

**Lecture 29 of 30 - A recording of a lecture given by Dr Murdo MacDonald-Bayne (21.06.1887 - 26.02.1955) at the Pretoria Women's Club (Pretoria, South Africa) on 12.12.1950 on his later book "How to Relax and Revitalize Yourself (1952)" as part of the establishment of The Sanctuary of the Silent Healing Power. The italic verbatim text is from the actual sound recording.**

### **"AWAKE THEM THAT SLEEPETH, ARISE FROM THE DEAD"**

[00.00] *"Awake them that sleepeth, arise from the dead"*

[00.07] *"Ye shall go out with joy and be led forth with peace."* – Isaiah 55: 12.

[00.16] In our relations with people and things we gain experience. This enables us to discern our actions and thoughts. One thing is certain that when we discern what we are doing we will see if we are dependent or not on people and things.

[00.40] If we are thus dependent then we will find that our minds are full of wants, hopes, desires, cravings, envy, greed etc., for this is caused through dependence upon people and things. When we are caught up in this way we only find sorrow, fear and conflict. But if we deeply discern what we are doing we can free ourselves through understanding the Real behind all people and things.

[01.21] *It is a tragedy to see so many people in the world today dependent upon things and people. Instead of dependent upon that which in Itself is the Creator of all people and things, that which is within oneself, Reality, that is the Creative Principle in God and also the creative principle in man – the same. The Father who has Life in himself grants the Son to have Life in himself.*

[02.02] *Are you not the great miracle? You are the great miracle, no one knows how you came forth, except God. God alone knows how you have come forth into this world. No one knoweth except the Father. Because no one knoweth except the Father, the Father knoweth all things in you and through you. That is why the Master always gives himself this final act. "Not my will but thy will be done."*

[02.43] *But if we are dependent upon people and things, then we are lost in the effects we see before us. You cannot depend upon any person, nor can you depend upon any thing. These things are illusive, and not only illusive but they have no power of their own, none whatsoever. "All power has been given unto me in heaven and on earth." That is the only solution when we recognise the true nature of that which is within ourselves.*

[03.26] *But we cannot realise this until we discern our minds and we see the world today, the exact copy of our own minds and actions. Look into your own mind, heart, and you will see these antagonisms, these wishes, these beliefs.*

[03.50] *We have made progress, oh yes, we have made progress, but at what a price we have made for the progress we have gathered together. Yes, of course, we have now ships in the air, our transport is moving faster and faster. Society is becoming more complex, more exploitation. We can now kill thousands and thousands of people in a few minutes. We can destroy a town in a flash of an atomic bomb. Progress, yes that is progress.*

[04.34] *Where is this progress going to lead us? Because we are dependent upon outer things, man, people and things, instead of realising the great truth of the Timeless, the Eternal – in where alone is Peace and true progress.*

[04.58] *Unity of man seems to be a difficult thing, and so far off. But that unity is now, at this very moment. We do not have to look forward to this unity and say, "the next war will bring us unity." The next one becomes a bigger war than ever and will go on still. I remember when 1914-18 war we were told that we were going to the war that was going to end all wars. Then the next came, and we said that this war was*

*going to end all wars, and we find another one staring us in the face. Each one has been worse than the one before it. Each one has been more diabolical.*

[05.46] *But you will say then, the reason for it is this, the reason for it is that, because you do not know. But if you look inside yourselves, you will see the reason for it. You will see that the mind is an exact copy of your own minds and actions. Therefore how are you going to rearrange a world that you have created. Without changing the inner, you cannot get the outer changed.*

[06.15] *Yes, you may legislate for this and that, you may change the outer for a time. But you only create more antagonism, more strife, more sorrow. Legislation won't bring you peace. Leagues of Nations will not bring you peace.*

[06.38] *Only that Peace that is already in man must come forth. So man must discern his own mind and see that which is hindering the progress of this Unity that is exactly now at this moment. The Timeless. You must get out beyond this element of time. We are living in the element of time, tomorrow, next year, and so forth and that will never come. Never!*

[07.16] *You will say then, you must discern what you are doing. You will say that it will take a long time before the people will come to realise that. I say "yes, it will take a damn sight longer, the way that we are going about it now." This starts with ourselves.*

[07.40] If we do not know the difference between the "Real," that which is the Greater within that creates, and the outer—the created, we will continue in our ignorance and add to all suffering. Paul tells us in other words things are not made out of things seen but out of that which is unseen.

[08.03] We are connected to the outer world by our brain-mind, the cerebro-spinal puts us in touch with every part of the body. This system responds to sensation such as vibration of light, sound, touch, taste, smell, hearing, feeling. Fear may arise from any of these vibrations which will cause messages to be sent all over the body causing inharmony.

[08.34] When we are aware of the Greater within, the nervous system sends constructive impulses of peace, of harmony which react upon our body causing perfect harmony, perfect health.

[08.51] *Therefore on the outer, we use our senses to get all those experiences through fear, apprehension, hope, sensation. Granted you get your experiences that way and no doubt it is necessary for you to get those experiences, because if you did not know these things, you would never know Reality. It is discerning those things properly, to see them for what they are, then it uncovers Reality. We do not create reality. You do not as a matter of fact, force Reality to come through you. Reality comes through itself of its own free will when you make a path for it, when you clear the debits away. When you wipe the mists away from the windscreens, so you will see clearly. So when you wipe the mist away from your mind, that which is Real will manifest Itself just as sure as the sun will rise tomorrow morning.*

[10.04] In this lesson I want to go into the various phases of the mind, so that we can better understand what is taking place. We already know that there is but one Mind, but in this one Mind there are many phases of action.

[10.19] The Universal Mind is the vehicle of expression through which God and man are united in action in all phases of activity.

[10.29] *Because this Universal Mind responds to God's Consciousness, as the vehicle through which Creation takes place, this Universal Mind responds to man's consciousness, so that his creation also will be created in the same way. The mode of action is the same, the only difference is in degree, because we are the individualisation of Reality, but we have never really realised this great fact. You can never know this individualisation until such time as you have cleansed the mind.*

[11.15] God created man. He also created the earth and all that is in and on it. Minerals, vegetation, trees, plants, beasts of all kinds, all are of His creation. When man fears he temporarily loses that unity which he has, and always had, through "the Word that was in the beginning" as explained in my Lesson last week.

[11.41] *"In the word that was with God, and the word that was God, and the word that was made flesh."* This is the word that God created the world through faith. The same word that Jesus used in all his so-called miracles.

[12.06] To us and to many others, these things seem a miracle, but when you understand the Master's mind, there is no longer a miracle. It is the application of the Father doing his work through the Son. Nothing more. But the Son's mind must be clear to allow the Father to do this work. Clear of what? Clear of beliefs, clear of superstitions, clear of hatreds, clear of envies, clear of dependence upon people and things. Clear of all these things completely so that the mind will be clear. Then that which is Reality Itself, manifests through it just as the sun shines in the morning. There is no clouds to hide the sun's rays in the mind of man, when he discerns his own thoughts and actions.

[13.13] I can see clearly what the Master did, when he went forty days and forty nights into the wilderness. I can see how he eliminated from his mind, all the things that were relative. Then, after he dealt with that and cleansed his mind, then the great power of the self started to rise up within him, when he recognised the tremendous power. So this self just said to him, "I will give you all that you see before you, if you go down and worship me."

[13.50] He said, "Get thee behind me Satan."

[13.52] *"You can go to the top of the temple and cast yourself down and your angel of heaven will support you, not a single scratch will you have."*

[14.05] He said, "no," although he knew he could do all these things, yet the Father was not working, that was the self. To prove certain things, you require no proof, there is no proof required. Everybody's looking for a proof but you will never get a proof, the proof is within yourselves.

[14.31] Yes, if I performed a miracle this very moment and I said, "that proves to you that such..." You will go away, you will forget all about it, but your minds will just be the same. It would not change you one iota. You would say, "yes it was wonderful." But did it change you inside? No, of course not! Never will. But the Master knew that clearly. Because I can see it myself so easily, surely the Master knew it well enough too, for he had a greater mind than mine.

[15.12] Later in this lesson I will show you how Jesus opened up to his disciples an inner realm that the greater majority of people today do not yet know or understand.

[15.22] In the one Mind there are different manifestations working, all performing their own particular tasks. All these also work in and through us. In the vegetable world there is a mental action that absorbs the necessary mineral so that the various fruits and vegetables can grow to fruition.

[15.44] These two mental activities, mineral and vegetable, exist in man under the control of his instinctive mind where all are absorbed and blended so as to keep man's body in a healthy condition.

[16.02] Here then is an instinctive principle, the minerals are absorbed into the vegetables, the vegetables and the minerals are absorbed into man's body. There is an instinctive nature through man's body that works upon these things, takes them to the various places they are required. There are millions of workers in the body, such as red corpuscles and various other carrying entities who carry these particular particles of

*food, minerals and vegetable matter to the parts of the body where it is required to make blood, to make bone, for your liver, for your heart and all the rest of the machinery. This is going on instinctively twenty-four hours a day without any termination whatsoever.*

[16.53] *But this instinctive principle goes through the whole of Nature, through your body, through mine, through the whole of animal nature. Everywhere we see the same instinctive principle. That is a plane of activity. A mental action in the one mind, creating and growing and repairing and preserving.*

[17.18] Men as well as animals are also creatures of habit, good habits and bad habits have an effect upon us, and affect our health and happiness, this we all know one way or another.

[17.34] Then we have our intellectual faculties, the intellect is filled with truth and error at the same time and it is here where we must discern what is true and what is false. The mind absorbs what it hears and what it believes. Those beliefs may have no foundation in Truth, nevertheless they create much strife when they are at variance with each other *in the mind*.

[18.05] *We will see then that these ideas you absorb in the mind. Another person will absorb certain ideas and because your ideas clash, you have then what you call it – war. There is confusion and conflict because you think that these ideas are truth. You never quarrel over the truth, you only quarrel over ideas and that is not the truth. So your mind is filled with intellectual junk and you progress. One after another you get more and more and you cast this aside and that aside and so forth. Your mind is so filled with confusion, sometimes you do not know where you are.*

[19.00] *There are so many different religions in the world, Hinduism, Mohammedism, Christian Science, Christian, so forth and all the various phases of Christianity about 250 different denominations, all on the same string, all at variance with one another, over ideas.*

[19.27] We also have our intuitional powers through which higher knowledge is acquired. Our intuition leads us into the Truth of things and there are ways and means for man to open up to this great faculty and free himself from many of the perplexities that haunt him today. It is through this faculty man gains Spiritual understanding.

[19.53] Consciousness is the directing power through all these planes of manifestation. *You will notice then there is something behind all these things, your mind absorbs something. Something is there to direct the mind to absorb it. If that which is directing the mind, is ignorant of the source of its own being, then it will cause conflict.* Therefore the Consciousness of God is involved in all these processes of the mind as the Director, and as the Consciousness unfolds so does the Consciousness become aware of which is hidden beyond what the ordinary man sees or feels.

[20.38] *When you begin to discern all the relative, the Consciousness begins to unfold and behind that then, there is a visual. A vision that comes through intuition. A faculty that no-one knows what it is except that we have it.*

[20.59] *I cannot tell you what it is but we know that we have it. We go into a state of observation, what we call Divine observation, or we call listening, in peace and in silence. Listening in the silence then pours in the great Truth. Even at this moment I am talking to you, I do not have to think what I am going to say. The words come out through my mouth, flowing out, clearly and distinctly, because I am using that instrument.*

[21.38] *But I do not know how it comes about, neither do you, only God knows, because I am the miracle. I am his miracle and He alone knows how I came forth, because He alone knows me, He works through me because I recognise only Him and no other. Neither father nor mother nor brother nor sister. I only recognise Him as the source of all things. I do not depend upon people and things because I know that He is everywhere.*

[22.24] Psychologists have divided the mind up into bits and have got horribly mixed up in the process. Ninety per cent of our mental action we perform in the inner region of the mind, and that which views the external is comparatively small when we consider the great hidden ramifications of the mind.

[22.50] So that personal consciousness on the outside we have through our senses are very, very limited. Because what do we see through the senses, only superficial. We say this glass is water, but you cannot tell me what water is. You can tell me the elements of water. You can tell me hydrogen, oxygen H<sub>2</sub>O but anybody knows that.

[23.18] We know all the chemical constituents of anything, but that is not the thing itself. There is something far behind the chemical constituents of anything. We can tell you what an atom is, but there is something behind the atom, you do not know.

[23.35] The external consciousness is like an iceberg with its crystal peak showing above the water line, yet nine-tenths of the total is underneath the water line, the crystal peak above resenting attention to its submerged self and that out of which it all arose, and into that which it will one day return, so it is with the mind of man.

[24.04] It arose out of that great ocean of mind, the Universal Mind. Just as his body has grown and rose out of that great Universal Substance, so behind it is the Universal Mind, so behind the Universal Mind is the Consciousness, the director of all things. Yes, and I will say to you, that is me, that is you.

[24.39] But you have not gained it yet because you are still fearful about certain things. You live in the future, you live in the past. You live in the memories of your past and live in the hopes of your future and you forget exactly the Ever-present now, the Timeless now, now, now.

[25.02] That which is Timeless does not live in the past, nor the future. There is no past or future in the Timeless. Timeless is Eternity. Eternal and Ever-present, always – now is the only time.

[25.25] I Am, the Spirit of God in me, is the same Spirit that manifests in the great portion of the Universe, it is Timeless. Therefore, why should I depend upon things external to myself? Why should I depend on people and things? Can't you see now the great significance of the wonderful truth the Master said, when his disciples said to him, "Rabbi, won't you have something to eat?"

[26.09] He turned to them and he said, "I have food of which you know nothing."

[26.15] They said again, "Has someone brought him something to eat that we do not know?"

[26.24] He was talking about that which I am trying to show you.

[26.30] The external consciousness then, is very limited.

[26.34] The most wonderful thing to understand is that the Universal Mind that created the individual will create for the individual just what he thinks. Although the Universal Mind will create for us just as we think It still maintains its own perfect harmony decreed by Its Divine Nature, and once we discern our own inharmonious creations we can dissolve them, yet eternal harmony remains the true nature underlying all things including man.

[27.09] What a wonderful truth this is.

[27.14] Well, you will say to yourselves, "all this time I have been so stupid that I have not seen this thing." Yet you know perfectly well it is your own mind that created these inharmonious conditions and to discern them, they will dissolve away.

[27.34] People think that the truth is so difficult. Yes, I know it is difficult. Only difficult to the mind that is crammed with stupidity. But when the mind is cleared, it is easy. There is nothing easier in the world. It Itself, Truth, is expressing Itself all the time. But you fear this, you fear that. You are hopeful for this, and you doubt this, and you doubt that. You are dependent on people, you are dependent on things, and all the rest of it. How do you think then, that that which is harmonious can express itself through your inharmonious mind?

[28.23] The majority have not yet learned to think for themselves they think in groups or collectively, consequently they may only give birth to one original idea but once in a life-time. They merely echo the thoughts of others and those are chiefly conformity, tradition, sickness, lack, disease, old age and death, the same old routine over and over again, until humanity becomes like a prisoner on a treadmill, going round and round until the consciousness begins to create a clearing by understanding and love.

[29.04] "Love the Lord thy God with all thy strength and all thy heart, with all thy mind and love thy neighbour as thyself."

[29.16] What a pity! But the world is so stupid and so blind. No wonder the Master wept when he saw the ignorance of the people. He was not weeping because Lazarus was dead, because he knew Lazarus was alive. He knew there was no such thing as death, because he was Life himself. I am life, you are life. Let the dead bury the dead.

[29.48] "Awake them that sleepeth." For their minds are asleep, crammed with foolishness and stupidity, they are dead. That is why the Master said, "let the dead bury the dead, thou believe in death, let them bury the dead. My Father is the Father of the Living, not of the dead."

[30.16] You and I are the expression of the Consciousness of the great Supreme. We have passed many stages and will pass many more as we unfold more and more of the glory that is ours from the beginning.

[30.31] The Universal Mind Itself contains the essence of the great evolutionary process and contains all that which has yet to be unfolded, waiting to spring forth in our consciousness when we are ready, and as humanity as a whole makes progress these faculties will manifest through the race. Yet there are those of the vanguard out in front.

[31.01] So I say now, it is you who are now learning the deeper truths of this. Not those who are always seeking the truth to obtain something outside themselves; seeking the truth to obtain health, seeking the truth to obtain money, wealth, position. Well, I do not want anybody that is that. Let them go to people who preach that nonsense. I do not want any student of mine to want the truth for anything but the truth itself, because if you do, the truth you have is false.

[31.46] "Seek ye first the Kingdom of God and the right use of that Kingdom and all shall be added unto you." First you must find the Kingdom of Heaven. The Kingdom of Heaven is within us.

[32.06] We as a whole look back in disgust at the injustice done to our brothers and sisters who were accused and persecuted for Spiritual gifts; the Master himself, the greatest example of this suffering. There must nevertheless always be pioneers in the van of progress and you and I are in that line of progress although you may not realise it.

[32.31] Man's body is built up of minute cells, the Instinctive Mind builds into these cells the necessary mineral, vegetable and protein substance taken from the food we eat and that which we drink. Here we have the mineral, vegetable and animal mental principles working through us all under Consciousness, building and repairing our bodies under the direction of the Instinctive Principle within the one Mind.

[33.06] The Instinctive Principle controls and directs the functions of our bodies, it has great experience behind it, yes, back through the ages all the natural reproduction of the species, appetites, desires, feelings and emotions belonging to the process of evolution. Hate, anger, envy, jealousy and all these things belong to our primitive nature that has not yet been sublimated, through understanding.

[33.38] I am going to draw you a few lines now. We will assume that this is the Universal Mind. A very poor simile because the Universal Mind includes everything and, in fact, it includes all space, even boundless space. It goes beyond, there is nowhere in the Universe where it is not. It includes; planets, stars, everything you can think of. Nothing can exist outside it. It must all exist in the Universal Mind and all these processes of activity in you, also live in the Universal Mind.

[34.14] This is a plane, we will call it, a Mineral plane, we will make this no. 1 for instance.

[34.25] We will say this is the Vegetable plane, we will call that no. 2.

[34.31] We will say this is the Instinctive plane, we will call it 3, the Instinctive mind, this is the Animal mind. You are all refined animals, every one of you. Yes, you have got animal tissue in you. Your bodies are made up of that tissue.

[34.54] Then comes the 4 th one, we will call it the Habit mind.

[35.00] Then we will have another one here and we will call that 5, and we will call it Intellectual.

[35.07] Then we will have then Intuitional, we will call this 6.

[35.15] Above that again, there is a greater one of all which is – Spiritual, we will call it 7. The seventh plane of mind in man. The seven planes of mind that are in man.

[35.32] Man's consciousness is in Spirit all the time manifesting through all these planes of manifestation.

[35.41] Now we will see what takes place.

[35.45] The vegetable becomes active, it is planted in the ground, it absorbs all the mineral into it. The various minerals that is required, flows into the vegetable. The vegetable takes on whatever species it takes, whether it is a turnip or a carrot or whatever the case may be, it attracts the various minerals into it so that it grows. These minerals and the vegetable matter is absorbed into the animal tissue.

[36.16] The animal tissue absorbs the mineral and the vegetable into the animal tissue. It is controlled by the Instinctive principle, that Intelligence that works through the whole of your body that knows where to take it.

[36.29] If you have a bone structure that requires calcium, it will take the calcium out of your food, it will take it to the bone where it is required. If it is the soft tissue, it will take sodium there. If it is the blood, if it wants iron, it will take the iron there. If it is the nerves, it will take magnesium and also potassium. It will take these minerals into your nerves.

[36.58] If it is from the bone structure on the outside, calcium chlorine, it will take that to the outside and build the hard tissue of your teeth and your bones.

[37.08] If it is mucous membrane, it will take sodium phosphate and sodium chloride into the tissue and that then helps keep the tissue healthy. All these things are done by this Instinctive principle known as the Instinctive mind.

[37.25] This is your animal body, it acts automatically. It is an automatic machine. Nature takes care of it.

[37.36] Now comes the trouble, here is the troublemaker – habit. If you perform a habit once or twice, three or four times, it becomes a habit. If it is a bad habit, then it affects the whole of that structure. Good habits will entice and encourage the Instinctive mind to become active according to Nature. When you learn Nature's Laws, then you abide by Nature's Laws. When you create bad habits and you find that your body then takes on the habit, the habit controls it.

[38.19] Then comes the Intellectual portion of our mind, what we think. On this side we have the five senses, through the intellect. We take from what we read, what we think, what we feel, what you believe. It goes into this Intellectual mind, underneath what we call the subconscious part, this Intellectual mind, where all your memories are. So it is continually changing, absorbing, and throwing out. Then you have confusion, error and truth side by side. Confusion of the five senses. Confusion of the intellect. If you live in the intellect alone, then you are sure to be confused. That is why nearly all intellectual people who have not a modicum of the truth, are very sick. There is always something wrong with them.

[39.20] But when you get the Lord of the Truth, then this comes into operation – intuition. Intuitive faculty is something above the personal consciousness of the five senses. You obtain this from above because the Consciousness is flowing all through those particular centres all the time. The Consciousness becomes aware then of things above the senses and by doing so the Consciousness becomes aware – aware – and if it becomes aware it changes all this down below. It says, "you stupid ass, you know perfectly well what you're thinking is confusion. It's not true. It's only temporary. You learnt it from books."

[40.16] So then comes the Higher of all things. Here then in Spirit, is the Christ. Here is the Consciousness. In the complete Christ it flows through every human soul, through the whole Universe. The Christ Principle – God, the highest Principle there is, it is where the Consciousness dwells and there are you in the centre. That is the cross, the complete thing where the Consciousness of the Christ comes in through the Intuition faculty, through the Intellectual faculty, down through the Habit mind, through the Instinctive mind. Everything is clarified, everything is brought into operation. The very Divine Nature then changes, the outer changes, the inner. Jesus knew it when he said, "yes, it will come," he says, "when the inner becomes the outer, and the outer becomes the inner."

[41.40] So we see then the Instinctive Principle instructs the bee to store its honey, the birds to build their nest; the mother to care for her young. It is also the Principle that is influenced by suggestion etc.

[41.52] The Habit Principle is that which lies between the Intellectual and the Instinctive. It is that portion of the mind that automatically performs any act which has been repeated so often that the mind knows how to carry it on under consciousness. The playing of an instrument, typewriting etc., etc., there are hundreds of examples you all know of. The habit mind looks after that.

[42.15] The Habit Principle is upset when you do things differently to the habitual way of doing them, how you put on your coat etc. Habit mind also causes trouble when a wrong habit is established, smoking, drinking etc., are just a few of many examples.

[42.35] It is the most funniest thing in the world, to try and put your coat on, opposite to the way that you regularly do it every morning. Try it out and see. You will find how you fumble and fumble to get your coat on. Why? Because the habit mind is disturbed.

[42.55] We then have the intellectual or reasoning part of our mind. This part absorbs what we learn about things and stores it away for use until required. What we read, study etc., whether it be true or not, even beliefs etc., are held in this part of the mind.

[43.12] The greater part of our reasoning is done underneath the conscious realm. All the facts right or wrong are stored there, that is why opinions are often erroneous because of the material we absorb. Truth and falsehood exist side by side.

[43.31] *I will have more to say about this in the next lecture.*

[43.36] Genius dwells in our Intuitive Power, this function of the mind can be called superconscious or above the consciousness of man's natural life, our intuition comes from this part *above the senses*. It is the wonderful region where genius dwells.

[44.00] All prophets, writers, poets, have felt that their power comes from some higher Source, where all Truth, all Knowledge is locked up waiting for man to *be opened up to It*.

[44.14] It is the Voice of the Divine Spirit piercing the sheaths down into man's consciousness, and as man looks up he begins to hear the Voice of the Spirit and It gets stronger and stronger as we begin to understand the Master's words, "the Kingdom of Heaven is within you."

[44.39] Jesus opened a new world to his disciples, Peter, James and John when he took them up the mountain to pray. They all sat together for a while listening in earnest to the Master explaining that the veil that separates the visible from the invisible is but an ether veil and for those who will purify their hearts through faith the veil is rent and then it is seen that death is but an illusion, and you will see the Life that never *fades away*.

[45.18] *How wonderful this great truth is. How few of us realise it.*

[45.27] Jesus prayed, and as he did his form became radiant, his face shone like the sun and his garments whiter than the driven snow, the son of man became the Son of God. This was the transfiguration so that his disciples could see the possibilities of all mankind.

[45.55] *Here was the great Mind. The great Consciousness of Peace, waiting to come into the lives of everyone in the Universe in this world today. Waiting to come into the lives of every person living today. But the door is closed fast against it. Why? Because of people's senselessness, because of their stupidity. Because they will not discern where they are going or what they are doing, and will leave the reformation of the world to some other individuals who know less than ourselves so that we carry on doing the same old stupid things.*

[46.52] *Yes, we are making progress all right, but what a price we are paying for it. Why? Because we are progressing on the outside without the Spiritual progression that is necessary as the only power to harmonise man's actions, to bring peace to the external.*

[47.23] *Yes, see the masses. Look at them and you will see how stupid they are. Look into your own minds and you will see how stupid you are too. To see that we ourselves will condone all these things that are taking place.*

[47.49] At first the Power put the disciples to sleep so that the Master touched their eyes and said, "Awake and see the glory of the Lord." They also saw the glory of the heavenly world for they beheld two men shining forth beside the Master. Peter asked, "Master, who are these two men who stand in our midst?" And the Master answered, "These are Moses and Elijah who come that you may know that heaven and earth are one." And Peter said, "Praise God, this is the gate of heaven."

[48.33] *Yet the disciples did not know, yet they had not seen, nor heard the great things that the Christ knew.*

[48.51] But Jesus knew and must have known Moses and Elijah. This was 2000 years after Moses and Elijah had departed from the earth. But they still existed there.

[49.11] The disciples yet did not fully comprehend for Peter said, "May we go down and bring three tents, one for you, one for Moses and one for Elijah?" The Master answered, "No." Then Moses and Elijah talked with the Master about his forthcoming trial, about the wonders of the resurrection morn, the transmutation of his flesh and his ascension in the clouds.

[49.37] These were Spiritual things that come from the Spiritual World, which we all live in now, this very moment. Don't you see then that the very Christ, that is the Christ of God existing in you, is the Consciousness that is functioning, is blinded, and hindered by all this. Nevertheless, when we recognise this and this was the thing that Jesus saw, the self, that was Satan.

[50.16] He said, "Get ye behind me Satan." "I am not of this world. I am of a greater World." There his Consciousness was and so are yours and mine. It is the individualisation of the Consciousness of God – the Christ, the only begotten Son of God, in the world.

[50.40] All this was symbolic of the way everyone must tread, symbolic of the way the sons and daughters of man become sons and daughters of God. And out of the ether a Voice spoke, "Let all the earth hear so that the Christ shall be revealed to all souls on earth." When the disciples heard the voice they were afraid. Jesus then spoke to them, "Fear not for I am here." When they looked again Moses and Elijah had gone. When they came down they talked about the scene. But Jesus forbids them to tell anyone until he had ascended.

[51.37] Here is a wonderful story. It leads us into a greater understanding that what existed on Mt. Sinai, exists at this very moment. There is no change in the Timeless. Timeless does not change. We can change our character, we can modify it, we can mould it. But that does not change the inner which we have to change ourselves. Although we can modify our character, change our character, we can discern that which is good or which is not good, whatever the case may be. But unless we discern what we are thinking and unless we know what we are doing, we will never change the inner and we will never change the outer.

[52.40] So it is not character that is going to give us freedom and peace, but understanding and Love, because these two are the two pillars upon which man is built, the Love of God and the understanding of man. These two pillars and unless we understand them, unite them in ourselves as one, we will still go on adding to the misery of the world. It is miserable enough all ready, without us adding any more to it.

[53.33] Can this catastrophe be averted and be turned aside? Yes, only if man's mind will change. Only through man himself.

[53.55] I am not afraid. A lot of people are afraid. They fear this and they fear that. They think about what might happen.

[54.09] Yes, we have dominated the world too long. We have created an opposition that is destroying ourselves. Immediately we create anything that dominates, we create an opposition that is sure going to destroy that domination we have created, and with it we are destroyed.

[54.32] I say definitely that the white races have dominated the world too long. They have created an opposition that is ready to destroy the white people and I say, "yet the white people have a power that can direct and raise the standard, that their minds can lift into a Higher source – Truth, and lead the world to peace and harmony." Will you do it? Is the white races capable of doing it? I say, yes.

[55.15] BENEDICTION

O Cosmic Life, Thou art one only. Thou hast expressed Thyself through Moses and the prophets, through Jesus and through us all. We are all one.

Thou art the Ocean of Life, we are the drops, one and the same. Thou art the Father-Mother, we are Thy children, we exist in Thee forever.

Thou art the Lover we are the Loved for we are one.

Thou art the music, we are the rhythm, we can never be separated.

Thou art the Eternal, we are in Eternity, O Beloved Cosmic Life.