drinking. (*Burns night*).
7. Gree.= degree.
8. Muckle mair.= much more.
9. Lear.= learn(ing).
10. Lang. = Long.
11. Benares. Varanasi (formerly *Benares*). City on the Ganges in India, regarded as sacred by Hindus.
12. Agni. (Vedic mythology). God of fire.
13. Vedas. Ancient sacred literature of the Hindus. The major, being the four collections of hymns known as the Rigveda, Yajurveda, Samaveda, and Atharvaveda.
14. Tittle.= Particle, least possible amount.

PURE THINKING FREE FROM PREJUDICES

The purpose of this communication is to give you a clear conception of pure thinking free from prejudices, preconceived ideas and beliefs. What I am going to say is very simple yet because of its simplicity it may appear complicated, because of the fact that it requires your diligent thought so that you can come to your own conclusions.

I am not going to deal with theories, ideas or beliefs, neither am I going to tell you what is intelligence or what is spirituality. This you must find out for yourself through the recognition of that which is unintelligent, thoughtless, stupid. Through the awareness of that which is not true you can discover for yourself that which is true and through your own deep discernment of that which is untrue so will you arrive at that which is true. This is essentially simple but not so simple for one who refuses to put off ideas and beliefs and not to be influenced by these, otherwise you will be unable to come to the core of the truth, that which is immortal in yourself.

We are not in any way attacking any organised society or religion for to us who know the freedom of this truth all organised religions are utterly false. They do not lead you to the realization of eternity, immortality, on the contrary they only hinder you.

Therefore do not repeat my words for this will be of no value to you. You must come to the conclusion which is your own, then you can be a guide to those who are bound. It is not what I say or what you say or what another may say, it is what you arrive at through your own discernment of what is utterly false.

You must examine what I say to you without reference to what you have heard or read for by comparing you will not find

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out the true simple meaning of what I say or if you begin to compare what I consider to be the hindrances that prevent man from the full understanding of Life you merely set up one idea against the other and then choose according to your own prejudices, in this way there can be no understanding. You only become bound by your own opinions and prejudices which is not freedom.

To understand you must carefully examine impersonally with a mind that is free from ideas and beliefs, then you will arrive at that which is true in itself. To arrive at that which is true you cannot have pre-formed judgments otherwise you are only further deluding yourselves. If you look into your mind you will see there certain formed beliefs and ideas and opinions but if you examine them thoroughly not merely skimming the surface you will come to the conclusion that they are only beliefs, ideas and opinions and you will also find that these have hindered your arrival at that, that true expression of Life which you are so ardently seeking.

I am expanding this point because I desire you to see the importance of it for this although essentially simple is not easy because of your preconceived ideas. You want what I say to you to conform to those ideas which you hold, and immediately I say something that in any way confirms your ideas you feel relieved, glad, and if I say something that is not in conformity with your ideas you squirm and try to reject. Now you cannot arrive at the truth in this way, you only add further confusion.

What I say must not be compared neither must you accept what I say because it may confirm your belief or reject same, because it does not. True examination free from prejudices and beliefs is the only way in which you can find freedom and that freedom is within yourself, and you can find it only by being impartial, free from beliefs, ideas and prejudices.

If you listen to me with a background of what you have accepted without due consideration, that background may be one of Christianity, Theosophy, Hinduism or Buddhism or Judaism, you will be stuffed with these ideas which are in themselves contradictions. You can readily see that this background impedes

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your thinking and in your reaction to conflict your former ideas become your haven to which you return, and you are no longer able to think for you are content to accept your limited beliefs that hold you in bondage, rather than use that inherent gift of pure thought that enables you to accomplish the so-called impossible.

So if you examine what I say impersonally without bias you will discover for yourself its intrinsic, immanent worth.

Neither must you accept what I say as your authority for the only authority lies within yourself. So what I say I want you to examine freely, criticize it, doubt it, question it, all the time doing this free from any preconceived ideas, because you cannot examine, criticize or question anything intelligently if you are still attached to any ideas or beliefs, if you are biased or have prejudices.

Attachment is like one who is bound, hands and feet. Because you are attached to your family you have given in to them, because you follow a certain religion you give in to your priest, or you belong to a certain society or union you give in to them. All this prevents your clarity of thought and when you begin to cling to your ideas then you create division and you call it your path or my path. Now Truth has no paths. The division of “your way” and “my way” is born of ignorance of illusion and you make your choice with a mind which is attached to a particular idea or system against others who are doing the same, thus you create prejudices, but you will observe that that is not thinking and you can never find the truth this way. It is only when the mind is utterly free of all attachments that you can discover that which is true and you recognise the intrinsic worth of any idea. But where there is division, distinction, attachment, there can be no understanding at all, you merely perpetuate that which gives rise to separation, which creates bias and conflict. There is no sides and you need not think that you can take this side or that side to arrive at Truth, there can be no sides.

To realize eternity, immortality, pure action, pure thought which is pure love and wisdom, it cannot be understood through division, through systems or creeds, this path or that path. For when your mind is disciplined to think in a certain direction only,

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when it is controlled and directed it loses all pliability and hence all understanding. You have only to look into a mind that has been so directed and controlled to see how rigid it is in its beliefs, this is truly ignorance.

To approach and try to understand truth through division is futile. The idea of tolerance is but an intellectual invention which covers up the conflict arising out of the false division. Where there is real affection, real understanding there is no need for tolerance.

When there is real affection freed from attachment then there is no need to organise, to create unity and understanding, you do not need to organise yourselves to become brotherly. You need not belong to any particular sect or denomination or society or Church to become a real "human being," and this is greater than all theories.

What I am trying to show you is the hindrances which prevent in you the instantaneous recognition of truth.

Figures mean the same thing in all languages, and the problem when correctly worked out must come to the same conclusion, although the characters of the figures may be different. So it is with truth, there can be no duality in conclusion, there is no distinction in the result.

You are all essentially human no matter what nationality and it is this factor that must be seen free from all attachment to beliefs or ideas which create separation.

There is an ecstasy of Life, an eternity, an immortality, which is in the completion of your daily living freed from all separation created through attachment, ideas, theories and beliefs by living in the "Presence," that Presence which in Itself is all complete and is expressing Itself in full when given the opportunity, and this does not mean in some distant future which is but a passing fantasy.

This ever-lasting reality can only be understood in the fullness of the present, that is ever-present, the realization of the Presence now and being that Presence, by allowing that Presence to express Itself without hindrance.

There has never been any separation from it nor have you ever been divided in it. This separation, this division is but a concept born in ignorance, and when you can discern this then you

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can dissolve it away, but this understanding cannot come through ideas or beliefs but through deep awareness of Reality and the discernment of that which is unreal. But Reality cannot be imagined or fancied and that which can be explained is not the Truth. That for which you struggle that which you conquer is not Reality. You do not have to conquer Reality nor struggle for it or with it. The ecstasy of the Truth, The Presence, comes spontaneously, naturally, sweetly without the slightest effort, without self-discipline or direction, without analysis, without introspection. It comes without toil, it comes with ease, with quietness. It is this ever-living ecstasy, this Presence, this Truth that you must realize and when it is realized then all division, all ideas, theories, beliefs will completely disappear. They just drop away and leave you free in that Presence.

Now this is not reserved for some future time which some will have you believe. It can be understood only when the mind is freed from the past and the future. If you think of the past you create a future, if you think of a future you create a past and this is division. There is no division in the Presence for it is ever-present. Freedom from the past and the future comes when there is the full significance, the completion of the Presence always present.

To understand the completeness of the Presence there cannot be attachment to even a single idea, only in freedom from attachment is there true intelligence. When the mind is attached to an idea or a belief or to a past experience it reveals a lack of intelligence. When the mind is filled with the Presence there is freedom from past and future, beliefs or ideas. Now this is essentially simple but because of your attachment to ideas and beliefs it becomes difficult. Yet when you can discern these ideas and beliefs and see them for what they are they are dissolved away and this leads to pure thinking. Intelligent thinking is impossible while there is attachment.

Attachment is thoughtlessness, incompleteness in the present and when deeply discerned and understood you will see that thoughtlessness that incompleteness in the present is unrighteousness.

To theorizing there is no end. Anyone can invent theories. Many books are filled with them about the Spiritual Life and

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about Truth. Theories are inventions of the mind and are not Truth. I am not interested now in any theory whether it be Hinduism, Buddhism, Christianity or Theosophy. These are but patterns to which the human mind conforms. And where there is conformity there is no intelligence. Theories are valueless to a living person. It is people who live, not theories. I have observed those who belong to many societies and religions, those who hold many beliefs and hopes. I am not placing one theory against another so that your mind can delight in the contrast and create a division and a conflict. I only wish to show you your own mirror, the cause of conflict, so that by true perception and clarity of thought you can discover for yourself that ecstasy of living Truth and thereby become free and joyous.

I know that most of you have patterned your life on theories which is one of the causes of conflict and your whole life is based on what another has said. As a living person you destroyed your own understanding through conformity through the pursuit of the dictates of another. That which you worshipped has destroyed your power to think.

There is conflict and sorrow in the mind and heart of everyone in the world and there is little use being concerned with ideas of helping the world unless you first begin to understand yourself, to understand that the Presence which is the only reality is ever-present and to begin to destroy your own walls of illusion and thus release yourself from your own prison. How can you expect to release another if you yourself are still in bondage, for you will only entice others into your own illusion which may by contrast appear freedom to others. If you look into your mind you will see that your thoughts and feelings are concerned with imitation. You have pre-formed an image of what Life should be or what Truth is, gathered through books or through the authority of another. You are thus forcing your heart and mind to reassemble that image.

Is it not true that you all have created a social structure which demands adaptation and conformity and are caught up in the net of your own creation? The social structure is the outcome of your own desires and illusions. If you believe in a preacher

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whom you think knows or has authority over you, if he creates in your mind and heart a fear then beware of him for he will destroy all understanding.

I do not tell you to follow me or obey me or that I represent the Truth or that you must become my disciple for this would create conformity and where there is conformity there can be no intelligence. Only when the mind is free from conformity or authority either of the authority of another or belief in the past or the future can the ever-present Life express Itself in you and this is the ecstasy of Truth.

Man has become a cog in a machine, because he exists without that completeness that ecstasy of living in the Presence. He is ever disciplining, controlling, suppressing and destroying his own creative understanding. Hence the utter misery and chaos in the world.

Only through the realization of the Presence in the ever-present can man be freed. Thus the work of the Sanctuary of the Silent Healing Power is the most helpful to mankind because you are the world multiplied millions of times so when you realize the Truth and discern your own illusions so you help the world. In your work you are blessed for not only are you freeing those of the earth plane but many thousands in the psychic plane.

The Blessing of the Angel of Light is upon your work of the Sanctuary of the Silent Healing Power.

BENEDICTION

We have attuned our life with Thine and now our life is a continuous inspiration. Thy fountain of Eternal Bliss intoxicates us night and day. O, how we have dissolved into Thy Presence and become Thy Presence with endless indescribable beauty and fragrance of Thy Divine Breath of Love, Wisdom and Healing ceaselessly inhaling and exhaling Thy Divine Presence.

O, Divine Nectar, Wine from Heaven, we have found Thee at last and we shall taste of Thy Sweetness for ever and ever and ever.

SO MOTE IT BE