

# **YOUR LIFE RENEWED EVERY DAY**

***The greatest tonic in the world***  
**(Expanded Revised Edition)**

**By**  
**MURDO MACDONALD-BAYNE**  
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(1887 –1955)**



## FOREWORD

The greatest tonic in the world is the renewing of your life every day.

The mind of man is the gateway to the dammed up reservoir of Life's tremendous forces.

Millions of people are seeking a way to release this all-knowing Creative Power so that It can work for them, but fail to grasp the fact that it is not made up in the mind. It is beyond the mind, yet the mind of man is the gateway to Its expression here and now.

The greatest secret is to learn how to cleanse the mind of all that is preventing Life's renewing process in your everyday living.

This Mighty Power is not released through an idea of It, nor is it released through what the mind makes up in regard to It.

It is when the mind is freed from its own creations, its own fabrications does the Mighty Power come into being in your daily living.

If you will look into your mind you will see that, what you have of this intelligent all-knowing Creative Power is but an idea of It, or a belief which you have accepted from another in regard to It, this is just an imitation and is not understanding.

When you see that what you have is just an idea, a belief, when you see you are merely an imitator, then the mind is freed from its own fabrications.

Then a Silence comes that is not forced or created but a Silence that is the result of the cessation of the conflict of opposites. In that Silence comes into being this Mighty Power that is not created by man, but is in Itself the Creative Power in man.

You do not create this mighty Intelligent Creative Force. What you create is but an idea of It, or a belief in regard to It, but that is not It. Yet It can be yours now every moment as you live in the present.

The past and the future are only in the mind, being memories and ideas, but the Presence which only exists in the ever-present is a living active Intelligent Creative Force that can be yours every moment of your daily living. This is the greatest tonic in the world for you.

Self-knowledge is the beginning of wisdom and wisdom is the beginning of your inner transformation. You do not create the things that are eternal and true. You do not create Love, Wisdom and Power, you only create ideas about them.

An idea of a thing is not the thing itself, the word “God” is not God. The idea of God is not God, neither is the name of God, God. This is the illusion you create in which there is no substance, no power, no Reality. It is what is beyond the mind that is real and creative. You can never experience Reality through an idea. Only when ideas cease to be do you experience that which is beyond ideas.

THE AUTHOR

PUBLISHERS NOTES ON:

*“YOUR LIFE RENEWED EVERY DAY:  
EXPANDED REVISED EDITION” (2014)*

Now that all of the unpublished material has now been published (i.e. Lectures and Newsletters), we have found more of Murdo’s Benedictions and Prayers, including some of the Great Master’s. Also included are those Benedictions collected from the original sound recordings with their slight variations. Hence this expanded edition from the original 180 to the now 366 perpetual daily Benedictions. One can start anywhere in this book and have a daily Benediction for a whole year.

“**Loving Father**, This is Thy Holy Temple. Make it a perfect dwelling-place from which radiates Thy Love, Wisdom and Power to all Thy children. Glorify me with Thy Great Healing Power, Thy Inspired Wisdom and Divine Love, that I may glorify Thee. Open my eyes and my ears, that I may see and hear, and my mind that I may receive, so that I may become a better and more perfect instrument for Thy great and glorious work. Thy Will be done on earth as it is in Heaven.”

L 4

1945

HP

“**Thou Great Loving Essence of all goodness**, whose child I am, strengthen me in knowledge and show me more clearly the way. I love Thee for Thy tenderness to me. I trust Thee utterly, and feel Thee near me always. I am safe in Thy Hands, and know Thou shalt guide me aright.”

L 4

1945

HP

“**Loving Father**, this is Thy Holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Power to all Thy children.

I am filled with Thy mighty Healing Power, Thy inspired Wisdom, and Divine Love, and I am glorified in Thee.

My eyes and ears are open, whereby I see and hear, and my mind receives Thy Eternal Truths, for Thou hast proclaimed me Thy Perfect Instrument for Thy Great and Glorious work, that Thy will, which is done in Heaven, shall also be done on Earth.”

1946

IAM

“**The God who made the world**, and all things in it, He, as Lord of Heaven and Earth, does not dwell in shrines that are made by human hands.”

Loving Father, I am Thy Holy Temple, Thy perfect dwelling-place, from which radiates Thy Love, Wisdom and Power to all Thy children.

1946

IAM

**Great and Mighty Eternal Father**, we live and move and have our being in Thee; Thou art the only living Being. Thy Creative Power we use because Thou hast given us free will to use it. When we look unto Thee we know that which is good and we bring it forth. Help us to seek first Thy Kingdom that all good things shall be added unto us, for we are as Thou hast ordained us to be, with power and dominion over all things.

L 1

1946

WIM

**Great and Mighty Eternal Spirit**, we speak to Thee within ourselves, Thou indwelling Spirit of Love, Wisdom and Power. It is our recognition of Thee that makes everything worth while. We do recognise Thee in everything, no matter how large or how small. Give us that guidance and wisdom and that love to enable us to become like unto Thee, as Thou hast already decreed we should be.

L 2

1946

WIM

**“A peaceful and quiet and holy calm**

Now and ever abide with me,  
 As love draws me close to the Mighty Word  
 Of the Stranger of Galilee.  
 As this truth abides with us forever  
 We can tender and gracious be,  
 In spite of the Cross we can journey on  
 Like the Stranger of Galilee.”

L 3

1946

WIM

**Great and Mighty Eternal Spirit**, Thou art the Life in every one. We thank Thee for revealing Thyself to us this evening. Thy Omnipotence and Omniscience is omnipresent in every atom in space and in every atom of matter. We recognise Thee within ourselves. In our own consciousness we desire to bring forth Thy perfectness, and some day may we be able to say: “Oh Loving Father, I have revealed Thee to all men.”

L 4

1946

WIM

**Great and Mighty Eternal Spirit.** Thou art the Creator of all things and in us we find Thee in Thy mighty power and glory. We know that we are the expression of thy Divine Life which lives within continuously, expressing its Divine Nature outwardly. We open ourselves to Thee, Almighty One, so that Thy glory and harmony, beauty and strength may be ours in this life now.

L 5

1946

WIM

**Great and Mighty Eternal Spirit,** we know that there is but one Substance, one Mind, one Consciousness, the three is one out of which all things have been created. We are the expression of that Divine Nature—Consciousness. Intelligence and Substance in form. We recognise truly that we are made in the image and likeness of God, having power to create by the consciousness of the Spirit in us; and by the Universal Mind Intelligence, and in the great Substance of the Universe shall the form come forth. And as the Divine Pattern is woven outwardly, so we observe Spirit made manifest. Let this understanding be complete in the heart of of us all, so that we may learn that there is no separation between us, Great Almighty “ONE.”

L 8

1946

WIM

**Great and Mighty Eternal Power**, Wisdom and Truth! Thou art the perfectness in all creation. Thou art the only Reality. Things that have no existence in Thee should have no existence in us. By our complete belief in Thy Eternal Wisdom and Thy Perfectness we will fill our whole minds, so that we cannot believe in things that are not of Thee, those things that are untrue. Those things pass away and dissolve into nothingness where they belong. Help us to think clearly such thoughts like unto Thine own, for Thou hast made us in Thine own Image and Likeness, free from all conditions and limitations.

L 9

1946

WIM

**Great and Mighty Eternal Spirit**, Thou hast shown us the way. Thy means of creation becomes our acceptance, and when we look unto Thee we see the law fulfilled. We thank Thee for the wisdom Thou hast bestowed upon us and revealed to us through these lessons. May the succeeding lessons in the Advanced class of the Masters' Divine Metaphysics be even greater, and bestow more of Thy Wisdom, so that the teaching of every student shall become a blessing to the work and a glory to Thyself.

L 10

1946

WIM



**Thou art the Living Essence** that gives us Life and Consciousness. All that is Thine is mine.

L 11

1946

WIM

**Loving Father**, I know I am one with Thee, and, being one with Thee, I am one with Christ who revealed Thy power and glory in His life. This also can happen to me.

L 12

1946

WIM

**This is the temple of the Living God that is not made with hands** but with the very word that flows forth from God, and that word was with God, and that word was God, and that word was made flesh.

L 13

1946

WIM

**Great and Mighty Eternal Spirit**, Father-Mother-Life, we know that we are one with Thee. Separation is but an illusion of the mind which denies us the power of the spoken word or the power of our thought, for as we react through our senses so we lose our understanding.

We know Thou art the Father of Love, Peace and Harmony. We are Thy children suckling at Thy bosom and we are sustained by Thy Life which we draw from Thee.

L 14                      1946                      WIM

**Great and Mighty Eternal Father**, Thou art the Creator of all things, and this is Thy Holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Power, to all Thy children.

L 15                      1946                      WIM

**Loving Father**, I am the shrine in which You speak; these words are not mine but Thine, Oh, Immortal One.

L 16                      1946                      WIM

**“I Thank Thee, Loving Father of us all,** Lord of Heaven and Earth. Thou hast revealed Thyself to us and taught us how to light the Path for others. What Thou hast given to me I have given to them, and through the sacred word of Life I have bestowed upon them the understanding heart of that Thou hast given to me, so that we all might know and honour Thee through the Christ that dwells in every Soul that knows Thy Love which is and evermore shall be.”

L 17a

1946

WIM

**This is the Temple of Thy Living Presence.** I am the Living Thought of Thy Almighty self, made in Thy image and likeness. Thy Spirit is in me and my soul and body is also of Thine own mind. I am one with Thee, Spirit, Soul and Body.

L 17b

1946

WIM

**Say in your heart as you follow me,** in your heart, deep in your heart, knowing it to be true:

“Loving Father, this is Thy Holy Temple, Thy perfect dwelling place.”

L 18

1946

WIM

**Great and Mighty Eternal Spirit**, Thou art the essence in everything that exists. Help us to grow nearer to Thee in understanding, to have Thy Divine Love and Wisdom in our hearts, with our minds clear to see the perfect vision of the Christ within, the Prince of Peace deep in the hearts of every human being, and there to dwell forever.

Help us to be more like Thee, as Thou hast made us in Thine own image and likeness. Let this be the Truth that enters into the heart of every woman and man that lives upon this earth, to know Thy love and understanding, Thy wisdom to guide our hearts and minds, so that we ourselves shall be to our brothers and sisters as Thou art to us.

L 19

1946

WIM

**“I am in the mineral, I am in the tree.  
I am in the animal, I am in humanity.  
I am in the earth and fire, I am in the air.  
I am in the water that flows everywhere.  
I am not a failure, I am not a slave.  
I am the true expression of that one Life that  
never enters a grave.”**

L 20a

1946

WIM

**Thou Great Adorable Loving Father-Mother of all.** Thou hast created us in Thine own image and likeness, inheriting the same Conscious Life. We thank Thee that Thou hast sent one in His fullness to reveal this to us and that through Him we have been led to Thy Presence within ourselves. For this we praise and adore Thee. Thy ineffable, inscrutable, eternal, ever-present Life is a joy to us, and as we aspire to and adore Thee, more and more of Thy beauty and love and strength and glory is revealed in us.

L 20b

1946

WIM

**Our Father-Mother-God, we are all Thy children.** We are seeking our way back to our Source, the one Abode of Light. Show us the one Highway of common realization to where all bye-paths must eventually lead.

All religions are but branches of the One Tree of Truth, some yet unaware of the One Life within that Tree, which is the only Reality. Help all to see this Life.

In the one Temple of Silence the chorus of many religions is heard by Thee, yet their differences serve to separate us from each other.

Teach us to chant in that one harmony of Love so that the melody of all Souls shall sing as one with Universal understanding of the one Life and Immortality.

L 1      7th August 1947      CC

L 10      5th April 1949      LE

**Thou great loving and generous Parent**, Father-Mother-God, I did not hear nor did I see but the presence of Thy Eternal Love whispered to me in the Sanctuary of the Silent Healing Power. My slumbering wisdom and love slowly awakened and I heard the whispers of Thy Eternal Presence becoming ever closer and closer. I felt my brother and sister who had already seen the Light and whisper Its presence to me in that Silence that knows no equal and as I awakened more and more I knew that I was also the spokesman of Thy Eternal Love, Wisdom and Healing and now that I am awake my whispers shall never cease.

Awake now, my brother, my sister, work thou with me so that all shall hear the whisper of the “One” Eternal, Ever-Present Love and Wisdom. Let us all go into the one Home, that Sanctuary wherein all are one family praising our Eternal Loving Father-Mother-God Who gave us birth, born in His image and likeness.

L 2    14th August 1947    CC

**O, Beloved One**, One, Thy Love is like a balm that ever increases as we adore Thee.

Thy Presence spreads through all minds in all lands and as we learn to love Thee first above all else, Thy Spirit manifests Itself in all Its Divine qualities for the benefit of all.

Let Thy Kingdom, which is within, manifest Itself without, and when we look upon the face of our brothers and sisters we shall see Thee.

No need to plead, no need to struggle for the comfort and joy of Thy Divine Nearness and Companionship.

We only have to know that nearness that brings quietness into the Life, confidence and peace in the heart.

It is Thy Presence alone that can transform conditions and lives bringing harmony and beauty, peace and love.

L 3    28th August 1947    CC

**The Voice of Thy Wisdom is roaming through the ether** searching in minds and hearts for a resting place.

O, Divine Broadcaster, we are receiving Thy Love and Wisdom. Our Divine Radios are tuned in to Thee, with the result that many are hearing the Music of Thy Love and Harmony.

Souls smothered beneath indifference, touch them with a sense of perception so that they may also hear the magic song of Thy Presence—Love, Wisdom and Healing.

L 5 4th September 1947 CC

**My Spirit bounds in joy over the Blue Sea** and under the Blue Canopy of the Sky, banishing the discouraging vapours of the lowlands.

The fragrance of Thy Presence dives into my being which overflows with my Love for Thee and all Thy Creation.

O, what vitalic volumes of Life flow into me and out through the ocean breeze.

The shore on which I stand where the Blue Sky of Heaven meets the calm blue ocean, this glory of Thy Creation fascinates me. From this beauty I will drink Thy Presence of Love, Wisdom and Healing, and as Thou didst knit the deep blue sea with pale Blue Sky so dost Thou weave the vastness of Thy Spirit of Love, Wisdom and Healing with our faith in Thy “Presence” spreading it everywhere.

L 6 18th September 1947 CC

**O, Silent “One,”** Who ever remains behind invisible space, Thou hast torn the veil of Eternity and appear in finitude in the boundless temple of space.

In the Shrines of Cosmic dreams the idol of finitude moves consciously in the sleep of individuality.

Yet every day with closed eyes I gaze at Thee—Thy Presence—and try to grasp Thy Infinity.

As I open my spiritual eyes I gaze into Eternity and there abide. I see the One who became many, yet remained One.

It is Thy Presence alone that will loosen the entanglements of our self-woven nets of illusion. Let Thy Presence spread over the earth sprinkling each petal of Thy flower of humanity with Thy dewdrop of Love, so as each awakens to Thy Presence, Thy Love shall lead the way back to Thee, O, Beloved One.

L 8 25th September 1947 CC

**O, Beloved One,** I feel in my heart Thy heart-throbs, in my happiness Thy joy, in my activity Thy power of direction, in my soul Thy Spirit of Love, Wisdom and Healing.

Divine One, I lay all the petals of my love at Thy feet. Open wide the bud of my devotion for Thee and release Thy fragrance that it may spread from my soul to the hearts of others, in Thy ever-whispering love. United we will find Thine Omnipresence enthroned forever.

L 9 2nd October 1947 CC



**The Fortunate who care not for the unfortunate cannot feel Thy Omnipresence.**

Those blinded by selfishness cannot see Thy abiding Presence in others. The unfeeling rich are poor in heart, their comforts are but pangs of ignorance.

Blessed are those who serve others knowing that they serve Thee. To die rich without giving service is to die poor. But to pass through the portals of death serving others is to be truly rich.

I love dreams of noble achievements. I love all dreams of love and service for they are the Keys to Thy Presence. But even if I dream many dreams I will ever awake thinking of Thee. I will ever behold Thy face as I love and serve Thee in all my brothers and sisters who are ever under Thy watchful Eye of Love.

I know that health and sickness, life and death are but dreams and when I finish my dreams of love and service and awake behind the world-painted screen of illusion I shall behold Thee as the only Reality the Presence in all and I shall hear Thy voice say sweetly in my heart "As much as you have done unto one of these (my children) so have you done unto me."

L 8 4th December 1947 CC

**O Christ, Thou rarest of hearts,** Thou didst sail on the storm-tossed sea of prejudiced minds. Yet thou shed the aroma of goodness and forgiveness so helping all through example to become like thee, knowing "Our Father in heaven" to be Thy Father also for thou didst say, "For whosoever does the will of my Father in heaven; he is my brother, my sister and my mother."

And the mighty miracle of love was established in each heart when the magic of Thy Voice uttered, "Forgive them for they know not what they do."

We have grown to see thy instruction "Love thine enemies as thyself," for they are thy brother and sister though sick and sleeping and only by doing so can we ourselves be free. O Shepherd, wandering hearts are seeking the one fold of the Divine Love that heals all. We have heard Thee ever calling with Thy infinite kindness.

Our one desire is to be at home with Thee in the one house of the Father of Love, where we will all rejoice together. There we shall also know thee to be our brother who showed us that Love was the only way to everlasting happiness.

L 9 11th December 1947 CC  
May 1948 SSHP

**O Divine Presence of Love,** Wisdom and Healing, we have attuned ourselves to Thee thus making our Life a continuous source of joy to ourselves and pleasure to others.

Thy Fountain of Eternal Bliss intoxicates us night and day, and as we dissolve into Thy Presence we become Thy Presence, so do we feel Thy indescribable Beauty and Love.

As we inhale and exhale Thy Divine Breath so do we receive and give to others Thy healing balm. O Divine Nectar, we have found Thee at last and shall now and forever taste of Thy Sweetness, O Divine One.

January 1948      SSHP

**O, Love of my Heart,** I open my soul to Thee so that all the fragrant musk of Thy Love will scent the atmosphere that surrounds me.

O Blessed One, sing in my heart, "I shall be Thine for ever." I will laugh at all dangers for I will always hold Thy protecting Love in my constant remembrance of Thee.

In Thy Blessed Light dissolve all shadows and fears of my imagination so that in Thy Blessed Light I shall remain awake for ever.

May Thy Love shine for ever on the shrine of my Devotion and may I be able to awaken that Love in all hearts.

L 1      3rd February 1948      CC

**O, Beloved One**, through the door of my aspiration the imprisoned fragrance of Thy Omnipresence was released on the wings of Thy Love.

It spread over Infinite Space carrying Thy blessing of peace to every being, turning unhappiness into joy.

I have broken the cage of the past memories and habits that held my wings fast in the bars of my personality.

Thy Eternal Presence has revealed to me it was but a torturing cage of dreams, and now I am soaring in the Presence of Thy Love that unites me with everything.

L 2 10th February 1948 CC

**Dressed with Thy Beauty, clean and holy**, Thou didst send me to play in the fields Thou hadst prepared for me.

But I played in the darkness with ignorance and lost myself in the mire of suffering. I went out clean but came back to Thee besmirched with the mud of illusion.

O, Divine Presence, wash me with Thy Love and Wisdom and make me clean and clothe me again. I lost everything while roaming in the darkness.

O, Divine Presence, Love of my heart, the tiny candle of light of my remembrance of Thee was not extinguished by the gusts of disbelief. I loved all things, only to find that I needed Thee alone.

Come with me, O Beloved—Be with me always.

L 3 17th February 1948 CC

**O Everlasting Presence**, Thy ecstasy is in the Breath of Thy Creation.

The stricken have heard of Thy Healing Power and have come to Thy door and find it ajar.

Printed in Lettering of Love they saw “Enter in.”

Those whose hearts are breaking with despair and sadness, Thy invisible Hand has dried away their scalding tears.

Those who are lost in illusion, to whom shalt they turn but to Thee alone, Who is seated upon the Throne of Love and Wisdom, and as the dawn of Thy Presence appears upon their Consciousness, their troubles will take wings.

We rejoice in Thy quiet Silent Voice forever singing in our Souls: “Wilt thou be mine, for whatever is mine is also thine.”

March 1948      SSHP

**O Divine Presence**, unite our hearts with Thine to rest in Thee forever, Teach us to hold ourselves open to Thy Divine expression.

Let the flame of Thy Love in our hearts soar triumphantly above the din of social problems and differing creeds until the light of Thy Love has swallowed up all in-harmony, and may I see myself always one with Thee.

I pray Thee I may behold Thy Love in others and in the light of that great Love may I behold Thy unveiled face, a Divine Presence.

April 1948      SSHP

L 7    21st September 1948    CC

**O Dearly Beloved One**, dressed in Thy beauty clean and holy,  
Thou didst send me to play in the fields Thou hast prepared for me.

But I played in the darkness with ignorance and lost myself in the  
mire of suffering. I went out clean and came back to Thee besmirched  
with the mud of illusion.

O Divine Presence, wash me with Thy Love and Wisdom and  
make clean and clothe me again, for I lost everything while roaming in  
the darkness.

O Adorable One, Love of my heart, the tiny candle of light of my  
remembrance of Thee was not wholly extinguished by the gusts of  
dogma.

I loved all things only to find that I needed Thee most.  
Come with me, O Beloved—Be with me always.

June 1948      SSHP

**“Thou art the ocean I am the wave.**  
Thou art the fire I am the flame  
Thou art the Father I am the child.

Thou art the Beloved I am the Lover  
Thou art the Lover I am the beloved

Thou art the music I am the song  
Thou art the Spirit and I am one with Thee  
Now I know I will always be.”

L 3      24th August 1948      CC

**O Fountain of Love**, flood us with Thy Omnipresent Love so that our hearts will be filled with Thy love for others.

Exalt the rivers of our desires and cravings from the lowlands to the heights of humbleness and self-sacrifice and consideration for others, reinforced from Thy Fountain of Love, as we unite in the ocean of fulfilment in Thee.

Increase our affection for all, so that we do not lose ourselves in drought-stricken selfishness, which is waste. But let the lonely separate streamlets of Love coming from Thee at last merge into the vastness of Thy Presence, revealing Thy Omnipresence of Love, Wisdom and Healing for all who will receive.

My faith in Thee has made me “Whole,” O Fountain of Love.

July 1948 SSHP

L 8 28th September 1948 CC

**Blessed are those who serve others knowing that they serve Thee.** Thy Presence is the balm of Love that settles every heart in the quietude of Thy everlasting glory. To die without giving service is to die poor. To pass through the portals of death serving others with Thy whisper in my heart, “well done, good and faithful servant,” then I am truly rich.

I know that health and sickness, birth and death are but dreams and when I finish my dreams of Love and Service and awaken behind the world-painted screen of illusion I shall behold Thee as the only Reality, the Presence that ever was since time began and when I hear Thy Voice say sweetly in my heart, “as much as ye have done unto one of these (my children) so have ye done unto Me,” my dream will become the vision of my oneness with Thee in all.

August 1948 SSHP

**O Loving Father**, teach me to comprehend the utter uselessness of being afraid.

Help me to remember that though death do come, I am always alive in Thee.

Teach me not to paralyse my nerves through the dread of my imagination. As Thy child I am born to understand all trials of Life fearlessly.

Awaken me to Thy all-protecting Presence that surrounds me.

Although I may be clad in armour I am vulnerable to disease. But with Thee I am protected by Thy loving care for Thou art always with me.

May Thy peace and love dwell in my soul to free me from all that assails me from without.

September 1948 SSHP

**O Eternal Father of Love**, we rejoice in Thy Presence. We know Thou art with us always, and we can never be apart from Thee. We are expressing Thy Life and Love. Thou didst send me into this world to prepare others for that which is to come. And they shall become Thy Angels to administer to others Thy Love. This is the joy of Life; let this joy be theirs, as it is mine for ever and ever. Make it their watchword in the morning, noon and night, so that they shall always be at peace. Even if ignorance darkens the light of Thy Presence, help them to see the Divine Truth: "I am the Lord; I have been given power and dominion over all things." Thy Peace I leave with them, for Thy peace is eternal, and as they seek it so shall they find it. AMEN.

L 1 9th September 1948 DHMB

**O Eternal Father**, Thy Nature is planted in us all; we have realized Thy Presence and find Thy Nature expressing Itself in our lives, blessing all and bringing all to Thee. Loving Father, as Thy Son speaks, bless those who listen to, and those who may read, Thy words with Love and understanding. Amen

L 2 16th September 1948 DHMB

**O Eternal Presence of Wisdom and Love**, I attune myself to Thee and my Life is one continuous inspiration!

Thy Fountain of Eternal Bliss intoxicates me night and day, and as I dissolve into Thy Presence of endless beauty so do I inhale and exhale Thy Divine Breath of Love and Wisdom. I have discovered the false things that hid Thy face from me and now that I have found Thee at last I shall forever taste of Thy Sweetness, yes, forever and forever, O Eternal Presence.

October 1948 SSHP



**O, Lovely One,** Thy balm is in Thy breath of Thy creation. The stricken have heard of Thy Healing Power and have come to Thy door and find it ajar. Printed in Thy lettering of Love they saw “Enter in.” Those whose hearts are breaking with despair and sadness Thy invisible hand has dried away their scalding tears. Those who are lost in illusion to whom shall they turn but to Thee? And with the advent of the dawn of Thy Presence their dark troubles will take wings. We rejoice in Thy quiet voice ever singing in our souls: “Tell me, Wilt thou be mine? Whatever is mine that also is thine.”

L 9    5th October 1948    CC

**We have attuned our life with Thine and now our life is a continuous inspiration.** Thy fountain of Eternal Bliss intoxicates us night and day. O, how we have dissolved into Thy Presence and become Thy Presence with endless indescribable beauty and fragrance of Thy Divine Breath of Love, Wisdom and Healing ceaselessly inhaling and exhaling Thy Divine Presence.

O, Divine Nectar, Wine from Heaven, we have found Thee at last and we shall taste of Thy Sweetness for ever and ever and ever.

L 10    12th October 1948    CC

**O Eternal and only “One,”** I was lost in the wilderness of wrong beliefs and could not find my home in Thee.

I always kept the door of my Soul open expecting Thee to come from some external world.

At last I have found Thee arising out of the darkness of my soul to become the Star of my groping mind, calling me to recognise my home in Thee and there I found that we are one, O adorable and perfect “Love.”

L 3	25th October 1949	DYF
	March 1951	SSHP

**O Eternal One,** that which was in the beginning is now and shall ever be the same.

It is Thy Word that has become flesh and Thou art that Word and that Word dwells in me to create what I will.

Let me listen to the one Voice, that creates out of the void so that no other sound is heard but Thine.

It is Thy Presence alone that is the proof of our oneness and whatever I ask of Thee knowing that I have received, I shall have, O Benign One.

November 1949 SSHP

**Thy Love hast gone forth stirring the hearts of millions** and re-echoing its Presence so that all shall feel its warm and attractive power and humming Thy name, seeking a resting place in the Garden of Ever-lasting Flowers, each petal revealing Thy glory, yet peering with half open eyes, not yet fully awake to the Rays of Thy Love that wait to pour into the bud of Thy Creation.

Thou art indeed sweet to the Thy human creation. Thy unending Love, Wisdom and Healing is the nectar that sweetens our lives and leads us ever nearer to the full realization of Thy Divine Presence in us.

L 1 19th October 1948 LE

**O Thou Rarest of Souls**, thou didst suffer on the rack of ignorance.

But thy Infinite Love overcame all and showed to all on earth the way to the heart of God.

We try to follow, in thy footsteps yet often lose the way through the blindness that besets us, but as we feel thy hand stretched forth to aid us so we know that all is well.

Although the road is beset with rocks upon which we stumble, the fact that thou hast reached the Green of Peace and Plenty in the Garden of our Father, and Thou hast said, "Where I am so shall you also be," gives us the strength and courage to go forward, O Blessed Brother of Mine.

November 1948 SSHP

**Great and Mighty Eternal Father**, Thou art the Creator of all things. This is Thy holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Healing to all Thy Children. I am filled with Thy Mighty Healing Power, Thy Inspired Wisdom and Divine Love, and I am glorified by Thy Radiance in Me.

My eyes and ears are open whereby I see and hear and my mind receives Thy Eternal Truths, for Thou hast proclaimed me Thy perfect instrument for Thy great and glorious work, that Thy Will which is done in Heaven will also be done on earth. Amen

December 1948    SSHP

**My Body, soul and mind are the instruments of God.**

My Life is His Life.

My Love is His Love.

My desires are His will.

He sees through my eyes.

He hears through my ears.

I am His beloved and I express His Love and Wisdom to all.

This is my Silent Healing Balm.

January 1949    SSHP

**O, Beloved Presence,** I hear Thee calling to me to awake from my sleep of delusion and separateness. The Sunlight blazes forth in me yet I was blind to Its Spiritualising power and beauty, while my soul was darkened with separateness and ignorance.

Let the fragrance of Thy Presence pierce through my being to overflow with Thy love for all Thy Creation.

O, Beloved, I now drink of Thy Presence and Love that spreads everywhere, revealing Thy everlasting nature, embracing all within Thyself, and have found myself at last in Thee and Thee in me.

	February 1949	SSHP
L 5	17th May 1949	LE
	November 1951	SSHP

**O Thou Great and Mighty Presence within,** I hear Thee calling me.

Come out of your sleep and dreaming.

Come out of your sloth and weaknesses.

Come out of your dream of illusion.

Come out into the sunlight and grow and spread your wings of Eternal Power in the boundless Sanctuary of my Presence,

And awaken to the splendour that awaits you For I have created you in My own image and likeness.

	March 1949	SSHP
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**Now I Know I am one with Thee**, O Mighty Power of Love and Wisdom.

I will no longer fear the illusion of weakness for I am filled with Thy everlasting strength.

Living in the forest of experiences I understand and dissolve all shades, fears and false beliefs that have led me astray.

I now only hear the Voice of Thy all-conquering Power of Love and Wisdom that leads me to Thy quiet waters and pastures green, and to feast at Thy table overflowing with all good things, forever and ever.

April 1949      SSHP

**O Divine “One,”** Thy Divine Form with the feet of Eternity walked upon the earth. Thou planted Thy lasting footprints upon the sands of time.

I was one of Thy lost sheep who wandered in the desert of illusion and shadows.

But when I listened to Thy Voice, O Everlasting Shepherd, this Voice was so sweet and clear I could not but follow It, and now I know I am one with Thee, O Divine “One.”

May 1949      SSHP

**O Blessed One**, I owe my birth to Thee, and now I find Thy Presence in me, for we are one.

O Holy One, Thy Love is permanent in my soul, make it of service to all who come to me.

And whatsoever I do unto one of these so do I unto Thee, Beloved “One.”

Expand my consciousness beyond the limits, of this tenement of flesh into Thy everlasting Presence, for I and Thee are one, O Adored One.

June 1949      SSHP

**Be still, let the “Presence” work through you.**

Learn to know the “Presence” through your own experiences.

The formless gives birth to the form, yet remains formless, while giving voice and power to the form.

The roar of the ocean, the silence of the deep, the rush of winds reveal the “Presence”.

Remember the thing or person that you loved most in the world, then feel this love and much more towards the “Presence”, then the Divine flame will leap forth to dissolve all that is not Its own.

L 7      14th June 1949      LE

**O Divine Omnipresence**, as I dwell in Thee I know that Thou dwellest in me.

Through Thee I know all that I know, and Thou knowest all I know, and what I ask so do I receive.

When I know that Thou art I, and I am Thee, all my troubles vanish.

Thy formless Omnipresence gives birth to my form and thus we become One, both in the formless and in the form.

O Lovely One, I sometimes behold Thee as Krishna, sometimes as Buddha, sometimes as Christ, personal and visible, yet within my own soul I have found Thee unfettered and free and abounding in Thy glory, Formless Infinitude.

While Thou art expressing Thyself in Thy Cosmic Creation, so do Thou appear unto me, visible and living, that I may serve Thee by serving others.

Yet Thou art the Ocean of Life within the ripples of finite creation and I worship Thee in the shrines of Thine own omnipresence, for I am Thy holy Temple, Thy perfect dwelling place from which radiates Thy Love, Wisdom and Power to all Thy children.

July 1949 SSHP

**O Lovely Father-Mother-God**, as I awakened I gazed upon Thy face of Wisdom and Love and Thou beckoned me through Thy gates of Light.

My pleasure dreams faded into the omniscient Light enfolding them.

All that I could ever seek for, all that I could ever desire Thou hast given to me, O Cosmic Mother of Love, now I shall gaze upon Thy face forever.

August 1949 SSHP



**Loving Father**, Thou hast created the sun to give me light, and the moon to release me from the darkness, and Thou leadeth me into pastures green. All this Thou hast done for me and more, Thou hast given me Thy Spirit to conquer all things. As Thou art so shall I be.

L 2     9th August 1949     DYF  
    March 1952     SSHP

**O Love, Thou everlasting Flower of Eternity**, Thy fragrance wafts through the foul scented gloom of mortal mind, yet Thy fragrance remains pure and unadulterated, spreading the aroma of Thy goodness, and forgiveness.

With Thy sweet-scented perfume of Thy All-Loving Nature we succumb to Thy beauty and find that in ourselves Thy fullness dwells, O Perfect Love.

Sept 1949     SSHP

**O Divine One**, we thank Thee that Thou hast seen fit to send into the world Thy chosen ones to show us the way.

We ardently desire that our eyes and ears be opened to see and hear Thy Voice calling all souls to look to Thee alone, O Eternal One.

We have come to realize that we are born of Thee and open ourselves to Thy presence so that all who come to us may be strengthened in Thy ways.

That we may all be one family, living in peace and joy, feasting at the one table in our Everlasting Home in Thee, Beloved One.

L 9 27th September 1949 DYF

**O Divine Presence**, Who ever remains behind invisible space and expressing Thyself in visible form, every day I gaze at Thee, Thy Presence, to grasp infinity. I see only "One" Who became many yet remained "One."

It is Thy Presence alone that will loosen the entanglements of my self-woven net of illusion.

Thy Presence is spread over the earth in the flower of humanity. May each one awaken to Thy Presence, and Thy Love will lead them to Thee, our eternal Home is Thine, O Beloved.

October 1949 SSHP

L 7 22nd November 1949 DYF

**“O Magnificent One**, as we unceasingly meditate on Thee we feel Thee and know that we have dominion over all things.

O Essence of Love, our intellectual concepts were cold and devoid of feeling. But now we have come to know Thy enduring Love by Thy ever tenderness to us.

O Divine Omnipresence, these words are not mine but Thine. I only felt them and gave them expression through the medium of words.

May Thy Blessing go with them to strike an answering note on the living harp-strings of our hearts so that we may feel Thy Presence always, O omnipotent One.”

L 10 4th October 1949 DYF

**I Hear Thy Voice calling me to come out of my dream of separation and weakness.**

I hear Thee beckon me to grow and spread my wings of Eternal Power in Thee. I hear Thee calling me to realize that all is Thine and to know that all is also mine.

Thou hast entertained me in everything everywhere, and as I serve Thee Thou hast promised to serve me.

Thy Voice is the delight of my heart, O Infinite One.

L 10 6th October 1949 (JB) DYF  
July 1950 SSHP

**Blessed are those who share Thy gifts which Thou hast given.**

Some are wailing by the wayside for a crumb, and die in the poverty of an unenlightened soul.

Yet those who think more of Thy gifts than Thee separate themselves from Thee.

O Blessed One, I have offered Thy great gift that Thou hast given to me and have found myself in all.

I love to be guided by Thee for now I know that Thou art my greatest Well-Wisher.

L 1 11th October 1949 DYF

**O Eternal One**, Thou hast blest me with Thy light that I may put to flight the gathering gloom of ages, matured in the dark corner of the human mind.

Through the grace of Thy light and wisdom I will dispel the accumulated error of a million years.

The vision of Thy Creation floats in my dream, and I awake to find that I and Thee are "One," O Omnipotent One.

L 2 18th October 1949 DYF  
June 1951 SSHP

**Divine Presence**, Thy Fragrance streams from our hearts ennobling our souls.

The stream of Thy Love washes away all separation which has been the cause of our sorrow and conflict.

O Divine Love, fill our consciousness with Thy Presence so that our hearts will beat with Thine, to rest in Thy omnipresence forever and ever.

L 4    1st November 1949    DYF  
          July 1951                SSHP

**O Mother of All Creation**, All that I know is Thine.

My innermost thoughts are known to Thee because we are "One."

All the barriers between us have vanished for Thou alone dost exist and ever will.

Thou art the Christ, the Buddha, the Krishna, born in the flesh visible and invisible, personal and impersonal.

Thy Cosmic Infinitude appears in Cosmic finitude. So do Thou appear visible and living, eternal and free, O Blessed One.

O Thou Ocean of Life, Thou hast absorbed the ripples I created in my ignorance and now I know. I am in Thee and Thou art in Me.

L 5    8th November 1949    DYF  
          August 1951             SSHP

**O Divine “One,”** I lost everything while I was roaming in the darkness.

At last I saw a glimmer of the Light that lights the world and darkness began to fade away.

O Mother of Love, Thou didst stir in my heart my remembrance of Thee and as I saw in myself Thy likeness I was freed from all my illusions.

O Eternal One, when I gave up my life I found Thee and no longer buried in separation and death, but in Thy perfect eternal bliss.

I craved for all things but found that I loved Thee more, now I shall abide with Thee always for Thou art “all there is.”

L 6 15th November 1949 DYF  
April 1951 SSHP

**O Beloved,** Thou art my Father-Mother-Friend. I will realize Thy Presence more and more.

I will “reason,” I will “will” and my action will be Thine.

Then who can deny Thee, only myself. Thou art the Captain of my ship, Thy trade-winds will bring my actions to the shore of fulfilment.

Thou art the magnet pole of my thoughts, guide them to Eternal Bliss.

Thou art the joy I seek, the lasting joy of my soul fulfilled.

Thy Presence is my faith and my limitation has vanished because I found it was not in Thee, O Beloved Friend.

L 8 29th November 1949 DYF

**O Master Mariner**, take charge of my ship for Thou art the Wisdom of my Soul.

I was buffeted by the winds and waves in my ignorance of Thy Presence.

The sea of my mind was ruffled with fear and doubt and Thy reflection was indistinct.

Now that Thou art Captain of my ship, it is heading towards my Eternal Home.

O Master Mariner, take charge of my ship always, then I know I am safe, for where Thy Presence is all is well, this is my "Faith," O Beloved One.

December 1949 SSHP

**O Everlasting Truth**, bless me that I may behold Thy wholeness.

May the Morning Star of Thy glory appear before me so that my eyes are opened to Thy abiding Presence in All.

At first I saw not the Spirit within their bosom, but as I discerned the falseness of my beliefs the veil fell from my eyes.

I became aware of Thy Infinite Presence everywhere and I met Thee face to face, for Thou art the Everlasting Truth.

L 9 6th December 1949 DYF  
September 1951 SSHP

**O Thou rarest of Flowers, that grow in the Garden of Humanity,** thy freshness and thy aroma spreads all over the earth.

Prejudiced minds would slander thee, yet thou didst shed thy Love upon them and thy forgiveness helped them to be purified by remorse.

Thou art the Lover of all who have strayed from the fold, for didst thou not say “Leave the ninety-nine and go and find the one that is lost,” so that the fold may be complete.

Thou hast healed the deep wound of hatred by saying, “Love thine enemies,” for they are our brothers who are sick through ignorance.

Yet thy sweetest words of all are those when thou suffered most, “O Father forgive them for they know not what they do.”

O help me to be like thee, O rarest of all Flowers.

L 10 13th December 1949 DYF

**O Divine “One,” Who resides in all,** teach us to cleanse the mind and heal the body through the Divine Wisdom of Thy Presence.

Thou art my Father-Mother, my Friend, my Beloved, Thou art my Real Self.

Thou hast created me in Thyself out of Thine own Substance and Thy Spirit of Life is “I.”

O Adorable One, how lovely Thou art when I see the best that is in others.

May the halo of Thy Presence be revealed to all minds, and in all lands of the earth, so that material worship be changed into Understanding.

So that we learn to love Thee most and see Thee everywhere.

So that Thy Spirit manifest Itself in all Its Divine qualities through all mankind.

So that we learn that we are free from limitation, imperfection and misery.

So that Thy Kingdom which is within, will manifest Itself without, then I will know myself to be One with Thee.

O Beloved, Thy Love has made us “One,” making all things new.

January 1950 SSHP



**O Mighty One, Creator of all things**, I have found that the king of sin is ignorance.

We have enthroned ignorance, the king of illusion, the root of the tree of ill-health and unhappiness and soul blindness.

I was about to weep in despair when I heard Thy Voice calling, “Be not afraid for I am with thee always. My Light will be thine aid. Be happy and serve Me and I will serve thee a hundredfold.”

O Mighty One, I thank Thee in my soul in Silence, now knowing we are one.

L 1 31st January 1950 DYF

**O Divine One**, while I sleep Thou hast increased my store a hundredfold. When I awoke Thou were a joy unto me, for when I think Thou dost think with me, when I will Thou dost will with me.

O Great Provider, Thou art myself yet without Thee I am nothing, without Thee I can do nothing, therefore guide me forever, O Beloved.

L 2 7th February 1950 DYF

**O Divine Father**, Thou art forever behind my desire, Thy presence behind my thoughts.

Thou hast rent the veil that separates us and now I can speak to Thee and Thou dost speak to me.

Thou hast taught me to be confident in Thy Presence and I have lost my fears and found Thy all-conquering Power of Wisdom.

L 3 14th February 1950 DYF  
May 1951 SSHP

**O All-Pervading Genius**, Thy inspiration has removed the cloud from my mind and heart.

My mind is made clear with the breeze of Thy Intelligence, and my soul is purified with Thy wholeness.

Now I behold Thee alone, and in my wakeful state Thou art my Teacher, my Guide, my Friend, my Creative Genius.

Oh! May such joy be mine forever and ever.

L 4 21st February 1950 DYF

**O “Faith,”** may I behold Thee above, below and around me. Wherever I turn my gaze I see what “Faith” hath done.

Train my senses not to wander into the wilderness of doubt and fear.

Turn my eye within, there to gaze upon Thee, enthroned upon the ever-changing beauty of Thy invisible Nature.

Let my ears listen to Thy unseen Voice that creates out of the void.

Oh! That I may catch the breath of Thy magnitude, “Thy faith hath made thee whole.”

Keep alight forever that Flame that never wavers and never dies,  
O Blessed “Faith.”

L 5 28th February 1950 DYF

**O Divine Mother,** I was a babe in swaddling clothes unable to crawl or talk.

I bleated in ignorance of Thy Divine Nature but as I grew up I found myself.

In the realization of my birth Thou didst open my eyes to the glory of Thy Presence.

The Voice of Thy Wisdom was heard deep in my soul and there in the crystal pool of peace Thou didst show me my face to be like Thine.

Now I know I am Cosmic in nature and will no longer fear the world of shadows for I vibrate with the power of the Almighty.

I roam now in the world of experience and will seize these creations of vexing perplexities and timid fears and devour them in the fire of omnipotence.

O Divine Mother, Thy all conquering wisdom is mine, for Thou hast shown me that which is Thine is mine, Blessed Mother of Life.

L 6 7th March 1950 DYF  
September 1950 SSHP

**O Blessed Creator of Heaven and Earth**, that Thy consciousness may be revealed to me as mine, open my inner eye that I may behold Thee behind the myriads of atoms coming into form.

Burst open my consciousness that I may see behind the illusions of Time and Space, that in Thee I dwell and that I realize that Thou hast made me in Thy likeness.

Clear my consciousness of the illusion of fear and doubt that my eye be single.

Let the waves of Thy mighty Creative Power and Faith dance upon the Ocean of my dream, that I may become like Thee, to justify my faith by my works. For it is Thee alone who worketh in me, O Beloved friend and Protector.

L 7    14th March 1950    DYF

**O Glorious One**, teach me to gather the nectar from the flowers that bloom in the Garden of human souls so that I may produce the honey of Thy delight.

I shall store Thy Love and forgiveness in my heart so that the fragrance of Thy Beauty shall shine from me.

And when Winter comes with its cold blasts I shall be covered with Thy blanket of Peace and Love, even though earthly separation dance around me.

May my feet follow in the footprints of Thy Beloved One who trod the earth before me so that I may also say "Father, I have shown what Thou art to all men" and hear Thy voice say deep in my soul, "Well done, good and faithful servant, thou hast proved My faith in thee."

L 8    21st March 1950    DYF

**Loving Father**, Bless me that I may behold Thy wisdom so that my faith be strong.

May it remain with me in the light and shade of my earthly life, I was long blinded by the appearance of the outside world and failed to see Thy Presence within.

I looked at the flowers and the trees yet I did not see Thy hidden Spirit. Even in myself I failed to recognise Thee.

But now my inner realization has been opened. Keep it open always so that Thy Presence may never again be dimmed by the appearance of things.

Let me behold Thee forever though the veils of matter may hide Thy Presence.

Bless me with the power of the Christ that was mine from the beginning so that I may behold Thee everywhere.

My faith is now eternally in Thee, **O Mighty “One” my struggle is over. Amen.**

L 9	28th March 1950	DYF
	May 1950	SSHP

**O Good Shepherd**, there is but one flock for all live in Him Who is all in all.

Thou were sent to shepherd the wandering souls who are bleating for the one fold.

We hear thy loving call in the atmosphere of Infinite Kindness, although we may be on the outer side of the fold feeding on strange pastures yet all are attracted to thee for thou standest in the centre radiating thy magnet of Love and Peace, dissolving all that which prevents the gathering of all souls into the one fold.

I hear your words calling, “Love all who love you and love all who love you not.”

This is the first Day of the week, the everlasting day in which the sun never sets again but spreads into the Eternal Christ-oneness.

We rejoiced in your coming, were sorrowful and fearful in our belief that you had left us.

But now our joy is everlasting in the understanding that thou livest forever with us, O Good Shepherd.

L 10	4th April 1950	DYF
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**Blessed One**, Thou hast taught me to understand Thee that I may enjoy the world and all that I have to do here with Thy guidance. I am becoming the Prince of Peace sitting on the throne of poise, directing the kingdom of activity.

I am no longer caught up in the whirlpool of good and evil for I witness these two as the tree that grows in man's mind. Only with Thee I have my salvation where neither of these opposites exist.

This is the quality of that perfect personality expressed in Jesus. This is Thy Presence, O Perfect One.

	February 1950	SSHP
L 1	11th April 1950	HTR

**Through the night of ignorance and error we pursue a false happiness.**

Our feet on the path of progress become bogged in the marsh of disillusionment.

The deceiving element of desire leads many to be smothered up in the bog of possessiveness.

O Divine One, light our path with Thy true torch of progress revealing our true relationship to one another.

Thy beacon light shines on the rock of Truth so that we may safely reach Thy everlasting shore of peace and plenty.

	March 1950	SSHP
L 2	18th April 1950	HTR

**O Divine Alchemist,** Thou hast formed all things by the power of thought-desire.

Teach me to desire in Thee so that Thy great alchemising power be manifested in my life.

And out of every seed of my activity shall grow some good. Thus Thou shalt reveal Thy magic to all who desire in Thee.

May all selfish ambitions be transformed into noble aspirations.

Teach each one to desire Thy abode first, there to transform the cloak of dark ignorance into the gold and purple cloak of Wisdom and Truth.

O Divine Alchemist, then my desire will become Thy Living Force manifesting Thy will be done on earth as it is in heaven.

L 3      25th April 1950      HTR  
                                  April 1950      SSHP

**O Great Eternal (“One,”) Thou** hast made all plain to those who heed Thee.

I was caught in the gulf stream of emotion and carried to distant shores, yet there I found Thee waiting to free me.

O Great Emotion of Love, as I grasped Thee with all my strength I found that Eternal Spring of Living Water.

I drank deeply and found the Truth that Love alone heals all wounds.

Now I am drunk with Thy ever-refreshing balm, O Beloved Love.

L 4      2nd May 1950      HTR

**Thou art the ocean, I am the liquid.**

Thou art the fire, I am the flame.

Thou art the rose, I am the petal.

Thou art the Father-Mother, I am Thy offspring,

Thou art the lover, I am the loved.

Thou art the music, I am the rhythm.

Thou art the Infinite, I am the finite, one and the same.

Thy peace in me makes me at peace.

Thy joy in me makes me glad.

Thy wisdom in me makes me true.

Thy love in me makes me loving.

Thy harmony in me makes me harmonious.

O Beloved, now I know we are One.

L 5      9th May 1950      HTR

**O Mighty One**, I have misused the independence Thou hast given me and through this brought suffering.

I am glad that Thou hast shown me that what I sow I reap, which is the Law of Cause and Effect to guide me to Thee.

I have found that today was determined by my action of yesterday and tomorrow depends upon how I shall think and act today.

Although created in Thy own image and endowed with Thy power my birthright was overshadowed by my lack of understanding and self-imposed limitation.

Now my Spirit, soul and body are one in Thee, O Radiant "One."

L 6      16th May 1950      HTR



**O Lovely One**, Thou art lovely by nature, and Thou hast given me Thy Nature so that I may express It and thus be free.

Thou hast shown me to love others because Thou lovest all.

Thou hast taught me to be true to my word as Thou art true to me.

Thou hast taught me how to make others happy because Thou art the essence of happiness.

Thou hast taught me to smile, for as I look upon my face I see Thy reflection.

O Lovely One, my happiness and joy I find in others because there I see Thy Presence, my Beloved One.

L 7      23rd May 1950      HTR

**O Beloved Father-Mother Divine Parent**, I am of Thy Spirit, flesh and blood.

While Thou behold me through the twinkling stars Thou art present in my heart.

While Thou watch me through the sun and the moon, my soul and body are Thine.

While Thou caress me through the sun and rain, Thou lovest me through my love.

While Thy Immortality throbs in my heart my mortal frame gives expression to Thy Voice.

While Thou help others through my hands let them realise it is Thy touch not mine.

While Thou inspire others through my mind make them feel Thy breath in them.

While I sing for joy in Thy Presence, complete my eternal song in the realisation of Thy Presence in me, O Dearest Beloved.

L 8      30th May 1950      HTR

**O Thou great Lover of error-torn brothers**, the magic wand of thy words still lingers in our hearts, "Forgive them they know not what they do."

Thy trial upon the Cross proved the victory of Love over all anger and resentment and destructive emotion that harnessed man to his self-imposed shackles through ignorance.

O beloved Elder Brother, you are our example, for what thou hast done all can do, for thou hast told us so.

Wisdom obliterates ignorance. Love obliterates hatred, the Spirit obliterates death, the pain is subdued by understanding.

Let us remember thee when harshness covers up our Divine nature.

And when we are crucified by others let thy words be ours also.

Our one desire is to be at home with thee in the bosom of our Father-Mother-God who gives all birth into Eternal Life, peace and happiness.

L 9      6th June 1950      HTR

**O Love Supreme**, teach me to gather the fragrance of Love from all the flowers that grow in the Garden of Humanity.

In every human soul Thy fragrance is pouring forth un-noticed. In the honeycomb of my heart I shall store the nectar of the blossom that blooms in my surroundings.

And when Winter blasts bear upon me I shall still remember Thee.

And all the honey that I have stored shall be food for others in the time of need.

Then I shall follow in His footsteps who expressed Thy Love to all, O Love Supreme.

L 10      20th June 1950      HTR

**O Divine Nature**, Thou art the essence of my soul, my wanderings in the forest of doubt delayed the realisation of Thy Presence.

As sleeping sons and daughters of God awaken, so does the greater self awaken more and more.

O Sons and daughters of God, understand that you have every thing the Father has. "I and the Father are one." This realisation gives dominion over all things even as the Father has. This is my birthright, and yours also, O Sons and Daughters of God.

August 1950      SSHP

**O Divine Peace**, I am in tune with Thee. I care not if the screaming shells of painful memories whistle around me.

I take no notice of stray shots fired at my honour.

Machine guns of desire and emotions may fire their salvos for while Thou art with me I am safe behind the ramparts of Thy everlasting peace.

I am safe in the rough and tumble of modern life for I seek not to rouse the wrath of others, neither do I awaken in them resentment or envy. For of myself I am nothing, all my blessings come from Thee.

I thank Thee for Thy secret store of everlasting peace hidden in my soul. I find it flowing into my consciousness as I relax and think of Thee, O Divine Peace.

L 1      1st August 1950      HTR

**O Conscious Divine Peace**, Thou dost secretly support my soul and body.

Inharmony is dissolved by Thy spiritualising energy of Love.

O Beautiful One, help me to learn to live more and more in Thee, and less in myself.

I was lost in my own emotional reaction while ignorant of Thy Presence.

But now, O Lovely One, I am learning step by step to get closer to Thee and feel Thy harmonising power removing all my self-created discord.

And while I sleep and while I am awake Thou and I are in lovely silent union, my Beloved.

L 2    8th August 1950    HTR

**O Dearly Beloved**, Thy design is within me waiting to express Itself when I reveal my errors to myself.

O Divine Sculptor, chisel my life according to Thy design, for I have ignorantly followed a pattern of my own.

O Divine Perfect One, I have in the past thought Thy purpose of Life evil and have reached the depths of despair.

Now, Omnipotent Omniscient and Omnipresent One, every thought that I think let it be saturated with the presence of Thy Wisdom.

Let every feeling I have now glow with Love, for I have seen my mind wherein was once hate, bitterness and frustration.

Thou art now the Sculptor in my life, my consciousness the chisel in Thy hands. Henceforth I will watch and pray that Thy beauty may shine in me, O Adorable One.

L 3    15th August 1950    HTR

**O Loving Heart, that lives in all hearts,** teach me to love and serve others for I have found that Thy love heals all.

Let my word be true, designed in the pattern of Thy Loving Kindness.

Thou hast shown me through Thy Son Jesus that Love is above all things in heaven and on earth. “Forgive them for they know not what they do,” kills resentment and strife in the heart and sets us free.

O Divine Mother of Life, teach me to find my happiness in the joy of others, then I will prove that I am Thy child, Beloved Mother of Mine.

L 4 22nd August 1950 HTR

**O Son of Man, awaken to realise you are a Son of God.**

However wrong you may appear the Spirit waiteth patiently to flood your mind and body.

The greatest sinner is but a sleeping Son of God.

“But as many as received Him to them gave He power to become the Sons of God.”

“I am’ the Voice who cries in the desert, level the way for the Lord.”

“He who receives me receives the Father who sent me.”

Thus I have accepted Him and now I am free.

Thank you, Father, my cup is full and running over.

Amen.

L 5 29th August 1950 HTR

**O Divine One**, Thou art just behind my thoughts, yet at times Thou seem so far away.

Was it that I myself was the cause, engulfed in the stream of reaction to the outside world?

Loving One, now may Thy Presence be revealed in my thoughts and the veil that separated us be dissolved away.

Talk with me, walk with me. I want to hear Thee speak to me. For Thou hast shown me the way that leads to Thee, O Precious One.

L 6 5th September 1950 HTR

**Dearest Beloved**, no matter where I go I will find Thee there.

In the noise and din of my earthly life Thou art there with me when storms blow and breakers roar.

Thy sweet silence shall ever be with me.

When in my dreams, memories cast their shadows, Thy magic word "I am" shall prevail and as I ascend to my full wakefulness I will cry for joy, I am at home with Thee, Dearest Beloved.

L 7 12th September 1950 HTR

**Beloved, if I go to the farthest Star there I shall be with Thee.**

Worlds may come and worlds may go but I will be with Thee always.

The things Thou gavest me will never blind me to the Giver.

For Thou, the Giver of all things, will always be greater than the gift.

When trials come I shall look into Thine eyes and will say "I will be with Thee always" and I shall be free.

When my earthly breath fades into Eternal Life, I will whisper to Thee, "I am Thine always, Beloved."

L 8 19th September 1950 HTR

**O Infinite Splendour,** Thy call has come to me to awaken myself.

In my sleeping mind I heard Thee whisper to me, where I am behold Thou art there also.

Since then Thy whisper has been constantly working through my soul and body.

And now I am working with Thee through living Eternity.

O Mighty One, I am Thy trumpet so all may hear Thy voice and awaken into their true inheritance.

When my earthly voice can whisper no more I will still whisper through Thee so that Thy voice will be heard in every soul, O Infinite Splendour.

June 1950 SSHP

L 9 26th September 1950 HTR

**O Mother of Mine, beyond time and space,** Thou hast created me in finite form the image of Thy Infinity.

Thy Spirit invisible took shape and I came into "Being."

Thy all protecting Heart throbs in my heart, within my breast in the form of Love.

While Thy Omnipresent Infinity I fail to comprehend, yet Thou hast drawn aside the veil of mystery revealing Thy glory to me.

And Thou hast told me that which is Thine is also mine.

And now, O Mother of Mine, I am at peace with all Thy creation.

L 10    3rd October 1950    HTR

**O Sacred Heart, Thy words are balm to my soul.**

I listened while the waves beat upon the shore and in them I heard Thy Voice calling to me.

O dearly Beloved, let my words be moulded in Thy bosom so that only Love shall be carried on their wings.

If I should speak let me hear Thee first, O Beloved, then my words shall be as music to the ear.

O Divine Mother of Mine, when I utter Thy name I think of the lotus flower in all its beauty and fragrance.

Teach me, Divine Mother, to speak the right words always so that they may spread joy and happiness everywhere forever and ever, Divine Mother of Mine.

L 1    17th October 1950    HTR



**Dearly Beloved**, this is my celestial song. I come to Thee as I see myself in others.

Whatever treasure lies in my soul I will share with Thee as I help others.

Whatever I have done unto the least of them I have done unto Thee.

Whatsoever is mine that also is Thine, my cup is overflowing with all Thy bounties. When I do honour to myself in others I do honour Thee.

Thou art my Delight, O Beloved.

L 2 24th October 1950 HTR

**O Blessed One**, Thou hast shown me the way to shed the personal in order to become impersonal.

Thou hast shown me the way to cast aside the limited in order to expand into the unlimited.

Not until the imperfect, the small, the contracted, the personal is surpassed can I know Thy Divine Presence.

In Thee alone lies Life, Immortality, in the separate self alone lies death.

I shall become what Thou art within me. Yet no human words can interpret Thy invisible Nature, only Thy voiceless messages can reveal Thy Presence, O Blessed One.

L 3 31st October 1950 HTR

**O Divine Wisdom**, my mind was clogged and smeared with delusion. Wash away my selfishness with the Stream of Thy Love.

Let Thy Love-Power shower down to fertilise my desire to reveal more of Thee.

Bathe my thoughts in the pool of Thy Wisdom so that all my prejudices shall cease.

Cover my path with Thy Roses of Love so that Thy fragrance shall hasten my steps towards Thee, there to find also in others Thy fragrance of Love, O Perfect One.

L 4 7th November 1950 HTR

**O Spirit of Life**, Thou art in front of me behind me to the left of me and to the right, above and beneath, within and without, for Thou art everywhere.

O Spirit of Life, teach me to heal my body and revitalise my soul with Thy Cosmic Force, then my mind will flourish with wisdom.

Let my meditation be strong through the intuition of Thy Presence, making Thyself known to me every moment of time, O Spirit of Life.

L 5 14th November 1950 HTR

**Thou rarest of Hearts**, amidst the prejudiced minds and bitter hatreds, thou hast shown us how to treat insults, how to forgive others their trespasses against us.

Thou didst shed thy Love upon all with equality, and show us how to become attractive and sweet with loving kindness.

Thou didst love the stray as much as the good. Didst thou not say leave the ninety-nine and go find the one that is lost so that the fold would be complete.

Thou hast taught us how to free ourselves from self torture and remorse by loving all who love us and loving all who love us not. Thank you, Beloved Master.

October 1950 SSHP

L 6 21st November 1950 HTR

**O Divine Love**, fill my heart full of Thy Love so that I may overcome all criticism.

Teach me to cling to Thee even though others err against me.

Even if suffering come nigh me Thy Love will keep me close to Thy bosom, while I feel the warmth of healing Love pouring through me.

I pray that I will never forget Thy Love for me so that my soul will always rejoice.

No matter what others do to me help me to be like Thy Son Jesus that my Love may be as strong to say, "Forgive them for they know not what they do," O Beloved Love.

L 7 28th November 1950 HTR

**In the Garden of Humanity** there blooms eternally a flower of great beauty and the aroma spreads all over the world.

All those who look upon this flower are no longer the same, they feel the fragrance of Love that overwhelms them.

Deep wounds of hatred no longer exist when the seed of this flower grows in the soul.

Those sweet words will also fall from our lips, "O Father, forgive them for they know not what they do."

December 1950 SSHP

**O Perfect Love**, I am Thine and Thou art mine, so we are one.

Thy Flame of Love has consumed me in its allness and abundance of Thy mercy and loving forgiveness.

May all souls on earth worship at Thy Shrine of Love to be purified in Thy Cosmic Crystal Pool of Thy Love. Help us to forgive one another as Thou hast forgiven us.

That we may love one another as Thou lovest us and then all souls may be strung together as pearls with the one Spirit of Love, O Perfect Love.

November 1950 SSHP

L 8 5th December 1950 HTR

**O Cosmic Life**, Thou art one only. Thou hast expressed Thyself through Moses and the prophets, through Jesus and through us all. We are all one.

Thou art the Ocean of Life, we are the drops, one and the same. Thou art the Father-Mother, we are Thy children, we exist in Thee forever.

Thou art the Lover we are the Loved for we are one.

Thou art the music, we are the rhythm, we can never be separated.

Thou art the Eternal, we are in Eternity, O Beloved Cosmic Life.

L 9 12th December 1950 HTR

**O Powerful and Quiet and Holy Calm**, now and ever abide with me,

As Love draws me close to the mighty word of the Stranger of Galilee.

As this Truth abides with us forever we can tender and gracious be.

In spite of the Cross we can journey on like the Stranger of Galilee.

L 10 19th December 1950 HTR

**In the Timeless Hall of Creation everywhere I hear Thy footsteps.**

In the booming thunder and in the Silent Atom that moves in my soul, they are one. Thy steps are echoed in the farthest horizon.

Thy steps ever tread to the magic music of Infinity in the Sacred Sanctuary of my Soul. There I will listen to Thy invisible Harmony, which is Eternal and Ever-present.

Yes, my Beloved, I hear Thee always, Thy invisible Harmony charms me. Amen.

January 1951      SSHP

April 1952        SSHP

**O Perfect One**, Thou art the Essence of my Being, made in the image of Thy Perfection.

The errors I have dissolved away, for it was in my ignorance I allowed the seed of weakness to grow.

But now Thou art just behind my eyes with which I see.

Thou art just behind my ears with which I hear.

Thou art just behind my touch with which I heal.

Thy Eternal Sweetness is just behind my prayer.

Thou art behind my love revealing Thy Self in my caresses

Thou art just behind my kiss, O Beloved Perfect One.

L 1      6th February 1951    LMA

L 2      20th April 1954        SLW

**O Divine Broadcaster**, Thy wisdom is searching the ether for hearts attuned to Thee.

The Kingdom of man's mind has been clogged with illusion and has not yet heard Thy call.

Yet the downpour of Thy Love will wash away the embitterment of race, colour and class prejudices.

And in Thy Everlasting Pool of Wisdom and Understanding we will bathe and there wash our ignorance and cruelty away.

And over the dark paths we have trod, carpet them with Thy Love's roses so that those who follow will inhale Thy fragrance as they tread, pointing the way to Thy Palace of Peace and Freedom, O Divine One.

L 2 13th February 1951 LMA

**O Heavenly One**, who dwelleth in each one of us, we call Thee Father in Heaven for we are Thy children.

In the summer of our life may it be that we gather the nectar of equality which grows in the garden of human souls.

And in our hearts we shall store the honey of forgiveness so that when winter's blast comes we shall feed on Thy Love and Mercy.

Sweet is the honeycomb filled with Thy forgiveness which we have found in Thy loving son Jesus.

Our devotion is filled with gratefulness and we shall broadcast our joy with a chorus of Thy blessings, O Heavenly One.

L 3 20th February 1951 LMA

**O Eternal my home is with Thee**, the flame of inspiration is hidden in Thy Spirit within me.

The vast ocean of Truth can only be measured according to my capacity of understanding.

So will my prayers be felt according to my intuition and feeling of Thy Presence.

As I try to feel Thy inspiration behind and within me so do I give expression to Thy Love and Wisdom.

I learn to know Thee, Beloved, by learning to know myself.

I am one with the Love of Christ in Thee, O Eternal One.

L 4 27th February 1951 LMA

**O Eternal and Ever-present**, Thy beauty and wisdom, love and power were revealed through Thy son who called himself the Son of Man and the Son of God.

I do not ask freedom from evil because I know I am one with Thee already. I know that the error I create has no foundation except in my stupid self.

But with Thy Presence in me I am freed because I was never bound except by my ignorant self.

When I see suffering beyond the power of human effort revealing its limitations then I ask of Thee who is unlimited and free and all there is, and I know Thy presence is the cure.

Therefore I do not pray as a beggar at Thy altar but as Thy Son for we are one, O Beloved Father and Eternal One.

L 5 6th March 1951 LMA



**O Eternal One**, Who dwelleth in all, tune us to hear the Master's Voice calling all mind-hearts. Make our hearts receiving sets for his Love and our minds receiving sets for his thoughts and words. For it is Thy Love and Wisdom that he caught to bless us with. We know that Thy Love and Wisdom is roaming the ether-waves searching for a resting place in the soul of man.

May we be privileged, O Eternal One, to hear Thy magic song of Love's awakening in the hearts of all throughout the world.

L 6    13th March 1951    LMA

**O Beloved**, Thou art my eternal joy. All my faults are dissolved away when I enter Thy house of Love and Harmony.

Yes, I was beaten by the winds of fate and drenched in the rain of misery while I wandered in the groves of ignorance.

But now I am looking towards Thee and although storms beat down and rocks appear in my path I am sailing safely towards the Light of Thy Love and Wisdom to my home in Thee, O Beloved.

L 7    20th March 1951    LMA

**O Divine “Presence,”** I was once blind to Thy omnipresence.

Although I knew that all roads led to Thee I could not find the way.

At last, O Beautiful One, I found myself, then the door opened into Thy Eternal Garden of Eternal Flowers.

I knew that Thou alone had planted the seed because they grew up in Thy likeness.

Now I find doors open in the hearts of many who love Thee.

Yet there are those also who have not turned towards Thee and the door is closed fast.

O Divine Presence, knock on these doors and arouse those who still sleepeth in ignorance of Thy “Presence,” O Divine “One.”

L 8    27th March 1951    LMA

**O Divine One,** I have through my experiences learned to realise Thy Presence.

Thy Presence alone now inspires my faith and wherever I gaze I see what “faith” has done. Jesus, thou blessed one, thou hast shown me how not to wander into the wilderness of doubt and fear.

I have seen the miracle as I turned my eyes to gaze upon the Christ enthroned upon the Kingdom of Heaven within.

O Divine One, Thy invisible nature enchants me, and now I listen to Thy unseen Voice which creates peace and harmony in my soul and body.

I have now caught a glimpse of Thy faith that’s makes me whole, O Divine One.

L 9    3rd April 1951    LMA

**O Divine Christ of God**, thou art my Star that holds me to my course upon the storm-tossed sea of prejudiced minds.

Thy Love still held against the hatred of the world, may thy magic words hold me fast also to the heart of God. "Forgive them for they know not what they do."

Thou didst know the Father of Love to be your Father and mine and the Father of all. May I do as thou didst, Love my enemies as myself.

Thy Cross is now my symbol of wisdom over ignorance. O Divine Christ of God, there are many wandering hearts seeking thy fold but their hatreds have blinded the way to Thee.

Stir in their souls the wisdom thou hast placed there from the beginning, so that they can see through the fog of ignorance that surrounds them, O Divine Brother of Mine.

L 10 5th April 1951 (JB) LMA

**This is my Beloved Son, hear him.**

In the hall of Creation everywhere I hear Thy footsteps. In the booming thunder and in the silent Atom that throbs in my soul, they are one. Thy steps are echoed in the farthest horizon.

May Thy steps ever tread to the magic music of Infinity in the Sacred Sanctuary of my Soul.

Yes, my Beloved, I hear Thee always, Thy invisible harmony charms me. Amen.

L 10 10th April 1951 LMA

**Beneath the canopy of Heaven and in the furthest Star,  
I am there.**

Worshippers may come and worshippers may go, but I will be there always.

The World may deny Thee while playing with playthings of time, yet I will always be there.

Yes! Even while the embers of earthly life flicker out, I will be there, O Beloved One.

L 1    17th April 1951    LMA

**I AM that I am.** I sang my song on the many branches of my Tree of Life.

My Song of Life was echoed in the green leaves, the souls who fed upon Me.

In My garden, through centuries of time, sleeping souls awaken unto Me.

In My Eternal concert My rhythm stirs the hearts awaiting to hear My Voice, calling all to come into My Cosmic Freedom.

I have heard Thy Voice in my soul, O Beloved "One," and now I am free.

February 1951    SSHP  
L 2    24th April 1951    LMA

**I slumbered in the arms of Thy “Infinity”** while the feeling in my craving heart prevented me knowing Thy Eternal Presence.

I awoke and waited in the Silence of Thy Being and there burst forth the soul melodies of joy.

I then removed all sacred rituals that separated Thee and me, which lay so long locked in my memory, and now I know that within my Soul is Thy Throne of Eternal Peace, O Beloved ‘Infinity’.

L 3      1st May 1951      LMA

L 1      13th April 1954      SLW

**Those who die in their ignorance are but sleeping Sons of God.**

“But as many as received him to them gave he power to become the Sons of God.”

O Thou all wise Divine, Thou art not deceived by the mockery of a prayer. Thou cannot be bribed, yet Thou art easy to move with love and sincerity for Thou art the Fountain of pure thought.

My dream of separation has passed and I have awakened in Thee to find all others beside me clothed in the Robe of Thy Love, O Blessed One.

L 4      8th May 1951      LMA

**Father-Mother O' Mine**, I have learned that all that is Thine is mine.

I perceive Thee in all my joyous activities.

Thy Silent Voice cheers me while I work and play.

While I am awake, sleeping or dreaming Thy Presence is always with me.

In every heart throb, in every breath it is Thy Presence that lives.

Thy beauty is beyond description, Father-Mother O' Mine.

L 5      15th May 1951      LMA

**Teach me, O Spirit of Life**, to discern all that hinders Thy expression in me.

Teach me to discern not with fear but with Love and the false will disappear without struggle.

Teach me to remember Thee first, then my actions will be acceptable to Thee, O Beloved.

Adorn me with the perfume of Thy happiness so that my inward poverty will disappear.

Teach me to Love with Thy Heart in mine.

I will change all my happiness for Thine.

All my joys I will disown for Thine.

I will be Thine and Thou will be mine. Divine Love of Mine.

L 6      22nd May 1951      LMA

**Blessed Teacher of all Souls**, Thou didst bid us to seek deep in the recess of our being to find the “Pearl of great price.”

Beliefs in which we thought we could find inspiration we found were chaff before the winds of fear and doubt.

But as we spread our Wings of Love beyond these boundaries of separation, Thou didst leap into our hearts with joy.

Still teach us, Blessed Teacher, for we still need the guidance of the Christ within—the Good Shepherd that keeps the fold complete, O Beloved Teacher of Mine.

L 7      29th May 1951      LMA

**O Infinite Splendour**, in Thy Infinite Creation the Rhythm of Thy Eternal Voice is heard everywhere.

The Infinitude of form arises from within Thy “Heart” which beats with everlasting joy, and it is this that throbs in my soul.

I have heard Thy Voice through the Christ within revealing all as One and One as all.

Now I know the words of the Master are true. “He that beholds me beholds Him Who sent me,” O Glorious “One.”

L 8      5th June 1951      LMA

**Infinite Spirit reveal to me the Eternal Nature** in which I live forever so that I shall never again be afraid.

Help me to remember that Thy son Jesus, our elder brother, still lives even though his ascension meant a Cross.

Bless me, O Blessed One, with Thy unlimited power, to overcome the weakness of my outer self. Then I shall know whether I am awake, asleep or dreaming, that Thy Eternal Loving Presence is always with me, Thou art with me always and I am with Thee in Christ forever.

I will say with Love for all “Unto Thee I commend my Spirit,” my outer self struggles no longer, O Infinite Father of Mine.

L 9      12th June 1951      LMA

**O Mighty One**, Thou art not separate but one with me eternally. In Thee there is no evil for the devil cannot exist in Thy Omnipresence.

It was the king of illusion who sat on the throne of ignorance was the cause of ill-health, unhappiness and my soul-blindness.

It was in my deepest moment of despair that I heard Thy Voice calling “Be not afraid, for I am with thee always.” Then the Light that shone from the beginning of time blotted out all the darkness in my mind.

Now I see with clear sight, all that hinders Thy expression. I thank Thee, O Mighty One, that Thy light becomes mine forever more.

October 1951      SSHP  
L 3      19th February 1952      WOC



**O Divine Truth**, I perceive that if I worship Thee, thinking that Thou art one and I another, I do not know.

O Divine Truth I perceive that if I look for anything elsewhere than in myself I am abandoned by everything.

O Divine Truth, I am in Thee and Thou art in me and we are one, O Holy Divinity.

Divine Truth, there is nothing else for man to be but the Truth for man cannot be a portion of the Indivisible, but each one of us is forced, to be the Whole Truth and nothing but the Truth because there is nothing else but Thee, O Holy One.

L 1    2nd October 1951    LMA

**O Divine Beloved**, in Thy Presence there is no presence of sin.

O Divine Love, in Thy Presence of Love there is no presence of hate, anger, or antagonism.

O Divine Power, there is no presence of any other power but Thee.

O Divine Consciousness, in Thy Presence there is no presence of evil.

In Thy Presence that is ever-present, Holy One, there is no presence of pride, selfishness, jealousy, envy, malice, cruelty or revenge. None of these are reflected in me, now that I have seen Thee in Christ Jesus.

Thank you, Beloved Father, in Whom I live and have my being, Thy throne is in me forever, one with Christ, My Beloved.

L 2    9th October 1951    LMA

**O Eternal One**, Thou art forever present, when we love Thee we love Thy creation for Thou art that because all is Thee.

Let us learn that contradiction is ignorance, but true thinking is the path to freedom.

When once we have truly seen the Christ, Thy only begotten Son, the only One—in all, then we have denied all else but Thee.

O Perfect One, in the bloom of my first Love I lost all sense of self. In this love for Thee, O Blessed One, we are set free.

L 3 16th October 1951 LMA

**O Infinite Parent**, I have come from Thee into the world to tarry awhile.

May I learn the highest wisdom during my stay.

Thou hast given me an example to follow, to invest my Love in humanity.

May my heart feel the joy and sorrow of all hearts and may my soul unite with all souls.

Invest me with Thy Wisdom to lead others into the Light that lighteth the world,

Make my country the whole world. Make my nationality include all humanity.

Make my religion only one with Thee, O Infinite Parent.

L 4 23rd October 1951 LMA

**O Divine Brother of Mine**, Lover of all Souls,  
 Thy victory of Life over death,  
 Thy Victory of Love over hatred,  
 Thy Victory of soul over the flesh,  
 Thy Victory of wisdom over ignorance has shown us the way to  
 live.

Teach us to pour out thy sweetness when harshness surrounds us.  
 Give us the calmness of thy presence when accused and persecuted  
 without cause.

Help us to return Love for hate so that we may become thy  
 disciples, O Divine Brother of Mine.

L 5 30th October 1951 LMA

**O Divine One**, my Spirit soul and body is Thine.  
 This is what Thy Son Jesus showed to me.  
 May my Life be his Life, my Love his Love, my desires his  
 desires.

May my eyes behold what he beholds and my mind be one with  
 his mind.

Then find myself one with Thee in everyone, O Divine One.

L 6 6th November 1951 LMA

**O Beloved Brother**, I open my soul to thine so that all the fragrant perfume of thy love will scent the atmosphere that surrounds me and I shall say in my heart, "I shall be thy disciple."

I will laugh at death for I will hold the Presence of the Father as my constant awareness of thee.

In thy blessed light I will dissolve all shadows and fears, that appear, and in thy Blessed "Truth" I shall remain alive forever.

May thy love be expressed in my devotion to Him who sent you into the world to witness unto the Truth of the only "One."

Help me to awaken this Truth and Love in all hearts, Beloved Brother of Mine.

L 7 13th November 1951 LMA

**O Dearly Beloved**, thy Spirit lightens my heart, thy presence an eternal joy.

Thou art alive forever.

Thou art just behind my prayer.

Thy presence pierces the veil of my thought, yet at times thou seem so far away.

I want to hear thee speak to me in that Silent Voice I know so well.

Thou art my boon companion all the way, O dearly Beloved.

L 8 20th November 1951 LMA

**O Beloved**, when I was hungry thou didst give me thy Spiritual food that satisfies forever.

When I was thirsty thou didst give me the well of living water that leads to Eternal Life.

When I bathed in thy clear pool of understanding I felt the refreshing power of thy wisdom.

When I looked into thy face I felt the warmth of thy Love.

Thy eternal welcome made me glad and I knew I was home, O Beloved.

L 9 27th November 1951 LMA

**O Infinite Love**, Thy son came and tore away the veil that hid Eternal Life and appeared in Thy Holy Temple not made with hands. When I close my eyes and seek to grasp Infinity my brain cannot fathom Thy Infinitude.

But when I open my eyes and gaze upon the Eternal Christ I behold Thy Cosmic Presence of Love. And as I hear the throb of the One Heart and feel the One Love and see the One Life in all I know now he came to give love and to serve all. He appeared as Immortal Life, in mortal garb to destroy death.

He came as a babe to unite parents in greater unselfish Divine Love, born in the child. He was the Fountain of Joy in human hearts, he showed the Cosmic Mind in human consciousness and as he passed beyond the Creation of time and space I found immortality in him who was once man.

December 1951 SSHP

**Father, Son and the Holy Spirit**, who remained behind time and space Invisible yet visible.

Thy Son came and tore away the veil that hid Eternal Life and appeared in Thy Holy Temple not made with hands.

When I close my eyes and seek to grasp Infinity my brain cannot fathom Thy Infinitude.

But when I open my eyes and gaze upon the Eternal Christ I behold the Cosmic Temple.

And as I hear the throb of the one Heart and feel the one Love and see the one Life in all lives I know now he came to give love and to serve all. He appeared as Immortal Life to destroy death.

He came as a babe to unite parents in a greater unselfish Divine Love, born in the child.

He was the Fountain of Joy in human hearts, he showed the Cosmic Mind in human consciousness and as he passed beyond the Creation of time and space I found immortality in him who was once man.

The word that was God made flesh, remains immortal, "I AM THE LIFE."

L 10 4th December 1951 LMA

**O Understanding Faith**, wherever I gaze I see what Thou hast done. Keep my mind from wandering into the bog of doubt and fear.

Train my mind to hold on to Thy invisible power and my soul to speak the word that creates out of the void.

Oh, may I ever remember his words, "Thy faith hath made thee whole."

Keep alive forever that faith that never wavers, never dies and bless me with Thy Love and Wisdom, O Eternal One.

L 10 January 1952 SSHP  
8th April 1952 WOC

**O Creator of the Universe**, Thy invisible Nature is in everything Thou hast created.

I have now become conscious of Thy Nature vested in myself.

Thy Divine Nature of Love remains the foundation of all Thy Creation. With this understanding, O Mighty One, I have come to know that Love is the healing balm for all.

February 1952    SSHP

**I Shall no longer whine with complaint**, nor shall I say that Thou hast yoked me to the demands of the flesh.

Neither do I crave anymore for earthly comforts for they are the figments of my mortal sense, neither shall I blame any man for being busy with material things, for everyone must find his own way.

All I know is that Thou watered the yielding crops that grew without man's aid. All man did was to plant the seed and Thou, the Master Potter, moulded the earth and sprinkled it with sun and rain.

I am now content that all is mine because we are one, for Thy seed is mine and mine is Thine, O Infinite One.

L 1    5th February 1952    WOC  
August 1952    SSHP

**I Lost the “Father of all” in the wastelands of beliefs** and I could not find my home.

Although I prayed and kept the door of my soul open expecting Thee to enter from without yet I did not find Thee.

My groping mind was filled with fear in a world created by man. At last in the throes of despair I heard Thy Voice from within.

Then I rose out of my darkness to find the Light that shone from the beginning of time. It enveloped me in Thee who art my home for ever more and I am now no longer afraid, Beloved One.

L 2 13th February 1952 WOC

**O All-Prevailing One**, from within my consciousness Thou hast removed the cloud of doubt from my mind-heart.

My mind is made free with Thy Ever-Presence and my soul purified with Thy wholeness.

Now I recognise Thee alone.

Thou art my teacher, my guide, my friend, my Creative Being.

O Blessed One, thank Thee for showing me the way to Thee within.

L 4 26th February 1952 WOC  
November 1952 SSHP



**O Eternal and Ever-present Life**, my Life is Thine and Thine is mine. I do not ask Thee for freedom from conflict and sorrow because in myself is the cause. I have now learned that ignorance has its roots in my stupid self.

I now know that with Thy Ever-present Life in me I am already free because I was never bound except in my own mind.

When I see human suffering beyond human endurance I know that the realization of Thy Presence is the cure.

Therefore I do not pray to Thee in separation but in unity for we are ever alive and living in Thee and Thee in us.

This is the peace we can have now, individually and collectively, O Beloved Eternal One.

L 5      4th March 1952      WOC

**O Ever-present Life**, wisdom is waiting to give joyful revelation of Thy Presence.

Man's mind has been clogged with beliefs and illusions of the past and has not heard Thy Eternal Voice.

Yet Thy Love will wash away all race, colour and class, prejudices, and in Thy everlasting and ever-present Wisdom we will experience that spontaneous creative joy, when our minds are freed from the burden of memory.

The paths we have trod will melt like the snow before the blazing sun of Truth, O Ever-present Life.

L 6      11th March 1952      WOC  
    September 1952      SSHP

**O Eternal Ever-present and Love**, my inspiration is Thine.

The vast expanse of Thy Eternal Presence cannot be measured by mind, yet my prayers will be the expression of Thy Presence, and Thy Love and Wisdom my guide.

As I know myself so do I find I am one with Thee,  
O Eternal One.

L 7    18th March 1952    WOC  
          June 1952            SSHP

**O Beloved**, within my consciousness I can scan my Eternal Home and Thou art my Eternal Joy.

I found that all my errors dissolved away when Thy Love and Wisdom become my staff.

I no longer need to probe my way in the darkness, for Thou art my Eternal Light. Yes, I was beaten by the winds of fate and drenched with the rain of misery while I wandered in the darkness of my mind.

But now the storms have abated, the rocks have disappeared from my path and I no longer stumble for I have Thy staff of Love and Wisdom.

I have seen Thee in my brother, O Beloved.

L 8    25th March 1952    WOC  
          July 1952            SSHP

**O Omnipresent Omnipotent Omniscience**, Thy Love and Wisdom have removed the cloud of ignorance from my mind and heart.

My consciousness is made clear through Thy Presence and my mind freed from conflict and illusion.

As I behold Thee and Thee only my joy lives forever.  
Now I think rightly, O Divine Love and Wisdom.

L 9      1st April 1952      WOC

**O Infinite Creator of Heaven and Earth**, may Thy Consciousness be revealed to me as mine also.

Open my inner vision that I may behold Thee behind my idea and that Thy Intelligent Energy will express my idea into form.

Burst open my consciousness with Thy Presence that I may see beyond the illusion of my mind.

In Thee I dwell and Thou dwelleth in me, made in Thy likeness with true understanding, all that hinders Thy expression shall fade away into nothingness.

Let the thought waves of Thy mighty Creative Consciousness beam through my consciousness for it is Thee alone who worketh in me, O Blessed Creator of Mine.

L 1      15th April 1952      WOC

**O Divine One**, when I was a babe in swaddling clothes I was unable to walk or talk.

Yet as I grew up I “thought” in ignorance of my Divine Nature but as I found myself in Thee my fear turned to joy.

In the realization of my Divine birth I opened my eyes to see the glory of Thy Presence.

Thy thought and Thy wisdom was set deep in my soul, and there in the crystal clear pool of understanding I thought of Thee and I as one.

I now know my Cosmic self and no longer fear the shadows cast by ignorant thought for I vibrate with Thy Power, O Divine One.

L 2    22nd April 1952    WOC

**O Thou Unknowable One**, in Thy Wisdom Thou hast planted Thy Self in me.

In my ignorance I did not know my own power was one with Thine and my thoughts caused havoc instead of harmony.

Now, O Blessed One, I have come to know myself and with Thy Eternal Love to understand I bless all.

Since then O Beloved One, I have found the wisdom of the Master’s words “condemn not lest ye be condemned.”

I thank Thee, O Eternal Love, that I have found Thee in time. Amen.

L 3    29th April 1952    WOC

**O Mighty One**, Thou hast created me like unto Thyself. In my ignorance I did not understand, but now I have found the key to Thy treasure.

O Blessed One, how can I thank Thee except by doing Thy Will.

Thou hast clothed me in matter and I was lost in the darkness of my mind.

Now the Light that shone from the beginning showed me the way to conquer all things as Thou hast decreed.

O Mighty One, I bow before Thee. In Thy Wisdom Thou hast made me like unto Thee and through the Love of Thy Son I found myself united in all, Beloved of Mine.

L 4      6th May 1952      WOC

**O Mighty Perfect One**, Thou hast created me in Thy bosom with the same Life which is Thine Eternal.

Little did I know that Thy power of creation was centred within me. Through my ignorance I set in motion forces that imprisoned me.

When I awoke from my natal slumber as a child awakens to know its mother, so did I know Thee as my Father-Mother-God.

Since then, O Mighty Perfect One, I have allowed Thy thought alone to flow in and out of my consciousness creating within Thee as Thou hast decreed, for we are One.

Now I understand what Jesus said, "I and the Father are one," O Perfect One.

L 5      13th May 1952      WOC

**O Thou of Wisdom and Love,** Thy nature Thou hast given unto me that I may walk in Thy ways.

Even though I was born in ignorance Thou hast shown me the way to Thy glory.

It was through Thy Son Jesus I saw the Light. Thank Thee, O Blessed One, for sending him into the world to be a light unto men.

Grant me the understanding to guide others into the ways of Truth and Freedom through Wisdom and Love, O Mighty One.

L 6	20th May 1952	WOC
	February 1955	SSHP

**O Eternal One, Thou art alone.** There is none other but Thee. Within Thy mind Thou hast created all through Thy thought and word.

Now that I know myself I find also that I Create within my mind with thought and word.

I now know the power of Thy Thought and Word, O Eternal One, for I have seen the power within myself.

Thou art the word and I am Thy word. How else could it be?

O Blessed One, I thank Thee for revealing this Truth to me that we are one Eternally, O Eternal One.

L 7	27th May 1952	WOC
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**O Mighty One**, I was ignorant of my birth, then from within I heard Thy Voice of Creation, I realized I was within Thy Mighty Self.

Since then, O Mighty One, I am forever bound with Thee in Thy Love for me. The golden fetters of Thy Love supported me even in the darkness of ignorance.

The sound of Thy Creation is forever with me and I am now forever in Thy Presence, O Mighty One.

L 8      3rd June 1952      WOC

**O Blessed Truth**, Thou art Ever-present and Eternal. Thou alone art my Guide, my Friend, my Staff that comforts me.

When I heard Thy Voice in all Creation I knelt before Thee. As I did so, I heard Thy Voice also within me.

My mind was silenced, my memories dissolved for I knew Thee alone.

And forever afterwards I knew what was false. This knowing kept me close to Thee forever, O Blessed Eternal Truth.

L 9      17th June 1952      WOC

**O Eternal Love**, the Sweetness of Thy Perfume in the human heart is the Perfume of Perfumes.

How can I seek anything less than the greatest when It is silently waiting to express Itself without struggle.

Yes, when the struggle and craving ceased, in my soul I found that which I had craved for.

O Ever-enduring Love, may Thy Perfume awaken the hearts of all to perceive the beauty of Thy Presence everywhere, O Eternal Love.

L 10    24th June 1952    WOC

**O Eternal One**, within Thy Bosom is the secret of Truth.

Although I feasted from the Tree of Life I was still hungry.

Then I realized that I must feed from Thy Bosom as a child takes from its Mother and my hunger ceased.

With Thy Essence of Life I was filled for I ate nothing else but that which I took from Thee.

O Mighty One, Thy Wisdom and Thy Love have lifted me beyond time and space to be with Thee forever, O Beloved Divine Mother of mine.

L 1    5th August 1952    SOS



**O Eternal One**, in Thee alone is there true freedom.

My mind became fouled by weeds when I stagnated in myself apart from Thee.

But when I observed those weeds, I saw they were of my own creation, yet in my ignorance I tried to discard them. In many ways I tried and failed, only when I came to see they were not of Thee but of me myself did I discover Thee within me, free from all illusion. I no longer feared these weeds that clogged my mind for they were of my own creation and not Thine, O Eternal One.

I destroyed their growth by seeing how I had conditioned myself, then they died in me never to appear anymore.

I Thank Thee, O Blessed One, that I have discovered Thee, now I am free.

This is my meditation, O Eternal Beloved.

L 2    12th August 1952    SOS

**O Great Eternal**, Thou art one only, there is no other but Thee, I am one with Thee, and through me Thou makest all things change, while Thou exists within me unchangeable.

O Beloved One, Thou raised my Beloved brother, and Thou will also raise me to be with Thee in Thy Eternal Presence.

Now that I know I gladly act as Thy Messenger of Light for I cannot do otherwise, for Thou hast ordained it and this is my peace, O Eternal One.

L 3    19th August 1952    SOS

**O Wondrous One,** Thy nature inherent in me has revealed how wondrous I am made.

Thou hast come to earth in the form of man and it was Jesus Thy Son who revealed Thee to me.

Since then, O Wondrous One, I have searched and found that I am one with Thee.

As I grow out of my illusion of the separate self I find more and more of the splendour of Thy inheritance that Thou hast given to me and as I search it is further revealed to me.

With all my heart and soul full of gratitude is nothing compared with the wealth that Thou hast given me, O Wondrous One.

L 4 2nd September 1952 SOS

**O Eternal Love and Wisdom,** Thou hast made Thyself known to me only when I began to see my actions towards others.

I found I was untrue to Thee for Thou liveth in my neighbours also.

When all enmity was dissolved away I found my true self one with Thee, O Eternal Love and Wisdom.

L 5 9th September 1952 SOS

**O Great Creator of the Universe**, Thou hast revealed Thy Cosmic Creation to those serving Thee wholly.

Within me Thy mighty Power dwells and Thy wisdom has drawn me to It.

Thy Love in the centre of my being, was the key that opens the door to Thy wondrous Creation.

As I opened the Door and found Thee within I was no longer afraid for Thou spoke the words—All power is given unto thee in heaven and on earth, O great and mighty One.

L 6 16th September 1952 SOS

**O Eternal One**, Thy will in me is all power.

Without Thee I am weak and torn with conflict and ignorance.

When I learned of Thy Presence Within me my sorrow turned to joy.

Now I find Thy Presence is omnipotent and omniscient, all power and all wisdom invested in me.

Step by step I climbed the stairs of progress until all was revealed unto me—what is Thine, is also mine, O Eternal One.

L 7 23rd September 1952 SOS

**O Eternal One**, Thou hast created all within Thyself. Thy Life in all.

Ignorance rules the world today, yet through that ignorance will man become free when he discerns its ways.

Thou hast given all the power to see the light of the world which is also the light in man himself.

The Light that came two thousand years ago is still burning brightly and thousands are beginning to see It free from creeds, forms and ideologies, that separates man from man.

Man's mind is now discerning the false, soon he will free himself from his own self-imposed misery through not understanding himself, O Eternal One.

L 8 30th September 1952 SOS

**O Great Eternal One**, Thou art without confusion for when we look upon the sun and moon we see Thy perfect plan.

When I did not seek Thee alone and listened to ignorant man I was confused with the babble of the various tongues.

I lost confidence in myself because I listened to others, now I listen to Thee alone and my confidence has returned, this is my Reality, the Truth I find within myself, all that is false dissolves away, O Beloved One.

L 9 7th October 1952 SOS

**O Divine Mother**, Thou lovest all Thy children and each is my brother and sister.

Teach me to love and serve as Thou dost love and serve all.

Then I will find my happiness in the joy that Thou hast in Thy Love, Divine Mother of Mine.

L 1	14th October 1952	SOS
	October 1952	SSHP
	December 1954	SSHP

**O Great Eternal One**, Thou art whole and complete. Thou art Love, Wisdom and Power. Thou art **our** Father Who art in heaven.

Man has through his ignorance, created confusion within and without, thus he creates his own hell.

As Moses lifted up the serpent in the wilderness so must the son of man be lifted up, to arise and return to Thee, O Divine One.

Then we are made whole, for Thou alone art my Physician Who dwells within me.

I am no longer sick, O Eternal One, neither will my world be for Thou art within me, my Beloved.

L 2	21st October 1952	SOS
	December 1952	SSHP

**O Conscious Divine Life**, Thou dost directly support my brain and body.

Foods that Thou hast prepared for me are spiritualized within me into energy by Thy Cosmic Life within.

Now that I know Thy Presence is ever with me, I shall live more and more by Thy direct Cosmic Energy and less and less by food.

I am recharged with Thy Cosmic Life, O Mighty One, and now the storm of sensory disturbances has ceased to rage in my mind.

The magic wand of Thy Presence is my healing O Blessed Divine Father of Mine.

L 3    28th October 1952    SOS  
           January 1953        SSHP

**O Divine One**, Thou didst sow the seed of Truth, yet many trod it underfoot not recognizing its salvation.

Some did take it in, yet it failed to take root because of their lack of understanding.

O Divine One, help us to till the soil of our souls so that the roots of the seed will grow to bring forth more fruit in abundance.

For salvation begins with us. May the Light shine forth to help others to see the way, O Blessed Brother of Mine.

L 4    4th November 1952    SOS

**O Divine One**, Thou art I, I am Thou, knowing knower known as one, one unbroken thrill of Eternal Living.

By Thy Eternal Presence beyond time I am forever renewed. Thy Eternal Peace calms all storms that arise in me. This is my fully conscious state beyond the limits of my mortal state, O Blessed Boundless Eternity.

L 5 11th November 1952 SOS  
February 1953 SSHP

**O Eternal Beloved**, Thy storeroom is ever open to me and now I care not what my possessions may be for all belong to Thee.

Thou hast granted me the use of all that is Thine for Thou hast told me that all was also mine.

My state of "Being" is one with Thee and now the veil of ignorance has vanished that separated Thee from me, O Eternal Beloved.

L 6 18th November 1952 SOS  
March 1953 SSHP

**O Eternal Beloved**, Thy nature is born in every soul, yet covered up with the ignorant self.

When I discern the nature of the self that covered up Thy beauty I was freed, then I found that this freedom alone was virtue.

What I thought was virtue was but an illusion in which I was bound, for there *was* no virtue in the self. But now, O Eternal One, I am free through understanding myself. Without condemnation, without fear I found freedom and Love. Then I found Thee, my Eternal Beloved.

This is my virtue, O Eternal and Ever-present One.

L 7 25th November 1952 SOS

April 1953 SSHP

**The door opened before me because of Thy coming in the likeness of our Father.** Everything shone with Life as I understood Thee, O Blessed One.

The ground on which I stood thrilled me because of Thee, and everywhere dumb Nature revealed Thy Presence. Thy touch everywhere revealed Thy Nature and I sank into Thy Perfume of Bliss, O Blessed One.

I beheld Thy Sanctuary hidden within the Silence of my Soul, and upon Thy Alter of Sacredness plays Thy Fountain of Joy, O Blessed One.

With my heart full of Love, I catch and drink Thy Living Water, then I know I need thirst no more, O Blessed One.

L 8 2nd December 1952 SOS

May 1953 SSHP



**Beloved Eternal One**, Thou hast created the world so that man would find himself through service.

But the Satan of the Self has led him into the deserts of waste and destructive separation.

Be it possible, O Mighty One, that Thy Presence within will cause man to look into his heart, and repent, and thereby free himself from the Satan of the Self.

Then the glory of Thy Presence will overwhelm him, thus freeing him from his own conditioning, O Eternal One.

L 9 9th December 1952 SOS

**O Fountain of Love, Wisdom and Power**, make us discern all that is preventing our hearts from being flooded by Thy Omnipresence.

O Mighty Source of all things, we were lost in the sands of short-lived sense satisfaction and forgot that Thou alone exist forever.

Through our cravings we have been swept through the lowland rivers of passion and strife torn by the jutting rocks of opposites.

O Omnipresent Love, we have at last discerned the cause and now we merge in the ocean of all fulfilment in Thee.

Now we no longer feel the drought of dreary selfishness that came from our sense of separation, for we have found the source of all things, O Beloved One.

L 1 3rd February 1953 WIF

**O Mighty One**, Thou art all that exists, I have no place outside Thee and time does not separate us, for we are one in Thy Timeless State.

Thy Omnipresence frees me from all my conditioning when I can see the cause is within my own mind.

Thy Omnipotence gives me all power in heaven and on earth because we are one.

Thy Omniscience gives me Thy Wisdom and Knowledge to work in harmony with Thy creation.

Thy Love is Thy perfection in me, O Beautiful One. Hide from my eyes, O Lovely One, all that seems unkind in others, so that Thy Love alone shall remain forever in me, O Beloved One.

L 2 10th February 1953 WIF

**Divine Father-Mother**, Thou art all, seen and unseen, created and uncreated. Within Thee I exist and do give expression to Thy Love and Wisdom when I understand myself.

I have found through Thy Wisdom that the uncreated alone is creative and the created is Thy Word gone forth to fulfil Thy will within Thy Self, O Mighty One.

When Thy Son Jesus said, "*When you have seen me you have seen the Father*," I found the key to Thy treasure which was also mine.

Wisdom was gained when I knew that It was Thee alone who lived in me.

Thy Love manifested in me when I found that within my neighbour I saw Thee there also.

Now I am crowned with Thy Holy Presence, and all my limitations are swept away by Thy Eternal Word of Power, invested in me "O Eternal Father-Mother of Mine."

L 3 17th February 1953 WIF

**Thou Art Ever-present in the present always, O Eternal One.**

When I was caught up in the past in memories, in experiences, the present was clouded and I could not feel Thy Omnipresence.

When I saw that all that I had created about Thee in my mind was my own creation it fell away from me then I knew Thou always existed in me, O Eternal One.

When I comprehended the reflection of the past in the mirror of the present without distortion and I began to live in Thee and I saw what was false, then I knew that Thy Reality was Ever-present in me now, and that we are one, O Divine Creator of Mine.

L 4 24th February 1953 WIF

**In Thy Universal Abode, I do exist one with Thee, for Thy Eternal Nature is expressed in Thy Word that was made flesh.**

O Ever-present Eternal Being, when I searched for Thee in my personal self I could not find Thee, but when my personal self died I found I was always one with Thee, never for one moment separated, except in my own ignorance.

Thou art behind my seeing, Thou art behind my hearing, Thou art behind my feeling. Thou art behind my touch.

Now I see Thy Beauty in all Thy Creation, O Mighty One.

Now I hear Thy Voice in all that Thou hast created. Thy Being, Thy Eternal sweetness lay hidden within me, and when I awoke out of my mortal dream It became my Life, O Eternal One.

L 5 3rd March 1953 WIF

**Great Eternal Spirit**, Thou hast created my soul and body in which Thou liveth. Hence I can say, “This is Thy Holy Temple in which I live with Thee.”

I am Thy Life, I know I am, for in my soul and body Thy Living Nature is revealed.

Every word that I speak let it be the vibration of Thy Voice.

Every thought I think let it be saturated with the consciousness of Thy Presence.

Let every feeling I have glow with Thy Love.

Let every act of mine be guided by Thy Wisdom, then my earthly Life will be the ornament of Thy Creation, O Divine Mother of Mine.

L 6    10th March 1953    WIF

**O Divine Nature**, through the door of true meditation Thy Omnipresence was released.

As I watched, It spread its wings over Infinite space. All who listened felt the joy of Its Presence, and all burdens fell away.

Then again the bird of heaven remembered its little cage of past memories, and the habits of the self. It folded its wings and lodged itself behind the bars of Time.

O Divine Eternity, the self-created prison bars that bound me have now dissolved away, this torturing cage of self imposed misery has been turned into joy, as I find myself everywhere one with Thee, O Eternal Divinity.

L 7    10th March 1953    WIF

**O Eternal One**, Thou hast formed me within Thy bosom, Thy Love-Life to manifest through me.

In my Reality I was with Thee while Thou formed the earth and the heavens.

Thy word filled me with joy for Thou didst express Thyself in me, O Holy One.

As I worked with Thee in the vineyard of souls I perceived the straying of the self that was made up of beliefs.

At first I was sad, O Perfect One, but when I perceived that Thou alone were Eternal and Ever-present I dissolved away the unreal and then again I was as Thou created me in Thy Self, O Eternal One.

L 8    24th March 1953    WIF

**O Divine Father-Mother of Mine**, Thy Divine Nature I took with me to earth.

But when I arrived here I found others created like me did not know me and treated me like a stranger.

I cried in vain for recognition among my own but no one recognised me.

I grew up in their ways and when others came in Thy Name I did not recognise them either, for I was caught up in my struggle for security in worldliness.

Then the Christ within called me in Thy Name and I awakened to my folly and saw my craving for security was an illusion.

I became again as Thou didst create me like onto Thy Nature and my struggle ceased for I knew myself to "Be"—Thy image and likeness.

Then I saw myself in all my brothers and sisters here, and recognised those who came after me.

And now I have found joy and peace in the Eternal security of Thy Creativeness that Thou gavest to me from the very beginning, O Glorious Eternal Father-Mother-of-Mine.

L 5    31st March 1953    WIF

**O Mighty One**, Thou alone existed in the very beginning of Time that fades into the Timeless.

It was Thy word alone that created the earth and the heavens and all that exist therein.

Without Thee no existence came into being. Thy Life alone is made manifest in man.

This is the Light that shone from the beginning of Time and remains in the Timeless.

Thy Light alone dissolves the darkness and superstition in man's mind.

The darkness and ignorance of man's mind dimmed that Light within himself.

Then Thy Light appeared in Thy son Jesus, the Light that enlightens every man who comes into the world of darkness.

Those who saw the Light knew that they were Thy children, Thy offspring.

And now we know we owe our birth to Thee, O Holy One, and not to human blood nor to any impulse of the flesh of man, O Eternal Beloved Father of Mine.

L 10      7th April 1953      WIF

**O Eternal One**, Thou alone art Life, Ever-present everywhere ever expressing Thyself in all Thy Creation.

O Mighty One, I searched in vain in the highways and the by-ways and could not find Thee until I dissolved my own creations.

Then, O Benign One, I felt Thy Presence and knew Thy Love and Wisdom was also mine. Now I know the meaning of the words, "*A branch cannot bear fruit unless it abides on the vine,*" O Divine One.

L 1      14th April 1953      WIF  
March 1954      SSHP

**O Divinely Beloved**, Thou remained patiently within while I clung to all that was false.

As I ignorantly followed a pattern made by others I could not think for myself.

In the past, I was caught up in the ideas of good and evil and reached the depth of despair.

On realising Thy Omnipresence I saw the false was made up in my own mind. Then Thy Love and Wisdom revealed that I was one with Thee.

Henceforth I shall watch and pray that Thy beauty alone shall shine in me, O Divinely Beloved.

L 2	21st April 1953	WIF
	February 1954	SSHP

**O Blessed Peace**, If Thou art always present why doest Thou hide Thy face?

Thou didst answer me in the silence of my mind when all the noise of the outer died down.

Yet I did not heed Thy words, given by the Master of Masters, when he said, "*The Kingdom of Heaven is within you.*"

It was only when I discerned my mental make-up that I saw the error of my ways.

Now, O Blessed Peace, I have dissolved all that held Thee from me and found how true are these words, "*Peace will come when thou art peaceful and not before.*"

Now I am one with Thee, O Blessed Peace.

L 3	28th April 1953	WIF
	December 1953	SSHP

**O Great Omnipresent Love**, when my mind was caught up in its own fabrications I was blind to Thy Eternal Presence.

I searched for Thee in my beliefs, in my ideals, but Thy Presence was still hid from me. Even when I condemned the false I did not find Thee.

But when I discerned the false without resistance, without blame, without condemnation, then Thou revealed Thy Ever-present Nature of Love to me.

Then I felt Thy Love surging through my soul and knew that I was free from all antagonisms and conflict.

I am no longer attracted or repelled for Thy Presence everywhere is beauty unadorned.

Now I have found freedom in Thy Love, O Blessed Eternal One.

L 4      5th May 1953      WIF

**O Eternal Ever-present "One,"** Thou art alone living and loving and there is none other but Thee. All live because Thy Life lives in them.

At first I was blind to Thy Presence and looked outside for guidance. In my ignorance I followed a belief created by man which was kindled by hate.

I found others with different beliefs which separated man from man and was confused.

It was only when I saw the falseness of beliefs made by man did I find Thee, O Beloved "One." Now I am free for I know that we are One and I am one with all. To "Love my neighbour as myself" is to live in Thee.

In my freedom I have found joy and peace beyond understanding through Thy Love, O Blessed Eternal "One."

L 5      12th May 1953      WIF  
 January 1954      SSHP



**O great Omnipresence of Love**, Thou art beyond mental ideas, Thou art Real not merely a word nor an idea.

When I read of Thy beauty and perfection I compared it with my own conception and lost Thy Ever-present Loveliness.

But when I saw how I had made just an idea of Thee, my idea dissolved away and there Thou didst reveal Thyself.

Now I know my intellect is incapable of knowing Thy Love for Love is not made up in the mind.

Now Thou art my sculptor, my awareness the chisel to cut away the false. Henceforth I will “watch and pray” so that Thy beauty alone shall shine from me, O Great Omnipresence of Love.

L 6      19th May 1953      WIF  
                  November 1953      SSHP

**O Ever-present Eternal Being**, when I speculated about Life I was afraid. But then, O Eternal One, my fear disappeared when I knew I was Life.

I knew my Living was from moment to moment, in the Ever-present, and the past died at that moment. This, I know, was death. Death was the end of the moment, while Life renewed Itself Eternally.

O Great One, as Thou revealed Thyself to me as my Being, I was no longer afraid because Thou art always with me.

Now I know the meaning of the words, “Follow me, let the dead bury their dead,” O Mighty Eternal Living Father of Mine.

L 7      26th May 1953      WIF  
                  October 1953      SSHP

**O Beloved Wholeness, Thou art one.** Thou art alone living in each individual.

In Thee there is no division, no separation. This is Peace, Love and Wisdom for all.

Yet in the mind of man the seed of dissension has arisen through desire for the power of the self.

In ignorance man has pursued a state of isolation and separation which is contrary to Thy Will.

O Beloved Wholeness, Thou didst send Thy son into the world to show the way but man nailed him to a tree.

This sin has dogged man ever since and not until Thy Will, O Holy One, is made clear to the ignorant, will man ever be free of confusion and conflict caused through isolation and separation.

Yet the words of Thy Son are still heard by those who have ears to hear. May it be possible, O Mighty One, that Thy Will be done on earth as it is done in heaven.

June 1953      SSHP

**O Great Eternal Reality,** when I spoke of Thee my mind made up a conception of Thee.

When I saw that my conception was my own creation it dissolved away.

When I knew that the known could not possibly be the Unknown my mind ceased to formulate.

Then my mind became silent and free, and there didst Thou reveal Thyself in all Thy glory, Thy glory even before the world was and in the Silence beyond Time I knew that we were one, O Great Eternal Reality.

L 8      9th June 1953      WIF  
September 1953      SSHP

**O Eternal One**, I was made by Thee alone;  
 My hands made to serve Thee, Thy Love and Wisdom expressing  
 Thy Nature in me.

My eyes to see Thy beauty with flawless perception of Thy creation;  
 My ears to hear Thy Divine melodies flowing through all hearts  
 in adoration of Thy Presence;

My lips made to express Thy Divine inspiration and kiss the mouth  
 that holds Thy Love entwined;

My heart made to respond to Thy call alone, that leaps from the  
 hearts of all in need of Thy Love;

And now may my soul become the Spring of Living Water from  
 which all who seek may drink of Thy Everlasting Love and Wisdom,  
 O Eternal One.

L 9      16th June 1953      WIF  
                  August 1953      SSHP

**O Eternal One**, I know that Thou art I and I am Thee and Thou  
 alone does exist now and ever will.

Thou dost impersonally exist in every soul as Love and Wisdom.

I behold Thee as Christ. I behold Thee as Krishna, in the babe  
 Thou art there.

In all nations alike, dark and fair, Thou art there hidden in the  
 Temple of Love.

In the Sea of Cosmic Infinitude so do Thou appear unto me, visible  
 and living, for Thou art the Ocean of Life, O Beloved Eternal One.

L 10      23rd June 1953      WIF  
                  July 1953      SSHP

**O Beloved "One,"** in Thee there is no division, no separation. When I discovered that Thou didst create me within Thy Self and Thy Self alone is my Love-Life I was freed from all limitation.

In this freedom I found true happiness for I saw Thee everywhere, and was no longer afraid.

In my mind arose the seed of separation through the desire for power of the self which was the great illusion.

In my ignorance of my true being I pursued a state of isolation contrary to Thy Will.

O Beloved One, when Thou sent Thy son into the world to reveal Thy Love-Life within man himself, man did not heed him because man was caught up in his ignorance of Thy Ever-present Love-Life.

The words spoken through Thy son have penetrated my mind and now all that hinders the expression of Thy Love-Life has faded away into nothingness.

Now Thy Creative Consciousness beams through me for I know it is Thee alone who worketh in me, O Blessed Creator of Mine.

L 1 2nd February 1954 SLW

**O Ever-present Life,** Thou alone art Creative. Thou canst not be antagonistic to Thine own Creation in any form.

It was the illusion of separation in my mind while in ignorance of our oneness that created my fear and loneliness.

This illusion of separation was the cause of ill-health, unhappiness and sense of lack.

But in my despair, I dimly heard Thy Silent Voice say, "Remove from your mind all that hinders My expression in you and We will be one as We always were one."

Then Thy Light that shone from the beginning shone in every corner of my being. Henceforth, Beloved One, there shall be no more darkness for I shall live in Thy Presence forever, O Eternal Creative One.

L 2 9th February 1954 SLW  
April 1954 SSHP

**O Infinite Being,** I was lost in my finite self seeking Thee afar off.

While I was seeking to “become,” a never-ceasing struggle blinded me to Thy Presence.

I gave up the struggle, and, O Infinite Father of Mine, Thou revealed to me that we were one.

Then Thy Peace came in me, and in that Peace Thou didst work in and through me.

And as Thou didst fashion the Universe within Thy Being so didst Thou express Thy Self as my Being.

O Mighty One, I am no longer afraid for I see. Thee in my brother and my sister, for there is but “One,” and now my joy is complete, O Wondrous One.

L 3 16th February 1954 SLW  
May 1954 SSHP

**O External Ever-present Presence,** I lived in the illusion of my separateness until I found that we were “One.”

My body made from the dust of eternity is scattered again to become Infinite once more.

My soul’s mortal garment becomes immortal for there is nothing apart from Thee.

My body dust commingles with the dust of Thy feet and my soul merges into Thy Mind to become the diadem of Thy heart.

My Life is Thy Cosmic Life, my breath Thy Cosmic Breath, my Spirit becomes Thy Spirit, my will becomes Thy Will.

My hands become Thy Mighty Hand, my feet to walk in Thy ways, my brain the instrument of Thy thought, my love Thy Love, to love my neighbour as myself.

After my sojourn in delusion, I come to rest in Thy bosom for evermore, O Eternal Ever-present Presence.

L 4 23rd February 1954 SLW  
June 1954 SSHP

**O Son of Man**, awaken to the Presence that is Eternal and Ever-present within you.

Then, O Son of Man, there will be no more struggle, for Love shall fill your heart.

The Son of Man becomes the Son of God when he loves his neighbour as himself.

The Divine Design within is waiting to express Itself when you see the false you alone have created.

Then you will be the Son of God, O Son of Man.

L 5    2nd March 1954    SLW  
           July 1954        SSHP

**O Eternal Love**, I thought I knew Thee through my ideal.

Little did I know how far I was from Thee, while I hated those who had no ideals.

In my ignorance I held ideals yet I lived in their opposites.

When I understood that I was the creator of them both and saw myself as I really was, full of antagonisms and hate, then transformation took place.

Then I knew I was nobody and my struggle to “become” ceased. I really loved because I was free.

When I loved completely, O Adorable Love, I knew I was all, and I became Love, one with Thee, O Eternal Love.

L 6    9th March 1954    SLW  
           August 1954     SSHP

**O Wisdom, Thou art my guide.**

O Love, Thou art my Life.

Only when I began to see the false did I begin to see the true.

When I accepted what others said I lost the power to think.

When I believed as I did, I did not now why I believed.

So I was caught up in the net of my own conditioning.

O Wonderful Wisdom, as I opened myself to Thee so didst Thou reveal myself to myself.

O Wonderful Love Thou didst flood my heart with Thy sweetness and I saw the beauty of Thy Holiness.

Now, O Wisdom, I see my brother stripped of all conditioning as I myself have been freed.

Now, O Love, my nature Thou hast made complete with Thy Sweet Holiness, O Divine "One."

L 7    16th March 1954    SLW  
September 1954    SSHP

**O Eternal One,** Thou alone art the foundation of our Living.

In my ignorance I held an ideal while unaware of my conditioning, so my conflict remained.

My meditation on Thee was an illusion for I did not know myself.

But when I understood myself, my mind revealed all that I had created therein and my conflict ceased.

In the cessation of the turmoil the quiet of Thy Eternal Peace was reached and there Thou didst reveal Thyself to me as "One" and "One" only. Then I knew how false was all that separated me from my Brother and Thee, O Eternal "One."

L 8    23rd March 1954    SLW  
October 1954    SSHP

**Whatever I do unto my brethren I do unto Thee,** O Ever-present Life.

When I was blinded by the self Thy presence was not revealed to me.

I found that the self was poor in heart and that the comforts of the self are but pangs of ignorance.

Blessed are those who serve Thee by serving others, for this is the key to Thy Treasure, O Holy One.

Noble achievements and dreams of Love are empty without Thy blessing, O Beloved One.

To those who yet do not know Thy Eternal Living Presence, health and sickness, Life and death, good and evil are traps for their unwary feet.

When we awaken to the falseness of the world-painted screen of illusion then we will behold the Reality of Thy Presence which exists within us and is our Creativeness.

Then we will know whatever we have done to one another we have done unto Thee, O Divine Omnipresence.

L 10      6th April 1954      SLW

**O Divine One,** Thy Wisdom is searching the ether for hearts attuned to Thee.

The Kingdom of man's mind has been clogged with illusion and has not yet heard Thy call.

Yet the downpour of Thy Love will wash away the embitterment of race, colour and class prejudices.

And in Thy Everlasting Pool of Wisdom and Understanding we will bathe and there wash our ignorance and cruelty away.

And over the dark paths we have trod, carpet them with Thy Love's roses so that those who follow will inhale Thy fragrance as they tread, pointing the way to Thy Palace of Peace and Freedom, O Divine One.

L 3      27th April 1954      SLW



**“I am that I am.”**

On the many branches of My Tree of Life I have sung *My Song* in the hearts of men.

As My song was echoed in the green leaves—the souls who heard Me realized their Oneness with my Life. Then My Life alone was food to them.

Yet through the centuries of time My Timeless state remains; that is why sleeping souls in the world of time can still awaken unto me.

The rhythm of My Song stirs the hearts awaiting to hear My Voice calling, “come into My Cosmic Freedom.”

‘So I arose and went.’

L 4	4th May 1954	SLW
	January 1955	SSHP

**Thou didst not yoke me to the demands of the flesh but to understand them.**

Now that I do understand this I no longer whine with complaint.

With Thee I have everything and no longer crave as I did in my ignorance of our oneness.

I shall not disagree with any man who has not found himself, for everyone must find the way unaided.

Thou didst water the yielding crops that grew without man’s aid. All that man did was to plant the seed and Thou then moulded the earth and sprinkled it with sun and rain.

Now I am content that all is mine because we are one. For Thy seed is mine and mine is Thine, O Infinite One.

L 5	11th May 1954	SWL
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**I wandered far in the forest of beliefs and ideas and could not find my way.**

Although I prayed much I was still ignorant of Thy Presence, because my groping mind was filled with fear and confusion.

In my despair I heard Thy Silent Voice from within say, 'You are blinded to My Presence because of your ideas,' then I saw the Light that shone before time began and followed It.

I forsook the forest of ideas to bask in that Eternal Peace.

I saw others praying as I did, my love went out to them to help them see the Light that shone from within for I knew that Thou alone waited patiently to reveal Thy Self to all, O Lovely One.

L 6      18th May 1954      SLW

**O Blessed One**, in my ignorance I sought Thee in the outer but could not find Thee.

It was only when I saw the outer was unreal did I seek deep in my Being to find the Pearl of Great Price.

The beliefs in which I thought I could find inspiration I found were chaff before the winds of fear and doubt.

It was when I spread Thy Wings of Love beyond the boundaries of separation didst Thou leap into my heart with joy.

Then I knew Thee as the Christ within, the only Real, O Blessed One.

L 7      25th May 1954      SLW

**O Mighty One**, the sweetness of Thy Perfume in the human heart has not faded. It is the evil-smelling self that has temporarily obliterated Its beauty.

The ignorant self is the cause of all ill-health, unhappiness and separation and is lost in a world of illusion.

When I awakened to this illusion I found that Thou were patiently waiting to express Thyself in me. Then I was free from struggle.

Only when my struggle ceased did my soul find that which I was struggling for.

O Ever-enduring Love, may Thy Perfume awaken the hearts of all to perceive the beauty of Thy Presence Everywhere, O Holy One.

L 8      1st June 1954      SLW

**O Faith, where art Thou?**

I read about Thee in all the holy books but could not find Thee there.

But when I realized that those words were written by another like myself I searched within for the answer and there did I find Thee waiting to serve.

O Faith that is not of mind, Thou art so mighty but only as mighty as I am mighty in Thee.

Thou didst serve me well when I freed myself from my mental concept of Thee. For in my mind was the fear that Thou wouldst fail me.

But when I saw that fear was my own creation, and knew I could not create Thee, for Thou were beyond my mind, waiting to serve me, then knew that Thou art the Christ within, O Mighty Faith.

L 9      8th June 1954      SLW

**O Eternal Love, Thou art not divided.** In Thee there is no evil for Thy Omnipresence is Love Divine.

Evil exists only in men's mind and heart who professes Thee but does not know himself.

It was the self that sat on the throne of ignorance that was the cause of all my misery.

I was blinded by my beliefs, by my ideas to Thy wondrous Ever-present Love.

It was only when I understood the ways of the self did I hear Thy Voice calling from within my Being, "come unto Me I will give thee rest."

Then Thy Love blotted out all the illusions of my mind.

Now I am aware of all that hinders Thy expression in me.

O Mighty Love, I am Thine and Thou art mine for evermore.

L 10    15th June 1954    SLW

**O Divine Spirit, Thou art ever free.**

While I struggled in my mind I did not know Thee.

In my ignorance I divided Thee into so many parts and lost sight of myself in others.

In the self-created prison of my mind I was perpetually concerned with an idea of Thee.

I read all the holy books, the statements there confused me because I was myself confused.

Then I saw. "He that cometh to God must know that He is." Then I knew that Thou wert beyond my mind.

As I looked into my mind and saw all therein I knew that Thou wert not there, I had merely an idea of Thee.

Only when I gave up all ideas of Thee didst Thou reveal Thyself to me. Thou wert my Life, my substance, my All. Then I knew we were one, O Divine Spirit.

L 1    15th April 1954    SLW

**O Divine Spirit**, it has been revealed to me all that hinders Thy expression.

With Love I have discerned the false, now fear, hatred and struggle have disappeared.

Now that I have seen man's inhumanity to man I will remember Thee always then my action will be Thy Will, O Beloved.

Thy Presence is now my happiness and my inward poverty has disappeared.

I can only Love with Thy heart in mine, O Divine Heart.

Then I will be Thine as Thou art mine, O Divine Love.

L 2    22nd April 1954    SLW

**O Eternal One**, in Thee alone I am free.

When my mind was full of conflict I was bound in my illusions.

When I observed these were my own creations and not Thine, O Eternal One, they fell from me. Then I felt Thy freedom that is Eternal and Ever-present.

I no longer fear my own creations, neither do I condemn nor criticize myself for in my joy I saw how unreal they were, they then died in me never to appear anymore.

O Eternal One, my joy is in my freedom, one with Thee.

This is my meditation, O Eternal Beloved.

L 3    29th April 1954    SLW

**O Mighty One**, Thy Ever-presence in me is the secret of Truth.

As a child takes from its mother's breast so do I take my Life and Substance from Thee.

From my infancy I was fed from the Tree of Knowledge of Good and Evil which blinded me to Thy Ever-presence in me.

It was when I saw that the Tree grew up in my own mind did I cast it aside. Then Thy Essence of Life filled me and I ate of nothing else but that which I took from Thee alone.

O Mighty One, Thy Love and Wisdom have raised me beyond time and space to abide with Thee for evermore.

Thy Kingdom is within me, O Mighty One.

L 4      6th May 1954      SLW

**O Infinite Creation**, the Rhythm of Thy Eternal Voice is heard everywhere.

The Infinitude of form which is born in Thy Mind-Heart beats with everlasting joy. It is this Love-Joy that throbs in my Soul.

I have listened to Thy Voice—the Christ within—saying “I am in you and you in me and me in them.”

Now I know that He who beholds me beholds Him who sent me, O Infinite One.

L 5      13th May 1954      SLW

**O Divine Mother**, we are all Thy children and each one is my brother and sister.

Teach me to Love my brothers and sisters as Thou lovest all.

Teach me to serve others as Thou dost serve all.

Then I will find my happiness in the joy that Thou hast in Thy Love, O Divine Mother of Mine.

L 6      20th May 1954      SLW

**When I lived in my ignorance I was blinded to Thy Presence.**

Thou wert not deceived by the mockery of prayer yet Thou art easy to move with Love and Sincerity, for Thou art the Fountain of Love and Sweetness.

When my dream of separation passed I awakened in Thee to find all clothed in the Robe of Thy Love.

Ever since, O Beloved, I have discerned all that hinders Thy expression in me, now I hear Thy Silent Voice only, O Eternal One.

L 7      3rd June 1954      SLW

**O Father of Love**, when I pray to Thee thinking that Thou art one and I another I do not understand.

O Father of Mine, if I look for Thee elsewhere than within myself I am lost in the illusion of separation.

O Father of All, Thou art the one Life that makes all brothers and sisters.

O Divine One, there is nothing else for me to be for I cannot be a portion of Thy Infinity. I am forced to be the Truth because there is nothing else but Thee, all else is illusion, O Holy One.

L 8      10th June 1954      SLW

**O Mighty One**, I myself am nothing, with Thee I am all there is for Thou art not divided.

When I reasoned divinely and observed the false I cleared the way to Thy Presence.

In Thy Presence I saw no evil because Thou art the only One, evil I saw was of my own mind.

I saw there could be no reality in personality because Thou alone art Real and Indivisible.

I saw there could be no Reality in sin because Thou art all there is and there is no sin in Thee, only in the mind of man does sin dwell, and the mind of man is false.

Truth is all there is, Truth is Indivisible because there is nothing else to divide it.

Truth is unchangeable because there is nothing else that can change it.

When I discerned what blinded me to the Truth I died with the false.

Now the Truth has set me free. Knowing that the self is the error, believing the false to be true, now the self has died, Thy Life is mine for Evermore, O Blessed Eternal Living Presence.

L 9      17th June 1954      SLW



**Beloved Life**, Thou art Real to those who lose themselves in Thee.

When I expressed my individual self I did not know Thee for I was caught up in the worship of virtue and the horror of sin and was full of fear.

When I perceived I was following a narrow path of ethics, a path that led to emptiness, then from within me Thy Silent Voice spoke in the very depth of my Being, *“I am, and I am the only One, there is none other beside Me. I live only in the present which is Eternal, there is no other time, and thou art one with Me. It is I who live, you live in Me and I live in you. Seek not virtue or reward, then My Wisdom and Love will be yours.”*

I thank Thee, O Beloved “One,” I know now that Thou alone art Real.

L 9    30th March 1954    SLW  
           November 1954    SSHP

**O Divine Father**, Thou lovest all Thy children and each is my brother and sister.

Teach me to love and serve as Thou dost love and serve all.

Then I will find my happiness in the joy that Thou hast in Thy Love, Divine Father of Mine.

December 1954    SSHP

**O Beloved Divine Mother of Mine**, within Thy Bosom is the secret of Truth.

Although I feasted from the Tree of Life I was still hungry.

Then I realised that I must feed from Thy Bosom as a child takes from its mother and my hunger ceased.

With Thy Essence of Life I was filled for I ate of nothing else but that which I took from Thee alone.

O Mighty One, Thy Wisdom and Thy Love have lifted me beyond time and space to be with Thee forever, O Beloved Divine Mother of Mine.

Date Unknown      YLR

**Divine Mother of Mine**, Thy words are balm to my soul.

I listened while the waves beat upon the shore and in them I heard Thy Voice calling to me.

O dearly Beloved, let my words be moulded in Thy heart, so that only Love shall be carried on their wings.

If I should speak let me hear Thee first, O Beloved, then my words shall be as music to the ear.

O Divine Mother of Mine, when I utter Thy name I think of the lotus flower in all its beauty and fragrance.

Teach me, Divine Mother, to speak the right words always so that they may spread joy and happiness everywhere forever and ever, Divine Mother of Mine.

Date Unknown      YLR

“**O Divine Spirit**, it has been revealed to us all that blinds us to Thy Presence. With Love alone we have discerned the false and now, Beloved, all fear, hatred and struggle have disappeared with the self.

“Now that we have seen man’s inhumanity to man we will abide in Thee only and our actions will be Thy Will, O Beloved.

“Thy Presence alone is our happiness, in Thy Presence all inward poverty has dissolved away.

“In Thy Heart we love, O Divine Heart.

“Thy Love, our Love, O Divine Love.”

(Master) taken from YOC

“**O Eternal Living Presence**, I of myself am nothing, but with Thee I am all there is, for Thou art not divided.

“When I reasoned divinely and observed the false, I cleared the way for Thy Living Presence.

“In Thy Living Presence I was devoid of the sense of time because Thou art the Timeless One. Time, I saw, was of my own mind.

“I saw there could be no Reality in personality, because Thou alone art Real and indivisible.

“I saw there could be no Reality in sin, because Thou art all there is and there is no sin in Thee. Only in the mind of man does sin dwell and this is of his own making.

“Thou art the Truth and Truth is all there is, Thou art not divided because there is not anything that can divide Thee.

“Thou art unchangeable because there is not anything than can change Thee.

“When I saw that time blinded me to Thy Living Presence I died to yesterday.

“Now, the Living Truth has set me free, knowing that the self is the error, believing the false to be the true. Now the self has died, Thy Life is mine for evermore,

“O Blessed Eternal Living Presence.”

(Master) taken from YOC

**“He who has sent me is at my side.**

“He has not left me alone for I always do what pleases him.

*‘I AM THAT I AM’*

“On the many branches of my Tree of Life I have sung my song of Love.

“As my song was echoed in the green leaves, those who heard me realised their Oneness with me. Then my Life alone was food for them.

“All through the centuries of time my Timeless state remains. That is why sleeping souls in the world of time can still awaken unto me.

“The rhythm of my song stirs the hearts awaiting to hear my voice calling ‘Come into my Cosmic Freedom.’

“So I arose and went

“I arose and went.”

(Master) taken from YOC

**O Mighty One**, I myself am nothing but with Thee I am all there is, Thou art not divided.

When I reasoned Divinely and observed the false I cleared the way for Thy Living Presence.

In Thy Living Presence I saw no evil because Thou art the only One; evil I saw was of my own mind.

I saw there could be no Reality in personality because Thou alone art Real and Indivisible.

I saw there could be no Reality in sin because in Thee there is no sin and Thou alone existeth. Only in the mind of man does sin dwell and the mind of man is false.

Truth is all there is, Truth is indivisible because there is nothing else to divide It.

Truth is unchangeable because there is nothing else to change It.

When I saw what blinded me to the Truth I died with the false.

Now the Truth has set me free knowing that in myself was the error believing the false to be true.

Now that the self has died, my Life is Thine, Thy Life is mine, for evermore,  
O Blessed Eternal Living Presence.

(Murdo) taken from YOC

**Great and Mighty Eternal Spirit.** *Thou art the only Living Being there is.*

*We live because of Thy Life in us.*

*We are expressing Thy Love, Wisdom and Healing, so that all may benefit thereby.*

MMB 1001

L 6 26th August 1948 JB

**O All-Pervading Genius,** *Thy inspiration has removed the cloud from my mind and heart.*

*My mind is made clear with the breeze of Thy Intelligence, and my soul is purified with Thy wholeness.*

*Now I behold Thee alone, and in my wakeful state Thou art my Teacher, my Guide, my Friend, my Creative Genius.*

*Oh! May such joy be mine forever and ever.*

MMB 3003

L 4 3rd November 1950 JB

***O Blessed Creator of Heaven and Earth**, that Thy consciousness may be revealed to me as mine, open my inner eye that I may behold Thee behind the myriads of atoms coming into form.*

*Burst open my consciousness that I may see behind the illusions of Time and Space, that in Thee I dwell and that I realize that Thou hast made me in Thy likeness.*

*Clear my consciousness of the illusion of fear and doubt that my eye may be single.*

*Let the waves of Thy mighty Creative Power and Faith dance upon the Ocean of my dream, that I may become like Thee, to justify my faith by my works. For it is Thee alone who worketh in me, O Beloved friend and Protector.*

MMB 3004 & 6

L 7 14th March 1950 PRET

L 7 24th November 1949 JB

***O Glorious One**, teach me to gather the nectar from the flowers that bloom in the Garden of human souls so that I may produce the honey of Thy delight.*

*I shall store Thy Love and forgiveness in my heart so that the fragrance of Thy Beauty shall shine from me.*

*And when Winter comes with its cold blasts I shall be covered with Thy blanket of Peace and Love, even though earthly separation dance around me.*

*May my feet follow in the footprints of Thy Beloved One who trod the earth before me so that I may also say "Father, I have shown what Thou art to all men" and hear Thy voice say deep in my soul, "Well done, good and faithful servant, thou hast proved My faith in thee."*

MMB 3005

L 8 21st March 1950 PRET

***Through the night of ignorance and error we pursue a false happiness.***

*Our feet on the path of progress become bogged in the marsh of disillusionment.*

*The deceiving element of desire leads many to be smothered up in the bog of possessiveness.*

*O Divine One, light our path with Thy true torch of progress revealing our true relationship to one another and to Thee.*

*Thy beacon light shines on the rock of Truth so that we may safely reach Thy everlasting shore of peace and plenty. Amen.*

MMB 4007

L 2    18th April 1950    PRET

***O Divine Alchemist, Thou hast formed all things by the power of thought-desire.***

*Teach me to desire in Thee so that Thy great alchemising power be manifested in my life.*

*And out of every seed of my activity shall grow some good. Thus Thou shalt reveal Thy magic to all who desire in Thee.*

*May all selfish ambitions be transformed into noble aspirations.*

*Teach each one to desire Thy abode first, there to transform the cloak of dark ignorance into the gold and purple cloak of Wisdom and Truth.*

*O Divine Alchemist, then my desire will become Thy Living Force manifesting Thy will be done on earth as it is in heaven.*

MMB 4008

L 3    25th April 1950    PRET

***O Great Eternal (“One,”) Thou hast made all plain to those who heed Thee.***

*I was caught in the gulf stream of emotion and carried to distant shores, yet there I found Thee waiting (to free) me.*

*O Great Emotion of Love, as I grasped Thee with all my strength I found that Eternal Spring of Living (Water.)*

*I drank deeply and found the Truth that Love alone heals all wounds.*

*Now I am drunk with Thy ever-refreshing balm, O Beloved Love.*

MMB 4009

L 4      2nd May 1950      PRET

***Thou art the ocean, I am the liquid.***

*Thou art the fire, I am the flame.*

*Thou art the rose, I am the petal.*

*Thou art the Father-Mother, I am Thy offspring,*

*Thou art the lover, I am the loved.*

*Thou art the music, I am the rhythm.*

*Thou art the Infinite, I am the finite, one and the same.*

*Thy peace in me makes me at peace.*

*Thy joy in me makes me glad.*

*Thy wisdom in me makes me true.*

*Thy love in me makes me loving.*

*Thy harmony in me makes me harmonious.*

*O Beloved, now I know we are One.*

MMB 4010

L 5      9th May 1950      PRET



**O Lovely One**, Thou art lovely by nature, and Thou hast given me Thy Nature so that I may express It and thus be free.

Thou hast shown me to love others because Thou lovest all.

Thou hast taught me to be true to my word as Thou art true to me.

Thou hast taught me how to make others happy because Thou art the essence of happiness.

Thou hast taught me to smile, for as I look upon my face I see Thy reflection.

O Lovely One, my happiness and joy I find in others because there I see Thy Presence, my Beloved One.

MMB 4011

L 7      23rd May 1950      PRET

**O Beloved Father-Mother Divine Parent**, I am of Thy Spirit, flesh and blood.

While Thou behold me through the twinkling stars Thou art present in my heart.

While Thou watch me through the sun and the moon, my soul and body are Thine.

While Thou caress me through the sun and rain, Thou lovest me through my love.

While Thy Immortality throbs in my heart my mortal frame gives expression to Thy Voice.

While Thou help others through my hands let them realise it is Thy touch not mine.

While Thou inspire others through my mind make them feel Thy breath in them.

While I sing for joy in Thy Presence, complete my eternal song in the realisation of Thy Presence in me, O Dearest Beloved.

MMB 4012

L 8      30th May 1950      PRET

**O Thou great Lover of error-torn brothers**, the magic wand of thy words still lingers in our hearts, "Forgive them they know not what they do."

Thy trial upon the Cross proved the victory of Love over all anger and resentment and destructive emotion that harnessed man to his self-imposed shackles through ignorance.

O beloved Elder Brother, you are our example, for what thou hast done all can do, for thou hast told us so.

Wisdom obliterates ignorance. Love obliterates hatred, the Spirit obliterates death, the pain is subdued by understanding.

Let us remember thee when harshness covers up our Divine nature.

And when we are crucified by others let thy words be ours also.

Our one desire is to be at home with thee in the bosom of our Father-Mother-God who gives all birth into Eternal Life, peace and happiness.

MMB 4013

L 9      6th June 1950      PRET

**O Love Supreme**, teach me to gather the fragrance of Love from all the flowers that grow in the Garden of Humanity.

In every human soul Thy fragrance is pouring forth un-noticed. In the honeycomb of my heart I shall store the nectar of the blossom that blooms in my surroundings.

And when Winter blasts bear upon me I shall still remember Thee.

And all the honey that I have stored shall be food for others in the time of need.

Then I shall follow in His footsteps who expressed Thy Love to all, O Love Supreme.

MMB 4014

L 10      20th June 1950      PRET

***O Divine Peace,** I am in tune with Thee. I care not if the screaming shells of painful memories whistle around me.*

*I take no notice of stray shots fired at my honour.*

*Machine guns of desire and emotions may fire their salvos for while Thou art with me I am safe behind the ramparts of Thy everlasting peace.*

*I am safe in the rough and tumble of modern life for I seek not to rouse the wrath of others, neither do I awaken in them resentment or envy. For of myself I am nothing, all my blessings come from Thee.*

*I thank Thee for Thy secret store of everlasting peace hidden in my soul. I find it flowing into my consciousness as I relax and think of Thee, O Divine Peace.*

MMB 4015

L 1    1st August 1950    PRET

***O Dearly Beloved,** Thy design is within me waiting to express Itself when I reveal my errors to myself.*

*O Divine Sculptor, chisel my life according to Thy design, for I have ignorantly followed a pattern of my own.*

*O Divine Perfect One, I have in the past thought Thy purpose of Life evil and have reached the depths of despair.*

*Now, Omnipotent Omniscient and Omnipresent One, every thought that I think let it be saturated with the presence of Thy Wisdom.*

*Let every feeling I have now glow with Love, for I have seen my mind wherein was once hate, bitterness and frustration.*

*Thou art now the Sculptor in my life, my consciousness the chisel in Thy hands. Henceforth I will watch and pray that Thy beauty may shine in me, O Adorable One.*

MMB 4016

L 3    15th August 1950    PRET

***O Loving Heart, that lives in all hearts, teach me to love and serve others for I have found that Thy love heals all.***

*Let my word be true, designed in the pattern of Thy Loving Kindness.*

*Thou hast shown me through Thy Son Jesus that Love is above all things in heaven and on earth. "Forgive them for they know not what they do," kills resentment and strife in the heart and sets us free.*

*O Divine Mother of Life, teach me to find my happiness in the joy of others, then I will prove that I am Thy child, Beloved Mother of Mine.*

MMB 4017

L 4 22nd August 1950 PRET

***O Son of Man, awaken to realise you are a Son of God.***

*However wrong you may appear the Spirit waiteth patiently to flood your mind and body.*

*The greatest sinner is but a sleeping Son of God.*

*"But as many as received Him to them gave He power to become the Sons of God."*

*"I am' the Voice who cries in the desert, level the way for the Lord."*

*"He who receives me receives the Father who sent me."*

*Thus I have accepted Him and now I am free.*

*Thank you, Father, my cup is full and running over.*

*Amen.*

MMB 4018

L 5 29th August 1950 PRET

***Dearest Beloved**, no matter where I go I will find Thee there.*

*In the noise and din of my earthly life Thou art there with me when storms blow and breakers roar.*

*Thy sweet silence shall ever be with me.*

*When in my dreams, memories cast their shadows, Thy magic word "I am" shall prevail and as I ascend to my full wakefulness I will cry for joy, I am at home with Thee, Dearest Beloved.*

MMB 4020

L 7 12th September 1950 PRET

***Great and Mighty Eternal Healing Power**, Thou art everywhere because God is everywhere.*

*The font of healing is within the soul and when we open the gate through faith, we can plunge into the font of healing and there be renewed.*

*For we know that this Power is going out everywhere and those who can at this time reach for it, will receive it.*

*We will feel this healing Power now in ourselves.*

MMB 4020

L 7b 12th September 1950 PRET

***Beloved, if I go to the farthest Star there I shall be with Thee.***

*Worlds may come and worlds may go but I will be with Thee always.*

*The things Thou gavest me will never blind me to the Giver.*

*For Thou, the Giver of all things, will always be greater than the gift.*

*When trials come I shall look into Thine eyes and will say "I will be with Thee always" and I shall be free.*

*When my earthly breath fades into Eternal Life, I will whisper to Thee, "I am Thine always, Beloved."*

MMB 4021

L 8 19th September 1950 PRET

***O Infinite Splendour, Thy call has come to me to awaken myself.***

*In my sleeping mind I heard Thee whisper to me, where I am behold Thou art there also.*

*Since then Thy whisper has been constantly working through my soul and body.*

*And now I am working with Thee through living Eternity.*

*O Mighty One, I am Thy trumpet so all may hear Thy voice and awaken into their true inheritance.*

*When my earthly voice can whisper no more I will still whisper through Thee so that Thy voice will be heard in every soul, O Infinite Splendour.*

MMB 4022

L 9 26th September 1950 PRET

**O Sacred Heart**, Thy words are balm to my soul.

*I listened while the waves beat upon the shore and in them I heard Thy Voice calling to me.*

*O dearly Beloved, let my words be moulded in Thy bosom so that only Love shall be carried on their wings.*

*If I should speak let me hear Thee first, O Beloved, then my words shall be as music to the ear.*

*O Divine Mother of Mine, when I utter Thy name I think of the lotus flower in all its beauty and fragrance.*

*Teach me, Divine Mother, to speak the right words always so that they may spread joy and happiness everywhere forever and ever, Divine Mother of Mine.*

MMB 4024

L 1 17th October 1950 PRET

**Dearly Beloved**, this is my celestial song. I come to Thee as I see myself in others.

*Whatever treasure lies in my soul I will share with Thee as I help others.*

*Whatever I have done unto the least of them I have done unto Thee.*

*Whatsoever is mine that also is Thine, my cup is overflowing with all Thy bounties. When I do honour to myself in others I do honour Thee.*

*Thou art my Delight, O Beloved.*

MMB 4025

L 2 24th October 1950 PRET

**O Blessed One**, Thou hast shown me the way to shed the personal in order to become impersonal.

Thou hast shown me the way to cast aside the limited in order to expand into the unlimited.

Not until the imperfect, the small, the contracted, the personal is surpassed can I know Thy Divine Presence.

In Thee alone lies Life, Immortality, in the separate self alone lies death.

I shall become what Thou art within me. Yet no human words can interpret Thy invisible Nature, only Thy voiceless messages can reveal Thy Presence, O Blessed One.

MMB 4026

L 3 31st October 1950 PRET

**O Divine Wisdom**, my mind was clogged and smeared with delusion. Wash away my selfishness with the Stream of Thy Love.

Let Thy Love-Power shower down to fertilise my desire to reveal more of Thee.

Bathe my thoughts in the pool of Thy Wisdom so that all my prejudices shall cease.

Cover my path with Thy Roses of Love so that Thy fragrance shall hasten my steps towards Thee, there to find also in others Thy fragrance of Love, O Perfect One.

MMB 4027

L 4 7th November 1950 PRET



***O Spirit of Life***, Thou art in front of me behind me to the left of me and to the right, above and beneath, within and without, for Thou art everywhere.

*O Spirit of Life*, teach me to heal my body and revitalise my soul with Thy Cosmic Force, then my mind will flourish with wisdom.

Let my meditation be strong through the intuition of Thy Presence, making Thyself known to me every moment of time, *O Spirit of Life*.

MMB 4028

L 5 14th November 1950 PRET

***Thou rarest of Hearts***, amidst the prejudiced minds and bitter hatreds, thou hast shown us how to treat insults, how to forgive others their trespasses against us.

Thou didst shed thy Love upon all with equality, and show us how to become attractive and sweet with loving kindness.

Thou didst love the stray as much as the good. Didst thou not say leave the ninety-nine and go find the one that is lost so that the fold would be complete.

Thou hast taught us how to free ourselves from self torture and remorse by loving all who love us and loving all who love us not. Thank you, Beloved Master.

MMB 4029

L 6 21st November 1950 PRET

***O Divine Love***, fill my heart full of Thy Love so that I may overcome all criticism.

*Teach me to cling to Thee even though others err against me.*

*Even if suffering come nigh me Thy Love will keep me close to Thy bosom, while I feel the warmth of healing Love pouring through me.*

*I pray that I will never forget Thy Love for me so that my soul will always rejoice.*

*No matter what others do to me help me to be like Thy Son Jesus that my Love may be as strong to say, "Forgive them for they know not what they do," O Beloved Love.*

MMB 4030

L 7 28th November 1950 PRET

***O Perfect Love***, I am Thine and Thou art mine, so we are one.

*Thy Flame of Love has consumed me in its all-ness and abundance of Thy mercy and loving forgiveness.*

*May all souls on earth worship at Thy Shrine of Love to be purified in Thy Cosmic Crystal Pool of Thy Love. Help us to forgive one another as Thou hast forgiven us.*

*That we may love one another as Thou lovest us and then all souls may be strung together as pearls with the one Spirit of Love, O Perfect Love.*

MMB 4031

L 8 5th December 1950 PRET

**O Cosmic Life**, Thou art one only. Thou hast expressed Thyself through Moses and the prophets, through Jesus and through us all. We are all one.

Thou art the Ocean of Life, we are the drops, one and the same. Thou art the Father-Mother, we are Thy children, we exist in Thee forever.

Thou art the Lover we are the Loved for we are one.

Thou art the music, we are the rhythm, we can never be separated.

Thou art the Eternal, we are in Eternity, O Beloved Cosmic Life.

MMB 4031

L 9 12th December 1950 PRET

**O Perfect One**, Thou art the Essence of my Being, made in the image of Thy Perfection.

The errors I have dissolved away, for it was in my ignorance I allowed the seed of weakness to grow.

But now Thou art just behind my eyes with which I see.

Thou art just behind my ears with which I hear.

Thou art just behind my touch with which I heal.

Thy Eternal Sweetness is just behind my prayer.

Thou art behind my love revealing Thy Self in my caresses

Thou art just behind my kiss, O Beloved Perfect One.

MMB 5033

L 1 6th February 1951 PRET

**O Divine Broadcaster**, Thy wisdom is searching the ether for hearts attuned to Thee.

The Kingdom of man's mind has been clogged with illusion and has not yet heard Thy call.

Yet the downpour of Thy Love will wash away the embitterment of race, colour and class prejudices.

And in Thy Everlasting Pool of Wisdom and Understanding we will bathe and there wash our ignorance and cruelty away.

And over the dark paths that we have trod, carpet them with Thy Love's roses so that those who follow will inhale Thy fragrance as they tread, pointing the way to Thy Palace of Peace and Freedom, O Divine One.

MMB 5034

L 2 13th February 1951 PRET

**O Heavenly One**, who dwelleth in each one of us, we call Thee Father in Heaven for we are Thy children.

In the summer of our life may it be that we gather the nectar of equality which grows in the garden of human souls.

And in our hearts we shall store the honey of forgiveness so that when winter's blast comes we shall feed on Thy Love and Mercy.

Sweet is the honeycomb filled with Thy forgiveness which we have found in Thy loving son Jesus.

Our devotion is filled with gratefulness and we shall broadcast our joy with a chorus of Thy blessings, O Heavenly One.

MMB 5035

L 3 20th February 1951 PRET

***O Eternal my home is with Thee***, the flame of inspiration is hidden in Thy Spirit within me.

The vast ocean of Truth can only be measured according to my capacity of understanding.

So will my prayers be felt according to my intuition and feeling of Thy Presence.

As I try to feel Thy inspiration behind and within me so do I give expression to Thy Love and Wisdom.

*I learn to know Thee, Beloved, by learning to know myself.*

*I am one with the Love of Christ in Thee, O Eternal One.*

MMB 5036

L 4 27th February 1951 PRET

***O Beloved***, Thou art my eternal joy. All my faults are dissolved away when I enter Thy house of Love and Harmony.

Yes, I was beaten by the winds of fate and drenched in the rain of misery while I wandered in the groves of ignorance.

But now I am looking towards Thee and although storms beat down and rocks appear in my path I am sailing safely towards the Light of Thy Love and Wisdom to my home in Thee, O Beloved.

MMB 5038

L 7 20th March 1951 PRET

***O Divine “Presence,”** I was once blind to Thy omnipresence.  
Although I knew that all roads led to Thee I could not find  
the way.*

*At last, O Beautiful One, I found myself, then the door opened into  
Thy Eternal Garden of Eternal Flowers.*

*I knew that Thou alone had planted the seed because they  
grew up in Thy likeness.*

*Now I find doors open in the hearts of many who love Thee.*

*Yet there are those also who have not turned towards Thee and  
the door is closed fast.*

*O Divine Presence, knock on these doors and arouse those who  
still sleepeth in ignorance of Thy “Presence,” O Divine “One.”*

MMB 5039

L 8 27th March 1951 PRET

***Beneath the canopy of Heaven and in the furthest Star,**  
I am there.*

*Worshippers may come and worshippers may go, but I will be  
there always.*

*The World may deny Thee while playing with the playthings of  
time, yet I will always be there.*

*Yes! Even while the embers of earthly life flicker out, I will be  
there, O Beloved One.*

MMB 5041

L 1 17th April 1951 PRET

***I AM that I am.*** *I sang my song on the many branches of my Tree of Life.*

*My Song of Life was echoed in the green leaves, the souls who fed upon Me.*

*In My garden, through centuries of time, sleeping souls awaken unto Me.*

*In My Eternal concert My rhythm stirs the hearts awaiting to hear My Voice, calling all to come into My Cosmic Freedom.*

*I have heard Thy Voice in my soul, O Beloved "One," and now I am free.*

MMB 5042

L 2    24th April 1951    PRET

***I slumbered in the arms of Thy "Infinity"*** *while the feeling in my craving heart prevented me knowing Thy Eternal Presence.*

*I awoke and waited in the Silence of Thy Being and there burst forth the soul melodies of joy.*

*I then removed all sacred rituals that separated Thee and me, which lay so long locked in my memory, and now I know that within my Soul is Thy Throne of Eternal Peace, O Beloved 'Infinity'.*

MMB 5043

L 3    1st May 1951    PRET

***Those who die in their ignorance are but sleeping Sons of God.***

*“But as many as received him to them gave he power to become the Sons of God.”*

*O Thou all wise Divine, Thou art not deceived by the mockery of a prayer. Thou cannot be bribed, yet Thou art easy to move with love and sincerity for Thou art the foundation of pure thought.*

*My dream of separation has passed and I have awakened in Thee to find all others beside me clothed in the Robe of Thy Love, O Blessed One.*

MMB 5044

L 4      8th May 1951      PRET

***Father-Mother O' Mine***, I have learned that all that is Thine is mine.

*I perceive Thee in all my joyous activities.*

*Thy Silent Voice cheers me while I work and play.*

*While I am awake, sleeping or dreaming Thy Presence is always with me.*

*In every heart throb, in every breath it is Thy Presence that lives.*

*Thy beauty is beyond description, Father-Mother O' Mine.*

MMB 5045

L 5      15th May 1951      PRET



*Teach me, O Spirit of Life, to discern all that hinders Thy expression in me.*

*Teach me to discern not with fear but with Love and the false will disappear without struggle.*

*Teach me to remember Thee first, then my actions will be acceptable to Thee, O Beloved.*

*Adorn me with the perfume of Thy happiness so that my inward poverty will disappear.*

*Teach me to Love with Thy Heart in mine.*

*I will change all my happiness for Thine.*

*All my joys I will disown for Thine.*

*I will be Thine and Thou will be mine. Divine Love of Mine.*

MMB 5046

L 6    22nd May 1951    PRET

*Blessed Teacher of all Souls, Thou didst bid us to seek deep in the recess of our being to find the “Pearl of great price.”*

*Beliefs in which we thought we could find inspiration we found were chaff before the winds of fear and doubt.*

*But as we spread our Wings of Love beyond these boundaries of separation, Thou didst leap into our hearts with joy.*

*Still teach us, Blessed Teacher, for we still need the guidance of the Christ within—the Good Shepherd that keeps the fold complete, O Beloved Teacher of Mine.*

MMB 5047

L 7    29th May 1951    PRET

L 7    15th March 1951    JB

***O Infinite Splendour, in Thy Infinite Creation the Rhythm of Thy Eternal Voice is heard everywhere.***

*The Infinitude of form arises from within Thy "Heart" which beats with everlasting joy, and it is this that throbs in my soul.*

*I have heard Thy Voice through the Christ within revealing all as One and One as all.*

*Now I know the words of the Master are true. "He that beholds me beholds Him Who sent me," O Glorious "One."*

MMB 5048

L 8	5th June 1951	PRET
L 8	22nd March 1951	JB

***Infinite Spirit reveal to me the Eternal Nature in which I live forever so that I shall never again be afraid.***

*Help me to remember that Thy son Jesus, our elder brother, still lives even though his ascension meant a Cross.*

*Bless me, O Blessed One, with Thy unlimited power; to overcome the weakness of my outer self. Then I shall know whether I am awake, asleep or dreaming, that Thy Eternal Loving Presence is always with me, Thou art with me always and I am with Thee in Christ forever.*

*I will say with Love for all "Unto Thee I commend my Spirit," my outer self struggles no longer, O Infinite Father of Mine*

MMB 5049

L 9	12th June 1951	PRET
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***O Divine Beloved***, in Thy Presence there is no presence of sin.

*O Divine Love, in Thy Presence of Love there is no presence of hate, anger, or antagonism.*

*O Divine Power, there is no presence of any other power but Thee.*

*O Divine Consciousness, in Thy Presence there is no presence of evil.*

*In Thy Presence that is ever-present, Holy One, there is no presence of pride, selfishness, jealousy, envy, malice, cruelty or revenge. None of these are reflected in me, now that I have seen Thee in Christ Jesus.*

*Thank you, Beloved Father, in Whom I live and have my being, Thy throne is in me forever; one with Christ, My Beloved*

MMB 5051

L 2 9th October 1951 PRET

***O Eternal One***, Thou art forever present, when we love Thee we love Thy creation for Thou art that because all is Thee.

*Let us learn that contradiction is ignorance, but true thinking is the path to freedom.*

*When once we have truly seen the Christ, Thy only begotten Son, the only One—in all, then we have denied all else but Thee.*

*O Perfect One, in the bloom of my first Love I lost all sense of self. In this love for Thee, O Blessed One, we are set free.*

MMB 5052

L 3 16th October 1951 PRET

***O Infinite Parent***, I have come from Thee into the world to tarry awhile.

*May I learn the highest wisdom during my stay.*

*Thou hast given me an example to follow, to invest my Love in humanity.*

*May my heart feel the joy and sorrow of all hearts and may my soul unite with all souls.*

*Invest me with Thy Wisdom to lead others into the Light that lighteth the world,*

*Make my country the whole world. Make my nationality include all humanity.*

*Make my religion only one with Thee, O Infinite Parent.*

MMB 5053

L 4 23rd October 1951 PRET

***O Divine Brother of Mine***, Lover of all Souls,  
*Thy victory of Life over death,*  
*Thy Victory of Love over hatred,*  
*Thy Victory of soul over the flesh,*  
*Thy Victory of wisdom over ignorance has shown us the way to live.*

*Teach us to pour out thy sweetness when harshness surrounds us.*

*Give us the calmness of thy presence when accused and persecuted without cause.*

*Help us to return Love for hate so that we may become thy disciples, O Divine Brother of Mine.*

MMB 5054

L 5 30th October 1951 PRET

**O Beloved Brother**, I open my soul to thine so that all the fragrant perfume of thy love will scent the atmosphere that surrounds me and I shall say in my heart, "I shall be thy disciple."

I will laugh at death for I will hold the Presence of the Father as my constant awareness of thee.

In thy blessed light I will dissolve all shadows and fears, that appear, and in thy Blessed "Truth" I shall remain alive forever.

May thy love be expressed in my devotion to Him who sent you into the world to witness unto the Truth of the only "One."

Help me to awaken this Truth and Love in all hearts, Beloved Brother of Mine.

MMB 5055

L 7 13th November 1951 PRET

**O Dearly Beloved**, thy Spirit lightens my heart, thy presence an eternal joy.

Thou art alive forever.

Thou art just behind my prayer.

Thy presence pierces the veil of my thought, yet at times thou seem so far away.

I want to hear thee speak to me in that Silent Voice I know so well.

Thou art my boon companion all the way, O dearly Beloved

MMB 5056

L 8 20th November 1951 PRET

**O Beloved**, when I was hungry thou didst give me thy Spiritual food that satisfies forever.

When I was thirsty thou didst give me the well of living water that leads to Eternal Life.

When I bathed in thy eternal clear pool of understanding I felt the refreshing power of thy wisdom.

When I looked into thy face I felt the warmth of thy Love.

Thy eternal welcome made me glad and I knew I was home, O Beloved.

MMB 5057

L 9 27th November 1951 PRET

**Father, Son and the Holy Spirit**, who remains beyond time and space Invisible yet visible.

Thy Son came and tore away the veil that hid Eternal Life and appeared in Thy Holy Temple not made with hands.

When I close my eyes and seek to grasp Infinity my brain cannot fathom Thy Infinitude.

But when I open my eyes and gaze upon the Eternal Christ I behold thy Eternal Cosmic Temple in freedom.

And as I hear the throb of the one Heart and feel the one Love and see the one Life in all lives I know now he came to give love and to serve all. He appeared as Immortal Life to destroy death.

He came as a babe to unite parents in a greater unselfish Divine Love, born in the child.

He was the Fountain of Joy in human hearts, he showed the Cosmic Mind in human consciousness and as he passed beyond the Creation of time and space I found immortality in him who was once man.

The word that was God made flesh, remains immortal, "I AM THE LIFE."

MMB 5058

L 10 4th December 1951 PRET

***I Shall no longer whine with complaint, nor shall I say that Thou hast yoked me to the demands of the flesh.***

*Neither do I crave anymore for earthly comforts for they are the figments of my mortal sense, neither shall I blame any man for being busy with material things, for everyone must find his own way.*

*All I know is that Thou watered the yielding crops that grew without man's aid. All man did was to plant the seed and Thou, the Master Potter, moulded the earth and sprinkled it with sun and rain.*

*Now I am content that all is mine because we are one, for Thy seed is mine and mine is Thine, O Infinite One.*

MMB 6061

L 1 5th February 1952 PRET

***I Lost the "Father of all" in the wastelands of beliefs and I could not find my home.***

*Although I prayed and kept the door of my soul open expecting Thee to enter from without yet I did not find Thee.*

*My groping mind was filled with fear in a world created by man. At last in the throes of despair I heard Thy Voice from within.*

*Then I rose out of my darkness to find the Light that shone from the beginning of time. It enveloped me in Thee who art my home for ever more and I am now no longer afraid, Beloved One.*

MMB 6062

L 2 12th February 1952 PRET

**O Mighty One**, Thou art not separate but one with me Eternally. In Thee there is no evil for the devil cannot exist in Thy Omnipresence.

It was the king of illusion who sat on the throne of ignorance was the cause of ill-health, unhappiness and my soul-blindness.

It was in my deepest moment of despair that I heard Thy Voice calling "Be not afraid, for I am with thee always." Then the Light that shone from the beginning of time blotted out all the darkness in my mind.

Now I see with clear sight, all that hinders Thy expression. I thank Thee, O Mighty One, that Thy light becomes mine forever more

MMB 6063

L 3 19th February 1952 PRET

**O All-Prevailing One**, from within my consciousness Thou hast removed the cloud of doubt from my mind-heart.

My mind is made free with Thy Ever-Presence and my soul purified with Thy wholeness.

Now I recognise Thee alone.

Thou art my teacher, my guide, my friend, my Creative Being.

O Blessed One, thank Thee for showing me the way to Thee within.

MMB 6064

L 4 26th February 1952 PRET



***O Eternal and Ever-present Life***, my Life is Thine and Thine is mine. I did not ask Thee for freedom from conflict and sorrow because in myself is the cause. I have now learned that ignorance has its roots in my stupid self.

I now know that with Thy ever-present Life in me I am already free because I was never bound except in my own mind.

When I see human suffering beyond human endurance I know that the realization of Thy Presence is the cure.

Therefore I do not pray to Thee in separation but in unity for we are all alive and living in Thee and Thee in us.

This is the peace we can have now, individually and collectively, O Beloved Eternal One.

MMB 6065

L 5      4th March 1952      PRET

***O Eternal Ever-present and Love***, my inspiration is Thine.

The vast expanse of Thy Eternal Presence cannot be measured by mind, yet my prayers will be the expression of Thy Presence, and Thy Love and Wisdom my guide.

As I know myself so do I find I am one with Thee, O Eternal One.

MMB 6066

L 7      18th March 1952      PRET

**O Beloved**, within my consciousness I can scan my Eternal Home and Thou art my Eternal Joy.

I found that all my errors dissolved away when Thy Love and Wisdom become my staff.

I no longer need to probe my way in the darkness, for Thou art my Eternal Light. Yes, I was beaten by the winds of fate and drenched with the rain of misery while I wandered in the darkness of my mind.

But now the storms have abated, the rocks have disappeared from my path and I no longer stumble for I have Thy staff of Love and Wisdom.

I have seen Thee in my brother, O Beloved.

MMB 6067

L 8 25th March 1952 PRET

**O Omnipresent Omnipotent Omniscience**, Thy Love and Wisdom has removed the cloud of ignorance from my mind and heart.

My consciousness is made clear through Thy Presence and my mind freed from conflict and illusion.

As I behold Thee and Thee only my joy lives forever. Now I think rightly, O Divine Love and Wisdom.

MMB 6068

L 9 1st April 1952 PRET

***O Understanding Faith***, wherever I gaze I see what Thou hast done. Keep my mind from wandering into the bog of doubt and fear.

Train my mind to hold on to Thy invisible power and my soul to speak the word that creates out of the void.

Oh, may I ever remember his words, “Thy faith hath made thee whole.”

Keep alive forever that faith that never wavers, never dies and bless me with Thy Love and Wisdom, O Eternal One.

MMB 6069

L 10      8th April 1952      PRET

***O Infinite Creator of Heaven and Earth***, may Thy Consciousness be revealed to me as mine also.

Open my inner vision that I may behold Thee behind my idea and that Thy Intelligent Energy will express my idea into form.

Burst open my consciousness with Thy Presence that I may see beyond the illusion of my mind.

In Thee I dwell and Thou dwelleth in me, made in Thy likeness with true understanding, all that hinders Thy expression shall fade away into nothingness.

Let the thought waves of Thy mighty Creative Consciousness beam through my consciousness for it is Thee alone who worketh in me, O Blessed Creator of Mine.

MMB 6070

L 1      15th April 1952      PRET

***O Thou Unknowable One***, in Thy Wisdom Thou hast planted Thy Self in me.

In my ignorance I did not know my own power was one with Thine and my thoughts caused havoc instead of harmony.

Now, ***O Blessed One***, I have come to know myself and with Thy Eternal Love to understand I bless all.

Since then ***O Beloved One***, I have found the wisdom of the Master's words "condemn not lest ye be condemned."

I thank Thee, ***O Eternal Love***, that I have found Thee in time.  
Amen.

MMB 6072

L 3    29th April 1952    PRET

***O Mighty One***, Thou hast created me like unto Thyself. In my ignorance I did not understand, but now I have found the key to Thy treasure.

***O Blessed One***, how can I thank Thee except by doing Thy Will.

Thou hast clothed me in matter and I was lost in the darkness of my mind.

Now the Light that shines from the beginning showed me the way to conquer all things as Thou halt decreed.

***O Mighty One***, I bow before Thee. In Thy Wisdom Thou hast made me like unto Thee and through the Love of Thy Son I found myself united in all, Beloved of Mine.

MMB 6073

L 4    6th May 1952    PRET

***O Mighty Perfect One***, Thou hast created me in Thy bosom with the same Life which is Thine Eternal.

Little did I know that Thy power of creation was centred within me. Through my ignorance I set in motion forces that imprisoned me.

When I awoke from my natal slumber as a child awakens to know its mother, so did I know Thee as my Father-Mother-God.

Since then, ***O Mighty Perfect One***, I have allowed Thy thought only to flow in and out of my consciousness creating within Thee as Thou hast decreed, for we are One.

Now I understand what Jesus said, "I and the Father are one," ***O Perfect One***.

MMB 6074

L 5      13th May 1952      PRET

***O Thou of Wisdom and Love***, Thy nature Thou hast given unto me that I may walk in Thy ways.

Even though I was born in ignorance Thou hast shown me the way to Thy glory.

It was through Thy Son Jesus I saw the Light. Thank Thee, ***O Blessed One***, for sending him into the world to be the light unto men.

Grant me the understanding to guide others unto the ways of Truth and Freedom through Wisdom and Love, ***O Mighty One***.

MMB 6075

L 6      20th May 1952      PRET

**O Eternal One**, Thou art alone. There is none other but Thee.  
Within Thy mind Thou hast created all through Thy thought and word.

Now that I know myself I find also that I Create within my  
mind with thought and word.

I now know the power of Thy Thought and Word, O Eternal  
One, for I have seen the power within myself.

Thou art the word and I am Thy word. How else could it be?

O Blessed One, I thank Thee for revealing this Truth to  
me that we are one Eternally, O Eternal One.

MMB 6076

L 7      27th May 1952      PRET

**O Mighty One**, I was ignorant of my birth, then from within  
I heard Thy Voice of Creation, I realized I was within Thy Mighty Self.

Since then, O Mighty One, I am forever bound with Thee  
in Thy Love for me. The golden fetters of Thy Love supported  
me even in the darkness of my ignorance.

The sound of Thy Creation is forever with me and I am  
now forever in Thy Presence, O Mighty One.

MMB 6077

L 8      3rd June 1952      PRET

***O Blessed Truth***, Thou art Ever-present and Eternal. Thou alone art my Guide, my Friend, my Staff that comforts me.

When I heard Thy Voice in all Creation I knelt before Thee. As I did so, I heard Thy Voice also within me.

My mind was silenced, my memories dissolved for I knew Thee alone.

And forever afterwards I knew what was false. This knowing kept me close to Thee forever, *O Blessed Eternal Truth*.

MMB 6078

L 9      17th June 1952      PRET

***O Eternal Love***, the Sweetness of Thy Perfume in the human heart is the Perfume of Perfumes.

How can I seek anything less than the greatest when It is silently waiting to express Itself without struggle.

Yes, when my struggle and craving ceased, in my soul I found that which I had craved for.

*O Ever-enduring Love*, may Thy Perfume awaken the hearts of all to perceive the beauty of Thy Presence everywhere, *O Eternal Love*.

MMB 6079

L 10      24th June 1952      PRET

***O Eternal One***, within Thy Bosom is the secret of Truth.  
 Although I feasted from the Tree of Life I was still hungry.  
 Then I realized that I must feed from Thy Bosom as a child  
 takes from its Mother and my hunger ceased.

With Thy Essence of Life I was filled for I ate nothing else but  
 that which I took from Thee.

O Mighty One, Thy Wisdom and Thy Love have lifted me  
 beyond time and space into Thee forever, O Beloved Divine Mother of  
 mine.

MMB 7080

L 1 5th August 1952 PRET

***In the Silence of the Mind there the Spirit gives manifest to  
 Itself into the world.***

When the mind is clear, free from all conditions, free from all  
 oppositions, free from antagonisms, free from all separation, so will  
 the mind be the means through which the Life gives it expression  
 to Itself.

You are the world—now.

MMB 7080

L 1b 5th August 1952 PRET



***O Eternal One***, in Thee alone is there true freedom.

*My mind became fouled by weeds when I stagnated in myself apart from Thee.*

*But when I observed those weeds, I saw they were of my own creation, yet in my ignorance I tried to discard them. In many ways I tried and failed, only when I came to see they were not of Thee but of me myself did I discover Thee within me, free from all illusion. I no longer feared these weeds that clogged my mind for they were of my own creation and not Thine, O Eternal One.*

*I destroyed their growth by seeing how I had conditioned myself, then they died in me never to appear anymore.*

*I Thank Thee, O Blessed One, that I have discovered Thee, now I am free.*

*This is my meditation, O Eternal Beloved.*

MMB 7081

L 2 12th August 1952 PRET

***O Great Eternal***, Thou art one only, there is no other but Thee, I am one with Thee, and through me Thou makest all things change, while Thou exists within me unchangeable.

*O Beloved One, Thou raised my Beloved brother, and Thou will also raise me to be with Thee in Thy Eternal Presence.*

*Now that I know I gladly act as Thy Messenger of Light for I cannot do otherwise, for Thou hast ordained it and this is my peace, O Eternal One.*

MMB 7082

L 3 19th August 1952 PRET

***O Wondrous One,** Thy nature inherent in me has revealed how wondrous I am made.*

*Thou hast come to earth in the form of man and it was Jesus Thy Son who revealed Thee to me.*

*Since then, O Wondrous One, I have searched and found that I am one with Thee.*

*As I grow out of my illusion of the separate self I find more and more of the splendour of Thy inheritance that Thou hast given to me and as I search it is further revealed to me.*

*With all my heart and soul full of gratitude is nothing compared with the wealth that Thou hast given me, O Wondrous One.*

MMB 7083

L 4 2nd September 1952 PRET

***O Eternal Love and Wisdom,** Thou hast made Thyself known to me only when I began to see my actions towards others.*

*I found I was untrue to Thee for Thou liveth in my neighbours also.*

*When all enmity was dissolved away I found my true self one with Thee, O Eternal Love and Wisdom.*

MMB 7084

L 5 9th September 1952 PRET

***O Great Creator of the Universe***, Thou hast revealed Thy Cosmic Creation to those serving Thee wholly.

*Within me Thy mighty Power dwells and Thy wisdom and Love has drawn me to It.*

*Thy Love in the centre of my being, and is the key that opens the door to Thy wondrous Creation.*

*As I opened the Door I find Thee within and I am no longer afraid for I hear Thy words—All power is given unto thee in heaven and on earth, I thank Thee, O great and mighty One.*

MMB 7085

L 6 16th September 1952 PRET

***O Eternal One***, Thy will in me is all power.

*Without Thee I weep and torn with conflict and ignorance.*

*When I learned of Thy Presence Within me my sorrow turned to joy.*

*Now I find Thy Presence is omnipotent and omniscient, all power and all wisdom invested in me.*

*Step by step I climbed the stairs of progress until all was revealed unto me—what is Thine, is also mine, O Eternal One.*

MMB 7086

L 7 23rd September 1952 PRET

*O Eternal One, Thou hast created all within Thyself. Thy Life in all.*

*Ignorance rules the world today, yet through that ignorance man will become free when he discerns its ways.*

*Thou hast given all the power to see the light of the world which is also the light in man himself.*

*The Light that came two thousand years ago is still burning brightly and thousands are beginning to see It free from creeds, forms and ideologies, that separates man from man.*

*Man's mind is now discerning the false things of the mind and soon he will free himself from his own self-imposed misery caused through not understanding himself, O Eternal One.*

MMB 7087

L 8 30th September 1952 PRET

*O Great Eternal One, Thou art without confusion for when we look upon the sun and moon we see Thy perfect plan.*

*When I did not seek Thee alone and listened to ignorant man I was confused with the babble of the various tongues.*

*I lost confidence in myself because I listened to others, now I listen to Thee alone and my confidence has returned, this is my Reality, the Truth I find within myself, all that is false dissolves away, O Beloved One.*

MMB 7088

L 9 7th October 1952 PRET

***O Conscious Divine Life***, Thou dost directly support my brain and body.

*Foods that Thou hast prepared for me are spiritualized within me into energy by Thy Cosmic Life within.*

*Now that I know Thy Presence is ever with me, I shall live more and more by Thy direct Cosmic Energy and less and less by food.*

*I am recharged with Thy Cosmic Life, O Mighty One, and now the storm of sensory disturbances has ceased to rage in my mind.*

*The magic wand of Thy Presence is my healing O Blessed Divine Father of Mine.*

MMB 7090

L 3 28th October 1952 PRET

***O Divine One***, Thou didst sow the seed of Truth, yet many trod it underfoot not recognizing its salvation.

*Some did take it in, yet it failed to take root because of their lack of understanding.*

*O Divine One, help us to till the soil of our souls so that the roots of the seed will grow to bring forth more fruit in abundance.*

*For salvation begins with us. May the Light shine forth to help others to see the way, O Blessed Brother of Mine.*

MMB 7091

L 4 4th November 1952 PRET

**O Eternal Beloved,** Thy storeroom is ever open to me and now I care not what my possessions may be for all belong to Thee.

Thou hast granted me the use of all that is Thine for Thou hast told me that all was also mine.

My state of "Being" is one with Thee and now the veil of ignorance has vanished that separated Thee from me, O Eternal Beloved.

MMB 7093

L 6 18th November 1952 PRET

**O Eternal Beloved,** Thy nature is born in every soul, yet covered up with the ignorant self.

When I discerned the nature of the self that covered up Thy beauty I was freed, then I found that this freedom alone was virtue.

What I thought was virtue was but an illusion in which I was bound, for there was no virtue in the self. But now, O Eternal One, I am free through understanding myself. Without condemnation, without fear I found freedom and Love. Then I found Thee, my Eternal Beloved.

This is my virtue, O Eternal and Ever-present One.

MMB 7094 & 6

L 7 25th November 1952 PRET

L 7 11th September 1952 JB

***Beloved Eternal One**, Thou hast created the world so that man would find himself through service.*

*But the Satan of the Self has led him into the deserts of waste and destructive separation.*

*Be it possible, O Mighty One, that Thy Presence within will cause man to look into his heart, and repent, and thereby free himself from the Satan of the Self.*

*Then the glory of Thy Presence will overwhelm him, thus freeing him from all his own conditioning, O Eternal One.*

MMB 7095

L 9 9th December 1952 PRET

***O Fountain of Love**, Wisdom and Power, make us discern all that is preventing our hearts from being flooded by Thy Omnipresence.*

*O Mighty Source of all things, we were lost in the sands of short-lived sense satisfaction and forgot that Thou alone exist forever.*

*Through our cravings we have been swept through the lowland rivers of passion and strife torn by the jutting rocks of opposites.*

*O Omnipresent Love, we have at last discerned the cause and now we merge in the ocean of all fulfilment in Thee.*

*Now we no longer feel the drought of dreary selfishness that came from our sense of separation, for we have found the source of all things, O Beloved One.*

MMB 8097

L 1 3rd February 1953 PRET

**O Mighty One**, Thou art all that exists, I have no place outside Thee and time does not separate us, for we are one in Thy Timeless State.

Thy Omnipresence frees me from all my conditioning when I can see the cause is within my own mind.

Thy Omnipotence gives me all power in heaven and on earth because we are one.

Thy Omniscience gives me Thy Wisdom and Knowledge to work in harmony with Thy creation.

Thy Love is Thy perfection in me, O Beautiful One. Hide from my eyes, O Lovely One, all that seems unkind in others, so that Thy Love alone shall remain forever in me, O Beloved One.

MMB 8098

L 2 10th February 1953 PRET

**Divine Father-Mother**, Thou art all, seen and unseen, created and uncreated. Within Thee I exist and do give expression to Thy Love and Wisdom when I understand myself.

I have found through Thy Wisdom that the uncreated alone is creative and the created is Thy Word gone forth to fulfil Thy will within Thy Self, O Mighty One.

When Thy Son Jesus said, "When you have seen me you have seen the Father," I found the key to Thy treasure which was also mine.

Wisdom was gained when I knew that It was Thee alone who lived in me.

Thy Love manifested in me when I found that within my neighbour I saw Thee there also.

Now I am crowned with Thy Holy Presence, and all my limitations are swept away by Thy Eternal Word of Power, invested in me" O Eternal Father-Mother of Mine."

MMB 8099

L 3 17th February 1953 PRET



***Thou Art Ever-present in the present always, O Eternal One.***

*When I was caught-up in the past in memories, in experiences, the present was clouded and I could not feel Thy Omnipresence.*

*When I saw that all that I had created about Thee in my mind was my own creation it fell away from me then I knew Thou always existed in me, O Eternal One.*

*When I comprehended the reflection of the past in the mirror of the present without distortion and I began to live in Thee and I saw what was false, then I knew that Thy Reality was Ever-present in me now, and that we are one, O Divine Creator of Mine.*

MMB 8100

L 4 24th February 1953 PRET

***In Thy Eternal Abode, I do exist one with Thee, for Thy Eternal Nature is expressed in Thy Word which was made flesh.***

*O Ever-present Eternal Being, when I searched for Thee in my personal self I could not find Thee, but when my personal self died I found I was always one with Thee, never for one moment separated, except in my own ignorance.*

*Thou art behind my seeing, Thou art behind my hearing, Thou art behind my feeling. Thou art behind my touch.*

*Now I see Thy Beauty in all Thy Creation, O Mighty One.*

*Now I hear Thy Voice in all that Thou hast created. Thy Being, Thy Eternal sweetness lay hidden within me, and when I awoke out of my mortal dream It became my Life, O Eternal One.*

MMB 8101

L 5 3rd March 1953 PRET

**O Great Eternal Spirit**, Thou hast created my soul and body in which Thou liveth. Hence I can say, “This is Thy Holy Temple in which I live with Thee.”

*I am Thy Life, I know I am, for in my soul and body Thy Living Nature is revealed.*

*Every word that I speak let it be the vibration of Thy Voice.*

*Every thought that I think let it be saturated with the consciousness of Thy Presence.*

*Let every feeling I have glow with Thy Love.*

*Let every act of mine be guided by Thy Wisdom, then my earthly Life will be the ornament of Thy Creation, O Divine Mother of Mine.*

MMB 8102

L 6 10th March 1953 PRET

**When you discern the self and all its ways of separation, then separation will pass away. Because it only exists in the self, it does not exist in Reality. Reality is one Whole.**

MMB 8102

L 6b 10th March 1953 PRET

**O Mighty One**, Thou alone existed in the very beginning of Time that fades into the Timeless.

It was Thy word alone that created the earth and the heavens and all that exist therein.

Without Thee no existence came into being. Thy Life alone is made manifest in man.

This is the Light that shone from the beginning of Time and remains in the Timeless.

Thy Light alone dissolves the darkness and superstition in man's mind.

The darkness and ignorance of man's mind dimmed the Light within himself.

Then Thy Light appeared in Thy son Jesus, the Light that enlightens every man who comes into the world of darkness.

Those who saw the Light knew that they were Thy children, Thy offspring.

And now we know we owe our birth to Thee, O Holy One, and not to human blood nor to any impulse of the flesh of man, O Eternal Beloved Father of Mine.

MMB 8103

L 10      7th April 1953      PRET

**O Eternal One**, Thou alone art Life, Ever-present everywhere ever expressing Thyself in all Thy Creation.

O Mighty One, I searched in vain in the highways and the by-ways and could not find Thee until I dissolved my own creations.

Then, O Benign One, I felt Thy Presence and knew Thy Love and Wisdom was also mine. Now I know the meaning of the words, "A branch cannot bear fruit unless it abides on the vine," O Divine One.

MMB 8104

L 1      14th April 1953      PRET

***O Blessed Peace,** If Thou art always present why doest Thou hide Thy face?*

*Thou didst answer me in the silence of my mind when all the noise of the outer died down.*

*Yet I did not heed Thy words, given by the Master of Masters, when he said, "The Kingdom of Heaven is within you."*

*It was only when I discerned my mental make-up that I saw the error of my ways.*

*Now, O Blessed Peace, I have dissolved all that held Thee from me and found how true are these words, "Peace will come when thou art peaceful and not before."*

*Now I am one with Thee, O Blessed Peace.*

MMB 8105

L 3      28th April 1953      PRET

***O great Omnipresence of Love,** Thou art beyond mental ideas, Thou art Real not merely a word nor an idea.*

*When I read of Thy beauty and perfection I compared it with my own conception and lost Thy Ever-present Loveliness.*

*But when I saw how I had made just an idea of Thee, my idea dissolved away and there Thou didst reveal Thyself.*

*Now I know my intellect is incapable of knowing Thy Love for Love is not made up in the mind.*

*Now Thou art my sculptor, my awareness the chisel to cut away the false. Henceforth I will "watch and pray" so that Thy beauty alone shall shine from me, O Great Omnipresence of Love.*

MMB 8106

L 6      19th May 1953      PRET

***O Great Eternal Reality***, when I spoke of Thee my mind made up a conception of Thee.

When I saw that my conception was my own creation it dissolved away.

When I knew that the known could not possibly be the Unknown my mind ceased to formulate.

Then my mind became silent and free, and there didst Thou reveal Thyself in all Thy glory, Thy glory even before the world was and in the Silence beyond Time I knew that we were one, ***O Great Eternal Reality***.

MMB 8108

L 8      9th June 1953      PRET

***O Eternal One***, I was made by Thee alone;

My hands made to serve Thee, Thy Love and Wisdom expressing Thy Nature in me.

My eyes to see Thy beauty with flawless perception of Thy creation;

My ears to hear Thy Divine melodies flowing through all hearts in adoration of Thy Presence;

My lips made to express Thy Divine inspiration and kiss the mouth that holds Thy Love entwined;

My heart made to respond to Thy call alone, that leaps from the hearts of all in need of Thy Love;

And now may my soul become the Spring of Living Water from which all who seek may drink of Thy Everlasting Love and Wisdom, ***O Eternal One***.

MMB 8109

L 9      16th June 1953      PRET

***O Eternal One**, I know that Thou art I and I am Thee and Thou alone does exist now and ever will.*

*Thou dost impersonally exist in every soul as Love and Wisdom.*

*I behold Thee as Christ. I behold Thee as Krishna, in the babe Thou art there.*

*In all nations alike, dark and fair, Thou art there hidden in the Temple of Love.*

*In the Sea of Cosmic Infinitude so do Thou appear unto me, visible and living, for Thou art the Ocean of Life, O Beloved Eternal One.*

MMB 8110

L 10 23rd June 1952 PRET

***I and the Father are One.** This is my transformation. This is my Peace.*

*I am no longer caught-up in opposites but there in the Peace and Glory of the Infinite. And in that Infinity springs that Life with Love.*

*And as we discern the things that are hindering the expression of that which is the Real. So we enter into the Kingdom, the Kingdom of Peace, the Kingdom of Heaven within.*

MMB 8110

L 10b 23rd June 1953 PRET

*In Thy Universal Abode, I do exist one with Thee, for Thy Eternal Nature is expressed in Thy Word that was made flesh.*

*O Ever-present Eternal Being, when I searched for Thee in my personal self I could not find Thee, but when my personal self died I found I was always one with Thee, never for one moment separated, except in my own ignorance.*

*Thou art behind my seeing, Thou art behind my hearing, Thou art behind my feeling. Thou art behind my touch.*

*Now I see Thy Beauty in all Thy Creation, O Mighty One.*

*Now I hear Thy Voice in all that Thou hast created. Thy Being, Thy Eternal sweetness lay hidden within me, and when I awoke out of my mortal dream It became my Life, O Eternal One.*

MMB 8111

L 5 6th November 1952 JB

*O Ever-present Eternal Being, when I speculated about Life I was afraid. But then, O Eternal One, my fear disappeared when I knew I was Life.*

*I knew my Living was from moment to moment, in the Ever-present, and the past died at that moment. This, I know, was death. Death was the end of the moment, while Life renewed Itself Eternally.*

*O Great One, as Thou revealed Thyself to me as my Being, I was no longer afraid because Thou art always with me.*

*Now I know the meaning of the words, "Follow me, let the dead bury their dead," O Mighty Eternal Living Father of Mine.*

MMB 8112

L 7 19th March 1953 JB

***O Great Eternal Reality**, when I spoke of Thee my mind made up a conception of Thee.*

*When I saw that my conception was my own creation it dissolved away.*

*When I knew that the known could not possibly be the Unknown my mind ceased to formulate.*

*Then my mind became silent and free, and there didst Thou reveal Thyself in all Thy glory, Thy glory even before the world was and in the Silence beyond Time I knew that we were one, O Great Eternal Reality.*

MMB 8113

L 8 26th March 1953 JB

***O Beloved "One,"** in Thee there is no division, no separation. When I discovered that Thou didst create me within Thy Self and Thy Self alone is my Love-Life I was freed from all limitation.*

*In this freedom I found true happiness for I saw Thee everywhere, and was no longer afraid.*

*In my mind arose the seed of separation through the desire for power of the self which was the great illusion.*

*In my ignorance of my true being I pursued a state of isolation contrary to Thy Will.*

*O Beloved One, when Thou sent Thy son into the world to reveal Thy Love-Life within man himself, man did not heed him because man was caught up in his ignorance of Thy Ever-present Love-Life.*

*The words spoken through Thy son have penetrated my mind and now all that hinders the expression of Thy Love-Life has faded away into nothingness.*

*Now Thy Creative Consciousness beams through me for I know it is Thee alone who worketh in me, O Blessed Creator of Mine.*

MMB 9114

L 1 2nd February 1954 PRET



**O Ever-present Life**, Thou alone art Creative. Thou canst not be antagonistic to Thine own Creation in any form.

*It was the illusion of separation in my mind while in ignorance of our oneness that created my fear and loneliness.*

*This illusion of separation was the cause of ill-health, unhappiness and sense of lack.*

*But in my despair, I dimly heard Thy Silent Voice say, "Remove from your mind all that hinders My expression in you and We will be one as We always were one."*

*Then Thy Light that shone from the beginning shone in every corner of my being. Henceforth, Beloved One, there shall be no more darkness for I shall live in Thy Presence forever, O Eternal Creative One.*

MMB 9115

L 2 9th February 1954 PRET

**O Infinite Being**, I was lost in my finite self seeking Thee afar off.

*While I was seeking to "become," a never-ceasing struggle blinded me to Thy Presence.*

*I gave up the struggle, and, O Infinite Father of Mine, Thou revealed to me that we were one.*

*Then Thy Peace came in me, and in that Peace Thou didst work in and through me.*

*And as Thou didst fashion the Universe within Thy Being so didst Thou express Thy Self as my Being.*

*O Mighty One, I am no longer afraid for I see. Thee in my brother and my sister, for there is but "One," and now my joy is complete, O Wondrous One.*

MMB 9116

L 3 16th February 1954 PRET

**O External Ever-present Presence**, I lived in the illusion of my separateness until I found that we were "One."

My body made from the dust of eternity is scattered again to become Infinite once more.

My soul's mortal garment becomes immortal for there is nothing apart from Thee.

My body dust commingles with the dust of Thy feet and my soul merges into Thy Mind to become the diadem of Thy heart.

My Life is Thy Cosmic Life, my breath Thy Cosmic Breath, my Spirit becomes Thy Spirit, my will becomes Thy Will.

My hands become Thy Mighty Hand, my feet to walk in Thy ways, my brain the instrument of Thy thought, my love Thy Love, to love my neighbour as myself.

After my sojourn in delusion, I come to rest in Thy bosom for evermore, O Eternal Ever-present Presence.

MMB 9117

L 4 23rd February 1954 PRET

**O Son of Man**, awaken to the Presence that is Eternal and Ever-present within you.

Then, O Son of Man, there will be no more struggle, for Love shall fill your heart.

The Son of Man you are the Son of God when you love your neighbour as yourself.

The Divine Design within is waiting to express Itself when you see the false you alone have created.

Then you will be the Son of God, O Son of Man.

MMB 9118

L 5 2nd March 1954 PRET

***O Eternal Love, I thought I knew Thee through my ideal.***

*Little did I know how far I was from Thee, while I hated those who had no ideals.*

*In my ignorance I held ideals yet I lived in their opposites.*

*When I understood that I was the creator of them both and saw myself as I really was, full of antagonisms and hate, then transformation took place.*

*Then I knew I was nobody and my struggle to “become” ceased. I really loved because I was free.*

*When I loved completely, O Adorable Love, I knew I was all, and I became Love, one with Thee, O Eternal Love.*

MMB 9119

L 6 9th March 1954 PRET

***O Wisdom, Thou art my guide.***

*O Love, Thou art my Life.*

*Only when I began to see the false did I begin to see the true.*

*When I accepted what others said I lost the power to think.*

*When I believed as I did, I did not now why I believed.*

*So I was caught up in the net of my own conditioning.*

*O Wonderful Wisdom, as I opened myself to Thee so didst Thou reveal myself to myself.*

*O Wonderful Love Thou didst flood my heart with Thy sweetness and I saw the beauty of Thy Holiness.*

*Now, O Wisdom, I see my brother stripped of all conditioning as I myself have been freed.*

*Now, O Love, my nature Thou hast made complete with Thy Sweet Holiness, O Divine “One.”*

MMB 9120

L 7 16th March 1954 PRET

***O Eternal One***, Thou alone art the foundation of our Living.

*In my ignorance I held an ideal while unaware of my conditioning, so my conflict remained.*

*My meditation on Thee was an illusion for I did not know myself.*

*But when I understood myself, my mind revealed all that I had created therein and my conflict ceased.*

*In the cessation of the turmoil the quiet of Thy Eternal Peace was reached and there Thou didst reveal Thyself to me as “One” and “One” only. Then I knew how false was all that separated me from my Brother and Thee, O Eternal “One.”*

MMB 9121

L 8 23rd March 1954 PRET

***Beloved Life***, Thou art Real to those who lose themselves in Thee.

*When I expressed my individual self I did not know Thee for I was caught up in the worship of virtue, the horror of sin and was full of fear.*

*When I perceived I was following a narrow path of ethics, a plan that led to emptiness then from within me Thy Silent Voice spoke in the very depth of my Being,*

*“I am and I am the only One, there is none other beside Me. I live only in the present which is Eternal, there is no other time, and thou art one with Me. It is I who live, you live in Me and I live in you. Seek not virtue or reward, then My Wisdom and Love will be yours.”*

*I thank Thee, O Beloved “One,” I know now that Life alone is Real.*

MMB 9122

L 9 30th March 1954 PRET

***“I am that I am.”***

*On the many branches of My Tree of Life I have sung My Song in the hearts of men.*

*As My song was echoed in the green leaves—the souls who heard Me realized their Oneness with my Life. Then My Life alone was food to them.*

*Yet through the centuries of time My Timeless state remains; that is why sleeping souls in the world of time can still awaken unto me.*

*The rhythm of My Song stirs the hearts awaiting to hear My Voice calling, “come into My Cosmic Freedom.”*

*‘So I arose and went.’*

MMB 9123

L 4      4th May 1954      PRET

***O Mighty One, Thou didst not yoke me to the demands of the flesh but to understand them.***

*Now that I do understand this I no longer whine with complaint.*

*With Thee I have everything and no longer crave as I did in my ignorance of our oneness.*

*I shall not disagree with any man who has not found himself, for everyone must find the way unaided.*

*Thou didst water the yielding crops that grew without man’s aid. All that man did was to plant the seed and Thou then moulded the earth and sprinkled it with sun and rain.*

*Now I am confident that all is mine because we are one. For Thy seed is mine and mine is Thine, O Infinite One.*

MMB 9124

L 5      11th May 1954      PRET

**O Mighty One**, the sweetness of Thy Perfume in the human heart has not faded. It is the evil-smelling self that has temporarily obliterated Its beauty.

The ignorant self is the cause of all ill-health, unhappiness and separation and is lost in a world of illusion.

When I awakened to this illusion I found that Thou were patiently waiting to express Thyself in me. Then I was free from my struggle.

Only when my struggle ceased did my soul find that which I was struggling for.

O Ever-enduring Love, may Thy Perfume awaken in the hearts of all to perceive the beauty of Thy Presence Everywhere, O Holy One.

MMB 9125

L 8      1st June 1954      PRET

**O Faith, where art Thou?**

I read about Thee in all the holy books but could not find Thee there.

But when I realized that those words were written by another like myself I searched within for the answer and there did I find Thee waiting to serve.

O Faith that is not of mind, Thou art so mighty but only as mighty as I am mighty in Thee.

Thou didst serve me well when I freed myself from my mental concept of Thee. For in my mind was the fear that Thou wouldst fail me.

But when I saw that fear was my own creation, I knew I could not create Thee, for Thou were beyond my mind, waiting to serve me, then knew that Thou art the Christ within, O Mighty Faith.

MMB 9126

L 9      8th June 1954      PRET

*O Eternal Love, Thou art not divided. In Thee there is no evil for Thy Omnipresence is Love Divine.*

*Evil exists only in men's mind and heart who professes Thee but does not know himself.*

*It was the self that sat on the throne of ignorance that was the cause of all my misery.*

*I was blinded by my beliefs, by my ideas to Thy wondrous Ever-present Love.*

*It was only when I understood the ways of the self did I hear Thy Voice calling from within my Being, "come unto Me I will give thee rest."*

*Then Thy Love blotted out all the illusions of my mind.*

*Now I am aware of all that hinders Thy expression in me.*

*O Mighty Love, I am Thine and Thou art mine for evermore.*

MMB 9127

L 10    15th June 1954    PRET

*O Beloved "One," in Thee there is no division, no separation. When I discovered that Thou didst create me within Thy Self and Thy Self alone is my Love-Life I was freed from all limitation.*

*In this freedom I found true happiness for I saw Thee everywhere, and was no longer afraid.*

*In my mind arose the seed of separation through the desire for power of the self which was the great illusion.*

*In my ignorance of my true being I pursued a state of isolation contrary to Thy Will.*

*O Beloved One, when Thou sent Thy son into the world to reveal Thy Love-Life within man himself, man did not heed him because man was caught up in his ignorance of Thy Ever-present Love-Life. He was ignorant of that Ever-Love-Life therefore he could not accept Love Itself.*

*The words spoken through Thy son have penetrated my mind and now all that hinders the expression of Thy Love-Life has faded away into nothingness.*

*Now Thy Creative Consciousness beams through me for I know it is Thee alone who worketh in me, O Blessed Creator of Mine.*

MMB 9128

L 1    16th April 1953    JB

***O Infinite Being,** I was lost in my finite self seeking Thee afar off.*

*While I was seeking to “become,” a never-ceasing struggle blinded me to Thy Presence.*

*I gave up the struggle, and, O Infinite Father of Mine, Thou revealed to me that we were one.*

*Then Thy Peace came in me, and in that Peace Thou didst work in and through me.*

*And as Thou didst fashion the Universe within Thy Being so do Thou express Thy Self as my Being.*

*O Mighty One, I am no longer afraid for I see. Thee in my brother and my sister, for there is but “One,” and now my joy is complete, O Wondrous One.*

MMB 9129

L 3    30th April 1954    PRET



# **THE GREAT MASTER'S PRAYER**

**KING JAMES VERSION**  
**(Matthew 6: 9-13)**

**From the Sermon on the Mount**

- Mt 6:9** After this manner therefore pray ye: Our Father which art in heaven, Hallowed be thy name.
- Mt 6:10** Thy kingdom come. Thy will be done in earth, as it is in heaven.
- Mt 6:11** Give us this day our daily bread.
- Mt 6:12** And forgive us our debts, as we forgive our debtors.
- Mt 6:13** And lead us not into temptation, but deliver us from evil: For thine is the kingdom, and the power, and the glory, for ever. Amen.

## **MURDO MACDONALD-BAYNE'S VERSION**

**Our Father in Heaven, Thy Name is hallowed,  
Thy Kingdom come.**

**Let Thy Will be done, as in Heaven so on earth.**

**Give us bread for our needs from day today.**

**And forgive us our offences as we forgive our  
offenders.**

**And do not let us enter into temptation but deliver  
us from error. Because Thine is the Kingdom and  
the Power and the Glory for ever and ever.**

**Amen.**

**MOFFATT BIBLE VERSION\***

**‘Our Father in heaven,  
Thy name be revered,**

**Thy Reign begin,  
Thy will be done  
On earth as in heaven!**

**Give us to-day our bread  
for the morrow,**

**And forgive our debts as we ourselves  
Forgive our debtors,**

**and lead us not into  
Temptation but deliver us from evil.’**

\* “A New Translation of the Bible containing the Old and New Testaments.” James Moffatt (translator), revised, 1935. Harper & Brothers, New York, 1935.

**ANCIENT EASTERN TEXT VERSION\***

**Our Father in heaven,  
hallowed be thy name.**

**Thy kingdom come.  
Thy will be done, as in heaven so on earth.**

**Give us our daily bread  
for our needs from day to day**

**And forgive us our offences,  
as we have forgiven our offenders**

**And do not let us enter into temptation,  
But deliver us from evil. For thine is the kingdom  
and the power and the glory for ever and ever.  
Amen.**

\* "Holy Bible: From the Ancient Eastern Text." George M. Lamsa's Translations from the Aramaic of the Pershitta. A.J. Holman Company, Philadelphia, 1933.

## ABBREVIATIONS

(From Books and Recordings used in producing this book)

- CC Cosmic Consciousness: Your Silent Partner (Lecture Notes 1947-8)\*
- DHMB Divine Healing of Mind & Body.  
DYF Developing Your Faith (Lecture Notes 1949-50)\*
- HP The Higher Power You Can Use.  
HTR How to Relax and Revitalise Yourself.
- IAM I Am the Life.
- JB Johannesburg, South Africa (Place of Recorded Lecture).
- L 1-10 Lecture Notes  
LE Life Everlasting: 2nd Revised Edition (Lecture Notes 1948-9)\*  
LMA Life More Abundant (Lecture Notes 1951)\*
- MMB* Murdo MacDonald-Bayne (Recorded Lecture).
- PRET Pretoria, South Africa (Place of Recorded Lecture).
- SLW The Spring of Living Water (Lecture Notes 1954)\*  
SOS The Secrets of the Science of Life (Lecture Notes 1952: Part 2)\*  
SSHP Sanctuary of the Silent Healing Power (Monthly Newsletters 1947-55)\*
- WIF Wisdom is the Fountain of Life (Lecture Notes 1953)\*  
WIM What is Mine is Thine (Part I & II).  
WOC The Word of Creation (Lecture Notes 1952: Part 1)\*
- YLR Your Life Renewed Everyday (Original Edition).  
YOC The Yoga of the Christ.

\* Posthumous Publications.