

Lecture 1 (5th February 1952)

I SAY TO YOU DO NOT WORRY FOR YOUR LIFE

by

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[00.00]* "I say to you do not worry for your life, what you will eat, and what you will drink, nor for your body, what you will wear. Behold, is not life much more important than food and the body than clothing?" Matthew 6: 25 (Aramaic version.)[1]

[00.29] There is nothing more ignorant than a rigid mind with fixed ideas, a mind that says it is rubbish because it cannot understand. Most minds are filled with the ideas of others and are incapable of thinking for themselves, an understanding mind is one that is pliable, for without pliability of mind there can be no understanding.

[01.01] *If then the mind has a fixed idea and says this is truth, well it is not truth because Truth is not an idea. But when the mind is pliable it is able to open and receive according to the state of consciousness of the individual.*

[01.28] *As the consciousness unfolds or expands, so is the consciousness able to receive more and more of the Truth. But while the consciousness is closed to the Truth, that is to say, has fixed ideas in the mind which are immovable, then there can be no truth whatsoever because Truth is continually unfolding the mind of the individual. The individual is continually discerning more and more of the relative Universe, that which is external to himself. Yet that which is within him, that Unknowable, Eternal thing, remains the same always and that will always be discerning, always will be knowing the external Universe, even knowing the planets and the stars and the movements of the heavens and the angelic world and the great Artificers of the Universe, that Unknowable thing will be discerning all these things and will know them all as things external to himself or herself. Yet it will be that Unknowable that will always remain – Unknowable. Even the great archangels in heaven are the same because they are experiencing the same thing that you are doing, according to the consciousness, the unfoldment then of the mind. So before unfoldment of the individual consciousness of man, so can the consciousness of man discern all that the Universe is made up from. And how it is made up? The "how" is easily understood, but the "why" remains eternal in that Unknowable.*

[03.52] And you will know then that that Unknowable is yourself, your Real Self, there can be none other because it is you that is continually discerning things external to the self, but that which is discerning, will always remain Unknowable. That is the Real Self, that is me, that is you. Therefore you do not know what It is, but you know that it Is.

[04.29] Truth-freedom is always unfolding the consciousness that is aware of itself as the creator of thought, also the creator of conditions, and the moving power in human nature. But as man unfolds, his consciousness reveals a Divine nature that is eternal and perfect and knows nothing of death, sickness or health, success or failure.

[05.02] *It knows nothing of these because these belong to the mind which is double.*

[05.12] Consciousness is an awareness of "Being." When you look with your physical eyes you see an outside world, you are aware of your own physical body. When you close your eyes you do not see the physical world around you, but you can hear all the sounds of life. Still you are aware of "Being."

[05.39] *This is the great thing that is so essential in your lives.*

[05.47] *You can become aware of everything that is external to yourself, but you must also become aware of something that is Unknowable, that which always recedes when you want to discern it or analyze it. And to prove it is true what I am telling you, you can try analyzing this self of yours, what we call, the Real self, analyzing that which is thinking and analyzing that which is discerning. And you will see that what you are discerning is always external to that which is analyzing. And that which is analyzing defies analysis because it always is analyzing and yet it cannot be analyzed. It is an awareness of this Eternal and wonderful expansion of Life that fills the whole Universe.*

[07.03] *In fact, we know perfectly well, that ether which is a primordial substance of all matter, in which all matter is built and all forms are built. The very ether, which we call the ether of space, fills all space. Ether is a conductor of all force, thought, electromagnetic impulses, radio, everything. This ether is a conductor of all energy, and physical life too. It is a conductor of your own thoughts. It fills all space between the atoms. It is a conductor of the very force that joins the electron to the atom. It is the conductor of the "etherons." (I coined that name just because I know that there is an ether which we will eventually find out.) We know from the Master's point of view and the study in the Himalayas, that there is what we call etherons.*

[08.16] *Etheron is a finer form of atomic structure which is in the ether. It becomes the blueprint of the image or form to be created on the physical. Therefore, these etherons become, what we call, condensed and then they bring into (being) the atoms. The atoms we know of that is the basis of all matter in your physical bodies. Then, through the atoms, there is*

what we call a materialisation of these atoms, being reduced in vibration, which becomes a form visible to the physical eye. And thought is the cause of it all. The thought that is emanating from the mind of the Infinite, the Consciousness of God, always forming, creating in that Consciousness. And that Consciousness out-picturing through the rays of light and sound, a form visible to the physical eye.

[09.29] *You have within you that very power and that is the Power of the Christ. I can see his power is so wonderful. I can understand his great wonderful feats, because he knew the power that set thought in motion. He knew perfectly well that he and the Father was one and this Unknowable Power that created the whole Universe, was responsible for his own thinking and projection of his own thoughts to any part of the world he wanted to at the very moment this shall be, and it is so.*

[10.07] *If we could only understand a little bit more how wonderful it would be, yet we will come to that sooner or later, for there is so much to discuss in this lecture that to go into these various things just now, would be taking us off the lecture for tonight.*

[10.30] *With continual concentration on the inner senses you can become completely unconscious of the outer world and become conscious of another world inside, but you are still aware of "Being." Consciousness naturally permeates all states but goes beyond into this state when consciousness becomes aware of Itself and nothing else. That is a state where everything is discerned in the mind, all images, all ideas in the mind have been discerned, and there is a quietness and peace comes. All thoughts, all emotions, all effects, all reactions have been discerned. You have seen them as things external to yourself, then there is a quietness that comes into the mind, the Masters call "sumhali," [3] where the Consciousness becomes aware of Itself, not what It is, but aware that it Is. Then there is a resting period, a period of rest, but soon the consciousness becomes active – there is stirring then of the Consciousness within the consciousness. And in that stirring of the Consciousness within this consciousness there is an eagerness that comes, that cannot be stopped, then the real work begins – your work in the world.*

[12.20] *Remember that this band of people here, can by this knowledge that we have to send waves of impulses of thought into the ether. And these impulses into the ether are similar to what you radio out in the radio station. And you can hear a broadcast in any part of the world at the same time, not only upon earth but up in the stratosphere as well, showing that these impulses are moving throughout all of the ether and the ether is being magnetized by them. And anyone who tunes into the wavelength can receive. So it is with thought.*

[13.22] *Our thought is similar. We have the instrument not only of receiving, but of projecting. When you begin to receive, you want to listen, what do you do? You bend your head slowly, quietly. What does that do? It sets your pineal gland in operation, as a receiver, vibrations which then come into the mind, and are interpreted in the mind. Then you begin to know and feel the vibrations, the thought comes into your consciousness and you become aware of it. But when you want to project a thought, what do you do? You stand forward and from this point you direct your power. You direct your thought, it flows from the pituitary, which you have both for receiving and projecting set within ourselves.*

[14.33] *These lessons have not been yet known to physical science of what the real value is. They also contend that there are certain forms of growth and so forth that come from these glands, which is true.*

[14.52] *The pituitary gland when it is in anyway compressed and sometimes stilted in its form, we find the growth of the individual is stilted, it is a form of projection. But in the ordinary way man has a receiving and projecting set and as we think and as we send our thoughts into the atmosphere, so they go out in ever-widening circles, magnetizing the ether, and awaiting for a resting place. The resting place is mankind. Therefore what kind of thoughts are you sending out into the world; thoughts of hate, envy, jealousy, antagonisms? Or the great thought of Love, that magnetizes the physical body, makes the world environment sort of attractive. Sends that very power away into the ether, and then returns, back to the sender.*

[16.08] *Imagine then, what Jesus knew, just think what he knew. From these few words I have told you now, you will realize the importance of what I am going to tell you.*

[16.30] *There are subtle states of mind that one is not physically aware of. You digest your food without knowing it, inhale and exhale the Life-giving forces that keep your body alive, pump your blood to the remotest parts of the body, eliminate the impurities from your body and maintain an even temperature winter and summer by a form of internal adjustment. Who is it that maintains your bodily health so that you can express yourself in the body?*

[17.07] *You will say that you do not do all this consciously but there is no one outside the body doing it. All these amazing things are done for you. And you must admit that [4] there is no one **outside** the body doing it, there must be someone **inside** the, body doing it. And if you then realize the great importance of what I have said to you, that this Unknowable – unknown quantity, which is the Creative Power in everything, in there is the Power. There is no machine created that can match this wonderful mechanism that underlies the human organism. Since all machines, even the most intricate, are the creation of the human mind we must realize that the created can never match its creator.*

[18.10] *As we begin to understand we will realise that the subconscious is the same consciousness that is underneath. That the sub-consciousness and the consciousness is the same, one is external and the other is internal, one is in the outer and the other is in the inner. Thus we are in constant touch with a source of inspiration, genius, intuition, and a limitless source of Love, Wisdom and Power.*

[18.44] But if you are caught up in ideas, images, beliefs, tradition, the consciousness is bound up in them and there is no longer any freedom, because you act and think in accordance with what you believe. Therefore anything that is fixed in the mind is binding, a prison in which we live. We may change our ideas, our beliefs but this is only substituting one prison for another.

[19.17] To free our consciousness, there must be a true discernment and understanding of what is in the mind. We must know that ideas are just ideas, we must know what our images are and how they came about. *(Now listen, because this is most important. If you do not do this, your mind cannot be free or have that freedom to expand, to take in the expansion of the Universe. The person who says it does not exist because he cannot understand, is an ass. Because he will not take the trouble to think, because his mind is fixed with fixed ideas.)* Therefore we must know that ideas are just ideas. We must know what our images are and how they come about. We must know and discern our beliefs and why we believe as we do.

[20.35] Ask yourself these questions. Because unless you do that, you just believe, but you do not know why you believe. You do not know what your images are and how they came about, therefore you live in a world of confusion. Your thoughts then, must be confusion, and you are sending out continuous, wave after wave, of thought impulses, into the ether, that is causing confusion in the world. Are you adding then to the confusion of the world? Or are you adding thoughts of harmony, peace and love into this great ether ocean in which everything exists?

[21.25] We must understand what rituals are. Why do you repeat those things you say from a ritual point of view? Why do you make affirmations? You must also understand what rituals are, what tradition is. Do you just follow tradition or have you examined the fact what tradition is? I am not going to tell you that because unless you find it out for yourself, I am not going to answer for you, you find you add the sum for yourselves and you put the answer to it. If I add up your sum and put the answer to it, you will know nothing, but if you do as I say, you will know what tradition is, you will know what your images are, you will know what your ideas are, you will also know what your beliefs are and why you believe as you do. Then we will see that these things have nothing to do with Truth-Freedom but only limit the person that is caught up in them. Even the idea of Reality is not Reality. If we are not aware of our own conditioning we will never free ourselves from it.

[22.45] Most people are unaware of "Being" the proof is in the multitudes that float in the sea of ignorance, tossed by every whim, idea or emotion and are drowned in their effects. They rush here and there to find health and happiness. The one cry is, "how can I change my environment, how can I demonstrate health, wealth, success, how can I obtain the key that opens the door, to all these things?" So they rush here and there to those who claim that they can teach them. All they do is to put them on a rudderless boat still subject to the storms and waves on the sea of ignorance.

[23.36] *That is exactly what they do. They give you no key whatsoever, because they do not know the key themselves.*

[23.50] Is it not so that all these people speak of God as separate and distinct, they make their God relative, something apart from themselves? *And they do the same to you too, and by doing so they separate you from the very Creative Power that is within you.*

[24.17] Now, matter cannot say, "I suffer, I die, I am sick, I am well, I am a failure, I am a success." It is the "individual consciousness" that is caught up in these things, **this is the error**, being unaware of "Being." So to the individual consciousness sin, suffering, death are real. But to the true sense (call it immortal or Divine, the name does not matter) there is no sense of error, *and* no error of sense, therefore It has no destructive element in It.

[25.11] *Therefore sin or death does not really exist except in the physical consciousness, it cannot exist in that "Unknowable," it cannot exist in that Infinite Mind, it cannot exist in Reality, it exists only in the individual mind.*

[25.35] *But, what do we find? Naturally, when we examine the mind, we find that the mind is double that there are always images in the mind and there are always twin images. There is always good and evil together, health and ill-health, all these things, success and failure, are tied together. When one is up, the other is down, so forth. Faith and fear, one is up, the other is down and when the other comes up, the other is down. They are both on the same yardstick, they both go through one another, therefore you cannot get rid of the negative by trying to put the positive in its place because it will not go.*

[26.23] *How are you going to get rid of all these things then from the mind? You go to any assembly anywhere and the first thing you hear is about sin and death and the devil and hell and all the rest of these wonderful places that people go into. And you come away wondering what it is all about.*

[26.47] *You never hear anything of the Christ, the Real Living Christ, that is Living within you, that is the only begotten son of the Father, that is Love Itself. Love giving expression to Itself, with goodwill to all men.*

[27.13] *The Christ is the only begotten Son of the Father, that existed in the beginning, because he was with God. He was the word that was with God and God was that word, and that word was made manifest. That same Christ in the beginning, is in you and me, that is the Eternalness of our Creativeness.*

[27.45] *If you are shown these things (children **should** be shown these things from the time they were born), then there shall be no fear in the world. Fear is being built into the child's mind from the very time he is born into his life. The "fear" of sin, the "fear" of death, and everything is "fear." There is always a conditioning. If you do this – this will happen, if you do not do that – that will happen, so that all the time they are conditioned in their lives, looking for these*

conditions. *They are hypnotized from the time they are born to the time they die. Therefore it is true what the Master said, "you die in your ignorance."*

[28.34] If truth and error commingle they produce health and sickness, good and evil, life and death, then who can say whether truth or error is the greater?

[28.48] *Can you, when they are both side by side? Can you tell me which is the greater? Sickness or health, success or failure, good or evil? You cannot tell me which is greater than the other.*

[29.11] The power to see and hear does not originate in matter, they originate in mind, otherwise there *could* be no understanding of *what you hear and see*. It is the soul that perceives, the body is but an instrument that the soul uses for its own self-expression. If the soul is unaware of Being then it is caught up in the error that the body that is subject to all manner of conditions and that the mind has no say in the matter.

[29.48] We call the body material but science has proved that the body is mind in formation and the directing power behind this formation is the consciousness.

[30.03] *I would like to go into a discourse of showing you how the body is built. I am closing my eyes and seeing these various conditions of ether coming into form and the body being created. And that same body always returns to the substance from which it came. You cannot take anything outside the Universe nor can you add one iota to it, it is complete in itself.*

[30.36] The human mind makes all things start from the lowest instead *from* the highest. Suppose now we reverse the process and see the formation from the source of all things, that perfect Divine Consciousness that knows no duality. So in tracing them we constantly ascend in "Infinite Being" where there can be no separation, no error, no duality. The physical consciousness, ("*the illusive one*") the cause of error, then dissolves away and the consciousness of Reality takes its place. *The time is coming yet in this world when this physical consciousness, this consciousness of error, will pass away when the Christ completely fills the individual mind. (He who seeks to save his life in the body will lose it, but he who gives up his life will retain it.)*

[31.54] *Everybody's trying to save their life in the body. They are always worrying about when they are going to die or so forth or what they have got is going to kill them. They are continually wondering when they are going to die and how they are going to die, whether they will die in Africa, or India or anywhere else, and they do not want to die in this place, they want to die somewhere else. So they go on continually in this state of upheaval all the time. And what is happening to their body? The very thoughts created disintegrate the very atoms of the body and cause all, but if you tell them these things they just look at you in wonderment. It is so wonderful they cannot really grasp it. So everybody's killing themselves one way or another.*

[32.45] *But if you do not care that you want to save your life in the body, it does not matter, you retain it and the less you care about it, the better it is. Sure it is.*

[33.02] *Now, you know very well that in June this year, I will be entering in my 75th year, [5] but I'm as good as any person at 35... Just come up and try me and see!... No, the less you worry about your life which is so true, but you do not realize the Master's word, you take them, you read them and you say, "well I don't understand it," and you pass it by. You make no effort to fathom the words, the meaning of the words.*

[33.40] When the physical consciousness gives up the delusion that there is more than one mind, more than one God, then man in God's likeness will appear. The eternal man must include all the attributes of that likeness, having dominion over all things as natural and not supernatural as we are asked to believe.

[34.09] *There is no such thing as supernatural, everything is natural. Supernatural is supposed to be something that somebody else has and nobody else has got. You see?*

[34.24] Jesus never claimed any supernatural powers, all his powers were natural and these are natural in us also. "These things I do even greater things shall you do if you will but believe (if you will even understand "Me")."

[34.50] The physical consciousness must free itself from the bondage of a material existence; then the Spiritual (*the Eternal Existence*) or Divine principle dawns upon our consciousness, thus we will have our Immortal Birth that nothing can shake. *That Immortal Birth comes to you now, and that is what Jesus meant when he said, clearly and distinctly, "unless you are born again, this time of Spirit and water, you shall never enter the Kingdom of God."*

[35.29] *What did he mean by that? He meant clearly this, that in form there is separation and distinction but water was the name they gave to that primordial substance that permeated the whole Universe, that pliable substance out of which everything came and everything existed in. Therefore it was Spirit and ether, nothing more than that, the Consciousness of God and the body of God, the one in all and all in one.*

[36.06] *We will say with understanding, "I and the Father are one." Can you realize the meaning of this saying fully? Think deeply upon it. When this is understood the earth will be transformed and the darkness of the error of separation shall pass away.*

[36.27] Man will then understand that not a blade of grass not a flower or tree or a bud blooms by its own volition, man will see that there is nothing on earth that has not its source in the Infinite "One."

[36.46] We should no longer ask the question, is it our lungs, is it our heart, is it our liver etc.? We will understand that we are immortal Spirit, we are no longer mute before ignorance, neither will we mingle

with error but will cast it out by the truth of our immortality. *But you must find that Immortal Birth first. Then these things come naturally to you.*

[37.21] *Jesus was seeing clearly and distinctly, how this great Birth, (this new Birth) of Spirit and water; doing away with all the organs and the physical separation of organs in the body, doing away with the form itself as something separate and distinct, but seeing the Spirit and the Perfect Substance out of which everything is created. These were the two things he saw what must be established in the Consciousness of man, then all these other things will pass away.*

[38.04] *I can understand his mind so well, I can see clearly his meanings, and when I think of him sending his thought at that moment, such and such is the case, such and such is the case, so it is. "I and the Father are one." There is so much in that saying. As your consciousness unfolds, so you see greater and greater vistas of it. MUsik*

[38.39] *You can only take according to your capacity to receive. As your consciousness unfolds, so your capacity to receive more is given to you. Do not allow then your consciousness to be strung up in small little things that hold your consciousness continually in the relative all the time. If you do, it will be useless for you in the future to try and ever reach that state, where Jesus said, that Immortal State, "when you are born again, this time of Spirit and water."*

[39.36] *We will then understand our psychological cravings, our demands, our conflicts, we will transcend our inner passions, our inner fears, our envies. We will no longer determine to possess much or possess little, we will eliminate intelligently these demands, to find that we have everything.*

[40.01] *There is no difference between trying to possess much and possess little. One will go to a mountain top and sit for years, and give away everything, he wants little, takes little. Another wants to possess. Both are in the same boat. One is in the one yardstick and the other, the other. Both are foolish. They have not yet reached that state of true understanding.*

[40.37] *We will no longer seek power nor will we be self-assertive, for there will be a peace that passes all understanding, we will have found the source of our Creative Reality, "Being" not becoming, but Being. Try to understand this fully.*

[41.01] *When we live in the Ever-present Being, we are no longer in want. There is no seeking for little, no seeking for much. As I said before, you take no heed of your life in the body because it is Eternal. He who seeks to save his life in the body, will lose it, but he who gives up his life will retain it. He who worries about his life will lose it much quicker than the person who does not worry about it at all.*

[41.48] *We will no longer be seeking security, for in the mind that is always seeking security there is fear. Is that not so? And if you seek security on one hand and you are fearful on the other, what happens to you, is that not a mind in confusion? What you send out comes back. The very basis of our security is not in seeking but in knowing. The highest form of our thinking-feeling is knowing, not in positive aggression but in Divine comprehension, in this is the basis of our security. A wonderful Truth!*

[42.45] *When we grapple with the problems of mass murder, hunger and destruction on their own level, we only create further misery and catastrophe for we will then only be concerned with reorganisation of greed, ill-will, and ignorance and there will be no end to confusion and antagonism. Neither does it help us to rebel against these conditions. Neither can freedom come through trying to escape from them, for there is no escape except through understanding.*

[43.26] *The error is in the belief that material means will eliminate material suffering. And it cannot be done, but it is the error that is existing in the human mind today, and we have got to see that it is clear, otherwise we will still continue doing the same thing, all the time. Remember our "will to do is not wisdom." If physical consciousness is not aware of its own creation it can never alleviate its own suffering. Evil is not a power, it is an illusion of the senses and soon betrays its own weakness. It has no existence in the source of man, and when this is realized it will fall away because it is the mockery of man.*

[44.25] *And it mocks him at every turn. It says believe that I exist, believe that I am power, and that is the very thing that it wants you to believe in, to accept that it has power.*

[44.42] *Jesus said, "resist not evil; return good for evil." Does it not say in parables, "he who returns evil for good, evil shall not depart from his house." Therefore I say to you this, clearly and distinctly, get behind the mind, see it and understand it.*

[45.11] *I have said in other words if we seek an escape from our selfconditioning by believing that we are one with God this will just be an idea we bring into our conditioning. For we are still caught up in our conditioning, there can be no freedom through the mere idea that you are one with God. Freedom comes only when we discern all that is conditioning us. All that is preventing the expression of this Power, this Unknowable thing that is Creative throughout the whole Universe and creative in man. Then we will understand the meaning of freedom.*

[45.59] *Can you understand freedom if you are conditioned? If you do not know what is conditioning you, how can you eliminate your conditioning?*

[46.11] *So we see clearly that if the reformer or the contributor to the solution of the world's problems which are his own has not radically transformed himself, if he has not the inner realization of true values then what he contributes will only add to further conflict and misery. And that is what is happening throughout the world today and you see it with your own eyes.*

[46.48] *I am giving you facts that I want you to read carefully, I want you to study them, I want you to see how true they are, I want you to see the depths of them.*

[47.07] He or she who is eager to transform the world must first understand him or herself, for are we not the world? Have we not made the world what it is? The present misery and degradation of man is brought about by man himself. If he merely plans to reform, the pattern of conflict without understanding himself he will only increase ignorance and sorrow.

[47.38] *And we have all those reformers, or so-called reformers today. We have them in the backblocks, we have missionaries here and there, and all the rest of it. And we have sometimes caused more trouble by changing the religion of one person into another religion and then by not following the footsteps of the creator of that religion, they lose the respect of those who they try to change their religion.*

[48.11] *The ignorant person who is taught the life of Christ, who is taught kindness, and love and so forth, but when they see antagonism, strife and cruelty and greed from those who teach this so-called religion, they lose faith. No wonder then, the heathen's better off without a religion if he is not shown the proper way by those who must go the way themselves in love, kindness, compassion. These are the things that are essential in our lives.*

[49.00] *And as sure as you are alive at this moment, I tell you a Truth, that whenever one section of the people is dominated, those who create that domination are creating the means for their own destruction.*

[49.21] *Look throughout the whole world and history will tell you that, it is a law, an infallible law, but man has not yet seen it. Mark my words! It may come in your time and it may not, but as sure as you are alive, all these races who have been dominated are beginning to rise to the surface. And when they find their freedom and they come together throughout the whole of the world, and the world is teeming with them, billions and billions of them, there will be very little hope for their previous masters.*

[50.12] *I remember when I was in the East long ago, many years ago, I knew the Arabs, I knew the Indians, and I was in the Secret Service at that time. And I know perfectly well how the Arabs used to respect us, then gradually this respect turned into disrespect and so it was in India, the same thing, because they were once cowed and dominated, and immediately they found they threw off their domination.*

[50.46] *I assure you that we are creating an instrument for our own destruction and that, I say, is the great Armageddon which I think is not, as people think today. It is not today. What is today is a battle of ideology, a battle of ideas. It is not the battle of the Armageddon.*

[51.20] *Then that is the "fusing," the great fusing power. Those who were the hewers of waters and the cutters of wood, will eventually dominate the world. And those who were the masters, who enslaved, must pay the penalty, for 'everything you send out shall return to you.' Everything, even if it reaches the other end of the universe, it comes back to the sender. That is why Jesus said very curtly, "condemn not, lest ye be condemned."*

[52.11] If we would desire Eternal values there must be an end to conflict within so that peace will come into our souls, thus into the world. If man will not understand the causes that perpetuate antagonism and strife, war, confusion and misery, they will never cease in his own life or in the world. The power of the physical consciousness over the body is little understood, just as power of material consciousness in the world is little understood.

[52.43] If by suffering we are awakened out of our mortal dream and that which perpetuates the dream, then the less we think about material means and laws and the more thought we give to the Divine Nature of man, the sooner we will have that peace that passes all understanding. *(I heard today, which was a very good thing, it said, "if you don't break a law every day you're not worth living." You are not up to much if you do not break a law every day. It seems peculiar to say that but when you see this, so crazy, it is true, how many laws are made for you? Man-made laws are continually holding you, gripping you and holding you in bondage. The Divine Law is not – it gives you expansion and peace.)* Man will only find this, so will the world, when man regenerates and adjusts his mind through understanding and awareness of his *own* Being now, not in some "future" date which is but an illusion.

[54.01] "I am the Lord thy God" now and forever more.

[54.09] *What a wonderful thought the prophet had and he knew perfectly clearly, "I am the Lord thy God."*

[54.19] BENEDICTION

[I shall no longer] whine with complaint, nor shall I say that Thou hast yoked me to the demands of the flesh. FNKF: A wire break in the recording occurs here.

Neither do I crave anymore for earthly comforts for they are the figments of my mortal sense, neither shall I blame any man for being busy with material things, for everyone must find his own way.

All I know is that Thou watered the yielding crops that grew without man's aid. All man did was to plant the seed and Thou, the Master Potter, moulded the earth and sprinkled it with sun and rain.

Now I am content that all is mine because we are one, for Thy seed is mine and mine is Thine, O Infinite One.

NOTES

* The recording starts here at this point. The italic verbatim text is from the actual sound recording of the Pretoria Lecture given in the Pretoria Women's Club, 4th floor of the Sanlam Building on Tuesday night of 5th February 1952, at 7.45 pm. No recording exists of the Johannesburg lecture.

[1.] The Aramaic version Murdo uses is taken from, "The Four Gospels According to the Eastern Version" Translated by George M. Lamsa (1933) or his later work "The New Testament According to the Eastern Text: Translated from Original Aramaic Sources" (1940). Dr. George M. Lamsa (1892-1975) was an Assyrian scholar and author. He was born in Eastern Turkey. A native Aramaic speaker, he translated the Aramaic Pershitta (literally "straight, simple, sincere or true") into English versions of the Old and New Testaments. His "The Holy Bible from Ancient Eastern Manuscripts: Containing the Old and New Testaments" first published in 1957 is now commonly called the Lamsa Bible.

[2.] The next sentence contained in the Lecture Notes is missing from the sound recording. [this is the state that the Masters call "sumhali" yet it is but the beginning of our true existence where all else is seen as relative.] The word that Murdo calls "sumhali" should be read as samadhi (a sanskrit word meaning; the higher or transcendent state of consciousness attainable by suitable spiritual disciplines.)

[3.] Part of the sentence contained in the Lecture Notes is missing from the sound recording. [you do them subconsciously.] The actual Lecture Notes reads: "You will say that you do not do all this consciously but there is no one outside the body doing all these amazing things for you, then you must admit that you do them subconsciously.

[4.] Part of the sentence contained in the Lecture Notes is missing from the sound recording. [It can never be joyous, it can never know Creative Being.] The full sentence reads: "We will no longer be seeking security, for in the mind that is seeking security there is fear, it can never be joyous, it can never know Creative Being."

[5.] Actually his 65th year.

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